

ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18th Avenue, 2nd Floor

Phoenix, Arizona 85007

MEMORANDUM

TO: ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

**FROM: ANNE ROCK, PLANNER
ADHS/DBHS/BGMR**

DATE: FEBRUARY 4, 2009

RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of January 21, 2009, and the agenda for our next meeting, which is scheduled for:

**February 18, 2009
10:30 a.m. to 1:00 p.m.
Gila River Indian Community
Gila River Behavioral Health Corporation
483 West Seed Farm Road
Sacaton, AZ
Telephone: 602-528-7137**

Steven Green, Chief Executive Officer of the Gila River Behavioral Health Corporation, will join us and provide a presentation on the TRBHA.

Directions to Sacaton: From Phoenix, take I-10 East to Tucson. Exit at AZ-587 (it is also North Casa Blanca Road). Once you exit the freeway, turn right onto Casa Blanca Road. Proceed for 5.3 miles, and turn right onto Bluebird Road. Proceed for nearly one mile, and turn left at Seed Farm Road. The Gila River Behavioral Health Corporation is a separate building east of the Hu Hu Kam Hospital.

There is no telemedicine available for this meeting. Teleconferencing is available, please contact me at 602-364-2114 before February 18th to arrange for this.

The following Committees will meet this month:

- Advocacy & Legislation, February 17, 2009, 3:00 p.m. to 4:00 p.m., MIKID, 2642 East Thomas Road, Phoenix.
- Executive: February 17, 2009, 4:00 p.m. to 5:30 p.m., MIKID.
- Planning & Evaluation, February 18, 2009, 9:00 a.m. to 10:30 a.m., Gila River Indian Community, Sacaton. This meeting is available via telephone conferencing.
- Consumer Advisory: February 18, 2009, immediately following the full Council meeting, at Gila River Indian Community. Telephone conferencing is available for this meeting.
- Children: February 19, 2009, 9:30 a.m. to 11:30 a.m., MIKID, 2642 East Thomas Road, Phoenix.

Please call me at 602-364-2114 (office) or 602-663-7234 (cell) if you will be attending via telephone conferencing, or you cannot attend the meeting. Thank you.

**"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)**

ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18th Avenue, 2nd Floor

Phoenix, Arizona 85007

MEETING OF FEBRUARY 18, 2009

10:30 A.M. – 1:00 P.M.

GILA RIVER INDIAN COMMUNITY

SACATON, AZ

A G E N D A

- | | | |
|-------|--------------------------------------|-----------------------|
| I. | Call to Order & Introductions | Dee Ann Barber, Chair |
| II. | Approval of January 21, 2009 Minutes | Chair |
| III. | TRBHA Director Welcome | Steven Green, CEO |
| IV. | DBHS Report | Dr. Laura Nelson |
| V. | Arizona State Hospital Report | John Cooper |
| VI. | Committee Reports | |
| | A. Executive | Dee Ann Barber |
| | B. Advocacy & Legislation | Steve Carter |
| | C. Children | Vicki Johnson |
| | D. Consumer Advisory | Kevin Ferris |
| | E. Planning & Evaluation | Patricia Dorgan |
| VII. | State Agency Updates | |
| | A. ADC | Bruce McMorrان |
| | B. ADE | Roberta Brown |
| | C. ADOH | Karia Basta |
| | D. AHCCCS | Kristin Frounfelker |
| | E. DES/DCYF | Mark Ewy |
| | F. DES/RSA | Leticia Labreque |
| VIII. | T/RBHA Updates | Chair |
| IX. | Announcements | Chair |
| X. | Next Meeting/Agenda for Meeting | Chair |
| XI. | Call to the Public | Chair |
| XII. | Adjournment | Chair |

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ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18th Avenue, 2nd Floor
Phoenix, Arizona 85007

MEETING OF JANUARY 21, 2009

ADHS/DBHS
150 NORTH 18TH AVENUE
CONFERENCE ROOM 215B
PHOENIX, AZ

Members Present

Dee Ann Barber, Chair
John Baird
Karia Basta
Roberta Brown
John Cooper
Patricia Dorgan-via telephone
Gita Enders
Sam Engram
Mark Ewy
Kevin Ferris
Sue Gilbertson
Patrice Gillotti
Phyllis Grant
Alida Montiel
Joe Mucenski
Sandi Ortiz
Dr. Laura Nelson
James Russo
Dan Wynkoop

Members Absent

Paula Block
Steve Carter
Lyle Ford
Kristin Frounfelker
Vicki Johnson
Leticia Labrecque

Guests

Julia Engram
Fred Hubbard
David Simmons

DBHS Staff

Heather Ellis/BGMER
Sheila Lopez/CSU
Anne Rock/BGMER

I. Call to Order & Introductions

The meeting was called to order at 10:01 a.m. There was a quorum present. Introductions were made. Dee Ann Barber reminded the Council and guests that the meeting is conducted under the open meeting law.

