

ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18th Avenue, 2nd Floor

Phoenix, Arizona 85007

MEMORANDUM

TO: ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

FROM: ANNE ROCK, RECOVERY COORDINATOR
ADHS/DBHS/BUREAU OF PSYCHOSOCIAL REHABILITATION

DATE: NOVEMBER 5, 2009

RE: NEXT SCHEDULED MEETING

Enclosed are the minutes of October 21, 2009, and the agenda for our next meeting, which is scheduled for:

November 18, 2009
10:00 a.m. to 12:30 p.m.
The Excel Group
3220-B East 40th Street
Telemedicine Room
Yuma, AZ
Telephone: 928-329-8995 (Main Number)

Terry Stevens, Cenpatico's Chief Executive Officer, will join us and provide an update of the RBHA and its programs. Carol Carr, Excel Group's Chief Executive Officer, will also provide a presentation on their agency.

Directions to the Excel Group from Phoenix or Tucson area: Take Interstate 8 west to Yuma. Exit off the freeway onto Avenue 3E, and turn left at the light. Follow Avenue 3E for a couple of miles, and you will pass 32nd Street. To your right will be the Marine Corps Air Base, and to your left is a Chevron gas station. Opposite the base is The Excel Group. Turn left on 40th Street (just past the gas station), and The Excel Group will be on the left hand side.

Telemedicine is available at ADHS/DBHS, 150 North 18th Avenue, Conference Room 215B; NARBHA, Flagstaff; Mohave Mental Health Clinic, Bullhead City; Arizona State Hospital; and CPSA, Sierra Vista, and CPSA, Plaza Arboleda, Tucson.

The following Committees will meet this month:

- Planning & Evaluation: November 17, 2009, 1:30 p.m. to 3:30 p.m., the Excel Group. Telemedicine is available at DBHS, Conference Room 295B; and CPSA, Plaza Arboleda, Tucson.
- Executive: November 17, 2009, 3:30 p.m. to 5:00 p.m., The Excel Group.
- Consumer Advisory: November 18, 2009, immediately following the full Council meeting. Telemedicine is available at DBHS, NARBHA, and CPSA Sierra Vista.

Please call me at 602-542-1161 (office) by close of business November 16th, or 602-663-7234 (cell) after November 16th if you will be attending via telemedicine or not attending. Thank you.

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)

ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18th Avenue, 2nd Floor
Phoenix, Arizona 85007

MEETING OF NOVEMBER 18, 2009
10:00 A.M. – 12:30 P.M.
THE EXCEL GROUP
3220-B EAST 40TH STREET
TELEMEDICINE CONFERENCE ROOM
YUMA, AZ

AGENDA

- | | | |
|-------|--------------------------------------|-----------------------|
| I. | Call to Order & Introductions | Dee Ann Barber, Chair |
| II. | Approval of October 21, 2009 Minutes | Chair |
| III. | Cenpatico Report | Terry Stevens |
| IV. | Presentation: The Excel Group | Carol Carr |
| V. | ADHS/DBHS Report | Dr. Laura Nelson |
| VI. | Arizona State Hospital Report | John Cooper |
| VII. | Committee Reports | |
| | A. Executive | Dee Ann Barber |
| | B. Advocacy & Legislation | Steve Carter |
| | C. Children | Vicki Johnson |
| | D. Consumer Advisory | John Baird |
| | E. Planning & Evaluation | Patricia Dorgan |
| VIII. | State Agency Updates | |
| | A. ADC | Bruce McMorrان |
| | B. ADE | Roberta Brown |
| | C. ADOH | Karia Basta |
| | D. AHCCCS | Rodd Mas |
| | E. DES/DCYF | Mark Ewy |
| | F. DES/RSA | Letitia Labrecque |
| IX. | T/RBHA Updates | Chair |
| X. | Announcements | Chair |
| XI. | Next Meeting/Agenda for Meeting | Chair |
| XII. | Call to the Public | Chair |
| XIII. | Adjournment | Chair |

"...to advise, review, monitor, and evaluate all aspects of the development of the State Plan"
(Public Laws 99-660, 100-639, and 102-321)

ARIZONA BEHAVIORAL HEALTH PLANNING COUNCIL

150 North 18th Avenue, 2nd Floor
Phoenix, Arizona 85007

MEETING OF OCTOBER 21, 2009 CPSA-PLAZA ARBOLEDA 2502 NORTH DODGE, MANZANITA ROOM TUCSON, AZ

Members Present

Dee Ann Barber, Chair
John Baird
Karia Basta
Roberta Brown
Steve Carter
Patricia Dorgan
Gita Enders-via telemed
Julia Engram
Mark Ewy-via telemed
Lyle Ford
Sue Gilbertson
Phyllis Grant
Alida Montiel
Joseph Mucenski
Mike Fronske for
 Laura Nelson-via telemed
Sandi Ortiz
Dan Wynkoop

Members Absent

Pedro Cons
John Cooper
Vicki Johnson
Letitia Labrecque
Rodd Mas
Bruce McMorrان
James Russo
Veronica Zuniga

Guests

Neal Cash
Linda Cook
Tom Donovan
Lyle Forth
George Galliher-via telemed
Stefanie Keefe

DBHS Staff

Heather Mathews/BGMER
Anne Rock/BPR

I. Call to Order & Introductions

The meeting was called to order at 10:03 a.m. There was a quorum present. Introductions were made.

