MEMORANDUM

TO: AZ BEHAVIORAL HEALTH PLANNING COUNCIL

FROM: ANNE ROCK-OFFICE OF INDIVIDUAL & FAMILY AFFAIRS

DATE: JUNE 7, 2012

RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of May 18, 2012, and the agenda for our next meeting, which is scheduled for:

June 14, 2012 (Thursday)
10:00 a.m. – 12:30 p.m.
Mountain Health & Wellness
625 North Plaza Drive, 3rd Floor
Apache Junction
Telephone: 480-983-0065

Please note: this is a new date for the June Council meeting.

Mountain Health and Wellness is located in Apache Junction, north of east U.S. 60, north of Apache Trail and south of Superstition Boulevard. It is located on Plaza Drive, which is between San Marcos Drive (to the west) and Idaho Road (to the east). The clinic is on the east side of Plaza Drive and is a three story building. We will hear from Mountain Health and Wellness staff about their integrated health program and other services, as well as from Terry Stevens, Chief Executive Officer of Cenpatico.

Telemedicine for this meeting is available at the Arizona State Hospital only for the Phoenix area, 2400 East Van Buren Street. Security staff will take you to the meeting. Telemedicine is also available at CPSA, Plaza Arboleda, 2502 North Dodge Boulevard, Tucson.

Please note, as usual the Committees will meet the day before, which will be Wednesday, June 13, 2012, at ADHS/DBHS, Conference Room 215B, 150 North 18th Avenue, Phoenix. Telemedicine is available at CPSA, Plaza Arboleda, 2502 North Dodge Boulevard, Tucson. There is also a change this month for the Children's and the Community Advisory Committees, who will hold a combined meeting:

• Advocacy & Legislation: 1:00 p.m. – 2:00 p.m.
• Children and Community Advisory: 2:00 p.m. – 4:00 p.m.

The Executive Committee will meet on June 14, 2012 from 9:00 a.m. to 10:00 a.m. at Mountain Health and Wellness.

Please email me at rocka@azdhs.gov or by telephone, 602-663-7234 if you will be attending by telemedicine for the Committees or the full Council meeting, or to let me know that you will not be able to attend.

Thank you very much.

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan”
(Public Laws 99-660, 100-639, and 102-321)
AEIENDA

I. Call to Order & Introductions James Russo, Vice Chair

II. Approval of May 18, 2012 Minutes Vice Chair

III. Cenpatico Welcome Terry Stevens

IV. Mountain Health & Wellness Presentation Gustavo McGrew

V. ADHS/DBHS Report Dr. Laura Nelson

VI. Arizona State Hospital Report Cory Nelson

VII. Committee Reports James Russo
A. Executive Steve Carter
B. Advocacy/Legislation Phyllis Grant
C. Children & Community Advisory

VIII. AHCCCS Report-Health Insurance Exchange Linda Skinner

IX. State Agency Updates Joe Donaldson
A. ADE Karia Basta
B. ADOH Michael Carr
C. DES/DCFY Andrea Benkendorf
D. DES/RSA

X. T/RBHA Updates Vice Chair

XI. Other Business/Announcements Vice Chair

XII. Next Meeting/Agenda Vice Chair

XIII. Call to the Public Vice Chair

XIV. Adjournment Vice Chair

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)
I. Call to Order & Introductions

The meeting was called to order at 10:05 a.m. A quorum was present, and introductions were made.

II. Approval of April 20, 2012 Minutes

Sue Gilbertson motioned to approve the minutes; Dan Haley seconded the motion. The minutes were approved as written.

III. Presentation: Verde Valley Guidance Clinic

Patty May, Verde Valley's Crisis Coordinator and the Woman's World Residential Program Manager, was invited to speak to the Council about the clinic's program, which is a mental health and physical health integrated program.

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan”  
(Public Laws 99-660, 100-639, and 102-321)
Patty reported that the Woman's World residential program was originally set up by ADHS/DBHS to help women with serious mental illness and substance abuse (co-occurring disorders). Some of the diagnoses the clinic sees include anxiety attacks; panic disorders; and schizophrenia. The length of stay varies and can be from three to nine months, but the usual amount of time is about three months. ASAM criteria is used.

