Safe and Effective Opioid Prescribing While Managing Acute and Chronic Pain

An online program offering 2 Free CME Credits to help Arizona DEA prescribers incorporate into practice the 2014 Arizona Opioid Prescribing Guidelines.

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Learning Objectives

1. Manage acute and chronic back pain.
2. Assess the functional effects of pain in patients.
3. Appropriately utilize a range of therapeutic options when managing patients with chronic pain.
4. Comply with current opioid risk-management practices, including the use of pain contracts and urine drug testing.
5. Educate patients on the proper use, storage, and disposal of opioid medications.

Developed in Partnership with:

- Arizona Prescription Drug Misuse & Abuse Initiative
- Arizona Department of Health Services
- University of Arizona College of Public Health
- University of Arizona College of Medicine

There is increasing evidence that opioid medications are over-prescribed and poorly managed because prescribers are not aware of appropriate opioid risk management strategies and non-opioid approaches to treating chronic pain. This activity seeks to familiarize prescribers with current guidelines for opioid use and prescribing, as well as educate prescribers about non-opioid strategies for pain management.

Learners will manage 3 virtual patients:

Francisco Cruz, a 32-year-old teacher with acute back pain.

He has been self medicating with acetominophen and a hrdrocodone-acetominophen combination product.

Marc Foster, a 37-year-old disability recipient with long-standing osteoarthritis and chronic pain.

He is being followed by a rheumatologist and has been referred to you for opioid management.

Margo Freese, a 44-year-old customer services manager with low back pain.

She has had several inconclusive imaging studies and is on partial disability at work. She has tried a number of medications and is seeking something to improve her lower back pain.

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