

ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18th Avenue, 2nd Floor
Phoenix, Arizona 85007

MEMORANDUM

TO: ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

FROM: ANNE ROCK, RECOVERY COORDINATOR
ADHS/DBHS/BUREAU OF PSYCHOSOCIAL REHABILITATION

DATE: OCTOBER 8, 2009

RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of September 16, 2009, and the agenda for our next meeting, which is scheduled for:

October 21, 2009
10:00 a.m. to 12:30 p.m.
CPSA-Plaza Arboleda
2502 North Dodge Boulevard
Mesquite Room
Tucson, AZ
Telephone: 520-325-4268 (Main Number)

Neal Cash, CPSA's Chief Executive Officer, will join us and provide an update of CPSA and its programs. In addition, Tom Donovan, interim President of Cope Community Services, and Linda Cook, Clinical Services Director, will provide a presentation on their agency.

Directions to CPSA at the Plaza Arboleda: The Plaza Arboleda is located just north (2-3 blocks) of Grant Road and the east side of Dodge Boulevard. The freeway construction is completed and you can exit off of Interstate 10 at Grant Road.

Telemedicine is available at ADHS/DBHS, 150 North 18th Avenue, Conference Room 215B; NARBHA, Flagstaff; Mohave Mental Health Clinic, Kingman; Arizona State Hospital; and CPSA, Sierra Vista.

The following Committees will meet this month:

- Advocacy & Legislation: October 20, 2009, 3:00 p.m. to 4:00 p.m., CPSA, Plaza Arboleda, Mesquite Room. **Telemedicine is available for this meeting at ADHS/DBHS, Conference Room 295B.**
- Executive: October 20, 2009, 4:00 p.m. to 5:00 p.m., CPSA.
- Planning & Evaluation, October 21, 2009, 9:00 a.m. to 10:00 a.m., CPSA.
- Consumer Advisory: October 21, 2009, immediately following the full Council meeting. **Telemedicine is available at ADHS/DBHS, NARBHA, Mohave Mental Health Clinic, Kingman, and CPSA Sierra Vista.**
- Children: October 22, 2009, 9:30 a.m. to 11:30 a.m., Phoenix.

Please call me at 602-542-1161 (office) or 602-663-7234 (cell) if you will be attending via telemedicine or will not be able to attend.

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)

ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18th Avenue, 2nd Floor
Phoenix, Arizona 85007

MEETING OF OCTOBER 21, 2009
10:00 A.M. – 12:30 P.M.
CPSA-PLAZA ARBOLEDA
2502 NORTH DODGE BOULEVARD
MESQUITE CONFERENCE ROOM
TUCSON, AZ

AGENDA

- | | | |
|-------|---|-----------------------------|
| I. | Call to Order & Introductions | Dee Ann Barber, Chair |
| II. | Approval of September 16, 2009 Minutes | Chair |
| III. | CPSA Update | Neal Cash |
| IV. | Presentation: Cope Community Services | Tom Donovan
Linda Cook |
| V. | ADHS/DBHS Report | Dr. Laura Nelson |
| VI. | Arizona State Hospital Report | John Cooper |
| VII. | Committee Reports | |
| | A. Executive | Dee Ann Barber |
| | B. Advocacy & Legislation | Steve Carter |
| | C. Children | Vicki Johnson |
| | D. Consumer Advisory | John Baird |
| | E. Planning & Evaluation | Patricia Dorgan |
| VIII. | State Agency Updates | |
| | A. ADC | Bruce McMorran |
| | B. ADE | Roberta Brown |
| | C. ADOH | Karia Basta |
| | D. AHCCCS | Rodd Mas |
| | E. DES/DCYF | Mark Ewy |
| | F. DES/RSA | Letitia Labrecque |
| IX. | NAMHPAC Training in Salt Lake City-Report | Gita Enders
Sandra Ortiz |
| X. | T/RBHA Updates | Chair |
| XI. | Announcements | Chair |
| XII. | Next Meeting/Agenda for Meeting | Chair |
| XIII. | Call to the Public | Chair |
| XIV. | Adjournment | Chair |

