MEMORANDUM

TO: AZ BEHAVIORAL HEALTH PLANNING COUNCIL
FROM: ANNE ROCK-OFFICE OF INDIVIDUAL & FAMILY AFFAIRS
DATE: FEBRUARY 8, 2012
RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of January 20, 2012, and the agenda for our next meeting, which is scheduled for:

February 17, 2012
10:00 a.m. – 12:30 p.m.
AHCCCS
Gold Conference Room
701 East Jefferson Street
Phoenix
Telephone: 602-417-4000 (main #)

Director Tom Betlach will meet with the Council.

Although there is no telemedicine capability for this meeting, telephone conferencing is available. Telephone number is 602-417-5700, and the meeting code is 3367.

The following Committees will meet:
- Advocacy & Legislation, February 16th: 1:00 p.m. – 2:00 p.m., ADHS/DBHS, 150 North 18th Avenue, Conference Room 215B. Colby Bower, ADHS Legislative Liaison, will be our guest speaker. Telemedicine is available at CPSA Plaza Arboleda, Tucson.
- Children, February 16th: 2:00 p.m. – 3:00 p.m. Telemedicine is available at CPSA.
- Planning & Evaluation, February 16th: 3:00 p.m. – 4:00 p.m. Telemedicine is available at CPSA.
- Community Advisory: February 16th: 4:00 p.m. – 5:00 p.m. Telemedicine is available at CPSA.
- Executive, February 17th: 9:00 a.m. – 10:00 a.m., AHCCCS. There is no telemedicine availability; however, there is telephone conferencing.

Please email me at rocka@azdhs.gov or by telephone, 602-663-7234 if you will be attending by telemedicine for the Committees, telephone conferencing for the full Council meeting, or you will not be able to attend.

Thank you very much.

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"  
(Public Laws 99-660, 100-639, and 102-321)
MEETING OF FEBRUARY 17, 2012
10:00 A.M. – 12:30 A.M.
AHCCCS
701 EAST JEFFERSON STREET
GOLD CONFERENCE ROOM
PHOENIX

A G E N D A

I. Call to Order & Introductions Vicki Johnson, Chair

II. Approval of January 20, 2012 Minutes Chair

III. AHCCCS Presentation Director Tom Betlach

IV. ADHS/DBHS Report Dr. Laura Nelson

V. Arizona State Hospital Report Cory Nelson

VI. Committee Reports
A. Executive Vicki Johnson
B. Advocacy & Legislation Steve Carter
C. Children Mark Ewy
D. Community Advisory Dan Haley
E. Planning & Evaluation Vicki Johnson

VII. State Agency Updates
A. ADE Joe Donaldson
B. ADOH Karia Basta
C. AHCCCS Kristin Frounfelker
D. DES/DCYF Mark Ewy
E. DES/RSA Letitia Labrecque

VIII. T/RBHA Updates Chair

IX. Announcements Chair

X. Next Meeting/Agenda Chair

XI. Call to the Public Chair

XII. Adjournment Chair

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)
I. Call to Order & Introductions

The meeting was called to order at 10:00 a.m. A quorum was present, and introductions were made.

II. Approval of December 14, 2011 Minutes

Joe Mucenski motioned to accept the minutes as written; Gita Enders seconded the motion. The minutes were approved as written.

III. Health and Wellness Center: "Camp Wellness"

Dr. Beth Stoneking, Director of Camp Wellness, reported that her interest in integrated health care started when she observed that consumers were losing their jobs, not due to their mental illness but rather their physical health. There was also the news that consumers lived 25-30 years less than the rest of the population.

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Beth disclosed that she is also a family member, and there is evidence that family members are at a 40% risk of developing a mental illness if someone in their family has a mental illness.

Recovery Integration Support and Empowerment (RISE) started in 1998 from a proposal developed by Dr. Stoneking and a master's level registered nurse.

The program, Camp Wellness, has Supported Physical Education (exercise); members who complete the eight week program will receive a year long gym pass to the YMCA. Attendance is tracked and if individuals who don't use their YMCA pass four times a month, their passes are revoked.

Approximately 40% of all tobacco consumed is by consumers, resulting in the most common loss of life; the program works with the state ASH Line, for free aids, resources, and telephone support. Family members also receive free tobacco cessation products.

The requirements for acceptance into the program are Title XIX eligibility and that they are a service recipient in the CPSA system. Camp Wellness receives 80% of all its referrals from one CSP, and the remaining 20% from the other CSPs.

The Center's budget is $1.2 million, and they bill for health promotion, skills training, and psycho-education services, which is covered under Title XIX.

The program came into being through a SAMHSA/NIDA grant awarded to ADHS/DBHS. The State awarded funding to Magellan and CPSA for integrated health programs. There is an evaluation component to the grant; data is collected to inform management when changes to the program are needed.

IV. Pima County Integrated Health Programs

Vanessa Searney, CPSA's Chief Clinical Officer, reported on the various integrated health care programs in Pima County. The Council just heard a presentation from Dr. Beth Stoneking regarding Camp Wellness, and there are other integrated health programs in the Tucson area. The integrated model of care has been part of the CPSA system for a number of years, starting with the El Rio program; this program was the closest replica to a health home model and one stop for all services, as they were integrated with co-located staff. The program is based on the Milbank Foundation Four Quadrant model, which addresses the complexity of the individual's behavioral health and physical health needs.

The Marana Health Center is a Federally Qualified Health Care Center (FQHC), and is the oldest one in southern Arizona; the program started in the late 1950s. CPSA originally contracted for services with Marana Health Center through its CSPs, but they now contract directly with Marana. The program has expanded and now includes a new primary care center and care building. A behavioral health facility is being built and will be ready in the fall. Primary care and behavioral health will be co-located.
The CODAC El Rio Whole Health Program was awarded a SAMHSA grant three years ago, and now serves over 1,300 individuals per year. The program is going well, however, it experienced some licensing issues in the beginning regarding co-located services.

