



# Overview & Recap

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Sheila Sjolander, Assistant Director  
Arizona Department of Health Services  
Public Health Prevention Services

# What are we trying to achieve?

- \* Fewer deaths, ED visits, hospitalizations
- \* Prevention of accidental overdoses and addiction
- \* Reduction in number of prescription opioid analgesics
- \* Association of State & Territorial Health Officials (ASTHO)  
Challenge: reduce the rate of nonmedical use and the number of unintentional overdose deaths involving controlled prescription drugs **15 percent by 2015.**

# Why Guidelines?

- \* Requested by community practitioners, particularly in communities with coalitions actively working on the problem
- \* Compliments existing Emergency Department Guidelines & Pharmacy Dispensing Guidelines
- \* Common strategy of states trying to tackle this epidemic

# Why now?

- \* Heightened awareness of the issue
- \* Proposed requirements for licensed healthcare facilities to have prescribing policy go into effect July 2014
- \* Increased access to health insurance and substance abuse treatment

# What are we asking?

- \* Consensus on development of voluntary guidelines for primary care physicians, nurse practitioners, dentists, physician assistants, specialists
- \* Focus on non-cancer, non-terminal pain
- \* Support of professional associations, licensing boards, health plans, and academic partners to promote and disseminate use of guidelines that promote responsible and safe prescribing practices

# Preliminary Agreements

- \* General consensus on need for and value of guidelines
- \* Guidelines can be adapted to specialty areas or facilities
- \* Guidelines will be for prescribing practices, not comprehensive chronic pain treatment
- \* Guidelines should address prescribing for both acute and chronic pain
- \* Start with existing guidelines & experience in other states – Washington State, Phoenix VA, ED

# Today

- \* National & Arizona Perspectives
- \* Review Existing Guidelines for Consideration
- \* Discussion of important considerations & concerns
- \* Professional Education Opportunities
- \* Determine draft guidelines
- \* Review process & Follow-up

# Packets

- Existing Guidelines – Emergency Department, Dispensing
- Prescription Drug Monitoring Program
- Treatment resources
- For CME/CEUs, please complete the two-sided survey located in your packet and leave at the registration table at the end of the summit.
- CME/CEU Certificates are located on the registration table and are in categories of General, Nursing and Physician.