MEMORANDUM

TO:        AZ BEHAVIORAL HEALTH PLANNING COUNCIL
FROM:  ANNE ROCK, RECOVERY COORDINATOR
        ADHS/DBHS OFFICE OF INDIVIDUAL & FAMILY AFFAIRS
DATE:    NOVEMBER 7, 2012
RE:      NEXT SCHEDULED MEETING

Enclosed are the minutes of October 19, 2012, and the agenda for our next meeting, which is scheduled for:

November 16, 2012
10:00 a.m. – 12:30 p.m.
Centered Spirit Program
Pascua Yaqui Tribe
7490 South Camino de Oeste
Tucson
Main Telephone # 520-879-6060

Directions:

Telemedicine for this meeting will be available at ADHS/DBHS, 150 North 18th Avenue, Conference Room 215B, the Arizona State Hospital, and Mohave Mental Health Clinic, Lake Havasu City.

The following Committees will meet on November 15, 2012, at CPSA, Plaza Arboleda, 2502 North Dodge Boulevard, Tucson:

- Planning & Evaluation: 1:00 p.m. – 2:00 p.m.
- Community Advisory/Children: 2:00 p.m. – 3:00 p.m.
- Executive: 3:00 p.m. – 4:00 p.m.

Telemedicine will be available for all Committees at ADHS/DBHS, Conference Room 215B, 150 North 18th Avenue, Phoenix.

Please email me at rocka@azdhs.gov or by telephone, 602-663-7234 if you will be attending by telemedicine for the Committees, or to let me know that you will not be able to attend.

Thank you very much.
MEETING OF NOVEMBER 16, 2012
10:00 A.M. – 12:30 A.M.
CENTERED SPIRIT PROGRAM
PASCUA YAQUI TRIBE
7490 SOUTH CAMINO DE OESTE
TUCSON

AGENDA

I. Call to Order & Introductions      Vicki Johnson, Chair
II. Approval of October 19, 2012 Minutes      Chair
III. Centered Spirit Program Welcome      TBA*
IV. ADHS/DBHS Report      Cory Nelson
V. Arizona State Hospital Report      Donna Noriega
VI. Committee Reports
   A. Executive      Vicki Johnson
   B. Children & Community Advisory      Dan Haley
   C. Planning & Evaluation      Vicki Johnson
VII. State Agency Updates
   A. AHCCCS      Kristin Frounfelker
   B. ADE      Candice Trainor**
   C. ADOH      Maureen Rooney
   D. DES/DCYF      Michael Carr
   E. DES/RSA      Andrea Benkendorf
VIII. T/RBHA Updates      Chair
IX. Other Business/Announcements      Chair
X. Next Meeting/Agenda      Chair
XI. Call to the Public      Chair
XII. Adjournment      Chair

*To be announced
**tentative

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan”
(Public Laws 99-660, 100-639, and 102-321)
I. Call to Order & Introductions

The meeting was called to order at 10:07 a.m. A quorum was present, and introductions were made.

II. Approval of September 20, 2012 Minutes

John Baird motioned to approve the minutes; Tonya Aleisawi seconded the motion. The minutes were approved as written.

III. Community Counseling Center Welcome

Jeff Oakes, Chief Executive Officer of Community Counseling Centers, welcomed the Council to Show Low.

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(Public Laws 99-660, 100-639, and 102-321)
Jeff reported that the Community Counseling Center (CCC) has been in business for 45 years. Outpatient clinics are located in Holbrook, Winslow, and Show Low, and a new clinic was opened in Snowflake. The new clinic is seeing between 20-25 intakes each week, and has been welcomed by the community. There is an inpatient psychiatric Level I Medicare certified 16 bed facility located in Lakeside; this became certified a year ago.

Although CCC has its share of challenges as other providers across the state, they remain focused on quality care and its members.

Vicki Johnson asked about the status of integrated health for CCC; Jeff said that they are working with North Country, which is a PCP company, and also located next to CCC. A memorandum of understanding is in place; North Country will be bringing in a nurse and doctor to this facility at a minimum of once a week. The challenge is the licensing. Staff from North Country and CCC are in place, the facility has been remodeled to be compliant with Licensure, and they are waiting to hear from OBHL.

In Holbrook, CCC also holds a contract with North Country, and due to building limitations, CCC staff are going to North Country to provide behavioral health services to co-clients. Jeff acknowledged that other Northern Arizona providers may be farther ahead in health care integration, but CCC’s ultimate goal is to have contracts with the AHCCCS Health Plans to provide care to adult SMI clients.