The first woman to be admitted came from the jail, and during a routine check the staff found that she had a serious heart problem and hepatitis C. The staff was finding that many of the women admitted had serious health issues in addition to their mental illness.

The first order of business is to get them clean and sober, and due to the co-location of the medical doctor, the clinic can get them stable on psychiatric medication. However, there are some clients who present with very serious health issues, such as kidney dialysis, or require 24-hour care, and are not appropriate for the clinic as they are not set up for this.

There are no controlled substances in the residential center, with the exception of Seboxin, which is a much better alternative to methadone. Patty added that having the medical facility on site makes coordination of care much simpler.

It is a twelve bed program; if the client has a medical procedure that requires her to be physically away from the center, that client's bed will be held. Patty added that sometimes if a client has anger issues, it may very well be due to medical issues. Also, addiction is a relapsing disease, like diabetes. Patty added that Gita Enders taught her a very important difference between medical and mental health issues. Gita identified mental health experiences as "episodes" (as compared to relapse).

There was a question and answer session. It was asked what happens to the client when they are discharged from Woman's World; Patty responded that they will either go back to their family, which can be a challenge; they will assist the client with housing, or give them the tools to be able to deal with a family that is using alcohol or drugs. There is also coordination with the medical doctor and a follow-up visit.

A unique aspect of Woman's World is that children are allowed to visit the client at any time, however, the center is not licensed to have women and their children together. It can also be re-traumatizing to both when they are together.

IV. ADHS/DBHS Report

Dr. Sara Salek, representing Dr. Laura Nelson, reported that the Plaintiffs and ADHS signed an agreement regarding Arnold v Sarn; this is pending the judge's approval. ADHS will be working with the Plaintiffs over the next two years, and information is available on the ADHS/DBHS website.
Dr. Salek shared details of the stakeholder letter from Dr. Laura Nelson regarding the forums to be held the week of May 21st. The letter will be forwarded to the Council for their information.

The ADHS/DBHS budget includes $38.7 million in new funding for non-Title XIX adults with SMI, and also identifies what types of services will be funded. Case management is one service to be discussed, as ADHS/DBHS wants to move away from this service and concentrate more on other services that are appropriate for care.

V. Arizona State Hospital Report

Cory Nelson reported on the Hospital census. To date, 500 Hospital staff have been trained on non violent crisis intervention, using the Crisis Intervention Institute model. There are two more forensic units to be trained.

The security reorganization transition is complete and the new uniforms become effective June 1st.

The forensic hospital will open on June 5th, with the patients moving in starting June 19th.

There are three new crucial hires: Jeff Bloomberg is the Chief Quality Officer; Ryan Hoffmeyer is the new Chief Operating Officer; Barbara Ganner is the new Grievance and Appeals Chief, and Jeff Johnson is the new Facilities Manager.

The Hospital is re-organizing its nursing department, and the Chief of Nursing is retiring the end of July, so Cory will be recruiting for this position.

VI. Committee Reports

A. Executive: Vicki Johnson reported on the April meeting survey scores: The meeting received "5s", "4s", and 1 "3". There was one comment: "I feel that this Council is the most important one in the state of Arizona and I am proud to be a part of it. Thank you very much."

Dr. James Wilson was recently appointed as a family member representative by Dr. Nelson, and NARBHA also appointed Susan Ramsey as their Council representative.

Regarding substance abuse representation, Nanci Stone from Southwest Behavioral Health Services in Payson was approached as a possible nominee. Ms. Stone is a LISAC, and information will be forwarded to her for consideration.
B. **Children:** Sue Gilbertson reported that Phyllis Grant provided an update on the Safe B Card, which is a way to identify a child's behavioral health issues, triggers, and information in case of a crisis. The card is designed for schools and communities, and can include all school staff, from the principal to the line staff.

The Children's Committee will hold a combined meeting with the Community Advisory Committee in June to discuss the development of a safe card for adults.

