MEMORANDUM

TO: AZ BEHAVIORAL HEALTH PLANNING COUNCIL

FROM: ANNE ROCK, RECOVERY COORDINATOR
ADHS/DBHS/OFFICE OF INDIVIDUAL & FAMILY AFFAIRS

DATE: MAY 15, 2013

RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of April 26, 2013, and the agenda for our next meeting, which is scheduled for:

May 24, 2013
10:00 a.m. – 12:30 p.m.
Rim Guidance Clinic-Southwest Behavioral Health Services
404 West Aero Drive
Payson

Nanci Stone will meet with the Council and provide a report on Rim Guidance Clinic.

Directions to Rim Guidance Clinic: From Phoenix, take AZ 87 north to Payson. Aero Drive is in the south end of Payson, and you will turn left. Aero Drive is located by a large gas station.

There is no telemedicine available for this meeting. Telephone conferencing is available and a conference room has been reserved at ADHS/DBHS, 150 North 18th Avenue, Conference Room 285B, for those members who can’t travel to Payson and wish to attend together in Phoenix. The telephone number to call in is (877) 618-9473, then enter Conference code: 2632219058. You may also join the meeting from the comfort of your home or office.

The following Committees will meet on May 23, 2013, at Rim Guidance Clinic:

- Planning & Evaluation: 1:00 p.m. – 2:30 p.m.
- Community Advisory: 2:30 p.m. – 3:30 p.m.
- Advocacy & Legislation: 3:30 p.m. – 4:30 p.m. Colby Bower will meet to discuss legislation.

The following Committee will meet on May 24, 2013, at Rim Guidance Clinic:

- Executive: 9:00 a.m. – 10:00 a.m.

Please email me at rocka@azdhs.gov or by telephone, 602-663-7234 or 602-614-0563 if you will be attending by telemedicine, or to let me know that you will not be able to attend.

Thank you very much.

“...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)
MEETING OF MAY 24, 2013
10:00 A.M. – 12:30 P.M.
RIM GUIDANCE CLINIC-SWBH
404 WEST AERO DRIVE
PAYSON

AGENDA

I. Call to Order & Introductions Vicki Johnson, Chair

II. Approval of April 26, 2013 Minutes Chair

III. Rim Guidance Clinic Update Nanci Stone

IV. ADHS/DBHS Report Cory Nelson

V. Arizona State Hospital Report Donna Noriega

VI. Committee Reports
   A. Executive Vicki Johnson
   B. Advocacy/Legislation Steve Carter
   C. Community Advisory Dan Haley
   D. Planning & Evaluation Vicki Johnson

VII. State Agency Updates
    A. AHCCCS Kristin Frounfelker
    B. ADOH Maureen Rooney
    C. DES/DCYF Michael Carr
    D. DES/RSA Andrea Benkendorf

VIII. T/RBHA Updates Chair

IX. Other Business/Announcements Chair

X. Next Meeting/Agenda Chair

XI. Call to the Public Chair

XII. Adjournment Chair

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)
MEETING OF APRIL 26, 2013
CPSA-PLAZA ARBOLEDA
2502 NORTH DODGE BOULEVARD
TUCSON

I. Call to Order & Introductions

The meeting was called to order at 11:09 a.m. A quorum was present, and introductions were made.

II. Approval of March 22, 2013 Minutes

John Baird motioned to approve the minutes; Sandra Koloske seconded the motion. The minutes were approved as written.

III. Casa Grande Alliance Presentation

Cindy Schaider, Director of the Casa Grande Alliance, was invited to meet with the Council to discuss the work of Coalitions across the state. There are different models.

Cindy reported there are ten Coalitions in Pinal County. The Coalitions differ in structure, some are non-profits, some serve as fiscal agents, and some have no non-profit status at all; they are purely grassroots.

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CGA, Inc., was formed in 2007 and incorporated in 2009, so that they could pursue funding on their own. CGA has four FTEs, one half time, four casual laborers, and two contractors (an evaluator and a finance manager). Their mission is to build partnerships and work together to prevent substance abuse and violence among youth and adults; foster healthy individuals and safe communities, and reduce substance abuse and its consequences. CGA believes substance abuse is preventable and treatable. A community assessment is done to determine needs, including looking at risk and protective factors for substance abuse and available resources. A logic model is developed that describes the problem, key factors behind substance abuse, the causes of substance abuse, and how can this be changed.

