M E M O R A N D U M

TO: AZ BEHAVIORAL HEALTH PLANNING COUNCIL
FROM: ANNE ROCK- OFFICE OF INDIVIDUAL & FAMILY AFFAIRS
DATE: APRIL 12, 2012
RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of March 16, 2012, and the agenda for our next meeting, which is scheduled for:

April 20, 2012
10:00 a.m. – 12:30 p.m.
CPSA-Plaza Arboleda
2502 North Dodge Boulevard
Tucson

A tentative presentation from the Crisis Response Network is scheduled.

Telemedicine is available at ADHS/DBHS, Conference Room 295B, 150 North 18th Avenue, and the Arizona State Hospital, Phoenix.

The following Committees will meet:
- Advocacy & Legislation, April 19th: 1:00 p.m. – 2:00 p.m., CPSA Plaza Arboleda. Telemedicine is available at ADHS/DBHS, Conference Room 295B, Phoenix.
- Children, April 19th: 2:00 p.m. – 3:00 p.m. Telemedicine is available at ADHS/DBHS.
- Planning & Evaluation, April 19th, 3:00 p.m. – 4:00 p.m. Committee members will meet with the CPSA Chief Financial Officer to discuss CMHS Block Grant expenditures. Telemedicine is available at ADHS/DBHS.
- Community Advisory: April 19th, 4:00 p.m. – 5:00 p.m. Telemedicine is available at ADHS/DBHS. Representatives from Direct Center for Independence will present on their program.
- Executive, April 20th, 9:00 a.m. – 10:00 a.m., CPSA, Plaza Arboleda.

Please email me at rocka@azdhs.gov or by telephone, 602-663-7234 if you will be attending by telemedicine for the Committees or the full Council meeting, or to let me know that you will not be able to attend.

Thank you very much.

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)
AGENDA

I. Call to Order & Introductions  Vicki Johnson, Chair

II. Approval of March 16, 2012 Minutes  Chair

III. Presentation: Crisis Response Network  TBA*

IV. ADHS/DBHS Report  Dr. Sara Salek

V. Arizona State Hospital Report  Cory Nelson

VI. Committee Reports
   A. Executive  Vicki Johnson
   B. Advocacy & Legislation  Steve Carter
   C. Children  Sue Gilbertson
   D. Community Advisory  Dan Haley
   E. Planning & Evaluation  Vicki Johnson

VII. State Agency Updates
   A. ADE  Joe Donaldson
   B. ADOH  Karia Basta
   C. AHCCCS  Kristin Frounfelker
   D. DES/DCYF  Michael Carr
   E. DES/RSA  Letitia Labrecque

VIII. T/RBHA Updates  Chair

IX. Other Business/Announcements  Chair

X. Next Meeting/Agenda  Chair

XI. Call to the Public  Chair

XII. Adjournment  Chair

*tentative

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)
I. Call to Order & Introductions

The meeting was called to order at 10:00 a.m. A quorum was present, and introductions were made.

II. Approval of February 17, 2012 Minutes

The minutes were approved with the following corrections: Agenda item IV., ADHS/DBHS Report is revised as follows:

- A Request for Information (RFI) meeting for Maricopa County RBHA-Recovery through Whole Health will be held by the Arizona Department of Health Services (ADHS) and the Arizona Health Care Cost Containment System (AHCCCS) on March 21st, 1:00 p.m. to 5:00 p.m. at Radisson City Center, Phoenix. Updated information regarding this can be found at the ADHS website.

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(Public Laws 99-660, 100-639, and 102-321)
• The first national Eating Disorders Walk will be held February 26th at the Phoenix Zoo.

• AHCCCS, ADHS, and many other stakeholders discussed strategies to reduce prescription drug abuse at the last Arizona Substance Abuse Partnership (ASAP) meeting.

• The Government Accountability Office (GAO) released a report in December 2011 which highlighted psychotropic prescribing in foster care youth across six different states. DBHS is currently working with the Comprehensive Medical and Dental Plan (CMDP) and AHCCCS on pulling similar data for Arizona.