C. **Community Advisory:** Dan Haley reported that Gail Kenny from New Horizons presented information on the Work Incentives Planning and Assistance (WIPA) program. This program assists and supports individuals who are interested in becoming employed, and they work to help them to achieve their goals. There are a variety of work incentives for individuals who are receiving Supplemental Security Income (SS) and Social Security Disability Insurance (SSDI).

As reported in the Children's Committee section, the Community Advisory Committee will be working in collaboration with them to develop an adult safe card.

There was also some discussion regarding a proposal to combine the Children's and the Community Advisory Committees into one.

D. **Planning & Evaluation:** Vicki reported that the Committee met with Lisa Shumaker, who reported on the recent Center for Substance Abuse Prevention (CSAP) site visit, which Vicki attended. The federal monitors identified positive activities, such as the prevention fellowship program, which provides seven individuals in the following agencies: Governor's Office; Arizona Criminal Justice Commission (ACJC); Arizonans for Prevention (AFP); Students Against Destructive Decisions (SADD); and three at ADHS/DBHS.

Lisa also shared some of the results from the three day strategic planning session on how to address alcohol and marijuana use.

VII. **State Agency Updates**

A. **ADE:** There was no report.

B. **ADOH:** There was no report.

C. **AHCCCS:** Kristen Frounfelker reported that AHCCCS did not receive any additional cuts in its budget. The KidsCare program is still frozen, but it did open enrollment for families who are 100-175% of FPL. There are approximately 22,000 slots available, and at present time 2,000 individuals have applied.
The childless adult population freeze continues. Also, Medicare Part D will now cover benzoprine and barbiturates. AHCCCS is working with CMS to resolve issues that have arisen with Medicare Part D.

The Maricopa County Request for Proposal will be let soon.

Linda Skinner, the AHCCCS subject matter expert, will meet with the Council in June to discuss the work done so far on health insurance exchanges.

D. DES/DCYF: Mike Carr reported that DES received the "backfill" on its lost TANF funds, which is a positive outcome. Arizona Families First will soon let its RFP out for contract, as there is no longer a provider in Pinal County. Horizon Human Services stopped its contract in the County.

DES will be hiring a mental health specialist for the Adoption Subsidy division, and their job will be to assist adoptive parents to navigate through the mental health system. In addition, DES will be hiring two Healthy Families staff, which is in partnership with ADHS and ADHS/Child & Maternal Health (CMH).

E. DES/RSA: There was no report.

VIII. T/RBHA Updates

There was no report.

IX. Other Business/Announcements

Sue announced that a memorial will be held for Bob Broman, a long time advocate and member of the Planning Council, on May 25th. The memorial will be held at PSA Art Awakenings in Phoenix from 4:30 p.m. to 6:00 p.m.

Vicki announced that the first annual Peer and Family Driven Conference will be held July 24th and 25th at the Franciscan Renewal Center in Phoenix. Conference brochures are being developed and will be sent out as soon as available. The conference is free to peers and family members who are receiving services and those providing services.
X. **Next Meeting/Agenda for Meeting**

The next meeting is scheduled for June 14, 2012, 10:00 a.m. to 12:30 p.m., at Mountain Health and Wellness, 625 North Plaza Drive, 3rd Floor, Apache Junction. Telemedicine is available at the Arizona State Hospital, 2400 East Van Buren Street, Phoenix, and CPSA, Plaza Arboleda, 2502 North Dodge Boulevard, Tucson. **Please note that this is a new date for the June Council meeting.**

The Committees will meet at ADHS/DBHS on June 13th. **Please note that this is a new date for the June Committee meetings.** Telemedicine will be available at CPSA, Plaza Arboleda, 2502 North Dodge Boulevard, Tucson. The following Committees are meeting:

- Advocacy & Legislation: 1:00 p.m. – 2:00 p.m.
- Children's Committee & Community Advisory: 2:00 p.m. – 4:00 p.m.

The Executive Committee will meet on June 14, 2012, from 9:00 a.m. to 10:00 a.m. at Mountain Health & Wellness.

XI. **Call to the Public**

There was no response.

XII. **Adjournment**

The meeting was adjourned at 11:30 a.m.