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MEETING OF SEPTEMBER 16, 2009

NARBHA

1300 SOUTH YALE STREET

TELEMEDICINE ROOM

FLAGSTAFF, AZ

Members Present

Roberta Brown, Vice Chair
John Baird
David Bjorn for
Rodd Mas
Pedro Cons
John Cooper-via telephone
Patricia Dorgan-via telemed
Julia Engram
Mark Ewy-via telemed
Lyle Ford-via telemed
Sue Gilbertson
Vicki Johnson
Letitia Labrecque-via telemed
Bruce McMorrان-via telemed
Alida Montiel-via telephone
Joseph Mucenski
Laura Nelson-via telemed
James Russo
Dan Wynkoop

Members Absent

Dee Ann Barber
Karia Basta
Steve Carter
Gita Enders
Phyllis Grant
Sandra Ortiz
Veronica Zuniga

DBHS Staff

Tana Croteau/OBO
Deborah Edwards/OBO
Paige Finley/BPR- via telemed
Arnaldo Maldonado/OIFA-via telemed
Heather Mathews/BGMER – telemed
Anne Rock/BPR

Guests

D.J. Carpenter-via telemed
Adam Cava-via telemed
Catherine Coscia
Nancy Devine
Kevin Ferris
George Galliher-via telemed
Ray Johnson
Bill Kelly
Susan Morley
Mick Pattinson
Maureen Rehak
Robert Rehak
Mickey Rogers
Sharon Scott
Shari Wells

I. Call to Order & Introductions

The meeting was called to order at 10:06 a.m. There was a quorum present. Introductions were made.

**"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
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II. Approval of June 24, 2009 Minutes

Dan Wynkoop motioned to approve the minutes as written. John Baird seconded. The motion passed unanimously.

III. NARBHA Presentation

Mick Pattinson welcomed the Planning Council to Flagstaff. Mick reported that NARBHA is a “new NARBHA”. There is increased choice in providers for consumers and families. Mohave and Coconino counties, as well the Prescott area, have additional providers that offer a broader scope of services. Mick spoke of NARBHA’s Community Re-investment fund, which has allocated \$500,000 for nearly 30 projects in Northern Arizona.

In recognition of the fact that people with mental illness have a much shortened life expectancy than the rest of the population, NARBHA funded three projects, including co-locating physical health with mental health services at Verde Valley Guidance Clinic in Cottonwood. The pharmacy is also physically located at the clinic.

Mick reported that the NARBHA Board of Directors recently approved to fund another community re-investment project, and a Request for Information (RFI) will be coming out soon. One project of interest by NARBHA is funding consumer and family run businesses.

Mick introduced Shari Wells, NARBHA’s tribal liaison. Shari reported that a regional inter-tribal behavioral health forum in June 2009 was held. Eleven tribal nations were represented, from Prescott to Kaibab. The purpose of the forum was to increase networking between the tribes and NARBHA. Governor Brewer was the invited guest. Issues that were identified were substance abuse; prescription drug abuse; gambling; direct service provision; the child and family team process (including wrap-around); billing, and general administration.

The forum also identified the extensive paperwork burden; travel and logistics, and language barriers.

The Hualapai Tribe is working to become a TRBHA, but this is a long range goal. NARBHA works with the Native Americans for Community Action (NACA) on issues of mental health in tribal communities.

Shari also reported that the work of the tribal behavioral health forum led to the annual Embrace Life Summit, which will be held September 25th and 26th at the Lodge at Cliff Castle in Camp Verde.

Flagstaff is hosting its first annual NAMI walk on October 10, 2009. Previously people would travel down to Phoenix to participate in the NAMI walk.

Maureen Rehak, NARBHA's Children's Services Manager, reported that NARBHA is focusing on transition age youth (ages 16 to 21 years), and established a staff position specific to the unique needs of transition age youth, as well as providing the Responsible Agencies (RAs) a point of contact at the RBHA. Emerald House, located in Prescott Valley, is an outpatient and residential facility that targets young adults with serious mental illness. The staff at the Emerald House also conduct training on youth in transition.