CCC has an in-house pharmacy, which is open to members, staff and the community. CCC will also transport medications to their other clinics for members. The members also have a choice to use the local pharmacies, such as Walgreens.

Vicki asked about services for transitional youth. Jeff said that there are no issues regarding the transition from the children’s system to the adult system, as the individual will stay within the same clinic with the same team. They may transition from a child psychiatrist to an adult psychiatrist, but the transition is minimal.

CCC works with the local tribes to develop positive relationships; in fact he was meeting with the Hopi Tribe in his office and stepped out to meet with the Council for today’s meeting. Some challenges he sees in working with the tribes is the contract process; it is very difficult to get a contract, as it could take years. For now, CCC works through memorandums of understanding and single case agreements, and developing partnerships. CCC is taking inpatient tribal members from White Mountain Apache, Hopi and Navajo tribes through memorandums of understanding.

IV. AHCCCS Update: ACA

Linda Skinner reported on the Health Insurance Exchange and Medicaid expansion. Anyone under the age of 65 years who does not have Medicare must have health insurance coverage by January 1, 2014, and every state must have a Health Insurance Exchange in operation by October 1, 2013 to handle open enrollment, which ends January 1st. This will be a government operated marketplace where people can select and purchase health insurance.
Arizona is planning their system to be comprehensive and integrated, where people can apply for all forms of public assistance, such as AHCCCS and TANF. The Governor must make a decision if Arizona will develop the Health Insurance Exchange; if the state doesn’t, the federal government will assume responsibility. The decision will be made in November.

The Supreme Court recently made a ruling on Medicaid expansion, which will impact Arizona. Medicaid expansion is currently up in the air; Arizona must make a decision on expanding the FPL to 133%. AHCCCS has a waiver for childless adults, which is currently frozen for new enrollees; the waiver is set to expire in January 2014. The expectation was that childless adults would be mandatory under Medicaid expansion, and this population was not included. AHCCCS will request the waiver’s reinstatement after January 2014.

The program will be accessible by the Internet and people can apply online or by paper. There will be staff to assist people as well as Navigators (which is a federal requirement).

Arizona has over 97,000 licensed health insurance brokers. There will be many opportunities to assist people.

November is a critical month for Arizona, as this is the due date for submission regarding its Health Insurance Exchange. The federal government will determine if Arizona’s Health Insurance Exchange is viable. The decision will be made by December 31st. Linda added that she didn’t think any state will be certified as it needs to be up and running to determine its viability and no state is at that level of development.

By October 2013 the system will be fully up and operational.

Sue Gilbertson asked if the Governor had selected the State government health insurance plan to be used temporarily until there is official word from the federal government. Linda said that this was true.

Vicki said that the Planning Council wrote a letter to the Governor and AHCCCS Director Tom Betlach regarding the Medicaid Expansion and the Council’s concerns about the essential benefits package. People who fall off Title XIX and go to private insurance will not have the rich array of services that are under the public system. The Council provided some recommendations, including more parity in the essential benefits package, as well as adding a recovery rider on the insurance plan.

V. ADHS/DBHS & Arizona State Hospital Report

Pat Benchik, DBHS Assistant Director, representing Cory Nelson, reported that he is in the fifth week as Assistant Director at DBHS. A major milestone reached by DBHS was the RFP, which was recently released. Responses are due in early January 2013, and the contract will be rolled out October 2013. There will be changes in how the system operates with the contract, and there is also a sense of change at DBHS. There is a pre-bidders conference on November 7th.
Donna Noriega, acting CEO of the State Hospital, reported that there is also a culture of change at the Hospital. Some new hires include Lynda Hoffman, who is the new Chief Nursing Officer.

ASH is recruiting a psychiatrist, and they have had difficulties in filling the position due to stigma, concerns about safety, and dealing with difficult patients. There is a psychiatrist on board but it is temporary. Donna asked the Planning Council for assisting in recruiting a psychiatrist. The Hospital is also recruiting for a Chief Medical Officer.

The Hospital census is a total of 234 patients; 116 civil (some are on the waiting list); and 118 forensic.

VI. Committee Reports

A. Executive: Vicki reported on the outcome of the survey for election of officers discussed at the September meeting. There were three alternatives, and the majority of the Executive Committee selected the option of keeping the current chair and vice chair in office until December 2013 and an election will then take place for new officers. As this was a motion from the Committee, no second is required. The motion passed unanimously.