II. Approval of December 12, 2008 Minutes

The minutes were approved as written.

III. ADHS Director Welcome

There was no report. Director Contreras resigned effective January 20, 2009.

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IV. DBHS Report

Dr. Nelson announced that Will Humble has been named the interim Director of ADHS. Mr. Humble will remain in this position for 30-90 days while a national search is conducted.

The Executive Team also discussed the budget and the proposed JLBC budget, which was released January 16th. ADHS/DBHS leadership will be working on a response to the JLBC budget. Dr. Nelson asked the Council if they had a chance to review the JLBC budget, and requested their input. The budget calls for additional cuts to administration, including a significant cut to contract compliance. A plan was approved two years ago to hire an additional 44 staff to handle contract oversight and monitoring; the recommendation from JLBC is that this plan be rolled back to the original staffing pattern before the plan was approved. There are other significant cuts in the administrative line that DBHS must determine internally. Regarding the budget impact to the providers, there is a 5% decrease in FY 2010, and ADHS/DBHS is working with AHCCCS and Mercer about the proposed cuts to the capitation rates. Mercer is a consulting firm the state contracts with regarding the setting of capitation rates. When rates are developed they must be actuarially sound, and Dr. Nelson was not sure that DBHS can simply decrease the rates, as it may affect this.

The option that received the most attention in the JLBC budget were the non-Title XIX populations: Adults with SMI; Children with SED; General Mental Health (GMH), and Substance Abuse (SA). There were cuts in the FY 2009 budget. The children's line was decreased by \$500,000, and \$1 million was taken from the substance abuse line. The JLBC is proposing an additional \$8.8 million reduction from the non-Title XIX line items for FY 2009, and \$21 million in FY 2010. It is the agency directors' responsibility to determine where those cuts should occur.

Dr. Nelson said that in light of the budget crisis and the short time line to determine the cuts, ADHS/DBHS would not be able to hold a public forum or have a time frame for public comment on this specific budget issue. DBHS staff will be developing an impact statement, including how many behavioral health recipients and providers would be impacted. It will be very challenging for the behavioral health system.

ADHS/DBHS will also be looking at its contracts and how much funding is still in those contracts. Staff will determine which contracts are absolutely necessary and where ADHS/DBHS could have some discretion in suspending those contracts. The Behavioral Health Loan Repayment Program, scheduled to go into effect in October 2010, may be postponed for another year or two. The CMHS Block Grant had \$80,000 allocated to this program from its administrative cut.

Dr. Nelson added that Governor Brewer is very supportive of behavioral health and the public system. Dr. Nelson requested that the Council consider the four non-Title XIX populations (SMI, SED, GMH, and SA) and prioritize them for cuts. The Council can also provide other comments on the budget and to advocate for an equal cut across the four populations is also an option. In the interest of time, she asked that the Council submit their recommendations by close of business January 23rd. Dee Ann requested that in recognition of time constraints, Council members need to provide their input via email to Steve Carter and Anne Rock.

Dr. Nelson also reported that the current Title XIX match is 66% and could increase 7%, which will help stretch the Title XIX funding. There is also a proposal by NASMHPD to increase the Block Grants. Dr. Wynkoop said that he understood that President Obama had proposed increased funding for Title XXI, which is the AHCCCS KidsCare program in Arizona. Mark Ewy recommended that ADHS/DBHS look at other state agencies' budget cuts to services and prioritize based on these cuts.

Dr. Nelson said that the service packages should also be reviewed. The decision is whether some people go completely without services and provide the best services to a smaller number of people, or should the services available to all be modified? Dee Ann responded that it may be wiser to provide the right services to a smaller number of people.

Dr. Nelson reported that she also spoke with Dee Ann and Kevin Ferris about the Manager position for the ADHS/DBHS Office of Individual and Family Affairs. ADOA contacted Dr. Nelson about the Planning Council letter to Director Bell and offered ADHS/DBHS to re-submit their request. However, Dr. Nelson couldn't post the position if it was approved, as there are no funds. Dr. Nelson assured the Council that her commitment to this Office will continue. There are also discussions of a furlough.

John Cooper added that the State Hospital will participate in cost cutting; they have been operating very lean, and cut back on contracts, such as landscaping. The State Hospital has also been denied requests to fill positions that were not deemed mission critical.

V. Arizona State Hospital Report

John Cooper reported on the Hospital census, which is currently at 257 patients. There are 116 civilly committed adults; 136 forensic adults, which includes pre- and post-trial patients. There are five adolescents as well. The Hospital currently has a 6% vacancy rate for nursing.

John reported that he has been working with DBHS regarding vacant adolescent beds. Letters were sent to children's providers in the system, indicating that beds are available, although they are long term and are for youth who have not responded well in a lower level of care.

