MEMORANDUM

TO: AZ BEHAVIORAL HEALTH PLANNING COUNCIL

FROM: ANNE ROCK, RECOVERY COORDINATOR
ADHS/DBHS OFFICE OF INDIVIDUAL & FAMILY AFFAIRS

DATE: OCTOBER 12, 2012

RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of September 21, 2012, and the agenda for our next meeting, which is scheduled for:

October 19, 2012
10:00 a.m. – 12:30 p.m.
Community Counseling Center
2500 East Show Low Road
Show Low

Directions: Take AZ 87 to Payson, and go through town until you reach AZ 260; turn right. Once you reach Show Low, turn left on U.S. 60. Go through town and turn right onto AZ 260. Turn left onto Show Low Lake Road, where the hospital is located. CCC is past the hospital.

Telemedicine for this meeting will be available at ADHS/DBHS, 150 North 18th Avenue, Conference Room 215B, and CPSA, 2502 North Dodge Boulevard, Tucson.

The following Committees will meet on October 18, 2012, at Community Counseling Center:
- Planning & Evaluation: 1:00 p.m. – 2:00 p.m.
- Community Advisory/Children: 2:00 p.m. – 3:00 p.m.
- Executive: 3:00 p.m. – 5:00 p.m.

Telemedicine will be available for all Committees at ADHS/DBHS, Conference Room 215B, 150 North 18th Avenue, Phoenix, and CPSA, Plaza Arboleda, 2502 North Dodge Boulevard, Tucson.

Please email me at rocka@azdhs.gov or by telephone, 602-663-7234 if you will be attending by telemedicine for the Committees, or to let me know that you will not be able to attend.

Thank you very much.
ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL  
150 North 18th Avenue, 2nd Floor  
Phoenix, Arizona 85007

MEETING OF OCTOBER 19, 2012  
10:00 A.M. – 12:30 A.M.  
COMMUNITY COUNSELING CENTER  
2500 EAST SHOW LOW LAKE ROAD  
SHOW LOW

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*tentative

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"  
(Public Laws 99-660, 100-639, and 102-321)
I. Call to Order & Introductions

The meeting was called to order at 10:08 a.m. A quorum was present, and introductions were made.

II. Approval of June 14, 2012 Minutes

Dan Haley motioned to approve the minutes; James Russo seconded the motion. The minutes were approved as written.

III. CRIT-Behavioral Health Welcome & Presentation

Dr. Kimberly Campbell, Clinical Director for the program, welcomed the Council to Parker.

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)
CRIT Behavioral Health Program is a 93-638 (Indian Health Services) program, and also hold a contract for state funding (not IGA) with ADHS/DBHS. The program staff is comprised of one psychologist, one marriage and family therapist, and six other counselors. Behavioral health services are available for anyone that qualifies for the program. The Tribe also has an Alcohol and Substance Abuse (ASAP) program, and although the two programs work together, they are separate programs. The ASAP program employs ten staff, including five Substance Abuse Counselors, one Placement Coordinator, one Peer Support Specialist, in addition to support staff. The ASAP uses the “Matrix” model (which is an evidence based practice as identified by SAMHSA).

The Matrix program is comprised on 96 components designed to be completed in a four month period, and that has presented problems to the participants in the program, as some do not finish the program as designed. They provide living skills services in the detention centers; a DUI program which follows the State regulations, but isn’t a State licensed program. They can only process tribal members. Transportation is also offered, as public transportation doesn’t exist.

ASAP also sponsors various community events, such as the Community Awareness event. This is held at the Blue Water Resort, and includes a dinner and presentations on different services and programs. The event has proven to be very popular.

Dr. Campbell added that the Behavioral Health program offers parenting classes; and anger management for men, women, and more recently, a children’s group. Child and Family Teams (CFTs) were recently implemented in the children’s program. The Social Services representative and the Behavioral Health therapist meet when needed for the child, which varies depending on the needs. After hour crisis services are available, a warm line is staffed, and the Program works with the local police department. If a child requires out of home care, CRIT works with the RBHA to place the child, as required. The program also works with DES/DDD for special needs children.

