

ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18th Avenue, 2nd Floor

Phoenix, Arizona 85007

MEMORANDUM

TO: ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

FROM: ANNE ROCK, RECOVERY COORDINATOR
ADHS/DBHS/BUREAU OF PSYCHOSOCIAL REHABILITATION

DATE: SEPTEMBER 2, 2009

RE: NEXT SCHEDULED MEETING

I hope your summer went well. Enclosed are the minutes of June 24, 2009, and the agenda for our next meeting, which is scheduled for:

September 16, 2009
10:00 a.m. to 12:30 p.m.
NARBHA-Telemedicine Room
1300 South Yale Street
Flagstaff, AZ
Telephone: 928-774-7128 (Main Number)

Dr. Mick Pattinson, Chief Executive Officer, will join us and provide an update of NARBHA and its programs.

We have also scheduled a state travel training which will be done near the end of the meeting. Deborah Edwards from ADHS/DBHS will conduct the training.

Directions to NARBHA: From Phoenix or Tucson areas, take Interstate 17 North to Flagstaff. This will turn into Milton Road. Turn left at University Avenue—but don't turn at the University stop light; pass the stop light and get into the left hand turn lane just past the stop light to turn left on University. (This street zig zags). Once you are on University, you will then turn right on Yale Street. The intersection is a four way stop sign. NARBHA is on the right hand side. There is limited parking in front of the building. There is additional uncovered parking located behind the building. Do not park in the garage, this is for employees only.

Telemedicine is available at ADHS/DBHS, 150 North 18th Avenue, Conference Room 215B, CPSA, 2502 North Dodge Boulevard, Mesquite Room, and CPSA, Sierra Vista.

The following Committees will meet this month:

- Advocacy & Legislation: September 15, 2009, 3:00 p.m. to 4:00 p.m., NARBHA-Telemedicine Room, Flagstaff. **Telemedicine is available for this meeting at ADHS/DBHS, and CPSA, Plaza Arboleda, Tucson.**
- Executive: September 15, 2009, 4:00 p.m. to 5:00 p.m., NARBHA.
- Consumer Advisory: September 16, 2009, immediately following the full Council meeting. **Telemedicine is available at ADHS/DBHS, CPSA, and CPSA Sierra Vista.**
- Children: September 24, 2009, 9:30 a.m. to 11:30 a.m., Phoenix.
- Consumer Advisory: Immediately following the full Council meeting.

The Planning & Evaluation Committee will not meet in September, and will resume in October.

Please call me at 602-542-1161 (office) or 602-663-7234 (cell) if you will be attending via telemedicine or will not be able to attend.

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)

ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

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MEETING OF SEPTEMBER 16, 2009

10:00 A.M. – 12:30 P.M.

NARBHA

1300 SOUTH YALE STREET

TELEMEDICINE ROOM

FLAGSTAFF, AZ

AGENDA

- | | | |
|-------|---|---------------------------|
| I. | Call to Order & Introductions (10:00 a.m.) | Roberta Brown, Vice Chair |
| II. | Approval of June 24, 2009 Minutes (10:05 a.m.) | Vice Chair |
| III. | NARBHA Presentation (10:05 a.m. – 10:30 a.m.) | Mick Pattinson |
| IV. | ADHS/DBHS Report (10:30 a.m. – 10:45 a.m.) | Dr. Laura Nelson |
| V. | Arizona State Hospital Report (10:45 a.m. – 10:55 a.m.) | John Cooper |
| VI. | Committee Reports (10:55 a.m. – 11:15 a.m.) | |
| | A. Executive | Roberta Brown |
| | B. Advocacy & Legislation | Steve Carter |
| | C. Children | Vicki Johnson |
| | D. Consumer Advisory | Kevin Ferris |
| | E. Planning & Evaluation | Patricia Dorgan |
| VII. | State Agency Updates (11:15 a.m. – 11:30 a.m.) | |
| | A. ADC | Bruce McMorran |
| | B. ADE | Roberta Brown |
| | C. ADOH | Karia Basta |
| | D. AHCCCS | Rodd Maas |
| | E. DES/DCYF | Mark Ewy |
| | F. DES/RSA | Letitia Labreque |
| VIII. | T/RBHA Updates (11:30 a.m. – 11:35 a.m.) | Vice Chair |
| IX. | State Travel Training (11:35 a.m. -12:15 p.m.) | Deborah Edwards |
| X. | Announcements (12:15 p.m. – 12:20 p.m.) | Vice Chair |
| XI. | Next Meeting/Agenda for Meeting (12:20 pm.) | Vice Chair |
| XII. | Call to the Public (12:25 p.m.) | Vice Chair |
| XIII. | Adjournment (12:30 p.m.) | Vice Chair |