The new forensic hospital is still being implemented and is on schedule. Workers have been on campus doing land surveys; ground breaking will occur in the summer. The old guard shack on Van Buren Street will be demolished and a new one will be built on the 24th Street entrance, which will close the Van Buren Street entrance. The new forensic hospital will have 80 beds.

Dr. Nelson added that an issue has come to the Division's attention. Many hospitals are opting not to be JCAHO accredited, which is okay if the individuals served are over 21 years of age, but hospitals must be accredited to serve children and adolescents. For example, the Flagstaff Medical Center is no longer JCAHO accredited; they have adolescent beds that are not available to the behavioral health system. This is an issue in a system that does not have enough beds to serve the population.

VI. Committee Reports

A. Executive: Dee Ann Barber reported on the results of the December meeting survey, which received good ratings. Comments included the lack of state agency reports, and that the Cenpatico presentation had strayed from the Council's request on presentation content.

The Executive Committee fulfilled the By-Laws obligation regarding membership, which was to review member terms. Lyle Ford was recently appointed by Dr. Nelson as a new Council member, representing consumers. In addition, Bruce McMorran is the new Arizona Department of Corrections representative.

Sue Gilbertson introduced Julia Engram, who is Sam Engram's wife. Mrs. Engram was interested in replacing Sam on the Council, and submitted a letter to Dee Ann. Sam will also submit his letter of resignation. Dee Ann said that Sam was welcome to attend future Council and Committee meetings if he is interested and able to.

The Executive Committee discussed the Council's involvement in the BPAC and will be re-considering this.

Dee Ann also reported that the CMHS Block Grant monitoring visit will be April 21st – April 24th, 2009. Anne Rock added that ADHS/DBHS selected two geographic areas for the monitoring team to consider, which was Gila River and CPSA, or NARBHA and Little Colorado Behavioral Health Clinic. The monitoring team selected the NARBHA region, so the Planning Council will be scheduled for April 22nd in Flagstaff. The entrance conference will be scheduled at ADHS/DBHS at 9:00 a.m., April 21st in Phoenix; Anne requested that the Chair and Vice Chair at a minimum attend the entrance conference. The exit conference will be on April 24th, and members of the Council are invited to attend this.

Anne went over the schedule for the Council; this will be finalized after a conference call with CMHS about the visit. This is scheduled for February 2009.

Joe Mucenski expressed his concern about the recent Planning Council letter to the Arizona Legislature, and the Executive Committee's authority regarding the letter's content, as there were some items deleted from the original Advocacy & Legislation Committee recommendations. Dr. Wynkoop responded that the Advocacy & Legislation Committee motioned that the Executive Committee develop the letter on their behalf to be mailed to the Legislature before the end of the year. Dee Ann added that the Executive Committee acting on the Council's behalf between meetings is standard By-Laws language, and requested that she and Joe meet outside of the Council meeting to further discuss this issue.

- B. Advocacy & Legislation: Dr. Wynkoop reported that Steve Carter had distributed the JLBC budget and other legislative information to the Committee for their review. The Legislature plans to bring a proposal to lift the constitutional measures regarding funding and voter approved initiatives (ex. increase AHCCCS eligibility to 100% of FPL). In addition, the Committee reviewed a document from the Children's Action Alliance (CAA), which identified financial alternatives that could be changed; these are initiatives that the Legislature enacted when the economy was robust. The CAA recommended that the Legislature re-consider these tax incentives. Anne will forward the email and link to the Council.

Dr. Wynkoop urged the individual Council members to get involved, through letter writing and providing testimony at legislative hearings.

- C. Children: Dr. Dan Wynkoop reported that the Committee hadn't met since December 4, 2008. The next meeting is scheduled for January 22, 2009, at MIKID. Sue Gilbertson added that the Committee will continue its discussion of the roles of DDD and the RBHAs when providing services to children who are in both systems.

The Arizona Children's Executive Committee will meet at 1:00 p.m. at Cenpatico. Agenda items include a review of the draft operating policy for the Committee.

- D. Consumer Advisory: Kevin Ferris reported that the Committee discussed progress notes developed by the CSAs and the providers, which are different due to rules and regulations. The Committee agreed that progress notes need to be consistent and streamlined. The Committee will be visiting Stand Together and Recover (STAR) immediately following this meeting. Dee Ann requested that the Committee try to arrange a meeting with a tribal program when the Council visits the Gila River Indian Community.

- E. Planning & Evaluation: Patricia Dorgan reported that Heather Ellis submitted a list of ADHS/DBHS published reports. The Committee reviewed the list and selected eight reports to review. These were: Enrollment and Penetration; Performance Improvement Activity Report; Financial Reports; Arnold v. Sarn Status Report; Consumer Satisfaction Survey; Meet Me Where I Am report; Mortality Report, and the number of children placed out of state.

