Arizona-Sonora Health Inventory Guide

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## **Focus Group**

Pima County-Agencies Santa Cruz County-Agencies Santa Cruz County- Community Municipality of Sonora-Agency and Community

## **Acknowledgements & Border Map**

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## Arizona-Sonora Health Resource Guide

This Arizona-Sonora Health Inventory and Resource Guide was created to inform border residents and health providers of the services that are available in their local area and binationally throughout the region. The inventory/resource guide is a tool that is considered a work in progress. It will continue to grow and expand as it becomes more accessible to the public through multiple forms of media. For instance, it will be available online through the Arizona Department of Health–Office of Border Health website, through cd-rom, and in hard copy. Through these forms of distribution , we hope participants, nonparticipants and other health services will use this Guide as a powerful promotional and collaborative tool, which can link their programs and community members to service agencies throughout the Arizona-Sonora border.

Although the printed version does include the following information, the on-line version and CD-version will include interactive Internet links to:

- Arizona-Sonora border health and social service agencies
- Agency and Program Contact e-mail addresses
- Local, state, national and international funding agencies currently supporting activities along the Arizona-Sonora Border
- Sister City epidemiological graphs of the major Healthy Gente/Frontera Saludable 2010 objectives
- Overviews of each Arizona county and Sonoran Municipio
- Comprehensive key word search capability

The health inventory resource guide went through multiple stages of development before finally being assembled. The development of the guide/handbook as a finished product consisted of three major steps. The first was to create a list of agencies or organizations (including locations and phone numbers) that have worked on specific health-related projects in the Arizona-Sonora border region. The second step, and the most research-oriented activity, involved developing, drafting, and editing a bilingual questionnaire in English and in Spanish to obtain specific information (e.g., type of agency, activities, target populations, health problems or needs, projects, objectives, funding sources, etc) about each agency or organization. The final step was to create and establish a database using the information gathered from the interviews and questionnaires. The final steps prior to the completion of the project included hosting community and agency focus groups as to ensure the Guide as user friendly in such things as the language used in the text, the organization of the information, and the ability to navigate through the guide without difficulty or confusion. The comments and suggestions made during the binational focus groups information will guide our formatting and follow up for the Second Edition!

Healthy Gente outlines a health promotion and disease prevention agenda through the year 2010 for the communities that border the United States and Mexico. Healthy Gente draws on the national health objectives defined in Healthy People 2010, identifying 25 of the most important objectives for the distinct needs and concerns of the border, Healthy Gente aims to develop preventive goals, objectives and strategies, resulting in a strategic management tool that will be used by the four U.S. border states, and ten Mexican states, their border communities and many other public- and private-sector partners.

## Who is developing Healthy Gente- Healthy Border 2010?

The idea of establishing health objectives for the border region was on outgrowth of preparatory work for the U.S.-Mexico Border Health Commission, a group designed to serve as a forum for addressing critical health issues in the border region. Four principles were used to guide the selection of objectives: a) they should address key health issues on the border; b) they should be limited in number; c) To the extent possible, the objectives should be measurable; and d) they should be compatible with federal and state objectives. The goal was to develop a set of objectives that will resonate with the border population, will be easily understood, and will help to coordinate public and private health programs.

Within each U.S. and Mexican border state, the Healthy Gente program will be implemented in border communities by a consortium of state and local organizations, including the state health department, border health office, local health departments, private health programs and private businesses.

## What are the goals of Health Gente –Healthy Border 2010?

- Increase quality and years of healthy life
- Eliminate health disparities

## What objectives are included in the Healthy Gente program?

The 25 Healthy Gente objectives cover the majority of the focus areas set out in the list of national health objectives, Healthy People 2010. The Healthy Gente objectives are all measurable objectives, however information for some of these measures is not yet available for the border communities. The objectives are presented and ordered according to the focus areas used for the national objective.

In this section, various Sonoran Healthy Gente-Healthy Border 2010 Objectives will be presented. For easy reference, bar graphs are used to describe mortality and morbidity rates for 12 of the 25 Objectives. Sonoran Municipalities include :Agua Prieta, Naco, Nogales, Puerto Peñasco and San Luis Rio Colorado. Please see the Arizona Section for information regarding the four US Border Counties of : Pima, Cochise, Santa Cruz and Yuma.

## Healthy Gente—Healthy Border 2010 Objectives

Topic Area	Year 2010 Objectives	
	Mexico	United States
Access to Care	Maintain at less than 5% the population without access to basic health services	Reduce by 25 % the proportion of persons lacking access to a primary care provider I underserved areas.
Cancer	Reduce the breast cancer rate for women by 20 %.Reduce the cervical cancer death rate for women by 20 %.	Reduce the breast cancer rate for women by 20 %.Reduce the cervical cancer death rate for women by 30 %.
Diabetes	Reduce diabetes death rate by 10 %.         Maintain the current level of hospital admissions for diabetes.	Reduce diabetes death rate by 10 %.         Reduce the diabetes morbidity by 25%
<b>Environmental Health</b>	Household connection objective not established. Maintain the current level of hospitalization rates for pesticide poisoning.	Reduce to zero the proportion of households without complete bathroom facilities.Reduce to 25% the hospital admissions for acute pesticide poisoning.
HIV/AIDS	Maintain HIV incidence at 2000 level or below.	Reduce the Incidence of HIV cases by 50%.
Immunization and Infectious Disease	Reduce the incidence of hepatitis A and B cases by 50 %.Reduce the incidence of tuberculosis by 10%.Maintain immunization coverage rate of 95% or higher for children under age 1 and age 1-	Reduce the incidence of hepatitis A and B cases by 50 %.Reduce the incidence of tuberculosis by 10%.Achieve and maintain immunization coverage rate of 90% for children 19-35
Injury Prevention	4. Reduce the motor vehicle crash death rate 20 %. Reduce the childhood (under age 5) death arts due to emistantianal initiaire has 50 %	months. Reduce the motor vehicle crash death rate 25 %. Reduce the childhood (under age 5) death
Maternal, Infant and Child Health	rate due to unintentional injuries by 50 %.Reduce the infant mortality rate due to all causes by 50 %.Reduce the infant mortality rate from birth defects by 50 %.Raise initiation of beginning prenatal care in the first trimester to 70 %.Reduce the pregnancy rate among 10-19 year olds by 20 %.	<ul> <li>rate due to unintentional injuries by 30 %.</li> <li>Reduce the infant mortality rate due to all causes by 15 %.</li> <li>Reduce the infant mortality rate from birth defects by 30 %.</li> <li>Increase the proportion of women beginning prenatal care in the first trimester to 85 %.</li> <li>Reduce the pregnancy rate among 15-17 year olds by 33 %.</li> </ul>
Mental Health	Reduce the suicide mortality rate by 25%.	Reduce the suicide mortality rate by 15%.
Oral Health	Ensure that 25% of population uses oral care services annually.	Raise the proportion of using oral care to 75% annually.
<b>Respiratory Diseases</b>	Maintain hospital admission rate for asthma at current level.	Reduce hospital admission rate for asthma by 40%.
* Nutrition and Overweight	Reduce the proportion of adults who are obese to 15%.	Reduce the proportion of adults who are obese to 15%.
* Substance Abuse	Reduce the number of vehicle accidents due to alcohol by 50%.Increase the proportion of youth 12 to 17 years that do not use alcohol or illicit drugs during the last 30 days.	Reduce the number of vehicle accidents due to alcohol by 50%. Increase the proportion of youth 12 to 17 years that do not use alcohol or illicit drugs during the last 30 days.
*Tobacco	Reduce to 33 % the proportion of adults and adolescents that use tobacco	Reduce to 33 % the proportion of adults and adolescents that use tobacco

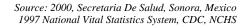
\* Specific objectives for the USMBHC-Arizona-Sonora delegations

Healthy Gente Healthy Border Objectives 2 and 3 are concerned with Breast and Cervical Cancers among Sonoran women. Although significant decreases in mortality and morbidity cannot be determined from the following epidemiological graphs, comparisons will be made between Sonoran border counties and 1997 baseline data. In 1997, baseline data was gathered from Arizona-Sonoran residents living in the Sister Cities of : Agua Prieta-Douglas, AZ, Naco-Naco, AZ, Nogales-Nogales, AZ and San Luis Rio Colorado-San Luis, AZ. In relation to breast cancer among both Arizona and Sonoran women, 19.6 women per 100,000 died of breast cancer in 1997.

Healthy Gente 2010 Objective 2 : Breast Cancer Reduce the breast cancer death rate for women by 20 percent Reducir la tasa de muerte por cáncer mamario en las mujeres por 20 por ciento

25 21.7 19.6 Per 100,000 female/mujer 20 13.2 15 10 6.29 4.9 5 A A 0 Nogales SLRC Puerto Sister Sonora Agua Naco Prieta Cities Peñasco

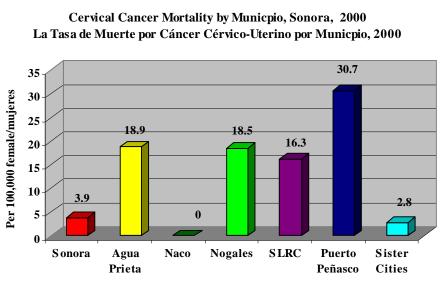
Breast Cancer Mortality Rate by Municipio, Sonora, 2000 La Tasa de Muerte por Cáncer Mamario por Municpio, Sonora, 2000



In 2000, the breast cancer mortality rate for the Sonoran Municipalities of

Nogales (13.2) and Agua Prieta (6.29) continue to be lower than this 1997 baseline rate, with only San Luis Rio Colorado exceeding this rate, with a breast cancer mortality rate of 21.7 deaths per 100,000 women. Data was not provided for Naco or Puerto Penasco.

In 1997, Arizona-Sonora women experienced a cervical cancer mortality rate of 2.8 per 100,000 females residents. In 2000, this rate was exceeded by all Sonoran border Municipalities. Although information from Naco is unavailable, Agua Prieta and Nogales Municipalities had similar cervical mortality rates of 18.5 and 18.9 respectively. San



Healthy Gente 2010 Objective 3 : Cervical Cancer Reduce the cervical cancer death rate for women by 20 percent

Reducir la tasa de cáncer cérvico-uterino por 20 por ciento.

Luis Rio Colorado was lower, with a rate of 16.3 deaths to cervical cancer per 100,000 women , while Puerto Penasco experienced the highest cervical cancer mortality rate of 30.7 per 100,000 women.

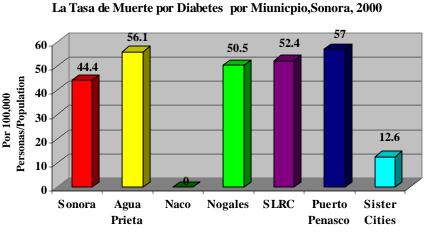
Many Arizona and Sonoranwomen protect themselves from these two different types of Cancer by talking with their Doctor and Promatora about having a Pap smear to detect cervical cancer and a Mammography to detect breast cancer.

Source: 2000, Secretaria De Salud, Sonora, Mexico 1997 National Vital Statistics System, CDC, NCHS

In 2000, the Sonoran diabetes mortality rate was 44.4 per 100,000. The 1997, Arizona Sonora sister city baseline diabetes mortality rate of 12.6 per 100,000 persons has been exceeded by all Sonoran border Municipalities. In 2000, Agua Prieta and Puerto Penasco registered the highest diabetes death rates among Sonoran Municipalities, with 56.1 deaths due to diabetes per 100,000 Agua Prieta residents and 57 deaths per 100,000 residents of Puerto Penasco. The mortality rate for Nogales residents was 50.5 and 52.4 for San Luis Rio Colorado residents.

Healthy Gente 2010 Objective 4 : Diabetes Reduce the diabetes death rate by 10 percent Reducir la tasa de muerte por diabetes por 10 por ciento

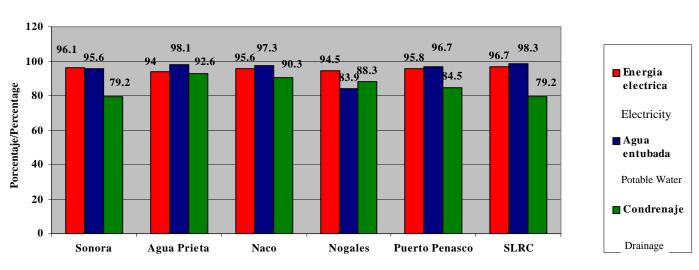
Diabetes Mortality Rates by Municipio, Sonora 2000



Source: 2000, Secretaria De Salud, Sonora, Mexico

The Healthy Gente 2010 Environmental Health Objective for household connections has not been established, an overview of the proportion of Sonoran households connected to Electricity, Potable water and Drainage systems is provided.

## Healthy Gente 2010 Objective 6: Environmental Health Reduce the Proportion of Homes not Connected Public Drainage or Septic systems Reducir a cero la Proporción de Hogares no Conectados a Sistemas de Drenaje Públicos o Sistemas Sépticos



Percentage of Population Connected to Electricity, Potable Water and Public Sewage Systems, Sonora 2002 Personas que cuentan con los servicios de Energia Electrica, Agua Entubada y Drenaje, Sonora, 2002

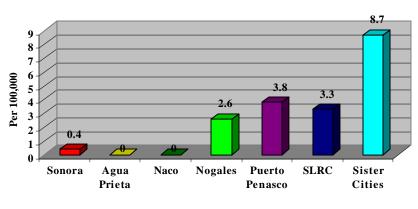
<sup>1997</sup> Baseline : National Vital Statistics System, CDC, NCHS

Instituto Nacional de Estadistica Geografica e Informacion, Indicadores seleccionados de vivienda por Municipio, 2000

In 1997, the rate of newly diagnosed HIV cases was 8.7 per 100,000 Arizona-Sonora border residents. In 2000, the HIV incidence rate for Sonora was 0.4. The Municipalities of Nogales (2.6), Puerto Peñasco (3.8) and San Luis Rio Colorado (3.3) were above this State average. Information for Agua Preita and Naco Municipalities are not available at this time.

Healthy Gente- Healthy Border 2010 Objectives 9 through 11, are Disease Healthy Gente 2010 Objective 8 : HIV/AIDS Maintain HIV incidence at 2000 level or below Mantener la Incidencia de VIH a o Abajo el Nivel de 2000

Incidence Rates for HIV Infection by Municipio , Sonora, 2000 Incidencia de Casos Diagnosticados por VIH por Municipio, Sonora, 2000



Source: 2000, Secretaria De Salud, Sonora, Mexico 1997 HIV/AIDS Surveillance System, CDC, NCHSTP.

dedicated to Immunization and Prevention of Infectious Diseases. The infectious diseases targeted by these objectives are *Hepatitis A, Hepatitis B and Tuberculosis*. The next three Objectives demonstrate the number of new cases, or incidence of these three infectious diseases. Hepatitis A is found in the stool of persons who are infected with Hepatitis A, it is usually spread from person to person by putting something in the mouth (even though it may look clean) that has been contaminated with the stool of a person with hepatitis A. is transmitted through the oral fecal route.

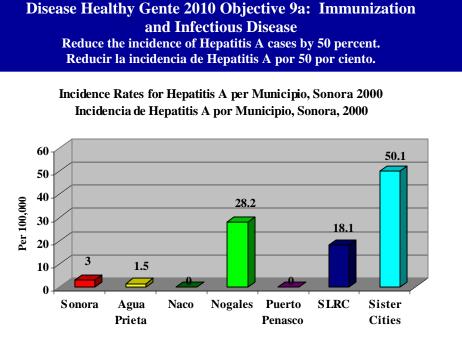
## Signs and Symptoms :

Jaundice, Fatigue, Abdominal Pain, Loss of Appetite, Nausea, Diarrhea, Fever.

## To Prevent Hep A -

Washing hands with soap and water after going to the bathroom, changing a diaper and before preparing food.

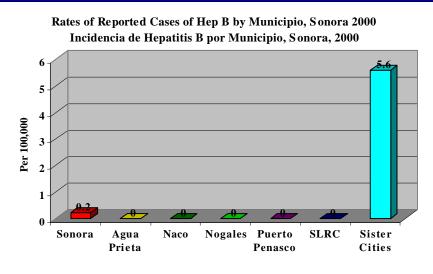
In 2000, the incidence rate of Hepatitis A in Sonora was 3.0 per 100,00. Nogales (28.2) and San Luis Rio Colorado (18.1) were well above tiserate, while Agua Prieta reported a lower rate of 1.5 per 100,000 residents.



Source: 2000, Secretaria De Salud, Sonora, Mexico 1997 National Notifiable Disease Surveillance System (NNDSS), CDC, EPO

HG-HB 2010 Objective 9b is dedicated to the reduction of the number of new cases, or incidence of Hepatitis B. Hepatitis B is a serious disease caused by a virus that attacks the liver. Hep B occurs when blood or body fluids from an infected person enters the body of a person who is not immune. Hep B is spread through having sex with an infected person without using a condom, by sharing drugs, needles, or "works" when

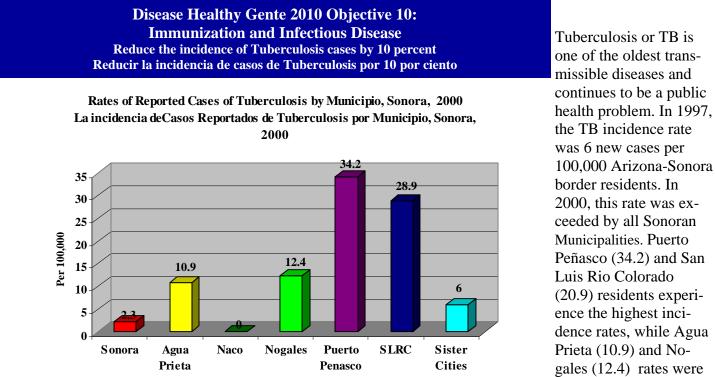




"shooting" drugs, through needle sticks or sharps exposures on the job, or from an infected mother to her baby during birth. Hep B has

Source: 2000, Secretaria De Salud, Sonora, Mexico 1997 National Notifiable Disease Surveillance System

many of the same signs and symptoms of Hep A, including joint pain. In 2000 the State of Sonora experienced less than 1 new case of Hepatitis B and no new cases of Hep B were reported for any of the Sonoran border Municipalities.

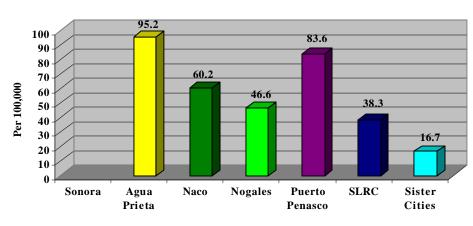


dence rates, while Agua Prieta (10.9) and Nogales (12.4) rates were auite lower.

Source: 2000, Secretaria de Salud, Sonora, Mexico 1997 National Notifiable Disease Surveillance System (NNDSS), CDC, EPO

The Healthy Gente Healthy Border 2010 Objectives for Injury and Violence Prevention, include goals related to decreasing the rate of accidental deaths among children aged 1-4, and the reduction of the motor vehicle crash death rate among all border county residents.

In 2000, the 1997 baseline mortality rate for motor vehicle crashes has been exceeded by all Sonoran Municipalities . Agua Healthy Gente Objective 12 : Injury and Violence Prevention Reduce the motor vehicle crash death rate by 20 percent. Reducir la tasa de muerte por choques vehiculares al 20 por ciento



Motor Vehicle Accident Mortality Rates by Municipio, 2000 La Tasa de Muerte por Choques Vehiculares por Municipio, Sonora

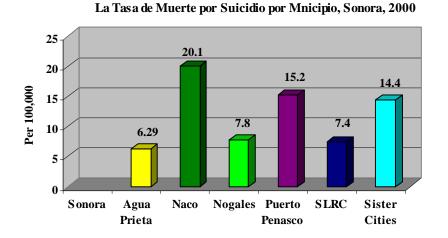
Prieta (95.2) and Puerto Peñasco(83.6) registered the highest mortality rates, with Naco (60.2) and Nogales (46.6) somewhat lower, while San

Source: 2000, Secretaria de Salud , Sonora, Mexico 1997 National Vital Statistics System, CDC, NCHS

Luis Rio Colorado registered the lowest mortality rate of 38.3 motor vehicle crash deaths per 100,000 residents.

## Healthy Gente 2010 Objective 18 : Mental Health Reduce the suicide death rate by 25 percent Reducir la tasa de suicidio al 25 por ciento

Mortality from Suicide by Municipio, Sonora, 2000



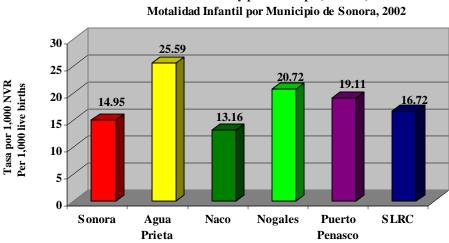
HG-HB 2010 Objective 18 is concerned with Mental Health. Among the Sonoran border Municipalities. In this region, the suicide mortality rates varygreatly. The lowest rates of mortality were experienced by Agua Prieta (6.29), Nogales (7.8) and San Luis Rio Colorado (7.4). Puerto Peñasco had a suicide death rate of 15.2, and Naco, 20.1 per 100,000 persons. In 1997, suicide mortality was 14.4 for Arizona-Sonora residents, this baseline rate has been exceeded by both Naco and Puerto Peñasco.

Source: 2000, Secretaria de Salud , Sonora, Mexico 1997 National Vital Statistics System, CDC, NCHS

Healthy Gente Objectives 14 through 17 are concerned with Maternal, Infant and Child Health. They include infant Mortality, Early Initiation of Prenatal Care and Teenage Pregnancy. In this section information is provided for Infant Mortality objectives 14 and 15.

Infant mortality, or the rate of infant death is an indicator of the health of a community. In 2002, infant mortality for Sonora was 14.95 per 1,000 live births. This rate was exceeded by all Municipalities, with the

Healthy Gente Objective 14: Maternal, Infant and Child Health Reduce the infant mortality rate from all causes by 50 percent Reducir la tasa de mortalidad infantil por 15 por ciento

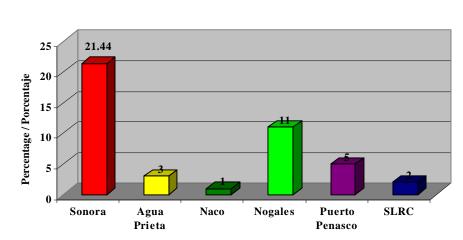


Infant Mortality per Municipio, Sonora, 2002

Source: Sistema Estatal de Salud, Anuario Estadistico Edicion 2002 highest rates occurring in Agua Prieta (25.59), Nogales 1997 National Vital Statistics System, CDC, NCHS (20.72), Puerto Peñasco (19.11) and San Luis Rio Colorado (16.72). Naco, had the lowest infant mortality rate in 2002, with 13.16 infant deaths per 1,000 live births.

In 2000, the State of Sonora experienced 21.44 per 1,000 live births due to birth defects. All Sonora border municipalities were below this State rate. Naco (1), San Luis Rio Colorado (2) and Agua Prieta (3) had the lowest infant mortality rate due to birth defects. Puerto Peñasco (5) and Nogales (11) were slightly higher than above mention border municipalities, but remained well below the Sonora rate.

Healthy Gente Objective 15: Maternal, Infant and Child Health Reduce the infant mortality rate from birth defects by 50 percent. Reducir la tasa de mortalidad infantil causado por defectos de nacimiento por 50 %.



Infant Mortaltiy Rates from Birth Defects by Municipio, Sonora, 2000 La Tasa de Mortalidad Infantil Causado por Defectos De Nacimiento por Municipio, Sonora, 2000

> Source: 2000. Secretaria de Salud, Sonora, Mexico 1997 National Vital Statistics System, CDC, NCHS

# Agua Prieta-Sonora

## STATISTICAL DATA

## DEMOGRAPHIC OVERVIEW

The actual municipality area was, during the colonial era en the early times of the independence, under the administration of the Border Presidio, located in the Chiricahua Apache region.

Tourists coming from many of the States of the U.S. see this border city as the gateway to the Sonora Desert Route.

The municipality is located in the Northwest region of the State of Sonora being its seat the town of Agua Prieta. Limits with the United States of America to the north, the State of Chihuahua to the east; the municipality of Naco to the west; with the municipalities of Bavispe and Nacozari de García to the south and with the municipality of Fronteras to the southwest.

It has an area of 3,631.65 square kilometers, which is 1.95 per cent of the State's total and 0.18 of the national's total. The largest population, aside the seat, is *colonia* Morelos.

According to the INEGI census the population reported for 1980 was 34,380, en 1990 it was 39,120 and in 2000, 61,821 of which 31,243 are men and 30,578 women. This corresponds to a growing rate of 1.3% for 1980/1990 and 4.6% for 1990/2000.

Sonora Public Health Department reports that in 2001 Sonora Public Health Department hospitals and Social Security (IMSS, ISSSTE e ISSSTESON), provided 81,666 general consultation services, 17,171 special care services, 7,570 dental services provided, 1,789 surgeries were performed, 29,630 emergency services were provided, 5,007 users were released, 1,466 births were assisted, 96,248 clinical lab tests were performed and 8,479 x-ray studies done.

# **Immigrant Children ACJ**

Calle 3, Ave. 10 No 999 Colonia Centro Agua Prieta, Sonora Telephone: (633) 33 8-40-00 Fax: (633) 33 8-40-00 Email: <u>ymcaaguaprieta02@hotmail.com</u>

## Program: Building YMCA for Immigrant Children

### Mission:

Contribute to the full development of spirit, mind and body of children and immigrant children of the USA – Mexico border area, seeking the greatest possible protection of their human rights, providing them with a safe and healthy shelter where they will receive food, clothing, basic medical care and access to communications.

### Objectives

To make people aware of the dangers these children face when illegally crossing the border and the risks they face being so young and even the adults.

#### Activities performed and expected results

Information tools to further explain, through pamphlets, videos, newspaper immigration news, short talks within the shelter's facilities and information posters, the risks that minor immigrant may face. To accomplish, by these means, a reduction in the number of minors who try to cross the USA border.

### **Targeted Population**

Minor between 12 - 17 years old who arrive to our border with the intention of attaining the American dream, and are deported.

Assistants Institutions and volunteers.

**Funding** None, only donations **Institution to contact** ACJ Niños Migrantes

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Prevention of violence and injuries

## Luz y Vida Missionary Rehabilitation Shelter

Calle 35 Avenida 6 y 7, Industrial Colonia Ladrillera Agua Prieta, Sonora Telephone: It does not have this service Fax: It does not have this service Email: It does not have this service

## Mission:

Help needy people through alcohol and drug addiction counseling.

**Program**: Create a work resource

#### Objectives

Resolve the expenses incurred to by the shelter.

### Activities performed and expected results

Reduce the number of people using drugs and alcohol and to obtain funds to maintain the shelter.

**Targeted Population** People with drug and alcohol problems.

Assistants Institution staff only.

**Funding** Donations.

**Institution to contact :** Luz y Vida Missionary Rehabilitation Shelter

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Substance Abuse

## **Shelter Home la Divina Providencia**

Km. 2.5, Carretera Vieja a Naco ArizonaAgua Prieta, SonoraTelephone: (633) 33 8-80-83Fax:(633) 33 8-80-83Email:juando29@hotmail.com, jesusteran@prodigy.net.mx

## Mission:

Nurture love, humility and friendship through helping and caring for helpless individuals; enjoy our services which require a total submission; and accept the integration of every human been who is willing to serve God through his peers

**Program:** Social Services

**Objective** Serve our fellow men.

Activities performed and expected results Social Services.

**Targeted Population** Agua Prieta and surrounding communities.

Assistants Voluntaries, educational and religious institutions.

Funding: None

## **Program:** Disease Prevention

**Objective:** Prevent possible diseases in our guests.

#### Activities performed and expected results:

Training courses, awareness talks. Expected results are always to have a healthy population.

### **Targeted Population :** Our current population is 26 elders and 30 girls

## Assistants :

15 employees, Red Cross paramedics, SEMESON Hospital and volunteer doctors.

**Funding:** All our financing is through community donations.

**Institution to contact** Shelter Casa Hogar la Divina Providencia

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Access to health care

Institution to contact: Shelter Home la Divina Providencia

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

# **Dolores Shelter**

Calle 6, Avenida Azueta y Anahual Agua Prieta, Sonora Telephone: (633) 33 8-48-73 Fax: It does not have this service Email: It does not have this service

Mission:

Help our fellow men, specially our elders and children.

## Program: Shelter for Elders and Children

#### **Objective:**

Achieve improvement of the shelter, preparing it to obtain a better quality of life.

#### Activities performed and expected results:

Medical care, food, clothing and different events.

**Targeted Population :** Over 65 years old.

Assistants : This information is not available

Funding: Donations **Institution to contact:** Shelter Dolores

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

## **Brazos De Amor**

Carretera Agua Prieta, Conanza KM 4.5 Agua Prieta, Sonora Telephone: (633) 33 8-45-31 Fax: It does not have this service Email: <u>brazosdeamor@yahoo.com</u>

#### Mission:

Help abandoned children and those who live in a disintegrating fa mily. Also if they have problems due to low income.

## **Program:** Educational and artistic

**Objective:** Develop skills and capabilities in children.

Activities performed and expected results: Support family integration and the return of children to their homes.

**Targeted Population :** Population at large.

Assistants : Churches, businesses and volunteers.

**Funding:** This information is not available.

**Institution to contact:** Brazos De Amor.

> Healthy Gente Healthy Border 2010

Objectives of this project

Violence and Injury Prevention

## **Immigrant Assistance Exudus Center**

Calle 6, Avenue Anahuar S/N Agua Prieta, Sonora Telephone: (633)33 8-76-94 Fax: It does not have this service Email: It does not have this service

### Mission:

Complete assistance to the immigrant (food, medication, shelter and clothing); act as a center of immigrant rights.

## **Program:** Shelter

**Objective:** Provide quality food and shelter to immigrants.

Activities performed and expected results: Provide food and shelter.

**Targeted Population:** Immigrants from Latin America.

Assistants : This information is not available.

Funding: Donations **Institution to contact:** Centro de Atención al Migrante Exudus.

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

# **Rotary Club**

Calle 10, Avenida 27 Agua Prieta, Sonora Telephone: (633) 33 8-06-51 Fax: It does not have this service Email: dvena@prodigy.net.mex

**Mission:** Provide income to the people who need it the most (food and scholarships).

## **Program:** Help people with disabilities

### **Objective:**

Give the best of the Club and make these programs even better.

## Activities performed and expected results:

Look for programs to sponsor.

**Targeted Population:** Population at large.

Assistants : Medical Doctors

#### Funding:

This information is not available.

**Institution to contact:** Club Rotario.

> Healthy Gente Healthy Border 2010

Objectives of this project

# Naco-Sonora

## STATISTICAL DATA

## DEMOGRAPHIC OVERVIEW

Until 1901, Naco's territory was part of the municipality of Fronteras, and then part of Cananea, until the decree issued by the local congress on June 22, 1937, granted municipal autonomy. The name Naco means "**Prickly pear cactus**" in opata language.

The municipality is located in the northern region of the State of Sonora, being its seat the town of Naco and is located at 31° 19′ north latitude and 31° 19′ west longitude from the Greenwich, at an altitude of 1,524 meters over sea level. Limits with the United States of America to the north, the municipality of Agua Prieta to the east, with Bacoachi to the south and Cananea to the west.

It has an area of 651.80 square kilometers, which is 0.35 per cent of the State's total and 0.03 of the national's total. The largest population, aside from the seat, is *ejido* Cuauhtemoc.

According to the INEGI census the population reported for 1980 was 4,441, en 1990 it was 4,645 and in 2000, 5,352 of which 2,672 are men and 2,680 women. This corresponds to a growing rate of .4% for 1980/1990 and 1.4% for 1990/2000.

Sonora Public Health Department reports that in 2001 Sonora Public Health Department hospitals and Social Security (IMSS, ISSSTE e ISSSTESON), provided 13,893 general consultation services, an 22 births were assisted.

# Nogales-Sonora

## STATISTICAL DATA

## DEMOGRAPHIC OVERVIEW

Nogales emerge from the authorization obtain in 1880 by the Sonora Railroad Company. Seeking a border terminal, it chose the Nogales wash, thus taking it to the international border in the Magdalena District.

Later, the federal government authorized a border customs post in the location chosen for the railroad terminal. At that time, the area was deserted with the exception of a few inhabitants in the Elias ranch. Customs officials had to be housed in tents.

The municipality is located in the northern region of the State of Sonora, being its seat the town of Nogales. Limits with the United States of America to the north and with the following municipalities: with Santa Cruz to the east, with Imuris to the south and with Saric to the west.

It has an area of 1,654.76 square kilometers, which is 0.89 per cent of the State's total and 0.08 of the national's total. It has a total of 180 centers of population.

According to the INEGI census the population reported for 1980 was 68,076 habitants, en 1990 it was 107,936 habitants and in 2000, 159,103 of which 80,625 are men and 78,478 women. This corresponds to a growing rate of 4.6% for 1980/1990 and 3.9% for 1990/2000. This represents a population density of 80.70 inhabitants per square kilometer.

Sonora Public Health Department reports that in 2001 Sonora Public Health Department hospitals and Social Security (IMSS, ISSSTE e ISSSTESON), provided 210,195 general consultation services, 46,953 special care services, 7,570 dental care services provided, 1,789 surgeries were performed, 29,630 emergency services were provided, 5,007 users were released, 1,466 births were assisted, 96,248 clinical lab tests were performed and 8,479 x-ray studies done.

# Mexican Diabetes Association in Sonora. A.C

Governmental 5 de Febrero y Moctezuma Nogales, Sonora Telephone: (631) 31 3-0519 Fax: 31 3-0519 Email: cdiabetesnogales@hotmail.com

#### Mission:

To improve the quality of life of patients with diabetes and their families

## **Program:** To Better the Life of the Population

#### **Objective:**

- Educate the population to better the quality of life.
- Detect diabetes timely in the population at large.
- Provide follow up to patients with diabetes.

### Activities performed and expected results:

- Continuing education to all groups of the population
- Timely detection of diabetes
- Early phase detection of diabetes in people, with fewer complications.

## **Targeted Population:**

Population at large. Children, teenagers and adults

#### Assistants :

Sonora Health Department, Nogales General Hospital, Arizona-Sonora Border Public Health Office.

### **Funding:**

Activities performed by the Association's Board of Directors.

#### Institution to contact:

Asociación Mexicana de Diabetes en Sonora A.C.

#### Healthy Gente Healthy Border 2010

Objectives of this project

**Diabetes and Nutrition** 

## **Sonora Health Services**

# **Health Information Center**

Secretaría de Salud Moctezuma y 5 de Febrero Nogales, Sonora Telephone: (631) 31 3-56-70 Fax: (631) 31 3-79-20 Email: mcisalnogales@hotmail.com

#### Mission:

Health education through promotion and timely detection.

## **Program:** HIV-AIDS

#### **Objective:**

Aggressively continue with preventive measures since we still find people who have volunteered to be tested to be HIV positive. Our question is, what about those who have not been tested?

#### Activities performed and expected results:

Talks at middle schools, high schools and college, focusing on prevention and the importance of adequate detection, also at drug rehabilitation centers and at bars frequented by the gay community.

#### **Targeted Population:**

Teenagers, homosexual groups, heterosexuals and IV drug users.

**Assistants :** This information is not available.

**Funding:** This information is not available.

## Program: Drinking water

#### **Objective:**

Bring to family homes without drinking water or draining facilities information about boiling and chlorinating the water to prevent gastrointestinal infections, and how to handle food, waste, control of pests and garbage. Promote health education to prevent gastrointestinal infections.

#### Activities performed and expected results:

Visit each family 3 times to asses if the information provided in previous visit has been utilized.

## **Targeted Population:**

Families who live in **squatters lots** and do not have services provided by public utilities.

#### Assistants :

This information is not available.

**Institution to contact:** Centro de Información para la Salud

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Access to Health Care, HIV, and Substance Abuse

## Institution to contact:

Centro de Información para la Salud

Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

### Funding: Mariposa Health Center

## **Sonora Health Services**

# **Health Information Center**

Secretaría de Salud Moctezuma y 5 de Febrero Nogales, Sonora Telephone: (631) 31 3-56-70 Fax: (631) 31 3-79-20 Email: mcisalnogales@hotmail.com

## Program: Teen Pregnancy

### **Objective:**

Emphasize upon teenagers to enjoy their sexuality with responsibility avoiding problems such us unplanned pregnancy that would make attaining their goals difficult and would create personal, family, school and social problems.

#### Activities performed and expected results:

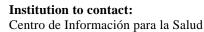
Talk with teenagers at middle and high schools focusing on the benefits of sexual abstinence and providing information on the biological, psychological and social complication of teen pregnancy.

### **Targeted Population:**

Male/female teenagers

Assistants : This information is not available

**Funding:** This information is not available



Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Access to health care, HIV, Maternal- Child Health

## **Program**: Addiction

#### **Objective:**

Provide information to children, youth, and adults, trough talks, interviews, social plays and forums, on the irreversible damage caused to the physical, psychic and social aspects of the individual, as well as the factors affecting family and society.

Activities performed and expected results: This information is not available

**Targeted Population:** Children and teenagers.

Assistants : This information is not available

**Funding:** This information is not available

**Institution to contact:** Centro de Información para la Salud

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Access to Health Care, HIV, Maternal- Child Health and Substance Abuse

# **Sonora Health Services**

# Health Information Center

## Program: Teen Sexuality

## **Objective:**

Give adolescents information on alternatives and how to enjoy their sexuality while preventing pregnancy, focusing on the benefits of sexual abstinence and the proper us e of condoms.

### Activities performed and expected results:

Talks at education centers about sexuality, review of human anatomy and physiology of male and female reproductive organs through a rain of ideas (Didactical technique), exploring the risks of not been able to accomplish personal goals due to unplanned pregnancy.

## **Targeted Population:**

Adolescents

Assistants : This information is not available

**Funding:** This information is not available

## Institution to contact:

Centro de Información para la Salud

Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

HIV, Maternal-Child Health

## Program: Child Protection

## **Objective:**

Teach children how to protect themselves fromsexual abuse.

## Activities performed and expected results:

Talks with children in their classrooms with feedback from them using pamphlet created for this purpose.

## **Targeted Population:**

Children from kindergarten and elementary school.

### Assistants : This information is not available

**Funding:** This information is not available

**Institution to contact:** Centro de Información para la Salud

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Violence and Injury Prevention

# **KIWANIS** Club

Nogales Frontera Avenida Obregón, No. 1033, Local E y C. Hermosillo #505, Col. Granja Nogales, Sonora Teleph one: (631) 31 3-04-14 y 31 42 76 13 Fax: It does not have this service Email: It does not have this service

**Mission:** Help to the community, especially women in detecting and preventing cervix-uterus cancer.

## Program: Cervix, Uterus and Breast Cancer Early Detection Annual Campaign

### **Objective:**

Free cancer screening for people with low income.

## Activities performed and expected results:

Contribute in early cancer detection in women.

**Targeted Population:** Women (preferably over 20 years old)

Assistants : Nogales General Hospital

#### Funding:

This information is not available

**Institution to contact:** Club KIWANIS

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Women Access to Cancer Care

# Sonora Health Services

# **Nogales General Hospital**

Secretaria de Salud Fco. Arriola # 1277 Nogales, Sonora Telephone: (631) 31-3-0671 Fax: (631) 31-3-06-71 Email: unestab@prodigy.net.mx

### Mission:

**Program:** Basic Package of Health Services, Primary Health Care, Hospitalization an Emergencies.

### **Objective:**

Provide health care to the population, responding to priority needs.

### Activities performed and expected results:

Annual established goals with monthly performance reports. The following services are offered:

- Planned parenthood
- Prenatal care
- Social Services
- Injuries and Accidents
- Dental Health
- Age (Acute Diarrheic Disease)
- Family deparasitation
- ARI (Acute Respiratory Infections)
- Tuberculosis
- Hypertension and Diabetes
- Breast, Cervix-Uterus Cancer
- Dengue

## **Targeted Population:**

Population at large.

Assistants : Other Health Institutions.

**Funding:** State and Federal Government **Institution to contact:** Hospital General Nogales

> Healthy Gente Healthy Border 2010

Objectives of this project

# **Arizona- Sonora Border Public Health Office**

Secretaria de Salud Sonora /Arizona Department of Health –Office of Border Health 5 de Febrero y Moctezuma Nogales Sonora Telephone: (631) 31 3-7920 Fax: (631) 31 3-7920 Email: saho@prodigy.net.mx

### Mission:

Coordinate actions in a joint effort gear to solve health problems that have been identified as priorities by the public on both sides of the border in accordance with a local and regional epidemiological diagnosis

## **Program:** Dysplasia Clinic

### **Objective:**

To improve the treatment of women with some kind of breast or cervix pathology.

### Activities performed and expected results:

Build a Colposcopy and Cryosurgery Clinic, with it we hope to increase the treatment of breast and cervical-uterine cancer as well as other types of pathologies and thus avoiding transfer to other clinics.

#### **Targeted Population:**

Population at large.

Assistants : ADHS-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora

#### **Funding:**

Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora

## Program: Neonatology Unit

#### **Objectives:**

To improve the quality of treatment to new or prematurely born or born with birth problems.

### Activities performed and expected results:

Create a Neonatology Unit that is expected to reduce the number of transfers of premature children or born with some birth problem, which will result in quality of life improvement, and reduction of mortality due to these causes.

#### **Targeted Population** :

Population at large.

Assistants : ADHS-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora

#### Funding:

Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.

**Institution to contact:** Oficina de Salud Pública de la Frontera Sonora-Arizona

> Healthy Gente Healthy Border 2010

Objectives of this project

Access to Health Care, Maternal-Child Health and Pediatric Care

**Institution to contact:** Oficina de Salud Pública de la Frontera Sonora-Arizona

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Access to Cancer Care

## Program: Drug resistant Tuberculosis

## **Objective:**

Improve treatment and follow up of MFR lung tuberculosis cases existing in any of the three border municipalities.

### Activities performed and expected results:

Implement, through **a** binational treaty, a treatment plan for drug resistant lung tuberculosis cases.

### **Targeted Population** :

All the patients diagnosed by the Sonora Health Services.

### Assistants :

Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.

**Funding:** Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.

**Institution to contact:** Oficina de Salud Pública de

la Frontera Sonora-Arizona

Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Access to health care, and Immunization and Infectious Disease Prevention

## Program: Laboratories Infrastructure Improvement

### **Objective:**

The State Public Health Laboratory will have the diagnosis capacity for all reoccurring diseases; therefore, we will be better prepared to respond to any event of bioterrorism that could occur in the State of Sonora. Furthermore, by implementing this Biosecurity Type III Laboratory within the State Public Health Laboratory places the State of Sonora as the only laboratory of this kind in the northern region of the country and it will serve as a reference to the States of Chihuahua, Baja California, Sinaloa y Nayarit.

## Activities performed and expected results:

A physical structure assessment of the State Public Health and Nogales General Hospital Laboratories was required. The plans to build a Biosecurity Laboratory (Level III) in the State Public Health Laboratory were designed, consisting of a equipment distribution plan, electrical installation plan, consisting of lights and outlets and it was also designed a construction plan for a Biosecurity Laboratory (Level II) in the Nogales General Hospital Laboratory consisting in adapting physical space for the distribution of equipment.

## **Targeted Population** :

Population at large

Assistants : Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.

**Funding:** Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora. **Institution to contact:** Oficina de Salud Pública de la Frontera Sonora-Arizona

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

## Arizona- Sonora Border Public Health Office

## Program: Arizona-Sonora Information System (SIREN)

## **Objective:**

- Create an information system infrastructure.
- Create a communications network between Sonora and Arizona.

## Activities performed and expected results:

Outfitting with computers places that did not have them and providing Internet access, as well as access passwords, improving this way the quality of information and communications.

## **Targeted Population:**

Arizona border counties, Sonora border municipalities and Sonora and Arizona State Health Agencies.

## Assistants :

Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.

## Funding:

Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.

## Program: Infectious Diseases Border Watch "BIDS"

## **Objective:**

- Detection of Hepatitis, Measles, Rubella, and Dengue cases.
- Educating the population in preventing and detecting Hepatitis, Measles, Rubella, and Dengue diseases.

## Activities performed and expected results:

- Detecting suspicious cases of EFE's and Hepatitis
- Diagnosis of Measles, Rubella, Hepatitis A,B,C,D, y E.

Targeted Population: Population at large.

Assistants : CDC, DGE, Indre, ADHS-OBH, OSSA, SSS, HG Nogales

**Funding:** CDC, OSSA, SSS, HG Nogales.

**Institution to contact:** Oficina de Salud Pública de la Frontera Sonora-Arizona

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Access to health care

**Institution to contact:** Oficina de Salud Pública de la

Frontera Sonora-Arizona

## Healthy Gente <u>Healthy</u> Border 2010

Objectives of this project

Access to Health Care, Immunization and Infectious Diseases

# Arizona- Sonora Border Public Health Office

## **Program:** Binational Tuberculosis Program

## **Objective:**

- To increase Tuberculosis case detection.
- To increase case contacts search activities.
- To increase case follow-up activities.

## Activities performed and expected results:

To increase search and detection of Tuberculosis cases, which would increase cured cases and prevent the transmission of the disease to healthy people.

## **Targeted Population:**

Population at large in the municipalities of Nogales, Agua Prieta and San Luis Rio Colorado.

Assistants : CDC, ADHS-OBH, SSS, HG Nogales

**Funding:** CDC, Arizona Department of Health Services-OBH, SSS, HG Nogales, OSSA

## **Institution to contact:** Oficina de Salud Pública de

la Frontera Sonora-Arizona

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Access to Health Care, Immunization and Infectious Diseases

## Program: Triage and Medical Stabilization Unit

## **Objective:**

To set up a Triage and Medical Stabilization Unit at Nogales General Hospital. Continuing medical education for the unit's medical and nursing staff in partnership with other institutions. To care for people in a critical condition, putting at risk their own lives.

## Activities performed and expected results:

To set up a Triage and Medical Stabilization Unit at Nogales General Hospital, help to attain their objectives, and a continuing education program for the staff, expecting to improve the quality of the care, reduce the number of referrals to the Hermosillo General Hospital or to the University of Arizona Hospital.

## **Targeted Population:**

Residents of both Nogales and immigrants of both countries.

Assis tants :

Sonora Health Department, Arizona Department of Health Services, Arizona Border Health Commission, Sonora Border Health Commission, Tucson Medical Center, UMC.

## Funding:

Arizona Department of Health Services, SSS, Arizona Border Health Commission -TMC, Sonora Border Health Commission -UMC **Institution to contact:** Oficina de Salud Pública de la

Frontera Sonora-Arizona.

Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

## **Sonora Health Services**

## **Detoxification Unit**

Unidad de Desintoxicación 5 de Febrero Nogales Sonora Telephone: 31-3-5650 Fax: 31-3-5650 Email: goyo50@prodigy.net.mx

#### Mission:

Create patient awareness about his/her disease and the importance of following the treatment to help with their rehabilitation and be able to reenter into society.

## **Program:** Interna Program

#### **Objective:**

Patient detoxification getting medical attention during the first days of detoxification.

#### Activities performed and expected results:

Medical, consultation and treatments Psychological, individual, group and family therapy Social Therapy, Practice: therapy program with patient follow up Narcotic Anonymous, Alcoholic Anonymous Meetings

#### **Targeted Population:**

People addicted to any type of drugs.

#### Assistants :

Medical doctors, psychologists, social workers, and nurses, Alcoholic Anonymous and Narcotic Anonymous Staff.

Funding:

Government (Health Department)

**Institution to contact:** Servicios de Salud de Sonora

> Healthy Gente Healthy Border 2010

Objectives of this project

Access to Health Care, Immunizations and Infectious Diseases, Violence Prevention, Maternal-Child Health, Mental Health and Substance Abuse.

## **Sonora Health Services**

## Program: Outpatient Program

### **Objective:**

Once detoxified the patient goes to receive counseling sessions 2 hours each day for the next two weeks approximately.

### Activities performed and expected results:

Medical, consultation and treatments Psychological, individual, group and family therapy Social Therapy, Practice: therapy program with patient follow up Narcotic Anonymous, Alcoholic Anonymous Meetings

## **Targeted Population:**

People addicted to any type of drugs.

#### Assistants :

Medical doctors, psychologists, social workers, and nurses, Alcoholic Anonymous and Narcotic Anonymous Staff.

### Funding:

Government (Health Department)

**Institution to contac t:** Servicios de Salud de Sonora

> Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Access to Health Care, Immunizations and Infectious Diseases, Violence Prevention, Maternal-Child Health, Mental Health and Substance Abuse.

## Nogales Sonora George Papanicolau State Group, IAP

Angélica Romero de Gaytan C. Morelos # 1486, Col Moderna, CP 84055 Y Carretera Int.km 5.5 Nogales, Sonora Telephone: (631) 32 0 03-30 Fax: (631) 31 3-08-99

## Project: Prevention and support to people who have cancer

**Objecti ve:** Cancer disease prevention and support to people with limited resources who have this disease and do not have any medical facility caring for them.

## Activities performed and expected results:

- Prevention talks to the community at colonias, schools and homes
- Pap smear tests and breast exams
- Support group to cancer survivors
- Physical therapy to women who had breast cancer surgery
- Home and hospital visits to patients
- Participation in Health Fairs and Radio Programs

### **Targeted Population:**

All the population of Nogales.

## Funding:

This information is not available

**Institution to contact:** George Papanicolau AC.

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

# Alcoholic Anonymous AC, District 4, Nogales Sonora

C.Ave. Obregón 1121-3B Tel: (631) 31 3-13-10 Col Moderna Nogales, Sonora C.P. 84055 Email: <u>serviciosgenerales@alcoholicos-anonimos.org.mx</u> Website: <u>www.alcoholicos-anonimos.org.mx</u>

Program: Alcoholic Anonymous AC.

**Objective:** Help people to achieve and maintain sobriety

Activities performed and expected results: Information on groups and times

Targeted Population : Population at large

Assistants : This information is not available

Funding: This information is not available

**Institution to contact:** Alcohólicos Anónimos AC.

Healthy Gente Healthy Border 2010

Objectives of this project

# **Border Christian Friendship AC.**

Thelma Laborin C.José Maria Morelos y Privada de la Fuente # 1380 Col Moderna Nogales, Sonora CP 84055 Tel: (631) 31 3-75-75 Fax: (631)31 395-33 Email: <u>grupo amistad@yahoo.com</u>

## Program: Community Service

### **Objective:**

Services to the community

### Activities performed and expected results:

- Family and marriage counseling
- Rescue Teams in disadvantaged communities once every 2 months
- Medical service

Talks to parents and children

## **Targeted Population** :

Population at large

Assistants : This information is not available

#### **Funding:**

This information is not available

## Institution to contact:

Amistad Cristiana de la Frontera AC

### Healthy Gente <u>Healthy Border 2010</u>

Objectives of this project

Access to Health Care, Immunizations and Infectious Diseases, Violence Prevention, Traumatology, Mental Health and Substance Abuse.

## **International Love AC**

Ramón Gómez Calle Montaña #751 Colonia Municipal Nogales, Sonora CP 84035 Tel: (631) 31 3-51-00 Email: <u>amistadnog@prodigy.net.mx</u>

## **Program:** Psychological and Spiritual Services to the Community

**Objective:** Community service

#### Activities performed and expected results:

Family and youth orientation to people with addiction and depression diseases and home visits to people who ask for help.

**Targeted Population :** Population at large

Assistants : This information is not available

**Funding:** This information is not available Institution to contact:

Amor Internacional AC

Healthy Gente Healthy Border 2010

Objectives of this project

Acces toHealth Care, Mental Health and Substance Abuse

## **CAMP 1 (Multiple Assistance Center)**

Calle Club Rotario 10 Colonia Maza de Juárez Nogales, Sonora CP. 84063 Tel: (631) 31 5-84-67

#### **Program:** Assistance to various disabilities

**Objective:** 

Provide elementary education to people who have some disability.

#### Activities performed and expected results:

Elementary education is provided to minors with sensory disabilities like deafness and blindness as well as physical therapy.

#### **Targeted Population** :

Minors with deafness and blindness disabilities.

Assistants : This information is not available

**Funding:** This information is not available **Institution to contact:** Camp 1

> Healthy Gente Healthy Border 2010

Objectives of this project

Access to health care

## (Family Violence Victim Assistance Center) CAVID

Psicóloga Maria Victoria Muñoz Calle Ingenieros #74 Colonia Fundo Legal Nogales, Sonora CP 84030 Tel: (631) 31 2-39-86

#### **Program:** Assistance to Crime victims

#### Objective:

Provide counseling and legal orientation

#### Activities performed and expected results:

Support organizing neighborhood committees against crime, as well as workshops such as sexual crime prevention, family violence prevention, for the schools or institutions requesting them.

**Targeted Population** : Population at large

Assistants : This information is not available

**Funding:** This information is not available **Institution to contact:** CAVID

> Healthy Gente Healthy Border 2010

Objectives of this project

Access to Health Care, Violence Prevention, and Traumatology

## **CECOV AC (Help Against Violence Center)**

Brenda Gálvez Díaz Calle Regina Este, Edif. 2 local 2 Edificios Multifamiliares Issste Apdo. Postal 429 Colonia Lomas de Fátima Nogales, Sonora CP 84020 Tel: (631) 31 6-12-10 Email: <u>cecov@hotmail.com</u>

### **Project: Help Against Violence Center**

**Objective:** 

Orientation, help and prevention against violence and several services for the victims of crimes.

#### Activities performed and expected results:

Talks, workshops, classes during mental health campaigns and locations that may be requested, as well as psychological, psychiatric, social and legal assistance.

**Targeted Population :** Population at large

Assistants : This information is not available

**Funding:** This information is not available

# Puerto Peñasco-Sonora

## STATISTICAL DATA

#### DEMOGRAPHIC OVERVIEW

It is one of the youngest centers of population in the State of Sonora. Puerto Peñasco started around 1927 as a fisherman's camp. From that time fishermen from different parts of the state, like Guaymas, Bahía de Kino, Puerto Libertad and Puerto Lobos, among others, started to come during the fishing season, settling and living in an improvised way in tents and caves found in the hills and on sandy dunes

By 1929, the place was known as Punta de Piedra or Punta Peñasco. Due to the large rocky outcrop of volcanic origin that protrudes into the waters of the Sea of Cortes, the main attraction of this fishing camp was the extraordinary abundance of *totoaba*, a very large fish very appreciated in the U, S., not so much for its meat as for its medicinal value.

The municipality is located in the northern region of the State of Sonora, being its seat the town of Puerto Peñasco. Limits with the following municipalities: with San Luis Rio Colorado to the northwest; with the United States of America and Plutarco Elías Calles to the north, with Caborca to the southeast and with its natural boundary to the south, the Golf of California.

According to the INEGI census the population reported for 1980 was 26,755 habitants, en 1990 it was 26,625 habitants and in 2000, 31,101 of which 15,719 are men and 15,382 women. This corresponds to a growing rate of 0.0% for 1980/1990 and 1.6% for 1990/2000. This represents a population density of 5.50 inhabitants per square kilometer.

Sonora Public Health Department reports that in 2001 Sonora Public Health Department hospitals and Social Security (IMSS, ISSSTE e ISSSTESON), provided 61,420 general consultation services, 12,418 special care services, 5,658 dental care services provided, 1,361 surgeries were performed, 22,075 emergency services were provided, 3,575 users were released, 677births were assisted, 59,917 clinical lab tests were performed and 5,492 x-ray studies done.

# San Luis Rio Colorado - Sonora

## STATISTICAL DATA

#### DEMOGRAPHIC OVERVIEW

In the northeast end of Sonora, limited by the Colorado River and the moving sands of the Altar Desert, is San Luis, born around 1918, as a military farm colony. It grew thanks to the miracle of the river waters, capable of transforming the desert in fertile lands where wheat, cotton and other crops grow for its economy.

The municipality is located in the northwest region of the State of Sonora, being its seat the town of San Luis Rio Colorado. Limits with the United States of America to the north, with the municipality of Puerto Peñasco to the east, the Golf of California to the south and the State of Baja California to the west.

According to the INEGI census the population reported for 1980 was 92,790 habitants, en 1990 it was 110,530 habitants and in 2000, 145,276 of which 72,617 are men and 72,659 women. This corresponds to a growing rate of 1.7% for 1980/1990 and 2.7% for 1990/2000. This represents a population density of 17.26 inhabitants per square kilometer. We must bear in mind that 9% live in rural areas.

Sonora Public Health Department reports that in 2001 Sonora Public Health Department hospitals and Social Security (IMSS, ISSSTE e ISSSTESON), provided 67,744 general consultation services, 54,428 special care services, 6,776 dental care services provided, 4,225 surgeries were performed, 24,282 emergency services were provided, 7,723 users were released, 2,386 births were assisted, 288,183 clinical lab tests were performed and 23,080 x-ray studies done.

## San Luis Rio Colorado General Hospital

Dirección General Avenida Guadelupe Victoria y Calle 8 s/n San Luis Río Sonora Telephone: (653) 53-4-11-19 Fax: (653) 53-4-10-16 Email: It does not have this service Website:

#### Mission:

Organize health protection for the most unprotected segment of the community.

#### Project: Health Department

#### **Objective:**

Offer quality and warm medical attention to the population requesting preventive or remedial medical attention. Through this city's General Hospital; provides the whole population different assistance programs such us;

- Preventive Medicine
- Immunizations
- Nurse care.
- Chronic degenerative
- Detections
- Hospitalization
- Surgery
- Lab works
- X Rays
- Treatment for social transmissible diseases, etc.

#### Activities performed and expected results:

• Through the different areas involved, such us Health Promotion, Immunizations, Preventive Medicine, *etc.* 

#### **Targete d Population:**

Population at large (those who do not have to any Social Service Institution such as IMSS, ISSSTE, ISSSTESON etc.

#### Assistants :

All the personnel working in this Hospital

#### **Funding:**

This information is not available

#### Institution to contact:

Dr. Oscar Humberto López Valenzuela, Director San Luis Rio Colorado, Sonora, Health Department General Hospital

### What is Healthy Gente—Healthy Border 2010?

Healthy Gente outlines a health promotion and disease prevention agenda through the year 2010 for the U.S. communities that border Mexico. Healthy Gente draws on the national health objectives defined in Healthy People 2010, identifying 25 of the most important objectives for the distinct needs and concerns of the border, Healthy Gente aims to develop preventive goals, objectives and strategies, resulting in a strategic management tool that will be used by the four U.S. border states, communities and many other public- and private-sector partners.

### Who is developing Healthy Gente- Healthy Border 2010?

The idea of establishing health objectives for the border region was on outgrowth of preparatory work for the U.S.-Mexico Border Health Commission, a group designed to serve as a forum for addressing critical health issues in the border region. The objectives were developed by members of the Design Team, the support group for the Border Health Commission, including the directors of the four U.S. State border health offices. The team used four principles to guide the selection of objectives: a) they should address key health issues on the border; b) they should be limited in number; c) To the extent possible, the objectives should be measurable; and d) they should be compatible with federal and state objectives. The goal was to develop a set of objectives that will resonate with the border population, will be easily understood, and will help to coordinate public and private health programs.

Within each U.S. border state, the Healthy Gente program will be implemented in border communities by a consortium of state and local organizations, including the state health department, border health office, local health departments, private health programs and private businesses.

### What are the goals of Health Gente –Healthy Border 2010?

- Increase quality and years of healthy life
- Eliminate health disparities

### What objectives are included in the Healthy Gente program?

The 25 Healthy Gente objectives cover the majority of the focus areas set out in the list of national health objectives, Healthy People 2010. The Healthy Gente objectives are all measurable objectives, however information for some of these measures is not yet available for the border communities. The objectives are presented, ordered according to the focus areas used for the national objective. In this section, various Health Gente-Healthy Border 2010 Objectives will be presented in graph form for easy comparison among the four Border Counties.

## Healthy Gente—Healthy Border 2010 Objectives

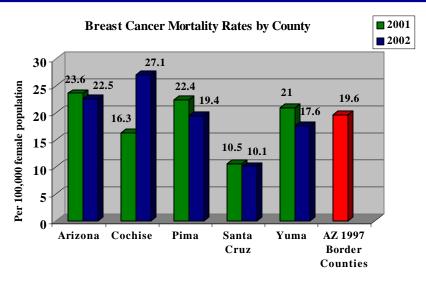
Topic Area	Year 2010 Objectives	
-	Mexico	United States
Access to Care	Maintain at less than 5% the population without access to basic health services	Reduce by 25 % the proportion of persons lacking access to a primary care provider I underserved areas.
Cancer	Reduce the breast cancer rate for women by 20 %. Reduce the cervical cancer death rate for	Reduce the breast cancer rate for women by 20 %. Reduce the cervical cancer death rate for
Diabetes	women by 20 %. Reduce diabetes death rate by 10 %. Maintain the current level of hospital admissions for diabetes.	women by 30 %.Reduce diabetes death rate by 10 %.Reduce the diabetes morbidity by 25%
<b>Environmental Health</b>	Household connection objective not established. Maintain the current level of hospitalization rates for pesticide poisoning.	Reduce to zero the proportion of households without complete bathroom facilities. Reduce to 25% the hospital admissions for acute pesticide poisoning.
HIV/AIDS	Maintain HIV incidence at 2000 level or below.	Reduce the Incidence of HIV cases by 50%.
Immunization and Infectious Disease	Reduce the incidence of hepatitis A and B cases by 50 %.Reduce the incidence of tuberculosis by 10%.Maintain immunization coverage rate of 95% or higher for children under age 1 and age 1- 4.	Reduce the incidence of hepatitis A and B cases by 50 %. Reduce the incidence of tuberculosis by 10%. Achieve and maintain immunization coverage rate of 90% for children 19-35 months.
Injury Prevention	Reduce the motor vehicle crash death rate 20%.Reduce the childhood (under age 5) death	Reduce the motor vehicle crash death rate 25 %. Reduce the childhood (under age 5) death
Maternal, Infant and Child Health	rate due to unintentional injuries by 50 %.Reduce the infant mortality rate due to all causes by 50 %.Reduce the infant mortality rate from birth defects by 50 %.Raise initiation of beginning prenatal care in the first trimester to 70 %.Reduce the pregnancy rate among 10-19 year olds by 20 %.	<ul> <li>rate due to unintentional injuries by 30 %.</li> <li>Reduce the infant mortality rate due to all causes by 15 %.</li> <li>Reduce the infant mortality rate from birth defects by 30 %.</li> <li>Increase the proportion of women beginning prenatal care in the first trimester to 85 %.</li> <li>Reduce the pregnancy rate among 15-17 year olds by 33 %.</li> </ul>
Mental Health	Reduce the suicide mortality rate by 25%.	Reduce the suicide mortality rate by 15%.
Oral Health	Ensure that 25% of population uses oral care services annually.	Raise the proportion of using oral care to 75% annually.
<b>Respiratory Diseases</b>	Maintain hospital admission rate for asthma at current level.	Reduce hospital admission rate for asthma by 40%.
* Nutrition and Overweight	Reduce the proportion of adults who are obese to 15%.	Reduce the proportion of adults who are obese to 15%.
* Substance Abuse	Reduce the number of vehicle accidents due to alcohol by 50%.Increase the proportion of youth 12 to 17 years that do not use alcohol or illicit drugs during the last 30 days.	Reduce the number of vehicle accidents due to alcohol by 50%. Increase the proportion of youth 12 to 17 years that do not use alcohol or illicit drugs during the last 30 days.
*Tobacco	Reduce to 33 % the proportion of adults and adolescents that use tobacco	Reduce to 33 % the proportion of adults and adolescents that use tobacco

\* Specific objectives for the USMBHC-Arizona-Sonora delegations

Although significant decreases in mortality and morbidity cannot be determined from the following epidemiological graph, comparisons will be made between border counties and the state of Arizona. In 2001-2002 the AZ mortality rate from breast cancer has fallen slightly, from 23.6 to 22.5. A decrease in breast cancer mortality among women living along the border has occurred in Pima, Santa Cruz and Yuma Counties. Although, women in Cochise County have experienced a dramatic increase in breast cancer mortality, with rates of 16.3 in 2001 and 27.1 in 2003. Comparing 2002 mortality rates to those registered among women in Border Counties in 1997, Yuma, Santa Cruz and Pima rates are below the 1997 baseline of 19.6 women die of breast cancer per 100,000 female population.

