MEMORANDUM

TO: AZ BEHAVIORAL HEALTH PLANNING COUNCIL
FROM: ANNE ROCK-OFFICE OF INDIVIDUAL & FAMILY AFFAIRS
DATE: MARCH 10, 2011
RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of February 16, 2011, and the agenda for our next meeting, which is scheduled for:

March 25, 2011
Mohave Mental Health Clinic
3505 Western Avenue
10:00 a.m. – 12:30 p.m.
Kingman, AZ
Telephone: 928-757-8111

Directions to Mohave Mental Health Clinic: From Interstate 40, exit at Stockton Hill Road and turn right. Turn left at Sycamore Avenue (about ¼ mile), and take the first right onto Western Avenue.

Telemedicine is available for this meeting at ADHS/DBHS, 150 North 18th Avenue, Conference Room 215B; CPSA, 2502 North Dodge Boulevard, Tucson, and at the Arizona State Hospital.

All Committees will meet in Bullhead City on March 24th, and telemedicine is available at ADHS/DBHS and CPSA. The full Council meeting is in Kingman, so that we can meet with Dawn Abbott, the Clinic’s Chief Executive Officer.

Please be aware there are some time changes for the Committees in order to accommodate our guest speakers:

- Children: March 24th, 1:00 p.m. – 2:00 p.m. Pat Little-Upah, CEO from Banner Behavioral Health Hospital, is the guest speaker and will join the meeting by telemedicine at DBHS.
- Advocacy & Legislation: March 24, 2011, 2:00 p.m. – 3:00 p.m., Mohave Mental Health Clinic, 1145 Marina Boulevard, Bullhead City. The Committee has invited the ADHS Legislative Liaison to discuss proposed bills and other legislative activities; this will be done by telemedicine.
- Planning & Evaluation: March 24th, 3:00 p.m. – 4:00 p.m.
- Executive: March 24th, 4:00 p.m. – 5:00 p.m.

Directions to Bullhead City: Take Interstate 40 west and take Exit 67, where you will merge with AZ-68 West. Proceed about 28 miles; once you reach Bullhead City, the facility is about five miles from the bridge. Turn right on Marina Boulevard; it will be on the right hand side.

Please email at rocka@azdhs.gov or by telephone, 602-542-1161 or 602-663-7234 if you will be attending by telemedicine or will not be attending.

Thank you very much.

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)
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"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"

(Public Laws 99-660, 100-639, and 102-321)
I. Call to Order & Introductions

The meeting was called to order at 10:08 a.m. A quorum was present, and introductions were made.

II. Approval of January 19, 2011 Minutes

Dan Wynkoop motioned to approve the minutes as written; motion was seconded by Mark Ewy. There was one correction, which was the meeting agenda, item II., Approval of January 19, 2010 minutes. It should be 2011.

The minutes were approved with one correction.
III. Cenpatico Welcome & Presentation

Terry Stevens, Cenpatico’s Chief Executive Officer, welcomed the Council to Cenpatico-Yuma and introduced her staff.

Melinda Vasquez, Cenpatico’s Chief Officer of Cultural and Community Affairs, developed a PowerPoint presentation for the Council. Cenpatico scheduled meetings in their Geographic Service Areas (GSA), and in various communities to talk with community leaders and others to identify what was working, and find out what is needed to improve services. The RBHA received many recommendations and developed a plan to meet those needs.

Cenpatico also established advisory councils in each community. Some counties have two councils, a Community Advisory Council and a Peer and Family Advisory Council. Membership is comprised of peers, family members, and other stakeholders. Each council has a work plan which is developed by its membership according to the issues that need to be addressed. The work plans are flexible in that new issues or goals can be added throughout the year.

Issues that are identified by the local advisory councils are forwarded to Melinda Vasquez, who reports to the Cenpatico leadership team; Cenpatico staff are assigned specific issues to develop and implement solutions.

Cenpatico also has a community re-investment program which can bring in new and innovative services and programs.

