

**Arizona Department of Health Services (ADHS)  
Governor's Tribal Leaders Roundtable Update Report  
3/13/08**

**Division of Public Health Services**

Bureau of Chronic Disease Prevention and Control

Arizona Diabetes Program

**Goal:** Improve mobility for diabetes patients

**Action:**

- Provide Michael Redhouse, Physical Fitness Program Supervisor at the Salt River Pima-Maricopa Indian Community, with 50 Seated Strength Chair Exercise DVDs to distribute at the Diabetes Expo scheduled to be held on Saturday April 26, 2008 at the Phoenix Convention Center, 33 South Third Street, Phoenix, AZ - Exhibit Halls D & E.
- Produced 500 additional copies of Seated Strength Chair Exercise DVD's to distribute to tribal organizations in Arizona. DVDs produced by Phoenix Indian Medical Center through a 2007 grant from the Arizona Diabetes Program. The intended audience is people with diabetes who have difficulty walking.

Arizona Living Well Program

**Goal:** Improve self-management techniques for patients with chronic health issues

**Action:**

- The Arizona Living Well Program has partnered with the Intertribal Council of Arizona to offer the Stanford University Chronic Disease Self-Management Program to ITCA staff as well as participants from tribes across the state. The 6-week class is taking place in the Phoenix area and addresses self-management techniques to deal with the many issues that individuals living with chronic conditions face.

Comprehensive Cancer Program

**Goal:** Improve cancer diagnosis and treatment programs

**Action:**

- In January, Bureau staff members attended the second meeting of the Tohono O'odham Nation Cancer Planning Committee. The task of this committee is to assist with the development of the Comprehensive Cancer Control Plan and Program. At the inaugural meeting the subcommittees of Prevention/Early Detection; Diagnosis/Treatment and the End of Live Care/Survivorship were formed. At the second meeting the members reviewed the year 2 proposed objectives and activities to be submitted to CDC. Considerable time was spent on reviewing the performance measures submitted to CDC. Additional members were identified. Training needs for the members were identified and will be scheduled for future meetings.

## Well Woman HealthCheck Program (WWHP):

**Goal:** Improve diagnosis and primary healthcare services for women

**Action:**

- The WWHP continues its pilot project at Phoenix Indian Medical Center (PIMC). PIMC has screened approximately 150 women since implementation one year ago. The program has linked 4 women to the Breast and Cervical Cancer Treatment Program as a result of the project.
- The WWHP finalized a contract with the Gila River Health Care Corporation to implement the program at the Hu Hu Kam Memorial Hospital. The program has met with Gila River staff in January and February to begin implementation meetings. Screening is targeted to start in April of 2008.
- The WWHP established an MOU with the Navajo Nation Breast and Cervical Cancer Program to sponsor a mobile mammography unit for health events in Shiprock, Tuba City, and Winslow in October and November of 2007. The WWHP provided funds to pay for the mammography unit, while the Navajo program provided staff at the event, recruitment, and follow-up.
- The WWHP is partnering with the Centers for Disease Control and Prevention, the American Cancer Society, Hopi and Navajo breast and cervical cancer programs, Indian Health Service, Phoenix Indian Medical Center, and Gila River to hold a retreat in May or June of 2008 to revise action plans to increase access to breast and cervical cancer screenings to Native American women in Arizona.