Agenda item VII., State Agency Updates, C. AHCCCS: was corrected as follows:
1) "The cut was $1.5 billion not $2.5 billion - $2.5 billion equates to all the cuts to date."
2) Delete this sentence:
"On October 1, 2013, contracting integration efforts will yield over $5 billion for behavioral health; $500 million for Children's Rehabilitative Services; and over $35 billion for acute care."
Add this sentence:
AHCCCS is currently working on several different procurements and several of them involve integration efforts for special needs populations. The AHCCCS system will have new contractors in place on October 1, 2013 for behavioral health (Maricopa) Children's Rehabilitative Services (statewide) and acute care services (statewide). All of these will be five (5) year contracts that in total will exceed $40 billion.

III. Arizona Department of Corrections Presentation

This will be rescheduled for later in the year. Mr. Hood was not able to attend the meeting.

IV. ADHS/DBHS Report

Dr. Sara Salek, representing Dr. Laura Nelson, asked the Council for questions on specific items. Vicki Johnson reported that the Community Advisory Committee discussed the issues of non-Title XIX SMI adults, how to access services, and how to become AHCCCS eligible. There were also questions on SSI eligibility, non-Title childless SMI adults, and youth who transition to adulthood.

Kristin and Dr. Salek responded to the Committee's questions. For transition age youth who experience an onset of acute mental health concerns, the first step would be to conduct the SMI determination, which is covered by non-Title XIX state only funds; once the person is determined SMI, they will then apply for one of the two MAO categories through AHCCCS. If they are not AHCCCS eligible but are SMI, they can be provided the non-Title XIX benefits package. If the non-Title XIX youth has substance use issues, they can also utilize the SAPT Block Grant funding.
Dr. Salek added that she will do some research on these issues and report back to the Council at the April meeting. Dr. Salek will also invite Joann Hatton to attend the meeting to answer any questions. Ms. Hatton is a subject matter expert who works closely with AHCCCS regarding eligibility. Vicki commented that the Council will meet in Tucson in April, and staff from the Crisis Response Network will be invited to provide an overview of the program, and what their experience is with non-Title XIX individuals who are in crisis.

Dr. Salek reported that DBHS utilized the Garrett Lee Smith grant and the SAPT Block Grant to put together the Emergency Department project initiative. A flowchart was developed which identifies the different insurance and funding options in that exist for Arizonans. This will be shared with the Council.

There is also a flowchart on how to access services in the public behavioral health system, which Dr. Salek will also share with the Council.

Dr. Salek spoke of the Planning Council's white paper regarding children's wait times at hospital emergency rooms, which is an important issue. There is the matter of quantifying the issue to fully understand it from a statewide perspective. Cenpatico collects this data, however it is not contractual requirement for the RBHAs to track wait times. However, DBHS is fortunate to have a former ED nurse on staff who works in the Injury Prevention area. They have a statewide initiative called PEDS (emergency preparedness for children who present at the ED). The Arizona Chapter of American Academy of Pediatrics, who is the lead on the initiative, is willing to incorporate the data elements in their work. DBHS will not have to go through the RBHA system to get this data.

Kristin reported that DBHS is considering changing the SMI determination process and using an outside vendor to conduct the determinations. Kristin suggested that the Council develop recommendations to DBHS regarding the issues discussed this morning on eligibility.

V. Arizona State Hospital Report

Cory Nelson reported on the Hospital census: there are a total of 241 patients; 113 civil; and 128 are forensic patients. The security re-organization is complete; there were 110 security staff in 2011, and this is down to 50 staff. The remaining 50 staff have been re-allocated across the Hospital to patient care areas, where they can work directly with the patients. The transition is partially complete from Pro-Act to the non-violent crisis intervention model from the Crisis Prevention Institute. The training of trainers was completed two weeks ago; 29 trainers were trained and they will begin the training process for the remaining 600 employees.