Cindy spoke of environmental strategies and how community values and social norms be changed. An evaluation is also completed to see how well the strategy is working. The efforts must also be sustained.

Cindy shared CGA’s current strategic plan, and identified some of their activities. Coalition members take pieces of the plan and implement them, and what is left over will be implemented by CGA’s staff. Cindy provided several scenarios of youth and drug usage, and the strategies for prevention and usage. For example, there is a prescription drop off program that is in several counties and has proven to be successful.

The Alliance also provides community awareness and education, and works with SADD in three different high schools; over 80 students participate in the three chapters. True social norms are identified, as compared to perceived social norms; for example, students may think that 80% of their peers are smoking marijuana, where it is really only 33%. Resources are also shared with the community for treatment of substance abuse.

Cindy distributed the Casa Grande Alliance card, which identifies treatment resources; this 4 x 6 inch card is distributed widely in the community.

IV. ADHS/DBHS Report

There was no report.

V. Arizona State Hospital Report

Donna Noriega reported that the current census is 243. Some of the activities the Hospital is involved with are changes in Hospital culture. The Hospital is participating in a national initiative with the National Council of Behavioral Health on Trauma Informed Care. A kickoff meeting was held a few weeks ago, to learn how to address trauma and its prevalence with adults with SMI.
The Hospital is involved in a violence AWOL risk assessment project and is working with WICHE. WICHE had conducted an onsite visit and is currently researching tools, and this should be ready by June.

The Hospital is also continuing its non-violent crisis intervention project; an annual refresher training is being conducted regarding effective limit setting, to help staff learn more tools to deal with de-escalating patients without having any power struggles.

The Human Rights Committee was recently re-established; they are reviewing Hospital incident and accident reports and they are still learning what is needed.

Donna also reported that two civil patients recently escaped from the Hospital, into the parking lot and into the street. Due to this, some modifications were made to the Hospital’s interior windows to prevent future incidents.

The Department of Administration approved a salary increase for the Hospital’s psychiatrists, which should help in recruiting efforts. It is hoped that the position will be filled in the next month. The Chief Nursing Officer has resigned and the Hospital will be recruiting for this position.

The Hospital’s Social Work department will be starting a family support group.

VI. Committee Reports

A. Executive: Phyllis Grant reported that the Committee discussed definitions of family members, peer and family run organizations, and SAMHSA/DBHS requirements. The Committee also reviewed Council membership and there are no re-appointments at this time.

B. Advocacy/Legislation: James Wilson reported that the legislative session is winding down to a three day work week. They are working on Medicaid expansion and the budget. It is critical to show support for the Medicaid expansion

C. Community Advisory: Phyllis reported that the Committee heard a presentation regarding CPSA’s “Rally Point” program. This was a one year grant funded program but CPSA saw the need for the program and has continued to fund it with community re-investment dollars. The program has served 220 individuals since January 2013. There was also an issue raised about non-Title XIX transition age youth not receiving their SMI determination per the state timelines. This will be further discussed at the May meeting.
D. Planning & Evaluation: Phyllis reported that Kelly Charbonneau met with the Committee to discuss the ADHS/DBHS ASOC Plan. Ed Dizon from DBHS also met with the Committee to review the CMHS SED/SMI Block Grant expenditures.

VII. State Agency Updates

A. AHCCCS: Shannon Shiver, representing Kristin Frounfelker, reported that AHCCCS awarded the contracts for acute care; every acute plan received a contract, with the exception of Bridgeway, Blue Cross Blue Shield and Phoenix Health Plan. They received capped contracts; this means they cannot enroll new members. United Healthcare received the Children’s Rehabilitative Services contract; as part of the new contract, CRS will now be responsible for behavioral health care.

Arizona withdrew from the demonstration project with Medicare, as AHCCCS had a January 2014 deadline and they didn’t feel they would be ready for implementation. However, AHCCCS continues to work with CMS in its current structure regarding Medicare.