The September meeting survey (5 were turned in) received 5s and 4s.

Four current Planning Council members are due for re-appointment, and a paper ballot will be distributed with the meeting minutes for November.

The Committee discussed the budget cuts to providers, peer and family run organizations in Maricopa County. These cuts are the result of a change in capitation rates due to the drop in the AHCCCS population. However, the behavioral health population within the AHCCCS population has not gone down in the same proportion as the physical health side. Vicki will be doing some research and bring information back to the November meeting.

B. Children & Community Advisory: Dan Haley reported that the Committee worked on the final revisions of the “My Safety Card”, and is exploring any available funding to print the cards. Gerald Mann also met with the Committee and provided a report on the Discovery Center, which is a Community Service Agency in Show Low.

C. Planning & Evaluation: Vicki Johnson reported that the Committee met with Kelly Charbonneau and she walked them through the new process and requirements of the SAPT/CMHS Block Grants. Vicki asked Kelly to send her the information regarding the new priorities and which Council member was interested, which Vicki will develop into a grid. The Committee also discussed the upcoming changes in the allocation methodology for the SAPT and CMHS Block Grants. Consultants were hired to develop the methodology.
VII. State Agency Updates

A. AHCCCS: Shannon Shiver, representing Kristin Frounfelker, reported that the Governor recently visited AHCCCS to help the agency celebrate its 30th anniversary.

The comment period for the childless adult waiver closes today.

AHCCCS has a sunset hearing on October 25th.

B. ADE: There was no report.

C. ADOH: Maureen Rooney reported that the Housing Forum was recently held in Tucson. ADOH also celebrated its 10 year anniversary.

The Homeownership Prevention (HPRP) money ran out in September. Contracts have been signed for emergency solution grants in rural counties October 1st, so money will be able to assist individuals.

D. DES/DCYF: Mike Carr reported that he attended a meeting in Washington DC with DES and AHCCCS; there is a major study regarding psychotropic drugs and foster children. Among the findings was that these drugs are prescribed 10 times higher than other child populations. The study is available on the ADHS/DBHS website.

DCYF hired a mental health specialist to work with adoptive parents of children with behavioral health needs and help them navigate the behavioral health system.

E. DES/RSA: There was no report.

VIII. T/RBHA Updates

Michele Ralston, NARBHA OIFA Administrator, reported that NARBHA is currently engaged in developing an integrated health care model in conjunction with North Country Health Center and the Guidance Center in Flagstaff. Peer support and the trauma informed care philosophy will be components of the model.

NARBHA received a five year grant to conduct a study, gather data, and provide assessment and perhaps brief intervention for people at risk of substance abuse. This is being done through the Flagstaff Center emergency room as the provider. This will be a pilot in Flagstaff with plans to expand to other parts of Northern Arizona. The grant was awarded due to the high morbidity rate in this part of the state. Peer support will be part of the brief intervention component.
NARBHA is working on a self-developed recovery plan as part of the non-Title XIX SMI funding. The protocol was developed in partnership with the community. This is a simplified beginner recovery tool.

Michele also reported that she is participating on the DBHS committee to review curricula for peer support training from the CSAs.

IX. Other Business/Announcements

There was no other business or announcements.

X. Next Meeting/Agenda for Meeting

The next meeting will be November 16, 2012, 10:00 a.m. – 12:30 p.m., at the Centered Spirit Program, Pascua Yaqui Tribe, 7490 South Camino de Oeste, Tucson. Telephone number is 520-879-6060.

Telemedicine for this meeting will be available at ADHS/DBHS, Conference Room 215B, 150 North 18th Avenue, Phoenix; Arizona State Hospital, and Mohave Mental Health Clinic, Lake Havasu City.

The following Committees will meet on November 15, 2012 CPSA Plaza Arboleda, 2502 North Dodge Boulevard, Tucson:

- Planning & Evaluation: 1:00 p.m. – 2:00 p.m. Kelly Charbonneau will provide an update on the SAPT and CMHS Block Grants, as well as a discussion regarding the allocation methodology for the grants.
- Children & Community Advisory: 2:00 p.m. – 3:00 p.m. Intermountain will join the Committee and provide a report on their program, and Jody Gardner, CPSA OIFA Administrator, will also meet with the Committee.
- Executive: 3:00 p.m. – 4:00 p.m.

Telemedicine for all Committee meetings will be available at ADHS/DBHS in Phoenix.

XI. Call to the Public

There was no response.

XII. Adjournment

The meeting was adjourned at 12:00 p.m.