Surveys conducted by the Centers for Disease Control (CDC), during 1999 and 2000 in border counties in California, Arizona, New Mexico, and Texas found that Hispanic women in all age groups had lower rates of

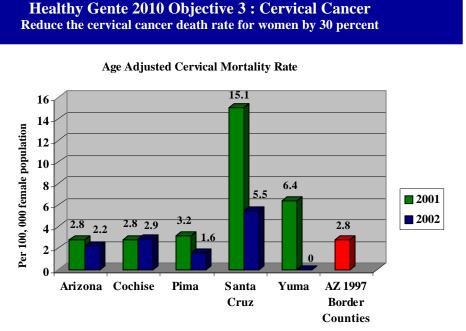
#### Healthy Gente 2010 Objective 2 : Breast Cancer Reduce the breast cancer death rate for women by 20 percent



Source: Arizona Health Status and Vital Statistics 2001 Table 5E-11, 2002, Table 5E-11 1997 Baseline : National Vitals Statistic System, CDC, NCHS

Pap tests for cervical cancer and mammography for breast cancer than did non-Hispanic women of the same age. It has been suggested that lack of access to health care services in the border region and the need for culturally sensitive and appropriate preventative health care in the US may partly account for lower cancer screening rates among Hispanic women. Many women protect themselves from these two different types of Cancer by talking with their Doctor and Promatora about having a Pap smear to detect cervical cancer and a Mammography to detect breast cancer.

In Arizona, cervical cancer mortality in 2001-2002 remained below 3 women per 100,000 female population. This average is consistent in Cochise, Pima and in Yuma counties. Although Santa Cruz remains above this average , in 2001 15.1 women died of cervical cancer and in 2002 that rate significantly decreased to 5.5 women per 100,000.



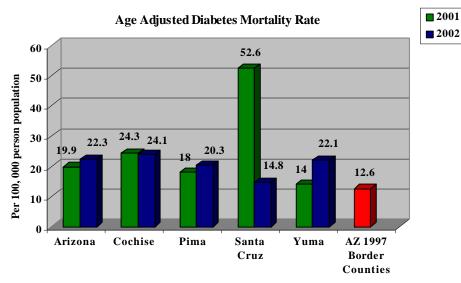
The Centers for Disease Control (CDC) is currently funding the National Breast and Cervical Cancer Early Detection Program to offer screening to lowincome women, including women who are new immigrants. In addition to clinical breast exams, mammograms and Pap tests, the program ensures appropriate diagnostic followup, case management and assurances for medical treatment. To find out more about this program, check out the CDC website at : www.cdc.gov/cancer/ nbccedp/about.htm Source : CDC Media Relations, August 12, 2003.

Source: Arizona Health Status and Vital Statistics 2001, Table 5E-11, 2001, Table 5E-11 1997 National Vital Statistics System, CDC, NCHS

Like the Breast and Cervical cancer objectives, HG-HB Objective 4 is dedicated to the reduction of deaths due to Diabetes, or the reduction in the diabetes mortality rate.

The Arizona diabetes mortality rates for 2001-2002 increased slightly form 19.9 deaths to diabetes per 100,000 Arizonans to 22.3 deaths in 2002. In 2002, Pima, Santa Cruz and Yuma Counties were below this AZ average. In 2002, Santa Cruz County residents experienced a dramatic decrease in diabetesassociated deaths, registering 52.6 deaths per 100,000 in 2001, down to 14.8 in 2002. Cochise County residents con-



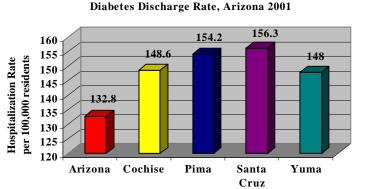


Source: Arizona Health Status and Vital Statistics 2001, Table 5E-11, 2002, Table 5E-11 1997 Baseline : National Vital Statistics System, CDC, NCHS

tinue to experience above average rates, with

2001-2002 rates of 24 deaths per 100,000 residents. All border county diabetes mortality rates are up from the 1997 rate of 12.6. According to the Centers for Disease Control (CDC), 1 out of every 10 Mexican Americans living in the United States, aged 20 and older has been diagnosed with diabetes.

HG-HB Objective 4b is concerned with Diabetes *morbidity*, or the number of people who have been diagnosed with diabetes, but have not died due to diabetes. Objective 4b proposes to reduce the number of people who will be diagnosed and/or suffer from diabetes by 25 percent. For every 100, 000 Arizonans, who were admitted into a primary health care center, 132.8 were discharged with a diagnosis of diabetes. For every 100,000 Cochise, Yuma and Pima County residents, 148 and 154.2 persons respectively, were discharged from the hospital diagnosed with diabetes. Yet, Santa Cruz County exceeded the AZ rate and those of all Border Counties with a diabetes morbidity rate of 156.3 per 100,000.



## Disease Healthy Gente 2010 Objective 4b : Diabetes Reduce the diabetes morbidity rate by 25 percent

#### People who think they might have diabetes must visit a physician for diagnosis. They might have SOME or NONE of the following symptoms:

Frequent urination, excessive thirst, unexplained weight loss, extreme hunger, sudden vision changes, tiredness, numbness or tingling in hands and feet, sores that won't heal.

Arizona Health Status and Vital Statistics 2001, Community Health Profiles

In 2002, the state of Arizona had an HIV incidence rate (number of new cases) of 8.1. For every 100,000 persons in Cochise and Yuma Counties, 1.6 and 1.8 persons respectively were newly diagnosed with HIV. Higher rates were found in in Pima County (8.5), Santa Cruz (7.5) in 2002. Currently, incidence rates, for 2002 are lower than those incidence rates for the Arizona—Sonora Border Counties back in 1997.

Healthy Gente- Healthy Border 2010 Objectives 9 through 11, are dedicated to Immunization and Prevention of Infectious Diseases. The infectious diseases targeted by

these objectives are *Hepatitis A, Hepatitis B and Tuberculosis*. The next three Objectives demonstrate the number of new cases, or incidence rate of these three infectious diseases. In 1997, rates of reported Hepatitis A among all border counties was 50 cases per 100,000 Arizona- Sonora border residents. Currently all border counties, as well as the state of Arizona are below this baseline rate. The AZ average has decreased from 7.7 to 5.6 cases over the 2001-2002 period, while Cochise County increased slightly from 6.7 to 8.9 per 100,000. Pima, Santa Cruz and Yuma Counties have all experienced a decrease in Hep A , while Santa Cruz showed a significant drop from 85.9 cases per 100,000 in

Cochise

Pima

0

Arizona

2001 to 32.6 per 100,000 in 2002. A similar decline was seen in Yuma County, dropping from 36.4 in 2001 to 7.1 in 2002.

Hepatitis A is found in the stool of persons who are infected with Hepatitis A, it is usually spread from person to person by putting something in the mouth (even though it may look clean) that has been contaminated with the stool of a person with Hepatitis A.

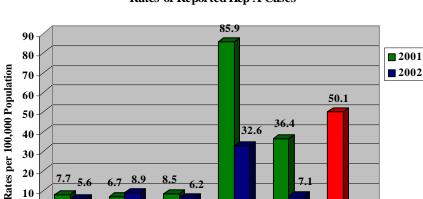
**To Prevent Hep A -** Washing hands with soap and water after going to the bathroom, changing a diaper and before preparing food.

Disease Healthy Gente 2010 Objective 8 : HIV/AIDS Reduce the incidence of diagnosed HIV infection cases among adolescents and adults by 50 percent.

8.7 8.5 8.1 7.5 6 5 3 16 Pima AZ 1997 A rizo na Cochise Santa Yuma Cruz B o rde r Counties

Incidence Rates of HIV Infection by County, Arizona, 2002

Objectives demonstrate the number of



Santa

Cruz

Rates of Reported Hep A Cases

**Disease Healthy Gente 2010 Objective 9a: Immunization** 

and Infectious Disease

Reduce the incidence of Hepatitis A cases by 50 percent.

Source: Arizona Health Status and Vital Statistics 2001, Table 5F-2, 2002, Table 5F-2 1997 National Notifiable Disease Surveillance System (NNDSS), CDC, EPO

Yuma

AZ 1997

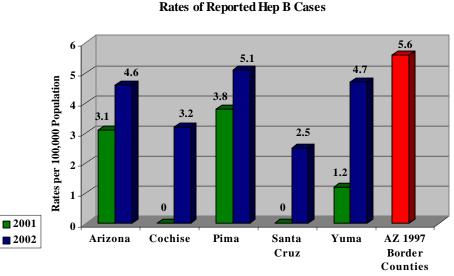
Border Counties

Source: Arizona Health Status and Vital Statistics, 2002 1997 HIV/AIDS Surveillance System, CDC, NCHSTP.

HG-HB 2010 Objective 9b is dedicated to the reduction of the number of new cases, or incidence of Hepatitis B. Hepatitis B is a serious disease caused by a virus that attacks the liver. Hep B occurs when blood or body fluids from an infected person enters the body of a person who is not immune. Hep B is spread through having sex with an infected person without using a condom, by sharing drugs, needles, or "works" when "shooting" drugs, through needle sticks or sharps exposures on the job, or from an infected mother to her baby during birth. Hep B has many of the same signs and symptoms of Hep A, including joint pain.

In 1997 the average incidence rate for Hep B among Arizona-Sonora Border residents was 5.6 reported cases per 100,000 border residents. In 2001, Arizona had an average of 3.1 cases of Hep B, with an increase in 2002 to 4.6 newly reported cases per 100,000



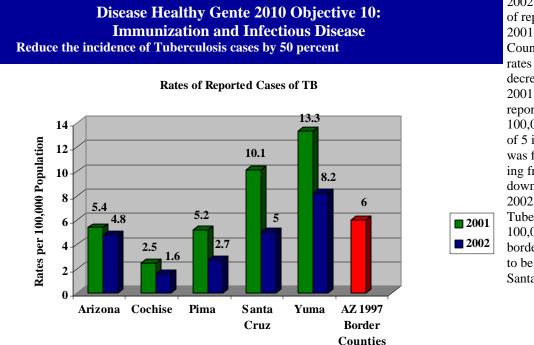


Source: Arizona Health Status and Vital Statistics 2001, Table 5F-2, 2002, Table 5F-2

1997 National Notifiable Disease Surveillance System (NNDSS), CDC, EPO

Arizonans. Cases of Hep B varied along the border. Cochise and Santa Cruz county rates were found to be well below the AZ state average, with incidence rates of 3.2 and 2.5 respectively. Pima and Yuma Counties experienced increased incidence rates in 2002.

Tuberculosis or TB is one of the oldest transmissible diseases and continues to be a public health problem. The state of Arizona did exhibit a decrease in the rate of reported TB cases, from 5.4 cases of TB in 2001 to 4.8 cases per 100,000 Arizona residents in



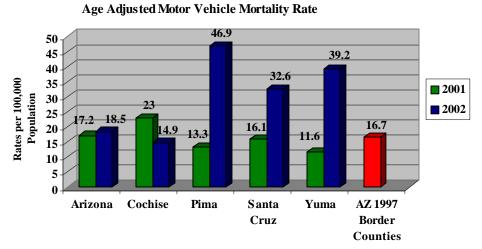
2002. Along the border the rate of reported TB cases varied in 2001-2002. Cochise and Pima Counties experienced the lowest rates in 2002, with a consistent decrease in TB cases. While, in 2001. Santa Cruz County had a reported TB case rate of 10.1 per 100,000 which dropped to a rate of 5 in 2002. A similar decrease was found in Yuma County, ranging from a rate of 13.3 in 2001, down to 8.2 cases per 100,000 in 2002. In 1997, 6 reported cases of Tuberculosis were found per 100.000 Arizona and Sonoran border resident, this rate continues to be exceeded by both Yuma and Santa Cruz Counties.

Source: Arizona Health Status and Vital Statistics 2001, Table 5F-2, 2002, Table 5F-2 1997 National Notifiable Disease Surveillance System (NNDSS), CDC, EPO

The Healthy Gente Healthy Border 2010 Objectives for Injury and Violence Prevention, include goals related to decreasing the rate of accidental deaths among children aged 1-4, and the reduction of motor vehicle crash death rate among all border county residents.

In 2001, 17.2 per 100,000 AZ residents died of motor vehicle crashes, which is slightly lower than the 18.5 rate for 2002. This increase in the motor vehicle crash death rate was experienced by all

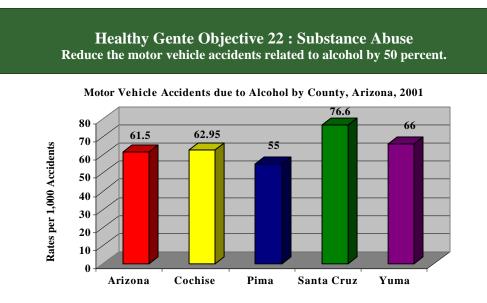




Source: Arizona Health Status and Vital Statistics 2001, Figure 5E-11, 2002, Table 5E-11 1997 National Vital Statistics System, CDC, NCHS

border counties, except for residents in Cochise County who experienced a decrease in mortality, from a rate of 23 deaths per 100,000 in 2001 and 14.9 in 2002. In 2002, motor vehicle mortality dramatically increased in Pima (46.9), Santa Cruz (32.6) and Yuma (39.2) Counties.

Objectives dedicated to the reduction of deaths caused by motor vehicle accidents can also be found among the Substance Abuse objectives of Healthy Gente-Healthy Border 2010. These preventative objectives are dedicated to the re-



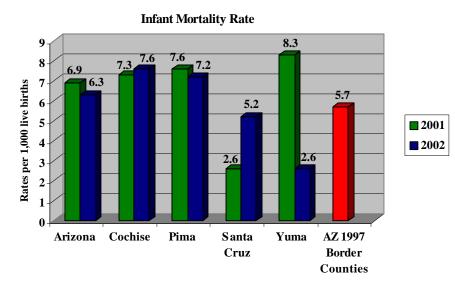
duction of motor vehicle accidents due to alcohol.

In Arizona, 61.5 per 1000 motor vehicle accidents involved alcohol in 2001. In other counties along the border, there were similar accident rates involving alcohol. Although Cochise (62.95), and Pima (55) Counties are close to the Arizona rate, Yuma (66) and Santa Cruz (76.6) were well above the Arizona average for motor vehicle accidents due to alcohol.

Source : Arizona Department of Transportation (ADOT)

The following three Healthy Gente Objectives are concerned with Maternal, Infant and Child Health. Infant mortality, or the rate of infant death is an indicator of the health of a community. Infant mortality varies greatly across Arizona border counties. In 2002, the AZ state infant mortality rate of 6.3, was slightly lower than the Cochise and Pima County infant mortality rates of 7.6 and 7.2 respectively. Santa Cruz County infant mortality jumped from 2.6 infant deaths per 1,000 live births in 2001, to 5.2 in 2002. Yuma County experienced

Healthy Gente Objective 14: Maternal, Infant and Child Health Reduce the infant mortality rate from all causes by 15 percent.



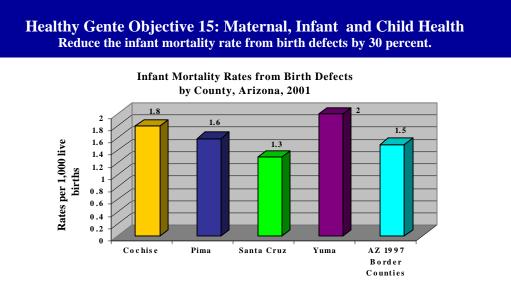
Source: Arizona Health Status and Vital Statistics 2001, Figure 7A-9, 2002, Table 6;325 1997 National Vital Statistics System, CDC, NCHS

the opposite, with 8.3 infant deaths per 1,000 live births in 2001, down to 2.6 in 2002. Overall, the infant mortality rate for Arizona border counties continued to surpass the 1997 rate of 5.7 infant deaths per 1,000 live births among both Arizona and Sonora residents.

Birth defects are a leading cause of infant mortality for infants. In 2001, the Arizona average infant mortality rate from birth defects was 1.8 infant deaths per 1,000 live births, similar rates were noted for all Ari-

zona border counties.

Each border county maintains similar rates to those experienced by Arizona Sonora border county residents at the 1997 baseline survey. Although the Healthy Gente-Healthy Border 2010 objective seeks to reduce infant mortality from birth defects by 30%, it is important to note that each Arizona border county has maintained in close range of the baseline rate.

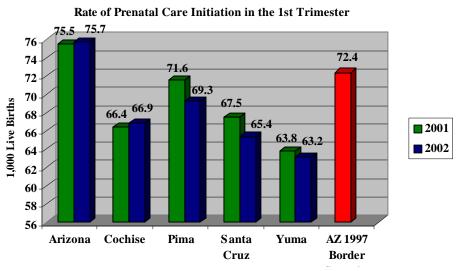


Source: Arizona Birth Defects Monitoring Program 1997 National Vital Statistics System, CDC, NCHS

Objective 16 is concerned with increasing the proportion of women beginning their prenatal care in the first trimester (within weeks) of their pregnancy.

Since 1997, Arizona border counties experienced a decrease in the proportion of women who begin prenatal care in the first trimester. Although the AZ rate of initiation was 75% in both 2001 and 2002, there has been a consistent decline in women initiating prenatal care among Arizona border counties over the 2001-2002. In 2002. 66.9% of Cochise County women initiated prenatal care in the first semester of pregnancy, 69.3% in Pima, 65.4%

Healthy Gente Objective 16: Maternal, Infant and Child Health Increase the proportion of women beginning prenatal care in the first trimester to 85 percent.



Source: Arizona Health Status and Vital Statistics 2001, Figure 7A-1, Table 5A-2, 2002, Table 6;325 1997 National Vital Statistics System, CDC, NCHS

in Santa Cruz and 63.2% in Yuma. All Arizona border counties, except for Pima County experience a 10% disparity in early initiation of prenatal care when compared to the AZ state average of 75%.

HG-HB 2010 Objective 17 is concerned with teenage pregnancy. The pregnancy rate among girls aged 15-17 in the United States is 27 %, in 2002 the Arizona average was 43 %. In 1997, among all Arizona-Border Counties, 44.% of teenagers became pregnant. Cochise County teens aged 15-17 experienced a slight decrease in pregnancy rates in 2002, dropping from 39.9% of 15-17 year old females becoming pregnant in 2001, to 35.8% in 2002. Pima County incurred the opposite, with 43.6% becoming pregnant in 2001, to 44.7% in 2002. And although Santa Cruz County

15

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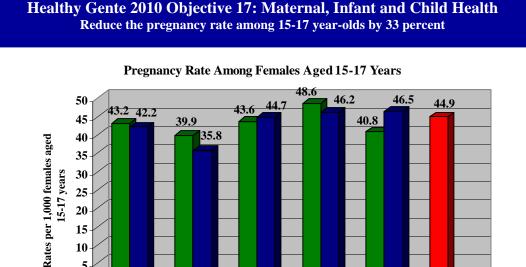
2001

2002

Arizona

Cochise

teens were well above the AZ and 1997 baseline averages in 2002, they did experience a decrease in pregnancy rates over the 2001-2002 period, from 48.6% of 15-17 year old becoming pregnant in 2001 down to 46.2% in 2002. Yuma County told a different story in 2002, with only 40% of Yuma teens becoming pregnant in 2001, (well below the AZ and baseline averages) jumping up to 46.5% in 2002.



Pima

Source: Arizona Health Status and Vital Statistics 2001, Figure 7A-1, Table 5A-2, 2002, Table 6;325 1997 National Vital Statistics System, CDC, NCHS

Yuma

AZ 1997

Border

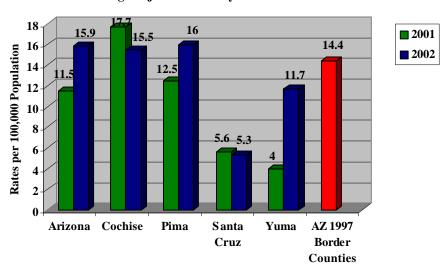
Counties

Santa

Cruz

#### Healthy Gente 2010 Objective 18 : Mental Health Reduce the suicide death rate by 15 percent

Age Adjusted Mortality form Suicide



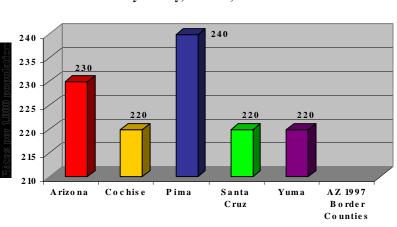
In 2002, The state of Arizona experienced an increase in the age adjusted mortality rate from suicide. In 2001, the suicide rate was 11.5 per 100,000 AZ residents and in 2002 this rate went up to 15.9. This increase was also seen in Pima and Yuma Counties. A decrease in the suicide rate was experienced by Cochise and Santa Cruz County residents. In 1997 the baseline suicide rate for all Arizona-Sonora border county residents was 14.4 per 100,000. In 2002, this rate was exceeded by Cochise (15.5), and Pima (16) Counties. Although Yuma County experienced an increase over the 2001-2002 period, their suicide rate of 11.7 remains below the 1997 baseline and the

AZ state average. Santa Cruz

County is the only Arizona border county, which remains well below the AZ state average and the 1997 suicide rate, with 5.3 deaths from suicide per 100,000 Santa Cruz residents. According to the *Arizona Community Profiles*, produced by the Arizona Department of Health Services, n 2000, there were zero Mental Health Providers in Yuma and Santa Cruz Counties, and only 7 Mental Health Providers for the entire county of Cochise, while Pima County was the home to approximately 140 mental health providers.

In the state of Arizona, for every 1,000 people, 230 of them smoke tobacco, this equals 23% of Arizona residents smoke cigarettes. Cochise, Santa Cruz and Yuma Counties had the same prevalence of adults who smoke, averaging 22% of their counties' population as tobacco users. Pima County had a slightly higher rate of 24 percent of it's population smoking. Although nicotine, the major chemical in cigarette is highly addictive, it is always possible to guite smoking.





Prevalence of Cigarette Smoking in Adults by County, Arizona, 2000

Source: ADHS- Office of Oral Health, Arizona Community Oral Health Profile 1999

Source: Arizona Health Status and Vital Statistics 2001, Table 5E-11, 2002, Table 5E-11 1997 National Vital Statistics System, CDC, NCHS

## Arizona Department of Health Services- Office of Border Health

#### Office of Border Health

4400 E. Broadway, Suite 300Tucson85711 ArizonaPhone(520) 770-3113Fax(520) 770-3307E-mailcrosale@hs.state.az.usWebsitewww.hs.state.az.us/phs/borderhealth/

#### Mission

To promote and protect the health of all border area residents through sound and competent public health practices along the Arizona-Sonora border.

### Project : Arizona Sonora Health Resource Directory Guide

#### **Objectives** :

This Arizona-Sonora Health Inventory and Resource Guide was created to inform border residents of the services that are available to them. This resource guide also serves as a promotion tool for the agencies and organizations that have participated in the project. Although there are numerous projects and programs related to health along the border, many continue to be unknown or unrecognized because of the lack of promotion and exposure within the communities they serve.

#### **Expected** Activities and Outcomes :

To develop a health related project inventory guide, on the Arizona-Sonora border in an effort to educate and outreach to the various communities along the border about the Healthy People/Healthy Gente 2010 objectives. The inventory and resource guide/handbook is a tool that is considered a work in progress. It will continue to grow and expand as it becomes more accessible to the public through multiple forms of media. For instance, it will be available online (internet/website), through cd-rom, and in hard copy. The reason and the goal for this kind of dissemination (making it accessible in so many ways) is so that more health agencies and organizations can participate, if they did not have the opportunity to do so before, and to improve upon the distribution of this information.

#### Target Population :

Health agencies and organizations dedicated to servicing residents living along the Arizona-Sonora border.

*Funding Source :* US-Mexico Border Health Commission

#### Contact Agency :

ADHS-Office of Border Health or US-Mexico Border Health Commission-Arizona Delegation.

#### Collaborators :

ADHS-Office of Border Health, US - Mexico Border Health Commission-Arizona Delegation, Sonora-Arizona Binational Health Office

## **Project :** Binational Terrorism and Public Health Emergency Response Preparedness

#### **Objectives** :

The Office of Border Health provides support and coordination to Terrorism and Public Health Emergency planning and preparedness efforts. These activities are being conducted binationally in collaboration with the Binational Health Office in Sonora.

#### **Expected** Activities and Outcomes :

Strengthen the Public Health infrastructure and communication, specifically in terms of development of a binational response plan for public health emergencies occuring on either side of the Arizona Sonora Border.Plan functional exercises in bio-terrorism and emergency response preparedness.Participate in the Arizona-Sonora Binational Health Alert Network (SIREN) :The Secure Integrated Response Electronic Notification (SIREN), will strengthen and maintain the Arizona-Sonora Binational Health Alert Network, in order to provide the needed technology to follow up on projects/programs currently in place including, but not limited to the Binational Infectious Disease Surveillance project (BIDS), the Binational Tb Program, Border Patrol detainees infected with Tb that are deported through the Nogales port of entry, and future projects including the surveillance of Dengue in the Pima County-Ambos Nogales area; compilation and expansion on a Binational Directory of state and local health department personnel; communication of critical health alerts; online disease reporting; binational patient case follow-up; and access to surveillance data, health advisories, emergency response information, diagnostic and treatment guidelines and other date critical to minimizing the impact of public health emergencies.

Target Population :Contact Agency :Arizona -Sonora border region.ADHS-OBHFunding Source :Collaborators :Office of Homeland SecurityOffice of Emergency Management , Border<br/>County Health Departments. Border Tribes,<br/>Secretaria de Salud, Proteccion Civil, Fire

## Project : Binational Tuberculosis Program

#### **Objectives** :

In 1995 the Arizona Department of Health Services in collaboration with the Secretariat of Health of the State of Sonora in Mexico agreed to implement a project with the purpose of assisting in the early detection of possible cases of tuberculosis along the Arizona-Sonora border. Objectives of this project include drug susceptibility testing, adherence to the anti-tuberculosis regimen and preventive therapy to contacts at risk of developing active disease.

#### **Expected** Activities and Outcomes :

Coordination of activities between the border county health departments, The Secretariat of Public Health of Sonora, and the Arizona Department of Health Services in the detection, control, home-visits, and follow-up of TB patients. A referral system of binational cases is also in process.

#### *Target Population :* All border residents at risk for Tuberculosis.

All bolder residents at fisk for Tubereu

Funding Source : ADHS *Contact Agency :* ADHS - Office of Border Health

#### **Collaborators** :

Arizona Department of Health Services in collaboration with the Secretariat of Health of the State of Sonora in Mexico

## **Project :** Border Infectious Disease Surveillance (BIDS)

#### **Objectives** :

The Border Infectious Disease Surveillance (BIDS) Project is network of selected clinical sites that will conduct surveillance for infectious diseases along the border region.

#### **Expected** Activities and Outcomes :

The objectives of BIDS are to establish an active, binational sentinel surveillance system to enhance existing passive systems by using standardized data collection and laboratory diagnostic testing; exchange disease incidence rates and risk factor information to enable the development of coordinated binational prevention and control strategies; enhance the public health infrastructure along the U.S.-Mexico border by improving local laboratory diagnostic capabilities and offering training opportunities for local health officials, and; improve binational communications and data exchange.

#### **Target Population :**

All individuals at risk for the infectious diseases mentioned in the BIDS Project.

**Funding Source :** ADHS

## *Contact Agency :* ADHS-Office of Border Health

#### Collaborators :

Participants include local and state public health officials from the ten states along the U.S.-Mexico border. Participants include local and

### **Project :** Healthy Gente

#### **Objectives** :

Healthy Gente outlines a health promotion and disease prevention agenda through the year 2010 for the U.S. communities that border Mexico. This initiative draws on the national health objectives defined in Healthy People 2010, identifying 25 of the most important objectives for the distinct needs and concerns of the border.

The idea of establishing health objectives for the border region was on outgrowth of preparatory work for the U.S.-Mexico Border Health Commission, a group designed to serve as a forum for addressing critical health issues in the border region. The objectives were developed by members of the Design Team, the support group for the Border Health Commission, including the directors of the four U.S. State border health offices. The team used four principles to guide the selection of objectives: a) they should address key health issues on the border; b) they should be limited in number; c) To the extent possible, the objectives should be measurable; and d) they should be compatible with federal and state objectives. The goal was to develop a set of objectives that will resonate with the border population, will be easily understood, and will help to coordinate public and private health programs.

#### **Expected** Activities and Outcomes :

Within each U.S. border state, the Healthy Gente program will be implemented in border communities by a consortium of state and local organizations, including the state health department, border health office, local health departments, private health programs and private businesses. The two main expected outcomes for this project include :

Increase the quality and years of healthy life and the elimination of health disparities along the US - Mexico Border.

Target Population :	Contact Agency :
All US - Mexico Border residents.	State Office of Border Health, In Arizona contact ADHS-Office of Border Health
Funding Source :	Collaborators :
USMBHC	US-Mexico Border Health Commission, Directors of the four U.S State Border Health Offices.

## **Project :** Pediatric Lead Assessment on the US Mexico Border

#### **Objectives** :

In response to a request from the states of Arizona and Sonora, Mexico to document and prevent childhood lead poisoning along the U.S. Mexico border. We formed teams with local professional (nurses, doctors) and lay health care workers (promotoras). These teams received extensive training on how to obtain a fingerstick blood sample and how to operate a portable blood lead analyzer.

#### **Expected** Activities and Outcomes :

The investigation concluded that the blood levels of children in this area of the U.S.-Mexico border region do not appear to be a major public health problem. The low prevalence of elevated BLLs documents the success of lead-reduction programs in the community. Nevertheless, the children with blood levels  $?10\mu g/dL$  are of concern. Continued and focused surveillance based on risk factors is important to identifying children with elevated blood lead levels and responding rapidly so that their exposure can be reached as quickly as possible. Community education on ways to reduce or eliminate lead exposure should be continued.

#### Target Population :

Arizona-Sonora border region in the cities of Agua Prieta and San Luis Rio Colorado in the state of Sonora and in the Yuma County, Arizona, cities of *Contact Agency :* ADHS-Office of Border Health

San Luis, Somerton, Yuma, Orange Grove, Wellton and Dateland. In each city we chose a sampling site at a health fair, kindergarten, or Women, Infants and Children (WIC) clinic

Funding Source : ADHS

#### **Collaborators** :

local professional (nurses, doctors) and lay health care workers (promotoras)

### **Project :** Sonora Arizona Health Indicators

#### **Objectives** :

Create a compilation of health indicators for the Arizona-Sonora Border region.

#### **Expected Activities and Outcomes :**

Create a compilation of health indicators which include: Mortality, Morbidity, Demographic, Socio-economic and Resource, Services and Coverage Indicators.

#### **Target Population :**

Local border sister communities in Arizona-Sonora.

*Funding Source :* PAHO, ADHS,OSSA *Contact Agency :* ADHS-office of Border Health

#### Collaborators :

Local border sister communities in Sonora-Arizona, the Secretariat of Health in Sonora, the Binational Health Office in Nogales, Sonora, the

### Project : US-Mexico Border Health Diabetes Project

#### **Objectives** :

The US/Mexico Border Diabetes Project is a five-year collaborative team effort attempting to determine prevalence of diabetes in the border region, develop binational prevention and control programs for diabetes, and respond to the needs of the border population.

#### **Expected** Activities and Outcomes :

To diminish the impact of diabetes of the border population by conducting activities in two related and chronological phases:

1. ) Development of a prevalence study

2. ) Development of an implementation program for diabetes prevention

#### Methodology

Households and individuals chosen at random by computer, were monitored closely in the Douglas, Arizona area in order to avoid over-lap of the previous study in reference to the current binational investigation. The main areas selected in Arizona include, Yuma, Wellton, Willcox, Sierra Vista, Douglas, Nogales, and Tucson. Lay Health workers interviewed selected residents and collected their anthropometric measures as well as a blood draw, all of which are used to diagnose diabetes.

### Target Population :

All border residents at risk for diabetes.

*Funding Source :* ADHS/CDC *Contact Agency :* ADHS-Office of Border Health

#### Collaborators :

Local: The Arizona Department of Health Services/ Office of Border Health will coordinate activities with the support of the County Health United States Mexico Border Health Commission-Arizona Delegation 4400 E. Broadway , Suite 300 Tucson 85711 Arizona Phone (520) 770-3114

Fax(520) 770-3307E-mailanevare@hs.state.az.usWebsitewww.borderhealth.net

#### Mission

To go beyond political changes and create a local focus on our border health issues. To create an effective venue for bi-national discussion to address public health issues and problems which affect the U.S.-Mexico border populations.

### **Project :** Arizona Sonora Binational Immunization Campaign

#### **Objectives** :

To increase vaccination coverage to infants and children between 0 to 5 years living along the border area. In keeping with the mission of Arizona Department of Health – Office of Vaccines for Children and the vision of the Secretaría de Salud Pública de Sonora, all children under the age of 18 seeking immunizations will have access to childhood vaccinations during these campaigns.

#### **Expected** Activities and Outcomes :

Mexico has a long history of systematic efforts, which have been extremely successful in identifying and vaccinating nonimmunized children. Binational, week long campaigns are conducted three times throughout the year in the months of February, June, and October.

In the spirit of creating change in our communities through collaboration and communication, a Binational Immunization Committee was formed to model some of these effective immunization strategies used by the Public Health system of the Secretaría de Salud de Mexico.

The sister communities of Ambos Nogales (both Nogales Arizona and Sonora), Cochise County and their sister communities of Naco and Agua Prieta, Sonrora and Yuma County and San Luis Rio Colorado, Sonora have agreed to work jointly to improve the immunization rates of children living along the border.

#### **Target Population :**

All children under the age of 18

*Contact Agency :* Arizona Delegation

#### **Collaborators** :

United States Mexico Border Health Commission, Arizona-Sonora Delegation Offices in collaboration with the Secretaría de Salud de

## Project : Cancer and Sexually Transmitted Disease Screening

#### **Objectives** :

Prevent cervical and breast cancer and the improve women's medical services by establishing a women's reproductive health clinic in San Luis Rio Colorado and Nogales, Sonora. Through the provision of necessary equipment and reinforcement of existing staff, the cervical cancer screening capabilities of the Hospital General, SSP in San Luis R.C, Sonora Mexico, and the Hospital General de Nogales will be improved. The increase detection of sexually transmitted disease and infections among women seeking care with the MexFam Rural Outreach Clinic will also be reinforces through the provision of necessary laboratory equipment.

#### **Expected** Activities and Outcomes :

Decrease cervical cancer mortality rate by 20%, by increasing awareness of early detection and treatment.

#### Target Population :

Women living in San Luis Rio Colorado, and Nogales, Sonora, Mexico

#### Contact Agency :

In San Luis Rio Colorado: Hospital General de San Luis Rio Colorado and MexFam Rural Outreach Clinic for Women In Nogales, Sonora: Hospital General De Nogales , Secretaria

de Salud

*Collaborators :* WAHEC/HETC , SSP Hospital General San Luis, Rio Colorado MexFam Women's Outreach Clinic USMBHC/AZ Delegation

### **Project :** Community Forums

#### **Objectives** :

To provide a forum for binational discussion to address public health issues and problems to the USMBHC Arizona and Sonora Commissioners that affect the Arizona -Sonora border populations .

#### **Expected** Activities and Outcomes :

Community forums have been in existence in Nogales, Arizona; Douglas, Arizona, and Yuma, Arizona have recently extended to the Tohono O'odham Nation.

Target Population :	Contact Agency :
Arizona -Sonora border residents	USMBHC-Arizona Delegation
Funding Source :	Collaborators :
USMBHC	USMBHC

## **Project :** Emergency Triage and Stabilization Unit of Nogales, Sonora

#### **Objectives** :

Reduce the proportion of persons lacking access to medical care providers in underserved areas as well as reducing the distance to hospitals and provide adequate transport availability to a higher level of care.

#### **Expected** Activities and Outcomes :

Provide immediate emergency response to trauma cases.

#### **Target Population :**

Injured and acutely ill persons with residency in Mexico or US/AZ residents requiring emergency care

#### Funding Source :

Officina de Salud Publica Sonora Arizona (OSSA)

*Contact Agency :* Hospital General de Nogales, Sonora

#### Collaborators :

To collaborate with Holy Cross Hospital, TMC, UMC, Hospital Infantil, Hospital General Nogales, ADHS/Office of Border Health,

# **Project :** Hospital General of San Luis Rio Colorado, Sonora : Neonate Equipment

#### **Objectives** :

Decrease infant mortality among neonates of San Luis Rio Colorado.

#### **Expected** Activities and Outcomes :

Increase the quality of care and reduce infant mortality and morbidity due to lack of emergency medical equipment available in San Luis R.C, Sonora

*Target Population :* Newborn babies in San Luis Rio Colorado, Sonora

*Funding Source :* USMBHC Arizona Delegation

*Contact Agency :* Hospital General, San Luis Rio Colorado, Sonora

#### Collaborators :

SSP-Hospital General San Luis R.C Sonora, WAHEC/HETC, City of San Luis Fire Department, USMBHC, Yuma/San Luis

**Funding Source :** SEAHEC

## **Project :** Increase Access to Care and Improve Quality of Care

#### **Expected Activities and Outcomes :**

Triage and Stabilization Unit Expansion to Agua Prieta and San Luis Rio Colorado, Sonora

This program has been established to reduce the number of critically ill persons crossing the border to seek medical care in the U.S. while better coordinating and upgrading the care available in their own country. The Arizona Outreach Office also provide support for the transfer of patients to institutions with a higher level of care. In addition, it assures adequate care for U.S. residents touring, conducting, business, or visiting family in Mexico. This triage model is been expanded to Agua Prieta, Sonora and San Luis Rio Colorado, Sonora.

Tohono O'odham Nation Department of Human Services

This outreach activity is designed to increase the quality of life of the Tohono O'odham Nation members residing in Sonora by providing access to health care services.

Tuberculosis Second Line Medications

This program will help acquire second line medications, thereby, improving the treatment of multi-drug resistant patients.

*Contact Agency :* USMBHC-Arizona Delegation

Funding Source :

UMC, Secretaria de Salud de Sonora

#### **Collaborators** :

Hospital General de Agua Prieta y San Luis Rio Colorado, Secretaria de Salud, Tohono O'odham Nation Department of Human Services

## **Project :** Naco School Health Index

#### **Objectives** :

Identify the strengths and weaknesses of the Naco Unified School District's health promotion and policies in the effort to develop an action plan for improving students health which involves teachers, parents, students and the community in improving school services.

#### **Expected Activities and Outcomes :**

Reduce the proportion of children who are obese, and increase the proportion of children who participate in physical activity

#### Target Population :

School aged children, faculty, staff and the parents of the elementary school in Naco, Arizona

*Funding Source :* USMBHC Arizona Delegation

*Contact Agency :* Cochise County Health Department

*Collaborators :* ADHS/Office of Border Health, UA, USMBHC/AZ delegation, Cochise County Health Department, Northeast Binational Council

## **Project :** National Community Health Workers/Promotores Conference

#### **Objectives** :

The Arizona and Sonora Delegations endorse and sponsor this conference because it provides educational training, informational sessions, and enhances the nationwide networking capability of promotores and community health workers from this region.

*Funding Source :* USMBHC Arizona and Sonora Delegations

*Contact Agency :* USMBHC-Arizona Delegation

*Collaborators :* USMBHC Arizona Delgation, WAHEC, CoPH

**Project :** Sahuaro Girl Scout Troup #509-Peer Diabetes Education and Outreach

#### **Objectives** :

The Girl Scout Troup has developed a curriculum on diabetes Type 2 designed to teach children of school age how to prevent the development of diabetes.

#### **Expected** Activities and Outcomes :

Increase knowledge of diabetes, among school aged children, through a combination of didactic teaching methods and theater. An interactive play about diabetes will be presented by Girl Scouts to children attending schools along the Arizona-Sonora Border.

#### *Target Population :* School aged children

*Funding Source :* ADHS-OBH (staff time), UMC (staff time) *Contact Agency :* USMBHC - Arizona Outreach Office

#### **Collaborators** :

ADHS-OBH, Sahuaro Girl Scout Troop #509, University Medical Center, USMBHC/AZ Delegation, ADHS Diabetes Program

### Project : U.S- Mexico Border Health Commission -Arizona Delegation Advisory Board

#### **Objectives** :

To provide input and feedback on community health issues.

#### **Expected** Activities and Outcomes :

To gain knowledge of health issues along the Arizona Sonora Border through experiences of political and health professions community members via the advisory board.

*Contact Agency :* USMBHC-Arizona Delegation

*Funding Source :* USMBHC-Arizona Delegation

*Collaborators :* USMBHC Arizona Delegation and many local and state health agencies and healthcare providers.

## **American Lung Association**

#### Southern Arizona

2819 East Broadway Blvd.Tucson85716ArizonaPhone(520) 323-1812Fax(520)-323-1816E-maildbryson@lungaz.orgWebsitewww.lungaz.orgMission

Prevent lung disease and promote lung health.

### **Project :** Open Airways For Schools

**Objectives** :

Educate and empower children with asthma.

#### **Expected** Activities and Outcomes :

Upon completion of the program, children will understand their disease and better manage their asthma. Program consists of 45-50 minute sessions, once a week for 5 weeks.

#### Target Population :

Children with asthma, ages 8 to 11.

#### Funding Source :

American Lung Association

*Contact Agency :* American Lung Association

*Collaborators :* School Districts Borderwide

## Arizona Children's Association

Regional Office and Corporate Location

2700 S. 8th Avenue

Tucson 85713 AZ Phone (520) 622-7611 (800) 947-7611

Website <u>www.arizonaschildren.org</u>

Mission

A private no-profit, behavioral health /child welfare agency serving families and children throughout the state; JCAHO accredited

### **Project :** Inpatient Services

#### **Expected Activities and Outcomes :**

Treatment center in Tucson for children diagnosed as severely emotionally disturbed; children receive intensive psychiatric treatment including group, individual and family therapies ; programs are designed to help children overcome trauma of severe physical, sexual and psychic abuse and neglect. A comprehensive sexual behavior problems therapy program is available. Horticultural and recreational therapy , and the adventure ROPES course are implemented as treatments. Also available: Group home for adolescents requiring substance abuse intervention and treatment and an emergency shelter home for boys is available in Tucson.

#### Target Population :

Children aged 5-17

### **Project :** The Parent Connection

#### **Expected Activities and Outcomes :**

A resource, education, prevention and support center for parents and other caregivers of children ages 0-5; services include parenting play groups, parenting classes and parent support groups; also special programs for fathers and their

children.

**Target Population :** 

Parents and caregivers of children 0-5 years.

*Contact Agency :* 5326 E Pima Rd. Tucson, AZ 85712 (520) 321-15000

### Project : Permanency Planning

#### **Expected** Activities and Outcomes :

Infant adoptions ;counseling services for birth parents and adoptive parents. Recruitment and training for parents interested in fostering or adopting older children who may have emotional problems.

#### **Target Population :**

Individuals and families interested in adoption services

## Project : Kinship and Adoption Resources and Education (K.A.R.E) Family Center

#### **Expected** Activities and Outcomes :

Family focused services include : home visits; case managements; mental health services for individual and group, adults and children; information and referral service; access to legal support; recreation and support groups.

Target Population :	Contact Agency :
Grandparents, adoptive families raising relative children.	4710 E. 29th Street Bldg. #7 Tucson, AZ 85711 (520) 323-4476
Funding Source :	Collaborators :
Casey Family Programs	Casy Family Organization, Pima Council on
	Aging, University of Arizona Cooperative
	Extension.

### **Project : Outpatient Services**

#### **Expected** Activities and Outcomes :

Intensive, short term , in home, or in office therapy for families and children troubled with behavioral (including violence) disorders , substance abuse , sexual abuse, learning disabilities , and severe emotional problems. Programs are tailored individual and therapies include family, group, individual , and an intensive team approach.

#### **Target Population :**

Families and children

## **Arizona Dental Association**

#### **Referral Services**

Provide referral to dentists within caller's area.

**Project :** Referral Services

#### **Expected** Activities and Outcomes :

Provide referral to dentist within a caller's area.

## **Arizona Department of Economic Security**

#### Arizona Department of Economic Security

Phone 1-800-835-2100

Website <u>http://www.de.state.az.us/tp/portal.asp</u>

Mission

The Arizona Department of Economic Security promotes the safety, well-being, and self sufficiency of children, adults, and families.

### **Project :** Health and Social Resources

#### **Objectives** :

The Department of Economic Security (DES) was established by the State Legislature in July 1972 by combining the Employment Security Commission, the State Department of Public Welfare, the Division of Vocational Rehabilitation, the State Office of Economic Opportunity, the Apprenticeship Council and the State Office of Manpower Planning. The State Department of Mental Retardation joined the Department in 1974. The purpose in creating the Department was to provide an integration of direct services to people in such a way as to reduce duplication of administrative efforts, services and expenditures.

#### **Expected Activities and Outcomes :**

Provide Services for Children, Families, Aging and Elderly, People with Disabilities, Employment.

Target Population :	Contact Agency :
People living in Arizona	DES

Funding Source :

Federal

Arizona Senior Resources801 E. JeffersonPhone1-800-835-2100Fax602-252-6536E-mailfelopez@ahcccs.state.az.usWebsitehttp://www.de.state.az.us/tp/portal.asp

### **Project :** Senior Services

#### **Expected Activities and Outcomes :**

Provide the following services to seniors; Nursing Home/Long Term Care, Employement/Volunteersim, Health Resources, Financial Assistance, Complaints/Legal Resources, Care Giver/Home Based Care services and adult abuse services.

#### Target Population :

Senior Citizens

*Contact Agency :* www.de.state.az.us/senior

*Funding Source :* Department of Economic Security , ADHS, and AHCCCS

Division of Children , Youth and FamiliesPhone1-800-835-2100Websitehttp://www.de.state.az.us/tp/portal.asp

**Project :** Child, Youth and Family Services

#### **Expected** Activities and Outcomes :

Provide the following federal programs: Abuse Prevention/Early Intervention, Adoption and Foster Care, Arizoan Early Intervention Program, Arizona Families F.I.R.S.T, Child Care, Children Infromation Library, Child Protective Services, Children Need a Home, Child Support Enforcement, Comprehensive Medical and Dental, Developmental Diasabilites, Family Assistance, mariiage Workshops and Community Services Administration.

#### Target Population :

Children and Families of Arizona

#### **Contact Agency :**

Division of Child Youth and Family Servivces: 1-800-352-8401www.de.state.az.us/tp/portal.asp

### Funding Source :

Federal

Services for People with DisabilitiesPhone1-800-835-2100Websitehttp://www.de.state.az.us/tp/portal.aspasp

### **Project :** Services for People with Disablitlies

#### **Expected** Activities and Outcomes :

The following services are available: Arizona Early Intervention Program, Developmental Disabilities and Rehabilitation Services.

#### Contact Agency :

DES-Disability Serives : http://www.de.state.az.us/tp/portal.asp

#### Funding Source :

Federal, State

## **Arizona Department of Environmental Quality**

Arizona-Mexico Border Team400 West Congress, Suite 433Tucson85701 ArizonaPhone(520) 628-6744Fax(520) 770-3540E-maildossantos.placido@ev.state.az.usWebsitewww.adeq.state.az.usMission

Address trans-boundary environmental and environmental health issues that affect the Arizona-Sonora border. ADEQ-Border team cover issues related to air quality, emergency response, environmental education, environmental health, hazardous materials and hazardous waste, pollution prevention, transportation infrastructure (as it relates to air quality), water and wastewater infrastructure and water quality.

### Project : Arizona Mexico International Green Organization, AMIGO Program

#### **Objectives** :

Generate partnerships leading to voluntary pollution prevention activities among border industries in Arizona and Sonora.

#### **Expected** Activities and Outcomes :

Promote international private sector collaboration by bringing industries closer together, provide guidance, information and general support, provide annual awards to border industries with exemplary accomplishments for environmental protection while participating in the AMIGO Program.

Target Population :Contact Agency :Industries in the Arizona-Sonora border area.ADEQFunding Source :Collaborators :EPAEPA, Procuraduría Federal de protección al<br/>Ambiente, Secretaria de Infraestructura Urbana y<br/>Ecología , municipal governments in Arizona and<br/>Sonora.Project :Ambos Nogales Binational Air Quality Dialogue

#### **Objectives** :

Implement actions that will improve local air quality and public health.

#### **Expected Activities and Outcomes :**

Facilitate binational dialogue to consensus on action that will be taken to improve air quality and reduce the public health risk by reducing the particulate matter and emissions generated by or from unpaved traffic areas, vehicle emissions, traffic congestion, soil erosion and residential emissions (wood and garbage burning), the recommended actions and next step to implementation are described in the "Plan of Action to Improve Air Quality in Ambos Nogales"

<i>Target Population :</i> Nogales and Rio Rico, Arizona and Nogales, Sonora	Contact Agency : ADEQ
Funding Source :	Collaborators :
EPA	Secretaria de Infraestructura Urbana y Ecología, U.S. State Department, Secretaria de Relaciones Exteriores, Arizona Department of Health
	Services, Secretaria de Salud Publica, Santa Cruz County, municipalities of Nogales, Arizona and Nogales, Sonora and a variety of other agencies in both countries who have a role in local air quality.

## **Project :** Ambos Nogales Binational Air Quality Educational Outreach Campaign

#### **Objectives** :

Ensure public support for and participation in activities to improve local air quality.

#### **Expected** Activities and Outcomes :

Increase to a greater degree of Public awareness and individual actions to help improve air quality. Publish and disseminate the Ambos Nogales Clean Air Calendar (4th year) and

The Breath Easy report (newspaper column). Disseminate of a series of air quality pamphlets, promotional material in the form of bumper stickers, magnets and t shirts. Use Billboard/bus placard campaign and public service announcements on TV and radio about garbage burning, vehicle emissions, as a to for the promotion for alternatives modes of transportation.

#### **Target Population :**

Nogales and Rio Rico, Arizona and Nogales, Sonora

## *Funding Source :* NOAA, EPA

## *Contact Agency :* ADEQ

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#### Collaborators :

Secretaria de Educación y Cultura, Secretaria Infraestructura Urbana y Ecología, Arizona-México and Sonora-Arizona commissions, Santa Cruz County School Superintendent, ADHS, Secretaria de Salud Public, Group APSA, Nogales Imparcial newspaper, KMSB Fox 11 and many schools and teachers.

## **Project :** Ambos Nogales Binational Sanitary Facilities Planning

#### **Objectives** :

Improve international wastewater collection and treatment facilities serving Ambos Nogales

#### **Expected** Activities and Outcomes :

Construction of new international interceptor to collect flows and construction of improved treatment facilities, rehabilitation and extension of collection services.

#### Target Population :

Nogales and portions of Rio Rico, Arizona and Nogales, Sonora

*Funding Source :* EPA, IBWC, City of Nogales *Contact Agency* : ADEQ

#### **Collaborators** :

International Boundary and Water Commission (US and Mexican Sections), EPA, Secretaria de Infraestructura Urbana y Ecología, Comisión de Agua Potable y Alcantarillado del Estado de Sonora, Arizona Department of Water Resources, Commission Nacional de Agua and the municipalities of Nogales, AZ and Nogales, Sonora

## **Project :** Douglas/Agua Prieta Binational Air Monitoring Project

#### **Objectives** :

Evaluate the human health impacts of emissions and atmospheric transport of hazardous air pollutants (HAPs) and particulate matter. Plan similar effort in Yuma-Somerton-San Luis, Arizona and San Luis Rio Colorado, Sonora.

#### **Expected** Activities and Outcomes :

Air sampling and monitoring, atmospheric simulation modeling and human health risk assessment.

Target Population :Contact Agency :Douglas, Arizona and Agua Prieta, SonoraADEQFunding Source :Collaborators :EPAEPA, Secretaria de Medio Ambiente y Recursos<br/>Naturales, municipalities of Douglas, AZ and<br/>Agua Prieta, Sonora

## Project : Ambos Nogales Binational Air Monitoring Project

#### **Objectives** :

Evaluate the human health impacts of emissions and atmospheric transports of hazardous air pollutants (HAPS) and particulate matter (PM).

#### **Expected** Activities and Outcomes :

Comprehensive data and information gathering efforts included air sample collection, meteorological monitoring, air emission inventories, atmospheric simulations models and human health risk assessment. A summary of the findings can be found in the Ambos Nogales Binational Air Quality Study --Citizen's Summary", available on ADEQ's website.

Target Population :	Contact Agency :
Nogales, Arizona and Nogales, Sonora	ADEQ
Funding Source :	Collaborators :
EPA	EPA, Secretaria de Medio Ambiente y recursos Naturales, Santa Cruz County Health Department, municipalities of Nogales, Arizona and Nogales, Sonora

## Project : Pretreatment Program for Nogales, Sonora

#### **Objectives** :

Pursue development of an industrial wastewater pre treatment program for Nogales.

#### **Expected** Activities and Outcomes :

Water quality sampling, laboratory analytical support, visit to the ADHS laboratory and Arizona communities with established pre treatment programs

*Target Population :* Nogales, Sonora

*Funding Source* : Unavailable

*Contact Agency :* ADEQ

#### **Collaborators** :

Internacional Boundary and Water Commission (U>S and Mexican Sections), EPA. Commission de Agua Potable y Alcantarillado del Estado de Sonora

## **Arizona Department of Health Services**

#### Office for Children with Special Health Care Needs

150 N. 18th Ave., Suite 330

Phoenix85017ArizonaPhone(602) 542-1860Fax(602) 542-1860E-mailmkrenit@hs.state.az.usWebsitehttp://.hs.state.az.us/phs/ocshcn/Mission

The mission of the Office for Children with Special Health Care Needs is to continuously improve comprehensive systems of care which enhance the health, future, and quality of life for children with special health care needs, their families, and the communities in which they live.

### **Project :** Arizona Early Intervention Program (AzEIP)

#### **Objectives** :

Provide developmental evaluation services for infants and toddlers (0-3) who are experiencing delays and may benefit from early intervention.

#### **Expected** Activities and Outcomes :

The five state agencies work together to provide a comprehensive system of early intervention for children with special health care needs under the age of 3 and their families

#### Target Population :

Infants/toddlers 0-3 exhibiting developmental delays statewide.

*Funding Source :* Part C, Title IXX, Title V

#### Contact Agency :

ADHS-Office for Children with Special Health Care Needs

#### Collaborators :

Department of Economic Security, Arizona Health Care Cost Containment System (AHCCCS), Department of Education, Arizona School for the Deaf and Blind (ASDB) and ADHS

### **Project :** Asthma Program

**Objectives** :

To reduce morbidity and mortality due to asthma.

#### **Expected** Activities and Outcomes :

Development of local coalitions that will develop and implement community based programs to address the needs of children who have asthma

## *Target Population :* Statewide

#### Funding Source :

Title V: Maternal and Child Health Block Grant

#### Contact Agency :

Office for Children with Special Health Care Needs

#### Collaborators :

Arizona Asthma Coalition, American Lung Association - Arizona Affiliate, Maricopa County Health Department, Pinal County Health Department, Phoenix Children's Hospital

## **Project :** Children's Rehabilitative Services (CRS)

#### **Objectives** :

Assure the highest quality comprehensive care for the function improvement of medically qualified individuals through a family centered, interdisciplinary team approach in a cost effective managed care setting.

#### **Expected** Activities and Outcomes :

Improve case finding techniques, increase outreach services to rural areas, decrease waiting times for CRS outpatient clinics, decrease length of stay in hospitals, increase the proportion of ambulatory to inpatient surgeries, avoid duplication of services, and increase the availability and accessibility of multi-specialty, interdisciplinary services.

#### Target Population :

The target area is the state of Arizona. The target population is children with special health care needs 0-21 years of age who have certain medical, handicapping or potentially handicapping conditions.

#### Funding Source :

A combination of funding is received from state and federal sources. ADHS collects Federal funding from the AHCCCS Administration for Title XIX

#### Contact Agency :

ADHS-Office for Children with Special Health Care Needs

#### Collaborators :

The program provides statewide services through four regions, each with its own hospital and physician support. Currently, the northern regional clinic is in Flagstaff. The western regional clinic is in Yuma. The southern regional clinic is in Tucson, and Phoenix is the home of the central regional clinic. In addition to four regional sites, services are provided through field clinics at specified locations throughout the state.

## **Project :** Community Development

#### **Objectives** :

To develop parent led self-reliant, self-sustaining community organizations to mobilize local, state and federal resources to improve the quality of life for children with special health care needs and their families.

#### **Expected Activities and Outcomes :**

1.Protocol for Community Development/ Promoting Community Change for Children with Special Health Care Needs (Hunter/Homan): Upon Community Selection, Identifying and/ or Develop Community Group of Investors/ Stakeholders. Communities may enter the process either through invitation or self-selection. Families, Service providers and agencies, community leaders and existing groups are identified. Interest in the Needs-Resource Assessment/ Community Development process is ascertained. A relationship is established with either an existing group, or a new group is formed. A team of Parent Community Leaders is identified and placed under contract to serve as liaisons, developers, and coordinators of activities and communication.

#### 2. Conduct a Community Needs/ Resources Assessment

The sponsoring community group/team and Parent Community Leaders plan needs/resources assessment process. Parents are identified who may serve as surveyors, times and locations of forums noted, and arrangements finalized. Parent and Provider Community Forums are held, interviews and surveys completed and community data compiled. An identification of community resources is integrated into the process, identifying special citizen skills, talents and knowledge as well as professionals, service organizations and natural resources.

#### 3.Data Analysis

Information gathered through the Needs/Resources Assessment process is compiled and analyzed by OCSHCN staff, Parent Community Leaders, the Community Planning Team, and System of Care Team/ Agency staff. A written Community Report Card, Issue Things to Consider, and Community Profile is completed. The Workbook for Community Change is updated with specific community documents, identifying resources as well as issues.

#### 4. Community Presentation of Needs/ Resources Assessment Results.

The results of the Needs/ Resources Assessment are presented back to the community according to plans made by the sponsoring community action group. Community team members present the results to the assembled community team and forums participants, and solicit their participation in taking action. The community team may consist of families who have children with special health care needs, young adults who are disabled, service providers and agencies, advocacy groups, interested community and business leaders and elected officials.

#### 5.Community Action.

The community identifies one or two issues to resolve within a specified time frame. Parent Community Leaders organize and sustain action to resolve identified action. The community team pursues all potential resources, intrinsic and financial, to accomplish their goals, continually connecting people and resources with each other, sharing talents and energy. Once substantial progress is made on the initial issues, the community team prioritizes and resolves additional family and community issues for action.

#### 6.Ongoing Community Support/ Increasing Leadership/ Linking of Communities.

Parent Community Leaders, through ongoing support and technical assistance by OCSHCN staff and consultant, continually seeks and promotes new community leadership and learning. Linking strategies of regularly held conference calls, get-togethers, and conferences assist leaders and members of their respective teams to learn from, coordinate with and support one another, both from within their own communities and among other communities. Community teams, mentoring other community teams, exchange information and techniques, building statewide strength and power bases to produce both community and state level change.

#### 7.Measuring Success

Working in partnership, Parent Leaders, Community Action Teams and OCSHCN identify indicators of their success utilizing the Elements of Community Development as a guide. Realizing that everything happens through relationships, parent leaders and community team members, are reinforced for their talents, energy and interest in improving the system of care by identifying and recognizing their successes.

#### 8.State Level Support and Responsibility

The State Level System of Care Team, through coordination and communication with Parent Leaders and Community Teams, supports community initiatives by identifying system barriers and responsibilities for change, with the goal of promoting desired community change for all children and especially for those with special health care needs.

9. Transference of Community Development Philosophy and Protocol to other Elements of the Service Delivery System Other participants of the system of care are positively influenced and altered through communication and education of the principles, activities and strategies of the Community Development Philosophy and Protocol, thereby promoting a community based, parent driven service delivery system.

#### Target Population :

The goal is to eventually provide services statewide. Currently programs are available in the following communities: Page, Prescott, Prescott Valley, Chino Valley, Bullhead City, Yuma, Somerton, San Luis, St. Johns, Springerville, Eager, Mesa, Flagstaff, Douglas. New communities are consistently being identified.

#### *Contact Agency :* ADHS-Office for Children with Special Health Care Needs

*Funding Source :* Title V Maternal and Child Health Block Grant, Other Grants or Donated funds

#### **Collaborators** :

Each community has formed partnerships and community action organizations. Parents with children with special health care needs provide leadership and management to the organization, which also consists of parents and professionals from various entities within their community. The sectors are: medical, social service, education, public health and community. Examples of community team membership include: Public Health and School Nurses, School District Superintendents or Special Education Directors, City Officials, Physicians, Social Service Providers and others.

### Project : Arizona Sickle Cell Anemia Program

#### **Objectives** :

To work in partnership with families and other team members to develop and implement the Individualized Family Service Plan, Family Service Plan or Individualized Service Plan for children/teens with chronic medical, developmental delays, or Traumatic Brain Injury, recognizing that the family is the child's most important resource. To assist families in acquiring the knowledge and skills they need to support the development of their child who has special needs. To help families communicate and coordinate services among all providers. emphasizing the team approach.

4.To assist families in identifying their priorities, resources and concerns and accessing resources / services within their community.

#### **Expected** Activities and Outcomes :

The Arizona Department of Health Services provides service coordination assistance for families with children birth to three years of age who are eligible for ADHS/Arizona Early Intervention Program. The children may have metabolic disorders, neural tube defects (spina bifida), severe attachment disorders, pediatric under-nutrition/failure to thrive, or other medical conditions/disorders that impact 50 % or more of their developmental milestones. Examples include: children who have an exceptional need for coordination of multiple service providers and resources; families presenting with multiple children with special health care needs needing coordination of medical services; children/families needing time limited assistance to accomplish discharge or transition to other service providers; children ages of 2 and 17 years of age who have had a traumatic brain injury and are within 2 years post injury.

#### **Target Population :**

Families with children birth to three years of age statewide.