CPSA is currently pursuing a CMS grant, which will be very competitive, as thousands of other organizations will also be in pursuit. The grant addresses workforce development. The grant will be awarded within the next two weeks.

V. ADHS/DBHS Report

Dr. Sara Salek, representing Dr. Laura Nelson, reported that ADHS/DBHS is on track in its partnership with AHCCCS regarding Health Homes. There is much information on the DBHS website regarding this initiative. Focus groups were held late last year to gather input on how this system would look.

The contract should be awarded by January 2013 with implementation beginning October 2013. A readiness assessment will occur in February 2013.

The FY 2013 ADHS/DBHS budget is not yet final.

ADHS/DBHS was awarded a Transformation Transfer Initiative (TTI) grant, and was one of 11 states to be awarded. The grant will be used for workforce development.

Dr. Salek attended the January Governor's ASAP meeting, where several presenters spoke of the prescription drug abuse programs, from a national and local perspective. It is estimated that 31% of all deaths are from prescription drugs, and has been identified as a major issue for the Governor's Office.

VI. Arizona State Hospital Report

Donna Noriega, representing Cory Nelson, reported on the Hospital census: a total of 235 patients; 114 civil commitments, and 121 forensic.

The Hospital is revising its current crisis intervention process, which is Pro Act, and is moving to implement CTI. There will be a training of trainers on February 13th, and all staff will be trained by June 2012. The Hospital recently hired Dan Whitmayer to lead the effort, as he has much experience with the advanced CTI model.

There is also a security re-organization. The current positions will be moved, and more staff will be hired on the units. Initially, thirty staff will be hired for the units, and the security personnel will be used only on the perimeter of the campus. "Campus Support and Safety" is the new name for security.
VII. **Vote: Revision of Council By-Laws**

Vicki reported that the Executive Committee revised the By-Laws, and the changes were presented to the Council at the December meeting for their review. As the motion was from the Committee, no second was required. The motion went before the Council and was passed unanimously.

VIII. **Committee Reports**

A. **Executive:** Vicki Johnson reported on the December 2011 meeting survey, which received 4s and 5s, with one comment: "very nice". The Committee reviewed the current Council membership, specifically the community members, to determine the expanded role of the Council to include substance abuse. Two current members changed their designation. Additional members to be recruited were identified and included LISACs, etc. for consideration. The Committee will meet with Dr. Nelson in February to discuss the integration of substance abuse on the Council.

B. **Advocacy & Legislation:** Steve Carter reported that the Governor's FY 2013 budget proposes $39 million in new funding for non-Title XIX adults with SMI. There are a number of bills to pay attention to this session, including bills regarding RBHAs.

This will be a short legislative session as it is an election year. Steve urged the Council to go to the ADHS website for Director Will Humble's reports as well as information regarding integrated care.

C. **Children:** Mark Ewy reported that the Committee is working on two issues: adolescent substance abuse and suicide prevention/education. Committee members will be contacting local school districts around the state. It is understood that ADE does not drive policy for the school districts. The Committee's goal is to develop a brochure or resource guide for schools to use.

D. **Community Advisory:** The Committee did not meet in January but will meet in February 2012.

E. **Planning & Evaluation:** Vicki reported that the Committee reviewed information from the CMHS Block Grant conference and the Arizona Community Data Project, which is web based. The Committee plans to draw down data from the Project database and use the information when visiting agencies around the state.

VII. **State Agency Updates**

A. **ADE:** Joe Donaldson is the new ADE representative to the Council. Joe reported that he is responsible for the student voucher program, which currently has 2,000 students, and 700 children in residential treatment centers.
ADE is working to revamp its website, are working to vet its manuals, and are also working on the new intergovernmental agreement (IGA), as it is expired.

B. ADOH: Karia Basta reported on the previous year's Continuum of Care, which funded two new projects in northern Arizona. HUD contracts were recently awarded with NARBHA and Good Shepherd Center. There are eleven permanent supported housing units for NARBHA and five units for Holbrook.

The Point in Time count was completed and another count will occur in January 2013; volunteers are needed. The shelter count starts the week of January 23rd, and DES is in charge of this effort. The Homeless Management Information System (HMIS) will also participate.

The Governor's Homelessness Council will be doing a survey in the summer of 2012, and a tool is being developed.

C. AHCCCS: There was no report.

D. DES/DCYF: Mark Ewy reported that the Child Safety Task Force has convened. Several recommendations were developed, and a full report is available.

E. DES/RSA: There was no report.

VIII. T/RBHA Updates

CPSA: Phyllis Grant distributed the Crisis Response Center's report to the Governance Council, which identifies the number of children and adults served, number of court ordered evaluations, discharges to the community, calls to the crisis line, etc.

IX. Announcements

Joe Mucenski reported that the Carondolet Hospital recently closed due to financial reasons. This is a loss of 30 beds to the community.

X. Next Meeting/Agenda for Meeting

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Vicki went over the 2012 schedule:

- February 17th: Phoenix, AHCCCS
- March 16th: Phoenix, DBHS, ADC is guest speaker
- April 20th: Parker, meeting site is tentative
- May 18th: Cottonwood, Verde Valley Guidance Clinic
- June 15th: Tucson, CPSA, guest speakers of integrated programs
- September 21st: TBD
- October 19th: Show Low, Community Counseling Center
- November 16th: Tucson, AZ Children Association
- December 14th: TBD, Phoenix

XI. **Call to the Public**

There was no response.

XII. **Adjournment**

The meeting was adjourned at 12:18 p.m.