Comments about adding migraines as a debilitating condition

I used to suffer from migraines and cluster headaches. I am a patient visiting from Colorado. I now have only mild headaches that are diverted by medical marijuana and in some instances just ibuprofen. Might I also add that a year ago I was taking 520 mg of morphine a day. Yes a day and with the support of my Dr. got my medical marijuana card for Colorado and have been off morphine for almost a year now. I also suffered from essential tremors due to MS those are gone now as well.

My company makes a migraine balm that we are getting amazing feedback on. A few have reported that they are no longer taking medication for this and their migraines vanish right away. These are as a result of many benifits of cannabis.

I have had migraines for years and suffered severe headaches as a child. I have tried almost every prescription for migraines with no relief. I usually have the migraine for two days and the only thing that helps is to lay down in a dark, quiet room and pass out. The migraines are debilitating and my life is on hold until they end. I believe medical marijuana could possibly help with these episodes.

I have researched migraine-disorders at the library. These books on neurology said that cannabis is considered to be beneficial to the treatment of migraines for several reasons. It relieves nausea, it helps with sleep (both related to migraine pain), and medically helps with the vascular pressure in the brain caused by migraines.

I am a 56 year old woman who has had severe intractable migraines most all of my adult life. For 20 years I followed my doctors advice and have taken buckets full of pill...that have had harmful effects on my heart, my liver and various other parts of my body......have had every test they can give....all with limited ability to relieve the pounding pain I experience daily. I was even on very strong pain killer medication for 2 years before deciding that "I've had enough". I was sick all the time!! Changing to Medical Marijuana was the best decision I EVER made concerning my health. What a miracle! Most of my days are now spent doing the things that I enjoy and I'm able to keep my household running again. My quality of life has improved a thousand fold since the crazy pharmicutical days of my past. Still have migraines but I'm able to control them now....Thanks for letting tell my story. Best Regards,

Similar to GAD a very crippling physically painfully condition that removes people as well from social situations and causes co occurring conditions resulting in medical and psychiatric services needed. The medications currently being employed are addictive and have had very limited success. There is specific marijuana that people have used with success and able to manage their own condition.

I personally use cannabis medicinally to deal with migraine headaches. I have tried conventional medicine and they don't seem to work as well as smoked marijuana. I urge you to add treating migraines to the list of authorized uses of medical marijuana.


"Pharmacological preparations of cannabinoid compounds have a variety of therapeutic uses in medicine, including different pain syndromes, but have not been previously reported as beneficial for cluster headache. We present a patient with cluster headache who was refractory to multiple acute and preventative medications but successfully aborted his attacks with recreational marijuana use; subsequent use of dronabinol provided equally effective pain relief. The beneficial effect may be related to the high concentration of cannabinoid receptors in the hypothalamus, which has been implicated as a site of dysfunction in neuroimaging studies of patients with cluster headache."

I have had a few migraines in my life. The debilitating impact of migraines cannot be denied. The one time I suffered from a migraine in the past year, the medical marijuana I used for my chronic pain immediately relieved the headache and nausea. I did not need aspirin, or any other chemically-altered drug. For this reason, I fully support adding this condition to the list so that people will have the choice to use a natural and effective medicine that works immediately without the harmful side effects. I hope you
I have not experienced migraines, but after having wisdom teeth pulled, cannabis eliminated the pain immediately and completely. It was amazing. It didn't work so well on my back and foot pain, but perhaps it would have if I had been using a different strain.

It helps many people I know, as well as myself, to feel better.

I agree that Medical Marijuana would aid in the relief of migraines but would be leary of adding this to the list of approved conditions as I'm not sure how a doctor can easily diagnose this other than the patient telling them that they have migraines. This would lead to many patients just telling their doctors that they have migraines just so that they can find an easy outlet to using marijuana legally.

I have suffered from severe migraines for 10+ years now & needless to say with many trips to the neurologist, my general dr & a sleep dr we have been uable to find anything that will completely get rid of them. Maintance is the only thing that is left at this point per all 3 doctors...marajuana is extremely helpful in the pain management area of my migraines. Even with the medication the dr gives me the pain is still incredibly intense & the marijuana helps to take the edge off so that I can possibly sleep or at least not cry out in pain for hours & hours.

Many veterans and residences in Arizona are suffeering from Migraines. They are searching for another way to help their symptoms. Getting the people in need certified for medical marijuana would not only give patients another answer for therapy, but also an economical boost for the state of Arizona. Adding all four conditions benefits both the economy and citizens in our community.

I have severe, chronic migraine headaches, at least one every week. I have charted them for the past few years in detail, noting what I ate, did I have enough sleep, the weather pattern, hormonal cycles, allergies, any particular stress, the day of the week or part of the month (more at the beginning or end?), just everything I could think of that could explain anything. There has never been anything identifiable that would help prevent them. I have been taking prescription drugs for migraines for 40 years. I have been smoking cannabis instead in recent years and it relieves the pain significantly. It does not cause side effects, which the medicine does (body aches, stiff neck, feeling fragile). It is a great remedy and I feel good about it being a plant.