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MEETING OF JUNE 24, 2009 PASCUA YAQUI TRBHA CENTERED SPIRIT PROGRAM 7474 SOUTH CAMINO DE OESTE TUCSON, AZ

Members Present

Dee Ann Barber, Chair
Karia Basta
Roberta Brown
Steve Carter
John Cooper-via telemed
Patricia Dorgan
Gita Enders-via telemed
Julia Engram
Mark Ewy-via telemed
Lyle Ford
Phyllis Grant
Joe Mucenski
James Russo
Dan Wynkoop
Veronia Zunoga-via telemed

DBHS Staff

Sheila Lopez/CSU
Anne Rock/BPR

Members Absent

John Baird
Kevin Ferris
Sue Gilbertson
Vicki Johnson
Letitia Labrecque
Rodd Maas
Bruce McMorrان
Alida Montiel
Laura Nelson
Sandra Ortiz

Guests

Sam Engram
Scott Filterer
Russ Johnson
Lynette Majuta
Melanie Roberts
David Simmons
Theresa Ybanez

I. Call to Order & Introductions

The meeting was called to order at 10:03 a.m. There was a quorum present. Introductions were made.

II. Approval of May 20, 2009 Minutes

Patricia Dorgan motioned to approve the minutes as written. Roberta Brown seconded. The motion passed unanimously.

III. Pascua Yaqui Centered Spirit Program

Theresa Ybanez, Director of the Centered Spirit Program, welcomed the Council to Tucson.

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Russ Johnson, Intake Specialist, provided a background of the TRBHA. The Centered Spirit Program (CSP) was started 16 years ago by two individuals: Dr. Janet Ranney, a psychologist, and Rosa Rivera, to meet the need in the community for mental health services. The program has grown to 67 employees who provide a continuum of outpatient and residential services. Russ identified the programs operated by CSP. The crisis team has cell phones and is prepared to respond 24/7 to the community. Yoeme Kari is a group home located in northwest Tucson for children and youth with mental health and substance abuse issues. The program has recently expanded by adding additional beds. The men's PATH is a five-bed residential program, and accepts referrals from other Arizona tribes. The Navajo Nation and the Colorado River Indian Tribe has utilized the PATH in the past. The tribe also has the first methadone program on-reservation in the country; there are a high number of heroin addicts.

CSP has two board certified psychiatrists who actively participate in the community beyond their professional services. For example, a Christmas party was held for the clients.

The TRBHA's housing program is primarily targeted to females who have been discharged from residential programs and who have lost their children to CPS. Housing provides the stability to help to return the children to their parent. Transition age youth are also eligible for housing; this is in response to the state initiatives regarding transition age youth.

The Pascua Yaqui Tribe is also located in Guadalupe, and has a small clinic managed by Dr. Ranney. Dr. Ranney is also an inhalant abuse expert. Clinic staff include a family therapist, domestic violence counselor, and despite the small size, the clinic has high productivity.

The Centered Spirit Program is dedicated to dignity, harmony, and respect and uses a holistic and multi-disciplinary approach. Alternative medicine is also offered, which includes traditional Yaqui healers and herbal remedies. The program has served other tribes in addition to Pascua Yaqui. TRBHA staff are also diverse and represent several ethnicities. A sweat lodge is held weekly for men and women, as well as a children's lodge in the summer. Other services include acu-detox and acupuncture.

Theresa Ybanez reported that the TRBHA has had no complaints that were raised to the state level in five years, which is the best among the RBHAs and TRBHAs.

Melanie Roberts reported on community accomplishments. A Language department was established to teach Yaqui and bring back the language. It is estimated that only 63 individuals speak the native language. Community elders are involved in the endeavor, and there are plans to develop a CD.

Also, in response to the needs of the community regarding leading healthy lifestyles, a recreation center was built. This has been one of the tribe's most exciting accomplishments.

Physical health is co-located with the CSP to better collaborate on medical and mental health issues. Previous to this, many consumers did not have a primary care physician for medical care. Family members are also involved in the individual's care. The clinic is also seeing more individuals with substance abuse issues seeking treatment as they see their peers who go through treatment get better and recover.

The TRBHA's network has expanded; there are now three respite child providers. The TRBHA is also CARF accredited.

IV. ADHS/DBHS Report

There was no report.

V. Arizona State Hospital Report

John Cooper reported on the Hospital census: 114 civil patients and 140 forensic. Some of the projects the Hospital is involved with include bio-metric hand scanning, and implementation of electronic health records. This will be completely electronic by September 2009.

Activities continue for the new forensic hospital; management received approval to break ground for construction on the 24th Street entrance, which will occur in September 2009.

VI. Committee Reports

A. Executive: Dee Ann Barber reported on the May meeting survey. Overall the scores were high, and there were compliments on the Verde Valley Guidance Clinic presentation.

