MEMORANDUM

TO: AZ BEHAVIORAL HEALTH PLANNING COUNCIL
FROM: ANNE ROCK-OFFICE OF INDIVIDUAL & FAMILY AFFAIRS
DATE: NOVEMBER 8, 2011
RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of October 21, 2011, and the agenda for our next meeting, which is scheduled for:

November 16, 2011
10:00 a.m. – 12:30 p.m.
Cenpatico
1501 West Fountainhead Parkway
Second Floor Conference Room
Tempe, AZ
Telephone: 1-866-495-6738 (main #)

Cenpatico is located approximately 1/4 mile south of Broadway Road and Priest Drive in Tempe. Fountainhead Parkway is the street that will take you to the office complex. Please park in the uncovered part of the parking garage (top of the garage).

Terry Stevens, Cenpatico's Chief Executive Officer, will meet with the Council.

Telemedicine is available for this meeting at ADHS/DBHS, 150 North 18th Avenue, Phoenix, Conference Room 295B, Arizona State Hospital, and CPSA, 2502 North Dodge Boulevard, Tucson.

The following Committees will meet in November:
Planning & Evaluation, November 15, 2011: 1:00 p.m. – 2:30 p.m.
Children, November 15, 2011: 2:30 p.m. - 3:00 p.m.
Advocacy & Legislation, November 15, 2011: 3:00 p.m. – 4:00 p.m.
Executive, November 15, 2011: 4:00 p.m. – 5:00 p.m.
Community Advisory, November 16, 2011: 4:00 p.m. to 5:00 p.m. (Note this is a special day and time).

Please email me at rocka@azdhs.gov or by telephone, 602-663-7234 if you will be attending by telemedicine, or will not be able to attend.

Thank you very much.

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)
AGENDA

I. Call to Order & Introductions
   Vicki Johnson, Chair

II. Approval of October 21, 2011 Minutes
    Chair

III. Cenpatico Welcome and Presentation
     Terry Stevens

IV. ADHS/DBHS Report
    Dr. Laura Nelson

V. Arizona State Hospital Report
    Cory Nelson

VI. Vote for Re-Appointment of Members
    Chair

VII. Committee Reports
    A. Executive
       Vicki Johnson
    B. Advocacy & Legislation
       Steve Carter
    C. Children
       Sue Gilbertson
    D. Community Advisory
       Gita Enders
    E. Planning & Evaluation
       Mark Ewy

VIII. State Agency Updates
    A. ADE
       Candice Trainor
    B. ADOH
       Karia Basta
    C. AHCCCS
       Kristin Frounfelker
    D. DES/DCYF
       Mark Ewy
    E. DES/RSA
       Letitia Labrecque

IX. T/RBHA Updates
    Chair

X. Announcements
   Chair

XI. Next Meeting/Agenda
    Chair

XII. Call to the Public
     Chair

XIII. Adjournment
      Chair

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)
MEETING OF OCTOBER 21, 2011
WEST YAVAPAI GUIDANCE CLINIC
3112 CLEARWATER DRIVE, SUITE B
PRESCOTT

Members Present
Vicki Johnson, Chair
Tonya Aleisawi-via telemed
Jennifer Alewelt-via telemed
John Baird
Karia Basta-via telemed
Gita Enders
Mark Ewy
Sue Gilbertson
Phyllis Grant
Dan Haley
Sandi Koloske
Cory Nelson
Ann Froio for
Dr. Laura Nelson-via telemed
James Russo
Candice Trainor-via telemed

Members Absent
Steve Carter
Julia Engram
Kristin Frounfelker
Janet Fuhriman
Letitia Labrecque
Alida Montiel
DBHS Staff
Heather Ellis/BGMIS
Anne Rock/OIFA
Guest
Laura Norman

I. Call to Order & Introductions

The meeting was called to order at 10:10 a.m. A quorum was present, and introductions were made.

II. Approval of September 21, 2011 Minutes

Dan Haley motioned to approve the minutes; Gita Enders seconded the motion. The minutes were approved with two corrections: Agenda item VII, State Agency Updates, AHCCCS Report: The total number of Title XIX eligible individuals was 1,162,344. Also, DES/DCYF Report: third line was corrected as follows: "medical marijuana will not be covered by CMDP".

III. West Yavapai Guidance Clinic Presentation

Laura Norman, Director of Development and Communications, welcomed the Council to Prescott and their new facility.

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Ms. Norman provided an overview of West Yavapai Guidance Clinic (WYGC). The clinic is celebrating its 45th anniversary as a non-profit 501C3 mental health services provider. WYGC serves the entire population from infancy to older adults. Although WYGC primarily serves the western county, their programs reach even farther. Their service area extends to Black Canyon City to the south and Seligman to the north. Over 7,000 individuals were provided services in the past year.