#### Funding Source :

Title V Maternal and Child Health Block Grant, IDEA Part C, and Grant funds

#### Contact Agency :

ADHS-Office for Children with Special Health Care Needs

#### Collaborators :

Department of Security, Arizona Early Intervention Program; Governor's Council for Spinal and Head Injuries

#### Office of Environmental Health 150 N. 18th Ave., Suite 430 Phoenix 85015 Arizona Phone (602) 364-3118 Fax (602) 364-3146 E-mail ccervan@hs.state.az.us Website www.hs.state.az.us/phs/oeh/index.htm

**Project :** Children's Envirnomental Health

#### **Objectives** :

Addresses lead poisoning, pesticide poisoning, indoor air quality, safe sun behavior, and other environmental health concerns of a non-infectious nature.

#### **Expected** Activities and Outcomes :

Conduct Lead Poisoning Surveillance, develop lead poisoning prevention efforts, conduct education and outreach activities, provide SunWise School Program which teaches children how to protect themselves from overexposure to the sun.

#### **Target Population :**

Children of the State of Arizona

#### Funding Source :

CDC Childhood Lead Poisoning Prevention cooperative agreement

#### **Contact Agency :**

Arizona Department of Health Services, Office of Environmental Health

#### **Collaborators** :

AHCCCS, Housing and Urban Development, Centers for Disease Control and Prevention, Environmental Protection Agency

#### Office of Women's and Children's Health 150 N. 18th Ave., Suite 320 Phoenix 85007- Arizona 3242 Phone (602) 364-1400 Fax (602) 364-1494 E-mail rleach@hs.state.az.us Website www.hs.state.az.us/phs/owch/index.htm Mission

To strengthen the family and the community by promoting and improving the health status of women, infants and children.

## Project : Newborn Screening Program (comprised of Newborn Endocrine/Metabolic/Hematological Screening [NBS] and Universal Newborn Hearing Screening [UNHS])

#### **Objectives** :

New Born Screeing Program (NBS) : The objective is to identify those babies who have specific serious medical conditions. Finding these babies and providing them with early treatment can prevent serious problems, such as mental retardation or even death.

Endocrine/Metabolic/Hematological Screening [NBS] and Universal Newborn Hearing Screening [UNHS]he objective is to identify those babies who have a hearing loss by 1 month of age, so they can be diagnosed and receive intervention services early. Finding these babies and providing them with appropriate intervention helps assure that they have the opportunity to acquire the language, social and cognitive skills that will ensure their success in school and society.

#### **Expected** Activities and Outcomes :

Health Practitioners (physicians, nurse midwives, lay midwives, primary care providers) are responsible for: ordering the screening tests for newborn infants in their care; informing parents about the screening tests; collecting, handling and submitting of newborn screening specimens; promptly following-up with families in the event of an abnormal result; and providing appropriate medical monitoring/referral to specialists.

Hospitals, practitioners, and/or their contracted laboratories collect and submit specimens for testing. Arizona Department of Health Services - State Laboratory tests the specimens for the designated diseases and reports results to the physicians listed on the form. The Laboratory reviews the specimens for acceptability, performs the screening tests, keeps records of the tests performed, and conducts quality control studies of laboratory methods and practices.

<i>Target Population :</i> All babies born in Arizona	<i>Contact Agency :</i> Arizona Department of Health Services, Bureau of Community and Family Health Services
Funding Source : NBS – Newborn screening fund (funding from fees paid by the submitters of the specimens being tested).	<ul> <li>Collaborators :</li> <li>Health Practitioners (physicians, nurse midwives, lay midwives, primary care providers)</li> <li>Hospitals and/or their contracted laboratories</li> <li>Arizona Department of Health Services - State</li> <li>Laboratory</li> <li>Arizona Department of Health Services -</li> <li>Newborn Screening Program</li> <li>Medical specialists (pediatric endocrinologists, metabolic geneticists, pediatric hematologists, pediatric audiologists)</li> <li>Arizona Department of Health Services –</li> <li>Children's Rehabilitative Services Program</li> <li>Arizona Schools for the Deaf and the Blind</li> </ul>

#### **Project :** Sensory Program

#### **Objectives** :

Improve the health of Arizona Children by identifying hearing and vision problems early through school screening programs.

#### **Expected Activities and Outcomes :**

All children enrolled in Arizona schools will have their hearing and vision screened.

#### **Target Population :**

Children in pre-school, public schools, private schools and charter schools.

### **Contact Agency :**

Arizona Department of Health Services, Bureau of Community and Family Health Services

#### Funding Source :

Maternal and Child Health Block Grant

#### **Collaborators** :

University of Arizona, Department of Education, Audiologists, Optometrists, public health nurses and others in the sensory professions

#### **Project** : **Child Health Grant**

#### **Objectives** :

Reduce the rate of deaths caused by motor vehicle crashes.

Reduce hospitalizations for nonfatal injuries and poisonings per 100,000 adolescents age 15 through 19. Increase the proportion of children who receive dental care each year.

Reduce the rate of children 1 through 14 hospitalized for ambulatory care sensitive conditions per 100,000.

#### **Expected Activities and Outcomes :**

Reduced mortality and morbidity of children. Increased access to health care.

Target Population :	Contact Agency :
Statewide/low income families	Arizona Department of Health Services, Bureau of Community and Family Health Services
Funding Source :	Collaborators :
Title V MCH Block Grant	Pima County Health Department; Southeast Arizona Behavioral Health Services; AHCCCS, Bureau of Emergency Medical Services, Asthma Coalition, American Lung Association, Office of Oral Health

### **Project :** Reproductive Health/Family Planning

#### **Objectives** :

To provide comprehensive reproductive health/family planning services, which include: Initial/annual exams Physical assessment Laboratory testing Medical, social, reproductive history Fertility regulation Infertility services Pregnancy diagnosis and counseling Adolescent services Sexually transmitted disease screening Client education Client counseling Information and referral services

#### **Expected** Activities and Outcomes :

Low-income families will have increased access to health care and will receive preventative services.

Target Population :	Contact Agency :
Statewide/Low-income individuals	Arizona Department of Health Services, Bureau of Community and Family Health Services
Funding Source :	Collaborators :
Title V, MCH Block Grant	Cochise County Health Department; Yuma County Department of Public Health; Arizona Family Planning Council; Arizona Family Planning Coalition

### Project : Child Health Indicator Program

#### **Objectives** :

Gather data regarding health concerns of children in participating schools

#### **Expected Activities and Outcomes :**

Market CHIP to school nurses. Train school nurses and ITS employees from participating schools on how to use CHIP. Offer "Help Desk" Services. Gather data from participating schools. Create reports with the aggregate data.

Target Population :	Contact Agency :
School Nurses Statewide	Arizona Department of Health Services, Bureau of Community and Family Health Services
<i>Funding Source :</i> Title V	Collaborators : AZ School Nurse Consortium, School Nurses

### Project : Health Start Program

#### **Objectives** :

To increase prenatal services to at risk pregnant women, reduce the incidence of low birth weight babies, reduce the incidence of children affected by childhood diseases, increase the number of children receiving age appropriate immunizations by two years of age, educate families on good nutrition habits, preventative health care and child development

#### **Expected Activities and Outcomes :**

Reduction in low birth weight babies born to program mothers, early entry into prenatal care, increased immunization rates among index children.

#### Target Population :

High Risk pregnant women in a variety of communities around the state. The following service communities are in close proximity to the Arizona-Mexico border; Douglas, Bisbee, Nogales, Elgin, Patagonia, Tubac, Yuma, Somerton, San Luis, Sumerton, East City and Wellton.

#### Funding Source :

Proposition 204 tobacco tax settlement funds

#### Contact Agency :

Arizona Department of Health Services, Bureau of Community and Family Health Services

#### Collaborators :

County Health Departments and Community Health Centers

## **Project :** County Prenatal Block Grant (Cochise, Santa Cruz and Yuma Counties)

#### **Objectives** :

Provide pre-natal classes and breastfeeding classes Reduce the rate of low birth weight babies Referral and linkage of community services Education on women's health and it's impact on birth outcome Child safety and health programs Teen program (cases management) Tobacco, alcohol and drug education and impact on birth outcome

#### **Expected** Activities and Outcomes :

Prenatal classes that educate women on childbirth, healthy lifestyles and birth outcome, importance of breastfeeding and infant health, child safety (i.e., car seat training and provision), case management programs for women and teens who are considered to be at risk

#### Target Population :

Funding Source :

All women of child bearing age, infants and children.

#### **Contact Agency :**

Arizona Department of Health Services, Bureau of Community and Family Health Services

*Collaborators :* Private and Public health care providers and social service agencies.

### **Project :** Abstinence Until Marriage Education

#### **Objectives** :

ADHS

To reduce teen pregnancy and rates of Sexually Trnsmitted Disease among this population.

#### **Expected** Activities and Outcomes :

Unavailable	

<i>Target Population :</i> Children and adolescents 9-18 years, and their parents.	<i>Contact Agency :</i> Arizona Department of Health Services, Bureau of Community and Family Health Services
<i>Funding Source :</i>	Collaborators :
MCHD Abstinece Funds and Proposition 204	Schools and community organizations

### **Project :** Medical Home Project

#### **Objectives** :

Increase access to health care for children with no other source of health care.

#### **Expected** Activities and Outcomes :

Obtain volunteer physicians and reduced cost ancillary services. Coordinate available health care providers and ancillary services for uninsured children who need the services we have available. Refer children for AHCCCS and Kids Care as appropriate.

#### Target Population :

All of Arizona's children who have no other source of health care.

*Funding Source :* Title V

#### Contact Agency :

Arizona Department of Health Services, Bureau of Community and Family Health Services

#### **Collaborators** :

American Academy of Pediatrics, AZ Chapter; volunteer pediatricians, volunteer specialists, pharmacies, laboratories, school nurses.

## Arizona Kidney Foundation, Affiliate National Kidney Foundation

 Phoenix
 Arizona

 Phone
 (520) 882-7604 , (602) 840-1644

 Fax
 (602) 840-2360

 Website
 www.azkidney.org

### **Project :** Affiliate National Kidney Foundation

#### **Expected** Activities and Outcomes :

Financial assistance with food, prescription medications, dental treatment, emergency transportation and emergency living expenses for Arizonans requiring kidney transplant or dialysis screening for early evaluation of at risk individuals, Sponsors patient support groups and activities; promotes an organ donor program; provides educational materials about kidney disease; provides speakers bureau for schools, civil groups, etc.

Target Population :

*Contact Agency :* Arizona Kidney Foundation

## **Association of Arizona Food Banks**

#### **Central Office**

Arizonans

 21000 N. Central Avenue

 Phone
 (800) 445-1914

 Fax
 (602) 528-3838

 E-mail
 ghildebrand@azfoodbank.org

### **Project :** Central Donar Service

#### **Expected Activities and Outcomes :**

Operates the Central Donor Service which brings together donors of salvageable and gleaned products with food banks capable of pick up, storage, and distribution; also publishes a directory of emergency food resources which includes all food banks and pantries in the state as well as the services they provide. Advocacy for nutrition policy.

#### **Target Population :**

Arizona

## **Border Health Foundation-Puentes de Amistad**

Nogales and Cochise County Field Offices1815 9th StreetDouglas85607 ArizonaPhone(520) 364-8200Fax(520) 364-5617E-mailcompaneros@ambhf.org , junidos@dakotacom.netMission

To improve the health of people in the Americas with particular focus on the U.S-Mexico border by developing relationships that further knowledge, empower people and maximize the utilization of resources. Border Health Foundation programs seek to improve coordination and cooperation while respecting diversity.

## Project : Chiricicahua Community Health Center, Rural Health Outreach Grant

### **Diabetes Consortium**

#### **Objectives** :

Identify individuals at risk for diabetes and increase their access to health care. Provide education about Diabetes, treatment

and self care to patients and their families and continuing medical education to providers on "Best Practices"

#### **Expected** Activities and Outcomes :

Health care improvement and accessibility through education class and on going dialogue with local healthcare providers.

#### Target Population :

Cochise County residents at high risk for diabetes.

#### Funding Source :

University of Arizona Rural Health Office (Mel and Enid Zuckerman, Arizona College of Public Health)

**Project :** Disparities

#### **Objectives** :

Provide outreach services and assessments to 100 Latina women. Offer referrals to or access to services, agencies/community based organizations. Provide workshops on substance abuse prevention and treatment, prevention/treatment for mental health and other health topics.

#### **Expected** Activities and Outcomes :

Provide information, education and support for Latina women on relevant health issues and additional support by referring

them agencies for substance abuse treatment, mental healthcare and services.

#### Target Population :

Latina women between the ages of 18-55	Juntos Unidos of Santa Cruz County or Compañeros of Cochise Count
Funding Source :	Collaborators :
Substance Abuse and Mental Health Services (SAMHSA)	Juntos Unidos (BHF-Nogales), Puentes de Amistad (BHF-Somerton), Companeros (BHF-Douglas)

### **Project :** Strengthening Families

#### **Objectives** :

Increase the capacity of Neighborhood Liaisons to effectively conduct consensus building among targeted at-risk families. Increase the knowledge base of staff on science-based prevention models and how to apply these within the communities served by this agency. Ensure that all family strengthening efforts are culturally relevant and sensitive. Promote a sense of community ownership in the activities and programs being carried out; increase sustainability and

*Contact Agency :* Compañeros of Cochise County

Contact Agency :

Collaborators : Cochise County Health and Social Services empowerment. Strengthen local-level family protective factors for the purpose of promoting greater resiliency among target communities and families. Regularly conduct outcome evaluations for better monitoring project effectiveness. Determine the process and outcomes evaluations of Entre Familia, a proven science based program, as part of a cross site evaluation.

#### **Expected** Activities and Outcomes :

Implement 3 waves of family strengthening classes for 30 participants and an evaluation process to determine whether EntreFamilia program is an effective family strengthening model in the target communities.

Target Population :	Contact Agency :
120 families	Juntos Unidos of Santa Cruz County or
	Compañeros
	of Cochise County
Funding Source :	Collaborators :
Substance Abuse and Mental Health Services (SAMHSA)	Juntos Unidos ( BHF-Nogales), Puentes de Amistad (BHF-Yuma),
(SAMIISA)	South Central New Mexico Prevention (New
	Mexico
	partner)
	r/

### **Project : Drug Free Communities Support Program**

#### **Objectives** :

Expand parent awareness of the risks and protective factors associated with adolescent use of alcohol, tobacco, and other drugs (ATOD) to reduce substance use among youth in Santa Cruz County.

Utilize the Media Sharp curriculum to educate youth and community members to interpret and counter media messages from the

United States and Mexico, and their influence on the local use of ATOD.

Reduce minor access to tobacco and alcohol in Santa Cruz County to minimize availability as the risk factor in this binational

border community.

Monitor coalition progress toward project goals by collecting and assessing process and outcome evaluations measures

#### **Expected Activities and Outcomes :**

Coalition Meetings Youth Council Meetings Parenting trainings utilizing Preparing for the Drug Free Years parenting curriculum Trainings for youth utilizing Media Sharp curriculum.

#### Target Population :

Santa Cruz County (youth parents and businesses that sell liquor/tobacco)

#### Funding Source :

Office of National Drug Control Policy (ONDCP) Office of Juvenile Justice and Delinquency Prevention *Contact Agency :* Juntos Unidos of Santa Cruz County

#### **Collaborators** :

Santa Cruz County Sheriff Department, Nogales Policy Department, Nogales Unified School District #1, Santa Cruz Valley School District #35 , University of Arizona Cooperative Extension, Santa Cruz County, Santa Cruz Tobacco Local Project

### **Project :** Domestic Violence -Non-Violence Classes for Men

#### **Objectives** :

Teach male perpetrators alternatives to violence.

#### **Expected Activities and Outcomes :**

A non-violent 16-24 week curriculum (determined by judge and /or probation officer), designed to foster the positive attitudes toward relationships and to reflect the negative consequences of utilizing power and control to resolve conflict. The desired outcome is for participants to change their attitudes toward violence and to be able to share responsibility with their partner/spouse.

#### Target Population :

Cochise County Court mandated classes for males arrested for domestic violence or related charges.

#### Funding Source :

Office of Justice Programs (Office on Violence Against Women)

#### Contact Agency :

Juntos Unidos of Santa Cruz County or Companeros of Cochise County

#### Collaborators :

Juntos Unidos (BHF-Nogales), Puentes de Amistad (BHF-Somerton), Companeros (BHF-Douglas)

## **CDC** National and **STD** and **AIDS** Hotlines

#### **National Hotlines**

845 N. Main Ave. Tucson AZ AZ Phone (800) 227-8922, (800)342-2437 E-mail std-hiv@ashastd.org Website www.ashastd.org, www.iwannaknow.org

### **Project : Hotline Services**

#### **Expected Activities and Outcomes :**

Free, confidential service local and national information and referral about sexually transmitted diseases and HIV/AIDS; answers general questions, provides written information on basic and specific diseases, as well as treatment and prevention. Group and classroom calls can be made to CDC National STD and AIDS Hotlines.

#### Target Population :

Nationally

## **Child and Family Resources**

Community Assist of Southern Arizona (CASA)

855 Cochise AvenueDouglas85607ArizonaPhone(520) 364-5150Fax(520) 634-5703E-mailcfrdg@theriver.comWebsitewww.childfamilyresources.orgMission

To enahance the Quality of lofe for all children and their families.

### Project : Community Assistance of Southern Arizona (CASA)

#### **Objectives** :

Reduce the community's exposure to environmental pollutants, by linking members of the community who are affected by adverse environmental conditions with health care providers.Provide relevant and culturally sensitive information about environmental pollutants to promote a community -wide interest in the project. Act as liaison between researchers and communities and help disseminate research results in an easy to understand format.Reduce the number of visits to the school nurse caused by respiratory illness. Reduce the number of childhood lead and arsenic poisoning reported by doctors and laboratories. Finnish the testing for items of concern for heavy metals. These items include home remedies,

and candies.Develop survey instrument appropriate for each community based on the Nogales instrument.Conduct a minimum of 200 home visits in each community (Nogales, Douglas, Southern Tucson, Yuma). Conduct six workshops for parents and children in each community. Present at least on radio broadcast for each community. Develop at least one school program other than the workshops in each community.Of those identified as having health affects from environmental pollutant, assists at least 75 percent of those not currently under medical supervision to obtain medical care and conduct at least on workshop for acacias and yerberias on the heavy metal content of home remedies.

#### **Expected** Activities and Outcomes :

Program Goal : Reduce the communities exposure to environmental pollutants. Activities: Training of Promatoras on new information and procedures; Conduct a minimum of 200 home visits in each community; Provide relevant and culturally sensitive information about environmental pollutants; Conduct 6 workshops for parents and children in each community.

Develop one school program other than the workshop.

The following outcomes are expected:

Increase the knowledge of 75% of the participants that complete home visits ; Increase community awareness; Increase the number of asthma educational programs provided in schools; Complete 100% of educational workshops; Of the 200 homes visited, complete mitigation in at least 85% of homes requiring and desiring mitigation; Reduce the number of childhood lead and arsenic poisoning cases reported by doctors and laboratories by 2 percent.

Complete outreach to 100 pharmacies and yerberias in Nogales, Arizona.

Program Goal --Link members of the community who are affected by adverse environmental conditions with health care providers

Activity--Of those identified as having health affects from environmental pollutants under medical supervision to obtain medical care.

Outcomes--Assist at least 75% of those not currently under medical supervision to obtain medical care.

Program Goal--Act as liaison between researchers and the communities and help disseminate research results in an easy to understand format.

Activities--Finnish the testing for items of concern for heavy metals. These items include home remedies, and candies. Continue to work with the University of Arizona.

Development and use of existing material.

Outcomes--Complete 100% of the testing of the home remedies.

#### **Target Population :**

Border regions of southern Arizona where Child and Family Resources, Inc. has an office (Nogales, Douglas, southern metropolitan Tucson and Yuma)

#### Funding Source :

National Institute of Environmental Health Sciences

Contact Agency :

Child and Family Resources-Community Assistance of Southern Arizona (CASA) (520) 881-8940

#### Collaborators :

Mariposa Health Center, Southeast Arizona Health Education Center, Sonora Environmental Research Institute, University of Arizona

#### Healthy Families of Arizona

855 Cochise AvenueDouglas85607ArizonaPhone(520) 364-5150Fax(520) 364-5703E-mailcfrdg@theriver.comWebsitewww.childfamilyresources.orgMission

To enhance the Quality of Life for all children and their families.

### **Project : Healthy Families**

#### **Objectives** :

Enhance parent/child interaction by promoting child health and development and addressing concerns about parent and child abuse and neglect issues.

#### **Expected** Activities and Outcomes :

Link families with medical providers, day cares, and schools and Connectfamilies with necessary community services and resources. Enhance self-efficiency through education and employment opportunities while teaching appropriate discipline strategies and parenting education. Healthy Families provides emotional support and screening to ensure appropriate physical and social emotional child development. Intensity of services is based on family need, beginning weekly and moving gradually to quarterly home visits as families become more self sufficient. Modeling is used to increase effective parent-child interactions to provide appropriate child development, nutrition and safety education

#### Target Population :

All units in designated target Cochise County areas. Bisbee 85603, Douglas 85607, Elfrida 85610, Naco 85620, MacNeal 85617, Pirtleville 85626 are screened at the hospital.

#### Funding Source :

DES state funds and our current funding is through tobacco settlement dollars.

#### Main Office

2800 East Broadway Blvd.Tucson85716 ArizonaPhone(520) 881-8940Fax(520) 335-8780Websitewww.childfamilyresources.orgMission

To enahance the Quality of lofe for all children and their families.

### **Project :** Abstinence Program

**Objectives** :

This school-based program delivers abstinence education to 4th through 8th grade students.

## *Expected Activities and Outcomes :* Unavailable

#### Target Population :

Public School Districts of the following border Counties: Santa Cruz County : Nogales, Rio Rico. In Cochise County : Palominas, Tombstone, and Sierra Vista. *Contact Agency :* Child and Family Resources

Collaborators :

Unavailable

### Project: Young Father's Programs

#### **Objectives** :

Assist young fathers in accessing community services, preparing for the GED test, establishing paternity, learning parenting and life skills, and building a lifelong commitment to their children.

#### **Expected** Activities and Outcomes :

Unavailable

*Target Population :* In Phoenix (Maricopa County), Tucson (Pima Coutny), Yuma (Yuma County). *Contact Agency :* Child and Family Resources

*Collaborators* : Unavailable

*Contact Agency :* Child and Family Resources-Healthy Families

*Collaborators :* Sierra Vista Regional Health Center and Devereaux Arizona

### **Project :** Centers for Adolescent Parents

#### **Objectives** :

A comprehensive program offering GED prep, parenting life skills education, career development, and free on-site child care.

## *Expected Activities and Outcomes :* Unavailable

Target Population :

Available to young mothers ages 16-19. In Tucson(Pima County) and Phoenix (Maricopa County). *Contact Agency :* Child and Family Resources

Collaborators : Unavailable

### **Project :** Choices for Teen Parents

#### **Objectives** :

Provides educational services, parenting and life skills training, case management, health services, job development/ placement, referrals to community services, mentoring and parent support to teen parents.

#### **Expected Activities and Outcomes :** Unavailable

*Target Population :* Teens in Yuma County only. *Contact Agency :* Child and Family Resources

**Collaborators** :

Services are provided in collaboration with Child & Family Resources, Big Brothers and Big Sisters, Parents Anonymous, Yuma County Health Department, Yuma Private Industry Council and Yuma Union High School.

### Project : Girl Talk / Guy Talk Prevention Programs

#### **Objectives** :

Middle-school-aged youth learn skills to help them resist sexual activity, drug and alcohol use. They build strong futures in fun, gender-separate, after-school clubs.

#### **Expected Activities and Outcomes :**

Unavailable

#### Target Population :

A summer program is offered to teens, at two school sites. In Tucson only.

*Contact Agency :* Child and Family Resources

*Collaborators :* Unavailable

### **Project : Pre-Adolescent Diversion Project**

#### **Objectives** :

Youth (8 to 12) and their families are referred by Juvenile Court to participate in a workshop series. Juveniles learn new strategies to manage anger, solve problems and improve family communication.

#### **Expected Activities and Outcomes :**

Unavailable

#### **Target Population :**

Youth (8 to 12) and their families. In Tucson only.

*Contact Agency :* Child and Family Resources

Collaborators : Unavailable

### **Project :** Choices for Families

#### **Objectives** :

Offers in-home family support services through a community-based, multi-disciplinary collaboration. The continuum of services promote positive parenting, enhance family functioning and assist families in maintaining self sufficiency.

#### **Expected** Activities and Outcomes :

Unavailable

#### **Target Population :**

Residents of Douglas, Safford, Sierra Vista (Cochise County), Tucson (Pima County), Nogales (Santa Cruz County) and Yum (Yuma County). *Contact Agency :* Child and Family Resources

Collaborators : Unavailable

### Project : Child & Adult Care Food Program

#### **Objectives** :

Family child care providers are reimbursed for nutritious meals served to children in their care. Nutrition training is provided annually.

#### **Expected** Activities and Outcomes :

Unavailable

#### **Target Population :**

Residents of Douglas, Safford, Sierra Vista (Cochise County), Tucson (Pima County), Nogales (Santa Cruz County) and Yum (Yuma County). *Contact Agency :* Child and Family Resources

*Collaborators :* Unavailable

### **Project :** Breaking the Cycle: Juvenile Delinquency Prevention Program

#### **Objectives** :

A violence prevention specialist trains child care staff and parents in Second Step, a nationally recognized violence prevention curriculum. The specialist assists centers in high-risk areas with the implementation of this curriculum.

#### **Expected** Activities and Outcomes :

Unavailable

#### **Target Population :**

Available in six Pima County preschools. In Tucson only.

*Contact Agency :* Child and Family Resources

*Collaborators :* Unavailable

### **Project :** Strengthening Families

#### **Objectives** :

This model program works with families who have substance abuse issues. Families participate in an intensive 14-week course that has demonstrated effectiveness in rural populations, and offers a valid, culturally tailored version for Hispanic populations.

#### **Expected Activities and Outcomes :** Unavailable

Tanaat Donulati

### Target Population :

Residents of Nogales, Santa Cruz County and Safford, Cochise County.

*Contact Agency :* Child and Family Resources

Collaborators : Unavailable

### **Project :** Arizona Early Intervention Program

#### **Objectives** :

Assist families and children to detect any possible developmental delays or established developmental conditions, as well as provide the public with developmental information.

#### **Expected** Activities and Outcomes :

Unavailable

*Target Population :* District VI-Southern Arizona

#### Funding Source :

Federally funded by the US Department of Education /Office of special education and rehabilitation services through DES.

*Contact Agency :* Child and Family Resources

*Collaborators :* ADHS, DDD, ASDB

## **Child and Parent Centers Inc.**

#### Main Office

602 East 22nd St. Tucson 85713 Arizona Phone (520) 882-0100 *Mission* 

Empower families to become healthy and productive members of the society.

### **Project :** Head Start

#### **Objectives** :

Arizona Head Start Programs provide high quality early childhood education, nutrition, health, and social services with a strong parent involvement focus.

#### **Expected Activities and Outcomes :**

As the guarantee for the Head Start and Early Head Start programs for Southeastern Arizona, provides early childhood and family development services for pregnant women and pre-school aged children. Families must be low income or have a child with a disability. Services include classroom and home based programs; medical, dental, psychological and nutrition services for the child, and social support for the family. A special needs program integrates children wit disabilities in tot he regular child development program. There are 22 center in the Tucson area and Marana; center locations are available at the address listed above ; also for centers located in Cochise and Santa Cruz Counties.

#### Target Population :

Children 0 to 5 years living in borderland counties.

#### Funding Source :

Head Start Collaboration Grant, administered by the Governor's Division for Children, Arizona Head Start Collaboration Project. *Contact Agency :* Child and Family Centers, Head Start Program

#### Collaborators :

Many Community partners, non-profit organizations, private child care providers, and State agencies

## **Community Partnership of Southern Arizona (CPSA)**

#### **Central Office**

4575 E. Broadway Tucson 85711 AZ Phone (520) 325-4268 Fax (520) 318-6935 Website <u>www.cpsa-rhba.org</u>

### Project : Central Office

#### **Expected Activities and Outcomes :**

Founded by Southeastern Arizona Behavioral Health Services (SEABHS), Arizona Physicians IPA (APIPA), and the Behavioral Health Coalition of Southern Arizona, CPSA was awarded the Regional Behavioral Health Authority (RBHA) contract initially July 1, 1995 by the Arizona Department of Health Division of Behavioral Health Services (ADHS-OBHS); extended through June 30, 2005. As a behavioral health managed care organization, CPSA functions to provide Member Services, Utilization Management, Information Systems, Financial Management and Administrative Services to a service delivery system that is risk and performance based. CPSA subcontracted providers are responsible for providing a continuum of behavioral health care services, inclusive of mental health care services, inclusive of mental health care services, inclusive of mental health and substance abuse treatment, as well as prevention services in southern Arizona.

Contact Agency :

Community Parterships pf Arizona

## **CROSSROADS** Mission

Behavioral Health Services 944 S. Arizona Avenue Yuma 85364 Arizona Phone (928) 783-9364 Fax (928) 329-1021 E-mail mgarlit@crossroadsmission.org Website www.crossroadsmission.org

#### Mission

Crossroads Mission is a Christian organization dedicated to helping individuals who find themselves at a "crossroads" in their lives. Our goal is to help them make that turn that will bring them to a personal encounter with God, and to help them make changes that will result in better lives.

We offer life-changing, individualized programs leading to stable employment and independent living. With the help of caring donors like yourself, we are able to reach out to the chemically dependent, the needy, and the homeless of Yuma County and its surroundings.

### **Project :** Serenity House

#### **Objectives** :

To help disadvantaged, disabled and disenfranchised individuals and families achieve a better quality of life.

#### **Expected Activities and Outcomes :**

Our services are coordinated by individual case management and education plans. Our Case Managers and Instructors identify individual goals and needs, the services required to meet these goals and partner with the client to accomplish these goals as an achievement for a better quality of life.

#### Target Population :

Homeless, Alcoholics, Addicts, Near Homeless, The Poor and Those That Are In Need

#### Funding Source :

Community contributions, state funding, other grants.

Contact Agency : Crossroads

#### Collaborators :

Housing Authority of the City of Yuma, City of Yuma, County of Yuma, Western Arizona Counties of Governments, Department of Economic Security, Arizona Collation to End Homelessness, Yuma Regional Medical Center, Salvation Army, ET. Al.

# **Project :** Renewed Life Program, Education Center, Family Shelter, Homeless Shelter.

#### **Objectives** :

To help disadvantaged, disabled, and disenfranchised individuals and families achieve a better quality of life.

#### **Expected** Activities and Outcomes :

Our services are coordinated by individual case management and education plans. Our Case Managements and Instructors identify individual goals and needs, the services required to meet these goals and partner with the client to accomplish these goals as an achievement for better quality of life.

Target Population :	Contact Agency :
Homeless, Alcoholics, Addicts, Near Homeless	Crossroads
Funding Source :	Collaborators :
Community contributions, state funding and other grants.	Housing Authority of the City of Yuma, City of Yuma, County of Yuma, Western Arizona Counties of Governments, Department of Economic Security, Arizona Coalition to End Homelessness, Yuma Regional medical Center, Salvation Army

### Project : Crossroads Recovery Life Skills Program

#### **Objectives** :

To assist the addicted to overcome their self-defeating, addictive behaviors to attain a higher quality of life through remission from chemical dependence.

#### **Expected** Activities and Outcomes :

Remission from substance dependence and return to being "normal" productive members of our community. The Life Skills Program is a complete drug and alcohol recovery program. It features:

A Chemical Withdrawal Unit that allows for safe and supervised detoxification, open 24 hours a day, 7 days a week, 24 hour monitoring by qualified medical technicians. All cases overseen by a Medical Doctor. Including a 120 day residential program following detoxification based on 12 step method and Christian principles. Crossroads offer Individualized counseling,

group meetings, spiritually/religious oriented meetings and activities.

#### Target Population :

Any person who meets the assessment criteria (DSM IV criteria for substance dependence.

*Funding Source :* State Funding, other grants **Contact Agency :** Crossroads

Collaborators :

The Crossroads Mission Board, Executive Director, Treatment Director, counseling staff, shelter, education, and emergency services.

## Dental del Sol

#### **Dental Services**

Avenida Obregon

 Nogales
 Sonora

 Phone
 Mexico : 631-312-22-35 US : 520 245-7028

Mission

Provide quality general dentistry and periodontic services to individuals of all ages and nationalities who are in need of oral health care.

### **Project : Dental Services**

**Objectives** :

Offer bilingual General Dentistry and Periodontic services to the public.

#### Target Population :

All persons in need of dental care, both for the United States and Mexico

*Contact Agency :* Dental del Sol - Dentistry of the Sun Dr. Adalbertos Gonzales Dr. Ivan Gonzales

## **Dental Laser**

#### Dental Services

Lopez Mateos 172 Edificio Millenium, Colonia CenroNogalesSonoraPhoneUS : 520-940-5518 Mexico : 631-312-0056E-maildrjsaturno@yahoo.comMission

Provide quality general dentistry and periodontic services to individuals of all ages and nationalities who are in need of oral health care. Dental care is provided at approximately 60% of US cost.

### **Project : Dental Services**

#### **Objectives** :

We offer treatment in the following areas:General Dentistry: including consultation, routine cleaning, full dental x-rays; Pediatric Dentistry and Orthodontics:including braces for all ages; Periodontics: gum surgery, non-surgical gum treatment, root planing, scaling :Restorative Dentistry : composite (tooth-colored) fillings, inlays, onlays, crowns, bridges, implants (restoration), partial dentures, dentures (upper and lower), denture repair; Cosmetic Dentistry: in office tooth whitening, tooth whitening, bonding, porcelain veneers; Endodontics: root canal therapy; Other Clinical Services bruxism (grinding), fresh breath, athletic mouth guards, night guards, sealants, smoking cessation, snore guards. All General Dentists and Specialists are bilingual in Spanish and English.

#### **Expected Activities and Outcomes :**

Provide quality services in a safe and relaxing environment. All General Dentist and Specialists are bilingual in Spanish and English.

#### Target Population :

Available to all citizens in need of dental services (US and Mexican). No insurance is necessary, although most US dental insurance plans are accepted. Contact Agency :

Dental Laser -Lazer Dental drjsaturno@yahoo.com

## **Environmental Education Exchange**

Border Programs738 N. 5th Avenue, Suite 100Tucson85705 ArizonaPhone(520) 670-1442Fax(520)-670-1443E-mailjmarcos-iga@eeexchange.orgWebsitewww.eeexchange.orgMission

The Environmental Education Exchange is a nonprofit 501(c)(3) organization established to enhance and expand the environmental literacy of inhabitants and visitors in the unique desert regions of the southwestern United States and northwestern Mexico.

### Project : Border EE Web

#### **Objectives** :

Beginning in 1997, the EE Exchange maintained a searchable online database of over 350 EE resource providers in Arizona and New Mexico. As this type of website has proven valuable, more recently the website has been updated and the project has been expanded to encompass a much larger geographic area.

#### **Expected** Activities and Outcomes :

Provide information on over 1100 agencies and organizations along the border, as well as information from entities throughout Arizona and New Mexico.

Teachers, other educators, and the general public can search this easy-to-use database by state, organization or agency name, audiences served, program theme, and materials format. New EE providers can be added at any time, and existing entries can be easily updated. Visitors are encouraged to fill out a user profile (although this is not required to access the site), so that they may receive future information specific to their environmental education interests. Fully bilingual, with two portals of entry, so that it can be accessed completely in Spanish or in English. Entries from both sides of the border can be accessed from either portal, that is, in either language

#### Target Population :

All individuals interested in the Environmental Education Efforts along the US-Mexico border.

*Funding Source :* U.S. Forest Service, Region 3, Public Affairs Office *Contact Agency :* http://www.bordereeweb.net and http://www.redeafronteriza.net

*Collaborators :* Unavailable

### **Project :** Mission 3R: A Challenge for Change

#### **Objectives** :

Increase understanding and stimulates excitement about the "three R's" with a message that encompasses reducing, reusing, recycling, composting, recycling, buying recycled, and more. Through a unique educational software program distributed on CD-ROM.

#### **Expected Activities and Outcomes :**

The interactive segments are framed in an opening and closing that provide a meaningful context, with Spike explaining how the choices we make every day (to reduce, reuse, recycle, buy recycled, and compost) can help conserve natural resources and protect Arizona's natural environment. These segments feature beautiful nature photography as well as many images of items meaningful to students.

#### **Target Population :**

Upper-elementary students

*Contact Agency :* Environmental Educational Exchange

#### **Collaborators** :

Recycling Office of the Arizona Department of Environmental Quality, schools and students

### **Project :** Tucson's Water Conservation Education Programs

#### **Objectives** :

Create literacy among students regarding the water cycle, water resources, and water quality as well as prepare youth to better understand, when they take on adult roles, the complex and pressing water conservation issues facing southern Arizona.

#### **Expected** Activities and Outcomes :

Our Water, Our Future: Teach the Ways of Water, a two-part program consisting of five teacher-led activities followed by an interactive 90 minute presentation from a Tucson Water educator. Our Water, Our Future has reached over 700 classes and is now an institution for many local fourth and fifth grade teachers.

The Water Info Van Program, which begins with a short video, soon became known as Da Drops in honor of the animated talking water drops that take students on a journey beginning in the clouds and ending in the kitchen sink. After this brief video, the presentation focuses on groundwater model activities in which students experience changes in how people have used water over time.

The Tucson Toolkit: Perspectives on Our Water, a five-unit curriculum developed for middle school science teachers to integrate into their lesson plans. The Tucson Toolkit contains nine engaging hands-on activities such as collecting transpiration from leaves, constructing a miniature Mount Lemmon, and building a model to investigate groundwater contamination. In the culminating activity, after the class has learned why water is such a precious and limited resource in southern Arizona, students measure the flow rate of their showerheads at home. Those who report high flow rates receive a free water-saving showerhead. The Tucson Toolkit differs from the elementary school programs in that no presenter visits the classroom and all of the activities are led by the science teacher.

Target Population :	Contact Agency :
Elementary school children and teachers.	Environmental Exchange
<i>Funding Source :</i> Tucson Water's Conservation Office	<i>Collaborators :</i> Tucson Water

### **Project : ToxRap Workshops**

#### **Objectives** :

ToxRAP (Toxicology, Risk Assessment and Pollution) is an innovative, K-9 curriculum that utilizes concepts from toxicology and environmental health risk assessment to teach applied science.

#### **Expected** Activities and Outcomes :

In the context of investigations about environmental health problems relevant to their lives, students develop basic skills in critical thinking, decision making, scientific inquiry, mathematics, language arts and communication.

#### Target Population :

The three modules or volumes in the ToxRAP curriculum series are for Early Elementary (grades K-3); Intermediate Elementary (grades 3-6); and Middle School (grades 6-9).

#### Funding Source :

Center for Toxicology / Southwest Environmental Health Sciences Center at the University of Arizona *Contact Agency :* Environmental Education Exchange

#### **Collaborators** :

Environmental and Occupational Health Sciences Institute (EOHSI), in New Jersey, and funded by the National Institute of Environmental Health Sciences (NIEHS), National Institutes of Health (NIH)

### **Project :** Training and Environmental Education Materials (TEEM)

#### **Objectives** :

The Environmental Education Exchange is implementing this project with the guidance of diverse groups of environmental educators working along the U.S.-Mexico border. The project includes conducting regional environmental education needs assessments, providing training, organizing professional development opportunities, and otherwise enhancing the capacity for environmental education along the U.S.-Mexico border.

#### **Expected** Activities and Outcomes :

Participants in the TEEM effort are asked to take responsibility for identifying their own EE training needs. Appropriate trainings are then organized, and the participants are engaged in suggesting strategies for further dissemination of the process; they then help to implement their own recommendations. Thus professional development is only one facet of the project. By its very nature, the TEEM process offers excellent opportunities to further collaboration and to establish new partnerships which focus on the provision of EE programs and services for Hispanic audiences specifically and border residents in general.

The project's work plan includes the following tasks:

Collect information and form a core planning team;

Convene an organizing committee;

Identify needs of EE practitioners in the region;

Design strategies, programs, or project options;

Select appropriate project(s) and target audience(s) for action; and

Build in a framework that can provide follow-up support for the long term.

Key goals of the project are to:

Identify priority environmental issues and related environmental literacy needs within communities;

Examine options for ways to improve environmental education;

Elaborate and/or plan strategies, programs, or projects to meet identified needs;

Form support networks to help implement strategies, programs, or projects; and

Create a broad base of support that will help monitor program progress, evaluate the effects, and make any adjustments needed to sustain the process into the future.

Target Population :	Contact Agency :
Hispanic audiences, a typically underserved group in general as identified by the EE community at large.	Environmental Health
Funding Source :	Collaborators :
U.S. EPA Border Liaison Office in San Diego,	Unavailable
through the Border XXI program	

### **Project :** The Tohono O'odham Environmental Education (TOEE) Project

#### **Objectives** :

Further environmental education on the Nation by identifying environmental education resources and opportunities and assisting schools and communities with the integration of selected educational projects.

#### **Expected** Activities and Outcomes :

Bridging gaps of communication between schools and the Nation's resource offices through the development of a " Directory of Tohono O'odham Educators and Resource Personnel"; assisting with the development of a traditional native gardening project for Tohono O'odham High School; assisting with the organization of environmental projects for the Native American Clubs at both high schools on the Nation; assisting with the development of a pollution prevention outreach program; and organizing a "Tohono O'odham Cultural and Environmental Resources and Opportunities for Teachers" in-service workshop for the Nation's teachers.

Target Population :	Contact Agency :
Members of the Tohono O'odham Nation	Environmental Education Exchange
<i>Funding Source :</i> EPA's Border XXI Program	<i>Collaborators :</i> Tohono O'odham Environmental Office and the Tohono O'odham Department of Natural Resources

### **Project :** Border Environmental Education Resource Guides

#### **Objectives** :

Provide two new Border Environmental Education Resource Guide(s), one for the eastern and another for the western borderlands.

#### **Expected** Activities and Outcomes :

Each guide also includes a set of thematic indices, by state, with such headings as agriculture, biodiversity, occupational safety, sustainable development, water, wildlife, and many others. This allows users to quickly locate the types of entries that most interest them. One guide addresses the western U.S.-Mexico borderlands and lists agencies, organizations, and businesses involved in environmental education in southern California and southern Arizona, as well as northern Baja California and northern Sonora. (This western guide is actually a second edition.) The other guide of the set addresses the eastern U.S.-Mexico borderlands and lists EE providers in southern New Mexico and Texas as well as northern Chihuahua, Coahuila, Nuevo Leon, and Tamaulipas. Each guide contains both an English section and a Spanish section, with all entries fully translated, so that the information can be conveniently accessed by any interested person

Target Population :	Contact Agency :
All programs, studies and efforts relating	Environmental Education Exchange
Funding Source :	Collaborators :
U.S. Environmental Protection Agency, Region IX	U.S. Environmental Protection Agency, Region
and Region VI, EPA Office of Environmental	IX and Region VI, the EPA Office of
Education in Washington, DC, and World Wildlife	Environmental Education in Washington, DC, and the World Wildlife Fund.

### **Project :** Juntos: Intercultural Environmental Studies in the Western Borderlands

#### **Objectives** :

Create bridges of communication between schools, community resources, and regional environmental organizations.

#### **Expected** Activities and Outcomes :

The Student Guide coupled with the overall curriculum aims to expose students to relevant local environmental information and issues and facilitate student participation in local environmental projects. Activities in the curriculum are cross-referenced to the Student Guide to Environmental Resources and Opportunities, encouraging students to contact local environmental organizations to gain more information on specific topics, invite guest speakers, or investigate potential student projects with the organizations.

#### Target Population :

30 schools are involved in the program, including the two high schools on the Tohono O'odham Nation

#### Funding Source :

Ford Foundation Mexico

## Environmental Education Exchange

#### Collaborators :

Contact Agency :

International Sonoran Desert Alliance, Intercultural Center for the Study of Deserts and Oceans (CEDO), Organ Pipe Cactus National Monument, The Tohono O'odham Nation, the Arizona-Sonora Desert Museum, CREAS, and the Upper Gulf of California Biosphere Reserve, teachers, resource personnel, and administrators from project communities in Arizona, Sonora, and the Tohono O'.odham Nation

### Project : Chihuahuan Desert Bioregion Environmental Education Needs Assessment

#### **Objectives** :

Working in partnership with the World Wildlife Fund (U.S.), the Exchange has recently completed the process of gathering detailed information on environmental education programs, materials, and providers throughout the Chihuahuan Desert Bioregion. The work area includes portions of the states of Texas and New Mexico in the U.S. and portions of Chihuahua, Coahuila, and Nuevo Leon in Mexico.

#### **Expected** Activities and Outcomes :

The educational needs of residents of the Chihuahuan Desert from young school children to adults are being analyzed in the context of conservation priorities.

#### Target Population :

Environmental educators from the US-Mexico border region

*Funding Source :* World Wildlife Fund (U.S.) *Contact Agency :* Environmental Education Exchange

*Collaborators :* Unavailable

## **GAMBRO Health Center**

Outpatient Dialysis Center of Southeastern Arizona 6420 E. Broadway #C-300 Tucson 85710 AZ Phone (520) 748-7422

Fax(520) 748-7236E-mailenrique.hernandez@us.gambro.com

### **Project :** Outpatient Dialysis Center of Southeastern Arizona

#### **Expected** Activities and Outcomes :

Operates 6 outpatient chronic dialysis centers in Pima County, one in Cochise County, and one in Santa Cruz County for people with chronic renal failure. Center staff will provide with provide training for in-home dialysis to patients and family members.

#### Target Population :

Persons suffering form diabetes

#### Contact Agency :

Tucson -East Unit; 790-2775 Tucson-Pascua Yaqui Tribe Unit; 883-5022 Tucson-South Unit: 882-9665 Tucson South Central Unit: 573-0200 Tucson -West Unit: 624-2220 Sells-Pima County: 383-7615 Sierra Vista-Cochise County: 459-7791 Nogales-Sonora Cruz County: 287-6597

*Funding Source :* Sliding scale, and insurance

## **Industrial Commission of Arizona**

#### Division of Occupational Safety and Health

800 West Washington Ave.

Phoenix 85005 Arizona

Phone (602) 542-5795

Website <u>www.Ica.state.az.us</u>

Mission

Promote safety and health in the workplace. Assure as much as possible every working mana nd woman in Arizoan a safe and healthful place of employment.

### **Project :** Consultation and Training Section

#### **Objectives** :

Provide free consultation services for employers throughout the State of Arizona, in an effort to aid them in identifying Occupational Safety and Health hazards, eliminating those hazards and creating a workplace environment that promotes safety within.

#### **Expected Activities and Outcomes :**

Identify and eliminate workplace hazards in an effort to reduce workplace injuries or illness.

*Target Population :* All Arizona Employers

#### Funding Source :

Federal and State

### **Project :** Compliance Activity

#### **Objectives** :

Provide strong effective enforcement of Occupational safety and Health regulations. In doing so conducting onsite inspections to identify those employers who are not complying with the regulations. This is designed to eliminate hazards and ensure that employees are provided with a safe workplace.

#### **Expected Activities and Outcomes :**

Reduce injuries in the workplace.

#### **Target Population :**

Variety of employers in the State of Arizona

#### *Contact Agency :* Industrial Commission of Arizona-Division of Safety and Health

#### Funding Source :

#### Federal and State

## **March of Dimes**

#### Arizona Chapter and Southern Arizona Tucson Office

7290 E Broadway

	2
Tucson	85710 Arizona
Phone	(520) 298-5490
Fax	(520)-298-5584
E-mail	mselbst@marchofdimes.com
Website	www.marchofdimes.com www.nacersano.org
Mission	

Improve the health of babies by preventing birth defects and reducing infant mortality.

### **Project : General Program Overview**

#### **Objectives** :

Provide professional training and education, community education through printed materials, web sites and outreach activities.

#### **Expected** Activities and Outcomes :

Provide a variety of programs, activities and training's focusing on healthy lifestyles, folic acid, prematurely and preconception health. Training's on our Comenzando Bien program, folic acid materials, training CD, curriculum and presentations on birth defects.

#### **Target Population :**

Pregnant women

*Funding Source* : Chapter grants

*Contact Agency :* March of Dimes

#### Collaborators :

Local and State health departments, hospitals, community health centers, clinics, schools and other agencies and organizations

## **Planned Parenthood**

*Contact Agency :* Industrial Commission of Arizona-Division of Safety and Health Southern Arizona 2255 North Wyatt Nogales 85712 Arizona Phone (520) 624-1761 Fax (520) 622-8743 E-mail jonathen.pinkney-baird@ppfa.org Website www.ppsaz.org Mission

To empower every individual to exercise reproductive self determination. To provide comprehensive reproductive and complementary health care services in setting which preserves and protects the essential privacy and rights of each individual.

### **Project :** Global Partnership

#### **Objectives** :

PPSA received a multi-year grant to continue its collaboration with a sexual health peer education program in El Salvador—Asociacion Demografica Salvadorena (ADS). This partnership will allow both agencies to: enhance their peer-to-peer education programs for youth; heighten community awareness of service learning opportunities for youth; and increase support for international family planning among policy makers and the public at large in both countries.

#### **Expected** Activities and Outcomes :

Enhance their peer-to-peer education programs for youth; heighten community awareness of service learning opportunities for youth; and increase support for international family planning among policy makers and the public at large in both countries

Contact Agency :

Asociacion Demografica Salvadorena (ADS)

Collaborators :

Association Demografica Salvadorena (ADS) , El Salvador

### Project : School Based Sexual Health Promotion Program

#### **Objectives** :

PPSA has a collaborative partnership with the Tucson Urban League Academy (TULA), a charter middle school which desires adding a sexuality education component to its program and increase the sexual health of its students, while reducing the risk of sexually transmitted infections (STI'S) and unintended pregnancy. This collaboration seeks to create a school environment that actively supports and promotes the holistic sexual health of adolescents.

#### **Expected** Activities and Outcomes :

Increase the sexual health of its students, while reducing the risk of sexually transmitted infections (STI'S) and unintended pregnancy.

Create a school environment that actively supports and promotes the holistic sexual health of adolescents.

#### Target Population :

Tucson Urban League Academy (TULA), charter middle school

Contact Agency : Planned Parenthood

*Collaborators :* Tucson Urban League Academy (TULA)

### **Project :** Protection Connection

#### **Objectives** :

Planned Parenthood of Southern Arizona is leading a health and education campaign -- Protection Connection -- aimed at reaching those young people who are most at risk for negative health outcomes: already sexually active youth who are having unprotected sex.

#### **Expected Activities and Outcomes :**

Campaign Tools: Teen - driven bilingual media campaign Teen-to-teen outreach events and workshops to increase communication and negotiation skills Easily accessible high quality, well maintained condom vending machines

#### Target Population :

Young people who are most at risk for negative health outcomes

### Project : Omeyacan YES Program

#### **Objectives** :

Since 1997, this program operates as an HIV, STI, pregnancy and substance abuse prevention program that works with young Chicanos/as (ages 14-17) from South Tucson. Omeyacan is a holistic health program that stresses the need for optimal health of mind, body, spirit, and community and frames all lessons and activities within a total cultural context, foundation, and operation.

#### **Expected** Activities and Outcomes :

HIV, STI, pregnancy and substance abuse prevention program that works with young

#### Target Population :

Chicanos/as (ages 14-17) from South Tucson

*Contact Agency :* Planned Parenthood

Collaborators :

Southern Arizona AIDS Foundation (SAAF)

## **Portable Practical Education Preparation Inc.**

#### **Community Based Services**

802 E. 46th StreetTucson85706ArizonaPhone(520)622-3553Fax(520)622-1480E-mailjarnold@PREP.orgWebsitewww.PREP.orgMission

To improve the quality of rural life.

### **Project : PREP Inc. and Affiliates**

#### **Objectives** :

To improve the quality of rural life through self help programs. Mobilize resources to carry them out.

#### **Expected** Activities and Outcomes :

To improve the quality of rural life though self help programs that lead to upward mobility.

#### Target Population :

Rural Arizona-particularly Arizona agricultural regions.

*Funding Source :* Governmental, private and public agencies *Contact Agency :* PPREP, Inc.

*Collaborators :* Various foundations, the government, public organizations

Contact Agency : Planned Parenthood

## **Sahuaro Girl Scout Council**

#### **Resource Development**

43000 East Broadway Blvd Tucson 85711 Arizona Phone (520) 319-3168 Fax (520)-326-5279 Website <u>www.sahuarogsc.org</u> *Mission* 

vission

Sahuaro Girl Scout Council provides enrichment, celebrates diversity, awakens potential in each young woman, and develops leaders through: Challenges and achievements

Integrity and recognition Fun & Friendship

### **Project :** Don't Monkey Around with Diabetes

#### Objectives :

Raise awareness of exercise and healthy eating as ways to delay or prevent type 2 diabetes.

#### **Expected Activities and Outcomes :**

Skit/brochure to promote awareness/healthier eating habits.

*Target Population :* School aged children along Arizona/Sonora border

*Funding Source :* Arizona Department of Health Services *Contact Agency :* Sahuaro Girl Scout Council

*Collaborators :* Sahuaro Girl Scout Council Troop #509 and Arizona Department of Health Services.

## **South Eastern Behavioral Health Services**

#### **Main Office**

P.O. Box 2161 Benson 85602 Arizona Phone (520) 586-7080 E-mail Not Available Website <u>www.seabhs.org</u> *Mission* 

Improve the quality of life for those we serve: working collaboratively within our diverse region to promote community wellness and to provide an array of quality behavioral health services which are accessible, cost effective, and offered in a respectful, caring, and culturally sensitive manner

### **Project :** General Mental Health Services

#### **Objectives** :

All SEABHS outpatient clinics offer a variety of General Mental Health Services.

#### **Expected Activities and Outcomes :**

Provide psychiatric medications, medication monitoring, individual therapy, marital therapy, family therapy, group therapy, and case management services (i.e. transportation, housing referrals, vocational rehabilitation referrals) to General Mental Health clients.

Depending on the particular clinic, therapy could include anger management, stress management, sex abuse survivor's groups, depression groups, anxiety groups, hypnosis, and other modalities.

#### **Target Population :**

Adults, 18 and older who do not receive services through our SMI and substance abuse programs.

*Contact Agency :* SEABHS

### **Project :** Community & Prevention Services

#### **Objectives** :

Provide a variety of trainings and technical assistance including :Conflict Resolution, Various Trainings & Technical Assistance, Community & Youth Empowerment Programs, Prevention Resource Library/Materials (Includes Spanish versions) Workshops/Retreats

#### Target Population :

All age ranges and all client populations, children, adolescents, and adults, of Cochise and Santa Cruz Counties, whether they are enrolled with CPSA and SEABHS or not. *Contact Agency :* SEABHS

### **Project : Chemical Dependency Services**

#### **Objectives** :

SEABHS substance abuse treatment programs are committed to improving the quality of life for the people we serve in a respectful, caring and sensitive manner. Our programs are built around the belief that the problems created by the use of drugs and alcohol can be stopped through the development and implementation of personal plans of recovery.

#### **Expected** Activities and Outcomes :

Substance Abuse Education: Group sessions focused on education about drugs of abuse and the effects on the individual and family.

Substance Abuse Education for Families: Education groups for family members offering age-appropriate information to parents, spouses and children from substance abuse affected families.

Intensive Outpatient Programs: This is designed for those people and families who need a higher level of support. It involves a minimum of 9 hours per week of group treatment in addition to other necessary services the family may need.

Outpatient Group: A three- hour per week group program with the goal of assisting the individual to develop a relapse prevention plan. People may be referred directly into this service or may be recommended to attend this group as a follow-up to the Intensive Outpatient Program.

Continuing Care Groups: Usually a follow up group to the Outpatient Group, the goal of the Continuing Care Group is to provide on-going support and counseling to individuals who are transitioning to life after the end of treatment.

Family Group: Throughout the course of treatment family group is offered. This is to help the entire family, spouses, parents and children, in making the changes needed for a substance-free life. Families receive support, education and counseling.

Individual Counseling: One- to- one sessions with the Substance Abuse or Mental Health Counselors is offered as an adjunct to the treatment program.

Family Counseling: This is an important component of the treatment program designed to assist families on an individual basis in making changes, improving communications and developing plans of recovery.

Detox services: Through its SEAPHF program SEABHS offers medically necessary detox. For other detox services SEABHS counselors assist in finding placement.

Residential Treatment: SEABHS believes it is important for people to remain in their communities, families and jobs during the treatment process. However there are times when a person is unable to succeed in the outpatient setting. For those individuals SEABHS counselors assist in finding residential placement through insurance, SEABHS contracts or

other public programs. Upon discharge from the residential setting, individuals are encouraged to enroll in the outpatient programs.

DUI Services: SEABHS is a provider for DUI screening, DUI Education and DUI Treatment

In addition to these programs, specialty groups are available through SEABHS or by referral to other agencies. These include Anger Management groups, gender specific groups like Women's Groups, groups for Pregnant and Parenting Women, Parenting Programs, and Psychiatric services.

# Target Population :Contact Agency :Residents of Cochise and Santa Cruz CountiesSEABHS

### **Project :** Youth and Family Services

#### **Objectives** :

SEABHS strives to provide youth and family services that are family-centered and strength-based. Services are delivered collaboratively, building on individual, family, and community assets.

#### **Expected** Activities and Outcomes :

INTAKE/ASSESSMENT: Children and their families begin services with an interview with a clinician to determine what services may be available to assist the child and family.

INDIVIDUAL, FAMILY, AND GROUP THERAPY: Interactive therapy provided on an individual, family, and/or group basis to assist in meeting the needs of the child and family.

CASE MANAGEMENT: These services may include telephone contact, transportation, coordination with other service providers, etc.

SUBSTANCE ABUSE SERVICES: These services may include individual/family therapy, educational and relapse prevention groups, and coordination with other agencies involved with the child and family.

INFANT MENTAL HEALTH SERVICES: These services are crucial in identifying and intervening with potential problems early on.

PSYCHIATRIC SERVICES: SEABHS provides psychiatric evaluations, medications, and medication monitoring when determined to be necessary as a part of the child's treatment.

CRISIS INTERVENTION SERVICES: Available 24 hours a day, 7 days a week. RESPITE CARE: Temporary, supervised services which may be used to provide rest and relief to the child and/or caregiver.

HOME-BASED SERVICES: Family therapy and case management services provided in the child and family's home.

SCHOOL-BASED SERVICES: Individual and group therapy, along with case management services provided in the school in coordination with the family and school personnel.

REHABILITATION SERVICES: Includes health promotion, family support, living skills training, and personal assistance.

PREVENTION: Prevention services are offered across all four counties by the SEABHS New Turf Staff. Services include the mentor program, youth advocate program (YA!), and many trainings.

WRAPAROUND FACILITATION: Staff are available to assist families and other community agencies train and develop strengths-based, child and family-centered wrap plans.

#### **Target Population :**

Residents of Cochise and Santa Cruz Counties

#### Services for Seriously Mentally Ill Adults **Project** :

#### **Objectives** :

Services Available for Seriously Mentally Ill Adults include : Case Management, Vocational & Psychosocial Rehabilitation, Supervised & Independent Living Services, Psychiatric Physician Services, Acute Inpatient Hospitalization and Partial Care Programs Therapeutic Group Homes

#### **Expected Activities and Outcomes :**

Not Available

#### **Target Population** :

Residents of Santa Cruz and Cochise Counties

#### **Psychiatric Health Facility Services Project** :

#### **Objectives** :

Provide a variety of services to a broad spectrum of adult clients. Services include crisis stabilization, medical detoxification, medication management and discharge planning.

#### **Expected Activities and Outcomes :**

Not Available

#### **Target Population :**

Resident of Cochise and Santa Cruz County

#### **Crisis Care Services Project** :

#### **Objectives** :

SEABHS provides twenty-four hours, three hundred and sixty five days a year crisis care services. These emergency/crisis/mental health services are delivered in accordance with AHCCCS rules and regulations and Arizona Department of Health Services/Department of Behavioral Health Services requirements and accepted standards of practice.

#### Target Population :

All age ranges and all client populations, children, adolescents, and adults, of Cochise and Santa Cruz Counties, whether they are enrolled with CPSA and SEABHS or not.

**Contact Agency : SEABHS** 

## University of Arizona, Mel and Enid Zuckerman **College of Pubic Health**

#### Southwest Division

P.O Box 210228, Office of Public Health Tucson 85721 Arizona E-mail mlebowit@u.arizona.edu Mission

Promote health and prevent disease in multi-ethnic communities along the Arizona-Sonora border.

Human Exposure Assessment Survey on the Arizona-Sonora Border **Project**:

#### **Objectives** :

To determine exposures from multi media sources.

**Contact Agency :** 

SEABHS

**Contact Agency :** SEABHS

**Contact Agency :** 

SEABHS

#### **Expected** Activities and Outcomes :

To meet objectives and recommend prevention programs.

#### **Target Population :**

All border communities within 40 km of the border.

*Funding Source :* EPA, NAFTA, CDC

#### **Contact Agency :**

The University of Arizona , Mel and Enid Zuckerman Arizona, College of Public Health Centers for Disease Control (CDC)

*Collaborators :* EPA, CDC, FDA, ADHS, ADEQ, HD's NGO's, CBO's

### **Project :** Southwest Center for Community Health Promotion

#### **Objectives** :

Southwest Center will work side-by-side with community members to establish health promotion and disease prevention programs that will continue long after the grant has ended.

#### **Expected** Activities and Outcomes :

Operating under the theme, Promoting the Health of Multiethnic Communities in the Border Southwest, the Southwest Center for Community Health Promotion will: Help policy-makers and border communities identify, assess and address major public health concerns. Develop community-based health-promotion and disease-prevention research efforts that reflect the diversity and character of these communities.

Develop innovative methods to evaluate programs and disseminate information to support and promote health in the communities.

#### Target Population :

Community members borderwide.

#### **Collaborators** :

This major effort will involve an interdisciplinary team from the UA representing public health, behavioral sciences and outreach programs, such as the Cooperative Extension System, among other areas. The UA team will work closely with the Arizona Department of Health Services, which has been extremely supportive of this effort, as well as with county health departments, community health care professionals, community coalitions, and state and federal agencies (both in the United States and in Sonora, Mexico).

### Project : Women's Breast and Cervical Cancer Screening

#### **Objectives** :

Detection of women's breast and cervical cancer for prevention.

#### **Expected Activities and Outcomes :**

Early detection of disease and treatment.

#### **Target Population :**

- 1) women ages 40 and above (SE Cochise County)
- 2) women ages 40 and above (SE Yuma County)

## *Funding Source :* CDC, HCFA

#### Contact Agency :

The University of Arizona , Mel and Enid Zuckerman Arizona, College of Public Health Centers for Disease Control (CDC)

*Collaborators* : Unavailable

### **Project :** Southwest Public Health Leadership Institute

#### **Objectives** :

The Southwest Public Health Leadership Institute (SPHLI) is a Centers for Disease Control and Prevention (CDC) funded program designed for public health personnel committed to developing their leadership skills.

#### **Expected Activities and Outcomes :**

A central mission of the AzGPPH since its inception has been the preparation of men and women for public health policy learning and leadership. In recent years, we have been intensifying our efforts. Now, with the creation of this Institute, we can carry our endeavors to a new level. Investment in this new intellectual area will illuminate some of the most important issues facing our global future – understanding what makes good leaders and training individuals to lead in an ever changing world.