The forensic hospital is not quite ready to open; staff are working on the physical plant, and there is work to be done regarding Licensure. The two hospitals are physically separate, and must have two licenses. Target date for opening will be April or May, and must be in before the summer, as the cooling units can't handle both hospitals.
Bruce McMorran has been hired as the Deputy Program Administrator, who will be overseeing the sex offender unit at the Hospital. He will also serve on the executive leadership team. The Hospital is close to hiring a new Chief Quality Officer, and an offer will go out next week. The Hospital is also recruiting a psychiatric nurse practitioner to work on the forensic unit; this position will bring a holistic approach to care.

Cory met with the Arizona Republic in order to improve communications and the knowledge process. Articles regarding high profile cases have been rather negative, and do not shed a positive light on the Hospital.

VI. Committee Reports

A. Executive: Vicki Johnson reported that the Committee met with Dr. Laura Nelson yesterday to discuss recruiting substance abuse representatives to the Council. Dr. Nelson approved the Council's wish to recruit additional members, and also suggested that the Council consider law enforcement, in addition to LISACs, consumers with substance abuse; drug courts; Arizona Department of Corrections; 12 step/faith based organizations; transitional housing, and homeless providers. A survey was done at the February meeting to determine how many current Council members also have substance abuse backgrounds/experience, and most members had some sort of affiliation.

The February meeting survey received all 5s. Vicki thanked AHCCCS for hosting the meeting.

Vicki and Anne Rock recently attended a DBHS systems subcommittee meeting; this subcommittee is charged with developing a formula for allocating the SAPT Block Grant.

B. Advocacy & Legislation: Steve Carter reported that Colby Bower, ADHS Legislative Liaison, met with the Committee and discussed the budget and a number of bills. The budget should be ready in a couple of weeks. The Legislature will end in mid-April. The Governor's budget includes $39 million in funding for the non-Title XIX SMI population; the Legislature is recommending $10 million.

The bills discussed included SB 1082 (public drunkenness); the bill is dead. The AHCCCS transportation bill also died. There is also a Taxpayer Bill of Rights (TABOR), and is still alive; Steve asked the members to track this bill and advocate against it.

C. Children: Vicki Johnson reported that Lisa Shumaker and April Miles attended the meeting and presented a demonstration of the Avatar program. This program is available at no charge to Arizona school districts, and currently only three have signed up. The Committee members agreed to assist DBHS and spread the word about this opportunity.
Mark Ewy developed a draft document of questions to use when speaking with the schools about their suicide prevention programs. This will be distributed to the Committee members.

D. Community Advisory: Dan Haley reported that the scheduled DBHS speaker could not attend the meeting, so this will be tabled for later this year. Dan will invite a representative from the Crisis Response Network to meet with the Council. A representative from Direct Center for Independence will be invited to the Community Advisory Committee for the April meeting.

E. Planning & Evaluation: Vicki reported that the Committee met with Cynthia Lane, DBHS Chief Financial Officer, and discussed the FY 2011 RBHA expenditures of the CMHS Block Grant. The Committee wishes to meet with the RBHAs to learn how and why the funds were expended on the various line items. The Block Grant funding is to be used for non-Title XIX covered services to the Title XIX population, and for the non-Title XIX population. Some of the RBHA expenditures didn't look quite right. The Committee asked DBHS for the protocol on how to approach the RBHAs with this request, and are waiting for their response.

The Committee also requested that the Contractor Expenditure Reports be provided quarterly (as opposed to semi-annually).

VII. State Agency Updates

A. ADE: There was no report.

B. ADOH: Karia Basta introduced Maureen Rooney, a colleague from her agency; Maureen will be ADOH's alternate representative. Karia reported that ADOH will continue to exist for another five years.

The announcement from the HUD Continuum of Care program was released this week, and all three of Arizona's continuums got their bonus projects. There will be four new projects for the balance of the state: three are in Yavapai County; U.S. Vets which serves homeless veterans; and Project Aware, which is for female homeless veterans and those with children. Camp Verde also has a project, and Tucson received a bonus project.

Karia is traveling the state and working with the RBHAs to strengthen the relationship between behavioral health and housing and improve the program. Two thirds of ADOH's contract is in northern Arizona, and Karia worked with NARBHA's housing person to develop a PowerPoint presentation to share with their behavioral health service providers. Plans are also underway to work with Cenpatico.