## Bureau of Health Systems Development and Oral Health

Native American Community Development Program (NACDP)  
Resource Development and Assessment

**Goal:** Improve/enhance funding sources

**Action:**

- On September 28, 2007, the Health Resources Services Administration (HRSA) New Access Points (NAP) Grant Competition was issued for fiscal year 2008 with a due date of December 18, 2007. The purpose of the NAP Grant is to promote the development and operation of community-based primary health care service systems in medically underserved areas. Technical assistance was provided to two Native American communities/organizations in their efforts to apply for the grant opportunity. This is a success as no known Arizona tribal or urban organization has ever applied for the HRSA NAP opportunity. Notification of selected grantees will be made in August 2008.
- A meeting with Jane Pearson at the St. Luke's Health Initiative; Colleen McGregor, Community Development Manager; and Anna Self, Community Development Coordinator was conducted. The meeting focused on the ongoing Primary Care Mini Grant Program relationship between the St. Luke's' Health Initiative (SLHI), Arizona Health Facilities Authority (AHFA) and the Arizona

Department of Health Services (ADHS). The AHFA committed to match funds; therefore, SLHI and AHFA committed to a combined total of \$100,000. The program will continue to work with the current six grantees (3 of 6 tribal) in developing next steps. It is also expected new communities will benefit from the program as funding permits. In addition to the technical assistance provided by the community development managers in the Bureau of Health Systems Development and Oral Health, consultants may be hired to further assist grantees.

#### NACDP Training and Technical Assistance

**Goal:** Improve grant writing to enhance funding opportunities

**Action:**

- During this reporting period, several planning meeting took place to discuss the preparation of a third American Indian Basic Grant Writing Workshop. The workshop will take place on the Navajo Reservation in Chinle, Arizona. The workshop is scheduled for March 25-26, 2008. ADHS, the Rural Health Office, the Inter Tribal Council of Arizona, Navajo Area Indian Health Service and the Navajo Division of Health are partners to this endeavor. The Navajo Area Indian Health Service expressed the need to create a new expanded module that would be an additional day and a half. This new expanded module will be developed over the summer months and presented during the Fall of 2008.

#### Workforce

**Goal:** Increase participation in National Health Service Corps

**Action:**

The National Health Service Corps (NHSC) physician applications (scholarship and loan repayment) are forthcoming and interested parties should register with the NHSC for electronic notification once the application is released at: <http://nhsc.bhpr.hrsa.gov/applications/>. At this time, the application deadline is March 28, 2008 but that may, or may not, change depending on when they release the application. Interested applicants should consider the potential short turn around time once the applications are released. Any site eligibility inquiries should be directed to the Bureau of Health Systems Development and Oral Health at 602-542-1219.

#### Bureau of Tobacco Education and Prevention (BTEP)

**Goal:** Decrease chronic tobacco use and initiation

**Action:**

- Tribal Tobacco Programs activities included: Training five youth for Operation Store Front with the Native Americans for Community Action, Inc. Presentation of Get Real About Tobacco curriculum to five 5<sup>th</sup> grade classes at Wallace Elementary on the Colorado River Indian Tribes Reservation. Community education on commercial tobacco presented on the Hopi Indian Reservation.

Working with after school program, House of Neighborly Services with the Tucson Indian Center.

- BTEP is currently finalizing a statewide (all populations) strategic plan regarding tobacco control priorities for Arizona. Work is being conducted on the Native American section of the strategic plan which will address the areas of concern expressed in Native American community forums in addition to utilizing available data on commercial tobacco issues for tribal communities.

### Bureau of Women & Children's Health (BWCH)

**Goal:** Improve prevention and healthcare services

**Action:**

Injury Prevention

- Tomi St. Mars, Program Manager, collaborated with the Indian Health Service to update the Safe Native American Passengers (SNAP) curriculum. SNAP is training program that was designed for tribal communities. SNAP focuses on the transportation of children safely. It is a 12-hour course that introduces basic concepts of child passenger safety. Tomi St. Mars was part of the original SNAP curriculum committee.

Teen Pregnancy Prevention

- The Bureau of Women's and Children's Health Teen Pregnancy Prevention Program continues to fund teen pregnancy prevention programs through a contract with Intertribal Council of Arizona (ITCA). The tribes currently involved in the ITCA contract are Tohono O'odham Nation (TON) at San Lucy, Fort McDowell Yavapai Nation, and the Colorado River Indian Tribes. The outreach and youth development projects have focused on using a model called *Teen Outreach Program* or TOP and *Can We Talk* for adults/parents. Currently all tribal partners have at least one TOP program up and running and are in the process of presenting multiple *Can We Talk* Sessions to parents and community members.