Emily Wetter, Cenpatico’s Clinical Director welcomed the Council to their facility, and introduced Maggie Kasparek, Cenpatico’s Business Coach. Maggie reported on Cenpatico’s Business Coaching program. The program goal is to create a way to begin an individual’s path to independence, through entrepreneurship. The program was developed with the Guiding Principles for Recovery-Oriented adult behavioral health services as a cornerstone. Maggie said that she helps the individual to focus on their talents and interests, as well as provide customized support to the individual. Maggie conducts workshops at Cenpatico’s provider agencies; the workshops identify what is needed to become an entrepreneur, and individual appointments are made to further discuss and explore the possibility. Presentations are also made to the employment coordinators at their provider agencies, and Maggie works collaboratively with them.

Some new business entrepreneurs include a handyman; artists; jewelry maker; plumber, web designer, among other vocations.

IV. Yuma Provider Presentation

Tony Alberta from the Living Center was invited to provide information about their program. The Living Center is a peer based recovery center in Yuma, and its purpose as a drop in center is to attract individuals to the facility. It is the first step to engage individuals in service delivery, as outreach and engagement are the most difficult efforts.
Tony distributed its quarterly program evaluation report of service outcomes regarding alcohol and substance use. Data showed a decrease in alcohol use from the baseline to discharge, however there was a slight increase in use following discharge, which is characteristic of addiction treatment programs.

V. ADHS/DBHS Report

Bob Sorce, representing Dr. Laura Nelson, reported on the newspaper article today regarding the proposed rollback of Proposition 204. The Department of Health and Human Services (DHHS) Secretary’s letter to Governor Brewer stated that there is no need for federal government involvement if the State intends to do this. If implemented, approximately 5,200 individuals receiving behavioral health services will be affected. ADHS/DBHS is researching the proposal to determine how they can continue to receive services, and Social Security Medical Assistance Only (SSI-MAO) is one way to accomplish this, so there may be only a small number of individuals that will be impacted.

DBHS is undertaking a new project, which is the Mental Health First Aid (MHFA) training, in response to the Tucson tragedy. It is a 12 hour training to anyone, which will help them in recognizing signs of mental illness. The first “Training of the Trainers” will begin the end of February at CPSA, and will be a week long effort. Thirty individuals will be trained in this first wave. In return for receiving the MHFA training, the new trainers will provide three trainings in a calendar year, at no cost to the attendees.

The second training will be at Magellan for 30 people. DBHS has applied for a federal grant to subsidize the cost of the training.

Dr. Laura Nelson and her fellow state commissioners recently held a conference call with SAMHSA regarding the SAPT and CMHS Block Grants. There were early discussions about merging the two grants together, but this will not occur. However, the prevention piece of the SAPT Block Grant was removed and it will stand alone as its own grant.

The State Seriously Emotionally Disturbed (SED) definition is finalized, and it mirrors the federal definition; the new definition will not impact services and who is served in the children’s system.

Bob also reported that there has been some restructuring at DBHS, and among the changes is the change in Planning Council staff. Anne Rock will be transitioned to the Office of Individual and Family Affairs (OIFA), and the Bureau of Grants Management & Information Systems (BGMIS) will take over the staffing responsibilities.
VI. Arizona State Hospital Report

John Cooper reported on the census: 111 civil patients, and 123 forensic patients. Work continues to progress on the forensic hospital, with an active transition team overseeing the project.

The Hospital continues its WICHE consulting project. As John had reported at the January meeting, the Hospital staff has encountered some issues with contraband entering the SVP and forensic units. Staff are currently working on a contraband protocol for these programs. A similar protocol will also be developed for the civil hospital.

VII. Council Vote for 2011 Vice Chair

Vicki Johnson reported that Dan Wynkoop submitted his resignation yesterday from the Council, effective February 17th. This action has impacted the vote for Vice Chair today. Dan was nominated at the January Council meeting to fill the seat, due to Roberta Brown’s resignation as Chair. There will need to be new nominees for Vice Chair.

Also, Vicki is currently the acting Chair, and a vote is needed to make this official. A paper ballot was distributed to the Council. Joe Mucenski tallied the vote and reported that Vicki was unanimously elected as Chair.

The Council discussed possible nominees for the new Vice Chair. James Russo was nominated, however he asked for some time to confer with his Phoenix Visions of Hope Board of Directors before accepting the nomination.

The vote will take place at the March meeting.