#### Target Population :

Public Health Personnel of the southwest.

#### Funding Source :

Generous in-kind support by Canyon Ranch (Tucson Health Promotion Initiative) and funding by CDC (Leadership Institutes) are enabling the

### **Project :** Best Practices in Tobacco Control

#### **Objectives** :

To understand how tobacco control programs meet Best Practices.

#### **Expected** Activities and Outcomes :

Evaluation, recommendations for improvement.

#### Target Population :

Four total populations: Two Latino populations, Two Native American populations

#### Funding Source :

Legacy Foundation, CDC Foundation

### **Project :** Asthma in School Children

#### **Objectives** :

To detect asthma and recommend it's prevention.

#### **Expected Activities and Outcomes :**

Detection of disease, risk, and prevention.

#### *Target Population :* SW Yuma County

*Funding Source :* NIHS-funding through CDC

Contact Agency :

The University of Arizona , Mel and Enid Zuckerman Arizona, College of Public Health Centers for Disease Control (CDC)

### Collaborators :

ADHS, Tobacco control programs in the communities.

*Contact Agency :* The University of Arizona , Mel and Enid Zuckerman Arizona, College of Public Health Centers for Disease Control (CDC)

Collaborators :

Yuma County School Districts, WAHEC

# **Project :** Community Capacity and Social Mobilization Assessment and Evaluation Core

#### **Objectives** :

To understand how communities work within themselves and mobilize around important health issues.

*Contact Agency :* Mel and Enid Zuckerman, College of Public Health

#### **Expected Activities and Outcomes :**

- 1) To gain knowledge of how communities work.
- 2) Gain the ability to provide assistance and to help the communities.

#### Target Population :

SE Cochise County, SW Yuma County

#### Funding Source :

Unavailable

#### Contact Agency :

The University of Arizona, Mel and Enid Zuckerman Arizona, College of Public Health Centers for Disease Control (CDC)

#### **Collaborators** :

State and County Health Departments, community coalitions, and Non Governmental Organizations.

#### **CVD** Comprehension Intervention Program **Project** :

#### **Objectives** :

To reduce the impact of diseases and prevent development.

#### **Expected Activities and Outcomes :**

Reduction in the risk of diseases through nutrition and physical activity. Better management of existing disease.

Target Population :	Contact Agency :
Population of SE Cochise County	The University of Arizona , Mel and Enid Zuckerman Arizona, College of Public Health Centers for Disease Control (CDC)
Funding Source :	Collaborators :
DHHS, USPHS, CDC	State and county health departments, community

coalitions, Non Governmental Organizations.

#### Community Health Advancement Partnerships (CHAPS) Program **Project** :

#### **Objectives** :

The Community Health Advancement Partnerships (CHAPS) team, a collaboration between the Arizona College of Public Health and the College of Agriculture and Life Sciences at the University of Arizona, recently was selected as both the National and the Western Regional winner of the 2002 Florence Hall Award from the National Extension Association of Family and Consumer Sciences. The CHAPS projects target health related issues identified by Arizona communities: Physical Activity Promotion, Nutrition for Health Promotion, Community Health Leadership Development.

#### **Expected Activities and Outcomes :**

Activities by CHAPS members encourage individuals, families and communities to lead healthier lives; strengthen community leadership and involvement in developing health-promotion strategies; and help tailor local health infrastructures to meet community health-promotion needs. These goals are achieved through the promotion of increased physical activity and better nutrition and the development of community health leadership. Created in 1997, the CHAPS initiative links the University campus and community outreach health-related education and research efforts, with both public- and private-sector organizations through cooperative extension offices throughout the state.

#### **Target Population :**

Individuals, families and communities of the southwest.

#### **Collaborators** :

The Community Health Advancement Partnerships (CHAPS) team, a collaboration between the Arizona College of Public Health and the College of Agriculture and Life Sciences at the University of Arizona, recently was selected as both the National and the Western Regional winner of the 2002 Florence Hall Award from the National Extension Association of Family and

## **Project :** Mel and Enid Zuckerman , College of Public Health

#### **Objectives** :

The College of Public Health provides services to border communities throughout the southwest including the Rio Grande Valley and the Arizona Sonora Border. Research, community based services and having activities form the foundation of it's work.

#### **Target Population :**

Border communities

# Pima County

Pima County, the second largest of the four original counties was created in 1864, and included the majority of southern Arizona acquired from Mexico by the Gadsen Purchase<sup>1</sup>. During the mid 18<sup>th</sup> century, gold and silver was discovered, with expansion of mining and ranching occurring in the later part of the century. Although its territory has been reduced (from original size), Pima County covers 9,184 square miles. The Native American reservations of the area (San Xavier, Pascua Yaqui and Tohono O'odham) account for over 42% ownership of land located in Pima County<sup>1</sup>.

Pima County has a steadily increasing population, estimated at over 870,610, while having an unemployment rate of 3.5% , which remains lower than the Arizona state rate <sup>1</sup>.

A major contributor to the economy of Pima County is manufacturing. Growth in this economic sector is due to the increase of high-technology manufacturers locating and expanding to Pima County. Another major contributor is tourism. In the last year, tourism contributed over 2.3 billion to Pima County's economy and continues to play a major role<sup>1</sup>. Tucson, nicknamed the Old Pueblo is the major city in Pima County, and is Arizona's second largest and oldest city, consisting of a population estimated at over 507,000. Within the county there are large differences in unemployment rates, when stratifying by city/ community. Tucson, for example, has an unemployment rate of 3.8% and Marana has a rate of 2.5%, while the Pasqua Yaqui Indian Reservation has an alarming rate of unemployment of 25%<sup>1</sup>.

1. Arizona Department of Commerce. Profile: Pima County, Arizona www.azcommerce. Com

### **Results**

As per the HB-HG 2010 survey regarding the 25 Objectives, 83 border wide programs were found to be working towards the following objectives: :

- 26.51% towards Access to Care.
- 25% Environmental Health
- 18% Maternal and child Health
- 11% Violence Prevention
- 8% Diabetes

When surveyed regarding which health areas Borderwide and Pima health agencies addressed :

- 31% adolescent health
- 66% Health Education and Promotion
- 54% in Maternal and Child Health
- 32% in Women's Health
- 28% in Environmental Health
- 43% epidemiological studies
- 38% in Chronic and Degenerative Diseases

58% of the agencies surveyed in the city of Tucson had knowledge of the Healthy Gente-Healthy Border 2010 Objectives!

## **Alcoholics Anonymous**

**Tucson Area Intergroup Inc.** 840 S. Cambell Avenue Tucson 85719 AZ Phone (520)624-4183 Fax none E-mail info@Aatucson.org Website www.Aatucson.org

by this Project

Substance Abuse

**Healthy Gente** 

#### **Project** : Alcoholics Anonymous

#### **Expected Activities and Outcomes :**

Fellowship of men and women who maintain sobriety through the sharing experience, strength and hope.

#### **Target Population :**

Men and women with a desire to stop drinking.

#### **Contact Agency :** AA

## **Altar Valley School District #51**

Altar Valley Health and Wellness Center 10105 S. Sasabe Tucson 85736 AZ Phone (520) 822-1484 E-mail droe@avsd.org Website www.avsd.org

#### **Project** : Alta Valley Health and Wellness Center

#### **Expected Activities and Outcomes :**

Provide diagnosis and treatment of minor illness and injuries, physical exams, basic laboratory tests, prescriptions and limited dispensary; preventive health care including screenings, health education, nutrition

**Target Population** : school children

**Contact Agency :** 

Altar Valley School District

#### **Collaborators** :

Altar Valley School District, Pima County Health Department and United Community Health Center

**American Heart Association** 

## **American Heart Association**

#### 5325 East Pima Street

Tucson 85712 AZ (520) 795-1403 , (877) 242-4277 Phone E-mail dot.walker@heart.org Website www.americanheart.org

#### **Project** : American Heart Association

#### **Expected Activities and Outcomes :**

Seeks to reduce disability death from cardiovascular disease, stroke, and related disorders. Supports research; provides heart disease prevention programs to health professionals, business, schools and the public; maintains videos, literature, and a speakers bureau and CPR training.

#### **Target Population :**

Cochise, Grahm, Greenlee, Pima and Santa Cruz

Contact Agency : American Heart Association

**Healthy Gente Healthy Border 2010** 

**Objectives Addressed** by this Project

Access to Care



Healthy Border 2010 **Objectives Addressed** 

## **Amity Foundation**

Amity at Circle Tree Ranch10500 East Tanque VerdeTucson85749AZPhone(520) 749-5980E-mailamityinfo@amity-center.orgWebsitewww.amity-center.org

### **Project :** Amity at Circle Tree Ranch

#### **Expected** Activities and Outcomes :

Coeducational residential program for adults age 18 and over who have problems with drug and /or alcohol abuse

Target Population :

Arizona

*Funding Source* : AZ Families First

Amity Foundation10500 East Tanque VerdeTucson85749 AZPhone(520) 749-5980Fax(520)749-5569E-mailamityinfo@amity-center.orgWebsitewww.amity-center.org

*Contact Agency :* Amity at Circle Tree Ranch

> Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Mental Health, Substance Abuse

### **Project :** Amity Foundation-Residential Program

#### **Expected Activities and Outcomes :**

Dedicated to the creation and implementation of community services fro individuals who are alienated from themselves and society, and who manifest dysfunctional behavior which could include alcoholism, drug abuse, delinquency and criminality.

Target Population :

Arizona

*Contact Agency :* Residential Program

## **Amphitheater Unified School District #10**

Community Services 701 W. Wetmore Drive Tucson 85715 AZ Phone (520)696-5000 (520) 696-5

 Phone
 (520)696-5000, (520) 696-5055

 Website
 www.amphi.com

### **Project :** Community Counseling Center

#### **Expected** Activities and Outcomes :

Short term counseling for students of the Amphi District and fir their families (referrals provided for continuing care); after hours substance abuse , personal and family counseling are offered on a sliding fee scale.

*Target Population :* Students of Amphi District *Contact Agency :* Community Services

### Project : Family Resource and Wellness Centers-AMPHI

#### **Expected Activities and Outcomes :**

Assists families to receive educational, health, mental health, recreational and social services including emergency food boxes, clothing, utility assistance or information and referral. Services offered may vary

Target Population :

Families and students of Amphi School District

Contact Agency : Community Services

## Arivaca Coordinating Council/Human Resource Group, Inc.

Human Resource Group, Inc. 17252 West 5th Street Arivaca 85601 AZ Phone (520) 398-2771 Fax (520) 398-9788

### Project : Human Resource Group

#### **Expected Activities and Outcomes :**

Host congregate meals (hot lunch) program for older adults and delivers hot meals to older adults who are homebound; sponsors clothing bank; performs eligibility screening and registration for commodities. Low Income Home Energy Assistance Program, LIHEAP, application, Summer Youth Employment Program and community services projects for probationers; provides intake and installation of Lifeline, an emergency response system for older adults and /or people with disabilities living alone. Project PPEP coordinates substance abuse, youth and family counseling. Assistance with FOOD Stamp, WIC and Food Plus and other DES application

*Target Population :* Arivaca and Sasabe

### Project : Arivaca Food Bank

#### **Expected Activities and Outcomes :**

Provides up to 6 emergency food boxes within a six month period, and Senior Brown Bag, a once a month supply of food for qualifying older adults; also has volunteer who participate in the gleaning programs for the Food Bank.

*Target Population :* Arivaca and Sasabe

*Contact Agency :* Arivaca Food Bank

**Contact Agency :** 

Human Resource Group

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to Care, Mental Health, Substance Abuse

## Arizona Housing and Prevention Services, Inc.

Arizona Housing and Prevention Services, Inc.

Rent and utility assistance to people who are homeless or living on low incomes; also limited assistance with food and gasoline (work related); offers advocacy and linkages to other services when needed.

### **Project :** Arizona Housing and Prevention Services, Inc.

#### **Expected Activities and Outcomes :**

Rent and utility assistance to people who are homeless or living on low incomes; also limited assistance with

#### **Target Population :**

Tucson, Pima County; Low income in utility or housing crisis (shutoff notice, eviction notice, foreclosure notice)

## **Arizonans for a Drug Free Workplace**

Community Service Division2545 East Ajo WayTucson85713AZPhone(520) 295-5962, (800) 592-3339Fax(520)295-5979E-mailafdfw@earthlink.netWebsitewww.afdfw.org

### **Project :** Technical and Educational Programs

#### **Expected** Activities and Outcomes :

Technical and educational programs to help businesses detect and manage alcohol and legal and illegal drug use/abuse in the workplace; legal /legislative updates ; speakers, workshops , supervisor training, , posters and decals for the workplace; employment posters available to companies with testing programs; tobacco smoke free information and materials for the workplace. Library and educational materials are available.

#### Target Population :

Arizona businesses

*Contact Agency :* Technical Educational Programs

## **Big Brothers/Big Sister of Tucson**

#### Programs

160 AlamedaTucson85701 AZPhone(520) 624-2447Fax(520) 624-4882E-mailinfo@emialtucsonbigs.orgWebsitewww.tucsonbigs.org

### Project : Programs

#### Expected Activities and Outcomes :

One to one mentors provide youth and guidance of an adult volunteer, Completion of an application is required for both clients and volunteers, with all relationships supervised by a professional staff member. School based mentoring services are available for youth.

#### Target Population :

School aged boys and girls who need/desire the friendship of an adult outside their home; adult

*Contact Agency :* Big Brother Big sister

## **Brewster Center for Domestic Violence**

Services

2801 East Broadway Blvd.Tucson85716 AZPhone(520) 881-7201, (520) 320-7556Fax(520) 323-0122E-mailadmin@thebrewstercenter.orgWebsitewwwthebrewstercenter.org

#### Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Violence and Injury Prevention, Mental Health, Access to Care, Maternal and Child Health

### **Project :** Advocacy Services

#### **Expected Activities and Outcomes :**

Advocates work with battered women to provide support and information regarding their rights and options in working with community agencies such as courts, law enforcement, hospitals and services agencies; on-site assistant to respond to the needs of battered women; and children's advocacy services. Orders of protection via video conferencing available at selected hours.

*Target Population :* Victim/survivor domestic violence

**Project :** The Wings of Transitional Housing

*Expected Activities and Outcomes :* Apartments available

*Target Population :* Victim/survivor domestic violence

### Project : Legal Clinic

#### **Expected Activities and Outcomes :**

Legal information and assistance are offered to clients offered to Brewster Center Tucson Centers for Women and Children and New Beginnings in conjunction with Southern Arizona Legal Aide/SALA and the University of Arizona Law College.

*Target Population :* Victim/survivor domestic violence

### Project : Outreach Counseling

#### **Expected Activities and Outcomes :**

Offers individual and group educational counseling and domestic violence education to women and children who are victims.

*Target Population :* Victim/survivor domestic violence

### **Project :** Residential Services

Expected Activities and Outcomes : Emergency shelter services for women with or with

Emergency shelter services for women with or without dependent children who are victims of domestic violence

*Target Population :* Victim/survivor domestic violence *Contact Agency :* The West House Shelter (520) 622-6347; Casa Amparo Shelter (520) 746-1501

Contact Agency : Advocacy Services

*Contact Agency :* (520) 881-7201

Contact Agency : Legal Services

**Contact Agency :** 

**Outreach Services** 

# Casa de Esperanza

Community Programs 780 S. Park Center Ave. Green Valley 85614 AZ Phone (520) 625-2273 E-mail sbergstrom@casacanhelp.com Website <u>www.casacanhelp.com</u>

## Project : Casa Senior Center

*Expected Activities and Outcomes :* Provides recreation, socialization and intergenerational programming *Target Population :* Senior Citizens

## Project : Community Meal Program

*Expected Activities and Outcomes :* Frozen meals are available.

*Target Population :* Low income Families

## Project : Adult Day Care Center

#### **Expected Activities and Outcomes :**

Community based, licensed, for adults who need supportive care because of physical, emotional, or mental limitations; full day or hourly programs provide therapeutic, social and health related services; meals

*Target Population :* Adults with physical, emotional or mental

### **Project : Building Memories Together**

#### **Expected Activities and Outcomes :**

Intergenerational programming joins children and elders for special activities.

*Target Population :* Children and the elderly

## Project : CARE Line

#### Expected Activities and Outcomes :

Confidential and supportive phone counseling, crisis intervention and information and referral services available to all residents.

*Target Population :* Residents of Green Valley, southern Pima

# Project : Los Ninos De Valle

#### **Expected Activities and Outcomes :**

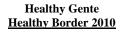
Licensed, cooperative preschool and child care program ; after school and summer programs for children in kindergarten through grade 3.

*Target Population :* Children aged 2-5 years

# Project : Behavioral Health Services

#### Expected Activities and Outcomes :

Four programs include: Case management for people diagnosed as having a serious mental illness; General Mental Health /Substance Abuse counseling and case management for adults; Children's services for ages birth through



Objectives Addressed by this Project

Violence and Injury Prevention, Mental Health, Access to Care

# Casa de Esperanza

18; and a community base domestic violence program, with most services offered by therapist /case manager, nurse,

*Target Population :* Adults and children aged 2-18 years

### **Project :** Match Makers

#### **Expected Activities and Outcomes :**

Prevention services for children in grades 4-12 offer a variety of activities and programs including mentoring, psychosocial support groups, social /life skills and recreation. Goals are to increase school attachment and reduce conditions favorable to substance abuse.

#### Target Population :

Children in grades 4-12

## **Project :** Concerned Advisors

#### **Expected Activities and Outcomes :**

Free assistance for individuals require help with personal business affairs. Volunteer advisors are bonded and professionally supervised.

#### Target Population :

Individuals with disabilities or a recent loss of a loved one

# Casa de Los Ninos

Community Programs 1101 N. Fourth Ave. Tucson 85705 AZ Phone (520) 624-5600 Fax (520) 623-2443 E-mail info@casadelosninos.org Website www.casadelosninos.org Mission

Supportive assistance for families with children who are abused, neglected or when parents are undergoing crisis or stress

### Project : Healthy Families Program

#### **Expected Activities and Outcomes :**

Provides home visits to support of children ages 0-5 with parenting skills, referral to community resources and problem solving.

#### Target Population :

Families of children aged 0-5 years.

## **Project : Family Visitation Services**

#### **Expected Activities and Outcomes :**

Court ordered and voluntary monitoring of visits between non-custodial parents and their children when necessary for the children's well-being. Provides telephone monitoring, exchange supervision, or visit

#### Target Population :

Families with court ordered or voluntary monitoring of visits

**Project : Family Builders** 

# Casa de Los Ninos

#### **Expected** Activities and Outcomes :

Identifies families who considered low risk or potential risk by Child Protective Services and links them with needed resources in the community in order to prevent further abuse or neglect.

### Target Population :

Families

### Project : Casita de Salud

#### **Expected** Activities and Outcomes :

Primary pediatric care clinic for foster children provides diagnosis and treatment for simple acute illness; also well child care and prevention series.

*Target Population :* Foster children

Collaborators :

University Physicians General, Kino Hospital and UMC.

## Project : Children's Crisis Center

#### **Expected Activities and Outcomes :**

Short term residential care which includes preschool and elementary school, medical treatment and recreational activities for children 0-9 years. Also specialized medical programs for infant drug exposure and children identified with failure to thrive.

#### Target Population :

Children aged 0-9

## Project : Child Abuse Prevention Through Legal Education

#### **Expected Activities and Outcomes :**

Free classes on legal issues affecting children and families; legal advocacy on behalf of children. Class topics include: Domestic Relations; Child Protective Services' Dependency, State Custody; Severances, Terminations, and Adoption; Guardianships; Juvenile Justice; and Criminal Justice. A year round programs, as one series of six classes ends, another begins.

#### Target Population :

Families

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Violence and Injury Prevention, Mental Health, Access to Care, Maternal and Child Health

Community Programs 16000 N. Country Club Rd. Tucson 85716 AZ Phone (52) 323-6819

# **Casey Family Programs**

Fax(520) 323-6819Websitewww.casey.org

### **Project :** Long Term Foster Care

**Expected Activities and Outcomes :** 

Provides quality, planned long term foster care for children and youth when this is the best permanent plan.

*Target Population* : Children and youth

## Project : K.A.R.E (Kinship and Adoption Resource and Education ) Family Center

*Expected Activities and Outcomes :* See Arizona Children Association Listing for details.

### **Project :** Self Sufficiency and Transition Services

#### **Expected Activities and Outcomes :**

Provides life skills, educational and vocational/employment training for foster youth in preparation for successful adulthood.

*Target Population :* Youth in foster care

#### Tucson Office 200 N. Stone Ave.

 Tucson
 85701
 AZ

 Phone
 (928)
 882-0018

# **Chicanos Por La Causa**

 Fax
 (520) 884-9007

 E-mail
 cplc@azstar.net

## **Project :** Community Development Corporation

#### **Expected Activities and Outcomes :**

Provides homebuyer education and counseling; limited down payments assistance to eligible homebuyer; emergency housing assistance and case management; youth development and dropout prevention programs; loans to small and/or minority owned businesses; sponsors a variety of cultural and recreational activities; operates Casa de Encanto and Casa del Pueblo.

#### Target Population :

Youth and Families of Pima County

Support Group ServicesTucsonAZPhone(520) 513-5028

# **CO-ANON Family Groups**

pilara1@dellepro.com E-mail Website www.co-anon.org

#### **Project**: Support Group Services

**Expected Activities and Outcomes :** 

Offers solutions to the problems that come from living with a practicing or recovering cocaine addict.

**Target Population** : Family and friends of chemical dependents **Contact Agency : CO-ANON Family Groups** 

**CODAC Clinical Services** 3100 N. First Ave. Tucson 85719 AZ

# **CODAC Behavioral Health Services, Inc.**

Phone	(520-327-4505
Fax	(520) 792-0033
E-mail	jevans@codac.org
Website	www.codac.org

#### **Project** : Adult Services

#### **Expected Activities and Outcomes :**

Group and individual treatment on a sliding fee scale involving education and therapeutic tervention; emphasis

on voluntary clients with long term alcohol or other drug problems; adults and adolescents mandated through

the court system, and individuals diagnosed with HIV. A full continuum of managed care mental health and substance abuse services.

#### **Target Population :**

Southern Arizona

#### Federal Parole/Probation Monitoring **Project**:

#### **Expected Activities and Outcomes :**

A collaboration with federal justice system, rehabilitation program offers education about the dangers of alcohol and drug and counseling to offenders to prevent a return to the criminal justice system.

**Target Population :** Southern Arizona

> **Collaborators** : Federal Justice System

#### **Project** : Las Amigas

#### **Expected Activities and Outcomes :**

Residential substance abuse treatment for pregnant and parenting women, their infants and young children. Prenatal and other medical services, early childhood education and services for children with special needs. Individual, group and family therapy inclusive of non-residential family. Life skills training, parenting classes,

**Target Population :** 

Pregnant and parenting women

#### **Project**: Las Hermanas

**Expected Activities and Outcomes :** A ten bed residential facility, identical to program structure and mission of Las Amigas.

**Target Population :** 

**Healthy Gente Healthy Border 2010** 

**Objectives** Addressed by this Project

Mental Health, Substance Abuse, Injury Prevention

in-

# Project : Child and Adolescent Treatment Programs

#### **Expected Activities and Outcomes :**

HIV Services/Training: HIV services are provided in context of adolescent existing programs ; allows for additional 2-hour curriculums covering HIV, TB and STDs. Project Paz : A program designed to provide liaison between the juvenile court/ detention center and the behavioral health systems.

Target Population :

Adolescents

### **Project :** Clinical Services

#### **Expected Activities and Outcomes :**

Substance abuse prevention and treatment and mental health services for adults, children, and families. Specialized alcohol/drug abuse and treatment services for pregnant and recently postpartum women and their children.

*Target Population :* Southern Arizona

CODAC Community Prevention Services937 S. OsborneTucson85719AZPhone(520) 623-3533E-mailagraves@codac.orgWebsitewww.codac.org

## **Project :** Building Me

#### **Expected Activities and Outcomes :**

An early childhood prevention curriculum for children ages 3-8 in child care center and primary schools;

curriculum builds resiliency skills such as body awareness, social competence, friendship skills and problem solving; staff and teacher training in implementing curriculum, parent and community workshops on effective communication and wellness topics for families.

#### Target Population :

Children aged 3-8 years

## Project : Building Bridges Program

#### **Expected Activities and Outcomes :**

Mobilized teens to act as peer leaders to younger children in local schools; teens receive training in prevention strategies and they mentor young children.

Target Population :

Adolescents

### **Project :** Community Prevention Services

#### **Expected Activities and Outcomes :**

Offers community development technical assistance; parenting workshops; in services and workshops on a variety of prevention topics including peer helping programs, student support groups and alcohol and other drug awareness, connections between child abuse and substance abuse and between youth violence and substance abuse; after school prevention programs with adolescents.

#### Target Population :

Teachers, child care providers and other professional of Southern Arizona

### **Project : Voices United Program**

#### **Expected** Activities and Outcomes :

After school care and summer activities with transportation. In home services on empowering families through parenting education and life skill development. Mental health and substance abuse counseling, nutrition, and

Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Maternal and Child Health, Mental Health, Substance Abuse, Injury and Violence Prevention recreation. Free immunizations, physical and developmental check ups and other preventative health care services.

#### Target Population :

Families and children

## **Project :** Families Aprendiendo Juntas (Families Learning Together)

#### **Expected Activities and Outcomes :**

offers parents of pre-school aged children education and training in child development, utilizing the Building Me Curriculum

#### Target Population :

Parents of pre-school aged children

### **Project :** Rascals

#### **Expected Activities and Outcomes :**

Brings focused prevention and early intervention for families living in the Kennedy neighborhood; social and civic activities for children as well as family guidance.

#### Target Population :

Families in the Kennedy neighborhood

### **Project :** Families and Schools Together

#### **Expected Activities and Outcomes :**

This program creates a bridge between parents and elementary school personnel and provides a substance abuse prevention program that has opportunities for healthy parent/child interaction.

#### Target Population :

Parents and elementary schools

**Collaborators :** Family Counseling Agency

### **Project :** Healthy Families

#### **Expected Activities and Outcomes :**

Prevent child abuse by identifying at risk families and providing them with education and support.

*Target Population :* New parents of children under 3 months of age

CODAC Integrated Adult Services 4901 East Fifth Street Tucson 85711 AZ E-mail jevans@CODAC.org Website <u>www.codac.org</u>

### **Project :** Integrated Adult Services

#### **Expected Activities and Outcomes :**

Provides a continuum of managed care treatment and rehabilitative services for clients and families who are coping with serious mental illness and dual mental health and addictive behavior.

*Target Population :* Adult

CODAC Methadone Services Tucson AZ Website <u>www.codac.org</u>

## **Project :** Methadone Services

#### **Expected** Activities and Outcomes :

Medically based outpatient addiction treatment center provides methadone maintenance and detoxification with individual, group, and family therapy, job readiness training, and job seeking assistance.

# **Community Foundation for Southern Arizona**

Philanthropic Resource Center2250 E. Broadway Blvd.Tucson85719 AZPhone(520) 770-0800Fax(520) 770-1500E-mailphilanthropu@cfsoaz.orgWebsitewww.cfsoaz.orgMission

Serves as a leader, catalyst and philanthropic resource, builds endowments to help meet current and future community needs, links donors with community needs and helps them achieve their charitable goals.

### **Project : Grants**

#### **Expected Activities and Outcomes :**

Makes strategic grants in the areas of culture, recreation, health , human services, environment, education and community enhancement. Provides scholarships to students with demonstrated financial need who are interested in pursuing a higher education. Provides fiscal oversight for the Santa Cruz Community Foundation and the Pima County HIV/AIDS Care Consortium.

**COPE Behavioral Services, Inc.** 

#### **Behavioral Health Services**

82 S. Stone Ave. Tucson 85701 AZ Phone (520) 792-3293 Fax (520) 792-4336 Website <u>www.copebhs.com</u> *Mission* 

COPE Behavioral Services is a not-for-profit behavioral health organization with nearly 30 years experience providing innovative solutions to community problems. With more than a dozen locations throughout Tucson, COPE offers treatment and rehabilitation services for substance abuse, general mental health, and serious mental illness.

### **Project :** Social Educational Enrichment Center (SEEC)

#### **Expected** Activities and Outcomes :

Offers psychosocial rehabilitation to adults; includes social, recreational and educational opportunities such as independents living skills training, arts, crafts, games, sports and outings into the community.

*Target Population :* Adults

*Contact Agency :* SEEC (520) 624-9818

### **Project :** Shepherd House

#### **Expected Activities and Outcomes :**

Four bedroom group home offers residential services for up to six adults. Clients are typically on court ordered treatment and require an intensely structured environment and case management assistance. Program is based on behavioral model that utilizes reinforcement to teach and maintain daily living skills within a daily structured routine. Skill area focused on hygiene, socialization, transportation, menu planning, grocer shopping, medication

*Contact Agency :* Shepherd House : (520) 575-0525

### Project : Gemini

#### **Expected Activities and Outcomes :**

Four bedroom group home offers residential services for up to six adults. Clients require an intensely structured environment and case management assistance. Program is based on behavioral model that utilizes reinforcement to teach and maintain daily living skills within a daily structured routine. Skill area focused on hygiene, socialization, transportation, menu planning, grocer shopping, medication education and community resources.

Target Population :

Contact Agency :

# **COPE** Behavioral Services, Inc.

**Contact Agency :** 

Transitional Program: (520) 903-1563

## Project : Transitional Program

#### **Expected Activities and Outcomes :**

Eight bedroom groups home; offers services 24 hours a day, seven days a week to up to 15 adults. Clients are referred by their case management team to a structures, supportive environment to address life stressors in and out of home setting. Services include counseling, behavior manage=management and psychosocial rehabilitation.

*Target Population :* Adults

### **Project :** Presidio

#### **Expected Activities and Outcomes :**

Intensive services in home for adults; offers outpatient rehabilitation. Services based on a behavioral model that utilizes reinforcement to teach and maintain daily living skills within clients routine. Skills include apartment up keep, socialization, medication management, money management, and symptom management.

Target Population :	Contact Agency :
Adults	Presisdio : (520) 792-3962

COPE Outpatient Adult Services 101 S. Stone #200 Tucson 85701 AZ Phone (520) 884-0707 Website <u>www.copebhs.com</u>

## **Project :** General Mental Health Services

#### **Expected Activities and Outcomes :**

Evaluation assessment, case management individual and group counseling, and referral for adults experiencing depression pr anxiety, difficulties with relationship or functioning, or other general mental health concerns,. Intake site for adults desiring access to state funded behavioral health services for a serious mental illness.

Target Population :

Adults

*Contact Agency :* General Services : (520) 798-1772

### **Project :** Substance Abuse Rehabilitation Outpatient Services

#### Expected Activities and Outcomes :

Includes individual and group counseling ; alcohol and drug assessment , evaluation, referrals and assistance for families of alcoholics. Also offers is community education, agency consultation and DUI education and treatment.

*Target Population :* Adults

## **Project :** Acupuncture Detoxification Clinic

#### **Expected** Activities and Outcomes :

Auricular (ear) acupuncture for detoxification from drugs and /or alcohol, available to COPE-registered clients for free-for -services. Client must be participating in additional services or counseling while receiving acupuncture detoxification services,

Target Population :

Adults

## **Project :** Chemical Dependency Services

#### **Expected Activities and Outcomes :**

Classes and services open to the community or referral sources for a set fee: DUI education; Codependency for adults in substance abusing relationships; Domestic Violence Education, open to people without court referral, charged with a domestic violence offence; Parenting for parents and caregivers designed to meet the needs of

# **COPE** Behavioral Services, Inc.

CPOS and the courts but interested individuals are encouraged to attend; Substance Abuse Education. A 10 week education series on the impact of illegal substance and alcohol : Substance Abuse Evaluation

Target Population :

#### Adults

### **Project :** FREE (Focus on Recovery through Education and Empowerment)

#### **Expected Activities and Outcomes :**

A harm reduction program for people with HIV and a history of substance use (alcohol and /or drugs). Offers acupuncture detoxification (to help reduce or end use and for recovery support), individual case management and support group. Clients need not be abstinent to participate. Services are free of charge.

### Target Population :

Adults

*Contact Agency :* FREE: 101 S. Stone Ave. #100 (520) 798-1772

## **Project :** Insiders

#### **Expected** Activities and Outcomes :

For people with substance abuse and HIV issues or concerns. Services include drop-in center for information, support, and counseling; HIV testing; substance abuse classes; wellness activities ; and case management. Services available for family and friends. In-service consultation and training are available to staff of clients of

*Target Population :* Adults

#### COPE Toole Homeless Services

119 E. Tool Ave.Tucson85701AZPhone95209520792-3293Websitewww.copebhs.com

### **Project :** Toole Homeless Services

#### **Expected Activities and Outcomes :**

A multi-service program for homeless people who are actively working to end their homelessness. Caseworkers and volunteer form several local agencies are available for referral assistance.

*Target Population :* Homeless persons *Contact Agency :* Homeless Services : (520) 792-3293

# **COPE** Behavioral Services, Inc.

COPE Treatment is Available ! 1101 E. Broadway Tucson 85719 AZ Phone (520) 624-0898 , (520) 884-3493 Website <u>www.copebhs.com</u>

### **Project :** Available Treatment

#### **Expected Activities and Outcomes :**

A program of fully accommodated substance abuse treatment, cases management and aftercare services to individuals who have physical or cognitive disabilities .

*Target Population :* Individuals with physical and cognitive

#### Funding Source :

CSAT-funded partnership project of COPE, Pima County Health Department, Kino Community Hospital and Pima Prevention Partnership

# El Pueblo Clinic, Inc.

Community Based Care101 W. Irvington Rd. Bldg. 3CTucson85714AZPhone(520) 573-0096Fax(520) 741-8818E-mailjhawkins@elpuebloclinic.org

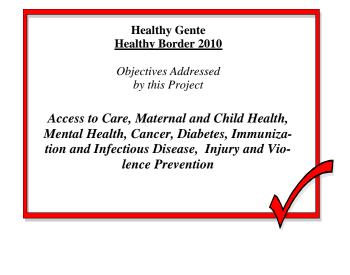
### Project : Community Based Care

#### **Expected Activities and Outcomes :**

Low cost, outpatient family practice services including prenatal and postnatal care, with medical, education and diagnostic services; pediatric and well baby care, including immunizations, screening and diagnostic treatment, and management of acute and chronic pediatric illnesses; gynecological care, with annual breast and pap exams, family planning and evaluation and treatment of gynecological problems; physical examinations for employment, sports and school; hypertension screening; minor surgery; geriatric health care; on site laboratory; health education and referrals for specialties.

#### **Target Population :**

Southern Pima County



#### El Rio Programs 839 West Congress South Tucson 85745 Arizona Phone (520) 670-3909 Fax Unavailable Website <u>www.elrio.org</u> *Mission*

El Rio's mission is to be an accessible and affordable community health center that provides comprehensive quality health care in an atmosphere of respect and dignity for patient and staff, always sensitive to the cultural differences in the community. Further, through direct services, advocacy and education, the Center will strive to improve the heath and well being of its patients and community.

## **Project :** Special Needs Population

**Objectives** :

Provide health care for homeless persons of Pima County.

#### **Expected Activities and Outcomes :**

Proof of income and proof of residence, normal requirements for patients of Community Health Centers are difficult to come by if you are homeless. But since the primary focus of El Rio is the patient, not the "requirement", the qualifiers flex, and the patient is sought and welcomed. By referral, and engaging in active outreach at clinics and shelters, El Rio's Homeless Health Care Program has, since 1988, annually reached one out of two of the estimated number of homeless in Tucson each year with primary medical care, case management and alcohol treatments services. El Rio provided health care and case management for nearly 8,000 homeless clients through the program. An award-winning program for women living in shelters was a core part of that effort.

*Contact Agency :* El Rio Programs Department

## Project : The P.R.O.J.E.C.T

#### **Objectives** :

In 1988, The El Rio Health Center received a grant from the United States Public Health Service to provide health care to Tucson's homeless population. El Rio nurse practitioners visited shelters and soup lines to provide health services to the homeless.

#### **Expected Activities and Outcomes :**

Founded on the premise that early intervention can prevent future problems. The Health Education Project began in 1990 by serving five shelters. Talented and dedicated volunteers went to homeless shelters and other facilities to teach a variety of health and life-skill classes.

At the close of 1997, volunteer teachers taught approximately 500 classes to 4,550 students. In addition, forty volunteers supported T.H.E. PROJECT by coordinating activities, word processing, telephoning, fund-raising, grant writing, and writing articles for local publications.

In 1998, there were 60 volunteer teachers in 24 sites. Would you like to make a dream come true for at-risk individuals in the Tucson community? There are several ways you can help. For further information please call Gay Evans, RN, MS, FNP, director of the T.H.E. PROJECT, at El Rio Health Center at 670-3718.

*Target Population :* Homeless persons of Pima County

*Funding Source :* Public Health Services

# **Project :** Sharing the Care Objectives :

*Contact Agency :* El Rio Programs Department

*Collaborators :* Homeless shelters and a variety of community volunteers.

A major component in the fight against illness is the considered use of prescription pharmaceuticals. The medicines are often the result of years of applied research and major monetary investments by pharmaceutical firms. In the past, treatment of El Rio patients would require the purchase of such medicines from those firms, with a significant impact on already stretched budgets.

# **El Rio Health Center**

#### **Expected Activities and Outcomes :**

Sharing the Care" makes available without charge prescribed medicines to eligible patients – those who cannot afford to pay and who are not covered by other programs across the United States. some 350-community prescriptions, serving nearly three-quarters of a million patients with pharmaceuticals valued in excess of \$100

#### **Target Population :**

Pima County residents unable to afford pharmaceutical drugs. Pfizer, Inc

## **Project : Immunization Services**

#### **Objectives** :

El Rio entered into a pediatric immunization program in 1994 with a goal of immunizing at least 90% of our state's 2-year-olds by the year 2000

#### **Expected Activities and Outcomes :**

Such patients at El Rio are immunized for polio, diphtheria, tetanus, measles, mumps, rubella, haemophilus influenza type B, hepatitis B, Varicella, and hepatitis A. A spring 2000 audit of El Rio's 1,100 children showed an immunization completion rate of 91%, exceeding the rate achieved by the state, and CDC goal.

#### Target Population :

Pima county families and children

*Funding Source :* Federal , State and local

### *Contact Agency :* El Rio Programs Department

*Collaborators :* Arizona Department of Health Services and the Federal Centers for Disease Control and Prevention (CDC)

### Project : Women's Health

#### **Objectives** :

To develop a Well Woman program to improve cervical and breast cancer screening and provide Obstetrical/Gynecological Services to Pima County women

#### **Expected Activities and Outcomes :**

El Rio's is a primary provider of obstetrical/gynecological services to patients on the west side of Tucson. There is an open-door policy for any woman needing prenatal care. The program has grown for 300 deliveries per year a decade ago to over 1,300 per year in the year 2000. One in ten new babies born in Pima County are delivered here, as many as 3 in 10 in our immediate service area. El Rio's six OB/GYN Associates are located on the St. Mary Hospital's campus. El Rio also has seven certified nurse midwives. Over 1,500 women receive prenatal care through El Rio. A Well Woman program to improve cervical and breast cancer screening has generate outstanding

#### Target Population :

Pima County Women and adolescent females

*Contact Agency :* El Rio Program Department

## Project : Teen Pregnancy Support

#### **Objectives** :

Provide pregnancy, parenting education and well baby care for students.

#### **Expected** Activities and Outcomes :

For over ten years, El Rio has also been involved in the Teenage Parent Program at Sunnyside High School. A nurse practitioner provides pregnancy, parenting education and well baby care for students who are either pregnant or have children up to two years of age. The program provides support for both the health of the baby and the mother, and provides skills, day care and motivation so that the mothers can complete high school. During the 1997-98 school year, 153 students were enrolled in the program.

*Target Population :* Teens of Pima County *Contact Agency :* El Rio Programs Department

*Collaborators :* Sunnyside School District

*Contact Agency :* El Rio Programs Department

# **El Rio Health Center**

**Contact Agency :** 

El Rio Programs Department

# Project : HIV Early Intervention Project

#### **Objectives** :

Since 1991, the HIV Early Intervention Project has provided primary medical care, case management and psychological counseling to over 1,200 clients, particularly those who do not qualify for public assistance and who do not have insurance.

#### **Expected Activities and Outcomes :**

El Rio is the largest provider of such services in Pima County, receiving referrals from private physicians, service organizations and other clinics. Anonymous HIV testing and counseling are provided to nearly 4,000 patients annually. Currently, El Rio has the largest AIDS practice in Tucson, with over 1,000 patients served.

#### Target Population :

Pima County residents victims of HIV/AIDS

## **Project :** El Rio Services

#### **Objectives** :

.El Rio is an independent, community-based primary health care center in Pima County. We are available to all, but especially to those least able to access and afford health care services. We recognize and reward the abilities of our health care team to best serve the needs of a culturally diverse and medically under-served patient population. We are advocates for our patients, individually and as a group, and work diligently to attain full and complete

#### **Expected** Activities and Outcomes :

El Rio offers primary care services for your entire family. We hope to be the regular source of health care for you and all your family members. El Rio also offers the following services:

- Behavioral Health Crisis and Short-term Counseling
- Dental Clinic
- HIV/AIDS
- Homeless Health Care Program
- Immunizations
- Laboratory and X-ray
- Nutrition Counseling
- Ob-GYN
- Optometry
- Physician Specialty Clinics
- Prescriptions
- "Reach Out and Read"
- "Sharing the Care"
- Social Services
- Teen Clinics
- T.H.E. Project
- Tobacco Cessation
- Transportation
- Urgent Care
- WIC (Women, Infants and Children Nutrition Program)
- •

#### Contact Agency : El Rio Health Center

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to Care, Maternal and Child Health, Mental Health, Cancer, Diabetes, Immunization and Infectious Disease, Injury and Violence Prevention, Mental Health

# **GLSEN-Gay, Lesbian and Straight Education Network**

**Community Outreach** 

TucsonAZPhone(5200 743-4200Fax(520) 743-4298E-mailstormal@aol.comWebsitehometown.aol.com/stormal/myhomepage/index.html

## **Project :** Community Outreach

#### **Expected Activities and Outcomes :**

Strives to ensure that schools are safe and respectful of everyone, regardless of sexual orientation. Provides education and training to school staff, students, parents, a and community members.

#### Target Population :

School, community members

# Pascua Yaqui Indian Tribe of Arizona

Alcohol and Substance Abuse Program 7490 S. Camino de Oeste Tucson 85746 Arizona Phone (520) 883-6000 , (520) 879-6087 Website <u>www.pascuayaqui-nsn.gov</u>

### Project : Alcohol and Substance Abuse Program

#### **Expected Activities and Outcomes :**

Individual, group, family and aftercare counseling for

substance abuse and referrals to care; support groups of AA, NA, AI-ANON and Talking Circle are available on the reservation. Case management, acupuncture, methadone maintenance and detox referrals.

#### **Target Population :**

Enrolled Pascua Yaqui Tribal Member or other Native American

*Contact Agency :* Pascua Yaqui Behavioral Health Services

Health Programs 7490 S.Camino De Oeste Tucson 85746 Arizona Phone (520) 883-5020 Fax (520)-883-1057 Website <u>www.pascuayaqui-nsn.gov</u> *Mission* 

The mission of the Pascua Yaqui Tribal health programs is to promote the highest possible standard for health and well-being of tribal members and there families within all Yoeme communities.

# Project : Traditional Healing Project

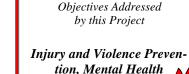
Objectives :

To utilize traditional healing practices from the Rio Yaqui area.

#### **Expected Activities and Outcomes :**

Tribal members will benefit from traditional healing practices from Rio Yaqui. *Funding Source*:

Tribe



**Healthy Gente** 

Healthy Border 2010

Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Substance Abuse, Injury and Violence Prevention, Mental Health

# Pascua Yaqui Indian Tribe of Arizona

## Project : Behavioral Health Services

#### **Expected Activities and Outcomes :**

Centered Spirit outpatient services; Walking in Balance family violence intervention project; and Together We Can Make a Difference Alcohol and Substance Abuse Treatment Program.

#### Target Population :

All tribal members residing in Yaqui

*Contact Agency :* Pascua Yaqui Health Services

*Funding Source :* Tribe

### Project : Health Department

#### **Expected Activities and Outcomes :**

Medical Clinic, dialysis center and health department services; Alternative medicine; Community Nurse visits and Dental care services.

*Target Population :* All tribal members residing in Yaqui *Contact Agency :* Pascua Yaqui Health Services

*Funding Source :* Tribe

## Project : Liougue Senior Center

#### **Expected Activities and Outcomes :**

Focuses on providing nutrition and other supportive services to older Native Americans living on the Pascua Reservation and in South Tucson.

*Target Population :* All tribal members residing in Yaqui *Contact Agency :* Pascua Yaqui Health Services

*Funding Source :* Tribe

Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to Care, Substance Abuse, Injury and Violence Prevention, Mental Health, Nutrition, Diabetes

# **Pima County Health Department**

Preventative Health Services 150 West Congress Tucson 85701 Arizona Phone (520) 740-8315 Website <u>www.pimahealth.org</u> *Mission* 

Is to promote and protect the health of the people of Pima County Arizona through: Prevention, intervention, and control of infectious and chronic diseases. Assessment of community health. Management of catastrophic emergencies and other threats to the well-being of the public.

# Project : Family Planning

#### Objectives :

Assist women, including teenagers, in maintaining their reproductive health. The Family Planning mission is "to provide individuals with the information and means to exercise personal choice in determining the number and spacing of their children, regardless of race, gender, class, sexual orientation, age or physical ability."

#### **Expected** Activities and Outcomes :

This is accomplished by offering the following services through the Department's Neighborhood Offices:

- Birth control
- Pregnancy tests
- Pelvic exams
- Pap smear tests
- Sexually Transmitted Disease tests & treatment
- HIV (AIDS virus) counseling and testing
- Patient education
- Community education

Services are confidential and a sliding fee scale is utilized. Fees are based on family income and number in household but, NO ONE IS REFUSED SERVICE BECAUSE OF AN INABILITY TO PAY.

**Colposcopy Clinic :** Family Planning's colposcopy clinic provides further diagnosis and treatment of abnormal pap smears.

**Community Education :** Community education provides free presentations, and services through birth control/STD/sexuality classes and literature, community board membership, health and career fairs, and other special events. To request a presentation for any agency and age group, call (520) 887-0715.

**Family Planning provides education and/or referrals for :** Cervical Cap, Colposcopy (other than Family Planning), Domestic Violence, Emotionally / Physically Disabled, Genetic Counseling, Hospitals, Infertility, Mammography, Natural Family Planning, Pregnancy Counseling: Termination & Adoption, Prenatal Care, Psychological Services, Physicians, Sterilization, Teens, Ultrasound, Pregnant & Parenting Teens, AIDS Resource List, AHCCCS, DES - Family Assistance.

*Target Population :* Families and children of Pima County *Contact Agency :* Family Planning Department 3550 North 1st Avenue Tucson, AZ 85719 (520) 887-0715

*Funding Source :* Federal , State and local grants.

# **Pima County Health Department**

# Project : Disease Control

**Objectives** :

Prevent the incidence of disease morbidity and mortality in Pima County.

#### **Expected Activities and Outcomes :**

**Epidemiology :** This section assists in identifying community health problems, compiling the Pima County Health Status Report, and developing appropriate intervention programs and strategies.

**Disease Control :** Surveillance ,Investigation , Intervention HIV/AIDS : The goal of this section is to prevent the spread of HIV (human immunodeficiency virus) and the development of AIDS (acquired immunodeficiency syndrome) through surveillance, case reporting, partner notification, counseling, testing, referral and education. The major components of HIV/AIDS activity in Disease Control are: Investigation and Surveillance , Counseling and Testing , Health Education / Risk Reduction Well Woman Program : Offers services to women who are 50 and older, who have a low income and do not have insurance. Free mammograms and pap tests are also available.

#### Immunizations:

This section focuses on prevention through immunizations, investigations, and the implementation of disease control measures for vaccine preventable disease (VPDs). The major components of immunization activity in support of Disease Control are: Monitoring progress towards the Year 2000 Goal of immunizing 90 percent of two-year old children in Pima County. Child Care and school immunization assessments.

Provider base clinic record assessments. Ordering, distributing and monitoring the public funded vaccine for Department clinics and community sites. Provide information on immunization schedules, administration techniques and vaccine management. Maintain a system for Department clinics to remind parents to return for their children's immunizations. Investigation of reported VPDs to confirm the problem case, determine the areas of risk, and implement appropriate control measures. Collaborate with the Southern Arizona Immunization Committee. Establish new mother education programs in Pima County hospitals. Maintain the HBgAg positive, perinatal Hepatitis B program.

*Target Population :* All Pima County Residents *Funding Source :* Federal , state and local grants

Contact Agency : Pima County Health

## **Project :** Community Nutrition

*Objectives :* Promotes healthy living. This program provides nutrition information and counselin.

#### **Expected Activities and Outcomes :**

Provide a variety of nutritional health outreach programs to the public:

BEST (Breast-feeding Education Support Team) A breastfeeding support program funded by Pima County. Service: Community Nutrition Staff develop and teach classes to pregnant women and provide individual counseling to breastfeeding moms in an effort to help low-income women reach their individual, personal breastfeeding goals.

# **FOOD Plus or CSFP (Commodity Supplemental Food Program) -** A supplemental food program federally funded through USDA.

Service: Community Nutrition Staff screen potential clients for FOOD Plus eligibility. Thereafter, clients receive food through the Community Food Bank's FOOD Plus center. Clients include low income pregnant women, new mothers, children 1-6 years old and seniors at least 60 years old.

**Heart Life:** Heart disease prevention and education program federally funded through Preventive Health and Health Services Block Grant funding Service: Community Nutrition staff coordinate a public health campaign targeting low-income, minority 4th through 6th graders and their families, with physical activity programs. Staff

# **Pima County Health Department**

work with teachers (through "train the trainer" programs) and students to incorporate 15-30 minutes of physical activity into the daily routine. Community promotions are also conducted. Information related to tobacco prevention is distributed at events. Heart life staff lead a community task force which coordinates cardiovascular disease prevention activities in Pima County.

WIC (Women, Infants & Children Program) : Special supplemental food program for women, infants and children. Family and children of Pima County. A supplemental food and nutrition program federally funded through USDA. Service: Community Nutrition staff group or individual appointments, and provide referrals to community agencies. Clients include low-income pregnant women, new mothers, infants and children up to 5 years old who have a health risk. Information for getting started with WIC & FOOD Plus.

*Target Population :* All Women and Children

Contact Agency: Community Nutrition 520-721-8475

*Funding Source :* Federal, state and local grants.

# The Haven Inc.

Excersize Facility 5555 E. Fifth St. Tucson 85711 AZ Phone 9520) 571-7000 Fax (520) 571-0319 Website www.fitcenter.net Mission Exercise facility specializing in programming for individuals with acute or chronic medical conditions.



Residential Service Program 1107 East Adelaid Tucson 85719 AZ Phone (520) 623-4590 Fax (520) 623-6015

### Project : Residential Service Program

#### **Expected Activities and Outcomes :**

Residential service for women with substance abuse problem ; provides intensive treatment and rehabilitation in a homelike atmosphere. Also provides individual, group and family counseling; education about chemical dependency and other addictions; reentry skills training; aftercare; and AA orientation.

**Target Population :** 

Women and children

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to Care, Maternal and Child Health, Mental Health, Cancer, Injury and Violence Prevention, Substance Abuse

# **Tohono O'odham**

# **Department of Health and Human Services**

Division of Health Promotion

PO Box 815, Sells, AZSells85634ArizonaPhone(520) 383-6240Fax(520) 383-4632E-mailhoppmail@todhs.comMissionTo promote health and wellness for the Tohono O'odham

### **Project :** Health Programs

#### **Expected Activities and Outcomes :**

Alcohol and substance abuse counseling, inpatient treatment, and prevention services through community education. Community Health Representatives assist community health outreach, in-home care and health education programs. Community Health Services assists in the identification, control and prevention of diseases and administration of a nutrition program. Psychological Services include counseling referrals; inpatient services are available to clients through psychiatric hospitals; operates a day treatment program of seriously mentally ill patients. Senior Services provides social services and health programs that are directed to the elderly population.

*Target Population :* Tohono O'odham Reservation

## Project : Social Services Programs

#### **Expected Activities and Outcomes :**

General and emergency services for qualifying Native American and for their families. Low Income Energy Assistance Programs : individual and group counseling; Parent training Programs; Family Preservation Program: and a Tribal Work Experience Program. Other services include foster home licensing and placement, adoption placement, and Child Protective Services and Child Welfare Services. A program for youth with developmental delay disabilities, adult services; also in-home custodial services.

#### Target Population :

Tohono O'odham Reservation

*Contact Agency :* Social Service Program

**Contact Agency :** 

Health Programs

# Project : Healthy O'odham Promotion Program

#### Objectives :

Through the Health Belief Model and social marketing, inform community members that diabetes is preventable and manageable. Through Trans-Theoretical Model, facilitate individual behavior change supporting diabetes. Through Diffusions of Innovations, support community behavior change. Implement findings from Pima Pride study to establish O'odham relevant lifestyles that support diabetes prevention and management.

#### **Expected Activities and Outcomes :**

Social Marketing :reduced fatalism through social marketing. Behavioral Counseling :adoption of individual lifestyles Behavior change facilitation : community wellness centers (gym and structured exercise groups) Physical Activity Events : running events, social races, cultural relays, spiritual runs. Soccer Program : Non-structured introductory events and competitive soccer leagues Nutrition Education : Individual and group

Target Population :

Tohono O'odham age 13 and older. O'odham communities and worksites.

*Funding Source :* Special Diabetes Programs for Indians *Contact Agency :* Healthy O'odham Promotion Program

*Collaborators :* Tohono O'odham Department of Human Services and various tribal agencies.

# **Tohono O'odham**

# **Department of Health and Human Services**

#### Tohono O'odham Early Childhood/ Head Start Program

Tohono O'odham Nation Education Bldg.Sells85634ArizonaPhone(520) 383-8750Fax(520) 383-2429

### Project : Tohono O'odham Early Childhood/ Head Start Program

#### **Expected Activities and Outcomes :**

Operates a preschool program for Tohono O'odham children ages 3-4 who may be developmentally disabled; education is provided in children's homes and the classroom. Also offered a Head start program at no charge for children ages 4-5 who are income eligible, and daycare services for children ages 6 months-3 1/2 years.

#### **Target Population :**

Infants and children up to age 5

*Contact Agency :* Early Childhood Program/Head Start (520) 383-8750

# **Tucson Area Indian Health Services**

Environmental Health & Engineering, and Sanitation

 7900 South J. Stock Road

 Tucson
 85746-7

 Arizona

 012

 Phone
 (520) 295-2580

 Fax
 (520) 295-2409

 Website
 www.dsfc.his.gov

#### Mission

To raise the health status of American Indian and Alaska Native people to the highest possible level. We provide comprehensive primary and preventive health services.

### **Project :** Tucson Area Indian Health Service

#### **Objectives** :

Construct water, wastewater, and solid waste facilities on the Tohono O'odham Nation Indian Reservation and the Pascua Yaqui Indian Reservation.

#### **Expected** Activities and Outcomes :

To raise the health level of the communities and the individuals receiving service.

#### Target Population :

Tohono O'odham Nation Indian Reservation and the Pascua Yaqui Indian Reservation.

#### Funding Source :

Indian Health Service and other primarily US Government Sources

*Contact Agency :* Tucson Area Indian Health Services

#### Collaborators :

Indian Health Services, Tohono O'odham Nation and the Pascua Yaqui tribe

> Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Environmental Health

# **Tucson Indian Center**

Wellness Department

703 N. Main Ave., P.O. Box 2307 Tucson 85702 Arizona Phone (520) 884-7131 Fax (520) 623-7310 E-mail tucsonindiancent@qwest.net Mission

To facilitate self-sufficiency for the urban and Pima County Indian population by providing services that meet the needs of American Indians. Services provided include: housing, food, education, training, employment, counseling and wellness.

#### Wellness Department **Project**:

#### **Objectives** :

Provide American Indians with culturally-appropriate disease prevention and health promotion information. To help American Indian people access health care services, and to provide case management services for clients with needs for additional support.

#### **Expected Activities and Outcomes :**

Screening; prevention education; case management; and referral resulting in increased utilization of health services and positive lifestyle changes.

#### **Target Population :**

All American Indians/Alaska Native (AI/AN) that reside in the greater Tucson area.

Funding Source : HIS and ITCA

#### **Collaborators** :

**Contact Agency :** 

Indian Health Service: Tohono O'odham Nation; Pascua Yaqui Tribe; Southern Arizona AIDS Foundation.

Tucson Indian Center Wellness Department

# **Tucson Medical Center**

#### **International Services**

5301 E. Grant Road. Tucson 85712 Arizona Phone (520) 324-1953/1938 Fax (520) 324-1941 iose.robles@tmcaz.com E-mail www.TMCAZ.com Website Mission

To improve the health and well being of the community,

#### Program Neovida-Agua Prieta, Sonora **Project**:

#### **Objectives** :

To decrease infant mortality, and to improve access to neonatal care.

### **Expected Activities and Outcomes :**

Decrease in infant mortality, increase in access to care, decrease in patients transported to the US for care.

**Target Population :** Aqua Prieta region of Sonora

Funding Source : TMC/UMC

Access to Care

**Healthy Gente** 

**Healthy Border 2010** 

**Objectives Addressed** 

by this Project

Maternal and Child Health.

# **Contact Agency :**

TMC- Neo-Vida Program

**Collaborators** : UMC, TMC, Secretaria de Salud Publica de Sonora, Hospital Integral de Agua Prieta, Hospital Infantil del Estado de Sonora

# **Cochise County**

The county of Cochise is located in the Southeast corner of the state. It is a county that is the size of the states, Rhode Island and Connecticut combined. Within this county, specialty crops and livestock play an important role in the local economy. This county is an important agricultural area. Cochise County has a growing population estimated at over 121,000 with an unemployment rate of 4.6%<sup>1</sup>. Some of the cities that make up Cochise County are Benson, Bisbee, Douglas, Sierra Vista, Tombstone, and Wilcox.

The Arizona border sister city of Douglas was founded in 1901 as a site for a copper smelter. Earlier in its history, Douglas was an annual spot for ranchers, with ranching and agriculture remaining as important facets of the area's economy<sup>1</sup>. Douglas has an estimated population of 16, 585<sup>2</sup>. Unemployment rate in the area is an estimated 9.4%<sup>3</sup>, a rate that has been decreasing since the mid to late 90's. This percentage of unemployment is the highest within Cochise County. Once solely dependent on mining and agriculture, Douglas has developed a manufacturing sector because of its proximity to the U.S.-Mexico border. Its location along the border has allowed international commerce to become an integral part of the local economy. Other significant contributors to Douglas' economy are tourism and retirement.

Other nearby towns of interest are Tombstone, Bisbee, the ghost towns of Charleston and Dos Cabezas as well as the Fort Huachuca base. Once mining towns, Tombstone and Bisbee are now mainly artist communities and tourist destinations.

- <sup>1.</sup> Arizona Department of Commerce. Profile: Cochise County, Arizona. www.azcommerce.com
- 2. U.S. Census Bureau and Arizona Department of Economic Security, Population Statistics Unit
- 3. Arizona Dept. of Economic Security, 2001 Special Unemployment Report

# **Update**

As per the HB-HG 2010 survey regarding the 25 Objectives, 49 Cochise programs were found to be working towards the following objectives:

- 25% Access to Care
- 12% Mental Health
- 13% Substance Abuse
- 8% HIV
- 7% in Tobacco and Diabetes & Injury, Violence Prevention

When surveyed regarding which health areas Cochise County health agencies addressed :

- 64% adolescent health
- 57% Health Education and Promotion
- 41% in Maternal and Child Health
- 32% in Women's Health
- 12.5% in Environmental Health
- 5.36% are reported as conducting epidemiological studies

45% of the agencies surveyed had knowledge of the Healthy Gente-Healthy Border 2010 Objectives!

# **Bisbee Community** "Y"

Bisbee Community "Y"

P.O. Box 968 Bisbee, Arizona 85607 Phone: (520) 432-3542 Fax: (520) 432-5960 E-mail: bisbeey@theriver.com Website: www.bisbeey.org

#### Mission:

To provide affordable housing to low income people who otherwise might be homeless

# Project: Housing @ Bisbee Community "Y"

*Objective* To provide safe, affordable housing to low-income people.

#### **Expected Activities and Outcomes**

To have an ongoing facility that is clean, meets codes and statutes, and provide permanent housing to adult single people

## Target Population

Low-income people

Contact Agency Bisbee Community "Y"

#### Collaborators

Bisbee Coalition for the Homeless, Governors Office of State Housing

#### **Funding Source**

Rent Collected, Fund raisers, Benefactors and Contributions

# Border Health Foundation Compañeros and Juntos Unidos

Nogales and Cochise County Field Offices1815 9th StreetDouglas, Arizona 85607Phone:(520) 364-8200Fax:(520) 364-5617E-mail:companeros@ambhf.org , junidos@dakotacom.netWebsite:Not available

#### Mission:

To improve the health of people in the Americas with particular focus on the U.S-Mexico border by developing relationships that further knowledge, empower people and maximize the utilization of resources. Border Health Foundation programs seek to improve coordination and cooperation while respecting diversity.

## **Project:** Strengthening Families

#### Objective

Increase the capacity of Neighborhood Liaisons to effectively conduct consensus building among targeted at-risk families. Increase the knowledge base of staff on science-based prevention models and how to apply these within the communities served by this agency. Ensure that all family strengthening efforts are culturally relevant and sensitive. Promote a sense of community ownership in the activities and programs being carried out; increase sustainability and empowerment. Strengthen local-level family protective factors for the purpose of promoting greater resiliency among target communities and families. Regularly conduct outcome evaluations for better monitoring project effectiveness. Determine the process and outcomes evaluations of Entre Familia, a proven science based program, as part of a cross site evaluation.

#### **Expected Activities and Outcomes**

Implement 3 waves of family strengthening classes for 30 participants and an evaluation process to determine whether EntreFamilia program is an effective family strengthening model in the target communities.

#### Target Population

120 families

#### **Collaborators**

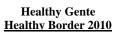
Juntos Unidos ( BHF-Nogales), Puentes de Amistad (BHF-Yuma), South Central New Mexico Prevention (New Mexico partner)

#### **Funding Source**

Substance Abuse and Mental Health Services (SAMHSA)

#### **Contact Agency**

Juntos Unidos of Santa Cruz County or Compañeros of Cochise County



Objectives Addressed by this Project

Mental Health, Substance Abuse

# **Border Health** Foundation--Compañeros and Juntos Unidos

## **Project:** Disparities

#### **Objective**

Provide outreach services and assessments to 100 Latina women. Offer referrals to or access to services, agencies/community based organizations. Provide workshops on substance abuse prevention and treatment, prevention/treatment for mental health and other health topics.

#### **Expected Activities and Outcomes**

Provide information, education and support for Latina women on relevant health issues and additional support by referring them agencies for substance abuse treatment, mental healthcare and services.

