

## ADHS/DBHS Overview of Guidelines to RBHAs



On May 3, 2010, the Arizona Department of Health Services/Division of Behavioral Health (ADHS/DBHS) released Guidelines to Regional Behavioral Health Authorities (RBHAs) and providers to prepare for upcoming budget cuts. These cuts mean that some members will see a reduction in their services. The budget will become official on July 1, 2010; however, each member with a Serious Mental Illness (SMI) will be contacted by his or her case manager prior to this change to help plan for a possible reduction in services. .

**If you are eligible for AHCCCS (Title 19 or Medicaid) and receive services through a RBHA your benefits will not change as a result of the budget cuts, except for room and board as noted below.**

**If you are not eligible for AHCCCS (Title 19 or Medicaid) and are a person determined to have a Serious Mental Illness (SMI) your benefits will change.**

**Please note that crisis services are available to all persons who need them. Eligibility for AHCCCS is not required to receive crisis services.**

The following is an overview of the guidelines provided to the RBHAs:

### Crisis Services

1. The RBHAs must maintain crisis telephone services and mobile crisis intervention services 24 hours per day, 7 days per week.
2. If funding allows, the RBHAs may offer inpatient stabilization services up to 72 hours.

### Medication Services

1. The RBHAs will offer only generic prescription medication, necessary lab tests and doctor visits to Non-Title 19 SMI members.
2. The RBHAs will no longer offer brand-name medication, transportation, residential services, inpatient services, counseling and case management to Non-Title 19 SMI members.
3. Assertive Community Treatment (ACT) and Intensive Recovery Teams (IRT) will not be available to Non-Title 19 SMI members.
4. The RBHAs will maintain and make available a list of providers with a sliding fee scale as well as community resources.

### Supported Housing Services

1. Non-Title 19 SMI members who are currently receiving supported housing services will continue to receive services until other safe, stable housing is found. Members currently receiving supported housing services will not be evicted.
2. Beginning on May 3, 2010, the RBHAs will not provide supported housing services to new Non-Title 19 SMI members.
3. Title 19 and Non-Title 19 SMI members receiving housing services in residential facilities may be asked to help pay for the cost of room and board.

[View all guidelines provided to the RBHAs](#)

If you have questions, please call us at 602-364-4558, toll-free at 1-800-867-5808, or email us at [dbhsinfo@azdhs.gov](mailto:dbhsinfo@azdhs.gov).