I don't know if marijuana would be useful in calming migraines.

The pain killing properties of Cannabis were known to western medicine since the time of the Roman Empire. But it wasn't until after O'Shaughnessy (1839) published his findings on the medical properties of Indian Cannabis that its use in western medicine became wide spread. Soon the Medical Journals were carrying article after article, praising its general pain killing properties. But oddly enough, it wasn't until the 1870s that its use for migraine headaches began, and not until the 1880s that it was widely recommended and used for migraine.

"Migraine refers to a type of headache that is seriously disabling and vascular in nature with attacks lasting between 3-4 hours to 3-4 days. Spasm and narrowing of the blood vessels leading to the brain produces a migraine "syndrome". Reduced blood to the brain causes lower oxygen levels, which in turn triggers the release of the brain chemical serotonin and the vasodilatation of blood vessels outside of the brain that can become congested with platelets. Driving, talking, and walking can become difficult.

Frequent bouts of vomiting (some so acute they prevent oral medications from being used) may occur along with the head pain. Narcotic painkillers must sometimes be used to dull the ache of migraine."
How then might adjunctive therapy with medical cannabis be of benefit to those victims of these terrible headaches?

Cannabis contains a variety of cannabinoids that act synergistically to help relieve migraine symptoms. It is both anti-inflammatory and analgesic in addition to its known anti-emetic properties. History shows that cannabis preparations in the 19th century were widely prescribed for migraine. In England and America, cannabis was the primary drug used to treat "sick headache". Today tinctures are available that are absorbed under the tongue (sublingual) and work in minutes. Inhalation through a vaporizer or smoking can produce even more rapid relief. Absorption of cannabis through the lungs or sublingually is independent of the GI tract so is unaffected by nausea or vomiting. Dose is patient dependent as is easily controlled with either tincture or through the smoking or vaporization. A dose as low as 3-4 drops of tincture or less than a gram of flowers is often sufficient providing long lasting action (4-6 hours)."

Jay R. Cavanaugh, Ph.D.

[wording used with permission of author: http://www.onlinepot.org/medical/migraine.htm ]

MIGRAINE HEADACHE - A PERSONAL STORY:

While in a Wisconsin antique store the owner (after discovering my special interest in the subject) told me about a deceased relative who suffered greatly from severe migraine headaches. She had been seen by numerous doctors and had tried every medication prescribed without result. She was a very law abiding women but (forced by desperation) she first tried, and after that became a regular user, of Cannabis. There simply was no alternative. Nothing else would stop the pain.

After her death an autopsy reveled that part of her spinal column had abnormally grown right into her brain cavity. All agree that in her last years she must have been suffering great pain.

This story is mentioned not to draw sympathy, and certainly not to preach disrespect for the law, but instead to illustrate the desperation that some people are driven to by migraine pain. In the case of this woman and so many others, they quite literally are risking everything:

They risk drug asset forfeiture laws.

They risk their children being taken away from them.

They risk jail, the taking away of their very liberties.

They risk losing their very right to human dignity -- the label DRUG ABUSER.

And all of this is happening in today's world --- NOW imagine a world in which even aspirin has yet to be invented. Cannabis with its pain killing qualities (that in some cases even today have no equal) truely must have been a Godsend.

Although further scientific research is needed, many patients are using medical marijuana safely and effectively to prevent and treat their migraine headaches. Many patients have found that they no longer need prescription medications with adverse side effects in order to treat their migraines. Others have found that there are other benefits, such as just learning how to grow medical marijuana. From that alone patient find improved sleep and feel less stress and anxiety, reduce the frequency of their migraines. Overall, medical marijuana patients who have migraine headaches find that their quality of life is improved with this treatment.

A migraine is caused by enlargement of blood vessels, especially in the artery below the temple. The inflamed vessels interfere with neighboring nerves, which react by releasing inflammatory chemicals. Pain ensues. Further dilation of blood vessels follows. There is yet stronger pain. The Sympathetic Nervous System becomes over-activated causing nausea, vomiting, diarrhea, extreme sensitivity to light and sound and blurred vision. Marijuana Balances the Autonomic Nervous System. For nearly twenty years,
the scientific community has known that the Cannabinoid Network in humans (and other mammals) is the modulating, moderating, and regulating system responsible for balance throughout the body. THC and other compounds (called cannabinoids) unique to marijuana, mimic, with uncanny precision and even with increased efficacy and enthusiasm, the natural brain chemical responsible for balancing the Autonomic Nervous System! Cannabis is anti-inflammatory, analgesic and anti-emetic. It is a muscle relaxant and a mild vasodilator that lowers blood pressure. No wonder it helps a Migraine! It soothes the over-activation of the Sympathetic Nervous System almost immediately, with utmost safety!