- The Bureau of Women's and Children's Health has authorized ITCA to shift \$20,000 of the contract funding to education, training, outreach and educational media to help with the 2007/2008 TON syphilis outbreak. BWCH continues to support joint efforts with the Office of HIV, STD and Hepatitis C Services, Arizona Department of Education and IHS to reduce and prevent further syphilis spread on the TON lands and bordering county areas.

### Bureau of Epidemiology & Disease Control

**Goal:** Reduce environmental and toxic exposures on tribal lands.

**Action:**

- In November of 2007, it was brought to the attention of the Arizona Department of Health Services and the Office of Environmental Health (OEH), that Paulson brand poker chips contained high levels of lead. OEH then informed the Arizona Department of Gaming, Arizona Department of Occupational Safety & Health and the Consumer Products Safety Commission of the potential occupational exposure to lead that could occur to casino dealers the potential for the dealer to expose their family and to participants in the gaming activity. The Department conducted testing of Paulson Gaming Chips purchased by the Department in early November from an internet retail site. The Department found high levels of lead in these chips. Representatives of Gaming Partners International Corporation (“GPI”) met with ADHS representatives on 12/04/07 to demonstrate to the Department that its Paulson gaming chips do not pose a significant health risk to workers or players. GPI has pledged to work cooperatively with the Department on this matter. ADHS has offered blood lead testing to the casino’s employees but to date no testing has been requested.

## **Division of Behavioral Health Services**

Substance Abuse Treatment and Prevention; Suicide Prevention; Teen Pregnancy Intervention and Prevention

**Goal:** Improve substance abuse awareness, prevention and treatment; increase awareness of and decrease incidence of teen suicide; reduce teen pregnancy

**Action:**

- DBHS staff provided Child and Adolescent Service Intensity Instrument (CASII) training to more than 20 training and direct care clinical staff at Gila River Tribal Regional Behavioral Health Authority (TRBHA). Practice component addressed cultural needs of persons being served by Gila River TRBHA and how CASII can provide data to better inform best practices and capacity needs.
- Gila River Indian Community (GRIC) completed application for Garrett Lee Smith Memorial Act Grant to support suicide prevention initiative to replace ADHS funding cessation. GRIC also received additional ADHS funding for teen pregnancy prevention programs both after school and for those enrolled in substance abuse programs.
- ADHS and Cenpatico Behavioral Health of Arizona provided the San Carlos Apache Tribe (SCAT) with temporary support for substance abuse and suicide prevention programs. SCAT will expand training in Applied Suicide Intervention Skills Training and Critical Incident Stress Management.
- ADHS is funding teen pregnancy prevention programs for the Ak-Chin Indian Community.
- Prevention training was conducted with the White Mountain Apache Tribe behavioral health staff.

- The Pascua Yaqui Tribe, Colorado River Indian Tribes, six Navajo Nation communities, and the American Indian Prevention Coalition have all received grants to conduct underage drinking town halls in spring of 2008.

## **Arizona State Hospital**

**Goal:** Provide mental health in-patient hospital services.

**Action:**

- Between November 1, 2007 and February 14, 2008 there were 2 Native American patients admitted and a total of twenty (20) patients treated at the Arizona State Hospital from Arizona tribal communities. Seventeen (17) of the patients are male and three (3) are female. Two (2) of the twenty tribal members treated were adolescents on the Adolescent Treatment Unit and three (3) are adults in the Forensic Hospital as “Guilty Except Insane” (GEI). The remaining 15 patients were admitted under Court Order Treatment. Arizona State Hospital continues to work closely with the tribal communities for timely admissions of tribal members referred for appropriate care and treatment.