Vicki Johnson asked about integrated health care and the impending ACA; Lydia Hubbard-Pourier responded that the Tribe is well situated to implement integrated care, as the local hospital and the BH and ASAP programs are located next to each other. Also, the Tribe will now be able to bill for three new services approved by CMS, which is case management, non-emergency behavioral health services, and out of office services.

Vicki also informed the Tribe about the Planning Council and its role in the public behavioral health system.

IV. ADHS/DBHS & Arizona State Hospital Reports

Dr. Steven Dingle, representing Cory Nelson, reported that Cory has been re-located to the ADHS building as the interim Deputy Director. DBHS is recruiting for this position.
The Request for Proposal (RFP) for an integrated health care RBHA in Maricopa County is on schedule and DBHS is hopeful that it will be released within the next 30 days.

DBHS is working on the new funding for Non-Title XIX adults with SMI; spending plans were requested and received by the RBHAs, and all were approved. A singular formulary is new, which means that there is one list for Title XIX and non-Title XIX, which were previously separate. Lydia added that the TRBHAs submitted their spending plans which were also approved.

Pat Benchik has joined DBHS as the new Assistant Director. Mr. Benchik was previously with the Pima County Health Department.

DBHS is working on the ACA, especially the Medicaid expansion piece. Dr. Dingle wasn’t sure if Medicaid will occur in Arizona and there have been public forums on this issue.

V. Arizona State Hospital Report

Donna Noriega reported that she is acting as the CEO for the Hospital while Cory is at DBHS. Cory did a “State of ASH” report to the hospital staff and outlined the many changes that occurred at the Hospital in the past year. Changes include leadership; Dr. Dingle was the Chief Medical Officer (CMO) and left for DBHS, so the Hospital has an acting CMO. Other positions have been hired as well.

Another Hospital change is how they respond to crises and emergencies. ASH has implemented the Arizona Hospital Association (AHA) system which uses a color code for different levels. The previous system was confusing and complicated with various codes, and the change will make it more user-friendly. All staff’s badges have been revised for the new system.

There will be changes in treatment planning; there is a new non-violent crisis intervention system. Campus support staff were previously the first responders to situation, but are nearly phased out of this function, as the staff on the unit are the first responders. Dr. James Wilson asked for more information about the changes in treatment planning; Donna said that they are working on the changes and will have more information in the future, but one sure change is the involvement of the patient in their treatment plan; it will be more understandable to the patient.

The forensic hospital is open, and includes a mall and a garden that is similar to the civic campus. Sue Gilbertson asked about the future of the old forensic unit; Donna said that it is fenced off and closed, and still has equipment that is usable, but there are no current plans to raze the building.

Donna reported that the census is at 229 patients: 126 civil, and 113 forensic.
VI. Committee Reports

A. Executive: Vicki reported on the June meeting survey, but only three were turned in. The scores were 5s and 4s, with positive comments. The Committee discussed the upcoming election process and reviewed the By-Laws.

The Council is in a unique situation, as the former chair vacated her position in mid-term, which means that Vicki and James have not served a full term. The Committee agreed on three alternatives on the election (which are in compliance with the By-Laws), and there will be a report in October on the outcome.

B. Advocacy/Legislation: Vicki reported that they met with Terry Stevens, CEO of Cenpatico, and received an update on Medicaid expansion and the Essential Benefits Package. The current eligibility for Title XIX is 100% of the Federal Poverty Level (FPL), which was approved by the voters for Proposition 204. However, when childless adults were phased out, eligibility was no longer 100% for everyone. The expectation is that the ACA’s Medicaid expansion will include an increase in the percentage to 133% of FPL, with an additional 5% for an income discount, which would increase FPL to 138%.

There have been public forums to hear concerns about the expansion. It appears that the direction the State is going is to have FPL at 100%. People over 100% will have to get private insurance, co-pays, and prescriptions. Private insurance will not have the same benefits package, and there is a need for support and rehabilitative services to be included for those individuals transitioning.