#### **Target Population**

Latina women between the ages of 18-55

#### **Collaborators**

Juntos Unidos (BHF-Nogales), Puentes de Amistad (BHF-Somerton), Companeros (BHF-Douglas)

#### **Funding Source**

Substance Abuse and Mental Health Services (SAMHSA)

# **Project:** Domestic Violence -Non-Violence Classes for Men

#### **Objective**

Teach male perpetrators alternatives to violence.

#### **Expected** Activities and Outcomes

A non-violent 16-24 week curriculum (determined by judge and /or probation officer), designed to foster the positive attitudes toward relationships and to reflect the negative consequences of utilizing power and control to resolve conflict. The desired outcome is for participants to change their attitudes toward violence and to be able to share responsibility with their partner/spouse.

#### Target Population

Cochise County Court mandated classes for males arrested for domestic violence or related charges.

#### **Collaborators**

Juntos Unidos (BHF-Nogales), Puentes de Amistad (BHF-Somerton), Companeros (BHF-Douglas)

#### **Funding Source**

Office of Justice Programs (Office on Violence Against Women)

#### **Contact Agency**

**Contact Agency** 

of Cochise County

Juntos Unidos of Santa Cruz County or Companeros

of Cochise County

**Healthy Gente** Healthy Border 2010

**Objectives Addressed** by this Project

**Injury and Violence** Prevention

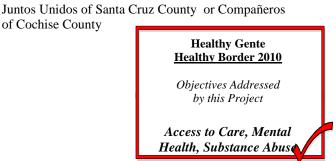
## **Project:** Chiricicahua Community Health Center, Rural Health Outreach Grant : **Diabetes** Consortium

#### **Objective**

Identify individuals at risk for diabetes and increase their access to health care. Provide education about Diabetes, treatment and self care to patients and their families and continuing medical education to providers on "Best Practices"

#### **Expected Activities and Outcomes**

Health care improvement and accessibility through education class and on going dialogue with local healthcare providers.



# **Border Health** Foundation--Compañeros and Juntos Unidos

## **Project:** Chiricicahua Community Health Center, Rural Health Outreach Grant : **Diabetes Consortium (continued)**

#### **Target Population**

Cochise County residents at high risk for diabetes. **Collaborators** 

Cochise County Health and Social Services

Funding Source

University of Arizona Rural Health Office (Mel and Enid Zuckerman, Arizona College of Public Health)

# **Project: Drug Free Communities Support Program**

#### **Objective**

- Expand parent awareness of the risks and protective factors associated with adolescent use of alcohol, tobacco, and other drugs (ATOD) to reduce substance use among youth in Santa Cruz County.
- Utilize the Media Sharp curriculum to educate youth and community members to interpret and counter media messages from the United States and Mexico, and their influence on the local use of ATOD.
- Reduce minor access to tobacco and alcohol in Santa Cruz County to minimize availability as the risk factor in this binational • border community.
- Monitor coalition progress toward project goals by collecting and assessing process and outcome evaluations measures.

#### **Expected Activities and Outcomes**

- **Coalition Meetings** •
- Youth Council Meetings •
- Parenting trainings utilizing Preparing for the Drug Free Years parenting curriculum
- Trainings for youth utilizing Media Sharp curriculum.

#### **Target Population**

Santa Cruz County (youth parents and businesses that sell liquor/tobacco)

#### **Collaborators**

Santa Cruz County Sheriff Department, Nogales Policy Department, Nogales Unified School District #1, Santa Cruz Valley School District #35, University of Arizona Cooperative Extension, Santa Cruz County, Santa Cruz Tobacco Local Project

#### **Funding Source**

Office of National Drug Control Policy (ONDCP) Office of Juvenile Justice and Delinquency Prevention **Contact Agency** Compañeros of Cochise County



**Healthy Gente** Healthy Border 2010

**Objectives Addressed** by this Project

Substance Abuse, Tobacco Use

**Contact Agency** 

Juntos Unidos of Santa Cruz County

# **Carmicheal Family Resource Center**

Carmicheal Elementary School Site 701 NE Carmicheal Sierra Vista, Arizona 85635 Phone: (520) 515-3012 Fax: (520) 515-2951 E-mail: Not available Website: <u>Not Available</u>

#### Mission:

The Carmicheal Family Resource Center, located at Carmicheal Elementary School, is an on-campus, emergency services room which provides help to families within the Carmicheal Community who may be experiencing financial emergencies in their homes.

### **Project:** Community Resource Center

#### Objective

Provide the following Community support :

Referrals, Clothing, household, health and sanitation, Food supplements, Educational Workshops, Children's books and videos and Parents Books and Videos.

#### **Expected Activities and Outcomes**

Direct families to the appropriate resources in the community such as: employment opportunities, daycare, counseling economic, and medical assistance. Provide families opportunities to attend a variety of workshops involving: Family Guidance and Development, Health and Safety Fairs, the Fall Festival of Learning Workshop. Increase the utilization of the video and book library by parents and children.

**Contact Agency** 

Carmicheal Family Resource Center

#### Target Population

Families and children of Carmicheal Elementary School and community.

#### **Collaborators**

United Way

*Funding Source* Not available



## Project: Carmichael Health and Safety Fair

#### Objective

Provide a comfortable atmosphere where agencies can share information with our Carmichael Families as to what their agencies can offer the community.

#### **Expected Activities and Outcomes**

Not available

#### **Target Population**

Families and children of Carmicheal Elementary School and community.

**Collaborators** 

Not available

Funding Source United Way *Contact Agency* Carmicheal Family Resource Center



# Catholic Community Services of Southeastern Arizona

**Home Health** 

P.O. Box 1777, #19, Howell Avenue Bisbee, Arizona 85603 Phone: (520) 432-2285 Fax: (520)-432-2009 E-mail: ccsdon@theriver.com Website: Not Available

#### Mission:

In collaboration with people of many beliefs, Catholic Community Services of Southeastern Arizona, provides services to individuals and families in need with supportive and healing programs.

## **Project: Home Health Program**

#### Objective

Provide skilled nursing and therapy services in the home setting based on need. Provide intervention, teaching and monitoring to keep individuals safe in the home while meeting healthcare needs, includes services to medical ALTCS, SEAGO and private pay sources. All clients require physicians orders for treatment and authorization through responsible funding sources in most cases.

#### **Expected Activities and Outcomes**

Improve health maintenance, prevention of acute hospital stay, reduction in cost of services, reduction in inappropriate Emergency room services, increased compliance with health care regimen, timely intervention and referral to other services as needed.

#### Target Population

Any individual having a need for skilled nursing or therapy services appropriate to be delivered in the home setting. *Contact Agency* Home Health Program

#### **Collaborators**

All local physicians, and hospitals, Cochise college, Cochise Healthcare Alliance, SEABHS, Cochise Health Systems, Southeast Arizona Governments Cochise Health Systems, Cochise College, Copper Queen Community Hospital and Southeast Arizona Medical Center.

#### **Funding Source**

ALTCS, AHCCCS and other private providers of health care

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to care, Diabetes

# **Chiricahua Community Health Centers, Inc.**

Hospital Overview 10566 Highway 191, P.O. Box 263 Elfrida, Arizona 85610 Phone: (520) 642-2222 Fax: (520)-642-3591 E-mail: cchci@theriver.com Website: <u>Not Available</u>

#### Mission:

Provide quality healthcare for all in Cochise County regardless of ability to pay.

### Project: Primary Medical and Dental Care and Disease Prevention, including Mental Health, Nutrition and Environmental Health

#### **Objective**

- To educate Cochise County residents in disease prevention and management, improving quality of life.
- To treat acute and chronic diseases and assist patients with the management of disease processes which decrease the years of healthy life.
- To support the delivery of healthy babies to healthy knowledgeable parents.

#### **Expected Activities and Outcomes**

- To reduce the incidence of acute and chronic disease in the target area, increasing quality and years of healthy life.
- To achieve a healthy population, eliminating health disparities.

#### Target Population

Cochise County residents of all ages and income levels, cultural backgrounds and degrees of access to care.

#### **Collaborators**

No official collaborators, but work closely with schools, county and state offices, local hospitals, labor contractors, farmers, and other employers, to reach as many residents as possible.

#### **Funding Source**

Fundraising sources include: Tobacco Tax, private and government insurance, self pays, donations and agents.

#### **Contact Agency**

Chiricahua Community Health Centers, Inc.

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care, Environmental Health, Maternal, Infant and Child Health, Nutrition, Oral Health, Tobacco Use

### Project: Rural Health Diabetes Treatment and Education Program

#### Objective

To reduce morbidity and mortality through education, treatment and management of diabetes.

#### **Expected Activities and Outcomes**

Reduction of cultural and other barriers which limit optimal diabetes prevention and care.

#### Target Population

Cochise County and the disproportionately affected Hispanic population.

#### **Collaborators**

Cochise County Health and Social Services, Companeros, Southeast Arizona Medical Center, Southwest Border Rural Health Research Center

#### **Contact Agency**

Chiricahua Community Health Centers, Inc

# **Chiricahua Community Health Centers, Inc.**

## **Project: Rural Health Diabetes Treatment and Education Program**

**Funding Source** BPHC

**Objective** 

## **Project: Well Woman Health Clinic**

Breast and cervical cancer screening for the uninsured or underinsured, 50-64 year old population.

**Expected Activities and Outcomes** Reduction of morbidity and mortality attributed to breast and cervical cancer. **Target Population Contact Agency** Cochise County women in the 50-64 years age group. Chiricahua Community Health Centers, Inc. **Collaborators** ADHS, Copper Queen Community Hospital, Sierra Vista Regional Medical Center **Healthy Gente** Funding Source Susan Komen Foundation, Avon Foundation, ADHS, CDC National Breast and Cervical Cancer Screening

## **Project:** Migrant Farm Worker Health Program

#### **Objective**

To access and improve access to healthcare of the migrant farm worker population of Cochise County. Secondarily, to provide basic necessities of daily living, such as clothing, over the counter medications, shoes and blankets.

#### **Expected Activities and Outcomes**

Reduce morbidity and mortality among the target population. **Target Population** 

Southeastern Arizona's farm worker population, which is largely Hispanic at this time.

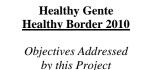
#### **Collaborators**

Independent effort by CCHCI

#### **Funding Source**

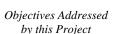
This program has no funding at this time, but is continuing to the best of CCHCI's ability.

**Contact Agency** Chiricahua Community Health Centers, Inc.



Funding Source Access to care

**Healthy Border 2010 Objectives** Addressed



Access to care, Cancer



Access to care, Diabete

Binational and Border Health Programs 1415 West Melody Lane, Bldg. A Bisbee, Arizona 85603 Phone: (520) 432-9627 Fax: (520) 432-9826 E-mail: speru@co.cochise.az.us Website: www.co.cochise.az.us

#### Mission:

Promote health and quality of life for all Cochise County residents through education, services and leadership.

### Project: Binational / Border Health Programs

#### Objective

To promote mutual cooperation local, regional or international health problems. To promote local education and training of human resources. To promote and facilitate the cooperation between and among diagnostic and treatment facilities.

#### **Expected** Activities and Outcomes

Promote the 2nd Annual- International Teen Conference. To raise awareness and educate teens from Mexico and the US about issues they share, such as ; teen sexuality, teen pregnancy, STD's, contraception, tobacco and drug dangers.

#### Target Population

Communities on both sides of the Arizona-Sonora border. Health care professionals as well as community members, adults and teens.

#### **Collaborators**

Health Departments from both sides of the border, USMBHC, Companeros, U of A Rural Health Department, ADHS-OBH, SEAHEC and the various community organizations.

*Funding Source* Various grants

#### **Contact Agency**

Cochise County Health Department -Binational/Border Health Program Sonora/Cochise County Binational Health Council

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care, HIV, Maternal, Infant and Child Health, Substance Abuse, Tobacco Use

### **Project:** HIV Testing and Counseling -Ryan B. White Title II HIV Outpatient Services

#### Objective

Offer free anonymous testing for HIV. All Cochise County residents, male and female are eligible to receive services. This program provides limited direct outpatient services to HIV infected individuals, their families and significant others. All HIV infected persons residing in Cochise County are eligible to receive these services. The Title II Care Act funds are intended to improve the quality, availability, and organization of health care support services for people living with HIV.

#### **Expected Activities and Outcomes**

The Title II Care Act funds are intended to improve the quality, availability, and organization of health care support services information on when we offer the testing and counseling in your area for people living with HIV.

#### Target Population

All males and females ( High positive or HIV negative) of Cochise County, are eligible to receive Services

*Funding Source* Not available *Contact Agency* Nursing and Community Health Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to care, HIV

## Project: Health Start Program

#### Objective

A neighborhood outreach program that works with pregnant women, women who recently delivered a baby, and their families to help improve their health and the health of the family.

#### **Expected Activities and Outcomes**

Lay Health Workers, who live in the community, provide education, emotional support, and active support (advocacy) to assist women and their children. Lay Health Workers, or Promatoras work with families on prenatal development, stages of labor/delivery, family roles during pregnancy, breastfeeding and infant care. Families are supported with information about the importance of good nutritional habits to improve the overall health of the family. Lay health workers discuss the benefits of preventative health care and the need for screening exams such as vision and hearing, the use of safe seat belts, infant car seats and safety in the home.

#### Target Population

Pregnant women, Women who have recently had a baby and are experiencing difficulty after delivery.

*Collaborators* Not available

*Funding Source* ADHS-OWCH

## **Project: 5-A-Day for Better Health**

#### Objective

Promote awareness or the benefits of 5 a day through education and also to encourage the consumption of at least 5 fruits and vegetables a day.

*Expected Activities and Outcomes* Provide "5 A Day" classes for third grade in selected schools. *Target Population* County wide schools with 50% or greater free or

reduced fee lunch population.

*Collaborators* ADHS, schools, Arizona Nutrition Network.

Funding Source

Unavailable

## **Project:** Family Planning

#### Objective

To enable persons plan their families and maintain optimum sexual and reproductive health.

#### **Expected Activities and Outcomes**

Decrease unplanned pregnancies, Increase reproductive health knowledge, and decrease STD and HIV rates.

#### Target Population

All persons of childbearing age, especially teens.

#### **Collaborators**

Public Health nurses, Nurse Practitioner, STD coordinator, MCH coordinator and HIV program

*Funding Source* ADHS Title V *Contact Agency* Nursing and Community Health

**Contact Agency** 

Health Promotion

Nutrition and

h Healthy Gente Healthy Border 2010

> Objectives Addressed by this Project

HIV, Maternal, Infant and Child Health

Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project Nutrition

*Contact Agency* Nursing and Community Health Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care, Maternal and Child Health, Immunization and Infectious Disease, Nutrie

## **Project: Immunizations**

#### Objective

Immunizations are offered free of charge to children 18 and under. There is a small fee for adult immunizations. Immunizations prevent the occurrence and transmission of vaccine-preventable disease among infants, children and adults.

## Expected Activities and Outcomes

Provide Immunizations Clinics & Tuberculosis (TB) Testing.

#### Target Population

All Cochise County residents For information about Locations and Services Schedule please go to our website or contact us at nursing@co.cochise.az.us for information on when we offer the testing in your area.

#### Collaborators

Not available

*Funding Source* Grant

## Project: HIV/AIDS Program

*Objective* Oversee HIV/AIDS activities and services for Cochise County Health Department

#### **Expected Activities and Outcomes**

Conduct an internal quality assurance program to assess the quality of HIV counseling and testing and outpatient services.

*Target Population* Cochise County Communities

#### Collaborators

Chiricahua Community Health Center, El Rio Health Center, Agua Prieta Health Center, Naco Health Center, SEABHS

*Funding Source* HRSA Ryan White Fund

## Project: Teen Pregnancy Case Management

#### Objective

Free pregnancy testing, outreach, case management and maternity services are provided to girls 19 years and younger.

**Contact Agency** 

#### **Expected Activities and Outcomes**

The program includes pregnancy and adoption counseling, prenatal and childbirth education, parenting skills, family planning counseling, breastfeeding support, education and counseling, Baby Arizona, Kids Care, AHCCCS/SOBRA application assistance, GED and education assistance, and referral to other pertinent services. Healthy Start also offers home visiting services to any eligible pregnant woman in Bisbee, Douglas, Sierra Vista and Willcox.

Nursing and Community Health

*Target Population* Women in Cochise County

*Collaborators* Not available

*Funding Source* Not available *Contact Agency* HIV/AIDS Prevention Program



*Contact Agency* Nursing and Community Health



Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Maternal, infant and Child Health

## Project: Kid Care-Well Child Clinics

#### Objective

Well Child Clinics are conducted monthly in each of the five district health offices and by appointment. Physical developmental assessments and routine physical growth monitoring is conducted for children from birth to five years. There is no charge for these services. For more information about Locations and Services Schedule please go to our website or contact us at nursing@co.cochise.az.us for information on when we offer the Well Child Clinics in your area.

#### **Expected Activities and Outcomes**

Not available *Target Population* Cochise County families

*Collaborators* Not available

*Funding Source* Not available

## Project: Women Infants and Children (WIC)

#### Objective

WIC is a special supplemental nutrition program for women, infants and children. Services include nutritional and bio-chemical assessment to determine health risks, assistance with obtaining nutritious food packages, nutrition education and counseling, and referrals to other pertinent programs. Education is provided on nutrition and breastfeeding. For further information on any of these programs, please call an office in the area nearest you or contact us at Nutrition@co.cochise.az.us.

Bisbee: (520) 432-9484 Benson: (520) 586-3686 Douglas: (520) 364-7575 Ft. Huachuca: (520) 533-1907 Sierra Vista: (520) 803-3900 Willcox (520) 384-4662

#### **Expected Activities and Outcomes**

Pregnant and post-partook women, infants and children up to age five are screened and assessed as to their nutritional risk, income level and residency. There is no charge for these services.

#### Target Population

Pregnant and post-partum women, infants and children up to age five of Cochise County.

Collaborators Not available

*Funding Source* ADHS

*Contact Agency* Nutrition and Health Promotion Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to Care, Immunizations and Infectious Dise

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to Care, Immunizations and Infectious Diseases, Maternal and Child Health and Nutrition

#### **Contact Agency**

Cochise County Health Department -Nutrition and Health Promotion

## **Cochise County Health Department**

### **Project: Contraception Counseling and Methods**

### **Objective**

Pregnancy testing and emergency contraception are available on a walk-in basis. There is no charge for pregnancy testing. Emergency contraception is \$10.00. This is offered by the Adolescent, Maternal & Child Health Program. For more information about Locations and Services Schedule please visit our website or contact nursing@co.cochise.az.us for information on when our offices are open in your area.

### **Expected Activities and Outcomes**

Not available

**Target Population** 

All Cochise County residents, male and female are eligible to receive services. Teenagers and those individuals below 150% of the Federal Poverty

**Collaborators** 

Not available

**Funding Source** Not available

### **Project: Rural Health Outreach Grant-Diabetes Project**

### **Objective**

Raise awareness about the need to prevent and/or control diabetes. Clients will attain a better understanding of the disease in lay person's terms as well as develop a positive attitude which will facilitate the level of self confidence needed to combat this disease.

### **Expected Activities and Outcomes**

Provide diabetes self-care education and support for individuals either at risk of diabetes or who already have the disease as well as for family members and/or friends who provide them with emotional support. The education component consists of 5 multi-media, 2 hour sessions covering basic physiology, nutrition requirements, the need for exercise, possible complications, and a foot clinic during which time each client is given hands-on training on how to examine their feet.

**Contact Agency** 

Nursing and Community Health

#### **Target Population**

At risk population in Douglas, Elfrida, Sunsites

#### **Collaborators**

Chiricahua Community Health Center, Cochise County Health Department, Companeros, University of Arizona Rural Health Office and Southeast Arizona Medical Center

**Funding Source** HRSA/ORHP

**Contact Agency** Nursing and Community Health

**Healthy Gente Healthy Border 2010** 

Maternal, Infant and Child

**Healthy Gente Healthy Border 2010** 

**Objectives Addressed** by this Project

Diabetes, Access to Care



## **Douglas Turning Point**

Resource Guide 2140 11th Street Douglas, Arizona 85607 Phone: (520) 364-5028 Fax: Unavailable E-mail: cjhude@thriver.com Website: www.accesscochiseco.com

### Mission:

To foster innovative and collaborative approaches to the well being of the community.

### **Project:** Community Networking Coalition

### Objective

Hold monthly meetings of collaborators and community members to listen to guest lectures and discuss community issues. Support collaborators through grant writing and with letters of support.

### **Expected Activities and Outcomes**

Each community in Cochise County assessed the members of the community to see what "healthy community" issues they would like to deal with.

**Target Population** 

Not Available

Contact Agency Turning Point Project

### Collaborators

City, schools, medical clinics, hospitals, counseling services, DES, CPS, Cochise County health Department, Fire Department, Douglas Ministerial Association, food bank, Cochise College Adult Education, Child and Family Resources, Domestic Violence Shelter, Child Care Facility, US Border Health Patrol, Parents Anonymous, Douglas Associated for retarded Citizen, Douglas 21st Century Community Learning Center, U of Arizona, College of Public Health, Rural Health Office, Cochise County Supervisors

#### **Funding Source**

Robert Wood Johnson and Kellog Foundations

## **Forgach House**

Domestic Crisis Shelter P.O. Box 1961 Sierra Vista, Arizona 85636 Phone: (520) 458-9096 Fax: (520) 458-0796 E-mail: Not Available Website: <u>Not Available</u>

### Mission:

Maintain and strengthen the family in crisis via total practical support and education-services to all members of the family shall be through existing shelter program and/or referrals outside of the agency.

### **Project: Forgach House Domestic Crisis Shelter**

### Objective

Provide a safe haven to female victims of physical, economic, sexual and/or emotional abuse.

#### Expected Activities and Outcomes Target Population

Women and families of Cochise County who are victims of domestic violence from anywhere

### **Collaborators**

Legal, law enforcement, courts, hospitals, local doctors

*Funding Source* ADHS, DES-CSA, DPS-VOCA

*Contact Agency* Forgach House

> Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care, Maternal, Infant and Child Health, Mental Health, Injury and Violence Prevention

## **Mary's Mission and Developmental Center**

Behavioral Health 345 Taylor Sierra Vista, Arizona 85635 Phone: (520) 417-2115 Fax: (520) 417-2114 E-mail: Wlacey@c2.2.com Website: <u>Not Available</u>

#### Mission:

Mary's Mission was established as a community resource to provide community -based services to those individuals who are indigent and lack the resources for self-sufficiency. The agent seeks to serve children in the least restrictive environment by community support networks that will enhance the functioning of families.

### Project: Mary's Mission and Developmental Center

#### **Objective**

Provide an opportunity for teens to be supported by skilled parents as they learn to assume primary responsibility for themselves. Enhance self-esteem of teens by building cultural awareness and exposing them to positive role models in the community. Provide access to a network of educational, vocational, social and supportive services in order to promote self sufficiency. Empower teens to make decisions that will have a positive impact on them. All services are available in Spanish.

#### **Expected Activities and Outcomes**

Female youth between the ages of 11-17.

*Counseling* : Individual , group and substance abuse counseling provided on site at 8360 South Highway 92. Each session is one hour long. All counseling sessions are offered one time per week.

*Medication* : Self administration of medications is supervised by behavioral health paraprofessionals according to the prescription as prescribed by am attending physician. Residents are authorized to self administer their own medications with the staff member monitoring and checking for non-compliance.

Target Population

Contact Agency

Mary's Mission and Developmental Center

*Collaborators* Not Available

*Funding Source* State funding and grants

Healthy Gente Healthy Border 2010 Objectives Addressed by this Project

Mental Health, Substance Abuse

Hospital Overview 901 West Rex Allen Drive Wilcox, Arizona 85643 Phone: (520) 384-3541 Fax: (520) 384-9212 E-mail: Not Available Website: www.ncch.net

#### Mission:

The mission of Northern Cochise Community Hospital is to provide quality health care and promote an optimal level of wellness for the residents of it's community. Through teamwork and sincere effort, the physicians, board members, and employees of NCCH will position their facility as a leader in the rapidly evolving health care environment.

### **Project:** Social Services

Objective

NCCH social services meet the medically related social and emotional needs of patients.

#### **Expected** Activities and Outcomes

Associates from the Social Services Department:

Act as patient /resident and family advocates. They provide information and assistance with financial and entitlement programs. Information for living wills, medical power of attorney, advance directives is also provides through Social Services.

#### Target Population

All ages. Newborn to geriatric and primary geriatric.

*Collaborators* Not Available

*Funding Source* Not Available

### **Project: Case Management and Utilization Management**

#### Objective

Monitors acute, skilled and long term care patients, from their admission through discharge.

#### **Expected Activities and Outcomes**

Case Management and Utilization Management leads the multi - disciplinary care team meetings promoting consistent integration and services. Third party payer and reimbursement requirements for services are also monitored. Assistance with discharge planning, education and coordination of identified care needs is also available.

#### Target Population

All ages.

*Collaborators* Not Available

*Funding Source* Not Available Healthy Border 2010 Objectives Addressed by this Project

**Healthy Gente** 

Mental Health, Substance Abuse

**Contact Agency** NCCH -Case Management and Utilization Management Department

> Healthy Gente Healthy Border 2010 Objectives Addressed by this Project Access to Care



### **Project:** Ambulatory Clinics

*Objective* Outpatient Clinics are medically

#### **Expected** Activities and Outcomes

NCCH clinics include:

- Allergy
- Audio logy
- Cardiology (adult and pediatric)
- Dermatology
- Ear, Nose and Throat
- Gastroenterology
- GYN
- Neurology
- Prenatal
- Oncology
- Orthopedic
- Podiatry
- Pulmonology
- Surgery
- Urology

### **Target Population**

All ages *Collaborators* Not Available Contact Agency Ambulatory Clinic Department

*Funding Source* Not Available

### Project: Radiology

#### Objective

The NCCH Radiology Department provides the following services : X-Rays, Diagnostic Radiology, Mammography Screening and Diagnostic Services include: CT Scan Upper and Lower GI, Arthograms, Venograms, IVP, Flouroscopy, Contrast Media Studies

Radiological guidance for the following drainage procedures is also provided : Cysts, thoracentesis, paracentesis Sonograghy services include : Pelvic, Abdominal, Extremity veins (imaging and color flow), Extremity arterial (imaging and color doppler), Thyroid, Breast, Testicles, Renal, Soft Tissue

### *Expected Activities and Outcomes* Not Available

*Target Population* Most procedures : All ages-neonates through Geriatrics. Some procedures considered on case by case basis, especially for pediatrics where the ability to be very.

Collaborators

Not Available

*Funding Source* Not Available *Contact Agency* Radiology Department



Access to care

### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to Care, Nutrition, Cancer, Diabetes, Maternal, Infant and Child Health, Respiratory Diseases

### **Project:** Nursing

### Objective

Services available :Emergency Room, Acute Care, Skilled Nursing , Long Term Care, Respite and Hospice

### **Expected** Activities and Outcomes

NCCH offers the following services:

- Emergency Room: Treatment for all conditions from Blood Pressure checks to stabilization/ transport of critically ill and trauma patients.
- Acute Care : Acute illness or trauma / short term to post surgical care.
- Skilled Nursing : We offer extended and post acute
- Long Term Care: Rehabilitation care, ,medical services and protective supervision.
- Respite : Skilled nursing/short term.
- Hospice : Palliative care for terminally ill patients.
- Organ and Tissue Donation : Law requires hospital staff to discuss the option of organ tissue donation if patient is near death.

### **Target Population**

All ages--infant through geriatric

*Collaborators* Not Available

*Funding Source* Not Available

### Project: Respiratory Services

#### Objective

NCCH provides a range of therapeutic and diagnostic services to inpatient and outpatient. Patient assessment are also offered when an intermittent therapy is ordered. Evaluation services are also provided, to determine the success of treatments.

### **Expected Activities and Outcomes**

Therapeutic Services include :

• Continuous oxygen, metered dose inhaler adjunct, suctioning, collection of specimens, and response to respiratory *emergencies*.

Diagnostic Services include :

• Spontaneous parameter measurement, non-invasive monitoring, arterial blood gases, pulmonary function studies and electrocardiograms.

### Target Population

All ages. Clinical staff administer to infant, pediatric, adult and geriatric patients.

*Collaborators* Not Available

**Funding Source** 

Not available

*Contact Agency* Respiratory Service Department



Access to care, Respiratory Diseases

<u>Healthy Border 2010</u> Objectives Addressed by this Project

**Healthy Gente** 

Access to care

Contact Agency Nursing Department

### **Project:** Physical Rehabilitation

### **Objective**

NCCH offers screening, evaluation and restorative physical rehabilitation treatment services.

### **Expected Activities and Outcomes**

We offer the following Physical Rehabilitation services to our clientele :

- Screening, to identify patients who may benefit from therapy and track patient levels of function. •
- Evaluation to determine need and recommendations for care.
- Restorative treatment and programs to maintain maximum level of functioning to enhance our patients quality of life.

### **Target Population**

Pediatrics, birth to 14 years of age. Adolescents, 14-17 Adults. 18-65 Geriatrics, 65+

### **Collaborators**

Physical Therapy is provided on contract with Synertex

**Funding Source** Not Available

### **Project:** Nursing Home

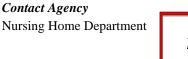
### **Objective**

Provide long term care services to primarily geriatric patients. **Expected Activities and Outcomes** Long Term Care (LTC) Services include : Assistance with daily living, Feeding program, Restorative Activites and Transportation

**Target Population** 

Primarily geriatric **Collaborators** Not Available

Funding Source Not Available



**Healthy Gente** Healthy Border 2010

**Objectives** Addressed by this Project

Access to care

### **Project:** Laboratory

**Objective** 

Northern Cochise Community Hospital provides testing and analysis of specimen : Blood and Body Fluids

### **Expected Activities and Outcomes**

Test Availability :

- Coagulation :ACL -100
- Hematology : ABX Micros 60 .
- TDM and Special Test: Immulite 100 ٠
- **Blood Banking**

### **Target Population**

All ages. Newborn through geriatric. **Collaborators** 

Not Available

**Funding Source** Not Available

**Contact Agency** Laboratory Department





**Contact Agency** 

Physical Rehabilitation Department

## Saint Vincent de Paul Food Bank & Social Services

SVDP Society, St. Andrew Conference 614/616 Barstow Drive Sierra Vista, Arizona 85635 Phone: (520) 458-9725 (520) 458-0500 Fax: (520) 458-0500 E-mail: svdpfoodbank@juno.com Website: Not Available

### Mission:

To provide emergency assistance with food, shelter, utilities, medicine, and fuel.

### Project: SVDP Food Bank and Social Services

### Objective

To provide emergency assistance to individuals/families in our local community.

#### **Expected Activities and Outcomes**

To assist individuals/families in transition and in crisis.

### Target Population

Low income, homeless, handicapped, special needs, seniors

#### **Collaborators**

Local grocery stores, churches, individual donations, and other social service organizations

### Funding Source

Annual Fema Grant (food bank); SVDP Thrift Store supports social services operations (profits); individual/organizational monetary and food donations.

#### **Contact Agency**

Saint Vincent de Paul Food Bank & Social Services Social Services (520) 458-0500



## **Salvation Army**

Wilcox Department of Public Safety151 West Maley StreetWilcox, Arizona 85643Phone:(520) 384-4673Fax:(520)-384-4402E-mail:Not AvailableWebsite:www.wilcoxpolice.com

Mission:

To assist as many individuals as possible.

### **Project:** Salvation Army

*Objective* Provide emergency funding on a one time basis.

*Expected Activities and Outcomes* Yearly collection drive of necessary items. *Target Population* People of Wilcox

Collaborators

Wilcox Department of Public Safety (Police Department)

*Funding Source* Donations

*Contact Agency* Salvation Army

Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care

Main Office P.O. Box 2161 Benson, Arizona 85602 Phone: (520) 586-7080 Fax: Unavailable E-mail: Unavailable Website: www.seabhs.org

#### Mission:

Improve the quality of life for those we serve: working collaboratively within our diverse region to promote community wellness and to provide an array of quality behavioral health services which are accessible, cost effective, and offered in a respectful, caring, and culturally sensitive manner

### Project: Psychiatric Health Facility Services

### Objective

Provide a variety of services to a broad spectrum of adult clients. Services include crisis stabilization, medical detoxification, medication management and discharge planning.

### **Expected Activities and Outcomes**

Not Available *Target Population* Resident of Cochise and Santa Cruz County

*Collaborators* Not Available

*Funding Source* Not Available

### Project: Services for Seriously Mentally Ill Adults

#### Objective

Services Available for Seriously Mentally III Adults include : Case Management, Vocational & Psychosocial Rehabilitation, Supervised & Independent Living Services, Psychiatric Physician Services, Acute Inpatient Hospitalization and Partial Care Programs Therapeutic Group Homes

### **Expected Activities and Outcomes**

Not Available *Target Population* Residents of Santa Cruz and Cochise Counties *Collaborators* Not Available

*Funding Source* Not Available

### **Project: Youth and Family Services**

### Objective

SEABHS strives to provide youth and family services that are family-centered and strength-based. Services are delivered collaboratively, building on individual, family, and community assets.

### **Expected Activities and Outcomes**

INTAKE/ASSESSMENT: Children and their families begin services with an interview with a clinician to determine what services may be available to assist the child and family.

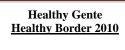
### **Project:** Youth and Family Services (continued)

Contact Agency

**SEABHS** 

**Contact Agency** 

**SEABHS** 



Objectives Addressed by this Project

Access to care, Mental Health

Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project

> Access to care, Mental Health, Substance Abus

- INDIVIDUAL, FAMILY, AND GROUP THERAPY: Interactive therapy provided on an individual, family, and/or group basis to assist in meeting the needs of the child and family.
- CASE MANAGEMENT: These services may include telephone contact, transportation, coordination with other service providers, etc.
- SUBSTANCE ABUSE SERVICES: These services may include individual/family therapy, educational and relapse prevention groups, and coordination with other agencies involved with the child and family.
- INFANT MENTAL HEALTH SERVICES: These services are crucial in identifying and intervening with potential problems early on.
- PSYCHIATRIC SERVICES: SEABHS provides psychiatric evaluations, medications, and medication monitoring when determined to be necessary as a part of the child's treatment.
- CRISIS INTERVENTION SERVICES: Available 24 hours a day, 7 days a week.
- RESPITE CARE: Temporary, supervised services which may be used to provide rest and relief to the child and/or caregiver.
- HOME-BASED SERVICES: Family therapy and case management services provided in the child and family's home.
- SCHOOL-BASED SERVICES: Individual and group therapy, along with case management services provided in the school in coordination with the family and school personnel.
- REHABILITATION SERVICES: Includes health promotion, family support, living skills training, and personal assistance.
- PREVENTION: Prevention services are offered across all four counties by the SEABHS New Turf Staff. Services include the mentor program, youth advocate program (YA!), and many trainings.
- WRAPAROUND FACILITATION: Staff are available to assist families and other community agencies train and develop strengths-based, child and family-centered wrap plans.

Target Population

Residents of Cochise and Santa Cruz Counties *Collaborators* Not Available

*Funding Source* Not Available *Contact Agency* SEABHS

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Mental Health, Substance Abuse

### **Project: Chemical Dependency Services**

### Objective

SEABHS substance abuse treatment programs are committed to improving the quality of life for the people we serve in a respectful, caring and sensitive manner. Our programs are built around the belief that the problems created by the use of drugs and alcohol can be stopped through the development and implementation of personal plans of recovery.

#### **Expected Activities and Outcomes**

**Substance Abuse Education**: Group sessions focused on education about drugs of abuse and the effects on the individual and family.

**Substance Abuse Education for Families:** Education groups for family members offering age-appropriate information to parents, spouses and children from substance abuse affected families.

**Intensive Outpatient Programs:** This is designed for those people and families who need a higher level of support. It involves a minimum of 9 hours per week of group treatment in addition to other necessary services the family may need.

**Outpatient Group:** A three- hour per week group program with the goal of assisting the individual to develop a relapse prevention plan. People may be referred directly into this service or may be recommended to attend this group as a follow-up to the Intensive Outpatient Program.

**Continuing Care Groups:** Usually a follow up group to the Outpatient Group, the goal of the Continuing Care Group is to provide on-going support and counseling to individuals who are transitioning to life after the end of treatment.

**Family Group:** Throughout the course of treatment family group is offered. This is to help the entire family, spouses, parents and children, in making the changes needed for a substance-free life. Families receive support, education and counseling. **Individual Counseling**: One- to- one sessions with the Substance Abuse or Mental Health Counselors is offered as an adjunct to the treatment program.

Family Counseling: This is an important component of the treatment program designed to assist families on an individual basis

in making changes, improving communications and developing plans of recovery.

Detox services: Through its SEAPHF program SEABHS offers medically necessary detox. For other detox services SEABHS counselors assist in finding placement.

Residential Treatment: SEABHS believes it is important for people to remain in their communities, families and jobs during the treatment process. However there are times when a person is unable to succeed in the outpatient setting. For those individuals SEABHS counselors assist in finding residential placement through insurance, SEABHS contracts or other public programs. Upon discharge from the residential setting, individuals are encouraged to enroll in the outpatient programs.

DUI Services: SEABHS is a provider for DUI screening, DUI Education and DUI Treatment

In addition to these programs, specialty groups are available through SEABHS or by referral to other agencies. These include Anger Management groups, gender specific groups like Women's Groups, groups for Pregnant and Parenting Women, Parenting Programs, and Psychiatric services.

*Target Population* Residents of Cochise and Santa Cruz Counties *Collaborators* Not Available

*Funding Source* Not Available



Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Injury and Violence Prevention, Substance Abuse

### Project: General Mental Health Services

### Objective

All SEABHS outpatient clinics offer a variety of General Mental Health Services.

### **Expected Activities and Outcomes**

Provide psychiatric medications, medication monitoring, individual therapy, marital therapy, family therapy, group therapy, and case management services (i.e. transportation, housing referrals, vocational rehabilitation referrals) to General Mental Health clients. Depending on the particular clinic, therapy could include anger management, stress management, sex abuse survivor's groups, depression groups, anxiety groups, hypnosis, and other modalities.

#### Target Population

Adults, 18 and older who do not receive services through our SMI and substance abuse programs.

*Collaborators* Not Available

*Funding Source* Not Available





### **Project:** Community & Prevention Services

### Objective

Provide a variety of trainings and technical assistance including :Conflict Resolution, Various Trainings & Technical Assistance, Community & Youth Empowerment Programs, Prevention Resource Library/Materials (Includes Spanish versions) Workshops/ Retreats

Expected Activities and Outcomes Not Available Project: Community & Prevention Services (continued)

### Target Population

All age ranges and all client populations, children, adolescents, and adults, of Cochise and Santa Cruz Counties, whether they are enrolled with CPSA and SEABHS or not.

### **Collaborators**

Not Available

*Funding Source* Not Available

### **Project:** Crisis Care Services

### Objective

SEABHS provides twenty-four hours, three hundred and sixty five days a year crisis care services. These emergency/crisis/mental health services are delivered in accordance with AHCCCS rules and regulations and Arizona Department of Health Services/ Department of Behavioral Health Services requirements and accepted standards of practice.

### **Expected Activities and Outcomes**

Not Available

### Target Population

All age ranges and all client populations, children, adolescents, and adults, of Cochise and Santa Cruz Counties, whether they are enrolled with CPSA and SEABHS or not.

*Collaborators* Not Available

*Funding Source* Not Available *Contact Agency* SEABHS

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Mental Health

zency

Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

by this Project Injury and Violence Prevention, Substance Abuse

*Contact Agency* SEABHS

## Southeast Arizona Medical Center

Dialysis

 2174 W. Oak Avenue

 Douglas, Arizona 85607

 Phone:
 (520) 364-7931

 Fax:
 (520) 364-2551

 E-mail:
 Not Available

 Website:
 Not Available

#### Mission:

Provide quality health care services to all persons living in Douglas and the surrounding areas, care will be provided with compassion and respect.

### **Project: Kidney Dialysis**

*Objective* Provide dialysis to members of Southeastern Cochise County and Northeastern Sonora.

### *Expected Activities and Outcomes* Provide dialysis through 10-20 Dialysis chair units.

*Target Population* those in need do dialysis living in Cochise County Medical Center

*Collaborators* GAMBRO, City of Douglas, UA Rural Health Office

*Funding Source* Federal Grants, Department of Agriculture and border health networks

*Contact Agency*All Southeast Arizona

Healthy Border 2010 Objectives Addressed by this Project

**Healthy Gente** 

Access to care, Diabetes

## **University of Arizona Cooperative Extension**

Cochise County Branch 1140 Colombo Sierra Vista, Arizona 85635 Phone: (520) 458-8278 Fax: (520) 458-5823 E-mail: emarkee@ag.arizona.edu Website: www.ag.arizona.edu

### Mission:

Provide educational leadership impacting critical social, economic, agricultural and environmental issues. Research-based educational programs focus on strengthening youth, families and communities, environmental stewardship, and economic vitality. Cooperative Extension benefits from the extensive involvement of volunteers, in the

### **Project:** Expanded Food and Nutrition Education Program

### Objective

Nutrition Assistants work with families in their homes or in small community groups to offer knowledge and skills to help people control and manage their food and nutrition practices for better health and quality of life.

### **Expected Activities and Outcomes**

Not available *Target Population* Low-income families of Benson, Douglas, Naco, Sierra Vista and Wilcox

*Collaborators* WIC, USDA Food Stamp Program

*Funding Source* United States Department of Agriculture *Contact Agency* Local University Cooperative Extension

### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care, Diabetes,Nutrition

### Project: Bone Builders: Osteoporosis Prevention

### Objective

Through a community -based program, provide osteoporosis prevention education of older women and men in Arizona.

#### **Expected Activities and Outcomes**

Encourage older men and women to change their dietary and exercise habits to reduce the risks of osteoporosis. Train volunteer educators to teach women and men about osteoporosis. Distribute materials and do prevention activities in communities, work sites and faith based organizations.

#### Target Population

Older men and women of Arizona

#### **Collaborators**

ADHS, Arizona Osteoporosis Coalition, U of Arizona, county health department, health providers and interested citizens.

#### **Funding Source**

Murphy Memorial Fund under the auspices of St. Luke's Charitable Health Trust: University of Arizona Cooperative Extension, and College of Public Health and the Arizona Department of Health Services, a and the Arizona Osteoporosis Coalition. Arizona Nutrition Network.

#### **Contact Agency**

Local Cooperative Extension Office

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care, Nutrition

## We Care, Crisis Pregnancy Inc.

Family Planning 222 East Fry Blvd. Sierra Vista, Arizona 85635 Phone: (520) 458-5683 Fax: (520) 459-5683 E-mail: carenetpcofcochise@juno.com Website: <u>Not Available</u>

### Mission:

Share the love of Jesus Christ, through Spiritual and practical assistance in pregnancy, post abortion counseling, and abstinence education.

### **Project: Worth the Wait**

*Objective* Teach abstinence in schools and detention centers.

### **Expected Activities and Outcomes**

Equip teens with skills to make better sexual health choices to decrease teen pregnancy and in STD rates.

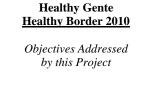
### Target Population

Cochise County schools and Juvenile Detention Facilities

*Collaborators* Not Available

*Funding Source* Donation and fundraisers

*Contact Agency* We Care, Crisis Pregnancy Inc.



HIV, Maternal, Infant and Child Health

## Wilcox Against Substance Abuse

Substance Abuse 480 N. Bisbee Rd. Wilcox, Arizona 85643 Phone: (520) 384-47777 Fax: (520) 384-1141 E-mail: wasa@quest.net Website: www.wasaonline.us

### Mission:

For people of all age in the Wilcox area will increase and maintain an awareness of substance abuse issues and their effects on the community as a whole, as well as on the individuals and families, and work together the provide healthy alternatives. WASA is a community organization dedicated to assisting the entire community in recognizing current and

### **Project:** School and Community Support

### Objective

Reduce the number of high risk factors for : alcohol, tobacco, and other drugs, teen suicide, eating disorders, HIV/AIDS, school violence and high drop out rates, in the lives of youth in Wilcox and Northern Cochise Counties.

#### **Expected** Activities and Outcomes

- Provide regular classroom presentations, sponsors health fairs and assemblies in general promote any activity that lowers
  alcohol, tobacco, and other drugs, teen suicide, eating disorders, HIV/AIDS, school violence and drop out risk factors for youth.
- Provide alternative activates: after-prom, grad night, and summer time activities.
- Provide accurate prevention information through classroom presentation, posters and printed material, lenders video library, service training to teachers, police and other youth workers.

### Target Population

Primary Target : youth 13-18, Secondary Target : Youth 5-13

*Collaborators* WASA, Wilcox Unified School District

*Funding Source* WASA General Funds and grant opportunities as they arise.

*Contact Agency* WASA Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

HIV, Injury and Violence Prevention, Mental Health, Substance Abuse, Tobacco Use

### **Project: Youth Court**

#### Objective

Involve young people in setting and upholding standards of behavior for themselves and theirs peers. Provide effective diversion to stop early offenders and law breakers before their crimes become serious.

#### **Expected Activities and Outcomes**

Program has been operating since 1998, average 2 cases per week, year round (except holidays). Cases involve ; traffic violations, minor consumption, tobacco use, possession of drug paraphernalia, fighting, harassment, shoplifting and chronic school misbehavior. This program is recognized by the National Crime Prevention Council as one the 150 tested strategies to prevent crime from small cities, small counties and rural communities in 2000. Recidivism rate is under 10%.

### Target Population

The youth court team is made up of youth 8-12; they can see defendants from ages 8 through 19 (over 18 years old must still be attending school); majority of referrals are between 14-17 **Contact Agency** Wilcox Against Substance Abuse

## Wilcox Against Substance Abuse

### **Project:** Youth Court (continued)

### Collaborators

Wilcox Magistrate Court; Juvenile Probation; Wilcox Police Department Wilcox Public Schools

### Funding Source

JJDP-Title II; Wilcox City Council grant, fines and diversion fees

### Project: WASA/WIA

### Objective

Locate and engage youth who have barriers to quality employment provide educational /training opportunities and incentives to reduce barriers. Help locate employment that matches youth strengths/abilities to employers needs. Support initial employment (supplement wages, provide counseling, assistance and job support: stress needs for education). Follow up for 5 years.

**Contact Agency** 

Wilcox Against Substance Abuse

### **Expected Activities and Outcomes**

Approximately 30 youth per year will receive training and experience their first positive job opportunity. At least 20 of these youth will go on to further education or advanced employment as a direct result of program involvement.

### Target Population

Youth aged 14-21 who exhibit one or more employment barriers as recognized by federal guidelines.

*Collaborators* Cochise County Workforce Development, City of Wilcox, Bovie Schools.

*Funding Source* Workforce Initiative Grant

### **Project: Tobacco Prevention**

#### Objective

Reduce the number of young tobacco users and raise the age youth first experiment with tobacco. Reduce tobacco use in general in Wilcox and Northern Cochise County

#### **Expected Activities and Outcomes**

WASA staff gives tobacco prevention lessons and presentation to all school aged youth in Wilcox-going into the classrooms, sponsoring assemblies, etc. Annually WASA sponsors events such as the Great American Smoke-Out. Kick Butts Day, Health Fair and other tobacco activities. Anticipate reducing smoking rates among youth growing up at this time, thereby significantly reducing future deaths from tobacco related illnesses.

### Target Population

Primary target: All school aged youth K-12, Secondary target : Families and friends of these Children

*Collaborators* WASA, Project BUTT of Cochise County Health Department

*Funding Source* Project BUTT of Cochise County Health Department *Contact Agency* Wilcox Against Substance Abuse



Healthy Gente Healthy Border 2010 Objectives Addressed by this Project Mental Health, Substance Abuse

Objectives Addressed by this Project Injury and Violence Pre-

vention, Substance Abus

**Healthy Gente** 

Healthy Border 2010

### Project: Message Theatre

### Objective

Train youth to give dramatic theatre presentations regarding youth at risk areas, which include: teen drinking and other substance abuse, teen pregnancy, eating disorders, HIV/AIDS, gangs and violence, tolerance and any other identifies youth risk area.

### **Expected Activities and Outcomes**

Program has been operating since 1994: average 10-12 performances annually. Youth practice for minimum of daily for two weeks for each performance . We believe the primary beneficiaries are the performance : however past satisfaction surveys and feedback (both solicited and unsolicited) from past audiences indicate that our peer to peer presentations are far more effective than other forms of prevention assemblies.

### Target Population

Youth aged 14-19; presentations are planned for youth of the same age group and/or their parents, teachers or other youth workers wanting a better insight into youth risk

### **Collaborators**

WASA; City of Wilcox ; County Tobacco (Project BUTT)

### **Funding Source**

Governor Division of Drug Policy funding, continues through donations from the WASA general fund.

*Contact Agency* Wilcox Against Substance Abuse

> Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

HIV, Injury and Violence Prevention, Mental Health, Substance Abuse, Tobacco Use

# Santa Cruz County

Santa Cruz County, the smallest of all counties in Arizona was founded back in the late 19<sup>th</sup> century, and was named after the Santa Cruz River that flows from Arizona into Mexico <sup>1</sup>. Communities in Santa Cruz County are Rio Rico, Tubac, Patagonia, and of course, Nogales. Nogales, Arizona, and its sister city Nogales, Sonora are located on the international border between Mexico and the United States. These sister cities are generally referred to as "Ambos Nogales".

The city of Nogales is by far Santa Cruz County's largest city with an estimated population of nearly 20,878, and an annual population increase of 3%<sup>1</sup>. Nogales and Santa Cruz County are 93% and 83% respectively, of Hispanic ethnicity. With an unemployment rate for the county of 13.7% ( 3.7% for the state of Arizona), 54% of the population live below the 200% poverty line, compared to 33.5% of all Arizona residents.

Nogales is the largest port of entry of fresh produce into the United States, with over four billion pounds of fruits and vegetables crossing the border each year. In addition to being a large port of entry for food products, Nogales has a large and constant flow of people crossing its border. By both vehicle and foot, the border that separates Ambos Nogales features people crossing in either direction. Being so close to large cities such as Tucson and Phoenix, people find the border of Nogales a convenient route to take when crossing into the United States. An integral part of business in this region is the "Maquiladora" industry. Nogales is one of the largest "Maquila" sites in the United States, with over 100 "maquiladoras" in the region, employing over 32,000 workers.

<sup>1</sup>: Arizona Department of Commerce. Profile: Santa Cruz County, Arizona. www.azcommerce.com

## **Update**

As per the HB-HG 2010 survey regarding the 25 Objectives, 45 Santa Cruz programs were found to be working towards the following objectives:

- 15% Access to Care.
- 13% in Tobacco
- 17% in Nutrition
- 11% in Diabetes
- 8% in HIV, Injury and Violence Prevention
- 6% in Cancer
- 3 % Infant, Maternal and Child Health

When surveyed regarding which health areas Santa Cruz County health agencies addressed :

- 63% adolescent health
- 89% Health Education and Promotion
- 41% in Maternal and Child Health
- 48% in Women's Health
- 30.13% in Environmental Health
- 24% are reported as conducting epidemiological studies
- 41% in Chronic and Degenerative Diseases

17 % of the surveyed agencies had knowledge of HG 2010.

## **Boys and Girls Club**

**Nogales Office** 

590 North Tyler Avenue Nogales, Arizona 85621 Phone: (520) 287-3733 Fax: (520) 287-3530 E-mail: bgcclub@mchsi.com

### Mission:

To inspire and enable all young people to realize their full potential as responsible, productive, healthy and caring citizens.

### **Project: Health and Life Skills**

### **Objective**

Provide health and life skills education programs to children and adolescents of Santa Cruz County.

### **Expected Activities and Outcomes**

Facilitate the following programs :

- Smart Moves--positive choice decision making skills. •
- Healthy Habits--Build Health habits and learn health facts. •
- Talking with TJ--conflict resolution, anger management. .
- Smart Girls--communicating skills training between girls. .
- Street Smart--dealing with gangs and violence. .
- Kids in Control-- learn skills to keep yourself, peers and family safe in many situations. •
- Goals for Growth--Organization skills. •

### **Target Population**

Boys and Girls 6-18 years

### **Collaborators**

Placticamos Salud, Way of the Heart, Santa Cruz County Health Department

**Funding Source** Not available

### **Project:** Sports Fitness and Recreation

### **Objective**

Encourage physical activity among children and adolescents.

### **Expected** Activities and Outcomes

Provide a safe environment for physical activity, through a game room and physical education activities like soccer, baseball, basketball, softball, dodge ball, volleyball and through Athletic Leagues-- Girls volleyball, and basketball and Boys basketball. The Nike P.L.A.Y Program is also a youth fitness program which includes Daily, National and World Class Challenges.

### **Target Population**

Children 6-18, of Santa Cruz County

### **Collaborators**

Placticamos Salud, Way of the Heart and Santa Cruz County Health Department

### Funding Source

Not available

### Healthy Gente Healthy Border 2010

**Objectives** Addressed by this Project

Injury and Violence Prevention, Maternal, Infant and Child Health, Nutrition, Tobacco Use

**Contact Agency** Boys and Girls Club



**Healthy Gente Healthy Border 2010** 

**Objectives Addressed** by this Project

Nutrition

## Boys and Girls Club

## **Carondelet Health Network : Holy Cross**

Carondelet Holy Cross Hospital 1171 West Target Road Nogales, Arizona 85621 Phone: (520) 285-3000 Email: comments@carondelet.org. Website: carondelet.org

### Mission:

Our mission is simple: to provide for the health care needs of our community; to embrace the whole person, in mind, body and spirit; and to serve all people equally. Carondelet Health Network offers a comprehensive array of services for you and your family.

### **Project : Services**

Holy Cross offers a variety of direct health services as well as a range of heath education classes and programs. Paeint education classes include: Childbirth, Diabetes, Hospice, Natural Family Planning, Youth Sexuality, Rehabilitation. Although all programs will not be listed in detail in this resource guide, please feel free to visit Carondelet website for new and upcoming additions and schedules.

Admitting	(520) 285-3233
Billing Customer Service	(520) 872-7100
Cashier	(520) 285-8091
Pastoral Care/Chaplain Services	(520) 285-5905
Information Desk	(520) 285-3000
Housekeeping/Environmental Services	(520) 285-8037
Main Number	(520) 285-3000
Volunteer Services	(520) 285-8041



### **Project : Rehabilitation**

### **Expected Outcomes:**

Rehabilitation services are available in Tucson at St. Joseph's and St. Mary's Hospitals,

Green Valley at the Carondelet Medical Mall and in Nogales at Holy Cross Hospital. Individual and Inpatient Therapy is also available through Holy Cross's Transitional Care Unit (8 beds) and Long Term Care Unit (40 beds). Programs include treatment for:

- Orthopedic conditions
  - Hearing and speech disorders
  - Neurological disorders
  - Stroke
  - Chronic pain
  - Spinal cord injury
  - Cardiovascular disease
  - Arthritis
  - Work injuries
  - Burns/Wounds
  - Amputation
  - Neuromuscular disease
  - Ergonomic issues
  - Major multiple trauma
  - Women's Health

## **Carondelet Health Network: Holy Cross**

### **Project : Childbirth Classes**

### **Expected Activities:**

### **Preparation for Childbirth**

This series of classes is designed for the last three months of pregnancy. During the five-week course you will learn what to expect during labor and delivery and practice relaxation and breathing techniques that will help during the birth. Classes fill quickly - we recommend that you register for classes at the end of your first trimester. *Fee:* \$60

#### Preparation for Childbirth in Spanish

This is a series of three classes for those who speak Spanish only or are bilingual and prefer a class taught in Spanish. The course will cover pregnancy, labor and birth. Instruction will also include breathing and relaxation techniques and a review of medication and anesthesia. This course is culturally sensitive. These classes will be available at St. Joseph's Hospital and other locations. Ask about these locations. Call 873-6777 for information. *Free* 

#### Clases de Preparacion Para en Español

Una seria de tres clases en español. La informacion que usted necesita acerca del embarazo, el parto y el nacimiento de su bebe. Hablamos de medicamentos, anestesias, tecnicas de respiraciones y relamiento. Llame 873-6777. *Free* 

### **Childbirth - Refresher**

Refresh your memory about the labor and delivery process, including breathing and relaxation techniques, by attending this twosession class. You will also learn how to welcome the new baby into the family. *Fee:* \$40 per family Healthy Gente

#### Breastfeeding

This two-week class, taught by certified breast feeding specialists, covers the basics of breast feeding and includes a discussion of common concerns and an overview of breast pumps. *Fee:* \$25

#### **Breathing Techniques & Comfort Measures for Labor**

This course will teach you breathing and relaxation techniques for labor, along with comfort measures and coaching skills. You will be instructed on the use of labor aids, such as the squatting bar and the birthing ball. Bring your pillows and blankets to class to enjoy learning the various per medicated ways to elleviate the discomfort of labor.

to enjoy learning the various non -medicated ways to alleviate the discomforts of labor. (2-class series) Fee: \$25

#### Care of the Newborn

In this two-hour class you will increase your knowledge of baby care and come away with helpful hints that will make your first few months with your newborn easier. *Fee: \$15 per family* 

#### Siblings

Your children learn how their role in the family may change with the arrival of the baby and how babies are born. Brothers- and sisters-to-be also tour the Maternal/Newborn Unit and make a stop at the window of the Newborn Nursery. It's a great way to help reduce a child's anxiety about the coming event. Recommended for children ages 3 and up. *Fee: \$10 per family* 

#### **Infant CPR and Safety**

Learn first aid techniques, infant cardio-pulmonary resuscitation and how to avoid accidents in this two-hour class for new parents. Fee: *\$15 per family* 

#### Infant Car Seat Safety

This 2-hour class will include an overview of car seat laws and safety. You will learn how to choose the correct car seat for your child at different ages, the proper installation of the car seat in your car and how to position your child correctly in the car seat. This class is taught by a certified child passenger safety technician. *Fee: \$15 per family* 

#### Target Population:

All families preparing for birth.

*Contact:* Holy Cross Hospital at : <u>childbirth@carondelet.org</u>

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to care, Diabetes, Nutrition Maternal and Child Health

## **Carondelet Health Network : Holy Cross**

### **Project:** Diabetes Program

### Objective

Increase awareness of diabetes in a high risk community. Provide education to persons at risk for diabetes and those who have diabetes in prevention of complications by strict control of blood sugars.

### **Expected Activities and Outcomes**

Increase awareness of risk, Increase management skills, increase education of diabetes management Offer support groups in Nogales : Grupo de Apoyo de Diabetes de Nogales

**Contact Agency** 

**Diabetes** Program

Phone: 761-2147 Where: United Church Village, 320 E. Placita Naco When: Fourth Tuesday monthly at 2:00 p.m.En Español

### Target Population

Hispanic Community and those who are uninsured and underinsured, including pregnant women.

Collaborators

Rural Health Office/University of Arizona, Mariposa Community Health Center

*Funding Source* Border Health Si (University of Arizona/CDC), Carondelet Health Network

### **Carondelet Diabetes Care Centers**

St. Mary's Hospital	St. Joseph's Hospital
1601 W. St. Mary's Rd. Tucson, AZ 85745	350 N. Wilmot Rd. Tucson, AZ 85711
(520) 872-6055	(520) 873-3968

### **Project : Family Services**

Carondelet Social Services can help you and your family members deal with financial, social and emotional problems often brought on by illness. In many cases, community resources are coordinated to provide in-home care, financial aid, long-term care, medical equipment and more. Explanations of Medicare and AHCCCS benefits, Living Wills and Health Care Power of Attorney are also available. There is no charge for this service.

### Target Population:

All patients and their families.

#### Contact Agency :

St. Joseph's Hospital	873-3
St. Mary's Hospital	872-6
Holy Cross Hospital	287-8

873-3810 872-6073 287-8039



Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care, Diabetes, Nutrition

## **CrossRoads Mission**

CrossRoads Mission 456 N. Morley Nogales, Arizona 85621 Phone: (520) 287-5828

### **Project:** Services

### **Objective**

- Chapel Services Bible Clubs/Sunday School
- Street Kid/Gang Program
- Volunteer Coordinator Prepared Meals Served
- Jail Chaplaincy Program Emergency Shelter for Men
- Long Term Recovery/Rehab Program for Men (in city)
- Transitional Housing Program for Men
- Hispanic Ministry
- Other Special Program Support Groups
- Daily Drug and Alcohol Recovery Programs

### Target Population

Hispanic Community and those who are uninsured and underinsured , including pregnant women.

### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to Care, Mental Health, Substance Abuse, Tobacco, Injury and Violence Prevention

Contact Agency CrossRoads Mission

## Department of Economic Security Child Protective Services

### Arizona Department of Children Youth and Family

480 North Grand Nogales, Arizona 85621 Phone: (520) 287-3185 Fax: (520)-287-3185 Website: www.de.state.az.us/tp/portal.asp

Mission:

Provides child and family centered services to support and promote the safety of children and maintain the family integrity.

### **Project: Child and Protective Services**

*Objective* Ensure the safety of children and help families solve their problems.

Expected Activities and Outcomes Safe and happy families Target Population Santa Cruz County Collaborators Many state, local and private agencies and consortiums.

*Funding Source* Federal and state funding *Contact Agency* Arizona Department of Children Youth and Family

Platicamos Salud Division 1852 N Mastick Way Nogales, Arizona 85621 Phone: (520) 287 2860 Fax: (520) 761- 2153 E-mail: jjelenes@yahoo.com Website: mariposawomenshealth.com

#### Mission:

To provide the highest quality health, dental and preventable services to our community without regard to race religion, social status or other denomination of discrimination.

### Project: Tobacco Local Project

### Objective

Provide basis skills training in tobacco use cessation to groups, schools and individuals at no charge.

#### **Expected Activities and Outcomes**

Provide smoking cessation classes, prevention education about creating tobacco free environments at home and at the workplace.Provide alternatives to suspension, prevention curriculum implementation, peer programs and puppet shows. *Target Population Contact Agency* 

Anyone Collaborators Placticamos Salud

*Funding Source* ADHS

### Healthy Gente Healthy Border 2010 Objectives Addressed

by this Project

Tobacco Use

### Project: Juntos Contra El Cancer

#### **Objective**

Provide cancer outreach, education and support to qualifying women for breast cancer.

#### **Expected Activities and Outcomes**

Provide health outreach and education, emotional support and assistance to cancer survivors.Target PopulationContact AgencyWomen and families of Santa Cruz CountyPlacticamos Salud

**Collaborators** 

*Funding Source* Arizona Department of Health Services Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to care, Cancer

### Objective

Provide prenatal care information and serve as a resource base.

### **Expected Activities and Outcomes**

A premature is provided to each client to provide case-management and monthly home visits. Promatoras prenatal health information, emotional support, and assistance accessing needed social services.

### Target Population

Pregnant and/or new mothers.

### Collaborators

**Funding Source** 

Arizona Department of Health Services -Office of Women's and Children's Health

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care, Immunizations and Infectious Diseases, Maternal, Infant and Child Health

### Project: Well Women Health Check

### Objective

Provide breast and cervical cancer screening, diagnostic and treatment.

### **Expected Activities and Outcomes**

Provide breast and cervical screening, diagnostic and treatment. *Target Population* 

Qualifying women of Santa Cruz County, 40 years and older.

