

ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18th Avenue, 2nd Floor
Phoenix, Arizona 85007

MEMORANDUM

TO: ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

FROM: ANNE ROCK, RECOVERY COORDINATOR
ADHS/DBHS/BUREAU OF PSYCHOSOCIAL REHABILITATION

DATE: APRIL 3, 2009

RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of March 18, 2009, and the agenda for our next meeting, which is scheduled for:

April 22, 2009
9:00 a.m. to 12:30 p.m.*
Arizona's Children Association
2700 South 8th Avenue
Video Conference Room
Tucson, AZ
Telephone: 520-622-7611 (main number)

***Please note:** this meeting has been moved to April 22nd to accommodate the Center for Mental Health Services' Block Grant monitoring visit. We are having a regular (although abbreviated) business meeting from 9:00 a.m. to 10:00 a.m.; the Block Grant reviewers will be in attendance as observers. There will be no state agency updates at this meeting in the interest of time. The Council members will then meet with the monitors from 10:00 a.m. to 12:30 p.m. As you know, this is a very important meeting.

There is no telemedicine available for this meeting.

Directions to Arizona's Children Association:

- 1) From Phoenix, take I-10 east to Tucson, exit at the 4th Avenue/6th Avenue exit.
- 2) Turn left (or north) onto 6th Avenue.
- 3) You will then turn left (or west) onto 38th Street, which is just a couple of blocks. Arizona's Children is located just two blocks on the right hand (or north) side, where you will park. The telemedicine building is located to your right. A map of the campus is attached for your convenience.

The following Committees will meet this month:

- Planning & Evaluation: April 21, 2009, 2:00 p.m. to 3:00 p.m., CPSA, 2502 North Dodge, Mesquite Room, Tucson. CPSA is located just north of Grant Road on the east side of Dodge. **Telemedicine is available for this meeting.**
- Advocacy & Legislation, April 21, 2009, 3:00 p.m. to 4:00 p.m., CPSA. **Telemedicine is available for this meeting.**
- Executive: April 21, 2009, 4:00 p.m. to 5:00 p.m., CPSA.
- Consumer Advisory: April 22, 2009, immediately following the full Council meeting, Arizona's Children Association.
- Children: April 23, 2009, 9:30 a.m. to 11:30 a.m., MIKID, 2642 East Thomas Road, Phoenix.

Please call me at 602-542-1161 (office) or 602-663-7234 (cell) if you will be attending.

**"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)**

ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18th Avenue, 2nd Floor

Phoenix, Arizona 85007

MEETING OF APRIL 22, 2009

9:00 A.M. – 12:30 P.M.

ARIZONA'S CHILDREN ASSOCIATION

2700 SOUTH 8TH AVENUE, VIDEO CONFERENCE ROOM

TUCSON, AZ

****SPECIAL AGENDA****

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| I. | Call to Order & Introductions
(9:00 a.m. – 9:03 a.m.) | Dee Ann Barber, Chair |
| II. | Approval of March 18, 2009 Minutes
(9:03 a.m. – 9:05 a.m.) | Chair |
| III. | CMHS Block Grant Monitors' Introductions
& Purpose of the Site Visit (9:05 a.m. – 9:20 a.m.) | Chair
Block Grant Monitors |
| IV. | Committee Reports (9:20 a.m. – 9:45 a.m.) | |
| | A. Executive | Dee Ann Barber |
| | B. Advocacy & Legislation | Steve Carter |
| | C. Children | Vicki Johnson |
| | D. Consumer Advisory | Kevin Ferris |
| | E. Planning & Evaluation | Sue Gilbertson |
| V. | T/RBHA Updates
(9:45 a.m. – 9:50 a.m.) | Chair |
| VI. | Announcements
(9:50 a.m. – 9:55 a.m.) | Chair |
| VII. | Next Meeting/Agenda for Meeting
(9:55 a.m. – 9:56 a.m.) | Chair |
| VIII. | Call to the Public
(9:56 a.m. – 9:59 a.m.) | Chair |
| IX. | Adjournment of Business Meeting
(10:00 a.m.) | Chair |
| X. | Meet with Block Grant Monitors
(10:00 a.m. – 12:30 p.m.) | Chair & Council Members
Block Grant Monitors |

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150 North 18th Avenue, 2nd Floor
Phoenix, Arizona 85007

MEETING OF MARCH 18, 2009 NORTH PHOENIX VISIONS OF HOPE 15044 NORTH CAVE CREEK ROAD PHOENIX, ARIZONA

Members Present

Dee Ann Barber, Chair
John Baird
Roberta Brown
Steve Carter
Julia Engram
Mark Ewy
Kevin Ferris
Sue Gilbertson
Patrice Gillotti
Phyllis Grant
Vicki Johnson
Alida Montiel
Joe Mucenski
Bob Sorce for
Dr. Laura Nelson
James Russo
Dan Wynkoop

Members Absent

Karia Basta
Paula Block
John Cooper
Patricia Dorgan
Lyle Ford
Gita Enders
Leticia Labreque
Bruce McMorrان
Sandi Ortiz

DBHS Staff

Sheila Lopez/CSU
Anne Rock/BPR

Guests

Lydia Guerra
David Simmons

I. Call to Order & Introductions

The meeting was called to order at 10:05 a.m. There was a quorum present. Introductions were made. Dee Ann Barber reminded the Council and guests that the meeting is conducted under the open meeting law.