VIII. Committee Reports

A. Executive: Vicki reported that Joe Mucenski had concerns about the election process at the January meeting regarding the re-appointments of five current Council members. After discussion in yesterday’s meeting and consulting the Council By-Laws and Roberts Rules, the Executive Committee stood by their decision and will go forward with the results. Joe requested that the minutes reflect his exception to the decision.

B. Advocacy & Legislation: Steve Carter reported that the Committee discussed the many bills currently in the Legislature. The Committee will have a much clearer picture on what is out there by the March meeting. Steve commented on SB 1519, a proposal to eliminate AHCCCS; this is not a good bill and was not supported. The Committee will invite the ADHS Legislative Liaison to the next meeting to discuss current legislation.
Steve also reported that several letters were mailed to Arizona advocacy organizations to learn what their legislative and budget priorities were, in order to draft the Council position paper. Information has been filtering in.

C. Children: Sue Gilbertson reported that the Committee discussed their emergency room white paper and agreed that more information is needed. A guest speaker from Banner Behavioral Health Hospital is invited to meet with the Committee in March, and Phyllis Grant will arrange for a family to share their experience when the Council meets in Tucson in April.

E. Community Advisory: James Russo reported that he conducted an overview of the Guiding Adult principles to each RBHA. There will be no March meeting, and a guest speaker from a Tucson peer run center will meet with the Committee in April.

F. Planning & Evaluation: Mark Ewy reported that the Committee reviewed the RBHA Block Grant expenditures, with percentages added. The Committee discussed the variance in how the RBHAs spend their funding.

IX. State Agency Updates

A. ADC: There was no report.

B. ADE: There was no report.

C. ADOH: There was no report.

D. AHCCCS: There was no report.

E. DES/DCYF: Mark Ewy reported DES has a new Director, who has extensive experience in the TANF program and food stamps. Regarding the DES budget, it is fortunate that there will be no reduction in staff. Mark also reported on the agency’s Readiness and Permanency project, which creates six partnerships between child welfare and other agencies.

F. DES/RSA: There was no report.

X. T/RBHA Updates

CPSA: Phyllis Grant reported that CPSA is hosting the first wave of Mental Health First Aid training, starting February 28th and ending March 4th. There has been much interest in the training and more will be conducted in other parts of the state.
XI. Announcements

Gita Enders announced that she will meet with NARBHA leadership to talk about the possibility of her being appointed as the NARBHA/RBHA representative on the Council. This would open a slot for the Northern Arizona region if this happens.

Joe Mucenski announced that the Schorr Family award was given to Dr. Thomas Insel, Director of the National Institute of Health (NIMH).

Phyllis Grant announced that the Recovery and Wellness Community Fair will be May 19, 2011 in Tucson.

XII. Next Meeting/Agenda for Meeting

The next meeting is scheduled for March 25, 2011, 10:00 a.m. to 12:30 p.m., Mohave Mental Health Clinic, 3505 Western Avenue, Kingman. Agenda items include a presentation from Mohave Mental Health Clinic’s Chief Executive Officer, Dawn Abbott, and the vote for the new Vice Chair of the Planning Council.

The Committees will meet at the Mohave Mental Health Clinic in Bullhead City on March 24th. Telemedicine will be available at ADHS/DBHS, 150 North 18th Avenue, Conference Room 215B, Phoenix, and at CPSA, 2502 North Dodge Boulevard, Tucson.

- Children: 1:00 p.m. – 2:00 p.m. A guest speaker from Banner Behavioral Health Hospital will meet with the Committee.
- Advocacy & Legislation: 2:00 p.m. – 3:00 p.m. The Committee has invited the ADHS Legislation Liaison to meet with the members.
- Planning & Evaluation: 3:00 p.m. – 4:00 p.m.
- Executive: 4:00 p.m. – 5:00 p.m.

XIII. Call to the Public

Serafin Perez thanked the Council for coming to Yuma and shared some information about his experience in the behavioral health system. Mr. Perez has applied for Council membership as a consumer representative, and was invited to attend today’s meeting. Serafin spoke of his work at Arizona Counseling and Treatment Services (ACTS) and his work in the community.

XIV. Adjournment

The meeting was adjourned at 12:25 p.m.