**Collaborators** 

*Funding Source* ADHS, CDC

### Project: Border Vision Fronteriza-KidsCare

### *Objective* Enroll uninsured eligible children into KidsCare

### **Expected Activities and Outcomes**

Promatoras provide personal attention, through home visits, to families and assists them in gathering the needed documentation.

Target Population

Uninsured children eligible for KidsCare *Collaborators* 

*Contact Agency* Placticamos Salud

*Funding Source* Health Resource and Services Administration (HRSA), UA/Rural Health Office

#### Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to care, Maternal, Infant and Child Health

### *Contact Agency* Placticamos Salud

**Contact Agency** 

Placticamos Salud

Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care, Cancer

### Project: Mariposa-HIV/AIDS

### Objective

Provide HIV/AIDS testing and counseling, prevention education and outreach.

#### **Expected Activities and Outcomes**

Provide prevention education to school-aged children, adolescents and adults. Case-management of HIV positive individuals is also provided.

#### Target Population

Santa Cruz County

### **Collaborators**

Not available

#### **Funding Source**

Arizona Department of Health Services, El Rio Health Center, Health Resources and Services Administration

### **Project: American Legacy Foundation**

### Objective

Provide aftercare and relapse prevention for smoking cessation clients.

### **Expected Activities and Outcomes**

Provide aftercare and relapse prevention for cessation clients, focusing on wellness, healthy living, nutrition, physical activity depression and family support.

### **Target Population**

Cessation clients

**Collaborators** 

Not available

*Funding Source* American Legacy Foundation

### Project: Salud Si Program

#### Objective

Neighborhood-based program that encourages women of childbearing age to make positive changes in their health habits, including nutrition, physical activity, and smoking.

### **Expected Activities and Outcomes**

Women participate in a 12 week intervention to facilitate change in nutrition education on the nutritional value of foods, 5 a Day Concepts, salt intake, label reading, types of fat, cholesterol, milk products and healthy eating on a limited budget. Physical activity education and smoking cessation classes are provided.

#### Target Population

Women of childbearing age

### **Collaborators**

*Funding Source* Health Resources and Services Administration Bureau (HRSA), ADHS-Office of Women's and Children's Health Community Health Grants (Maternal Child Health Block Grant) Contact Agency Placticamos Salud

**Contact Agency** 

Placticamos Salud

Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Diabetes, Maternal, Infant and Child Health, Nutrition, *Tobacco Use* 



*Contact Agency* Placticamos Salud

<u>Healthy Border 2010</u> *Objectives Addressed* 

by this Project **HIV** 

**Healthy Gente** 

### **Project: Community Nutrition Program**

### Objective

Work to improve the food choices and nutritional well-being of children through school-based interventions.

### **Expected Activities and Outcomes**

Teach school children the benefits of eating 5 or more servings of fruit and vegetables each day.

Target PopulationContact AgencyThird grade school children.Placticamos Salud

### Collaborators

Local Incentive Awards, Arizona Nutrition Network, local food bank, Boys and Girls Club

### Funding Source

ADHS-Office of Women's and Children's Health and Community Health Grant

### Project: TB Control Program

*Objective* Provide education about Tuberculosis and medications at low cost.

### Expected Activities and Outcomes

Provide TB testing and medication at minimal costs. *Target Population* Santa Cruz County

*Collaborators* ADHS

*Funding Source* ADHS

### **Project:** Women Infants and Children (WIC)

### **Expected** Activities and Outcomes

The following benefits are provided to WIC participants:

- Supplemental nutritious foods
- Nutrition education and counseling at WIC clinics
- Screening and referrals to other health, welfare and social services

### Target Population

The WIC target population are low-income, nutritionally at risk:

- Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends).
- Breastfeeding women (up to infant's 1<sup>st</sup> birthday)
- Non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends)
- Infants (up to 1<sup>st</sup> birthday). WIC serves 45 percent of all infants born in the United States.
- Children up to their 5<sup>th</sup> birthday.

#### **Collaborators**

County health departments hospitals mobile clinics (vans) community centers schools public housing sites migrant health centers and camps Indian Health Service facilities

### **Funding** Source

WIC is a Federal grant program for which Congress authorizes a specific amount of funds each year for the program.

### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Nutrition, Tobacco Use

*Contact Agency* Mariposa Community Health Center -TB Control

Program

Healthy Gente

Healthy Border 2010

Objectives Addressed by this Project

Access to care, Immunizations and Infectious Disease

### **Project: STEP to a Healthier US**

### **Objective**

Is a five year initiative to reduce the burden of diabetes, obesity and asthma prevention, screening outreach an education. Some of the risk factors to be addressed include: nutrition, physical activity and tobacco use prevention.

### **Expected Activities and Outcomes**

Efforts will take place to work on policy, environment, schools, family/community, health care providers and patients.

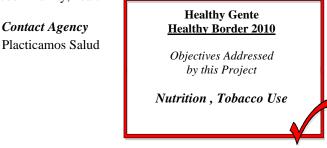
#### **Target Population**

Third grade school children.

#### **Collaborators**

Local schools, health providers and community organizations

Funding Source ADHS, CDC



### Project: BMS Southern Arizona Heart Health

### **Objective**

The Southern Arizona Heart Health Care Management Demonstration Project will demonstrate the effectiveness of utilizing trained community health outreach workers/promoters de salud as members of the health care teams in reducing risk factors attributable to CVD and enhancing overall patient health status.

### **Expected Activities and Outcomes**

Evaluate effectiveness of community health care workers as members of the health care

team. **Target Population** Community health outreach workers **Collaborators** 

Local schools, health providers and community organizations

**Funding Source Bristol-Meyers** 

**Contact Agency** Placticamos Salud

**Contact Agency** 

**Healthy Gente** Healthy Border 2010

**Objectives** Addressed by this Project

Access to care, nutrition

## **Nogales Unified Public School District**

Health Services 310 West Plum Street Nogales, Arizona 85621 Phone: (520) 287- 0800 Fax: (520) 287-3586 E-mail: kcopley@nusd.k12.az.us Website: www.nusd.k12.az.us

### Mission:

By working as a team, within positive environment, all students will be successful, responsible, culturally appreciative, critical thinkers now and through the 21st century.

### **Project: Vaccines for Children**

### **Objective**

Administration of vaccines to children 4 weeks to 22 years of age. Assist families in keeping their children's vaccines current. Updating the Arizona immunization database (ASIIS)

#### **Expected Activities and Outcomes**

Ongoing administration of vaccines as needed. *Target Population* Children between the ages of 4 weeks to 18 years *Collaborators* Mariposa Community Health Center

*Funding Source* Arizona Department of Health Services

### **Project:** Abstinence Only Education

### Objective

- Skill building on refusal skills
- Self esteem and decision making skills
- Understanding media and peer pressure
- Practice skills learned

#### **Expected Activities and Outcomes**

Weekly class sessions to all 4th through 8th grade students in order to reduce high risk behaviors that lead to unwanted teen pregnancies. *Target Population* 

4th through 8th grade students *Collaborators* 

Child and Family Resources

*Funding Source* ADHS *Contact Agency* NUSD Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Immunizations and Infectious Diseases

> Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Maternal, Infant and Child Health

*Contact Agency* NUSD-Health Services

## **Nogales Unified Public School District**

### Project: Tobacco Abatement Program

Objective

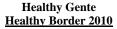
Provide information about tobacco and its effects on the whole body to increase refusal skills. Provide referral to tobacco cessation program.

### **Expected Activities and Outcomes**

Weekly classes sessions to all 5th through 9th grade students , community based youth meetings with teen promoters. *Target Population Contact Agency* 

4th through 12th grades *Collaborators* Mariposa Community Health Center

*Funding Source* Arizona Department of Health Services *Contact Agency* MPCHC-Placticamos Salud



Objectives Addressed by this Project

Tobacco Use

**Healthy Gente** 

Healthy Border 2010

**Objectives** Addressed

by this Project

Injury and Violence

Prevention

### **Project:** Safety Program

### Objective

Safety on the playground. Safety in the workplace *Expected Activities and Outcomes* Provide employees monthly safety committee meetings and students with safety lessons on the playground and their PE classes. *Target Population* School aged children *Collaborators* Not available

#### **Funding** Source

Not available

### Project: Nutrition and Obesity Management

#### **Objective**

Provide Exercise groups and encouragement with weight management of diet at home and in school through

weekly meetings with students and their parents who qualify as being overweight.

#### **Expected** Activities and Outcomes

Weight reduction, increased self esteem and healthy lifestyle habits.

#### **Target Population**

Children of all grades, who have been referred by their health care provider and/or school nurse.

*Collaborators* Mariposa Community Health Center

Funding Source CDC

### *Contact Agency* Placticamos Salud

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Diabetes, Environmental Health, Nutrition

Contact Agency Health Services

## **Nogales Unified Public School District**

### Project: Threat Assessment Program

### **Objective**

Train staff in identifying factors possible student stress that would lead to violence. Develop a plan whereby students are referred for mental health services. Prepare a plan of dealing with threats and educate staff and students on implementation of the plan.

#### **Expected Activities and Outcomes**

Practice lockdowns, evacuations on and off campus. *Target Population* All students and staff *Collaborators* 

Local law and fire departments *Funding Source* School District *Contact Agency* Health Services

#### Healthy Gente Healthy Border 2010

Objectives Addressed by this Project Mental Health, Injury and Violence Prevention

## Santa Cruz County Department of Health and Community Services

91 East La Castellana Nogales, Arizona 85621 Phone: 520-761-7893 Fax: 520- 761-7923 Website: www.co.santa-cruz.az.us/health human/

#### Mission:

To protect, promote, and improve public health. Programs include health issues related to food, wastewater disposal, communicable disease, and environmental health.

### Project: Department of Environmental Health

### Objective

Provide programs which include issues such as: food and water waste disposal, communicable disease and environmental health .Provide technical assistance with research related to air , water quality, sewage treatment and disease coordinates with other agencies to best utilize and act upon the results of research.

### **Expected Activities and Outcomes**

Assist with research and surveillance of issues related to environmental health. Serve as a source of information about results of water monitoring, air sampling, hazardous material tracking, well head protection, radon sampling, soil sampling, household hazardous waste and other research areas in the Nogales area. Present to local agencies results from above mentioned studies as resource permits, and link interested partners with particular research programs and results.

*Target Population* Santa Cruz County

Collaborators

Not available

*Funding Source* Not available

Domestic Violence91 East La CastellanaNogales85621ArizonaPhone520-761-7893Fax520 761 7923E-mailwww.co.santa-cruz.az.us/health\_human/health

### Project : The International Alliance Against Family Violence

### **Objectives** :

Foster social change through, but not limited to: communication, collaboration and education affecting the international response to family violence and making a difference for future generations. Meetings are occurring on a bi-monthly basis, alternating sites among Southern Arizona communities and Nogales, Sonora. There have been sessions on understanding the legal implications of violence in the home on each side of the border, child support issues and now, potentially, an expanded role within the US Mexico Commission. For additional information or to learn the site and time of the next meeting, please call 761-7920.

*Contact Agency :* Southeastern Area Behavioral Health Services (SEABHS

Collaborators : (SEABHS)

*Contact Agency* Department of Environmental Health

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Environmental Health

# Santa Cruz County Department of Health and Community Services

# **Project : The SCC Transitional Housing Coalition**

# **Objectives** :

Is dedicated to providing safe and appropriate housing for survivors of domestic abuse. A multi-partner approach will be needed to fund and maintain the housing and the program including staff. When a woman and her children are deemed appropriate for Transitional Housing, they are able to remain in this housing for up to two years. During this time, working with a case manager, the woman will receive whatever "tools" she needs to become an independent, competent member of her community.

# **Expected Activities and Outcomes :**

Women and children participate in a highly structured program that ensures her safety while rebuilding her value as an individual. This crisis shelter experience would be up to six months in length and could be funded in part by the . The Transitional Housing Coalition is ready to expand its focus to include this aspect of provision of service

# Contact Agency :

Southeastern Area Behavioral Health Services (SEABHS)

# Collaborators :

Dept. of Economic Security, the City of Nogales, Santa Cruz County Board of Supervisors, Santa Cruz Community

Tuberculosis and Communicable Disease91 East La CastellanaNogales85621ArizonaPhone520-761-7893Fax520 761 7923E-mailwww.co.santa-cruz.az.us/health\_human/health

# Project : Tuberculosis Control Program

# **Objectives** :

responsible for identifying, monitoring and educating individuals with active or suspect tuberculosis. In addition, the contacts of these individuals are given education with TB skin testing and preventive treatment, as is appropriate and prescribed by the SCC contract physician.

# **Expected Activities and Outcomes :**

Targeted Tuberculosis Skin Testing is provided to agencies and individuals considered at risk for acquisition and transference of tuberculosis, often on an annual basis. The general public is tested for tuberculosis on an "as-needed" basis, based on perceived risk and assessment of each situation. There is a nominal charge for TB skin testing, any necessary chest x-rays, and blood work. The exception is for individuals with active or suspect TB disease and their contacts, for whom there is no charge.

*Target Population :* Santa Cruz County Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project Infectious Disease

*Contact Agency :* Santa Cruz County Health Department or Mariposa Community Health Center-Placticamos Salud

1171 W. Target Range Rd.Nogales, Arizona 85621Phone:(520) 287-4722Fax:(520) 287-4349E-mail:ahalverson@ahsc.arizona.eduWebsite:www.seahec.org

# Mission:

SEAHEC is one of five Area Health Education Centers in Arizona. SEAHEC Provides services to the residents of Pima, Santa Cruz, and Cochise counties. As an Area Health Education Center, the mission of SEAHEC is to improve the development, recruitment, minority representation, distribution, and retention of health professional personnel in Arizona's rural and medically underserved communities. Through community and academic partnerships, SEAHEC delivers educational programs and services created to address the shortage of health care personnel and lack of health care resources available in our rural communities.

# **Project:** Train the Trainer

Objective

Training of trainers in various health promotion efforts.

## **Expected Activities and Outcomes**

- CPR Instructor Training
- Presentation Skills
- Red Cross HIC/AIDS
- Community Development
- Lead Training
- Asthma Training

## Target Population

Not available

## Collaborators

Not available

*Funding Source* Not available

# **Project: Health Fairs**

*Objective* Disseminate health information and perform health screening.

## **Expected Activities and Outcomes**

2 fairs/year Patagonia and Santa Cruz *Target Population* General population of Santa Cruz County

*Collaborators* Not available

*Funding Source* Not available **Contact Agency** SEAHEC

*Contact Agency* SEAHEC Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to Care

# **Project:** Border Health SI

# **Objective**

Reduce diabetes risk factors through the formation of community Committees and Groups .

# **Expected Activities and Outcomes**

Form the following community committees :

- School Health Index-a self-inventory of school nutrition. •
- Policy committee to change at city & county level to increase activity
- Activity committee to organize efforts in the community increase physical activity, starting with Teams in various agencies working points towards winning points for being active leading up to a Health Fair where prizes are given to the teams with the most points.

# **Target Population**

Santa Cruz County

# **Collaborators**

University of Arizona College of Public Health

**Funding Source** Not available

# **Project:** Interdisciplinary Project

## **Objective**

Recruit health care providers to rural and underserved areas.

# **Expected Activities and Outcomes**

Nutrition & exercise related to diabetes case management.

# **Target Population**

Medical, pharmacy, nursing & social work students

# **Collaborators**

University College of Nursing and University College of Pharmacy and ASU College of Social Work

# **Funding Source**

Not available

# **Project: Student Training in Border Communities**

# **Objective**

Recruit healthcare professionals to rural/underserved areas

# **Expected Activities and Outcomes**

Placement with preceptors for rural rotations Introduction to border health issues. **Target Population** Medical, pharmacy, nursing, & social work students **Collaborators** Not available

**Funding Source** Not available

**Contact Agency** SEAHEC

**Healthy Gente** Healthy Border 2010

**Objectives Addressed** by this Project

Diabetes, Nutrition

#### **Healthy Gente** Healthy Border 2010

**Objectives** Addressed by this Project

Diabetes, Nutrition

**Healthy Gente** Healthy Border 2010

**Objectives** Addressed by this Project

Access to Care



**Contact Agency** SEAHEC

**Contact Agency** 

Not available

SEAHEC

**Contact Agency** 

SEAHEC

# **Project:** SCRIPE (The Santa Cruz River, It's People & Environment)

# **Objective**

Educate teachers about the Santa Cruz River and provide them with a kit for experiments.

# **Expected Activities and Outcomes**

Classes and field trips which are offered once a year 40-60 hours of classes.

#### **Target Population** Educators and promotoras

**Collaborators** Santa Cruz County Superintendent of Schools

**Funding Source** Not available

# **Project:** Continuing Education Continuing Medical Education (CE/CME)

# **Objective**

Retain health care providers in rural/underserved areas.

# **Expected Activities and Outcomes**

- Yearly Primary Care Conference
- Yearly Emergency Medical Services (EMS) conference

## **Target Population**

Physicians, nurses, EMS personnel, Certified Nurse Assistants and Promatoras

## **Collaborators**

Not available

# **Funding Source**

Not available

# **Project: Health Education Workshops**

# **Objective**

Our agency provides continuing education to healthcare providers, recruits students into the healthcare field through health career clubs in middle and high schools, we are partners with many agencies where we provide the educational component such as diabetes education, environmental health, HIV/AIDS and bio-terrorism. We organize medical conferences, workshops and health fairs. All of our programs have an evaluation component.

# **Expected Activities and Outcomes**

Not available Target Population **Contact Agency** Students and health care professionals SEAHEC

**Collaborators** 

Not available

**Funding Source** Not available

Healthy Border 2010 **Objectives** Addressed by this Project

**Healthy Gente** 

Access to Care

**Healthy Gente** 

by this Project

**Environmental Health** 

Healthy Border 2010 **Contact Agency Objectives Addressed** 

# **Project: Student Recruitment**

*Objective* Interest high school and middle school students in health careers.

# **Expected Activities and Outcomes**

Initiate and sustain health career related :

- Clubs
- Summer Camp

Target Population High and middle school students Collaborators Not available

Funding Source

Not available

# *Contact Agency* SEAHEC

Project: Southern Arizona Border Health Career Opportunities (SAB-HCOP)

# Objective

Interest high school and college students in health careers. "Grow your own" students from rural areas returning to the rural area after graduation.

# **Expected Activities and Outcomes**

Initiate and sustain health career related :

- Health clubs
- Summer Enrichment Programs
- Mentorship and Tutoring of college students.

# Target Population

High school and college students *Collaborators* Not available

**Funding Source** 

Not available



*Contact Agency* SEAHEC



P.O. Box 3043 Nogales, Arizona 85628 Phone: (520) 646-3242 Fax: (520)-648-2334 E-mail: Unavailable Website: www.standrewsclinic.org

Mission:

Provide Medical treatment to children of indigent parents from neighboring Mexico.

# Project: St. Andrews Clinic

*Objective* To provide care unavailable to the poor of Mexico.

**Expected Activities and Outcomes** 

Not available *Target Population* Infants to age 18.

*Contact Agency* St. Andrews Children's Clinic

# Collaborators

Shrinners, UMC, UA College of Medicine, Carondelet Health Network and St. Andrews Church

#### Funding Source

Individual donations, grants, churches, businesses and civic groups. St. Andrews receives no government funding nor United Way.

**Healthy Gente** Healthy Border 2010 **Objectives** Addressed by this Project Access to Care

The Promatora Institute 125 East Madison Nogales, Arizona 85621 Phone: (520) 287-2240 Fax: (520)-287-2246 E-mail: wayheart@theriver.com Website: www.wayheart.com

# Mission:

To improve the heath status and quality of life of residents along the Arizona/Mexican border. Including health issues involving health issues Include aging, substance abuse prevention, cancer, cardiovascular disease, diabetes, mental health.

# Project: The Way of the Heart

#### **Objective**

To improve the health status and quality of life of residents along the Arizona/Mexico border.

Expected Activities and Outcomes Capacity building, improved health status Target Population Persons with low income.

# Collaborators

Churches, media, governmental and non-governmental agencies.

**Funding Source** 

Not available

# Project: Un Buen Comienzo

# **Objective**

Offers education about pregnancy ,parenting, and early childhood development.

## **Expected Activities and Outcomes**

The Program teaches women about: Prenatal care, The signs and symptoms of high risk pregnancies, Nutrition, Exercise, Changes in the body during pregnancy, labor and delivery, Developmental milestones, Car seat safety, Child safety, Breastfeeding, Family planning, Allergens, Immunizations, Lead and poison awareness.

#### **Target Population**

Women of Nogales *Collaborators* Not available

#### **Funding Source**

Not available

*Contact Agency* The Way of the Heart : The Promatora Institute

> Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Immunizations and Infectious Diseases, Injury and Violence Prevention, Maternal, Infant and Child Health, Nutrition

*Contact Agency* Way of the Heart : The Promatora Institute

# **Project:** Free Services Objective

Provide free services to the most disadvantaged, low-income Hispanic communities.

## **Expected Activities and Outcomes**

Services are available in the following areas of health:

Late or no prenatal care; Lack of access to primary care for children resulting in low rates of immunizations, repeated ear infection, tonsillitis, and ongoing Respiratory illness; Little practice of car seat safety; Lack of exercise beginning in adolescence, unprotected sexual activity, abuse of alcohol, tobacco and other drugs; Date rape, sexual abuse, HIV/STDs, domestic violence, injury and Homicide; Lack of affordable mental health services to deal with the high rates of depression; Poor nutritional habits; Adult onset of heart disease, cancer, diabetes, and liver disease; and Lack of information about aging issues such as menopause; osteoporosis and resulting fractures.

#### **Target Population**

Not available

Contact Agency

Way Of The Heart : The Promatora Institute

## **Collaborators**

Parents Anonymous Victim Witness Public Safety Task Force Crossroads Mission County Health Department City of Nogales Mexican Consulate County Superintendent of Schools Head Start Child Protective Services Child and Family Resources Council on Aging Santa Cruz Family Guidance Center WIC Steering Committee

Funding Source

Not available

#### Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to care, Cancer, Diabetes, HIV, Injury and Violence Prevention, Mental Health, Nutrition, Respiratory Diseases

# **Project:** Tobacco Prevention

# Objective

Provides education about the consequences of smoking or chewing tobacco. This program is aimed at primarily preventing children from starting tobacco use, the program teaches children how to develop effective refusal skills.

# **Expected Activities and Outcomes**

Media literacy will be used to help child identify media messages and strategies tobacco companies use to initiate children to use tobacco. Pregnant youth will learn of the effects tobacco smoke has on their unborn children and the consequences for the health and development of children who grow up with environmental smoke. Support groups are also offered to youth and adults who wish to quite smoking. Children learn about the chemical contained in tobacco and their effects on the body. Children also learn how second hand smoke effects those who do not smoke.

**Contact Agency** 

# Target Population

Children and youth, pregnant youth and adults

# Collaborators

Not available

## **Funding Source**

Not available

# **Project:** Substance Abuse

## Objective

Increase family and personal protective communication strategies, conflict resolument.

## **Expected Activities and Outcomes**

- Improve family strengthening, comtion strategies and leader ship devel-Activities which include:
- Boys and Girls Club USDA Rural Development Office Small Business Development Program Santa Cruz Training Program Knights of Columbus KNOG 91.1FM Wal-Mart El Mesias Methodist Church Emmanuel Baptist Church Saguaro Christian Church (Disciples of Christ) Good Shepherd Church Green Valley Community Church Department of Economic Security Borderlands Food Bank City of Nogales Environmental Commission
- Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project Maternal, Infant and Child Health, Tobacco Use

# Prevention

The Way of the Heart : The Promatora Institute

factors. Improve family strengthening, tion strategies and leader ship develop-

munication strategies, conflict resoluopment through

Arts and crafts, Poetry, support groups, Gardening, Exercise, Stress Management, Mediation skill enhancement, Life planning,, Goal setting, Storytelling, Theatre, Decision Making, Problem solving, , Role playing.

- This program also attempts to improve communication strategies through:. Active listening, paraphrasing and clarification between:Parent and child, Child and parent, Peers, Spouse to spouse
- Other services available for youth and adults about mentoring, job skills, suicide awareness and a tobacco prevention and cessation youth group are also available.

Target Population Youth and adults Promatora Institute Collaborators

Not available

*Funding Source* Not available *Contact Agency* The Way of the Heart :

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Substance Abuse, Tobacco

# **Project:** Cancer Program

# **Objective**

Provide community members with the tools necessary to reduce risk and increase early detection of cancer. Technical terms and concepts about cancer are given in a friendly atmosphere and explained in ways most people can understand.

# **Expected Activities and Outcomes**

The following modules are given individually, and all together:

- Cancer An Overview •
- Lung Cancer
- Breast Cancer •
- Cervical Cancer
- Prostate cancer •
- Skin Cancer •

## **Target Population**

Adult and youth populations **Collaborators** Not available

## **Funding Source**

Not available

# **Project: Diabetes Program**

#### **Objective**

Teaches participants to understand their body and how diabetes effects it.

## **Expected Activities and Outcomes**

Provides informational classes relating to the following areas of diabetes management :

- Glucose monitoring •
- Managing complications with diet ٠
- Helping family members prevent the onset of symptoms •
- Care for the feet ٠
- Promotion of regular screening for diabetes •

## **Target Population**

Not available

#### **Collaborators**

Not available

## **Funding Source**

Not available

## **Contact Agency** The Way of the Heart : Promatora Institute



Cancer

**Contact Agency** 

# Not available

#### **Healthy Gente** Healthy Border 2010

**Objectives** Addressed by this Project

Diabetes, Nutrition

# **United States Department of Agriculture**

Division of Animal and Plant Inspection Services 9 North Grand Avenue, Mr. 2214 Nogales, Arizona 85621 Phone: (520) 287-4783 Fax: (520) 287-6941 E-mail: Unavailable Website: <u>www.aphis.usda.gov</u>

Mission:

To protect the health of U.S plant and animal resources and facilitate their movement in the global marketplace.

# **Project: Health Monitoring Program**

*Objective* Ensure that if exposure to pesticides or psiticosis occurs to a significant degree mitigating measure can proceed.

Expected Activities and Outcomes Early warnings and treatment of pesticide poisoning or psiticosis. Target Population PPQ Officers Collaborators Health Providers, and analysis labs

*Contact Agency* USDA-Health Monitoring Program

**Funding Source** 

Not available

# Yuma County

Yuma County, located in the Southwest portion of the state, it is one of the original four counties of Arizona. Yuma county has a population of over 165,000, with a large portion being of Hispanic heritage<sup>1</sup>. Some of the cities in Yuma County are San Luis, Somerton, Wellton, and of course the City of Yuma, with an estimated population of over 70,000. Yuma County has a very high unemployment rate, near 25% , of which 66% occurring in San Luis and 44% in Somerton. This rate continues to increase and when compared to the Arizona unemployment rate of 4. 7%, the disparity in employment is quite apparent. The unemployment rate is partly related to the seasonality of many of the jobs available in the area of fresh produce.

Much of Yuma County (5,522 miles) is desert land surrounded by rugged mountains. Despite the desert-like conditions, the valley regions contain an abundance of arable land, which is irrigated using water from the Colorado River<sup>1</sup>. The county's principal industries are agriculture followed by tourism and the military. During winter months, the population of Yuma County grows significantly with the influx of part-time residents and workers.

Yuma, similar to many of the other border cities, has a large flow of people crossing its border. Many border residents prefer to obtain services "on the other side" rather than obtaining them on the U.S. side of the border. The consumers make decisions about where to acquire health services based on various criteria, such as cost of services, quality, availability, and the environment (how their cultural needs are met and the treatment of the consumers). And like other border cities/counties, over half of the population (50.5%) is of Hispanic heritage 2.

# **Update**

As per the HB-HG 2010 survey regarding the 25 Objectives, 69 Yuma programs were found to be working towards the following objectives:

- 37% were recognized as working towards HG2010 Objective of Access to Care.
- 7% Tobacco
- 20% Nutrition
- 13% HIV
- 19% Mental Health
- 10% Maternal and Child Health

When surveyed regarding which health areas Yuma County health agencies addressed :

- 21% Adolescent health
- 60% Health Education and Promotion
- 18% in Maternal and Child Health
- 28% in Women's Health
- 9.86% in Environmental Health
- 6% are reported as conducting epidemiological studies
- 8% in Chronic and Degenerative Disease

45 % of the surveyed agencies had knowledge of HG 2010.

# ARISE, INC.

1700 S. 1st. AVE., Suite 110 Yuma, Arizona 85634 Phone: (928) 783-8771 Fax: (928) 783-8805 E-mail: yumaoffice@aol.com Website: <u>www.RISEINC.NET</u>

Mission:

Resources for Interdependence and Self-Empowerment

# Project: Pequeños del Sol

*Objective* Serve infants and toddlers, 0-3 years.

*Expected Activities and Outcome* Unavailable *Target Population* Developmentally disabled infants and toddlers, 0-3 years.

*Collaborators* Unavailable

*Funding Source* DES/ Division of Developmental Disabilities

*Contact Agency* ARISE, INC.

Healthy Gente <u>Healthy Border 2010</u> *Objectives Addressed* 

by this Project

Unavailable

# **Arizona's Children Association**

Western Region 103 East 24th St. and 3780 4th Avenue Extension H-1 Yuma, Arizona 85364 Phone: (928) 344-8800 Fax: (928) 344-8837 E-mail: Garnold@arizonachildren.org Website: www.arizonaschildren.org

## Mission:

Protecting children, Preserving Families

# **Project:** Intensive Family Preservation

# Objective

Services under this program are completed by a Two-person team made up of a Child and Family Therapist and a Behavior Management Specialist. The program is 8 weeks of intensive therapy using standard and strategic approaches to treatment of the family system.

# **Expected Activities and Outcomes**

Unavailable *Target Population* Unavailable *Collaborators* Unavailable

*Contact Agency* Arizona's Children Association-Western Region

# Funding Source

Arizona Department of Economic Security/Administration for Children, Youth and Families, the Arizona Administrative Offices of the Court, the City of Yuma and the Yuma County Superior Court. Additional programmatic funding is received from the Arizona's Children Association Foundation.

# **Project:** Professional Family Foster Care

# Objective

This service provides therapeutic support and guidance in a family setting to youth referred by ACYF or the Juvenile Court. Under this DES contract, services are provided to 5 children in a family home setting by two parents supported by agency clinical staff.

# **Expected Activities and Outcomes**

Unavailable

**Target Population** 

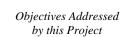
Youth referred by ACYF or the Juvenile Court

Collaborators

Unavailable

## **Funding Source**

Arizona Department of Economic Security/Administration for Children, Youth and Families, the Arizona Administrative Offices of the Court, the City of Yuma and the Yuma County Superior Court. Additional programmatic funding is received from the Arizona's Children Association Foundation.



**Healthy Gente** 

**Healthy Border 2010** 

Contact Agency Arizona's Children Association-Western Region

> Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Injury and violence prevention, mental health

# **Project:** Adoption Services

# Objective

These services include the recruitment, training and certification and case management of adoptive applicants. Homes studies are prepared according to State law and Superior Court guidelines and presented to the Court for pre-adoption certification. Recertification studies are conducted on an annual basis thereafter.

Expected Activities and OutcomesUnavailableTarget PopulationConAll Adoptive applicants.ArtCollaboratorsUnavailable

*Contact Agency* Arizona's Children Association-Western Region



# Funding Source

# **Project:** Foster Family Home

## Objective

These services include recruitment, training and licensing of family foster homes. Studies are conducted according to State and Federal Policy. Homes are re-licensed on an annual basis according to DES policy. Retention and support of licensed foster parents are provided by four foster care workers and a supervisor.

# **Expected Activities and Outcomes**

Unavailable *Target Population* Family foster homes. *Collaborators* 

*Contact Agency* Arizona's Children Association-Western Region Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project

# Unavailable

## **Funding Source**

Arizona Department of Economic Security/Administration for Children, Youth and Families,

the Arizona Administrative Offices of the Court, the City of Yuma and the Yuma County Superior Court. Additional programmatic funding is received from the Arizona's Children Association Foundation.

# **Border Community Child Care Resource Center**

Comite de Bienestar 1050 E. Arizona St San Luis, Arizona 85349 Phone: (928) 627-0919 Fax: (928) 627-3151 E-mail: cdbcacfp@aol.com Website: Unavailable

Mission:

BCCCRC is committed to trained, and improved good nutrition in the community (family, children).

# **Project:** Food Nutrition Program

*Objective* Unavailable

*Expected Activities and Outcomes* Unavailable *Target Population* Unavailable *Collaborators* Unavailable

*Funding Source* Unavailable

*Contact Agency* Unavailable

Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project

Nutrtion

# **Border Health Foundation-Puentes de Amistad**

Yuma County Field Office P.O. Box 646 Somerton, Arizona 85350 Phone: (928) 627-4280 Fax: (928) 627-4277 E-mail: admin@ambhf.org Website: Unavailable

#### Mission:

To improve the health of people of the Americas with a particular focus on the US-Mexico border by developing relationships that further knowledge, empower people, and maximize the utilization of resources, while respecting diversity.

# Project: The Arizona Border HIV/AIDS Care Project (ABHAC)

#### Objective

Provide outreach activities to identified at-risk individuals, submit outreach contact cards, submit reports within established time frames.

#### **Expected Activities and Outcomes**

To reduce risk factors associated with transmission of HIV/AIDS. Enhance resiliency and protective factors.

## Target Population

Predominantly Mexican/Mexican American borderland populations, including hard-to-access migrant farm workers. The total number to be contacted are 260 per year (Yuma County).

#### **Collaborators**

El Rio Santa Cruz Neighborhood Health Center

*Funding Source* El Rio Health Center *Contact Agency* Puentes de Amistad



Access to care, HIV

# Project: Rural Health Outreach Project (RHO)

#### **Objective**

Outreach to those at-risk for diabetes. Recruitment into monthly diabetes classes. Encourage the formation of support groups for families and for individuals.

## **Expected Activities and Outcomes**

Increase the number of individuals to become aware that they have diabetes, and provide educational and family support services to improve their condition.

#### **Target Population**

Mexican/Mexican American borderland populations.

#### **Collaborators**

Community-based agencies

*Funding Source* Sunset Community Health Center *Contact Agency* Puentes de Amistad

> Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care, Diabetes, Nutrition

# **Border Health Foundation-Puentes de Amistad**

# **Project:** Disparities Project (Substance Abuse/Mental Health of Latinas)

# Objective

Conduct outreach for Latinas at risk for substance abuse and/or mental health problems. Perform educational sessions, referrals, and follow-ups to at-risk Latinas.

*Expected Activities and Outcomes* Unavailable

*Target Population* Yuma County/borderland women (18-60 years of age)

# **Collaborators**

Numerous community-based agenciesUSMBHA (United States Mexico Border Health Association), SAMHSA

# Project: Entre Familia- Strengthening Families

# Objective

The long-term goal of the Entre Familia program is to increase community capacity to enhance family resiliency and reduce familial substance abuse through eight objectives.

# **Expected Activities and Outcomes**

Reduce risk factors, while strengthening community resiliency factors that will address at-risk families about substance abuse.

# Target Population

Las Cruces, NM-welfare to work clients; Douglas, AZ- Welfare-to-work; Nogales, AZ- Low-income housing residents; and Somerton, AZ-migrant farm workers (Yuma County).

*Collaborators* Numerous community-based groups

## **Funding Source**

Centers for Substance Prevention (CSAP)

*Contact Agency* Puentes de Amistad Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Substance Abuse

*Contact Agency* Puentes de Amistad



# **Campesinos Sin Fronteras**

Division of Health and Human Services 361 W. Main Street Somerton, Arizona 85350 Phone: (928) 627-1060 Fax: (928) 627-1899 E-mail: ecarni1@aol.com Website: Unavailable

## Mission:

A non profit organization providing assistance and facilitating access to social services such as: health education, health services, housing referrals, job re-training and placement to low income families and farm workers.

# Project: Robert Wood Johnson

## Objective

Building leadership and health prevention among farm workers

#### **Expected Activities and Outcomes**

Increase the access to medical services among farm workers. *Target Population* 

Farm worker population

#### **Collaborators**

Yuma County Health Department, Victim Services, Sunset Community Health Center, Yuma Regional Medical Center, ADHS-Office of Border Health, UA-Rural Health Office

*Funding Source* Robert Wood Johnson (private funding)

# **Project: Border Health Strategic Initiative**

## Objective

Increase the range of primary prevention behaviors of family members of patients with diabetes through capacity building, target action, risk and protective behavior change.

## **Expected Activities and Outcomes**

Educate family members of diabetic patients on how to prevent diabetes.

Target Population

# Farm worker Population

*Collaborators* University of Arizona, Sunset Clinic, WAHEC, Rural Health Office, and U of A Cooperative Extension

*Funding Source* CDC, University of Arizona *Contact Agency* Campesinos Sin Fronteras



**Contact Agency** Campesinos Sin Fronteras

> Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care

# **Campesinos Sin Fronteras**

# Project: HIV Promotion Program

*Objective* Increase HIV/AIDS awareness among farm workers.

# *Expected Activities and Outcomes* Increase the number of migrant and seasonal farm workers tested for HIV/AIDS.

*Target Population* Farm worker Population *Contact Agency* Campesinos Sin Fronteras

*Collaborators* Farm worker Justice Fund, Yuma County Health Department

*Funding Source* HRSA



# **Catholic Community Services of Yuma**

Senior Nutrition Program 160 E. 1st Street Yuma, Arizona 85364 Phone: (928) 782-4489 Fax: (928) 782-9048 E-mail: Unavailable Website: Unavailable

#### Mission:

Catholic Community Services in Western Arizona, in collaboration with people of many beliefs, provides supportive and healing services to individuals and families in need.

# **Project: Meals on Wheels**

#### Objective

To provide meals to congregate and homebound clients. To insure our clients have the recommended daily vitamins and nutrients provided in our lunch menu to help them retain healthy bodies.

#### **Expected Activities and Outcomes**

Feed the hungry with nutritional meals. *Target Population* All of Yuma County

*Contact Agency* Catholic Community Services

#### **Collaborators**

Yuma Community Food Bank, Western Arizona Council of Government (area aging), United Way

*Funding Source* Unavailable



# **Chicanos Por La Causa**

**Somerton Office** 308 W. Main Street Somerton, Arizona 85350 Phone: (928) 627-2042 (928) 627-3009 Fax: E-mail: ramona.corrales@cplc.org Website: Unavailable

## Mission:

Were a community development Corporation committed to building better communities by being a leading advocate, coalition builder and direct service provider. We promote positive change and self-sufficiency to change the quality of life for those we serve.

**Contact Agency** 

# Project: "Si Se Puede" Computer Lab

## **Objective**

To provide an after-school computer lab for youth in the community and for adults who are continuing their education.

## **Expected Activities and Outcomes**

To provide a safe/educational learning space for youth. It is expected that by providing the computer lab, youth will see an increase in their educational gains.

#### **Target Population**

Any youth in the community

#### **Collaborators**

Yuma Private Industry, Yuma Community Foundation, United Way of Yuma County.

#### Funding Source

Yuma Private Industry Council, Yuma Community Foundation, United Way of Yuma County.

# **Project:** Form Completion/Information

## **Objective**

To complete all types of forms and to provide information on a variety of services. Forms are primarily those that can provide a public benefit (food stamps, housing, disability, Social Security, Orders of protection, unemployment, etc).

## **Expected** Activities and Outcomes

Clients will be able to take advantage of the benefits that they are qualified to receive. Healthy Border 2010 **Target Population Contact Agency Objectives Addressed** Any person who requests the service Chicanos por La Causa by this Project **Collaborators** 

Service agencies are the direct providers.

**Funding Source** 

Unavailable

**Healthy Gente** 

Access to care

**Healthy Gente Healthy Border 2010** Chicanos Por La Causa

**Objectives** Addressed by this Project

Unavailable

# **Chicanos Por La Causa**

# **Project:** Immigration Services/translations and notary services.

 Objective

 To unify families by providing immigration services

 Expected Activities and Outcomes

 To document persons so they can remain in the US with their family members.

 Target Population
 Contact

 All documented and undocumented persons
 Unavail

 requesting services.
 Unavail

*Collaborators* Unavailable

Funding Source Client donations

# Project: Adult Education Program

# Objective

To provide English as a Second Language, citizenship, and basic adult education to adult learners.

# **Expected Activities and Outcomes**

Adult learners will be prepared to pass the GED exam, adult learners will pass the citizenship test and become US citizens, adults will enhance their community involvement and employment.

# **Target Population**

All adults over the age of 18 who express a need for the classes that are provided.

# Collaborators

Somerton School District, Arizona Western College, and CPLC have formed a consortium in an effort to provide and coordinate these services.

*Funding Source* Arizona Department of Education/Adult Education Programs **Contact Agency** Chicanos por La Causa

> Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to Care, Maternal and Child Health

Contact Agency Unavailable Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project

# Child and Family Services of Yuma, Inc.

Yuma

257 South 3rd Avenue Yuma, Arizona 85364 Phone: (928) 783-2427 Fax: (928) 783-0633 E-mail: cfs@theriver.com Website: Unavailable

#### Mission:

A community resource providing advocacy, information and direct services for the benefit of children at risk and their families.

# Project: Child and Family Services of Yuma, Inc.

# Objective To provide short term residential services for children and adolescents. Expected Activities and Outcomes To stabilize and improve the behaviors which have warranted out-of-home placement for the clients we serve. Target Population Contact Agency Yuma County Child and Family Services of Yuma Collaborators DES, the EXCEL Group, AOC, the Bureau of Indian Affairs, Cocopah Tribal Services, CRIT Tribal services.

#### **Funding Source**

DES, AOC, The RBHA, BIA, Cocopah, CRIT



# **CROSSROADS** Mission

## 944 S. Arizona Avenue

Yuma, Arizona 85364 Phone: (928) 783-9364 Fax: (928) 329-1021 E-mail: mgarlit@crossroadsmission.org Website: www.crossroadsmission.org

# Mission:

Crossroads Mission is a Christian organization dedicated to helping individuals who find themselves at a "crossroads" in their lives. Our goal is to help them make that turn that will bring them to a personal encounter with God, and to help them make changes that will result in better lives.

# **Project:** Crossroads Recovery Life Skills Program

# **Objective**

To assist the addicted to overcome their self-defeating, addictive behaviors to attain a higher quality of life through remission from chemical dependence.

# **Expected Activities and Outcomes**

Remission from substance dependence and return to being "normal" productive members of our community.

The Life Skills Program is a complete drug and alcohol recovery program. It features:

A Chemical Withdrawal Unit that allows for safe and supervised detoxification, open 24 hours a day, 7 days a week, 24 hour monitoring by qualified medical technicians. All cases overseen by a Medical Doctor. Including a 120 day residential program following detoxification based on 12 step method and Christian principles. Crossroads offer Individualized counseling, group meetings, spiritually/religious oriented meetings and activities.

Crossroads

**Contact Agency** 

Crossroads

# **Target Population**

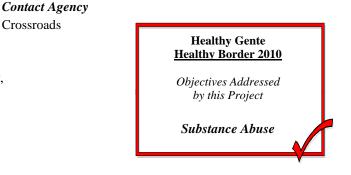
Any person who meets the assessment criteria (DSM IV criteria for substance dependence.

## **Collaborators**

The Crossroads Mission Board, Executive Director, Treatment Director, counseling staff, shelter, education, and emergency services.

## **Funding Source**

State Funding, other grants



# Project: Renewed Life Program, Education Center, Family Shelter, Homeless Shelter.

## **Objective**

To help disadvantaged, disabled, and disenfranchised individuals and families achieve a better quality of life.

## **Expected Activities and Outcomes**

Our services are coordinated by individual case management and education plans. Our Case Managements and Instructors identify individual goals and needs, the services required to meet these goals and partner with the client to accomplish these goals as an achievement for better quality of life.

## **Target Population**

Homeless, Alcoholics, Addicts, Near Homeless

# **Collaborators**

Housing Authority of the City of Yuma, City of Yuma, County of Yuma, Western Arizona Counties of Governments, Department of Economic Security, Arizona Coalition to End Homelessness, Yuma Regional medical Center, Salvation Army Community contributions, state funding and other grants.

Healthy Gente Healthy Border 2010

**Objectives** Addressed by this Project

Access to Care

# **CROSSROADS** Mission

# **Project:** Serenity House

# **Objective**

To help disadvantaged, disabled and disenfranchised individuals and families achieve a better quality of life.

## **Expected Activities and Outcomes**

Our services are coordinated by individual case management and education plans. Our Case Managers and Instructors identify individual goals and needs, the services required to meet these goals and partner with the client to accomplish these goals as an achievement for a better quality of life.

# Target Population

Homeless, Alcoholics, Addicts, Near Homeless, The Poor and Those That Are In Need

## **Collaborators**

Housing Authority of the City of Yuma, City of Yuma, County of Yuma, Western Arizona Counties of Governments, Department of Economic Security, Arizona Collation to End Homelessness, Yuma Regional Medical Center, Salvation Army

#### **Funding Source**

Community contributions, state funding, other grants.

# *Contact Agency* Crossroads

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to care, Mental Health

# **Housing America Corporation**

#### Housing

130 N. state Avenue, P.O. Box 600Somerton, Arizona 85350Phone:(928) 627-4221Fax:(928) 627-4213E-mail:hac@hacorp.orgWebsite:www.hacorp.org

# Mission:

Housing America Corporation is a non- profit organization dedicated to improving communities in the area it serves by providing decent, safe and affordable housing through education and economic opportunity to very low, low and moderate – income individuals and families.

# Project: Self Help Program

# Objective

To provide technical assistance and homeownership education and counseling to self help families.

## **Expected Activities and Outcomes**

To have low and very low income families build their own homes and also prepare them with homeownership education.

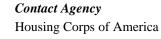
# Target Population

Low and very low income families of Yuma and Mojave Counties.

# **Collaborators**

USDA Rural Development, Rural Community Assistance Corporation (RCAC).

*Funding Source* USDA Rural Development



**Contact Agency** 

Housing Corps of

#### Healthy Gente Healthy Border 2010

Objectives Addressed by this Project



# Objective

To provide families with education counseling and down payment assistance to help them achieve home ownership.

## **Expected** Activities and Outcomes

Provide first time homebuyer education classes to help families in the process of preparing themselves to become homeowners and being successful homeowners in the long run

## Target Population

First time home buyers of Yuma County. America *Collaborators* 

Banks, mortgage companies, tile companies, builders and public housing agencies.

# **Funding Source**

National Council of La Raza (NCLR), Arizona Department of Housing

Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed

by this Project

# **Housing America Corporation**

# Project: Multi Family Housing (Del Pueblo, Colorado/Orchid Street and Amistad Apartments)

# **Objective**

Provide decent, safe and sanitary housing for very low-income families of Yuma County. Assist low-income families in obtaining decent, affordable rental housing.

# **Expected Activities and Outcomes**

HAC hopes that the families that participate in Multi Family program use this opportunity as a stepping stone to homeownership.

# **Target Population**

Low and very low-income families of Yuma County **Collaborators** ESIC - for low income housing tax credits

**Contact Agency** Housing Corps of America

> **Healthy Gente** Healthy Border 2010

**Objectives** Addressed by this Project

Environmental Health,

**Funding Source** USDA Rural Development, HUD, Home Funds, Low Income Housing Tax Credits.

# Life Care Center of Yuma

Yuma

2450 South 19th Avenue Yuma, Arizona 85364 Phone: (928) 344-0425 Fax: (928) 344-3015 E-mail: lawrence\_rugar@LCCA.com Website: Unavailable

## Mission:

We are committed to being a premier nursing, rehab, and long term care provider for our community and region. We endeavor to enhance the quality of life for our residents and staff.

# **Project: Life Care Center**

# Objective

We are committed to being a premier nursing, rehabilitation, and long term care provider for our community and region. We endeavor to enhance the quality of life for our residents and staff.

## **Expected Activities and Outcomes**

To provide high quality nursing and rehab care to those in need of skilled nursing, rehabilitation, respite, and long term care to Improve health, rehabilitation and quality of life.

Target Population Yuma County residents Collaborators Yuma Regional Medical Center

*Funding Source* Medicare, Medicaid, Private Pay, Insurance *Contact Agency* Life Care Center of Yuma



# Northend Health and Wellness

Western Wellness Center 270 Main Street Yuma, Arizona 85364 Phone: (928) 782-9330 Fax: (928) 783-7654 E-mail: snlinde@yahoo.com Website: Unavailable

Mission:

# Project: Western Wellness Center

 Objective

 Health screening, Health promotion, Exercise promotion.

 Expected Activities and Outcomes

 To increase healthy practices in relation to the body and mind (physical fitness, screenings, etc).

 Target Population
 Contact Agency

 Yuma area
 Northend Health and Wellness

Collaborators

Unavailable

*Funding Source* Private funding sources, the fees charged for services, activity fees. Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care

# **Planned Parenthood**

## Yuma

1455 W. 16th Street, Suite C Yuma, Arizona 85364 Phone: (928) 343-3012 (928) 343-4845 Fax: E-mail: rsizemore@ppcna.org Website: www.ppcna.org

# Mission:

Planned Parenthood of Central and Northern Arizona promotes strong families, planned and wanted children, and sexual health for all.

# **Project:** Counseling

# **Objective**

The following counseling services are offered :

- Premarital •
- Pregnancy options
- Marriage
- Individual •

# **Expected Activities and Outcomes**

Counseling at Planned Parenthood include:

- **Unplanned Pregnancy** •
- Recent diagnosis with a sexually transmitted infection
- **Relationship** problems
- Depression, anxiety, and other emotional discomforts
- Problems at school or work •
- Problems within families •

## **Target Population**

Men and women of Yuma County **Collaborators** Unavailable

**Funding Source** Unavailable

# **Project:** Teen Pregnancy Task Force

## **Objective**

To reduce teen pregnancies in Yuma County and surrounding areas.

# **Expected Activities and Outcomes**

To reduce the rate of teen pregnancies, and to improve education about teen pregnancies.

# **Target Population**

Teens in Yuma County and outlying areas.

# **Collaborators**

Various agencies throughout the cities of Yuma and San Luis.

**Funding Source** Various grants



**Contact Agency** Planned Parenthood

> **Healthy Gente** Healthy Border 2010

**Objectives** Addressed by this Project

Maternal, Infant and Child Health, Mental Health

**Contact Agency** 

Unavailable

# **Planned Parenthood**

# **Project:** Positive Force Players

# Objective

Positive Force Players is a driving force in Planned Parenthood's peer-to-peer education program. The Players are a cross-cultural cast of young actors from across the Valley who perform original theater pieces about critical issues that affect today's youth for over 25,000 people each year.

# **Expected Activities and Outcomes**

Subject matter of plays deal with very sensitive issues, including unintended pregnancy, drug and alcohol abuse, domestic abuse, date rape and violence.

Other themes include:

- Addict Family Member
- Body Image
- Date Rape
- Divorce
- Drinking and Driving
- Drug Abuse
- Eating Disorders
- Family Communication
- Gang Awareness
- HIV/AIDS
- Homophobia
- The Macho Image
- Negotiation Skills
- Prejudice
- Relationship Violence
- Rumors & Gossip
- Safer Sex
- Sexual Harassment
- Sexually Transmitted Infections (sexually transmitted infections)
- Smoking
- Social Cruelty
- Stereotypes
- Suicide/Depression
- Teen Pregnancy
- Teen Pressure
- Verbal Violence

# Target Population

Teens of Yuma County Collaborators Unavailable Funding Source Unavailable *Contact Agency* Unavailable

Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

HIV, Injury and Violence Prevention, Maternal, Infant and Child Health, Mental Health, Substance Abuse, Tobacco Use

# **Planned Parenthood**

# Project: Health Care Services

Objective

Services Provided;

- Family Planning Services including all types of birth control.
- Testing and treatment of sexually transmitted diseases.
- HIV testing and counseling for AIDS.
- Medical exams for women and men
- Pregnancy testing
- Pap-Smears (cancer screening)
- Breast exams
- Breast exams and referrals for mammograms
- HOPE (hormonal and contraceptives with optimal pelvic exam)
- (Emergency Contraceptive Pills)
- Treatment of vaginal infections
- Tubal Ligation
- Vasectomy (male sterilization)
- Abortion-medical and surgical
- Mid-Life services -- for women experiencing menopause
- Referrals to other medical programs
- Medical research studies

# **Expected Activities and Outcomes**

Unavailable *Target Population* All men and women of Yuma County *Collaborators* Unavailable *Funding Source* Unavailable

Contact Agency Planned Parenthood

# **Project:** Sexual Education

# Objective

Including Parenting classes: Puberty education; Court mandated parent information classes; Sexuality education and programming for individuals with developmental and physical challenges; S.A.F.E programs for schools and youth organizations.

Expected Activities and Outcomes Unavailable Target Population All men and women of Yuma County Collaborators Unavailable

*Funding Source* Unavailable

*Contact Agency* Planned Parenthood

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

HIV, Maternal, Infant and Child Health

Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Access to care, Cancer, HIV, Immunizations and Infectious Diseases, Maternal, Infant and Child Health

# Quechan Indian Tribe

Social Services

P.O. Box 1899 Yuma, Arizona 85366-1 Phone: (760) 572-0201 Fax: (760) 572-2099 E-mail: m.swafford@quechantribe.com Website: Unavailable

## Mission:

Provide temporary financial assistance and referral to other resources and advocacy to ensure that Indian children remain with family, extended family and community of tribal members.

# **Project: Indian Health Services**

# Objective

Treat physical and mental conditions.

# **Expected Activities and Outcomes**

Provision of health care *Target Population* Native Americans only Services *Collaborators* U.S. Public Health Service

*Funding Source* U.S. Government

# Project: Stop Violence Against Indian Women

## Objective

Enhance women's ability to resolve or leave violent situations and advocate as necessary, because No woman "Deserves" violent treatment or abuse.

## **Expected Activities and Outcomes**

Provide advocacy to obtain restraining orders, orders for protection, develop safety plan, transport to shelter and counseling. *Target Population*Native American Women in service area (reservation, Ouechan Indian Health Services)

Native American Women in service area (reservation, bard, Yuma, Winterhaven).

# **Collaborators**

Woman Haven, Safe House, Ambercy's Place, Quechan Social Services, Courts of Jurisdiction.

# **Funding Source**

U.S. Department of Justice, Quechan Indian Tribe.

Contact Agency Quechan Indian Health

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to care

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Injury and Violence Prevention , Maternal and Child Health

# Quechan Indian Tribe

# **Project:** Social Services

*Objective* Provide temporary services-crisis resolution.

# **Expected Activities and Outcomes**

Problem resolution, economic, individual self-sufficiency *Target Population* 

Enrolled Native Americans (FEDL Recognized Tribes) in service. Area: Winterhaven, Bard, Yuma, FT.Yuma Indian Reservation

# Collaborators

Bureau of Indian affairs, U.S. Govt.; Quechan Indian Tribe; Imperial county social services, yuma county (AZ-DES).

*Funding Source* U.S. Government

# **Project:** Family Reunification

# Objective

Due to the disproportionate incidence rate of violence because of history of cultural disruption since European Contact, this programs seeks to safely return abused children to natural parent, and/or extended family or residence with a Native American Home on the Reservation. To preserve individual and tribal identity and culture.

# **Expected Activities and Outcomes**

Safe and Healthy children maturing to healthy self-sufficient adults.

*Target Population* Children under age 18

*Contact Agency* Quechan Indian Tribe

**Contact Agency** 

Quechan Indian Tribe

*Collaborators* Imperial County Social Services, Indian Health Service, Yuma County Social Services

*Funding Source* State of AZ-DES; Quechan Indian Tribe Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Injury and Violence Prevention

Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project

Access to care

# **Somerton/Cocopah Fire Department**

**Fire/E.M.S Services** 135 N. State Av Somerton, Arizona 85350 Phone: (928) 627-4165 (928) 627-3794 Fax: E-mail: Unavailable Website: Unavailable

# Mission:

We foster a philosophy that values employees and contributions, promotes teamwork, and participation. We provide the highest quality of customer care, and assure a positive atmosphere directed towards the service we are providing.

**Contact Agency** 

Somerton-Cocapah Fire

# **Project:** Cardiovascular-Heart saver

**Objective** To provide CPR classes to the public in the area

# **Expected Activities and Outcomes**

For the people who reside in this area to know how to perform CPR.

**Target Population** 

The area in which we respond for emergency services Department

**Collaborators** Unavailable

**Funding Source** General funds

# **Project: Emergency, Fire and EMS Services**

## **Objective**

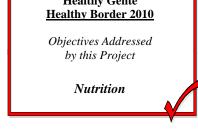
Provide complete Emergency, Fire and EMS service for the community .

# **Expected Activities and Outcomes**

Public education. Code development and enforcement Comprehensive fire investigation. Fire inspections, plans and reviews. Provide Non-emergency support services designed to provide a safe community.

Target Population	Contact Agency
Unavailable	Somerton-Cocapah Fire
Department	Healthy Gente
Collaborators	Healthy Border 2010
Unavailable	
Funding Source	Objectives Addressed by this Project
Unavailable	by this I toject
	Access to care, Injury and Violence Prevention

**Healthy Gente** Healthy Border 2010 **Objectives Addressed** by this Project Nutrition



## **Sunset Community Health Center**

#### 115 N. Somerton Ave.

SomertonArizona 85350Phone:(928) 627-2051Fax:(928) 627-3857E-mail:wreel@compuserve.comWebsite:Unavailable

#### Mission:

To build a healthy community by providing affordable, accessible quality health care services with dignity and respect for all.

### **Project:** Sunset Diabetes Outreach and Education Program.

#### Objective

Promotoras will conduct outreach to 1600 individuals during the 3 year span of the grant and recruit 480 individuals to attend afive week diabetes education intervention.

**Contact Agency** 

Sunset Diabetes Outreach and Education Program

#### **Expected Activities and Outcomes**

During the 3 year grant, we will provided a five week diabetes education intervention to 480 individuals.

#### Target Population

Farm workers and their families in Yuma County.

#### **Collaborators**

Yuma Regional Medical Center, Puentes de Amistad, Rural Health Office.

#### **Funding Source**

Rural Health Outreach grant through Health Resources and Services Administration, Rural Health Policy.

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to care, Diabetes, Nutrition

## **University of Arizona Cooperative Extension**

Yuma County 2200 W. 28th Street, Suite 102 Yuma, Arizona 85364 Phone: (928) 726-3904 Fax: (928) 720- 8472 E-mail: Unavailable Website: <u>http://www.ag.arizona.edu</u>

#### Mission:

Extension's mission is to stimulate learning through exploration and discovery to enhance agriculture, the environment, our natural resource base, family and youth well-being, and the development of local communities.

### **Project:** Border Health SI

#### Objective

To promote physical activity and good nutrition as prevention strategies, and reduce the prevalence of diabetes and other chronic diseases.

#### **Expected Activities and Outcomes**

Reduce the high incidence of diabetes and other chronic diseases along the border through promoting physical activity and good nutrition.

#### Target Population

South Yuma County, Arizona

*Contact Agency* University of Arizona-Cooperative Extension

#### **Collaborators**

Western Arizona Health Education Center, Sunset Community Health Center, Campesinos Sin Fronteras, Puentes de Amistad and UA CoPH and Rural Health Office Faculty

#### **Funding Source**

Federal Appropriations through CDC to the University of Arizona College of Public Health.



## Project: Bone Builders -Osteoporosis Awareness and Prevention

#### Objective

Raise awareness of the impact of osteoporosis on Arizona residents through education, communication, and public activity.

#### **Expected Activities and Outcomes**

Raise awareness among residents. Provide education, promote appropriate diagnosis and treatment, and improve prevention strategies, screening, and treatment.

#### Target Population

Women 25 years and older and men over 65.

**Collaborators** 

University of Arizona, county health departments, health providers, and interested citizens. *Funding Source* Arizona Department of Health Services, Arizona Osteoporosis Coalition, and the University of Arizona.

*Contact Agency* University of Arizona-Cooperative Extension

## **University of Arizona Cooperative Extension**

### Project: Yuma on the Move

#### **Objective**

To understand the benefits of physical activity, and to have people change their lifestyle to include physical activity.

#### **Expected Activities and Outcomes**

To have the participants change their lifestyles to include physical activity, to become more active and less sedentary.

Target Population

Yumans 30-64 years of age

*Contact Agency* University of Arizona-Cooperative Extension

#### Collaborators

University of Arizona, Yuma Regional Medical Center, Yuma Friends of the Arizona Health Sciences Center, YCHD, City of Yuma Parks and Recreation, Crane School District, Get in Gear, Yuma area YMCA, and Yuma School District #1

#### **Funding Source**

University of Arizona-Cooperative Extension



Nutrition, Diabetes, Cancer

Regional Center for Border Health 1896 East Babbit Lane, P.O. Box 1669 San Luis, Arizona 85349 Phone: (928) 627-9222 Fax: (928)-627-8315 E-mail: aaguirre@wahec.com Website: http://www.azahec.org/centers/wahec/index.asp

#### Mission:

Improve access to quality healthcare for Arizona's rural and underserved communities through the improvement of the recruitment, retention and distribution of healthcare providers across the state.

## Project: WAHEC-Regional Center for Border Health

#### Objective

The April 6, 2001 ground-breaking ceremony for the Regional Center for Border Health marked the success of a dream for WAHEC to establish a comprehensive center for primary care, community outreach and health education in the City of San Luis. The center was open in May 17, 2002 and is designed to improve the effectiveness of medical services in San Luis, Arizona. The partnership with Women's Health Specialists and Yuma Pediatric Associates have allowed WAHEC to bring medical services to this very isolated and underserved community.

#### **Expected** Activities and Outcomes

Establish a comprehensive center for primary care, community outreach and health education in the City of San Luis

Target Population

*Contact Agency* WAHEC

*Collaborators* Women's Health Specialists and Yuma Pediatric Associates

## *Funding Source* Unavailable

### Project: "Paso a Paso." A Physical Activity and Cardiovascular Diseases Awareness Program.

#### **Objective**

This program is implementing community nutrition/walking clubs and education to prevent cardiovascular diseases

*Expected Activities and Outcomes* Unavailable

*Target Population* Women of Yuma County *Collaborators* Unavailable

*Funding Source* Unavailable

*Contact Agency* WAHEC

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Diabetes, Nutrition

### **Project:** Cancer Prevention for Post-Reproductive Age Women Along the US-Mexico Border

#### Objective

This program is a two year intervention study conducted in the communities of Yuma, Somerton and San Luis, Arizona withinan established and well characterized community-based cohort of post reproductive age women. The purpose of this study is to assess the effectiveness of an educational interventional on the utilization of cancer screening services and cancer awareness among old poor Hispanic women.

#### **Expected** Activities and Outcomes

Assess the effectiveness of an educational intervention on the utilization of cancer screening services and cancer awareness among old poor Hispanic women.

#### Target Population

Cohort of post reproductive age women Yuma, Somerton and San Luis, Arizona

Collaborators Unavailable

*Funding Source* Unavailable

*Contact Agency* WAHEC



## Project: National Community Health Workers/Promotoras Conference

#### Objective

For 10 years, WAHEC has sponsored and coordinated the National Health Workers/Promotoras Conference. These conferences began to attract lay health workers/promotores from all over the United States and Mexico. In 1998, the Lay Health Workers/ Promotores Conference became national and brought together more than 350 promotores. Last year the conference was held in San Antonio, Texas and reflected more than just a deeper understanding of health: it was an appreciation and celebration of health and diversity. Over 400 lay health workers from all corners of the United States and Mexico enjoyed the three days of Train-the-Trainers and Workshops sessions presented.