C. AHCCCS: Kristin Frounfelker reported that the Council had requested that Linda Skinner, the Director responsible for implementing the Health Information Exchange, and she has agreed to meet with the Council at the June, September and December Council meetings. Kristin asked that these presentations be first on the meeting agenda.
AHCCCS and DBHS are collaborating on the integrated health RFP for Maricopa County, which will be let in July 2012. A Request for Information community meeting is scheduled for March 21st at the Radisson Hotel in Phoenix from 1:00 p.m. to 5:00 p.m. All stakeholders are invited to attend. Feedback will be solicited for the RFP.

AHCCCS has a dual demonstration project with CMS regarding Medicare and Medicaid, in order to coordinate care for the dual eligible population. There is a disconnect between Medicare and Medicaid, with different mandates and processes, and this project will work to improve the connection. Focus groups will be held and information is available on the AHCCCS website. Kristin invited dual eligible individuals to visit the website and complete the survey if they cannot attend a forum.

D. **DES/DCYF:** Michael Carr reported that April is Child Abuse Prevention month. Regional roll-outs will happen throughout the state. DES is finalizing the public relation activities for the "Who do you Trust" initiative, and are publishing posters and other promotional materials.

DES lost their substance abuse program for non-Title XIX parents with substance use issues in Pinal and Gila counties. The provider pulled out due to procurement rules. DES is referring the individuals to 12 step programs and assisting people who lost their services.

E. **DES/RSA:** There was no report.

VIII. **T/RBHA Updates**

**CPSA:** Phyllis Grant reported that she met with Cindy Greer from CPSA to discuss the under-utilization of children's services, and why children are being referred to hospitals and not the Crisis Response Center. Another concern was the validity of a 23-hour observation unit; is it appropriate? They believe more time is needed. Uniforms (scrubs) are also not conducive to recovery as it reflects a hospital setting. Phyllis added that she is not seeing any family support partners at the CRC to assist the families and children presenting, which was to be an integral component of the CRC. She didn't believe this was occurring on the adult side as well.

The CPSA IFA Office has conducted a training of trainers, and targeted family members and community members. A Spanish Trauma Informed Care dialogue will be held in April, and a first responders' dialogue will be held on March 26th. A LBGTQ focus group will be held in the next few weeks. Phyllis and Dan Haley are working with the IFA Office regarding the restructuring of CPSA's committees, in order to be more purposeful, as there is some overlap among them.

Tonya Aleisawi reported that she will be working with the Pima County Regional Stigma Reduction Committee to conduct a "Person First" campaign for the media.
IX. Announcements

The CPSA Community Forum is scheduled for May 2, 2012 in Tucson. Trauma informed care is the theme for this year.

X. Next Meeting/Agenda for Meeting

The next meeting is scheduled for April 20, 2012, 10:00 a.m. to 12:30 p.m., at CPSA, Plaza Arboleda, 2502 North Dodge Boulevard, Tucson. Telemedicine is available at ADHS/DBHS, Conference Room 295B, 150 North 18th Avenue, Phoenix, and the Arizona State Hospital.

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- Children, April 19th: 2:00 p.m. – 3:00 p.m., CPSA, Plaza Arboleda.
- Planning & Evaluation: April 19th: 3:00 p.m. – 4:00 p.m., CPSA, Plaza Arboleda. The CPSA CMHS expenditure report will be discussed with the CPSA Chief Financial Officer. Telemedicine is available.
- Community Advisory: April 19th, 4:00 p.m. – 5:00 p.m., CPSA, Plaza Arboleda. The Direct Center for Independence will meet with the Committee.
- Executive: April 20th, 9:00 a.m. – 10:00 a.m.

I. Call to the Public

Dr. James Wilson said that the issues the Planning Council addresses is important and affects every person in the State; he wanted to be part of a positive solution, which is why he is interested in membership. Dr. Wilson thanked the Planning Council for inviting him to attend.

XII. Adjournment

The meeting was adjourned at 11:40 a.m.