Governor Brewer was informed yesterday that 63,000 childless adults will lose eligibility as of January 2014. The Governor informed the Legislature that there are four options: 1) state only funds for childless adults; 2) restore AHCCCS coverage for all childless adults, which would deplete the rainy day fund and put pressure on the general fund; 3) terminate childless adults’ coverage of benefits, and 4) enact Medicaid expansion.

B. ADOH: Maureen Rooney reported that ADOH is working on administrative activities regarding the new HEARTH legislation, as well as working in committees with the Balance of State counties to conduct a coordinated assessment and referral process for homeless and housing issues. Meetings are monthly and membership is open. ADOH is working to expand membership in the Continuum of Care, for example, members are being recruited for its Operations and Guidance Committee, which will formulize a board structure for the Continuum of Care.

ADOH is finalizing the numbers for the homeless count and should have this for the May meeting.

C. DES/DCYF: Mike Carr reported that the CPS hotline has been re-organized for better customer service. The work shifts have been restructured to allow for quick adaptation of shifts based on call volume. There is also dedicated staff to take the general information and resource calls, which will free up staff for abuse and neglect reports.
DCYF will undergo its Title IV-E audit next week; this is their major funding stream from the federal government, such as housing for CPS and foster children, as well as training. DES is only allowed to have three errors; if more, there will be financial sanctions.

D. DES/RSA: There was no report.

VIII. T/RBHA Updates

Phyllis Grant reported that CPSA is hosting its annual community forum on May 9th. CPSA is preparing for three Arizona Dialogues; they will focus on integrated care and peer and family support.

IX. Other Business/Announcements

Jacqueline Villa-Baze from La Frontera Arizona provided a presentation of the Family Passages program in Tucson. This program focuses on refugees and immigrants, and Arizona is the leading refugee resettlement site in the country; 9,047 refugees arrived in Arizona between 2004-2007.

Children of refugees are at risk for dangerous behaviors, even more so than American children. They have faced much trauma, such as fleeing war, persecution, torture, and death. Also, the parents are unprepared for the realities of raising their children in the U.S.

Family Passages began in 2001 with a three year SAMHSA grant; the program provides family education with a parent group and a children’s group; the initial ethnicities were Russian and Spanish, and then the former Yugoslavia. Now there are refugees from all over the world. When the grant funding ended, CPSA provided the funding for the program to continue. This led to the creation of the Refugee Integrated Service Provider Network of Tucson (RISP-Net). The purpose of RISP-Net is to eliminate the issues impacting successful integration of refugee families in Tucson, and to work collaboratively for systems change. RISP-Net has several committees to assist them in their work, such as Community Education, Primary Health Care, Language Services, among others.

Jacqueline shared the program’s successes, which were many. For example, an informal assessment was conducted of youth and family needs, which resulted in a Pima County Public Library program for refugee families on topics they are interested in. There was a brief question and answer session following Ms. Villa-Baze’s presentation.

Mike Carr announced that May is Children’s Mental Health month; Mike will be speaking with Native Connections and People of Color Network on May 8th.
Phyllis announced that the Pima County Peer and Family Coalition will host a town hall on May 15th. ACERS youth group will be in attendance and share their experiences with mental illness.

The Family Involvement Center and MIKID will host a picnic on May 4th in Phoenix. There are many activities in the month of May to recognize children’s mental health.

X. Next Meeting/Agenda for Meeting

The next meeting will be May 24, 2013, 10:00 a.m. to 12:30 p.m., at Rim Guidance Clinic, 404 West Aero Drive, Payson. **There is no telemedicine available for this meeting. Telephone conferencing is available**, and Conference Room 285B is reserve for Council members who can’t attend the meeting in Payson. You can also participate at your office or home. The telephone number to call in is **(877) 618-9473**, then enter **Conference code: 2632219058**.

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- Executive: 9:00 a.m. – 10:00 a.m.

Telephone conferencing is available for all Committees.

XIII. Call to the Public

There was no response.

XIV. Adjournment

The meeting was adjourned at 12:45 p.m.