*Expected Activities and Outcomes* Unavailable *Target Population* Lay health workers/promotores from all over the United States and Mexico

*Collaborators* Unavailable

*Funding Source* Unavailable

*Contact Agency* WAHEC



## Project: AHEC State and Federal Programs

#### Objective

The AHEC's programs are focused on Matriculation into Post-Secondary Education Programs for Health Profession, Graduation From Post-Secondary Education Program in Health Profession and Employment in Rural Practice and Retention of Health Professionals.

## *Expected Activities and Outcomes* Unavailable

#### Target Population

Health Professionals of Yuma County *Collaborators* Unavailable *Funding Source* Unavailable *Contact Agency* WAHEC

**Contact Agency** 

WAHEC

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

## Project: The Community Access Program of Arizona (CAPAZ)

#### Objective

Funded in March of 2001, CAPAZ has been designed to strengthen the medical "safety net" among practitioners serving residents in Yuma County and work with medical providers to improve access to medical services in four selected U.S. Mexico border communities.

Expected Activities and Outcomes Unavailable Target Population Practitioners serving residents in Yuma County Collaborators Unavailable

*Funding Source* Unavailable



## Project: Southern Arizona Border Health Careers Opportunity Program

#### Objective

The primary goal of the program is to recruit students into health career pathways. Health career clubs are established at high schools and collegiate levels. The clubs are intended to give students the exposure necessary to pursue a career in medicine.

#### **Expected Activities and Outcomes**

Give students the exposure necessary to pursue a career in medicine. *Target Population* 

Students Collaborators Unavailable

*Funding Source* Unavailable

*Contact Agency* WAHEC Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

## Project: Well Woman Health Check Program

#### Objective

A breast and cervical cancer screening diagnosis, serving selected communities, functioning under the auspices of the Arizona Department of Health Services. The program offer services to women living under the 250% of the Federal Poverty Level.

**Contact Agency** 

WAHEC

WAHEC

#### **Expected** Activities and Outcomes

Breast and cervical cancer screening diagnosis *Target Population* Women living under the 250% of the Federal Poverty Level

*Collaborators* Unavailable

*Funding Source* Unavailable

## Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project **Cancer**

## **Project: WAHEC/HETC**

#### Objective

This project extends the basic AzAHEC mission to educate health care professionals and the community, providing medical services by initiating a community-oriented strategy that uses students from multiple health care disciplines to educate. WAHEC/HETC was instrumental in the formalization and coordination of the Binational San Luis R.C., Sonora/Yuma County, Arizona Health and Environmental Council since 1992.

#### **Expected** Activities and Outcomes

Provide health professional education, community awareness on disease prevention, health promotion, Binational collaboration to facilitate and find solutions to public health and environmental issues impacting our border area.

#### Target Population

Yuma, Somerton, Gadsden, San Luis, Arizona and San Luis R. C., Sonora, Mexico

#### Collaborators

Yuma County Department of Health Services, The Excel Group, Yuma Regional Medical Center, Yuma County AHCCCS, Women's Health Specialist, Pediatric Associates of Yuma, Sunset Community Health Center, School Base Programs, Planned Parenthood, Arizona Western

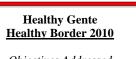
College, Northern Arizona University, U of A Cooperative Extension, Gadsden School District, Somerton School District, Yuma School District, Western Arizona council of Governments ,Chicanos por la Causa, Border Health Foundation Puentes de Amistad, City of San Luis, City of Somerton, City of Yuma, The Cocopha Indian Tribe, Cultural Council of Yuma, Yuma County Chamber of Commerce, Consulado de Mexico, Hospice of Yuma, Binational Partners, Servicios de Salud de Sonora

#### Funding Source

MEXFAMHRSA, EPA, BHP/HRSA, Private Foundations, AzAHEC System, Health Sciences Center University of Arizona, Arizona Instituto Mexicano del Seguro SocialDepartment of Health Services, and local organizations. City of San Luis R. C. Sonora

CECATI and CBATIS, Arizona Partners: Arizona Department of Health Services, American Lung Association'

Contact Agency



Healthy Border 2010 Objectives Addressed by this Project

## Project: Gotitas de Aire

#### Objective

A program committed to improve asthma morbidity by helping people with asthma understand how they can better control their condition; by working with the health systems so that individuals understand the importance of implementing the National Asthma Education and Prevention Program guidelines, and working through schools so that we can most directly affect the health of children in Yuma County.

## Expected Activities and Outcomes

Unavailable *Target Population* Children of Yuma County *Collaborators* Unavailable

*Funding Source* Unavailable

## Project: Border Vision Fronteriza Program

#### Objective

This program trains community health workers as KidsCare/SCHIP specialists to work within selected sites to recruit, document, secure enrollment, and encourage re-certification of children eligible for Arizona Health Care Cost Containment System and the Arizona Children's Health Insurance program.

#### **Expected Activities and Outcomes**

Unavailable *Target Population* Infants and Children of Yuma County *Collaborators* Unavailable

*Funding Source* Unavailable

## Project: School Health Index Program

#### Objective

The program assist schools in implementing physical activity and good dietary habits pertaining to improve the health of children.

Expected Activities and Outcomes Unavailable Target Population School-aged children of Yuma County Collaborators Unavailable

*Funding Source* Unavailable

*Contact Agency* WAHEC



Access to care

*Contact Agency* WAHEC Healthy Border 2010
Objectives Addressed

**Healthy Gente** 

by this Project Nutrition

*Contact Agency* WAHEC Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Respiratory Diseases

## **Project:** Transferring Technical Capacity to the Community:

#### Objective

This is a comprehensive, community oriented effort to reduce the risk and complications of diabetes.

<b>Expected Activities and Outcomes</b>
Unavailable
Target Population
Yuma County Residents
Collaborators
Unavailable
Funding Source
Unavailable

<b>Contact Agency</b>
WAHEC

## Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project Diabetes

## Project: Between Friends/Entre Amigas

#### Objective

A community outreach program on breast and cervical cancer awareness education, self- esteem, nutrition, menopause, osteoporosis and physical activity.

Expected Activities and Outcomes Unavailable Target Population Women of Yuma County Collaborators Unavailable Funding Source Unavailable

### *Contact Agency* WAHEC

Healthy Gente Healthy Border 2010 Objectives Addressed by this Project

Cancer, Nutrition

Project: Community-Based After School Program

#### Objective

This program provides different activities such as: Caring role models: Students need ongoing relationships with school and community members who can provide the right support and direction at the right time. A "youth development" approach: A sports activity is not just throwing a ball around, but a chance to develop youth leadership. A balance of activities: Students need homework help, fun and educational projects and education regarding nutritious snacks and physical exercise, etc. This program will be extended during the summer of 2003.

#### **Expected Activities and Outcomes**

Unavailable *Target Population* Adolescents of Yuma County *Collaborators* Unavailable

*Funding Source* Unavailable *Contact Agency* WAHEC



## Project: Project Hero

#### Objective

This program provides community health education and health promotion engaging students, practitioners and community-based health and human services partners in Yuma County. The program offers CE/CME programs for medical providers focusing on adolescent health related issues, including but not limited to substance abuse, sexually transmitted disease, and violence, domestic violence, depression, teen suicide and the importance of physical education and good nutrition.

*Expected Activities and Outcomes* Unavailable

#### Target Population

Community health education and health promotion engaging students, practitioners and community-based health and human services partners in Yuma County.

*Collaborators* Unavailable

*Funding Source* Unavailable

*Contact Agency* WAHEC

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

HIV, Injury and Violence Prevention, Mental Health, Nutrition, Substance Abuse

## Yuma Children's Rehabilitative Services

Arizona Department of Health Services 2400 South Avenue A Yuma, Arizona 85634 Phone: (928) 336-7095 Fax: (928) 336-7497 E-mail: EVILLALPANDO@yumaregional.org Website: www.hs.state.az.us/phs/ochcn/crs

#### Mission:

The mission of Children's Rehabilitative Services is to improve the quality of life for children by providing family-centered medical treatment, rehabilitation, and related support services to enrolled individuals who have certain medical handicapping, or potentially handicapping conditions.

### Project: Yuma Children's Rehabilitative Services

#### Objective

Children's Rehabilitative Services is a medical Diagnosis driven program. CRS provides services for the following types of conditions:

- Deformities present at birth or acquired, such as club feet, dislocated hip, cleft lip and/or palate, mal-united fractures, scoliosis, pina bifida, and congenital GU and GI anomalies.
- Many muscle and nerve disorders
- Some conditions of epilepsy
- Congenital heart disease
- Cerebral Palsy
- Cystic Fibrosis
- Burn scars which cause functional limitations
- PKU and other related metabolic disorders
- Sickle Cell Anemia
- Neurofibromatosis
- HydrocephalusUnavailable

#### **Expected** Activities and Outcomes

Unavailable

#### **Target Population**

Arizona residents with eligible covered medical conditions.

#### Collaborators

CRS has four sites: Phoenix, Tucson, Flagstaff & Yuma

#### Funding

Title XIX, Title XXI and also Title V



*Contact Agency* Child Rehabilitative Services

2200 W 28th Street Yuma, Arizona 85364 Phone: (928) 343-0098 Fax: (928) 783-1252 E-mail: Unavailable Website: www.co.yuma.az.us

#### Mission:

To provide customer focused, cost effective health services which promote healthy lifestyles and prevent disease and disability. We contribute toward the accomplishment of our Mission in a variety of ways. Among these are programs that:

- Provide services that prevent epidemics and the spread of disease,
- Protect against environmental hazards,
- Promote and encourage healthy behaviors and,
- Refer individuals to appropriate health services.

### Project: Yuma County Dental Sealant Program

#### **Objective**

Through dental screening, identify 2nd and 6th graders who could benefit from dental sealants, and provide dental sealants to children that need them.

**Contact Agency** 

**Contact Agency** 

Lisa Medrow

YCHD-Office of Oral Health

#### **Expected Activities and Outcomes**

For dentists to perform dental screenings to the target population, and for hygienists to place the dental sealants.

**Target Population** 

2nd and 6th graders in schools interested in having the program (in Yuma County).

Collaborators

Arizona Dental Health Services, Yuma County dentists, hygienists, and assistants.

*Funding Source* Arizona Department of Health Services

### Nutrition Manager Division

### Project: Arizona Nutrition Network Program

#### Objective

Reduce risk factors of diet-related chronic diseases such as cardiovascular disease, cancer, obesity, and osteoporosis. Deliver the common nutrition messages to the low income population.

#### **Expected Activities and Outcomes**

Teaching the 5 a Day Program, Building Better Bones, and other nutrition-related topics. Food and phone contacts and breastfeeding mothers.

#### **Target Population**

School children, adults, and breastfeeding mothers from low income sectors.

#### Collaborators

Schools, Yuma Community Food Bank , Senior Centers, Grocery Stores and Libraries

#### **Funding Source**

Yuma County Health Department, ADHS (Funding originates from USDA/DES Food Stamp and Federal grants, Local Incentive Award Program

Access to care, Oral Health





## **Project:** Women Infant and Children Program (WIC)

**Objective** 

To improve nutrition status of women, infants, and children.

#### **Expected Activities and Outcomes**

Improve health status through: Nutrition counseling, immunization referrals, breastfeeding support, individual counseling and classes, referrals to a variety of health and social services

#### **Target Population**

Pregnant and nursing women and children under the age of 5.

**Collaborators** Social service agencies, nursing, immunizations, HUD housing.

Funding Source

Yuma County Health Department, USDA though ADHS. Federal Funds

## **Project:** Community Nutrition Program

**Objective** 

Increase fruits, vegetables and grains and decrease fat.

#### **Expected** Activities and Outcomes

Provide 5 a Day Program to approx. 800 3rd graders. **Target Population** 

Low-income schools - Students.

**Collaborators** Low-income school districts and grocery stores.

**Funding Source** Arizona Department of Health Services **Contact Agency** Health Promotions Division

> **Healthy Gente** Healthy Border 2010

**Objectives Addressed** by this Project

Access to care, Maternal, Infant and Child Health

**Contact Agency Community Nutrition Program** 

## **Director of Nursing Division**

### **Project:** Nurse Case Management for Pregnant Teens

#### **Objective**

To provide nurse case management for pregnant teens under 20 yeas of age. To identify pregnant teens early to increase their abilities to attain pre-natal care early on in their pregnancy to promote better health outcomes. Early initiation of prenatal care will help produce healthier mothers and babies. Teachings obtained in this program will help promote better decision making in the future.

**Expected Activities and Outcomes** 

Reduce future teenage pregnancy rates. **Target Population** Yuma County teens under 20 years of age. **Collaborators** Multidisciplinary Maternal and Child Health Advisory Committee. Funding Source Prenatal Block Grant

**Contact Agency** Nursing Division



Health

**Healthy Gente Healthy Border 2010 Objectives** Addressed by this Project

Nutrition



### **Project:** Prenatal Care and Pregnancy Testing

Objective

Provide referral service and pregnancy testing for women and teens and follow -up after birth.

### **Expected Activities and Outcomes**

Unavailable *Target Population* Unavailable *Collaborators* Unavailable

Contact Agency YCHD-Nursing Division, Family Planning Program

*Funding Source* Unavailable Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project Access to care, Maternal,

Infant and Child Health

## Project: High-Risk Child Health

#### Objective

To reduce infant and child mortality, morbidity, and long-term developmental disability through home visits by specially trained community health nurses and support staff.

#### **Expected** Activities and Outcomes

Home visits by public health nurses trained to provide infant/child health exams, guidance in: normal growth and development, nutrition, and instruction in special treatments.

#### **Target Population**

Children from birth to 17 years of age with special health problems (prematurely, birth defects, and chronic medical problems).

#### *Contact Agency* YCHD-Nursing Division, High Risk Child Program

*Collaborators* Unavailable

*Funding Source* Unavailable



## **Project: Babes Program**

#### Objective

Teach values, decision making and provide counseling through a puppet programming Yuma County Public Schools.

#### **Expected Activities and Outcomes**

A puppet program will be distributed to be used in schools programs and by school counselors to encourage life lessons.

*Target Population* Yuma County teens under 20 years of age. *Contact Agency* YCHD-Nursing Division

#### **Collaborators**

Multidisciplinary Maternal and Child Health Advisory Committee.

*Funding Source* Donations

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project

Maternal, Infant and Child Health

### **Project:** Immunizations

**Objective** 

Immunize adults and children at low cost.

#### **Expected Activities and Outcomes**

Vaccines Available for Adults Include

- Tetanus Diphtheria (Td) •
- Hepatitis A
- Hepatitis
- Measles, Mumps, Rubella (MMR)
- Pneumovax
- Flu (during Flu season only)

Child Immunizations:

The fee for child immunizations is \$10.00 per visit. The fee is \$10.00 whether the child gets 1 immunization or more than 1 immunization. If on AHCCCS present your card, the fee will be waived and AHCCCS will be billed. No one will be turned away for inability to pay.

#### **Target Population**

Unavailable

**Collaborators** Unavailable

**Funding Source** Unavailable

## **Project: Teen Pregnancy**

#### **Objective**

Provide confidential testing, education and counseling to the teen population **Expected Activities and Outcomes** 

- Teen Prenatal Care offers free and confidential testing on a walk in basis and by appointment.
- Talks on Teen Pregnancy related topics, prenatal counseling and education is offered. •
- Confidential sexually transmitted disease and HIV testing is offered at low cost, yet no person will be denied services due to their inability to pay.
- Follow up and support in locating services is also offered to teens.

#### **Target Population**

Unavailable Division, Family Planning **Collaborators** Unavailable

**Funding Source** Unavailable

**Contact Agency** 

**YCHD-Nursing** 

**Healthy Gente** Healthy Border 2010

**Objectives** Addressed by this Project

Immunizations and Infectious Diseases, Maternal, Infant and Child Health

**Healthy Gente** Healthy Border 2010

> **Objectives** Addressed by this Project

Access to care, HIV, Maternal, Infant and Child Health

**Contact Agency** 

YCHD-Nursing Division, Immunizations

### Project: Comenzando Sano -Health Start Program

#### Objective

Provide referral service for pregnant women and follow up after birth to give the mother and her baby, the best chance for success as the child grows and develops.

#### **Expected Activities and Outcomes**

Provide outreach prenatal education, referral services to pregnant women throughout the course of their pregnancy. Follow-up services are offered once the child is born and continues into the child's fourth year. Home visits and education classes are offered to women and their families to talk about breastfeeding, family planning, and immunization monitoring.

Target Population

Unavailable *Collaborators* Unavailable

*Funding Source* Unavailable

## Project: TB Clearance Cards

*Objective* Reduce the spread of Tuberculosis in the workplace in the Yuma County by the screening at risk individuals.

#### **Expected Activities and Outcomes**

Provide tuberculin skin test for individuals employed in nursing home, daycare centers, or other jobs requiring TB screening.

*Target Population* Health care workers, nursing homes, long term patients

**Collaborators** 

*Funding Source* Unavailable

### Project: Arizona Community Network Quechan Indian Tribe-Senior Nutrition Project

#### Objective

To provide nutrition education information and training to the elders.

**Expected Activities and Outcomes** 

Unavailable *Target Population* Family unit with the elder the primary contact.

*Contact Agency* Nutrition Division

## *Collaborators* Unavailable

*Funding Source* Arizona Department of Health Services-Local Incentive Award Program

#### Healthy Gente <u>Healthy Border 2010</u>

Objectives Addressed by this Project Access to care, Immunizations and Infectious Diseases, Maternal, Infant and Child Health, Nutrition

*Contact Agency* YCHD-Nursing Division, Health Start Program

Contact Agency YCHD-Nursing Division, Communicable Disease Program

> Healthy Gente Healthy Border 2010

Objectives Addressed by this Project Access to care, Immunizations and Infectious Diseases



### Project: Tuberculosis (TB) Control Program

#### Objective

Yuma County by screening at-risk individuals. To protect, educate, and treat the public for tuberculosis.

#### **Expected Activities and Outcomes**

Provide diagnostic, case, and preventive treatment services. Consultation is provided about the disease including prevention and control measures. Individuals are provided education, and are monitored throughout the course of their treatment.

#### Target Population

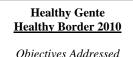
Health care workers, nursing home population, long time care patients.

*Collaborators* Unavailable

*Funding Source* Unavailable

#### **Contact Agency**

YCHD-Nursing Division, Communicable Disease Program



Objectives Addressed by this Project

Immunizations and Infectious Diseases

### Health Promotion Manager Division

### **Project: Tobacco Use Prevention**

#### **Objective**

Reduce the use of tobacco through education and intervention.

#### **Expected Activities and Outcomes**

The Yuma County Tobacco Program works to increase awareness and understanding of the harmful effects of tobacco and to change attitudes and perceptions regarding tobacco use issues. A worksite wellness package that includes tobacco information and assistance with creating job specific tobacco policy is available through our partnership with The American Cancer Society. School children are reached through age appropriate presentations that include puppet shows as well as peer leadership training in selected schools. Community events such as the Farm Workers Health Fair, The Great American Smoke out, and Kick Butts Day, are examples of the many events that serve as opportunities to raise awareness and to counter advertise. Anyone residing in Yuma County is eligible for free cessation classes taught in English or Spanish. Nicotine replacement therapy (patches, gum, nasal spray, or Rx medication) is available at a 50% discount by using a voucher system administered through the cessation classes. Community members can access free prevention literature in many local doctor's offices, at local agency sponsored health fairs, and by calling or stopping by the Tobacco Program office at the Health Department.

*Target Population* Yuma County Residents *Collaborators* Unavailable

*Funding Source* Unavailable

Contact Agency YCHD-Health promotions Manager Division



## **Project:** Injury Prevention Program

#### Objective

To reduce the number of child motor vehicle deaths and injuries. Injury Prevention Programs include :

- K.I.S.S. (Kids In Safety Seats) Child occupant protection program
- SAFE KIDS Coalition (find out more or become involved)
- Bike Helmets & Bike Safety

#### **Expected Activities and Outcomes**

#### K.I.S.S. Program: (Kids In Safety Seats)

This program provides families the way to purchase child safety seats, by allowing them to purchase them at a substantial discount. Infant-only seats sell for \$20-25 depending on model. Convertible seats (work as infant and toddler seat) and high-back booster seats sell for \$25. Families must attend a 1-hour training class before receiving their seat.

*Yuma County SAFE KIDS Coalition* was started in 1992. We are affiliated with the National SAFE KIDS Campaign out of Washington, DC. The coalition is made up of all kinds of people; parents, business people, people in health care, law enforcement, EMS (Emergency Medical Services), educators, nurses, various agencies and organizations... and we are always looking for others. We deal with a wide-range of preventable injuries including: Drowning, poisoning, falls, burns (electrical, fires, & scalds), choking, and vehicular (motor vehicle, pedestrian and bicycle). Our motto is "Safe Kids is No Accident". Yuma County SAFE KIDS has programs involving various unintentional injury areas including; motor vehicle safety "car seats", bicycle safety, water safety, burn and fire prevention, child abduction, falls and choking prevention. Yuma County

*SAFE KIDS* initiated the current bicycle helmet ordinance in the City of Yuma requiring all kids under age 18 to wear a bicycle helmet when riding their bicycles in Yuma. SAFE KIDS members help at: Car seat checkups, health fairs, clubs, other exhibits and at other organizations as requested

#### Bicycle Safety & Helmets

HELMETS: The Program offers helmets to the public at a substantial discount (\$10) in sizes from infant to adult. All helmets are SNELL Foundation or ANSI approved for safety, and come in a variety of colors and styles. Presently all bike helmets are only \$10.00 regardless of size. We carry helmets from toddler to adult (allowing mom and dad to be good role models and wear their helmets too).

#### Target Population

All, but specialize on minority and low-income families.

Contact Agency YCDPH-Health Promotions Division Program

#### Collaborators

Yuma County Health Department, Yuma Fire and Police, YRMC, Cities of Somerton and San Luis, AZ. *BIKE SAFETY:* We work with local parks and recreation and law enforcement (many of which are on our SAFE KIDS Coalition)

#### **Funding Source**

The funding for the helmets come from donations to SAFE KIDS and all proceeds goes back to SAFE KIDS for additional activities such as bicycle safety rodeos and education classes.

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Injury and Violence Prevention

## **Project:** Sexually Transmitted Disease (STD) Program

#### **Objective**

This program deals with disease intervention activities to prevent disease transmission through education and by assuring that people who have a treatable STD or those that have been exposed to STD are, by referral, promptly examined and adequately treated

#### **Expected Activities and Outcomes**

STD prevention presentations, with power point, are provided to groups of 12 or more people and are available in English and Spanish as time permits. The STD program, by referral, promotes health and disease management as well as provide support and contact follow-up to insure that clients are screened, examined and treated properly.

#### **Target Population**

Yuma County Residents **Collaborators** Unavailable

**Funding Source** Unavailable

## **Project:** Tobacco Use Prevention Program

#### **Objective**

To educate the public about the dangers of Tobacco use and to give support to those trying to quite.

#### **Expected Activities and Outcomes**

Peer Education : Middle school children are presented with Tobacco prevention education, who then give the same workshops to 5th and 6th grade students.

Kindergarten through 4th grade teachers can also receive modified Tobacco Prevention curriculum to present in their classrooms ..

#### **Target Population**

Children and adults.

#### **Collaborators**

Yuma County Prevention and Education, University Cooperative Extension, Puentes de Amistad

**Funding Source** Unavailable

#### **Contact Agency**

**Contact Agency** 

YCDPH-Health Promotions Division, Tobacco Use Prevention Program

> **Healthy Gente** Healthy Border 2010

**Objectives Addressed** 



### **Project: HIV Outpatient Program**

#### **Objective**

The mission of the office of HIV Services is to prevent further transmission of HIV and to increase the quality of life among those already infected through education, prevention, monitoring, treatment and services. HIV Services are located within the Yuma County Health Department, Health Promotions Division. The program has three staff members and is organized into three divisions: COMMUNITY OUTREACH AND PREVENTION; CARE AND SERVICES; AND SURVEILLANCE AND RESEARCH.

#### **Expected** Activities and Outcomes

Community Outreach and Prevention – Provides resources to prevent further transmission of HIV infection and delay the onset of symptoms in persons already infected. Services include targeted HIV prevention educational programs, counseling and testing services, workshops, and training. Contact the Health Educator Monday through Friday from 8 a.m. to 5 p.m. Some evening can be accommodated.



## Project: HIV Outpatient Program (continued)

#### **Expected Activities and Outcomes**

HIV Care and Services – Provides HIV care and support services throughout Yuma and La Paz Counties to persons living withHIV disease. These services are in the areas of medical, AIDS Drug Assistance Program (ADAP), health and social support. The Partner Services Unit can assist HIV positive individuals with informing their sex partners or train providers to perform counseling and referral services for patients.

Surveillance and Research – Tracks the number of individuals infected with HIV in order to watch the trends of the epidemic. This information is used to target prevention activities, HIV care, and support services. HIV/AIDS data for the state of Arizona is available through the Arizona Department of Health Services (ADHS).

#### Target Population

Services for individual living with HIV/AIDS and their families.

Contact Agency YCDPH -Health Promotions, HIV Services

### Collaborators

Unavailable

*Funding Source* Unavailable

### **Project: Health Start**

#### Objective

Provide referral service for pregnant women and follow-up after birth and give them the best chance for success as the child grows and develops.

#### **Expected Activities and Outcomes**

HEALTH START / Comienzo Sano Program provides outreach prenatal education, referral services to pregnant through home visits and prenatal classes. Prenatal classes are held in Yuma, Somerton and San Luis and are bi-lingual and free of charge. Continuing services throughout the course of their pregnancy and follow-up services once the child is born for a period of two years. Low income women living in Yuma, Somerton, San Luis, Wellton and Eastern Yuma County who, wish help with referrals or want education through classes and home visits, are targeted. The purpose of the follow-up visits is to educate the family on: Breastfeeding, family planning, monitoring and referral for immunizations, etc. Also see section on Pregnancy Testing.

#### Target Population

Pregnant women and recent mothers.

#### **Collaborators**

Unavailable

*Funding Source* Arizona Department of Health Services

#### **Contact** Agency

YCHD-Health Promotions Division, Health Start Program

> Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Access to care, Immunizations and Infectious Diseases, Injury and Violence Prevention, Maternal, Infant and Child

Objectives Addressed by this Project Access to care, HIV, Mental

Health

Healthy Gente Healthy Border 2010

### Project: KidsCare

*Objective* Unavailable

### le

#### **Expected Activities and Outcomes**

KidsCare is the Arizona health insurance program for children who do not qualify for AHCCCS.

#### Target Population

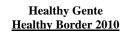
All Arizona Residents, with US Citizen status or 5 years legal resident with no current health insurance.

*Collaborators* Unavailable

*Funding Source* Unavailable

#### **Contact Agency**

YCHD-Health Promotion Division, Kid Care Program



Objectives Addressed by this Project

Access to care, Immunizations and Infectious Diseases, Maternal, Infant and Child Health

## Project: Physical Activity

**Objective** 

Increase physical activity among children and adults of Yuma County.

#### **Expected Activities and Outcomes**

Provides programs for children (in schools for 4-8 grade) and adults that promote physical activity. The children's program is known as the PLAY (promoting lifetime activity in youth) program and is offered to teachers in all schools from grades 4th through 8th. It is a 12 week, 3 step program that gets children to realize that they can get sixty minutes of physical activity every day by doing every day things and also by keeping a log of their activities for 8-11 weeks. The adult programs are known as the YTCC (Yuma Take Charge Challenge) and the W.E.L.L. AZ (Walk Everyday Live Longer) program. The YTCC is offered to all ages and focuses on-businesses, homes, churches, friends, etc. getting teams of ten together to provide support for each other while setting a personal goal to increase their physical activity level for 12 weeks. The W.E.L.L. Arizona program focuses on adults ages 50 -64 and lasts for 4 weeks. All programs are free of charge to participants.

#### Target Population

Teachers in schools for 4 through 8th graders, adults *Collaborators* 

Unavailable

*Funding Source* Unavailable *Contact Agency* Unavailable

#### Healthy Gente Healthy Border 2010

Objectives Addressed by this Project

Diabetes, Nutrition

## **Yuma Elementary School District**

School Health Services 811 W. 16th Street Yuma, Arizona 85364 Phone: (928) 343-1232 Fax: (928) 782-1942 E-mail: srodriguez1@yumaed.org Website: <u>http://www.yuma.org</u>

#### Mission:

District- "Preparing our students to succeed in a global community." Health services- The mission of school nursing is to enhance the education of our students by removing health related barriers to learning and by promoting an optimal level of wellness.

**Contact Agency** 

School Nurses of Health Services

### **Project: Health Screenings**

#### **Objective**

- Provide screening for : Hearing, Vision, Blood Pressure, Dental, Height/Weight and Scoliosis
- To identify deficits and make appropriate referrals for remediation and/or find local low or no cost resources for families.

#### **Expected Activities and Outcomes**

Remediation of problem and/or continued management.

Target Population

Pre K- 8th grade

#### **Collaborators**

YCHD, Lions Clubs, AHCCCS, KidsCare, District Food Services, YRMC, School Based Health Center, Healthy Kids Dental.

#### **Funding Source**

YUSD District pays for nurses at each school site, YRMC runs School Based Health Center, various primary care providers.



## Yuma Regional Medical Center

#### 2400 South Avenue A

Yuma, Arizona Phone: (928) 336-7005 Fax: (928) 336-7596 E-mail: ehammonds@yumaregional.org Website: www.Yumaregional.org

#### Mission:

To improve the health and well being of individuals, families and the communities we serve, through excellence, innovation and prudent use of resources.

### **Project:** Lifeline

#### Objective

Connects individuals to the support of neighbors, friends, and emergency service in the community. The individual served is able to directly contact trained Lifeline staff 24 hours a day from around their home or yard by simply pressing a button.

#### **Expected Activities and Outcomes**

Unavailable *Target Population* All Yuma County residents. *Collaborators* Unavailable

*Contact Agency* Yuma County Regional Medical Center



## *Funding Source* Unavailable

## Project: Yuma Regional Medical Center-Diabetes Education

#### Objective

Provides comprehensive diabetes education and support to manage all phases of diabetes mellitus. Patients who participate in diabetes self management training class will experience fewer diseases and related complications, decreased hospital visits, greater compliance with disease management and enhanced quality of life.

#### **Expected Activities and Outcomes**

Patients who participate in diabetes self management training class will experience fewer diseases and related complications, decreased hospital visits, greater compliance with disease management and enhanced quality of life.

#### Target Population

Residents of Yuma County.

Collaborators Unavailable Funding Source Unavailable Contact Agency

Yuma Regional Medical Center



## Project: School Health Care Program

#### Objective

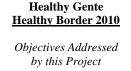
Sponsor the only hospital-based mobile unit health clinic taking medical care to Arizona school children The clinic is part of the School Health Care Program, which serve six elementary school districts from San Luis to Dateland.

#### **Expected Activities and Outcomes**

The key component of the program is health education for children and their parents to prevent medical problems.

*Target Population* Various elementary schools. *Collaborators* Unavailable

*Funding Source* Unavailable *Contact Agency* Yuma Regional Medical Center



Access to Care

## Project: Helping Victims in their Time of Need

#### Objective

Yuma Regional Medical Center is a participant in the effort to support victims of sexual and domestic violence at Amberly's Place.

#### **Expected Activities and Outcomes**

YRMC is equipped and is maintaining medical examination room at Amberly's place designed to offer a safe environment for victims in a fragile state of mind.

*Target Population* Victims and families of sexual and domestic violence. *Contact Agency* Yuma Regional Medical Center

Collaborators Unavailable

*Funding Source* Unavailable

## Healthy Gente <u>Healthy Border 2010</u> Objectives Addressed by this Project Access to Care

## A

- 1. ADHS : Arizona Department of Health Services www.hs.state.az.us
- 2. ADHS-OBH : Arizona Department of Health Services -Office of Border Health The mission of the Office of Border Health (OBH) is to promote and protect the health of all border area residents through sound, competent public health practices along the Arizona-Sonora border. The Office of Border Health coordinates and integrates public health program efforts to identify, monitor, control and prevent adverse health events in border communities. The office also strengthens cross-border public health collaboration with Sonora, Mexico. www.hs.state.az.us/phs/borderhealth
- **3. AHCCCS:** The Arizona Health Care Cost Containment System (AHCCCS) is Arizona's Medicaid program and the State of Arizona's health care program for persons who do not qualify for Medicaid. **www.ahcccs.state.az.us**
- 4. ALTCS: Arizona's Long Term Care Program for those who are elderly or blind, physically disabled, or have a developmental disability and need nursing home level care. ALTCS helps pay for nursing home care or special care that allows you to remain in your own home. The program is administered under the Arizona Health Care Cost Containment System, or AHCCCS. www.ahcccs.state.az.us/Services/altcs/altcspgm.htm
- 5. American Legacy Foundation : Grants made by the American Legacy Foundation will further its goal of creating tobacco-free generations. At the heart of Legacy's grant program is the effort to identify new and improved ways to develop effective tobacco control programs. It is widely accepted that to accomplish sustained behavior change in the United States requires more than a single national effort. www.americanlegacy.org
- 5. American Lung Association Arizona/New Mexico: Founded in 1904 to fight tuberculosis, the American Lung Association today fights lung disease in all its forms, with special emphasis on asthma, tobacco control and environmental health. www.lungusa.org/arizonanewmexico
- 7. Arizona Head Start Program : Provides high quality early childhood education, nutrition, health, and social services with a strong parent involvement focus. www.azheadstart.org
- 8. Arizona Osteoporosis Coalition: The mission of the Arizona Osteoporosis Coalition is to raise awareness of the impact of osteoporosis on residents of Arizona through education, communications and public activity. www.azoc.org
- 9. Avon Foundation: The Avon Foundation supports a national network of research, medical, social service and community-based organizations that address every facet of the disease of Breast Cancer. These programs focus specifically on the medically underserved, including low-income, elderly and minorities, and those without adequate health insurance. Reversing historical disparities in breast cancer care is a priority. The Foundation makes grants ONLY to organizations and institutions having tax-exempt status under Section 501(c)(3) of the Internal Revenue Code. www.avoncompany.com/women/avonfoundation
- 10. AZ: Arizona
- 11. AzAHEC System : Arizona Area Health Education Centers mission is to improve access to quality healthcare for Arizona's rural and underserved communities through the improvement of the recruitment, retention and distribution of healthcare providers across the state. The Arizona AHEC Program serves our rural and medically underserved communities and populations through five community-based non-profit AHECs and is administered through the University of Arizona Health Sciences Center.
  www.azahec.org

### B

- 12. **Border XXI Program / US- Mexico Border Environmental Program 2010 :** As a result of the partnership among federal, state and local, governments in the United States and Mexico, and with U.S. border tribes, the mission of the Border 2012 program is: To protect the environment and public health in the U.S.-Mexico border region, consistent with the principles of sustainable development. (In this program, sustainable development is defined as "conservation-oriented social and economic development that emphasizes the protection and sustainable use of resources, while addressing both current and future needs and present and future impacts of human actions.") www.epa.gov/usmexicoborder/index.htm
- **13. CDC** : Centers for Disease Control and Prevention . The Centers for Disease Control and Prevention (CDC) is recognized as the lead federal agency for protecting the health and safety of people at home and abroad, providing credible information to enhance health decisions, and promoting health through strong partnerships. CDC serves as the national focus for developing and applying disease prevention and control, environmental health, and health promotion and education activities designed to improve the health of the people of the United States. CDC, located in Atlanta, Georgia, USA, is an agency of the Department of Health and Human Services. www.cdc.gov

### C

- 14. CDC National Breast and Cervical Cancer Screening: The National Breast and Cervical Cancer Early Detection Program (NBCCEDP) builds the infrastructure for breast and cervical cancer early detection by supporting public and provider education, quality assurance, surveillance, and evaluation activities critical to achieving maximum utilization of the screening, diagnostic and case management services. www.cdc.gov/cancer/nbccedp
- **15.** Center for Toxicology / Southwest Environmental Health Sciences Center : mission is Collaborative interdisciplinary research into the health effects of environmental agents and a non-biased scientific resource in education, research, and community service. swehsc.pharmacy.arizona.edu
- 16. Centers for Disease Control and Prevention (CDC) Childhood Lead Poisoning Prevention : Grants for Stateand Community-Based Childhood Lead Poisoning Prevention Programs CDC provides funding to state and local health departments to: Determine the extent of childhood lead poisoning , Screen children for elevated blood lead levels, Help ensure that lead-poisoned infants and children receive medical and environmental follow-up, Develop neighborhood-based efforts to prevent childhood lead poisoning. www.cdc.gov/nceh/lead/lead.htm
- 17. CSAP : Centers for Substance Prevention (CSAP)
- **18. CoPH** : Mel and Enid Zuckerman, College of Public Health , a tri-university collaboration among the University of Arizona, Arizona State University and Northern Arizona University. **www.publichealth.arizona.edu**

#### D

- 19. DES : Department of Economic Security
- 20. DHHS : United States Department of Health and Human Services www.hhs.gov
- **21.** El Rio Health Center : El Rio is an independent, community-based primary health care center in Pima County. We are available to all, but especially to those least able to access and afford health care services. We recognize and reward the abilities of our health care team to best serve the needs of a culturally diverse and medically under-served patient population. We are advocates for our patients, individually and as a group, and work diligently to attain full and complete care as appropriate. www.elrio.org

#### E

22. EPA : Environmental Protection Agency. The EPA's mission is to protect human health and to safeguard the natural environment — air, water, and land — upon which life depends. For 30 years, EPA has been working for a cleaner, healthier environment for the American people. www.epa.gov

### F

23. FEMA : The Federal Emergency Management Agency - a former independent agency that became part of the new Department of Homeland Security in March 2003 - is tasked with responding to, planning for, recovering from and mitigating against disasters. FEMA can trace its beginnings to the Congressional Act of 1803. This act, generally considered the first piece of disaster legislation, provided assistance to a New Hampshire town following an extensive fire. In the century that followed, ad hoc legislation was passed more than 100 times in response to hurricanes, earth-quakes, floods and other natural disasters. www.fema.gov

### F

- 24. FEMA/Annual Fema Grant: The Federal Emergency Management Agency a former independent agency that became part of the new Department of Homeland Security in March 2003 is tasked with responding to, planning for, recovering from and mitigating against disasters. (english) www.fema.gov/ofm/grants2.shtm (Spanish) www.fema.gov/spanish/index\_spa.shtm
- **25.** Ford Foundation : is a resource for innovative people and institutions world wide, The goals of the Ford Foundation are to : Strengthen democratic values, reduce poverty and injustice, promote international cooperation and advance human achievement. Grant seekers may apply under three main Programs : Assets Building and Community Development , Knowledge, Creativity and Freedom , and Peace and Social Justice. www.fordfound.org

#### Η

- 26. HCFA : Health Care Financing and Administration , renamed to The Centers for Medicare & Medicaid Services www.cms.hhs.gov
- 27. AHSC : Arizona Health Sciences Center University of Arizona www.ahsc..arizona.edu
- 28. HG : Healthy Gente Healthy Border 2010
- **29. HHS: Health and Human Services United States** government's principal agency for protecting the health of all Americans and providing essential human services, especially for those who are least able to help themselves. THE DEPARTMENT INCLUDES MORE THAN 300 PROGRAMS, covering a wide spectrum of activities. Some highlights include:

Medical and social science research

Preventing outbreak of infectious disease, including immunization services

Assuring food and drug safety

Medicare (health insurance for elderly and disabled Americans) and Medicaid (health insurance for low-income people)

Financial assistance and services for low-income families

Improving maternal and infant health

Head Start (pre-school education and services)

Preventing child abuse and domestic violence

Substance abuse treatment and prevention

Services for older Americans, including home-delivered meals

Comprehensive health services for Native Americans www.hhs.gov

#### **30. HIS:**

- 31. HRSA Ryan White Fund: The Ryan White Comprehensive AIDS Resources Emergency (CARE) Act is Federal legislation that addresses the unmet health needs of persons living with HIV disease (PLWH) by funding primary health care and support services that enhance access to and retention in care. http://hab.hrsa.gov/tools/title2/t2SecIChap1.htm
- 32. HRSA/ORHP
- 33. HUD : Home Funds, Low Income Housing Tax Credits

#### I-K

- **34. IBWC** : The International Boundary and Water Commission : Mission, Organization and Procedures for Solution of Boundary and Water Problems **www.ibwc.state.gov**/
- 35. ITCA:
- 36. JJDP-Title II : Juvenile Justice & Delinquency Prevention (JJDP)
- **37. Kellog Foundations :**The W.K. Kellogg Foundation is a nonprofit organization whose mission is to apply knowledge to solve the problems of people. Grants are available for a variety of community development projects. www.wkkf.org/

### M-N

- 38. MCHD : Maternal and Child Health Division of the Health and Human Services Department
- **39.** NAFTA : North American Free Trade Agreement, primary objective of the Office of NAFTA and Inter-American Affairs (ONIA) is to increase access to foreign markets for U.S. exports, through the elimination of tariff and non-tariff barriers to trade. www.mac.doc.gov/nafta/

## Ν

40. National Council of La Raza (NCLR): The National Council of La Raza (NCLR) is a private, nonprofit, nonpartisan, tax-exempt organization established in 1968 to reduce poverty and discrimination, and improve life opportunities for Hispanic Americans. NCLR has chosen to work toward this goal through two primary, complementary approaches: Capacity-building assistance to support and strengthen Hispanic community-based organizations: providing organizational assistance in management, governance, program operations, and resource development to Hispanic community-based organizations in urban and rural areas nationwide, especially those which serve low-income and disadvantaged Hispanics.

**Applied research, policy analysis, and advocacy**: providing an Hispanic perspective on issues such as education, immigration, housing, health, employment and training, and civil rights enforcement, to increase policy-maker and public understanding of Hispanic needs, and to encourage the adoption of programs and policies which equitably serve Hispanics.

#### http://www.nclr.org

- **41.** National Institute of Environmental Health Sciences (NIEHS) : The National Institute of Environmental Health Sciences (NIEHS) is one of 27 Institutes and Centers of the National Institutes of Health (NIH), which is a component of the Department of Health and Human Services (DHHS). Human health and human disease result from three interactive elements: environmental factors, individual susceptibility and age. The mission of the National Institute of Environmental Health Sciences (NIEHS) is to reduce the burden of human illness and dysfunction from environmental causes by understanding each of these elements and how they interrelate. The NIEHS achieves its mission through multidisciplinary biomedical research programs, prevention and intervention efforts, and communication strategies that encompass training, education, technology transfer, and community outreach. www.niehs.nih.gov
- 42. NBS Newborn screening fund (funding from fees paid by the submitters of the specimens being tested).
- **43. NIHS :** National Center for Health Statistics (NCHS) is to provide statistical information that will guide actions and policies to improve the health of the American people. As the Nation's principal health statistics agency, NCHS leads the way with accurate, relevant, and timely data. **www.cdc.gov/nchs**
- 44. NOAA : National Oceanic and Atmospherics Administration www.noaa.gov

#### 0

- **45. Office of Justice Programs (Office on Violence Against Women):** The Office on Violence Against Women administers the Department of Justice's formula and discretionary grant programs authorized by the Violence Against Women Act of 1994. The program assists the nation's criminal justice system in responding to the needs and concerns of women who have been, or potentially could be, victimized by violence. Grant programs emphasize enhanced delivery of services to women victimized by violence; strengthen outreach efforts to minorities and disabled women; and provide Indian tribal governments with funds to develop and strengthen the tribal justice system's response to violent crimes committed against Native American women through a discretionary grant program. In addition, the office provides technical assistance to state and tribal government officials in planning innovative and effective criminal justice responses to violent crimes committed against women. www.ojp.usdoj.gov/vawo/applicationkits.htm
- 46. Office of Juvenile Justice and Delinquency Prevention: OJJDP provides funding to States, territories, localities, and private organizations, including faith-based institutions, through block grants and discretionary funding. Block funding, through regular Formula Grants and State Challenge and Prevention money, goes to States and territories. Juvenile Justice Specialists administer funding through sub grants to States and localities. Discretionary funding is awarded through competitive peer review. OJJDP follows a planning process to assist with decisions for program priorities and funding opportunities. http://ojjdp.ncjrs.org/grants/about.html
- **47. Office of National Drug Control Policy (ONDCP) :** Offers drug-related funding opportunities, training and technical assistance, equipment procurement programs, and other resources from public- and private organizations are available in variety of areas including treatment and prevention. www.whitehousedrugpolicy.gov
- 48. OHS : The White House : Office of Homeland Security www.whitehouse.gov/homeland
- 49. OSSA : Oficina de Salud Publica Sonora-Arizona (Office of Public Health of Sonora and Arizona)

## P

- **50. PAHO : Pan-American Health Organization's** mission is to strengthen national and local health systems and improve the health of the peoples of the Americas, in collaboration with Ministries of Health, other government and international agencies, nongovernmental organizations, universities, social security agencies, community groups, and many others. www.paho.org/
- 51. **Proposition 204 Tobacco Settlement Funds :** In 1998, the attorneys general of 46 states, including Arizona, agreed to settle a lawsuit they had filed against the manufacturers of tobacco products. As a result, the tobacco manufacturers must pay each of those states a portion of the estimated \$206 billion settlement each year over the next 25 years. Arizona's share is estimated to total approximately \$3.2 billion. The settlement agreement allows each state to determine how it will spend its share of the settlement.

#### R

- **52.** Robert Wood Johnson Foundation : Supports training, education, research (excluding biomedical research), and projects that demonstrate the effective delivery of health care services. Rather than paying for individual care, we concentrate on health care systems and the conditions that promote better health. Grants are available for the following groups : hospitals; medical, nursing, and public schools; hospices; professional associations; research organizations; state and local government agencies; and community groups. www.rwjf.org/index.jsp
- **53. Rural Health Outreach Grant through Health Resources and Services Administration, Rural Health Policy:** The Office of Rural Health Policy's Outreach Grant Program is designed to encourage the development of new and innovative health care delivery systems in rural communities that lack essential health care services. The emphasis of this grant program is on service delivery through creative strategies requiring the grantee to form a network with at least two additional partners. www.ruralhealth.hrsa.gov/funding/outreach.htm

#### S

- **54. SAMHSA : Substance Abuse and Mental Health Services** The Substance Abuse and Mental Health Services Administration (SAMHSA), an agency of the U.S. Department of Health and Human Services, was established by Congress in 1992 under Public Law 102-321 and reauthorized in 2000, under Public Law 106-310. The Agency works to strengthen the capacity of the Nation's health care delivery system to provide substance abuse prevention, addiction treatment and mental health services for people at risk for or experiencing substance abuse or mental illnesses. SAM-HSA builds partnerships with states, communities and private organizations to address the needs of individuals with substance abuse and mental illnesses and to identify and respond to the community risk factors that contribute to these illnesses. In Fiscal Year 2001, SAMHSA's budget was just under \$3 billion; the FY 2002 budget is \$3.15 billion. The Agency employs nearly 520 staff members. www.samhsa.gov/index.html
- 55. SSP: Secretaria de Salud Publica de Sonora (Secretary of Public Health of Sonora)
- **56. SRSA : Southern Regional Science** Association provides leadership in the study of those social, economic, political and behavioral phenomena, which have secial dimensions. **www.regionalscience.org/srsa**
- 57. SSS : Secretaria Seguro Social (Department of Social Security of Mexico)
- 59. Susan Komen Foundation :

### T

- **60. Title V Maternal and Child Health (MCH) Block Grant :** Authorized under Title V of the 1935 Social Security Act, the Title V MCH Block Grant is the only federal program devoted to improving the health of all women, children, youth and families. Title V grants to state health agencies are used to meet locally determined needs, consistent with national health objectives. These aims include preventing death, disease and disability; assuring access to quality health care; and providing family-centered, community-based services for children with special health care needs. Additionally, funds set aside at the federal level are used to improve and support community and state service systems through training, research, special projects of regional and national significance (SPRANS) and community-integrated service systems (CISS) projects. Title V is a partnership that includes Federal, State, and local governments. The Federal-State Title V Block Grant Partnership Budget is composed of Federal funds, State matching funds, local maternal and child health (MCH) funds, other funds, and program income. For every \$4 of Federal funds, at least \$3 must be matched with State and local funds.www.performance.hrsa.gov/mchb/mchreports/search/financial/finsch01\_result.asp
- 61. TMC : Tucson Medical Center is Tucson's non-profit community hospital, TMC's mission is to improve the health of the entire community. www.tmcaz.com

#### U

- **62.** UMC: University Medical Center is located in Tucson, Arizona. It's mission is : Patient Care, Education, Research and Community Service UMC is a private, nonprofit hospital located at the Arizona Health Sciences Center, adjacent to The University of Arizona in Tucson, Arizona. AHSC includes the colleges of Medicine, Nursing, Pharmacy, Public Health, and the School of Health-Related Professions as well as the University Physicians medical group. These affiliations enable UMC to take a leadership role in offering the latest treatments as well as routine medical care and wellness. www.azumc.com/UMC/homepage.cfm
- 63. UNHS : Universal Neonatal Hearing Screening
- **64. USDA** : United States Department of Agriculture mission is to enhance the quality of life for the American people by supporting production of agriculture **www.usda.gov**
- 65. USDA Rural Development
- **66. USMBHC** : United States Mexico Border Health Commission's mission is to provide international leadership to optimize health and quality of life along the U.S.-Mexico Border. The USMBHC is a binational Commission, created by mutual agreement of the governments of the United States and Mexico, and ratified by the respective Senates of the two countries, for the purpose of assessing and addressing health problems along their common border. **www.borderhealth.net/index.html**
- 67. USPHS: United States Public Health Service Commissioned Corps is the Uniformed Medical service. www.usphs.gov

## W

- **68.** Workforce Initiative Grant : This new initiative represents the Department of Labor's continued support for increasing and improving employment opportunities that allow individuals with disabilities to: (1) Move from nursing homes or other institutions and residential facilities into the community; (2) continue living in the community; (3) achieve economic self-sufficiency; and (4) attain full access to, and participation in, their communities. These grants are demonstration grants, ranging from \$400,000 to \$750,000, to begin or expand the delivery and implementation of competitive, customized community employment opportunities for individuals with disabilities so that they may live, work, and fully participate in their communities.www.dol.gov
- **69.** World Wildlife Fund : World Wildlife Fund (WWF) is dedicated to protecting the world's wildlife and wild lands. The largest privately supported international conservation organization in the world, WWF has more than 1 million members in the U.S. alone. WWF directs its conservation efforts toward three global goals: protecting endangered spaces, saving endangered species and addressing global threats. www.worldwildlife.org

#### Y

**70. YRMC : Yuma Regional Medical Center** is a 277-bed, JCAHO accredited acute care facility provides medical resources for the warm and friendly community of Yuma, as well as surrounding communities. YRMC offers modern facilities, including a Maternal Child Health Center featuring comfortable, private single-room birthing; a Level 2 neonatal ICU; and a 20-bed pediatric unit. The Cardiopulmonary Care unit provides the latest in cardiac catheterization. A Cancer Center and a free-standing Outpatient Surgery Center also are part of our campus. **www.yumaregional.org** 

County:	Agency or Organization	Telephone
Borderwide	Arizona Children's Association	(520) 622-7611 (800) 947-7611
	Outpatient Services	
	The Parent Connection	
	Inpatient Services	
	Permanency Planning	
	Kinship and Adoption Resources and Education (K.A.R.E) Family Center	
Borderwide	Arizona Department of Economic Security	1-800-835-2100
	Health and Social Resources	
	Child, Youth and Family Services	
	Senior Services	
	Services for People with Disablitlies	
Borderwide	Arizona Department of Health Services	(602) 542-1860
	Community Development	
	Reproductive Health/Family Planning	
	Medical Home Project	
	Newborn Screening Program (comprised of Newborn Endocrine/Metabolic/Hematological Screening [NBS] and Universal Newborn Hearing Screening [UNHS])	
	County Prenatal Block Grant (Cochise, Santa Cruz and Yuma Counties)	
	Children's Rehabilitative Services (CRS)	
	Sensory Program	
	Arizona Sickle Cell Anemia Program	
	Arizona Early Intervention Program (AzEIP)	
Borderwide	Arizona Department of Health Services- Office of Border Health	(520) 770-3114
	Sahuaro Girl Scout Troup #509-Peer Diabetes Education and Outreach	
	Emergency Triage and Stabilization Unit of Nogales, Sonora	
	Cancer and Sexually Transmitted Disease Screening	
	Arizona Sonora Binational Immunization Campaign	
	Increase Access to Care and Improve Quality of Care	
	Healthy Gente	
Borderwide	Arizona Kidney Foundation, Affiliate National Kidney Foundation	(520) 882-7604 , (602) 840-1644
	Affiliate National Kidney Foundation	
Borderwide	Border Health Foundation-Puentes de Amistad	(520) 364-8200
	Disparities	
	Chiricicahua Community Health Center, Rural Health Outreach Grant	
	: Diabetes Consortium	
Borderwide	Child and Family Resources	(520) 364-5150
	Community Assistance of Southern Arizona (CASA)	

County:	Agency or Organization	Telephone
Borderwide	Healthy Families Child and Parent Centers Inc.	(520) 882-0100
Borderwide	Head Start Community Partnership of Southern Arizona (CPSA)	(520) 325-4268
Borderwide	Central Office CROSSROADS Mission	(928) 783- 9364
Borderwide	Serenity House Dental Laser	US : 520-940-5518 Mexico : 631-312- 0056
Borderwide	Dental Services GAMBRO Health Center	(520) 748-7422
Borderwide	Outpatient Dialysis Center of Southeastern Arizona Portable Practical Education Preparation Inc.	(520) 622-3553
Borderwide	PREP Inc. and Affiliates South Eastern Behavioral Health Services	(520) 586-7080
	Psychiatric Health Facility Services General Mental Health Services Chemical Dependency Services Youth and Family Services Services for Seriously Mentally Ill Adults	
Borderwide	University of Arizona, Mel and Enid Zuckerman College of Pubic Health	
Cochise	Mel and Enid Zuckerman , College of Public Health Border Health Foundation-Compañeros and Juntos Unidos	(520) 364-8200
Cochise	Disparities Diabetes Consortium Catholic Community Services in Southeastern Arizona	(520) 432-2285
Cochise	Home Health Program Chiricahua Community Health Centers, Inc.	(520) 642-2222
Cochise	Well Woman Health Clinic Rural Health Diabetes Treatment and Education Program Primary Medical and Dental Care and Disease Prevention, including Mental Health, Nutrition and Environmental Health <b>Cochise County Health Department</b>	(520) 432-9471
Cotinist	HIV Testing and Counseling -Ryan B. White Title II HIV Outpatient Services Contraception Counseling and Methods Binational / Border Health Programs Kid Care-Well Child Clinics	
Cochise	Northern Cochise Community Hospital Nursing Home	(520) 384-3541

County:	Agency or Organization	Telephone
	Radiology Nursing Physical Rehabilitation	
	Laboratory	
	Respiratory Services	
Cochise	Saint Vincent de Paul Food Bank & Social Services	(520) 458-9725 (520) 458-0500
Cochise	SVDP Food Bank and Social Services Southeast Arizona Medical Center	(520) 364-7931
	Kidney Dialysis	
Cochise	University of Arizona Cooperative Extension	(520) 458-8278
Pima	Bone Builders: Osteoporosis Prevention Altar Valley School District #51	(520) 822-1484
	Alta Valley Health and Wellness Center	
Pima	American Heart Association	(520) 795-1403 , (877) 242-4277
	American Heart Assocation	
Pima	Amphitheater Unified School District #10	(520)696-5000, (520) 696-5055
	Family Resource and Wellness Centers-AMPHI	
Pima	Community Counseling Center	(520) 200 2771
Fillia	Arivaca Coordinating Council/Human Resource Group, Inc.	(520) 398-2771
Pima	Human Resource Group Brewster Center for Domestic Violence	(520) 881-7201 , (520) 320-7556
	Advocacy Services Outreach Counseling Legal Clinic The Wings of Transitional Housing	
Dime e	Residential Services	(520, 227, 4505
Pima	CODAC Behavioral Health Services, Inc.	(520-327-4505
	Las Hermanas Las Amigas Methadone Services Integrated Adult Services Child and Adolescent Treatment Programs	
Pima	COPE Behavioral Services, Inc.	(520) 884-0707
	General Mental Health Services Chemical Dependency Services Acupuncture Detoxification Clinic Substance Abuse Rehabilitation Outpatient Services FREE (Focus on Recovery through Education and Empowerment) Insiders Toole Homeless Services	

County:	Agency or Organization	Telephone
	Social Educational Enrichment Center (SEEC)	
Pima	El Pueblo Clinic, Inc.	(520) 573-0096
	Community Based Care	
Pima	El Rio Health Center	(520) 670-3909
	El Rio Services	
	Immunization Services	
	The P.R.O.J.E.C.T	
	Sharing the Care	
	Teen Pregnancy Support	
	Special Needs Population	
	Women's Health	
Pima	Pascua Yaqui Indian Tribe of Arizona	(520) 883-6000 , (520) 879-6087
	Alcohol and Substance Abuse Program	
	Traditional Healing Project	
	Health Department	
	Behavioral Health Services	
Pima	Liougue Senior Center The Haven Inc.	(520) 622 4500
Pima		(520) 623-4590
<b>D</b> '	Residential Service Program	(500) 202 (240
Pima	Tohono O'odham Department of Health and Human Services	(520) 383-6240
	Health Programs	
Dime	Social Services Programs	(200) 994 7121
Pima	Tucson Indian Center	(520) 884-7131
D.	Wellness Department	(200) 204 1052/1020
Pima	Tucson Medical Center	(520) 324-1953/1938
	Program Neovida-Agua Prieta,Sonora	
Santa Cruz	Carondelet Health Network	(520) 285-3000
	Family Services	
	Rehabilitation	
	Services	
	Diabetes Program	
Santa Cruz	Child Birthing Classes Mariposa Community Health Center	(520) 287 2860
Santa Cruz		(320) 207 2000
	Well Women Health Check	
	Health Start	
	STEP to a Healthier US BMS Southern Arizona Heart Health	
	Border Vision Fronteriza-KidsCare	
	TB Control Program	
	Border Health Si	
	Juntos Contra El Cancer	

County:	Agency or Organization	Telephone
Santa Cruz	Santa Cruz County Department of Health and Community Servicesnot complete	520-761-7893
	Tuberculosis Control Program	
Santa Cruz	St. Andrews Children's Clinic	(520) 646-3242
	St. Andrews Clinic	
Sonora	ACJ Niños Migrantes	633-33-8-4000
Sonora	Casa YMCA de Menores Migrantes Asilo Casa Hogar la Divina Providencia	633-33-8-80-83
	Asistencia Social	
	Programa de Prevención de Enfermedades	
Sonora	Asilo Dolores	33-8-48-73
	Asilos para Ancianos y Niños	
Sonora	Centro de Atención al Migrante Exudus	33-8-76-94
	Albergue	
Sonora	Centro de Información para la Salud	31-3-56-70
a	Embarazo en La Adolescencia	21 2 04 14
Sonora	Club KIWANIS	31-3-04-14
	Campana Anual de Detección Oportuna de Cáncer Cervico Uterino y Mamario.	
Sonora	Club Rotario	33-8-06-51
	Ayuda Minusvalidez	
Sonora	Hospital General de San Luis Rio Colorado	653-531119
	La Secretaria de Salud	
Sonora	Hospital General Nogales	31-3-0671
	Paquete Básico de Servicios de Salud	
Sonora	Oficina de Salud Publica de la Frontera Sonora -Arizona	631-313-7920
	Unidad de Estabilización -Hospital General Nogales	
	Programa Binacional de Tuberculosis	
	Vigilancia Fronteriza de Enfermedades Infecciosa	
Sonora	Clínica de Colposcopia Servicios de Salud de Sonora	31-3-5650
Sonoru	Programa Externo	
Yuma	Border Health Foundation-Puentes de Amistad	(928) 627-4280
	Rural Health Outreach Project (RHO)	
	The Arizona Border HIV/AIDS Care Project (ABHAC)	
Yuma	Campesinos Sin Fronteras	(928) 627-1060
	Robert Wood Johnson	
Yuma	Chicanos Por La Causa	(928) 627-2042
	Form Completion/Information	

County:	Agency or Organization	Telephone
Yuma	Life Care Center of Yuma	(928) 344-0425
	Life Care Center	
Yuma	Northend Health and Wellness	(928) 782-9330
	Western Wellness Center	
Yuma	Planned Parenthood	(928) 343-3012
	Health Care Services	
Yuma	Quechan Indian Tribe	(760) 572-0201
	Social Services	
	Indian Health Services	
Yuma	Somerton/Cocopah Fire Department	(928) 627-4165
	Emergency, Fire and EMS Services	
Yuma	Sunset Community Health Center	(928) 627-2051
	Sunset Diabetes Outreach and Education Program.	
Yuma	Western Arizona Area Health Education Center-WAHEC	(928) 627-9222
	WAHEC-Regional Center for Border Health	
	The Community Access Program of Arizona (CAPAZ)	
Yuma	Border Vision Fronteriza Program Yuma Children's Rehabilitive Services	(928) 336-7095
i unia	Yuma Children's Rehabilitive Services	(328) 330-7033
Yuma	Yuma County Department of Public Health	(928) 317-4500
Tuma		(720) 517-4500
	Comenzando Sano -Health Start Program Health Start	
	KidsCare	
	High-Risk Child Health	
	TB Clearance Cards	
	Teen Pregnancy	
	Yuma County Dental Sealant Program	
	Women Infant and Children Program (WIC)	
	HIV Outpatient Program	
Yuma	Prenatal Care and Pregnancy Testing Yuma Elementary School District	(928) 343-1232
i uma	Health Screenings	(>=0) 575-1252
Yuma	Yuma Regional Medical Center	(928) 336-7005
- 41114	Helping Victims in their Time of Need	(>=0) 000 1000
	Traditional Home Health	

### **Cancer Resources**

County:	Agency or Organization	Telephone
Borderwide	<b>Arizona Department of Economic Security</b> Senior Services	1-800-835-2100
	Health and Social Resources	
Borderwide	Arizona Department of Health Services- Office of Border Health Cancer and Sexually Transmitted Disease Screening Healthy Gente	(520) 770-3114
Borderwide	University of Arizona, Mel and Enid Zuckerman College of Pubic Women's Breast and Cervical Cancer Screening	
Cochise	Chiricahua Community Health Centers, Inc. Well Woman Health Clinic	(520) 642-2222
Cochise	Northern Cochise Community Hospital Ambulatory Clinics	(520) 384-3541
Pima	American Heart Association American Heart Assocation	(520) 795-1403 , (877) 242-4277
Pima	<b>Community Foundation for Southern Arizona</b> Grants	(520) 770-0800
Pima	El Pueblo Clinic, Inc. Community Based Care	(520) 573-0096
Pima	<b>El Rio Health Center</b> El Rio Services	(520) 670-3909
	Women's Health	
	The P.R.O.J.E.C.T	
Pima	Pascua Yaqui Indian Tribe of Arizona Traditional Healing Project	(520) 883-5020
	Health Department	
	Liougue Senior Center	
Pima	The Fit Center	9520) 571-7000
Santa Cruz	Carondelet Health Network Services	(520) 285-3000
Santa Cruz	Mariposa Community Health Center Juntos Contra El Cancer	(520) 287 2860
	American Legacy Foundation	
	Well Women Health Check	
Santa Cruz	<b>The Way of the Heart : The Promatora Institute</b> Cancer Program	(520) 287-2240
Sonora	Club KIWANIS Campana Anual de Detección Oportuna de Cáncer Cervico Uterino y	31-3-04-14