Regarding services for older adults, WYGC has the Senior Peer Program, which is a prevention program to help older adults maintain healthy emotional lives. Services are provided at no cost, and the program is peer driven. The program trains elders to re-engage other elders in the community. There are five support groups, and the topics can be anything; it is not specific to diagnoses, and WYGC staff do not attend the groups. WYGC partners with a local faith based organization, and they provide transportation and a meeting space.

Regarding services to American Indians, there is a small, wealthy tribe located in the area. The Yavapai Apache Tribe has approximately 200 members, and their mental health care is provided on reservation. WYGC does serve some members, especially at their Windsong facility in Prescott Valley.

WYGC will be implementing a new integrated primary and mental health care program, using the Stanford model (chronic disease model). Staff are working with OBHL to address the licensing issues before it opens.

Some of the changes WYGC is experiencing are the budget cuts. The clinic's adult staff were the most impacted, but the children's staff were not cut back as much. The clinic's telemedicine room was renovated to become a medical records room. WYGC does some private fundraising and was able to raise enough funding for a case manager to work with the non-Title XIX adult SMI population.

Regarding transitional age youth, a youth receiving services from WYGC will be transferred to the adult team, unless the youth wants to stay with their provider. WYGC offers in-house services to young adults; these are independent living skills such as how to be responsible, pay bills and manage a budget, etc.

Sue Gilbertson commented that there are other issues with the transition age youth's family members. How are they involved in the youth's services? Laura responded that family members are referred to the local NAMI chapter; WYGC staff attend the meetings and provide information to the group. A NAMI board member also serves on the WYGC board.

Dan Haley commented that regarding the member's release of information, staff at HOPE, Inc., will take phone calls from the member's family, so the family can communicate any concerns they have. Staff do not provide information, but they do listen to the family's concerns.
IV. **ADHS/DBHS Report**

Ann Froio, representing Dr. Nelson, reported that due to changes in the SAPT and CMHS Block Grants, substance abuse must now be represented on the Planning Council.

A meeting is scheduled with members of the Planning Council's Children's Committee and Dr. Sara Salek regarding their white paper on children and emergency room waits.

Vicki Johnson added that the Arizona Substance Abuse Partnership (ASAP) is currently the overseeing body for the SAPT Block Grant. The Executive Committee met with Dr. Nelson at their meeting yesterday, and the result was that Dr. Nelson would do some further research on this.

Ann also reported that DBHS is currently undergoing a review of its infrastructure and internal resources.

V. **Arizona State Hospital Report**

Cory Nelson reported that the Hospital census is 237 residents: 116 civil placements; 121 forensic placements. The average Hospital census has been at 236. There were five discharges and four admissions in the past month.

The forensic hospital held their open house on October 5th. There were over 200 people who attended the event, and one of the speakers was Sue Gilbertson, representing family members and advocates.

There have been some staffing changes: Dr. Treet has left the Hospital, and Dr. Sylvia Deed, psychiatrist, has joined the staff. The Hospital is recruiting for a Medical Director and a Deputy Medical Director. Also, a new Quality Management Director will be joining the Hospital on November 28th. The APCTC is also recruiting a Director for the unit.

A presentation regarding the ADHS/DBHS strategic plan will be held on November 2nd. The Hospital is playing a large role in the plan; some changes include the "culture of care", and visitation policies are also being reviewed to ensure family friendliness. Two new policies will be implemented November 1st regarding the staff dress code and contraband. Also, security policies will be revamped, in order not to traumatize the person, keeping with the Trauma Informed Care philosophy.

VI. **Vote For Re-Appointment of Members**

Vicki reported that the Council will vote at the November meeting on the re-appointment of four Council members. Proxy votes will be allowed. For members participating via telemedicine, their ballots will be faxed to Vicki and Anne Rock; fax numbers will be on the ballot.
Joe Mucenski reported that he would not be returning as a member, and requested that his name be removed from the ballot.

VII. Committee Reports

A. Executive: Vicki reported on the September meeting survey: the scores were 4s and 5s, and comments included: Is there a way to add that the highest score means "yes"; "good meeting", and a recommendation that some of the presenters speak louder.

The Committee will be reviewing the Council By-Laws at the November meeting, and any suggested changes will be reported out at the full Council meeting.

Dan Haley requested that the Council consider moving the two day meetings to Thursday and Friday. A motion was made and seconded. A paper ballot was distributed to the Council physically present at the meeting. The motion passed with one nay.

The Executive Committee also had a motion on the table from their meeting yesterday. The motion was to change the meeting structure, and have two meetings without telemedicine, to allow organizations to host without requiring this technology, and the remaining eight meetings with telemedicine availability. The motion did not require a second, and passed unanimously.