The RBHAs have met with the Governor’s Office and AHCCCS to discuss the feasibility of including an insurance rider for services not covered under ACA.

The Committee made a motion to write a letter to the Governor; Vicki will write the letter and email to the membership for their input. As it was a motion from the Committee, there was no second required. The motion was passed unanimously.

C. Children & Community Advisory: Tonya Aleisawi reported that the Committee worked on revisions to the Safe B card. The card is designed to provide needed information about the person, including medications, who to call in an emergency, etc. The revised card will be presented to the Council in October. Lydia suggested that when the card is finalized, it may be a good idea for DBHS to put it in policy.

The Committee will meet in October with Gerald Mann, Site Director of the Discovery Center, which is a peer run Community Service Agency.

D. Planning & Evaluation: Arizona Counseling and Treatment Services (ACTS) met with the Committee and shared a PowerPoint presentation. The Committee also met with Kelly Charbonneau, Substance Abuse Services Coordinator to discuss the changes in the SAPT and CMHS Block grants. One change is the new timeline. The Committee will meet DBHS to review the application.
Alida said that the Council approved a 50/50 split in allocation of the CMHS Block Grant; how will this work with the changes? Vicki responded that she attended the annual Block Grant this summer and there are four priority areas for future Block Grant funded services. Lydia added that the changes include the requirement that the tribes be involved, as well as the allocation methodology of the Block Grants.

VII. State Agency Updates

A. ADE: There was no report.

B. ADOH: Karia Basta reported that the annual Housing Forum will be held in Tucson October 3rd and 4th. The Arizona Council to End Homelessness is holding their conference in Phoenix October 16th and 17th. Karia will be on a panel with RBHA representatives to discuss how to reconnect services with housing. There has been an ongoing disconnection.

The Greater Arizona homeless count held this summer found that 604 individuals were deemed as “unsheltered” and truly had no shelter at all. All thirteen counties participated in the count this year.

Karia also spoke of the changes in the McKinney-Vento Act, which was signed into law, however, with no rules. ADOH has waited three years for these, and interim rules were released in July 2012 regarding tenants with special needs, the landlord and public housing authorities (some who are not willing to work with this population). The interim rules can still receive public comment until the end of September. Karia asked that people contact her for more information. Vicki asked if a letter would help ADOH, and a motion was made by Sue Gilbertson to support ADOH through a letter, which was seconded by James Russo. The motion passed unanimously.

C. AHCCCS: Shannon Shiver, representing Kristin Frounfelker, reported that if there were any questions by the Council regarding Medicaid expansion, that they visit the AHCCCS website.

The childless adult population is still frozen. There are over 18,000 children enrolled in KidsCare.

AHCCCS is working on the Children’s Rehabilitative Services contract, and will include DBHS. It is an integrated contract under AHCCCS.

D. DES/DCYF: There was no report.

E. DES/RSA: There was no report.
VIII. **T/RBHA Updates**

Lydia reported that DBHS is sponsoring an ACA conference for the TRBHAs on September 28th.

IX. **Other Business/Announcements**

There was no other business or announcements.

X. **Next Meeting/Agenda for Meeting**

The next meeting will be October 19, 2012, at Community Counseling Center, 2500 East Show Low Road, Show Low. The following Committees will meet on October 18, 2012 at Community Counseling Center:

- Planning & Evaluation: 1:00 p.m. – 3:00 p.m. Kelly Charbonneau will provide an update on the SAPT and CMHS Block Grants.
- Children & Community Advisory: 3:00 p.m. – 4:00 p.m. Gerald Mann, Site Director of Discovery Center, will meet with the members.
- Executive: 4:00 p.m. – 5:00 p.m. Agenda items include membership and elections of officers.

Telemedicine for all meetings will be available at ADHS/DBHS in Phoenix and at CPSA Plaza Arboleda, Tucson

XI. **Call to the Public**

There was no response.

XII. **Adjournment**

The meeting was adjourned at 12:00 p.m.