II. Approval of September 16, 2009 Minutes

Dan Wynkoop motioned to approve the minutes with one correction, and seconded by Patricia Dorgan. The motion passed unanimously. The correction is that the Department of Housing Report was from 2008; a new report will be inserted in the minutes.

III. CPSA Update

Neal Cash reported that CPSA is invested in consumer and family involvement, employment, and community re-investment. There are a number of community councils advising CPSA regarding policy, advocacy, and issues impacting the behavioral health system.

CPSA's Recovery Support Institute has trained over 300 consumers and family members to become peer support specialists. A graduation ceremony was held recently with 37 graduates.

Consumer run services are flourishing in both GSAs 3 (Southeastern Arizona) and 5 (Pima County). Neal spoke highly of SEACRS and complimented Lyle Ford on the programs his agency provides. Café 54 is a successful restaurant located in downtown Tucson, and has a clubhouse located nearby.

The 10th Annual Mental Health Art Show was recently held at the Plaza Arboleda, with over 600 guests attending the reception. There was over 450 pieces of artwork submitted to the show. CPSA also plans to contract with Art Awakenings.

The Health and Wellness Center will open in November, and is a consumer run operation through the University of Arizona. Also, CODAC Services, one of CPSA's providers, was recently awarded a national grant for wellness and recovery.

Regarding housing, CPSA owns 150 housing units specifically for adults with serious mental illness. Regarding employment, competitive employment is becoming very difficult to access.

The Crisis Recovery Center, which was three years in planning, will have a ground breaking ceremony on October 26th. The Center will include 23 hour observation, with peer mentors and recovery staff who are co-located and can mediate a crisis. There is also a call center with triage.

IV. Presentation: Cope Community Services

Tom Donovan, Chief Executive Officer of Cope Community Services, reported that Cope is also invested in recovery oriented care. Case management services are provided in seven locations across the Tucson area. Three sites are residential treatment facilities, and Cope also has two gender specific apartment complexes for individuals who want to live a substance free life.

Cope also provides community health services, which are funded with federal and CPSA dollars.

Services include HIV, a women's center, substance abuse services, access to recovery, and Health Information Management Systems (HIMS). Cope is involved in community initiatives, and participates in the state level (DBHS) GLBTQ Committee.

Current challenges are to improve and expand services, and hire additional recovery support specialists. There has been a large increase in the number of clients in all age groups, especially in the 55 years and older group.

V. ADHS/DBHS Report

Mike Fronske, representing Laura Nelson, reported that Dr. Nelson was at the Governor's Office regarding the brief.

Some positive DBHS activities include the successful transition of the provider networks from Magellan, which is complete. Cenpatico's transition of Excel Group clients to other providers is going well, and will be completed by January 1, 2010.

The NAMPHAC sponsored trip to Salt Lake City went well. Mike commented that the Arizona Planning Council has far more focus and understanding of its role than many other Councils.

DBHS is currently partnering with the Valley of the Sun United Way for supportive housing. The cities of Tempe and Phoenix are interested in forging a similar partnership with the state.

Regarding the Governor's brief, Mike reported that it is proposed that all GMH/SA be transferred to AHCCCS. It is also proposed that a pilot program be established at AHCCCS for adults with SMI; this would be a voluntary program that would pilot an integrated physical and mental health program. These would require statutory changes.

The 15% budget proposal was an exercise for all state agencies. DBHS' proposed cuts include the elimination of the state crisis system, and all non-Title XIX services. Housing and vocational rehabilitation supports would also be eliminated.

VI. Arizona State Hospital Report

There was no report.

VII. Committee Reports

A. Executive: Dee Ann Barber reported that the Executive Committee met with DBHS leadership at yesterday's meeting.

DBHS has initiated Quarterly Health Initiatives; these are educational seminars addressing health topics and issues specific to people with mental illness. Arizona studies show that Arizona adults with mental illness die an average of 30 years less than the general population. Recent topics include tobacco cessation, diabetes, and Hepatitis C.

The Committee reviewed membership as well.

The Block Grant review is November 3rd. Patricia Dorgan will represent the Council.

The Executive Committee's slate of officers for 2010-2012 was presented to the Council at the September meeting. Dee Ann asked for nominations from the floor. There were no nominations. The slate of officers was closed and the election will take place at the November meeting.

- B. Advocacy & Legislation: Steve Carter reported on the Governor's brief and the 15% budget scenario, which was discussed at yesterday's meeting. Steve urged individual Council members to contact their legislators and advocate that these services do not get cut.

Steve distributed several documents to the Council.