Another targeted population is children who are involved in the DES/CPS system; DBHS increased its cap rate to provide case management and rehab support for children involved with CPS. NARBHA also issued an RFI to the RAs to fund 8.5 FTE case managers, and funding will be allocated the end of this week.

NARBHA plans to double the number of family support partners. DBHS has a contract with Child and Family Support Services (CFSS) in conjunction with the Meet Me Where I Am initiative, and a review was recently conducted at NARBHA on their implementation of the initiative. NARBHA received high ratings. The RAs also work with the school districts in their areas, and more services are being provided in the school.

Bob Rehak, NARBHA's Adult Services Manager, reported that NARBHA's adult system of care plan has three primary goals: 1) older adults with special needs; 2) use of best practices as it relates to financial efficiency; and 3) resource walls at specific provider sites.

Kevin Ferris, Consumer Liaison, reported that NARBHA is strongly pushing to get peer and family members on various committees to ensure that the stakeholder voice is heard. Kevin also reported that he will be resigning from NARBHA and moving to New Mexico, so his position will be advertised. Kevin urged individuals interested in the position to apply.

IV. ADHS/DBHS Report

Dr. Laura Nelson reported that Governor Brewer signed the budget two weeks ago, and ADHS is working on an exercise to that would identify its method of reducing its budget by \$68 million in the event they are requested to do so. DBHS continues to have a 32% vacancy rate; however five "mission critical" positions were approved by the Department of Administration. These are: Quality Management Bureau Chief; Utilization Manager; Office of Individual & Family Affairs Manager, Human Rights Advocate, and Rehabilitation Coordinator in the Psychosocial Rehabilitation Bureau.

Regarding the Arnold v Sarn lawsuit, the judge awarded an extension of the court date to December 3rd, based on the request of Governor Brewer.

Regarding the J.K. lawsuit, the plaintiffs sent DBHS a letter that an extension of the lawsuit was in order; there will be no mediation efforts and it appears that both parties will be going back to court.

There are significant changes in how the Office of Behavioral Health Licensure operates. For example, OBHL staff will now focus on critical issues with a facility, and not the mundane. Licensing fees have also increased as a result of the budget reductions.

Regarding the Greater Arizona Request for Proposal, things continue to move forward. Public forums were held across the state, and a dedicated email and voice mail was also provided for the public.

Dr. Nelson also spoke of the “Let’s Talk Forums” held around the state.

DBHS is pursuing a federal “transfer initiative” grant from the National Association of State Mental Health Program Directors (NASMHPD). If awarded, Arizona will use the grant for the integration of mental and physical health for adults with serious mental illness. The grant is due October 15th.

V. Arizona State Hospital Report

John Cooper reported on the Hospital census, which has a total of 248 patients. There are 106 civil commitments, 120 post trial, and 22 pre-trial forensic patients. The adolescent unit has been closed. The State Hospital worked with DBHS, the Governor’s Office and the RBHAs to ensure that children and adolescents have alternative appropriate placements. The RBHAs have assured DBHS that these are in place.

Planning and work on the new forensic hospital continues. The historic Van Buren street entrance will be closed and the new permanent entrance will be on 24th Street.

VI. Committee Reports

A. Executive: Roberta Brown reported that there are five open positions on the Council. These are: NARBHA representative; TRBHA representative, and 3 consumers or family members in Yuma, Tucson, and the Phoenix area.

The Council is considering a full day retreat in spring 2010. This will replace a regularly scheduled meeting. The retreat will also depend upon the budget.

The Committee discussed the feasibility of hosting a summer meeting with youth. The Children’s Committee has been assigned this task.

The new Council member orientation manual was approved yesterday, and will be distributed to the Council.

The November meeting scheduled at the Excel Group in Yuma may need to be re-located to another facility. Anne Rock will work on this and report back in October.