II. Approval of February 18, 2009 Minutes

The minutes were approved with one correction: Roberta Brown should be noted as absent from the February meeting.

III. Welcome: North Phoenix Visions of Hope

James Russo, Chief Executive Officer of North Phoenix Visions of Hope, welcomed the Council to the Community Service Agency (CSA). Mr. Russo provided a PowerPoint overview of the agency's programs.

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North Phoenix's client base is mainly from Magellan, with some private pay insurance as well. North Phoenix is the first CSA participant in the Magellan "Passport to Care" program, which is designed to link mental health and primary health care. The agency will coordinate and educate members on physical and mental health.

The agency has grown over the years and plans include moving to a larger facility (at least 15,000 square feet) in order to provide more classes. The current facility has two classrooms and the need is greater than the space provided.

In response to growing needs, Magellan requested that North Phoenix submit a proposal to open the center on weekends; currently it is a Monday to Friday operation. A survey was conducted to the center's membership and 100% stated that they would use the center on weekends. The center averages 30-40 individuals per day, and there are a total of 678 members at present time.

The center's services include providing two meals per day for the members; nutrition is closely monitored. Living skills training, health promotion, pre-job training, education and employment support are provided. Two education classes are offered simultaneously so that members have a choice in subjects they are interested in. Arts and crafts classes are also offered, and this program is completely reliant upon volunteers and donated supplies. James added that there is a direct correlation between artistic expression and recovery, as well as their psychological and emotional wellness.

Support groups and group activities/social support are offered, and education regarding diabetes, co-occurring diagnoses, and GED education/testing. North Phoenix also partners with Recovery Innovations of Arizona and Triple R in offering their peer support graduates 80-hour internships.

Future projects include starting a vocational assistance program to provide members an opportunity for vocational training and goal building. A wellness center is also planned, as studies show that spiritual practices can improve the quality of life and lessen the psychological stronghold that mental illness can bring. The center currently offers healing sessions by a registered nurse, who volunteer their time to the program. Members who have received this service have demonstrated a significant improvement in the quality of their lives. There are also plans to begin an acu-detox program for those members with co-occurring disorders. In conjunction with this program, education will be provided regarding nutrition, from learning about healthy alternatives to fast food, to being able to obtain a food handler's permit for employment.

IV. DBHS Report

Bob Sorce, Assistant Director for ADHS/DBHS, reported that the FY 2009 budget is completed, with a total of \$10.5 million in reductions. The FY 2010 budget is still uncertain. State agencies were requested to provide four scenarios regarding the 2010 budget, and identify proposed reductions of 5%, 10%, 15%, and 20%.

A bill was introduced this legislative session to create a behavioral health task force. The bill was pulled, so the task force will not happen, at least for now. Instead, the Governor wishes to meet with ADHS/DBHS, AHCCCS, Magellan, the other RBHAs, and consumers, to gain an understanding of the behavioral health system. ADHS management met with the Governor and key legislative leaders the previous week. A decision will then be made based on the meeting outcomes, and a task force could be one of the courses of action.

Regarding the J.K. exit stipulation, the plaintiffs filed a formal dispute resolution letter with the court. The current exit stipulation expired in 2007, but the plaintiffs had requested a three year extension, which was granted.

The greater Arizona RBHA contracts will expire June 30, 2010. ADHS/DBHS cannot extend the contracts as they have reached their five year limit. Staff are working on the Request for Proposal (RFP), and focus groups will be held around the state.

Bob also reported that the RBHAs are now required to collect co-pays from the non-Title XIX populations. A co-pay policy is currently in place, but the process is very cumbersome. Also, there was no incentive to collect co-pays, especially from adults with SMI, as they are entitled. However, this will now be required, due to the budget, and ADHS/DBHS will be monitoring this.

V. Arizona State Hospital Report

There was no report for March. Patrice Gillotti reported that she had heard that there is a proposal for the Arizona State Hospital to become privatized (to save money). Bob Sorce responded that the Division was not in favor of it.

VI. Committee Reports

A. Executive: Dee Ann Barber reported that the April meeting will have an abbreviated business meeting before the full Council meeting, which will consist of meeting with the CMHS Block Grant monitors.

The Executive Committee met with DBHS leadership during its meeting yesterday. There have been staffing changes at DBHS, including the appointment of a new child and adult planner. Brian Lensink is the new child planner and Justin Chase is the adult planner.

Julia Engram was appointed by DBHS as a new Council member, representing a parent. The Committee is working to appoint a consumer representative from the Tucson and Phoenix area.

The results of the February meeting survey were high. Comments included praise for the Gila River Indian Community's presentation; concerns were forcing the members to move to different conference rooms for the different meetings.

- B. Advocacy & Legislation: Mark Ewy, representing Steve Carter, reported that the Committee will be drafting a letter to the Arizona Legislature regarding its opposition of the proposed voter protection act initiative, and Patrice Gillotti volunteered to provide a legal review of the proposal.