Dee Ann and Patricia Dorgan attended the annual CMHS Block Grant conference. Highlights included the health reform activities at Capitol Hill and similar discussions about health care reform at the conference. There is a proposal at the federal level to increase the CMHS Block Grant program by \$100 million. Dee Ann encouraged the Council to advocate individually for the increase.

Flash drives were provided to conference attendees containing all the presentations. Anne Rock will make copies on CDs for the Council.

Dee Ann added that there was also a focus on youth participation on Planning Councils. This will be discussed at the next scheduled Executive Committee. Dee Ann urged the Council to visit the National Association of Mental Health Planning & Advisory Councils (NAMHPAC) website, as there are many resources and materials, including new Council member orientation. Steve Carter volunteered to research the website, view the new Council member materials and revise them to fit Arizona's needs. Julia Engram volunteered as well.

Dee Ann also requested that all Planning Council member requests for speakers to present at Committees on specific issues, or requests for staff research, must be coordinated through the Chair.

Regarding membership, Pedro Cons was appointed as a provider representative. Work continues on recruiting, and there may be potential nominees from Yuma. A Tucson area consumer or family member is still needed.

The Committee also briefly discussed the feasibility of conducting a retreat for the winter 2009 or spring 2010, and will include this as an agenda item for the next meeting.

- B. Advocacy & Legislation: Steve Carter reported several pieces of legislation and the FY 2010 budget, which is still uncertain. Governor Brewer brought the legislative leadership to court, and while the court agreed with the Governor, it also did not require the legislature to submit the budget before June 30th.
- C. Children: Anne Rock reported that the Committee attended the CPSA Family Forum in lieu of a scheduled meeting in May. The conference was well attended (over 300 attendees). The Committee meets later this week and activities include work on the DDD/RBHA paper.
- D. Consumer Advisory: A meeting is scheduled immediately following the full Council meeting. James Russo will chair in Kevin Ferris' absence.
- E. Planning & Evaluation: Patricia Dorgan reported that the Committee should receive the first draft of the Block Grant application July 15th. The Committee will review the document on July 31st in Phoenix. Patricia invited all Council members to participate in the review, and to let Anne know so they can be added to the mailing list.

VII. State Agency Updates

- A. ADC: There was no report.
- B. ADE: There was no report.

- C. ADOH: Karia Basta reported that the ADOH Director is now the Department of Commerce Director. Michael Traylor is the new ADOH Director. Karia also reported that it is a good time to purchase a home. Maricopa and Pima County have homeowner programs.

- D. AHCCCS: There was no report.

- E. DES/DCYF: Mark Ewy reported that DES is also waiting to hear on the FY 2010 budget, specifically the IV-B funds.

- F. DES/RSA: Anne Rock reported that DBHS, DES/RSA, RBHAs, and providers are all involved in the current site visits around the state. This is a requirement of the DBHS/RSA IGA for vocational rehabilitative services for adults with serious mental illness. DBHS staff also conducted mystery shopper visits to Magellan clinics to review a number of things, such as the availability of vocational services literature, if the clinic was welcoming and clean, etc.

The vocational rehabilitation program has implemented an Order of Selection, due to the budget. All categories are closed and the system is not accepting new referrals, but there is a wait list. It is hoped that the Order of Selection will be opened, at least for Priority 1 clients (adults with a serious mental illness).

VIII. T/RBHA Updates

CPSA: Phyllis Grant reported on the CPSA 9th Annual Family Forum, held in Tucson on May 22nd. The CPSA Adult Council helped to plan the event. CPSA's annual Mental Health Art Show is scheduled for October 2009 and promises to be the biggest show yet.

IX. Announcements

Karia Basta announced that the Bridge Subsidy programs; all RBHAs have this and subsidies are available for adults with serious mental illness who are waiting for Section 8 housing.

Anne Rock announced that DBHS has requested that the Council receive a short training on state travel. Deborah Edwards will join the Council near the end of the September meeting

X. Next Meeting/Agenda for Meeting

The next meeting is scheduled for September 16, 2009, 10:00 a.m. to 12:30 p.m., at NARBHA, 1300 South Yale Street, Flagstaff. Agenda items include a presentation from the RBHA's Chief Executive Officer, Dr. Mick Pattinson.

The following Committees will meet in September:

Advocacy & Legislation: September 15, 2009, 3:00 p.m. to 4:00 p.m., NARBHA, Telemedicine Room. Telemedicine is available from ADHS/DBHS, 150 North 18th Avenue, Conference Room 215B, and CPSA, 2502 North Dodge, Mesquite Room. Telemedicine is available.

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XI. Call to the Public

David Simmons reported that he had recently read that research has identified two genes for bi-polar disorder. David urged that money be used for further research.

XII. Adjournment

The meeting was adjourned at 12:27 p.m.