- C. Children: Sue Gilbertson, representing Vicki Johnson, reported that the Committee is finalizing its DDD/RBHA position paper. The Committee's next meeting is tomorrow, and Dr. Sue Stephens, former director of the Southwest Autism Research Center will meet to provide her experience and perspective of the system.

- D. Consumer Advisory: John Baird, representing James Russo, reported that DBHS requested assistance from the Committee in finalizing the draft Adult Principles. Feedback was received from all RBHAs, the Committee will review the input at today's meeting, and have a final product to DBHS in December 2009.

- E. Planning & Evaluation: Patricia Dorgan reported that the Committee will be reviewing the Block Grant Implementation Report at the November meeting.

The Committee met with Heather Mathews earlier this morning and reviewed the DIG URS Tables. This is the tool to gather the data needed for the Block Grant application.

The Committee also selected two topics to review in 2010: behavioral health and physical health coordination, and EPSDT.

VIII. State Agency Updates

- A. ADC: There was no report.

B. ADE: Roberta Brown reported on the stimulus funding allocated to Arizona from the federal government. The funding goes directly to the school districts; however, ADE still has the responsibility of submitting reports to the federal government. There are three pots of stimulus money and it is targeted to the Title I and Title II programs, and for “No Child Left Behind”.

C. ADOH: Karia Basta reported that she had sent her report to Anne Rock for submission to the minutes, however, it was a report from 2008, and apologized for the mix-up. Karia reported that trainings continue at ADOH; Adaptive Affordable Housing will be presented next week at the Curley School .

Thirty units of housing was recently acquired in Ajo, and there is also new housing in Yuma at the San Carlos Hotel.

Karia added that the Housing Trust Fund is still in danger.

D. AHCCCS: There was no report.

E. DES/DCYF: Mark Ewy reported on the CFSR tool, which is used to for relative placements, foster homes and group homes, regarding psychotropic medications.

DES developed a fact sheet for dependency court judges regarding HCTC services, which are different from professional foster care services.

DES’ 15% budget scenario is posted on the DES website. The budget identifies the number of families that will be impacted by the cuts, and includes a proposal to eliminate the Grandparent Kinship program. The Promoting Safe and Stable Families program is also slated for elimination.

F. DES/RSA: There was no report.

IX. NAMPHAC Training in Salt Lake City-Report

Dee Ann reported that the training was targeted to rural and frontier states regarding the challenges of providing behavioral health services. Gita Enders and Sandi Ortiz were selected to attend the training.

Gita Enders reported that there was an eight state overview. Rural Councils have many challenges, including miniscule budgets, great distances to travel, etc. There were workshops on data, telemedicine, and the shortage of health care workers.

Sandi Ortiz reported that the tele-health workshop was exciting; it is different from telemedicine, as it is on an individual’s personal computer, through DSL. The technology saves time and money.

X. T/RBHA Updates

CPSA: Phyllis Grant reported that CPSA has an Education Subcommittee, which provides a forum for family members discuss issues. The TUSD psychologist and Special Education Director will meet with family members, providers, and CPSA representatives on October 30th to begin a dialogue of improving the coordination of behavioral health and special education services.

XI. Announcements

Sue Gilbertson announced that Richard Fimbres is running for City Council; Richard was a member of the Planning Council representing criminal justice many years ago.

Karia Basta announced that the Coalition to End Homelessness will have a national conference in Phoenix. The keynote speaker will address chronic health issues that exist in the homeless population.

Dee Ann announced that there are hearings in Phoenix regarding licensing fee increases. There will be huge increases for many providers (day care for example).

XII. Next Meeting/Agenda for Meeting

The next meeting is scheduled for November 18, 2009, 10:00 a.m. to 12:30 p.m., at The Excel Group, 3220-B East 40th Street, Telemedicine Room. Agenda items include a presentation from Cenpatico's Chief Executive Officer, Terry Stevens, and from Carol Carr, Chief Executive Officer of The Excel Group.

The following Committees will meet in November:

Planning & Evaluation: **November 17, 2009, 1:30 p.m. to 3:30 p.m., The Excel Group, 3220-B East 40th Street, Yuma. Please note the change in place and time!** Agenda items are a review of the Block Grant Implementation Report and writing the Planning Council letter to accompany the Implementation Report. Telemedicine is available at DBHS, Conference Room 295B, and CPSA, Plaza Arboleda, Tucson

Executive: **November 17, 2009, 3:30 p.m. to 5:00 p.m., The Excel Group. Please note the change in time, we have added 30 minutes to the meeting.**

Consumer Advisory: Immediately following the full Council meeting. Telemedicine is available at ADHS/DBHS, Conference Room 215B, NARBHA, Flagstaff, and CPSA, Plaza Arboleda, Tucson, and CPSA Sierra Vista.

XII. Call to the Public

George Galliher thanked Cope Community Services for their informative presentation. George added that DBHS recently submitted a grant application for Health Initiatives; some activities will be occurring in Pima County.

XIII. Adjournment

The meeting was adjourned at 12:00 p.m.