B. Advocacy & Legislation: There was no report.

C. Children: Sue Gilbertson reported that the Committee will be meeting with Dr. Sara Salek, DBHS Children's Medical Director, to discuss the white paper. The Committee discussed the need for a consistent suicide prevention curriculum in the schools, and transition age youth needs. Suicide prevention is being reviewed in the Tucson school district.

The Arizona Children's Executive Committee recently developed training on transition age youth that will be available via webinar.

The Committee's 2012 agenda will include a review of Arizona school districts and their suicide prevention curricula, to determine what exists and what is needed. Candice Trainor commented that there is no statewide initiative.

Phyllis Grant commented that the "OPTIONS" program is very robust in Pima County schools.

D. Community Advisory: Gita Enders reported that NAZCARE staff did not present at the meeting as planned. Regarding the November meeting at Cenpatico, Tom Kelly, Individual and Family Affairs Coordinator, will meet with the Committee to give an update on activities and programs for peers and family members.

E. Planning & Evaluation: Mark reported that the Committee met with Bob Sorce, ADHS/DBHS Assistant Director, to discuss the activities around the RFI.
The Committee also voted and approved a change in the funding allocation for the CMHS Block Grant, to expand it to non-Title XIX children with SED, to provide covered services, as funding is allowed. The motion did not require a second, and was passed unanimously by the Council.

IX. State Agency Updates

A. ADC: There was no report.

B. ADE: Candice Trainor reported that over 800 people attended the 11th Annual Transition Conference, held October 2nd through the 5th. The mental health transition workshop had the largest number of attendees, and ADE management acknowledged the need based on the evaluations received. ADE is also planning public forums in some Arizona counties.

C. ADOH: Karia Basta reported on the Continuum of Care housing grants; over 30 grants will be awarded, and ADOH is pursuing two additional grants: U.S. Vets, and Project AWARE, which are permanent housing programs. ADOH hopes to expand housing to an additional 18 units in Mohave County; also, 11 units are planned for the NARBHA region (Coconino, Apache, and Navajo counties). Karia attended the Arizona Coalition to End Homelessness conference, which was held at the Talking Stick resort. Agenda items included a track for educators; each school has a homeless coordinator.

D. AHCCCS: There was no report.

E. DES/DCYF: Mark Ewy reported that there has been much media attention lately on CPS. DES has hired an independent evaluator to review the current process. There has been an increase in referrals to the hotline. Staff have massive caseloads. The problems include how to have more manageable caseloads, and how to reduce the investigation timeline. Arizona's caseloads are the highest in the U.S.

Arizona has a mandate to investigate 100% of calls to the hotline; other states do not have this mandate. CPS ends up investigating some low priority cases due to the mandate.

F. DES_RSA: There was no report.

X. T/RBHA Updates

CPSA: Phyllis Grant reported that the Crisis Response Center held its grand opening on October 15th. Phyllis distributed two documents about the southern Arizona's crisis response network, which identified different data, such as the number of individuals served, wait times, etc.
James Russo suggested that the Council meet at the Crisis Response Center in January 2012. This will be considered for the 2012 schedule.

Phyllis also reported that the annual CPSA Art Show was very well attended, with many peers and family members also attending.

The CPSA Office of Individual and Family Affairs continue their work to engage youth and families, and recently developed a training on this topic.

XI. Announcements

There were no announcements.

XII. Next Meeting/Agenda for Meeting

The next meeting is scheduled for November 16, 2011, 10:00 a.m. to 12:30 p.m., 1501 West Fountainhead Parkway, 2nd Floor Conference Room, Tempe. Agenda items include a presentation from Cenpatico staff.

The following Committees will meet:
- Planning & Evaluation: November 15th, 1:00 p.m. – 2:30 p.m., ADHS/DBHS, 150 North 18th Avenue, Conference Room 295B, Phoenix.
- Children: November 15th, 2:30 p.m. – 3:00 p.m., ADHS/DBHS.
- Advocacy & Legislation: November 15th, 3:00 p.m. – 4:00 p.m., ADHS/DBHS.
- Executive: November 15th, 4:00 p.m. – 5:00 p.m., ADHS/DBHS.
- Community Advisory: November 16, 2011, 9:00 a.m. – 10:00 a.m., Cenpatico.

Telemedicine will be available at ADHS/DBHS, 150 North 18th Avenue, Conference Room 295B, Phoenix, Arizona State Hospital, and CPSA, 2502 North Dodge Boulevard, Tucson.

XIII. Call to the Public

There was no response.

XIV. Adjournment

The meeting was adjourned at 12:00 p.m.