The Committee also briefly discussed the Arnold v Sarn report, and additional discussion will occur at the February meeting in Sacaton.

VII. State Agency Updates

- A. ADC: There was no report. Dee Ann Barber reported that ADC has appointed a new member, Bruce McMorrان, who was unable to attend today's meeting.

- B. ADE: There was no report.

- C. ADOH: Karia Basta reported that the ADOH Deputy Director recently resigned. As reported at the December meeting, ADOH currently has four initiatives with four state agencies: DBHS, Veterans, DES and ADC. Three of the Inter-Agency Service Agreements (ISAs) have been signed, and ADOH is working with ADC to finalize their ISA.

Training regarding the Community Development Block Grant (CDBG) will be held this week. The State Housing Trust Fund will most likely be impacted by the budget, and ADOH is looking at creative ways for housing.

Karia also reported that three (3) 811 projects were funded. This is HUD funding to develop housing for people with disabilities. This included funding to CPSA for youth, Triple R and the Marc Center. These projects are for a total of 32 units, which is permanent supported housing and is new construction.

- D. AHCCCS: There was no report. Dee Ann requested that Anne Rock contact Kristin Frounfelker for the December enrollment numbers.

- E. DES/DCYF: Mark Ewy reported that the DES Director, Tracey Waring, recently submitted her resignation. DES also submitted their recommendations regarding the budget. Support services, children's support services, which would include Healthy Families (Arizona Families First) as well as other programs are targeted for decreases in the JLBC budget.

DES/DCYF recently started its upgrade of the Strength and Risk Assessment tool which is used to track and identify substance abuse in children and their parents, and to determine the need for substance abuse services. This is an internal monitoring tool.

F. DES/RSA: There was no report. Dee Ann commented that the Executive Committee is working on a consistent representative for the Planning Council.

VIII. T/RBHA Updates

CPSA: Phyllis Grant reported that CPSA's advisory committees are moving their meetings from monthly to quarterly. CPSA is addressing youths' transition to the adult system in various ways, including the development of a website to identify resources available to youth.

Focus groups are also being conducted with ADHS/DBHS and CPSA staff in Cochise, Graham, and Greenlee counties, as well as in Tucson. The forums' purposes are to gather input from the public, including parents, family members and providers, regarding the children's system of care plan.

Construction of the UPC has been postponed.

TRBHAs: Alida Montiel reported that the involuntary commitment working group, comprised of ADHS/DBHS, the State Hospital and the Inter-Tribal Council of Arizona, recently met. The group discussed the need for training on tribal sovereignty and the needed improvement in referrals from the tribal behavioral health departments, Indian Health Services, and the RBHAs and TRBHAs. Dr. Nelson agreed to provide a training on March 5th regarding referrals.

NARBHA: Kevin Ferris reported that he has a new position at NARBHA as the consumer liaison and reports directly to Dr. Mick Pattinson. Kevin added that he also sits on the NARBHA leadership team. The NAMI "In Our Own Voice" was recently presented at the Board of Directors meeting.

IX. Announcements

Mark Ewy asked if an update could be provided by AHCCCS at the February meeting regarding CMS rules, specifically the lifting of the moratorium of the suspension of the Deficit Reduction Act (DRA), and targeted case management. Mark added that CMS issued a new rule in December 2008 that will give states flexibility benchmarking Medicaid benefit packages. Mark asked if AHCCCS was discussing this internally, and will it increase the co-pay? Mark asked that AHCCCS also report on this at the February meeting as rule becomes effective February 2009.

Kevin Ferris reported on the activities of the state anti-stigma committee. Plans include the development of a website portal to access anti-stigma materials and information.

X. Next Meeting/Agenda for Meeting

The next meeting is scheduled for February 18, 2009, 10:30 a.m. to 1:00 p.m. at the Gila River Indian Community, Sacaton. Please note the change in time-the Council is starting ½ hour later than its regular schedule. Agenda items include a presentation from Steven Green, Chief Executive Officer of the Gila River Behavioral Health Corporation.

The following Committees will meet in February:

Advocacy & Legislation: February 17, 2009, 3:00 p.m. to 4:00 p.m., MIKID, 2642 East Thomas Road, Phoenix.

Executive: February 17, 2009, 4:00 p.m. to 5:30 p.m., MIKID.

Planning & Evaluation: February 18, 2009, 9:00 a.m. to 10:30 a.m., Gila River Indian Community, Sacaton.

Children: February 19, 2009, 9:30 a.m. to 11:30 a.m., MIKID, 2642 East Thomas Road, Phoenix.

XI. Call to the Public

David Simmons spoke of stigma and its existence within the behavioral health system, specifically among behavioral health professionals and consumers.

XII. Adjournment

The meeting was adjourned at 12:20 p.m.