The Committee also discussed the bill by Representative Barto to establish a behavioral health taskforce; apparently the bill will be pulled. Instead, the Governor's Office and key legislative leadership is meeting with ADHS/DBHS, AHCCCS, and the RBHAs, among others, and the outcome of these meetings could include a taskforce. The Committee also voted to draft a letter to the Governor and Dr. Laura Nelson requesting Council representation on the taskforce, if one is created.

The Committee discussed the federal stimulus project and its impact to Arizona. The bulk of the funding will be targeted to DES and schools.

- C. Children: Vicki Johnson reported that the Committee did not meet in February but will meet in March. The Committee will continue its work to learn about the roles and relationship between ADHS/DBHS and DES/DDD when caring for children who are in both systems. Site visits with local children's provider agencies will resume in April.

- D. Consumer Advisory: Kevin Ferris reported the Committee continued its discussion on progress notes for CSAs developed by peer support staff. The Committee agreed that standards need to be developed for progress notes across the system; Kevin added that he is part of a workgroup looking at this.

- E. Planning & Evaluation: Sue Gilbertson reported that there were three major agenda items for the Committee's meeting. Bob Sorce, Assistant Director for ADHS/DBHS, was invited to present on the Arnold v Sarn lawsuit. Due to the length of Mr. Sorce's presentation, the CIT video presentation was tabled for the April meeting. The Committee was also assigned to review the monthly ADHS/DBHS penetration and enrollment report, but due to the format, it was requested that ADHS/DBHS reformat it to make the report more lay person friendly. The report will be discussed at the April meeting.

Bob Sorce added that Appendix C of the Arnold v Sarn exit stipulation is outdated, based on today's model of recovery and wellness. The Appendix is based on the caretaker model. There are only 13 questions; however, there are several sub-questions that lead up to the main question. If one sub-question is negative, the score for the main question is a fail. This occurs despite the fact that every other sub-question may have had a positive response.

The April Planning & Evaluation Committee will be moved to April 21st to accommodate the special Planning Council meeting, which is scheduled on April 22nd.

VIII. State Agency Updates

- A. ADC: There was no report.
- B. ADE: Roberta Brown reported that the federal stimulus package is a huge issue for ADE; however, the funding will not impact ADE directly. The local school districts will receive the funding. Special education will also receive funding under the package.
- C. ADOH: There was no report for March.
- D. AHCCCS: There was no report for March.
- E. DES/DCYF: Mark Ewy reported that many DES workers have been laid off or re-assigned to other areas.

DES recently submitted a crosswalk of services, including the loss of parent aide services and prevention programs, to the RBHAs for their feedback. The crosswalk will be updated based on the feedback to identify services that can be paid with Title XIX funding.

- F. DES/RSA: There was no report for March. Roberta Brown reported that RSA recently closed all its priority categories and it is unknown when they will be re-opened.

VIII. T/RBHA Updates

CPSA: Phyllis Grant reported that CPSA has a new Children's Director. Ms. Gale Landham has a long history of involvement in the Pima County children's behavioral health system.

NARBHA: Kevin Ferris reported that NARBHA awarded \$.5 million back to the community; funding included the CSAs, who received funds for warm lines.

IX. Announcements

Anne Rock announced that there is a Section 8 open enrollment lottery on April 25th at Arizona Bridge to Independent Living (ABIL) in Phoenix. The lottery is to establish a waiting list for future voucher availability.

Anne Rock distributed the NAMI report card summary for Arizona as well as an email from Dr. Nelson identifying the positive aspects of the report.

Anne also announced that the CMHS Block Grant monitoring visit will be April 21st – April 24th. The monitors will meet with the Planning Council on April 22nd at Arizona's Children Association in Tucson. Due to the nature of the meeting, telemedicine will not be available. Copies of the monitoring documents were distributed to the Council earlier this year, and will also be sent electronically to the membership after this meeting.

Sheila Lopez announced that the annual NAMI walk will be March 29th at Tempe Beach Park. Joe Mucenski added that the Tucson NAMI walk will be held on March 28th.

X. Next Meeting/Agenda for Meeting

The next meeting is scheduled for April 22, 2009, 9:00 a.m. to 12:30 p.m., at Arizona's Children Association, 2700 South 8th Avenue, Video Conference Room, Tucson. Agenda items include a short business meeting from 9:00 a.m. to 10:00 a.m., with the rest of the time reserved for meeting with the Block Grant monitors.

The following Committees will meet in April:

Planning & Evaluation: April 21, 2009, 2:00 p.m. to 3:00 p.m., CPSA, 2502 North Dodge, Mesquite Room, Tucson. Telemedicine is available at DBHS, 150 North 18th Avenue, Conference Room 215B, Phoenix.

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Children: April 23, 2009, 9:30 a.m. to 11:30 a.m., MIKID, 2642 East Thomas Road, Phoenix.

XI. Call to the Public

David Simmons commented that children with certain behavioral health disorders who receive the nurturing of family have a much stronger chance of recovering from their illness.

XII. Adjournment

The meeting was adjourned at 12:36 p.m.