SCAA Partners

To increase the number of bystanders, SCAA works with state governments to revamp Good Samaritan laws to include protection of bystanders using AEDs.

And in promoting local ordinances, we join forces with EMS agencies, police and fire departments across the country to recognize the life-saving efforts of emergency responders and dedication of survivors.

Additional Resources for the Rehabilitation & Recovery Process

Beyond these core pillars, SCAA’s focus on the physical, mental and emotional aspects of complete SCA recovery continues to expand as we:

- link survivors living with ICDs to ongoing nationwide research studies
- provide patients access with medical professionals including mental health specialists
- share overall heart-healthy lifestyle guidance

"After my cardiac arrest, it was months before I was emotionally ready to reach out to others and address what happened. For a while, I would only share my experience with another survivor from my state. Soon I discovered SCAA and learned I wasn’t alone. From the personal connections I made with other survivors and advocates to the educational resources, I found support, strength and encouragement to live and enjoy life again.”

Mary Tappe
SCA Survivor

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SCAA is the nation’s leading nonprofit advocacy organization exclusively dedicated to SCA awareness and prevention. Visit www.suddencardiaccarrest.org to learn more.

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Surviving a Cardiac Arrest…

Now What?

An educational resource addressing psychological, social and quality of life concerns in survivors and family members after cardiac arrest, published by the Sudden Cardiac Arrest Association

Power and passion, saving lives

www.suddencardiaccarrest.org
Surviving cardiac arrest is rare. For the six percent of patients who do survive, recovery is often a long process that simply doesn’t end with the insertion of an ICD or application of an external wearable defibrillator.

ICDs and other devices can monitor the heart and prevent future cardiac arrests, but they can’t heal emotions, calm anxiety or ease fears.

That’s where the Sudden Cardiac Arrest Association (SCAA) and its nationwide network of SCA survivors, resources and advocates can help!

**SCAA Connects**
In addition to medical professionals, emergency responders and patient advocates, SCAA has the largest gathering of survivors and their family members in the United States. SCAA connects survivors and patients at risk from across the country through “Inspire” - an interactive online support community, where together they can share concerns, discuss medical issues and confide in others. Visit www.inspire.com/groups/sudden-cardiac-arrest-association for more details.

Each survivor’s experience is unique, and we realize that. The Survivor Page of the SCAA Web site is a forum that allows survivors to share their individual experiences and show the world they are not alone. Located on the Web at www.suddencardiacarrest.org, these stories chronicle life before and after SCA along with the variety of emotions patients experience and prove to be helpful outlets in the recovery process.

**SCAA Educates**
Striking without warning, SCA leaves patients and their loved ones with a multitude of questions. Immediate care is often characterized by numerous examinations, tests and treatments. And quite frankly, it all can be overwhelming and confusing.

The SCAA Web site provides a variety of educational resources and materials on the etiology of cardiac arrest, its risk factors, treatments and preventive measures.

**Patient materials** cover a broad array of topics, including:
- Cardiac Rehabilitation
- Living with ICDs
- Lab tests
- Therapeutic Hypothermia
- CPR
- AEDs
- Atherosclerosis
- Coronary Artery Disease
- Risk Factors

In addition, SCAA’s interactive media platform reaches the general public through a variety educational videos, public service announcements (PSAs) and media awareness campaigns. Our established presence on TV, radio and the Web helps inform everyday individuals of the public health crisis of cardiac arrest.

**SCAA Advocates**
SCAA works toward establishing a nationwide response to cardiac arrest, in which communities are better prepared and bystanders are trained to offer assistance in cardiac emergencies.

To expand the number of publicly accessible AEDs, we support federal and state legislation that require the devices in schools and other public places.