According to the Council By-Laws, the election process begins at the September meeting. Dee Ann Barber's term as chair is ending December 2009. The Committee nominated Roberta Brown as Chair and Vicki Johnson as Vice Chair. The Council will have the opportunity to nominate from the general membership at the October meeting. The election will take place at the November meeting.

Roberta also reported that the Arizona Attorney General's office issued a legal opinion regarding whether the Planning Council is subject to the Open Meeting Law. The Council is not subject to the law. Due to the Attorney General opinion, the Council By-Laws will need to be revised. The By-Laws were sent to the membership in the meeting mail-out with the suggested revision, to be voted upon at today's meeting. Dan Wynkoop motioned to accept the revision, which was seconded by John Baird. After some discussion, the motion passed unanimously.

B. Advocacy & Legislation: There was no meeting. The Committee will resume in October.

C. Children: Vicki Johnson reported that the Committee developed a position paper on children who are involved with the DDD and RBHA systems. This was done after a series of meetings and presentations with DDD, DBHS, Magellan, providers, and a child advocacy organization. The draft paper was shared with DBHS and DDD leadership for comment, and the Committee will meet with the DBHS Interagency Services Bureau to finalize the document.

MIKID is involved in a project between Cactus High School and the Peoria School District. CPS and JPO are also involved in the project, which is into its second year of providing educational presentations. The next scheduled presentation is called "Teen Intervene". Literature is also provided to the school faculty and families. Vicki added that the school is reporting a reduction in drug related incidents.

Regarding the performance improvement reviews (Meet Me Where I Am), they have been postponed while the reviewers are being trained on a new tool.

D. Consumer Advisory: Roberta Brown reported that Kevin Ferris resigned, and James Russo will assume the chair duties through the end of December 2009.

E. Planning & Evaluation: Patricia Dorgan reported that the annual CMHS Block Grant review is scheduled for Kansas City in October. The Committee did not meet today but will resume in October.

VII. State Agency Updates

- A. ADC: Bruce McMorran reported that Corrections continues to be a growth industry. There is an average of 150 additional inmates incarcerated per month; approximately 9% of these new inmates have a mental illness. Approximately 21% of all inmates have an identified behavioral health need.

Bruce also reported that due to the privatization of inmates' health services at ADC, between 550-700 staff will be impacted. This was part of HB 2010 which was recently passed.

- B. ADE: Roberta Brown reported that SB 1197 established a task force to review the use of best practices for managing the behavior and discipline of students with disabilities. The task force had just six weeks to develop recommendations for the State Board of Education, State Board for Charter Schools, the Governor's Office, and the Legislative leadership. This document is now available on the ADE website under "Special Education, What's New".

- C. ADOH: Last week was the Governor's Forum on Housing and this year's theme was *TRENDS...Shaping Arizona's Future.* The series of workshops and keynotes reflected a forward vision of housing options and innovations such as renewable energy, adaptive reuse, and aging-in-place.

On September 10, 2008 Governor Janet Napolitano announced she would help families hit hard by the economy and housing crisis by implementing a \$13.6 million initiative called Housing Arizona. ADOH is responsible for this initiative. The initiative also addresses the needs of Arizonans experiencing homelessness, specifically:

- Two million dollars will be made available by ADOH through a competitive process for the development of permanent, housing for homeless people, some of which will include social services. Recent research has underscored the importance of the supportive housing model, especially for those men and women who need additional support to sustain their housing, improve their health, and obtain and maintain employment.
- Two million dollars for a partnership between ADOH and ADHS, to fund a new approach for developing housing for people experiencing serious mental illness that would ultimately expand the number of available affordable units for this population

On September 8 ADOH announced a Notice of Funding Availability (NOFA). There is the availability of funding through the State Housing Fund Program as outlined in the following Information Bulletins:

17-08 Rental NOFA

18-08 Homeownership CHDO NOFA

19-08 Owner-Occupied Housing Rehabilitation NOFA

20-08 Owner-Occupied Emergency Repair NOFA

To access the SHF Program Summary and Application Guides and Rental and Homeownership application forms go to the ADOH website at www.housingaz.com

Applications were due to the Department no later than 4:00 pm on November 14, 2008.

