



## Updated Requirements for Anthropometric and Biochemical Data For Providers and Physicians

### Why am I getting this notice?

Arizona WIC agencies had previously been permitted to waive collection of anthropometric and biochemical data when enrolling applicants on the WIC program due to the nationally-declared Public Health Emergency. The nationally-declared Public Health Emergency ended on May 11, 2023. As a result of the nationally-declared Public Health Emergency ending, the Arizona WIC program will require anthropometric and biochemical data starting October 1, 2023.

### What anthropometric and biochemical data is required?

Starting October 1, 2023, height/length and weight values and hemoglobin/hematocrit data will be required.

### How can applicants and participants provide anthropometric and biochemical data?

Anthropometric and biochemical data may be utilized from a medical provider or obtained via a patient portal for Arizona WIC Participants. Acceptable forms of documentation that may be provided include the following:

- Arizona WIC Health Data Form (available at [azwic.gov](https://azwic.gov) Physicians webpage)
- Arizona WIC Referral and Physical Presence Exemption Form (available at [azwic.gov](https://azwic.gov) Physicians webpage)
- Doctor's letterhead with anthropometric/biochemical data
- Doctor's prescription form
- Formula and Food Request Form (available at [azwic.gov](https://azwic.gov) Physicians webpage)
- Head Start and WIC Referral Form (available at [azwic.gov](https://azwic.gov) Information and Forms webpage)
- Printed medical records from a medical provider that includes the date of measurements and the medical provider's name
- Verbal medical data provided to WIC staff from a medical provider

### What can applicants and participants do if they do not have recent anthropometric and biochemical data?

Applicants and participants can call their local WIC clinic to have anthropometric and biochemical data taken at a clinic location. If they don't know how to contact their local WIC office, they can find contact information for their local WIC office on the clinic search website at [clinicsearch.azbnp.gov](https://clinicsearch.azbnp.gov) or call 800-252-5942.

### What can applicants and participants do if they have questions?

Participants can contact their local WIC office to determine when they are required to provide anthropometric and biochemical data. If they don't know how to contact their local WIC office, they can find contact information for their local WIC office on the clinic search website at [clinicsearch.azbnp.gov](https://clinicsearch.azbnp.gov) or call 800-252-5942.

If an applicant or participant has a complaint or concern, they can also visit [complainttracking.azbnp.gov](https://complainttracking.azbnp.gov) or call the WIC Complaint Hotline at 866-229-6561 (Monday through Friday).

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