### **Cancer Resources**

County:	Agency or Organization	Telephone
Sonora	Hospital General de San Luis Rio Colorado	653-531119
	La Secretaria de Salud	
Sonora	Oficina de Salud Publica de la Frontera Sonora -Arizona	631-313-7920
	Clínica de Colposcopia	
Yuma	Planned Parenthood	(928) 343-3012
	Health Care Services	
Yuma	Western Arizona Area Health Education Center-WAHEC	(928) 627-9222
	Between Friends/Entre Amigas	
	Well Woman Health Check Program	
	Cancer Prevention for Post-Reproductive Age Women Along the US-	

## **Diabetes Index**

County:	Agency or Organization	Telephone
Borderwide	Arizona Department of Economic Security Health and Social Resources	1-800-835-2100
	Senior Services	
Borderwide	Arizona Department of Health Services- Office of Border Health Sahuaro Girl Scout Troup #509-Peer Diabetes Education and Outreach	
	Naco School Health Index	
	Healthy Gente	
Borderwide	US-Mexico Border Health Diabetes Project Arizona Kidney Foundation, Affiliate National Kidney Foundatio Affiliate National Kidney Foundation	(520) 882-7604 , (602) 840-1644
Borderwide	Border Health Foundation-Puentes de Amistad Chiricicahua Community Health Center, Rural Health Outreach Grant	(520) 364-8200
Borderwide	GAMBRO Health Center Outpatient Dialysis Center of Southeastern Arizona	(520) 748-7422
Borderwide	Sahuaro Girl Scout Council Don't Monkey Around with Diabetes	(520) 319-3168
Borderwide	University of Arizona, Mel and Enid Zuckerman College of Pubic CVD Comprehension Intervention Program	
Cochise	<b>Border Health Foundation-Compañeros and Juntos Unidos</b> Diabetes Consortium	(520) 364-8200
Cochise	<b>Catholic Community Services in Southeastern Arizona</b> Home Health Program	(520) 432-2285
Cochise	Chiricahua Community Health Centers, Inc. Rural Health Diabetes Treatment and Education Program	(520) 642-2222
Cochise	Cochise County Health Department Rural Health Outreach Grant-Diabetes Project	(520) 432-9472
Cochise	Northern Cochise Community Hospital Ambulatory Clinics	(520) 384-3541
Cochise	Southeast Arizona Medical Center Kidney Dialysis	(520) 364-7931
Cochise	University of Arizona Cooperative Extension Expanded Food and Nutrition Education Program	(520) 458-8278
Pima	Altar Valley School District #51 Alta Valley Health and Wellness Center	(520) 822-1484
Pima	American Heart Association American Heart Assocation	(520) 795-1403 , (877) 242-4277
Pima	<b>Community Foundation for Southern Arizona</b> Grants	(520) 770-0800
Pima	El Pueblo Clinic, Inc.	(520) 573-0096

## **Diabetes Index**

County:	Agency or Organization	Telephone
	Community Based Care	
Pima	<b>El Rio Health Center</b> The P.R.O.J.E.C.T	(520) 670-3909
	Women's Health	
	El Rio Services	
Pima	Pascua Yaqui Indian Tribe of Arizona Liougue Senior Center	(520) 883-5020
	Traditional Healing Project	
	Health Department	
Pima	The Fit Center	9520) 571-7000
Pima	<b>Tohono O'odham Department of Health and Human Services</b> Health Programs	(520) 383-6240
	Social Services Programs	
	Healthy O'odham Promotion Program	
Santa Cruz	Carondelet Health Network	(520) 285-3000
	Services	
	Diabetes Program	
Santa Cruz	Mariposa Community Health Center STEP to a Healthier US	(520) 287 2860
	BMS Southern Arizona Heart Health	
	Salud Si Program	
	Border Health Si	
	Well Women Health Check	
	Community Nutrition Program	
Santa Cruz	Nogales Unified Public School District Nutrition and Obesity Management	(520) 287- 0800
Santa Cruz	Southeast Arizona Area Health Education Center (SEAHEC) Border Health SI	(520) 287-4722
Santa Cruz	<b>The Way of the Heart : The Promatora Institute</b> Diabetes Program	(520) 287-2240
Sonora	<b>Asilo Dolores</b> Asilos para Ancianos y Niños	33-8-48-73
Sonora	Asociación Mexicana de Diabetes en Sonora, A.C Mejorar la Vida de La Población	31-3-0519
Sonora	Hospital General de San Luis Rio Colorado La Secretaria de Salud	653-531119
Yuma	Border Health Foundation-Puentes de Amistad	(928) 627-4280

## **Diabetes Index**

County:	Agency or Organization	Telephone
	Rural Health Outreach Project (RHO)	
Yuma	Campesinos Sin Fronteras Border Health Strategic Initiative	(928) 627-1060
Yuma	Sunset Community Health Center Sunset Diabetes Outreach and Education Program.	(928) 627-2051
Yuma	University of Arizona Cooperative Extension Border Health SI	(928) 726-3904
Yuma	Western Arizona Area Health Education Center-WAHEC "Paso a Paso." A Physical Activity and Cardiovascular Diseases Awa	( <b>928</b> ) 627-9222
	Transferring Technical Capacity to the Community:	
Yuma	Yuma County Department of Public Health Physical Activity	(928) 317-4580
Yuma	Yuma Regional Medical Center Yuma Regional Medical Center-Diabetes Education	(928) 336-7005

# **Environmental Health Resources**

County	Agency or Organization	Telephone
Borderwide	Arizona Department of Environmental Quality	(520) 628-6744
	Ambos Nogales Binational Air Monitoring Project	
	Ambos Nogales Binational Air Quality Dialogue	
	Ambos Nogales Binational Air Quality Educational Outreach Campaign	
	Douglas/Agua Prieta Binational Air Monitoring Project	
	Ambos Nogales Binational Sanitary Facilities Planning	
	Pretreatment Program for Nogales, Sonora	
	Arizona Mexico International Green Organization, AMIGO Program	
Borderwide	Arizona Department of Health Services Children's Envirnomental Health	(602) 364-3118
	Child Health Grant	
Borderwide	Arizona Department of Health Services- Office of Border Health Healthy Gente	(520) 770-3113
Borderwide	Border Health Foundation-Puentes de Amistad Chiricicahua Community Health Center, Rural Health Outreach Grant :	(520) 364-8200
	Diabetes Consortium	
Borderwide	Child and Family Resources Community Assistance of Southern Arizona (CASA)	(520) 364-5150
Borderwide	Environmental Education Exchange	(520) 670-1442
	ToxRap Workshops	
	Tucson's Water Conservation Education Programs	
	Training and Environmental Education Materials (TEEM)	
	The Tohono O'odham Environmental Education (TOEE) Project	
	Border Environmental Education Resource Guides	
	Juntos: Intercultural Environmental Studies in the Western Borderlands	
	Mission 3R: A Challenge for Change	
	Chihuahuan Desert Bioregion Environmental Education Needs Assessment	
Borderwide	University of Arizona, Mel and Enid Zuckerman College of Pubic Health Human Exposure Assessment Survey on the Arizona-Sonora Border	
Cochise	Border Health Foundation-Compañeros and Juntos Unidos	(520) 364-8200
	Diabetes Consortium	· · / · · · · · · · ·
Cochise	Chiricahua Community Health Centers, Inc.	(520) 642-2222
	Primary Medical and Dental Care and Disease Prevention, including Mental Health, Nutrition and Environmental Health	
Pima	Altar Valley School District #51	(520) 822-1484

# **Environmental Health Resources**

County	Agency or Organization	Telephone
	Alta Valley Health and Wellness Center	
Pima	<b>Community Foundation for Southern Arizona</b> Grants	(520) 770-0800
Pima	El Pueblo Clinic, Inc. Community Based Care	(520) 573-0096
Pima	<b>El Rio Health Center</b> El Rio Services	(520) 670-3909
	The P.R.O.J.E.C.T	
Pima	Pascua Yaqui Indian Tribe of Arizona Health Department	(520) 883-5020
	Liougue Senior Center	
	Traditional Healing Project	
Pima	Tohono O'odham Department of Health and Human Services Social Services Programs	(520) 383-6240
Pima	Tucson Area Indian Health Service Tucson Area Indian Health Service	(520) 295-2580
Santa Cruz	Carondelet Health Network Services	(520) 285-3000
Santa Cruz	Nogales Unified Public School District Nutrition and Obesity Management	(520) 287- 0800
Santa Cruz	Santa Cruz County Department of Health and Community Servicesnot complete Department of Environmental Health	520-761-7893
Santa Cruz	United States Department of Agriculture Health Monitoring Program	(520) 287-4783

# **Reproductive and Sexual Health Resources**

County	Agency or Organization	Telephone
Borderwide	Arizona Department of Economic Security Health and Social Resources	1-800-835-2100
Borderwide	Arizona Department of Health Services Abstinence Until Marriage Education	(602) 364-1400
Borderwide	Arizona Department of Health Services- Office of Border Health Healthy Gente	(520) 770-3113
Borderwide	CDC National and STD and AIDS Hotlines Hotline Services	(800) 227-8922, (800)342-2437
Borderwide	Child and Family Resources Girl Talk / Guy Talk Prevention Programs	(520) 881-8940
	Abstinence Program	
Borderwide	<b>Community Partnership of Southern Arizona (CPSA)</b> Central Office	(520) 325-4268
Borderwide	Planned Parenthood School Based Sexual Health Promotion Program	(520) 624-1761
	Omeyacan YES Program	
	Protection Connection	
Cochise	Cochise County Health Department HIV/AIDS Program	(520) 432-9463
	HIV Testing and Counseling -Ryan B. White Title II HIV Outpatient Services	
	Family Planning	
	Binational / Border Health Programs	
Cochise	We Care, Crisis Pregnancy Inc. Worth the Wait	(520) 458-5683
Cochise	Wilcox Against Substance Abuse School and Community Support	(520) 384-47777
	Message Theatre	
Pima	<b>CODAC Behavioral Health Services, Inc.</b> Child and Adolescent Treatment Programs	(520-327-4505
	Las Hermanas	
	Las Amigas	
Pima	<b>Community Foundation for Southern Arizona</b> Grants	(520) 770-0800
Pima	COPE Behavioral Services, Inc.	(520) 884-0707
	General Mental Health Services	
Pima	El Pueblo Clinic, Inc.	(520) 573-0096
	Community Based Care	

## **Reproductive and Sexual Health Resources**

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YumaWestern Arizona Area Health Education Center-WAHEC(928) 627-9222Project Hero		Positive Force Players	
	Yuma	Western Arizona Area Health Education Center-WAHEC	(928) 627-9222
	Yuma	Yuma County Department of Public Health	(928) 317-4580

## **Reproductive and Sexual Health Resources**

County	Agency or Organization
county	Agency of Organization

Telephone

HIV Outpatient Program

Teen Pregnancy

Sexually Transmitted Disease (STD) Program

### Immunization and Infectious Disease Resources

County	Agency or Organization	Telephone
Borderwide	Arizona Department of Economic Security	1-800-835-2100
Borderwide	Child, Youth and Family Services Health and Social Resources Arizona Department of Health Services	(602) 364-1400
Borderwide	County Prenatal Block Grant (Cochise, Santa Cruz and Yuma Counties) Health Start Program Arizona Department of Health Services- Office of Border Health	(520) 770-3114
	Arizona Sonora Binational Immunization Campaign Healthy Gente Binational Tuberculosis Program Increase Access to Care and Improve Quality of Care Border Infectious Disease Surveillance (BIDS)	
Borderwide	Child and Family Resources	(520) 364-5150
Borderwide	Healthy Families Child and Parent Centers Inc. Head Start	(520) 882-0100
Cochise	Cochise County Health Department	(520) 432-9465
Pima	Immunizations Kid Care-Well Child Clinics Altar Valley School District #51	(520) 822-1484
Pima	Alta Valley Health and Wellness Center CODAC Behavioral Health Services, Inc.	(520) 623-3533
Pima	Voices United Program El Pueblo Clinic, Inc.	(520) 573-0096
Pima	Community Based Care El Rio Health Center	(520) 670-3909
Pima	Women's Health Teen Pregnancy Support El Rio Services The P.R.O.J.E.C.T Immunization Services <b>Pascua Yaqui Indian Tribe of Arizona</b>	(520) 883-5020
Pima	Traditional Healing Project Health Department Liougue Senior Center <b>Tohono O'odham Department of Health and Human Services</b>	(520) 383-6240
Santa Cruz	Health Programs Tohono O'odham Early Childhood/ Head Start Program <b>Carondelet Health Network</b> Services	(520) 285-3000

### Immunization and Infectious Disease Resources

County	Agency or Organization	Telephone
Santa Cruz	Child Birthing Classes Mariposa Community Health Center	(520) 287 2860
	Health Start Border Vision Fronteriza-KidsCare Well Women Health Check TB Control Program	
Santa Cruz	Nogales Unified Public School District	(520) 287- 0800
Santa Cruz	Vaccines for Children Santa Cruz County Department of Health and Community Servicesnot complete	520-761-7893
Santa Cruz	Tuberculosis Control Program The Way of the Heart : The Promatora Institute	(520) 287-2240
Sonora	Un Buen Comienzo Hospital General de San Luis Rio Colorado	653-531119
Sonora	La Secretaria de Salud Oficina de Salud Publica de la Frontera Sonora -Arizona	631-313-7920
Sonora	Programa Binacional de Tuberculosis Vigilancia Fronteriza de Enfermedades Infecciosa <b>Servicios de Salud de Sonora</b>	31-3-5650
	Programa Interna Programa Externo	
Yuma	Planned Parenthood	(928) 343-3012
Yuma	Health Care Services Yuma County Department of Public Health	(928) 317-4500
	TB Clearance Cards KidsCare Comenzando Sano -Health Start Program Immunizations Health Start	

County	Agency or Organization	Telephone
Borderwide	Arizona Children's Association	(520) 622-7611 (800) 947-7611
	Kinship and Adoption Resources and Education (K.A.R.E) Family Center	
	Permanency Planning	
	The Parent Connection	
	Outpatient Services	
	Inpatient Services	
Borderwide	Arizona Department of Economic Security	1-800-835-2100
	Health and Social Resources	
	Child, Youth and Family Services	
Borderwide	Arizona Department of Health Services	(602) 364-1400
	County Prenatal Block Grant (Cochise, Santa Cruz and Yuma Counties)	
	Child Health Grant	
Borderwide	Arizona Department of Health Services- Office of Border Health	(520) 770-3114
	Increase Access to Care and Improve Quality of Care	
	Healthy Gente	
	Emergency Triage and Stabilization Unit of Nogales, Sonora	
Borderwide	Border Health Foundation-Puentes de Amistad	(520) 364-8200
	Domestic Violence -Non-Violence Classes for Men	
Borderwide	Child and Family Resources	(520) 881-8940
	Girl Talk / Guy Talk Prevention Programs	
	Pre-Adolescent Diversion Project	
	Breaking the Cycle: Juvenile Delinquency Prevention Program	
Borderwide	Child and Parent Centers Inc.	(520) 882-0100
	Head Start	
Borderwide	Community Partnership of Southern Arizona (CPSA)	(520) 325-4268
	Central Office	
Borderwide	Industrial Commission of Arizona	(602) 542-5795
	Consultation and Training Section	
Borderwide	South Eastern Behavioral Health Services	(520) 586-7080
	Chemical Dependency Services	
	Youth and Family Services	
	Psychiatric Health Facility Services	
	Community & Prevention Services	
	Services for Seriously Mentally Ill Adults	
Cochise	Border Health Foundation-Compañeros and Juntos Unidos	(520) 364-8200

County	Agency or Organization	Telephone
	Domestic Violence -Non-Violence Classes for Men	
Cochise	Wilcox Against Substance Abuse	(520) 384-47777
	School and Community Support	
	Message Theatre	
	Youth Court	
Pima	Alchoholics Anonymous	(520)624-4183
	Alchoholics Anonymous	
Pima	Altar Valley School District #51	(520) 822-1484
	Alta Valley Health and Wellness Center	
Pima	Amity Foundation	(520) 749-5980
	Amity Foundation-Residential Program	
	Amity at Circle Tree Ranch	
Pima	Amphitheater Unified School District #10	(520)696-5000, (520) 696-5055
	Community Counseling Center	
	Family Resource and Wellness Centers-AMPHI	
Pima	Brewster Center for Domestic Violence	(520) 881-7201 , (520) 320-7556
	Advocacy Services	
	Residential Services	
	Legal Clinic	
	Outreach Counseling	
	The Wings of Transitional Housing	
Pima	CODAC Behavioral Health Services, Inc.	(520) 623-3533
	Families and Schools Together	
	Healthy Families	
	Rascals	
	Voices United Program	
	Families Aprendiendo Juntas (Families Learning Together)	
	Building Me	
	Building Bridges Program	
	Community Prevention Services	
Pima	Community Foundation for Southern Arizona	(520) 770-0800
	Grants	
Pima	COPE Behavioral Services, Inc.	(520) 884-0707
	Substance Abuse Rehabilitation Outpatient Services	
	Acupuncture Detoxification Clinic	
	Chemical Dependency Services	
	FREE (Focus on Recovery through Education and Empowerment)	
	Insiders	

County	Agency or Organization	Telephone
	General Mental Health Services	
	Toole Homeless Services	
	Social Educational Enrichment Center (SEEC)	
Pima	El Pueblo Clinic, Inc.	(520) 573-0096
	Community Based Care	
Pima	El Rio Health Center	(520) 670-3909
	Special Needs Population	
	The P.R.O.J.E.C.T	
	El Rio Services	
Pima	GLSEN-Gay, Lesbian and Straight Education Network	(5200 743-4200
	Community Outreach	
Pima	Pascua Yaqui Indian Tribe of Arizona	(520) 883-6000 , (520) 879-6087
	Alcohol and Substance Abuse Program	
	Traditional Healing Project	
	Health Department	
	Liougue Senior Center	
Pima	The Haven Inc.	(520) 623-4590
	Residential Service Program	
Pima	Tohono O'odham Department of Health and Human Services	(520) 383-8750
	Tohono O'odham Early Childhood/ Head Start Program	
	Social Services Programs	
	Health Programs	
Santa Cruz	Boys and Girls Club	(520) 287-3733
	Health and Life Skills	
Santa Cruz	Carondelet Health Network	(520) 285-3000
	Services	
Santa Cruz	Department of Econmic Security Child Protective Services	(520) 287-3185
	Child and Protective Services	
Santa Cruz	Nogales Unified Public School District	(520) 287- 0800
	Safety Program	
Santa Cruz	The Way of the Heart : The Promatora Institute	(520) 287-2240
	Un Buen Comienzo	
Sonora	ACJ Niños Migrantes	633-33-8-4000
	Casa YMCA de Menores Migrantes	
Sonora	Albergue Regenerativo Misionero Luz y Vida	
	Crear un fuente de Trabajo	
Sonora	Centro de Información para la Salud	31-3-56-70

County	Agency or Organization	Telephone
	Programa de Protección a los Niños	
Sonora	Hospital General de San Luis Rio Colorado	653-531119
	La Secretaria de Salud	
Sonora	Servicios de Salud de Sonora	31-3-5650
	Programa Externo	
	Programa Interna	
Yuma	Planned Parenthood	(928) 343-3012
	Positive Force Players	
Yuma	Quechan Indian Tribe	(760) 572-0201
	Family Reunification	
	Stop Violence Against Indian Women	
Yuma	Somerton/Cocopah Fire Department	(928) 627-4165
	Emergency, Fire and EMS Services	
Yuma	Western Arizona Area Health Education Center-WAHEC	(928) 627-9222
	Project Hero	
Yuma	Yuma County Department of Public Health	(928) 317-4580
	Injury Prevention Program	
	Health Start	

County	Agency or Organization	Telephone
Borderwide	Arizona Children's Association	(520) 622-7611 (800) 947-7611
	Kinship and Adoption Resources and Education (K.A.R.E) Family Center	(000) 547-7011
	Permanency Planning	
	Outpatient Services	
	Inpatient Services	
	The Parent Connection	
Borderwide	Arizona Department of Economic Security	1-800-835-2100
	Child, Youth and Family Services	
	Health and Social Resources	
	Services for People with Disablitlies	
Borderwide	Arizona Department of Health Services	(602) 364-1400
	Medical Home Project	
	Reproductive Health/Family Planning	
	Newborn Screening Program (comprised of Newborn Endocrine/Metabolic/Hematological Screening [NBS] and Universal Newborn Hearing Screening [UNHS])	
	Health Start Program	
	County Prenatal Block Grant (Cochise, Santa Cruz and Yuma Counties)	
	Abstinence Until Marriage Education	
Borderwide	Arizona Department of Health Services- Office of Border Health	(520) 770-3114
	Hospital General of San Luis Rio Colorado, Sonora : Neonate Equipment	
	Healthy Gente	
	Increase Access to Care and Improve Quality of Care	
Borderwide	Child and Family Resources	(520) 881-8940
	Arizona Early Intervention Program	
	Choices for Teen Parents	
	Centers for Adolescent Parents	
Borderwide	Child and Parent Centers Inc.	(520) 882-0100
	Head Start	
Borderwide	Community Partnership of Southern Arizona (CPSA)	(520) 325-4268
	Central Office	
Borderwide	March of Dimes	(520) 298-5490
	General Program Overview	
Borderwide	Planned Parenthood	(520) 624-1761
	Protection Connection	
	Omeyacan YES Program	
	School Based Sexual Health Promotion Program	

County	Agency or Organization	Telephone
Borderwide	South Eastern Behavioral Health Services	(520) 586-7080
	Chemical Dependency Services	
	Psychiatric Health Facility Services	
	Youth and Family Services	
	Services for Seriously Mentally Ill Adults	
Cochise	Chiricahua Community Health Centers, Inc.	(520) 642-2222
	Primary Medical and Dental Care and Disease Prevention, including Mental Health, Nutrition and Environmental Health	
Cochise	Cochise County Health Department	(520) 432-9465
	Family Planning	
	Binational / Border Health Programs	
	Contraception Counseling and Methods	
Cochise	Northern Cochise Community Hospital Ambulatory Clinics	(520) 384-3541
Cochise	We Care, Crisis Pregnancy Inc. Worth the Wait	(520) 458-5683
Cochise	Wilcox Against Substance Abuse Message Theatre	(520) 384-47777
Pima	Altar Valley School District #51	(520) 822-1484
	Alta Valley Health and Wellness Center	
Pima	Arivaca Coordinating Council/Human Resource Group, Inc.	(520) 398-2771
	Human Resource Group	
Pima	Brewster Center for Domestic Violence	(520) 881-7201 , (520) 320-7556
	Outreach Counseling	
	The Wings of Transitional Housing	
	Residential Services	
	Advocacy Services	
	Legal Clinic	
Pima	Casa de Los Ninos	(520) 624-5600
	Family Visitation Services	
	Children's Crisis Center	
	Casita de Salud	
	Family Builders	
	Child Abuse Prevention Through Legal Education	
	Healthy Families Program	
Pima	Casey Family Programs	(52) 323-6819
	Long Term Foster Care	
	K.A.R.E (Kinship and Adoption Resource and Education ) Family Center	

County	Agency or Organization	Telephone
	Self Sufficiency and Transition Services	
Pima	CODAC Behavioral Health Services, Inc.	(520-327-4505
	Las Amigas	
	Voices United Program	
	Las Hermanas	
Pima	<b>Community Foundation for Southern Arizona</b> Grants	(520) 770-0800
Pima	COPE Behavioral Services, Inc.	9520 792-3293
	Toole Homeless Services	
	General Mental Health Services	
Pima	El Pueblo Clinic, Inc.	(520) 573-0096
	Community Based Care	
Pima	El Rio Health Center	(520) 670-3909
	The P.R.O.J.E.C.T	
	Women's Health	
	El Rio Services	
	Teen Pregnancy Support	
Pima	Pascua Yaqui Indian Tribe of Arizona	(520) 883-5020
	Health Department	
	Traditional Healing Project	
	Liougue Senior Center	
Pima	The Haven Inc.	(520) 623-4590
	Residential Service Program	
Pima	Tohono O'odham Department of Health and Human Services	(520) 383-6240
	Health Programs	
	Social Services Programs	
	Tohono O'odham Early Childhood/ Head Start Program	
Pima	Tucson Medical Center	(520) 324-1953/1938
	Program Neovida-Agua Prieta,Sonora	
Santa Cruz	Boys and Girls Club	(520) 287-3733
	Health and Life Skills	
Santa Cruz	Carondelet Health Network	(520) 285-3000
	Child Birthing Classes	
	Services	
Santa Cruz	Mariposa Community Health Center Health Start	(520) 287 2860
	Border Vision Fronteriza-KidsCare	
	Salud Si Program	
	Well Women Health Check	
Santa Cruz	Nogales Unified Public School District	(520) 287- 0800

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County	Agency or Organization	Telephone
	Abstinence Only Education	
Santa Cruz	The Way of the Heart : The Promatora Institute	(520) 287-2240
	Un Buen Comienzo	
	Tobacco Prevention	
Sonora	Centro de Información para la Salud	31-3-56-70
	Adicciones	
	Embarazo en La Adolescencia	
	Sexualidad en la Adolescencia	
Sonora	Hospital General de San Luis Rio Colorado	653-531119
	La Secretaria de Salud	
Sonora	Servicios de Salud de Sonora	31-3-5650
	Programa Externo	
	Programa Interna	
Yuma	ARISE, INC.	(928) 783-8771
	Pequeños del Sol	
Yuma	Planned Parenthood	(928) 343-3012
	Health Care Services	
	Positive Force Players	
	Counseling	
	Sexual Education	
Yuma	Yuma County Department of Public Health	(928) 317-4500
	Teen Pregnancy	
	Women Infant and Children Program (WIC)	
	Health Start	
	KidsCare	
	Sexually Transmitted Disease (STD) Program	
	Prenatal Care and Pregnancy Testing	
	Comenzando Sano -Health Start Program	
	Immunizations	
	Nurse Case Management for Pregnant Teens	
	Babes Program	
	High-Risk Child Health	

County	Agency or Organization	Telephone
Borderwide	Arizona Children's Association	(520) 622-7611 (800) 947-7611
	Inpatient Services	
	Outpatient Services	
	Permanency Planning	
	The Parent Connection	
	Kinship and Adoption Resources and Education (K.A.R.E) Family Center	
Borderwide	Arizona Department of Economic Security	1-800-835-2100
	Child, Youth and Family Services	
	Health and Social Resources	
	Services for People with Disablitlies	
Borderwide	Arizona Department of Health Services- Office of Border Health	(520) 770-3113
	Healthy Gente	
Borderwide	Border Health Foundation-Puentes de Amistad	(520) 364-8200
	Chiricicahua Community Health Center, Rural Health Outreach Grant	
	Diabetes Consortium	
	Disparities	
	Strengthening Families	
Borderwide	Child and Parent Centers Inc.	(520) 882-0100
	Head Start	
Borderwide	Community Partnership of Southern Arizona (CPSA)	(520) 325-4268
<b>N</b> 1 11	Central Office	
Borderwide	CROSSROADS Mission	(928) 783- 9364
Borderwide	Serenity House	(520) 596 7090
Doruerwide	South Eastern Behavioral Health Services	(520) 586-7080
	Services for Seriously Mentally Ill Adults	
	Youth and Family Services	
	Crisis Care Services	
	General Mental Health Services	
	Community & Prevention Services	
	Psychiatric Health Facility Services	
Cochise	Chemical Dependency Services Border Health Foundation-Compañeros and Juntos Unidos	(520) 364-8200

County	Agency or Organization	Telephone
	Strengthening Families	
	Disparities	
Cochise	Mary's Mission and Developmental Center	(520) 417-2115
	Mary's Mission and Developmental Center	
Cochise	Wilcox Against Substance Abuse	(520) 384-47777
	School and Community Support	
	WASA/WIA	
	Message Theatre	
Pima	Amity Foundation	(520) 749-5980
	Amity at Circle Tree Ranch	
	Amity Foundation-Residential Program	
Pima	Amphitheater Unified School District #10	(520)696-5000, (520) 696-5055
	Family Resource and Wellness Centers-AMPHI	
	Community Counseling Center	
Pima	Arivaca Coordinating Council/Human Resource Group, Inc.	(520) 398-2771
	Human Resource Group	
Pima	Arizona Housing and Prevention Services , Inc.	(520) 498-4613
	Arizona Housing and Prevention Services, Inc.	
Pima	Big Brothers/Big Sisters of Tucson	(520) 624-2447
	Programs	
Pima	Brewster Center for Domestic Violence	(520) 881-7201 , (520) 320-7556
	Outreach Counseling	
	The Wings of Transitional Housing	
	Advocacy Services	
	Legal Clinic	
	Residential Services	
Pima	Casa de Esperanza	(520) 625-2273
	Concerned Advisors	
	Adult Day Care Center	
	Match Makers	
	Behavioral Health Services	
	Los Ninos De Valle	
	CARE Line	

County	Agency or Organization	Telephone
	Building Memories Together	
	Casa Senior Center	
	Community Meal Program	
Pima	Casey Family Programs	(52) 323-6819
	K.A.R.E (Kinship and Adoption Resource and Education ) Family Center	
	Self Sufficiency and Transition Services	
	Long Term Foster Care	
Pima	CO-ANON Family Groups	(520) 513-5028
	Support Group Services	
Pima	CODAC Behavioral Health Services, Inc.	(520) 623-3533
	Building Bridges Program	
	Community Prevention Services	
	Child and Adolescent Treatment Programs	
	Las Hermanas	
	Integrated Adult Services	
	Building Me	
	Families and Schools Together	
	Families Aprendiendo Juntas (Families Learning Together)	
	Voices United Program	
	Rascals	
	Methadone Services	
	Healthy Families	
	Las Amigas	
Pima	Community Foundation for Southern Arizona	(520) 770-0800
	Grants	
Pima	COPE Behavioral Services, Inc.	(520) 884-0707
	Chemical Dependency Services	
	Toole Homeless Services	
	General Mental Health Services	
	FREE (Focus on Recovery through Education and Empowerment)	
	Acupuncture Detoxification Clinic	
	Substance Abuse Rehabilitation Outpatient Services	

County	Agency or Organization	Telephone
	Social Educational Enrichment Center (SEEC)	
	Insiders	
Pima	El Pueblo Clinic, Inc.	(520) 573-0096
	Community Based Care	
Pima	El Rio Health Center	(520) 670-3909
	El Rio Services	
	Special Needs Population	
	The P.R.O.J.E.C.T	
Pima	Pascua Yaqui Indian Tribe of Arizona	(520) 883-5020
	Health Department	
	Traditional Healing Project	
	Liougue Senior Center	
	Alcohol and Substance Abuse Program	
Pima	The Haven Inc.	(520) 623-4590
	Residential Service Program	
Pima	Tohono O'odham Department of Health and Human Services	(520) 383-6240
	Health Programs	
	Social Services Programs	
Santa Cruz	Carondelet Health Network	(520) 285-3000
	Services	
Santa Cruz	Nogales Unified Public School District	(520) 287- 0800
	Threat Assessment Program	
Sonora	Albergue Regenerativo Misionero Luz y Vida	
	Crear un fuente de Trabajo	
Sonora	Servicios de Salud de Sonora	31-3-5650
	Programa Interna	
	Programa Externo	
Yuma	Border Health Foundation-Puentes de Amistad	(928) 627-4280
	Disparities Project (Substance Abuse/Mental Health of Latinas)	
Yuma	Planned Parenthood	(928) 343-3012
	Counseling	
	Positive Force Players	
Yuma	Western Arizona Area Health Education Center-WAHEC	(928) 627-9222

County	Agency or Organization	Telephone
	Project Hero	
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Yuma	Yuma County Department of Public Health	(928) 317-4580
	HIV Outpatient Program	

# **Nutrition and Overweight Resources**

County	Agency or Organization	Telephone
Borderwide	Arizona Department of Economic Security Health and Social Resources	1-800-835-2100
Borderwide	Arizona Department of Health Services- Office of Border Health Healthy Gente	(520) 770-3113
	Naco School Health Index	
Borderwide	Arizona Kidney Foundation, Affiliate National Kidney Foundation Affiliate National Kidney Foundation	(520) 882-7604 , (602) 840-1644
Borderwide	Association of Arizona Food Banks Central Donar Service	(800) 445-1914
Borderwide	Child and Family Resources Healthy Families	(520) 364-5150
	Child & Adult Care Food Program	
Borderwide	Child and Parent Centers Inc. Head Start	(520) 882-0100
Borderwide	GAMBRO Health Center Outpatient Dialysis Center of Southeastern Arizona	(520) 748-7422
Cochise	<b>Chiricahua Community Health Centers, Inc.</b> Primary Medical and Dental Care and Disease Prevention, including Mental Health, Nutrition and Environmental Health	(520) 642-2222
Cochise	<b>Cochise County Health Department</b> 5-A-Day for Better Health	(520) 432-9632
Cochise	University of Arizona Cooperative Extension Bone Builders: Osteoporosis Prevention	(520) 458-8278
	Expanded Food and Nutrition Education Program	
Pima	Altar Valley School District #51 Alta Valley Health and Wellness Center	(520) 822-1484
Pima	American Heart Association American Heart Assocation	(520) 795-1403 , (877) 242-4277
Pima	Arivaca Coordinating Council/Human Resource Group, Inc. Human Resource Group	(520) 398-2771
	Arivaca Food Bank	
Pima	CODAC Behavioral Health Services, Inc. Voices United Program	(520) 623-3533
Pima	<b>Community Foundation for Southern Arizona</b> Grants	(520) 770-0800
Pima	COPE Behavioral Services, Inc.	9520 792-3293

# **Nutrition and Overweight Resources**

County	Agency or Organization	Telephone
	Toole Homeless Services	
	Social Educational Enrichment Center (SEEC)	
Pima	El Pueblo Clinic, Inc.	(520) 573-0096
	Community Based Care	
Pima	<b>El Rio Health Center</b> El Rio Services	(520) 670-3909
	Women's Health	
Pima	Pascua Yaqui Indian Tribe of Arizona Health Department	(520) 883-5020
	Liougue Senior Center	
	Traditional Healing Project	
Pima	<b>Tohono O'odham Department of Health and Human Services</b> Health Programs	(520) 383-6240
	Social Services Programs	
	Tohono O'odham Early Childhood/ Head Start Program	
	Healthy O'odham Promotion Program	
Santa Cruz	Boys and Girls Club Health and Life Skills	(520) 287-3733
	Sports Fitness and Recreation	
Santa Cruz	Carondelet Health Network Diabetes Program	(520) 285-3000
Santa Cruz	Mariposa Community Health Center Community Nutrition Program	(520) 287 2860
	Border Health Si	
	Salud Si Program	
Santa Cruz	Nogales Unified Public School District Nutrition and Obesity Management	(520) 287- 0800
Santa Cruz	The Way of the Heart : The Promatora Institute Diabetes Program	(520) 287-2240
	Un Buen Comienzo	
Sonora	Asociación Mexicana de Diabetes en Sonora, A.C Mejorar la Vida de La Población	31-3-0519
Yuma	<b>Border Health Foundation-Puentes de Amistad</b> Rural Health Outreach Project (RHO)	(928) 627-4280
Yuma	Sunset Community Health Center	(928) 627-2051

# **Nutrition and Overweight Resources**

County	Agency or Organization	Telephone
	Sunset Diabetes Outreach and Education Program.	
Yuma	University of Arizona Cooperative Extension Yuma on the Move	(928) 726-3904
	Border Health SI	
Yuma	Western Arizona Area Health Education Center-WAHEC School Health Index Program	(928) 627-9222
	Between Friends/Entre Amigas	
	Community-Based After School Program	
	Project Hero	
	"Paso a Paso." A Physical Activity and Cardiovascular Diseases Awareness Program.	
Yuma	Yuma County Department of Public Health Community Nutrition Program	(928) 317-4580
	Arizona Community Network Quechan Indian Tribe-Senior Nutrition Project	
	Physical Activity	
	Comenzando Sano -Health Start Program	
	Arizona Nutrition Network Program	

## **Oral Health Resources**

County	Agency or Organization	Telephone
Borderwide	Arizona Dental Association	(800) 866-2732
	Referral Services	
Borderwide	Arizona Department of Economic Security	1-800-835-2100
	Services for People with Disablitlies	
	Senior Services	
	Child, Youth and Family Services	
Borderwide	Arizona Department of Health Services- Office of Border Health	(520) 770-3113
	Healthy Gente	
Borderwide	Child and Parent Centers Inc.	(520) 882-0100
	Head Start	
Borderwide	Dental del Sol	Mexico : 631-312-22-35 US : 520 245- 7028
	Dental Services	
Borderwide	Dental Laser	US : 520-940-5518 Mexico : 631-312- 0056
	Dental Services	
Cochise	Chiricahua Community Health Centers, Inc.	(520) 642-2222
	Primary Medical and Dental Care and Disease Prevention, including Mental Health, Nutrition and Environmental Health	
Pima	Altar Valley School District #51	(520) 822-1484
	Alta Valley Health and Wellness Center	
Pima	El Pueblo Clinic, Inc.	(520) 573-0096
	Community Based Care	
Pima	El Rio Health Center	(520) 670-3909
	El Rio Services	
Pima	Pascua Yaqui Indian Tribe of Arizona	(520) 883-5020
	Liougue Senior Center	
	Health Department	
	Traditional Healing Project	
Pima	Tohono O'odham Department of Health and Human Services	(520) 383-6240
	Health Programs	
Yuma	Yuma County Department of Public Health	(928) 343-0098
	Yuma County Dental Sealant Program	

# **Respiratory Health Resources**

County	Agency or Organization	Telephone
Borderwide	American Lung Association	(520) 323-1812
	Open Airways For Schools	
Borderwide	Arizona Department of Economic Security	1-800-835-2100
	Health and Social Resources	
	Senior Services	
Borderwide	Arizona Department of Environmental Quality	(520) 628-6744
	Ambos Nogales Binational Air Quality Dialogue	
	Ambos Nogales Binational Air Quality Educational Outreach Campaign	
Borderwide	Arizona Department of Health Services	(602) 542-1860
	Asthma Program	
Borderwide	Arizona Department of Health Services- Office of Border Health	(520) 770-3113
	Healthy Gente	
Borderwide	Child and Family Resources	(520) 364-5150
	Community Assistance of Southern Arizona (CASA)	
Borderwide	Child and Parent Centers Inc.	(520) 882-0100
	Head Start	
Borderwide	University of Arizona, Mel and Enid Zuckerman College of Pubic Health	
	Asthma in School Children	
Bordewide	Asthma Foundation of Southern Arizona	(520) 323-6046 , (520) 324-1138
	Services	
Cochise	Northern Cochise Community Hospital	(520) 384-3541
	Ambulatory Clinics	
	Respiratory Services	
Pima	Altar Valley School District #51	(520) 822-1484
	Alta Valley Health and Wellness Center	
Pima	American Heart Association	(520) 795-1403 , (877) 242-4277
	American Heart Assocation	
Pima	CODAC Behavioral Health Services, Inc.	(520) 623-3533
	Families and Schools Together	
Pima	El Pueblo Clinic, Inc.	(520) 573-0096
	Community Based Care	
Pima	El Rio Health Center	(520) 670-3909
	The P.R.O.J.E.C.T	
	El Rio Services	
Pima	Pascua Yaqui Indian Tribe of Arizona	(520) 883-5020

# **Respiratory Health Resources**

County	Agency or Organization	Telephone
	Traditional Healing Project	
	Liougue Senior Center	
	Health Department	
Pima	Tohono O'odham Department of Health and Human Services	(520) 383-6240
	Health Programs	
Santa Cruz	Carondelet Health Network	(520) 285-3000
	Services	
Sonora	Hospital General de San Luis Rio Colorado	653-531119
	La Secretaria de Salud	
Yuma	Western Arizona Area Health Education Center-WAHEC	(928) 627-9222
	Gotitas de Aire	

County	Agency or Organization	Telephone
Borderwide	Arizona Children's Association	(520) 622-7611 (800) 947-7611
	Outpatient Services	
	The Parent Connection	
	Inpatient Services	
	Permanency Planning	
	Kinship and Adoption Resources and Education (K.A.R.E) Family Center	
Borderwide	Arizona Department of Economic Security	1-800-835-2100
	Health and Social Resources	
Borderwide	Arizona Department of Health Services- Office of Border Health	(520) 770-3113
	Healthy Gente	
Borderwide	Border Health Foundation-Puentes de Amistad	(520) 364-8200
	Drug Free Communities Support Program	
	Strengthening Families	
	Chiricicahua Community Health Center, Rural Health Outreach Grant	
	: Diabetes Consortium	
Borderwide	Child and Family Resources	(520) 881-8940
	Strengthening Families	
	Girl Talk / Guy Talk Prevention Programs	
Borderwide	Child and Parent Centers Inc.	(520) 882-0100
	Head Start	
Borderwide	Community Partnership of Southern Arizona (CPSA)	(520) 325-4268
	Central Office	
Borderwide	CROSSROADS Mission	(928) 783- 9364
	Crossroads Recovery Life Skills Program	
Borderwide	Planned Parenthood	(520) 624-1761
	Omeyacan YES Program	
Borderwide	South Eastern Behavioral Health Services	(520) 586-7080
	Chemical Dependency Services	
	Youth and Family Services	
	Psychiatric Health Facility Services	
Cochise	Border Health Foundation-Compañeros and Juntos Unidos	(520) 364-8200
	Drug Free Communities Support Program	
	Disparities	
	Strengthening Families	
Cochise	Cochise County Health Department	(520) 432-9627
	Binational / Border Health Programs	

County	Agency or Organization	Telephone
Cochise	Mary's Mission and Developmental Center	(520) 417-2115
	Mary's Mission and Developmental Center	
Cochise	Wilcox Against Substance Abuse	(520) 384-47777
	Message Theatre	
	WASA/WIA	
	Youth Court	
	School and Community Support	
Pima	Alchoholics Anonymous	(520)624-4183
	Alchoholics Anonymous	
Pima	Altar Valley School District #51	(520) 822-1484
	Alta Valley Health and Wellness Center	
Pima	Amity Foundation	(520) 749-5980
	Amity at Circle Tree Ranch	
	Amity Foundation-Residential Program	
Pima	Amphitheater Unified School District #10	(520)696-5000, (520) 696-5055
	Family Resource and Wellness Centers-AMPHI	
	Community Counseling Center	
Pima	Arivaca Coordinating Council/Human Resource Group, Inc.	(520) 398-2771
	Human Resource Group	
Pima	Arizonans for a Drug Free Workplace	(520) 295-5962 , (800) 592-3339
	Technical and Educational Programs	
Pima	Big Brothers/Big Sisters of Tucson	(520) 624-2447
	Programs	
Pima	CO-ANON Family Groups	(520) 513-5028
	Support Group Services	
Pima	CODAC Behavioral Health Services, Inc.	(520) 623-3533
	Healthy Families	
	Integrated Adult Services	
	Methadone Services	
	Families and Schools Together	
	Rascals	
	Voices United Program	
	Families Aprendiendo Juntas (Families Learning Together)	
	Building Me	
	Las Amigas	
	Las Hermanas	
	Building Bridges Program	

County	Agency or Organization	Telephone
	Community Prevention Services	
	Child and Adolescent Treatment Programs	
Pima	Community Foundation for Southern Arizona	(520) 770-0800
	Grants	
Pima	COPE Behavioral Services, Inc.	(520) 884-0707
	Acupuncture Detoxification Clinic	
	General Mental Health Services	
	Insiders	
	Chemical Dependency Services	
	Substance Abuse Rehabilitation Outpatient Services	
	Social Educational Enrichment Center (SEEC)	
	FREE (Focus on Recovery through Education and Empowerment)	
Pima	El Pueblo Clinic, Inc.	(520) 573-0096
	Community Based Care	
Pima	El Rio Health Center	(520) 670-3909
	Special Needs Population	
	The P.R.O.J.E.C.T	
	Women's Health	
	El Rio Services	
Pima	Pascua Yaqui Indian Tribe of Arizona	(520) 883-6000 , (520) 879-6087
	Alcohol and Substance Abuse Program	
	Traditional Healing Project	
	Behavioral Health Services	
	Liougue Senior Center	
Pima	The Haven Inc.	(520) 623-4590
	Residential Service Program	
Pima	Tohono O'odham Department of Health and Human Services	(520) 383-6240
	Health Programs	
	Social Services Programs	
Santa Cruz	Carondelet Health Network	(520) 285-3000
<b>a</b> . <b>a</b>	Services	
Santa Cruz	Mariposa Community Health Center	(520) 287 2860
~ . ~	BMS Southern Arizona Heart Health	
Santa Cruz	The Way of the Heart : The Promatora Institute	(520) 287-2240
a	Substance Abuse Prevention	
Sonora	ACJ Niños Migrantes	633-33-8-4000
	Casa YMCA de Menores Migrantes	

County	Agency or Organization	Telephone
Sonora	Albergue Regenerativo Misionero Luz y Vida	
	Crear un fuente de Trabajo	
Sonora	Centro de Información para la Salud	31-3-56-70
	Adicciones	
Sonora	Servicios de Salud de Sonora	31-3-5650
	Programa Interna	
	Programa Externo	
Yuma	Border Health Foundation-Puentes de Amistad	(928) 627-4280
	Disparities Project (Substance Abuse/Mental Health of Latinas)	
	Entre Familia- Strengthening Families	
Yuma	Planned Parenthood	(928) 343-3012
	Positive Force Players	
Yuma	Western Arizona Area Health Education Center-WAHEC	(928) 627-9222
	Project Hero	

### **Tobacco Cessation Resources**

County	Agency or Organization	Telephone
Borderwide	Arizona Department of Economic Security	1-800-835-2100
	Health and Social Resources	
Borderwide	Arizona Department of Health Services- Office of Border Health	(520) 770-3113
	Healthy Gente	
Borderwide	Border Health Foundation-Puentes de Amistad	(520) 364-8200
	Drug Free Communities Support Program	
Borderwide	Child and Family Resources	(520) 881-8940
	Girl Talk / Guy Talk Prevention Programs	
Borderwide	Child and Parent Centers Inc.	(520) 882-0100
	Head Start	
Borderwide	Community Partnership of Southern Arizona (CPSA)	(520) 325-4268
D	Central Office	
Borderwide	University of Arizona, Mel and Enid Zuckerman College of Pubic Health	
	Best Practices in Tobacco Control	
Cochise	Border Health Foundation-Compañeros and Juntos Unidos	(520) 364-8200
	Drug Free Communities Support Program	
Cochise	Chiricahua Community Health Centers, Inc.	(520) 642-2222
	Primary Medical and Dental Care and Disease Prevention, including Mental Health, Nutrition and Environmental Health	
Cochise	Cochise County Health Department	(520) 432-9627
	Binational / Border Health Programs	
Cochise	Wilcox Against Substance Abuse	(520) 384-47777
	Message Theatre	
	Tobacco Prevention	
	School and Community Support	
Pima	American Heart Association	(520) 795-1403 , (877) 242-4277
	American Heart Assocation	
Pima	Amphitheater Unified School District #10	(520)696-5000, (520) 696-5055
	Family Resource and Wellness Centers-AMPHI	
	Community Counseling Center	
Pima	Arizonans for a Drug Free Workplace	(520) 295-5962 , (800) 592-3339
	Technical and Educational Programs	
Pima	Big Brothers/Big Sisters of Tucson Programs	(520) 624-2447
Pima	CODAC Behavioral Health Services, Inc.	(520-327-4505
	Las Amigas	
	Las Hermanas	
	Child and Adolescent Treatment Programs	

### **Tobacco Cessation Resources**

County	Agency or Organization	Telephone
	Voices United Program	
Pima	COPE Behavioral Services, Inc.	(520) 792-3293
	Social Educational Enrichment Center (SEEC)	
Pima	El Pueblo Clinic, Inc.	(520) 573-0096
	Community Based Care	
Pima	El Rio Health Center	(520) 670-3909
	Special Needs Population	
	The P.R.O.J.E.C.T	
	El Rio Services	
	HIV Early Intervention Project	
	Women's Health	
Pima	Pascua Yaqui Indian Tribe of Arizona	(520) 883-5020
	Behavioral Health Services	
	Liougue Senior Center	
	Traditional Healing Project	
	Alcohol and Substance Abuse Program	
Pima	The Haven Inc.	(520) 623-4590
	Residential Service Program	
Pima	Tohono O'odham Department of Health and Human Services	(520) 383-6240
	Health Programs	
	Social Services Programs	
Santa Cruz	Boys and Girls Club	(520) 287-3733
	Health and Life Skills	
Santa Cruz	Carondelet Health Network	(520) 285-3000
	Services	
Santa Cruz	Mariposa Community Health Center	(520) 287 2860
	Community Nutrition Program	
	BMS Southern Arizona Heart Health	
	American Legacy Foundation	
	Tobacco Local Project	
	Salud Si Program	
Santa Cruz	Nogales Unified Public School District	(520) 287- 0800
	Tobacco Abatement Program	
Santa Cruz	The Way of the Heart : The Promatora Institute	(520) 287-2240
	Tobacco Prevention	
Yuma	Planned Parenthood	(928) 343-3012
•	Positive Force Players	(000) 215 4500
Yuma	Yuma County Department of Public Health Tobacco Use Prevention	(928) 317-4580
	Tobacco Use Prevention Program	

#### Arizona-Sonora Health Inventory and Resource Guide March 12, 2004: 10am – 11am ADHS – Office of Border Health

**Samantha Sabo**: Returned Peace Corps Volunteer Fellow for Office of Border Health – Arizona Sonora Health Resource Guide Coordinator

Ana Nevares: Outreach Coordinator - Arizona Delegation, USMBHC

#### **Participants:**

**Robert Guerrero** – Tucson Hispanic Coalition, Doctor for the Hispanic population at TMC, and technical support for United States-Mexico Border Health Commission

**Victor Flores** – Cultural Diversity Specialist at Community Partnership of Southern Arizona, 18 years of experience in criminal justice and mental health

Cecilia Rosales – Chief, Office of Border Health

#### **Power Point Presentation**: Samantha Sabo

- Project of ADHS-Office of Border Health, Arizona Delegation-US Mexico and Border Health Commission
- Collaboration: Vertical and Horizontal
- Health Resource Guide Background
- Limitations of the questionnaire
- Future goals for the resource guide

#### **Group Discussion**:

- How do you anticipate the guide will be used?
  - ✓ Within the hospital the discharge planners will be able answer the questions of where to find resources
  - ✓ CDROM would also be useful within the hospital and small agencies with limited numbers of computers. Updating the information on the CDROM would also be easier and the CDROM can be down loaded on a number of computers so that multiple users can access instead of waiting for the resource guide
- How will clients or community members use the guide?
  - ✓ Social workers will use the resource guide to provide clients and community members with information
  - ✓ Suggestions to have in a community setting, so that community members have access to it: public libraries
  - ✓ Make it available on the website (PDF was also a suggestion) so that community members can access it at a public library

### What sections did you feel were most important and what sections did you feel were not complete and needed additional information?

 $\checkmark$  Expansion on the programs within one agency

- ✓ INR should have been interfaced within the whole resource guide (the difference between the Information Network Resources and the Health Resource Guide is the Resource Guide augments the Border counties and reflects the Healthy Gente 2010 Objectives).
- ✓ Centro Juvenile is a child serving agency that deals with the border cities but is housed in Mexico City
- $\checkmark$  Expand the information provided within the target population
- $\checkmark$  Add whether the agency is bilingual
- ✓ Specify if the agency charges a flat fee, sliding scale, or accepts health care plans such as ACCCHS
- ✓ It would also be useful to have it translated both in Spanish and English: flip side for each section
- ✓ Wing Span is the group which captures all gay and lesbian groups...maybe use that as a main source and the rest will fall under
- $\checkmark$  CPSA offices encompass state and county agencies for mental health services

#### • How do you feel about the contact information?

✓ People change positions regularly, so it is better to only list a general phone number and email address for the agency.

#### Geo Mapping

- How would it enhance the resource guide and what information is needed to complete the geo mapping?
  - $\checkmark$  Use of demographic maps broken down by census
  - ✓ Use when talking about areas of need, penetration rate: all information is obtained out of rural areas
  - ✓ One would be able to enhance the representation of disease rates and help those who are more visual, which gives people a general idea or snap shot
  - ✓ No experience needed all one has to do is to type all information into the web database and get all of the census information
  - ✓ Geo-mapping to include: 1.) Health program location 2) Demographics and 3.) Disease rates (morbidity or mortality)
- Health agency promotion:
  - ✓ Use engagement strategies/incorporate populations not always used
  - ✓ Use of geo mapping with help agency staff visually locate for the community member where the resources are
- Use of maps that connect who is working with who?
  - $\checkmark$  People can become territorial and may not want to use it to help out
  - ✓ Binational it would be more helpful to use geo mapping
  - $\checkmark$  There has been use of promotoras in binational settings
  - ✓ Recognition of informal relationships

#### Arizona-Sonora Health Inventory and Resource Guide March 15, 2004: 1pm – 3pm SEAHEC

Samantha Sabo: Returned Peace Corps Volunteer Fellow for Office of Border Health – Arizona Sonora Health Resource Guide Coordinator

Ana Nevares: Outreach Coordinator - Arizona Delegation, USMBHC

**Participants:** 

Esthela Navarro: Child and Family Resources, Inc. Healthy Families Program Director Rosie Simpson: Placticamos Salud, Case Monitor Karen Halverson: SEAHEC, Director Jesus Kataura: SEAHEC, Program Coordinator Ben Stepleton: Santa Cruz County Health Department, Environmental Health Director

#### **Power Point Presentation**: Samantha Sabo

- Project of ADHS-Office of Border Health, Arizona Delegation-US Mexico and Border Health Commission
- Collaboration: Vertical and Horizontal
- Health Resource Guide Background
- Limitations of the questionnaire
- Future goals for the resource guide

### For your county, are the following sections organized in an easy to understand and/or logical manner?

#### **A. Health Programs Description** *Average rating* = 7 (*on a scale of 1-10*)

Comments:

- ✓ Health Programs should be listed by disease category instead of Program name
- ✓ Good description of services
- ✓ Too much information, repeated
- ✓ Fluidity, keeping it up to date, compared to INR book,
- ✓ Printed document may be intimidating

#### **B. Glossary:** Average Rating= 7

Comments

- ✓ Move the heading letters farther left
- ✓ Good information

#### **C. Health Programs Index:** Average Rating =5

Comments:

- ✓ Programs and phone numbers are repeated (mainly in miscellaneous section)
- ✓ List agency within specific category, then under agency list ALL programs and one phone number (This section was modified according to suggestions form focus group)

✓ CD-Rom: Cross-reference index information within document as to link the index with the specific agency. (This is now available as a feature in the CD-Rom version)

**Language:** is considered appropriate for agency, but is unclear as to how appropriate the language is for community members. Document is considered by one participant as not appropriate for both groups unless it is bilingual.

#### **Group Discussion**

#### How do you anticipate the guide will be used?

- ✓ Referencing Sonoran agencies for client referral
- ✓ Referring Snowbirds
- ✓ CD-Rom to be put on Local libraries, schools for community members

#### Which sections were most useful to your agency?

- ✓ Collaboration and funding not useful
- ✓ Sonoran contact information useful.

#### Which sections were most useful to your community?

- ✓ Bi-lingual sections
- ✓ Include sliding fee scale, free services (not available in this First Edition)
- ✓ Include services which are offered in Spanish

#### List agencies in your area, which are not included, but in your opinion should be?

- 1. Hospital
- 2. Human Resource Council
- 3. WIC
- 4. Borderland Food Banks
- 5. Senior Centers and food services for elderly
- 6. Volunteer Organizations
- 7. Medical Clinics
- 8. Friends of the Santa Cruz River
- 9. Santa Cruz Valley USD #35- STEPS along the Border and Abstinence Program
- 10. Tubac Medical Clinic
- 11. Nogales Medical Clinic
- 12. Bio Terrorism

#### Arizona-Sonora Health Inventory and Resource Guide Community Focus Group March 22, 2004: 1pm – 3pm Café Molino

Samantha Sabo: Returned Peace Corps Volunteer Fellow for Office of Border Health – Arizona Sonora Health Resource Guide Coordinator Ana Nevares: Outreach Coordinator - Arizona Delegation, USMBHC

**Community Members:** Included 12 men and women of various age groups, including the age ranges of; 20-30s, 40-50s and over 60. Participants were long time residents of the Ambos Nogales area. The focus group was conducted in Spanish at a local restaurant, providing a comfortable atmosphere for both the community members and interviewer. Community members were broken up into small groups according to their estimated age range. They were each given a copy of the Ambos Nogales section of the Heath Resource Guide. The Ambos Nogales section includes, Nogales Arizona heath resources and Nogales, Sonora health resources.

Participants were asked to review each section and indicate the following: 1) If they had heard of the service but never used it 2) If they or their family/friend had used the service. Or 3.) If they had never heard or seen any advertisement about the health service.

Community Groups were asked about the following health agencies servicing the Santa Cruz County:

- ✓ Boys and Girls Club
- ✓ Carondelet Health Network
- ✓ Department of Economic Security (CPS)
- ✓ Mariposa Community Health Center-Placticamos Salud
- ✓ Nogales Unified Public School District
- ✓ Santa Cruz County Department of Community Services
- ✓ SEAHEC
- ✓ St. Andrews Clinic
- ✓ The Way of the Heart: The Promotora Institute
- ✓ US Department of Agriculture

**Results:** Most community participants were unaware of many of the specific programs offered by local health and social service agencies. Although most participants had heard of the above-mentioned health agencies, many were surprised to know that these agencies offered many different types of health education promotion services. The most widely used health agencies were the programs offered by *Placticamos Salud* (Mariposa Community Health Center) and the Boys and Girls Club. Many participants wanted to keep the Ambos Nogales health resource section as to encourage friends and family members in both Sonora and Arizona to make contact with the available specific programs offered. Community participants were very excited to know that this resource guide would soon be available to them, as they feel that the local news, radio and printed news media has not been the most effective method of promoting these specific programs they felt they would use in the future.

#### How did you know about these programs or hear about them?

- Clinic referrals
- Family and friends who had used the service

### Which programs or health topics are not represented in the Resource Guide, which you would like to know more about?

#### Health Topics

- Osteoporosis
- Arthritis
- Lupus
- Cancer (skin, colon)
- Screening
- Teen Pregnancy
- Depression/Mental Health
- Scholarships for college
- Anger Management

#### Health Programs

- SEABHS (in Santa Cruz County)
- Crossroads Mission
- Neurotics Anonymous
- CREDA Substance Abuse
- Gear Up Program
- Services Clubs (KIWANIS, Lions, Rotary)

#### How should the Health Resource Guide be made available to the general public?

- Public Library (hard copy and the CD-Rom version available on a Public Computer)
- Post Office (hard copy)
- Churches (hard copy and if a youth program with computer put CD-Rom on the Computer)
- Schools: School boards, School Counselors, Nursing
- Chamber of Commerce
- Services Clubs (KIWANIS, Lions, Rotary)

#### Arizona-Sonora Health Inventory and Resource Guide March 18, 2004: 10pm – 12pm Oficina de Salud Fronteriza CISAL

**Samantha Sabo** : Returned Peace Corps Volunteer Fellow for Office of Border Health – Arizona Sonora Health Resource Guide Coordinator

#### Ana Nevares: Outreach Coordinator - Arizona Delegation, USMBHC

**Participants:** Amix of 20 community and agency members with long time residence in Nogales Sonora. Governmental and non-governmental agencies were represented in the focus group. Apart from 3 community members, many long time government community health workers were also present.

#### Power Point Presentation (Spanish Version): Samantha Sabo

- Project of ADHS-Office of Border Health, Arizona Delegation-US Mexico and Border Health Commission History
- Collaboration: Vertical and Horizontal
- Health Resource Guide Background
- Limitations of the questionnaire
- Future goals for the resource guide

#### **Focus Group Questions**

#### How do you anticipate using the Health Resource Guide?

- Share experiences with other agencies and know more about what other agencies are doing.
- Refer and share information with community members
- It weighs to much
- Refer people across the line to services
- Help to organize Sonoran agencies. Through the resource guide agencies will become more accessible to agencies and the public they serve.

#### Which areas of the Health Resource Guide are the most useful to your agency?

- Need to know prices of services (this is not included in this First Version)
- Need to represent formal and informal community groups in the community as to increase contact and access to target populations.
- Spanish sections
- Would like to know the Community Groups formed already in the Colonias... names, cell phones or addresses of these community leaders of organized community members to help identify groups in the Colonia who are ready and willing to participate with Programs.

### Which format would be the easiest to access the directory? For your agency?

- $\checkmark$  CD-Rom for those that do not have access to internet
- $\checkmark$  Harcopy for those that do not have a computer
- $\checkmark$  CD-Rom can be put on a central computer to enable it's use
- $\checkmark$  Spanish is necessary

#### For your community members?

- ✓ Hard copy, but small hand held easily transportable
- ✓ This printed version is too big, needs to be smaller with information only, no need fp project description
- Community Groups telephone numbers, address and/or names of leaders
- $\checkmark$  Spanish is necessary
- $\checkmark$  This will help us to know who exactly to talk with and what programs the agency can help with

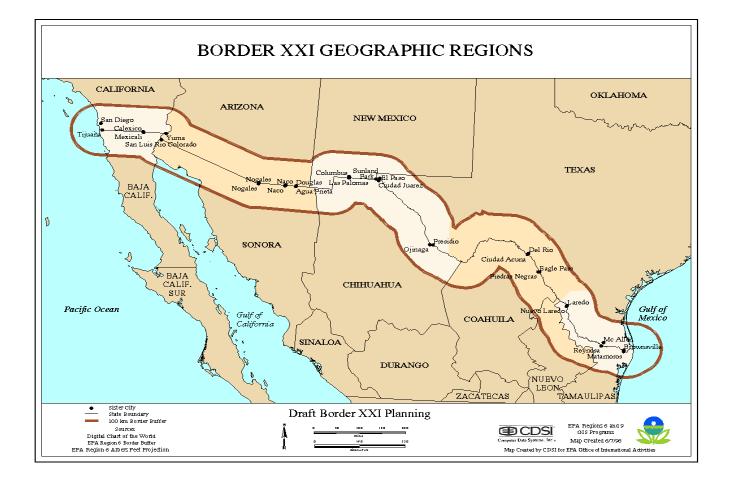
#### Which health agencies or health programs are not included in the Resource Guide but should be?

- ✓ Civil Institutions
- ✓ Homeless Shelters
- ✓ Violence Against Women Centers
- ✓ Governmental and Non-governmental organizations
- ✓ Adolescent Health
- ✓ Service Organizations
- ✓ Asilos/Albergues

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#### Por una mejor comunicación en Sonora



Janet Napolitano, Governor State of Arizona



Ing. Eduardo Robinson Bours Castelo, Gobernador Constitucional del Estado de Sonora y Presidente de la H. Junta de Gobierno





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