

Motivational Interviewing & Public Health

Current Primary Text

Miller, W. R., & Rollnick, S. (2012). *Motivational Interviewing, Third Edition: Helping People Change*. Guilford Publications.

Supplemental Readings and Resources

Ryan, R. M. & Deci, E. L. (2000). Self-determination theory and the facilitation of intrinsic motivation, social development and well-being. *American Psychologist*, 55(1), 68-78.

Markland, D., Ryan, R.M., Tobin, V. & Rollnick, S. (2005). Motivational interviewing and self-determination theory. *Journal of Social and Clinical Psychology*, 24, 785-805.

Vansteenkiste, M., Williams, G. C., & Resnicow, K. (2012). Toward systematic integration between self-determination theory and motivational interviewing as examples of top-down and bottom-up intervention development: Autonomy or volition as a fundamental theoretical principle. *International Journal of Behavioral Nutrition and Physical Activity*, 9.

Lundahl, B., & Burke, B. L. (2009). The effectiveness and applicability of motivational interviewing: A practice friendly review of four meta-analyses. *Journal of Clinical Psychology*, 65, 1232-45.

Miller, W. R., & Moyers, T. B. (2006). Eight stages in learning motivational interviewing. *Journal of Teaching in the Addictions*, 5(1), 3-17.

Miller, W. R. (2000). Rediscovering fire: Small interventions, large effects. *Psychology of Addictive Behavior*, 14(1), 6-18.

Miller, W. R. (2000). Motivational interviewing: Some parallels with horse whispering. *Behavioural and Cognitive Psychotherapy*, 28, 285-92.

Miller, W. R., & Rollnick, S. (2009). Ten things that motivational interviewing is not. *Behavioural and Cognitive Psychotherapy*, 37, 129-140.

Moyers, T. B., Martin, T., Houck, J. M., Christopher, P. J., & Tonigan, J. S. (2009). From in-session behaviors to drinking outcomes: a causal chain for motivational interviewing. *Journal of Consulting and Clinical Psychology*, 77, 1113-24.

Madson, M. B., & Campbell, T. C. (2006). Measures of fidelity in motivational enhancement: A systematic review. *Journal of Substance Abuse Treatment*, 31, 67-73.

Moyers, T. B., Martin, T., Manuel, J. K., Miller, W. R., & Ernst, D. (2010). Revised global scales: Motivational Interviewing Treatment Integrity 3.1.1 (MITI 3.1.1). Available at: http://casaa.unm.edu/download/MITI3_1.pdf

- Miller, W. R., Moyers, T. B., Arciniega, L., Ernst, D., & Forcehimes, A. (2005). Training, supervision and quality monitoring of the COMBINE study behavioral interventions. *Journal of Substance Abuse Treatment*, 15, 188-95.
- Monti, P. M., Colby, S. M., Barnett, N. P., Spirito, A., Rohsenow, D. J., Myers, M., Woolard, R. & Lewander, W. (1999). Brief intervention for harm reduction with alcohol positive older adolescents in a hospital emergency department. *Journal of Consulting and Clinical Psychology*, 67, 989-94.
- Neff, J. A., Walters, S. T., Braitman, A. L., Kelley, M. L., Paulson, J. F., Brickhouse, T., Gunsolley, J., Darby, M., Lemaster, M., & Vandersluis, J. P. (2013). A brief motivational intervention for heavy alcohol use in dental practice settings: Rationale and development. *Journal of Health Psychology*, 18(4), 542-53.
- Walters, S. T., Ressler, E., Douglas, L., & Taxman, F. S. (in press). Motivational interviewing in criminal justice: A new approach to addressing treatment motivation and related behaviors. *Counselor: The Magazine for Addictions Professionals*.
- Channon, S. J., Huws-Thomas, M. V., Rollnick, S., Hood, K., Cannings-John, R. L., Rogers, C., et al. (2007). A multicenter randomized controlled trial of motivational interviewing in teenagers with diabetes. *Diabetes Care*, 30, 1390–1395.
- Pengchit, W., Walters, S. T., Simmons, R. G., Kohlmann, W., Burt, R. W., Schwartz, M. D., & Kinney, A. Y. (2011). Motivation-based intervention to promote colonoscopy screening: An integration of the Extended Parallel Process Model and motivational interviewing. *Journal of Health Psychology*, 16(8), 1187-97.
- Resnicow, K., Campbell, M. K., Carr, C., McCarty, F., Wang, T., Periasamy, S., et al. (2004). Body and soul: A dietary intervention conducted through African-American churches. *American Journal of Preventive Medicine*, 27, 97–105.
- Walters, S. T., Ondersma, S. J., Ingersoll, K. S., Rodriguez, M., Lerch, J., Rossheim, M. E., & Taxman, F. S. (in press). MAPIT: Development of a web-based intervention targeting substance abuse treatment in the criminal justice system. *Journal of Substance Abuse Treatment*.
- Osilla, K. C., D'Amico, E. J., Diaz-Fuentes, C. M., Lara, M., & Watkins, K. E. (2012). Multicultural web-based motivational interviewing for clients with a first-time DUI offense. *Cultural Diversity & Ethnic Minority Psychology*, 18, 192-202.
- Resnicow, K., Davis, R. E., Zhang, G., Konkol, J., Strecher, V. J., et al. (2008). Tailoring a fruit and vegetable intervention on novel motivational constructs: Results of a randomized study. *Annals of Behavioral Medicine*, 35, 159-69.
- Wagner, C. C., & Ingersoll, K. S. (2013). *Motivational interviewing in groups*. New York: Guilford Press. [chapters 6, 7]

D'Amico, E. J., Hunter, S. B., Miles, J. N. V., Ewing, B. A., & Osilla, K., C. (in press). A randomized controlled trial of a group motivational interviewing intervention for adolescents with a first time alcohol or drug offense. *Journal of Substance Abuse Treatment*.

Madson, M. B., Loinnon, A. C., & Lane, C. (2009). Training in motivational interviewing: A systematic review. *Journal of Substance Abuse Treatment*, 36, 101-9.

Martino, S., Canning-Ball, M., Carroll, K., & Rounsaville, B. J. (2011). A criterion-based stepwise approach for training motivational interviewing. *Journal of Substance Abuse Treatment*, 40, 357-365.

Miller, W. R., Yahne, C. E., Moyers, T. B., Martinez, J., & Pirritano, M. (2004). A randomized trial of methods to help clinicians learn motivational interviewing. *Journal of Consulting and Clinical Psychology*, 72, 1050-62.