On July 15, 2009, ADOH announced another NOFA. Approximately \$1.7 million in Community Development Block Grant (CDBG) Program was to be allocated to State Special Projects (SSP). The FY 2008 SSP funds were distributed in one competitive funding. Information regarding this can also be found on the ADOH website.

- D. AHCCCS: David Bjorn, representing Rodd Mas, reported that the total number of Title XIX enrollees is 1,135,199, with a 9.1% penetration rate. The Title XXI population is 102,920, with a 4.17% penetration rate statewide.

Mark Ewy requested an update on the Electronic Health Records initiative from AHCCCS at the October meeting.

- E. DES/DCYF: Mark Ewy reported that the DES Office of Community Partnerships & Innovative Practices will be disbanded. This DES office managed the Family Connections program which offered a wide variety of services. This is due to the budget.

Mark also reported that Arizona is well above national average of 10% for relative placements.

- F. DES/RSA: Letitia Labrecque reported that the average time from application to eligibility for RSA services has been reduced to an average of 20 days, from a previous high of 60 days.

The Order of Selection continues, but it is hoped that it may be lifted in the next couple of months. This would likely only impact Priority 1 individuals.

Training continues with the Boston University model of delivering psychosocial rehabilitation. This is a new philosophy that will be implemented throughout the state.

VIII. T/RBHA Updates

There was no report.

IX. State Travel Training

Deborah Edwards from the DBHS Office of Budget Operations did a brief training to the Council on the new state travel policies. Anne Rock will email the PowerPoint presentation to the Council, as NARBHA was not set up for the presentation.

X. Announcements

Anne Rock announced that the National Association of Mental Health Planning & Advisory Councils (NAMHPAC) is hosting a workshop in Salt Lake City on “the challenges of delivering mental health services in frontier and rural areas”. Gita Enders and Sandra Ortiz are the Council representatives at the training. They will report on the workshop at the October meeting.

Sue Gilbertson announced that Mental Health America is hosting the Court Monitor’s Office the following week for consumers and family members to discuss the Arnold v Sarn lawsuit.

Joe Mucenski announced that Representative Patrick Kennedy (D-RI) is circulating a sign-on letter in the House. This will be sent to the Secretaries of the three departments responsible for issuing the regulations under the Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008. The letter requests that they act quickly and consider the comments that were filed in response to the request for information (RFI). This must be sent by 5:00 p.m. September 21st. Joe will forward an email with more information to the Council membership.

XI. Next Meeting/Agenda for Meeting

The next meeting is scheduled for October 21, 2009, 10:00 a.m. to 12:30 p.m., at CPSA, Plaza Arboleda, 2502 North Dodge, Tucson. Agenda items include a presentation from CPSA’s Chief Executive Officer, Neal Cash, and from Cope Community Services.

The following Committees will meet in October:

Advocacy & Legislation: October 20, 2009, 3:00 p.m. to 4:00 p.m., CPSA, Plaza Arboleda, Mesquite Room, 2502 North Dodge. Telemedicine is available at ADHS/DBHS, 150 North 18th Avenue, Conference Room 295B.

Executive: October 20, 2009, 4:00 p.m. to 5:00 p.m., CPSA, Plaza Arboleda.

Planning & Evaluation: October 21, 2009, 9:00 a.m. to 10:00 a.m., CPSA.

Consumer Advisory: Immediately following the full Council meeting. Telemedicine is available at ADHS/DBHS, Mohave Mental Health Clinic, Kingman, NARBHA, Flagstaff, and CPSA Sierra Vista.

XII. Call to the Public

Kevin Ferris announced that the “Art of Recovery” is scheduled for September 19th in Phoenix. The week of October 5th through the 9th is National Mental Illness Week.

George Galliher thanked the Council for considering him for membership and for the informative meeting.

XIII. Adjournment

The meeting was adjourned at 12:25 p.m.