Medical marijuana has long been proven to be an effective treatment for migraines. Its main component, THC, is best known for its analgesic and neuroprotective effects that can give relief to the pain brought about by a migraine attack.

Medical cannabis being made legal should be a welcome development to migraine sufferers who avoid taking their prescription drugs because of the side effects the drugs have. The most common of these side effects are fatigue, sleepiness, racing heartbeat, nausea, difficulty in thinking and numbness. Painkillers which dull the throbbing pain of a migraine headache may cause long term addiction to it. It is regrettable that patients are not made aware of these harmful effects of prescription drugs and there are no alternative treatments presented to them.

Not only has migraine patients found relief for the pain that is characteristic of the condition, they also discovered that benefits of medical cannabis like improved sleep and reduced stress can prevent its onset and thus reduce episodes of migraine. The quality of life of migraine patients that prescription drugs can deny them is seen to have been improved instead by medical marijuana.

Takes migraine pain away
I deal with migraines which occur quite often and am thankful to have the option of utilizing marijuana if needed instead of highly addictive narcotics which have been prescribed to me in the past. Marijuana is a safer alternative and I feel as a tax paying citizen, is my right to utilize. Please do not take this helpful medicine away from those of us who use it truly as a medication and safe alternative to highly addictive substances. Also please note the amount of title 19 clients who attribute their opioid dependence upon past prescriptions of pain killers. the same people tax payers of Arizona shell out money to pay for their substance use treatment which could have been avoided had there been a safer alternative.

It has helped me with this condition.

I am subject to migraines every month. I've tried marijuana for these and I know that it helps relieve some of the excruciating pain I go through. I would vote to add migraines.

I believe it should be added

I have suffered debilitating migraines since childhood, for 24 years. I have used marijuana medically to treat this condition for 17 of those years, and have found that it helps in treating them both from an abortive standpoint (after the headache has started), as well as assisting in keeping them at bay before they start. There is a lot of good research in the medical community showing that marijuana has great potential for assisting people who suffer from migraines. Without medical marijuana, I would be stuck taking other non-natural pain killers all the time. I am grateful for having the ability to use medical marijuana to help treat my migraines naturally without strong pharmaceuticals.

I personally suffer from Migraines and have used Marijuana in the past to alleviate the excruciating pain,
nausea, and general symptoms of a migraine. If it were to be added it would be a godsend for people like me who cannot work, eat, sleep, nor function when these awful headaches attack! I do not use Marijuana to help ease my symptoms as it is currently illegal to do so in Arizona. Please add it so that I can quit taking these awful Liver Killer Imitrex pills!

ADD IT. Cannabis helps this.

I started using marijuana when I was 13 for migraines. I was unable to take the pharmaceuticals and still go to school. I could smoke the marijuana and still attend school and do my work. I graduated with a 3.75 grade average, even smoking during the day.

As a chronic migraine sufferer who takes three prescription medications every day, I welcome a legal option that many reduce or eliminate my dependency on them, and the severe side effects of them that I deal with daily.

My friend used to get migraines about four or five times annually, now that he smokes herb regularly, he only gets about one or two annually and doesn't see aura's anymore.

I get migraines extremely bad and have been prescribed pills which don't work, extremely expensive and have side affects that make me sicker then the migraine, medical cannabis has been shown by many studies to help significantly with migraines and the pain that comes during and after a migraine. Please allow this as a qualifying condition. It will help many people.

See above. Cannabis is a non toxic, non lethal substance that has been around for thousands of years.

Many people in California who suffer from this disorder have benefited from the use of MMJ. I personally suffer from severe migraines.

I know of a number of individuals that have tried all manner of legal pain relievers and have complained about their ineffectuality for their specific pain. Ultimately, they have ended of smoking cannabis. Extremely helpful taking away migraine pain and light sensitivity. It helps me with the disorientation and extreme pain caused by my migraines. Also perscribe pills for migraines which is contributing to my liver not functioning correctly.

I have been a migraine sufferer for many years. I have basically refused to take pain killers for them so I rarely speak to my doctors about it anymore as that has always been the only offered suggestion from them. I would have pursued a medical marijuana license for my migraines but as it was not an option and my back concerns were covered. While it does alleviate my back and leg symptoms often it is much more effective during bouts of migraine attacks for me, but it does not help a friend of mine who has tried it for his.

Tension headaches would be alleviated by marijuana as well. What is not mentioned here is sleep disorder which comes as a result of all of these conditions...Lack of sleep can be the MOST debilitating and would also be alleviated by marijuana.

Migraines are debilitating disorders that stop people from going into bright sunlight and heat in AZ summers there usually is a rise in migraines. They are painful and they are more common in AZ b/c of the ozone pollutants, air blowers that landscapers use which make no sense blowing dust particles & allergens into the air should be outlawed in Scottsdale where people pay higher prices in property taxes. The brown cloud of particles above Phoenix is worse than Los Angeles where they don't use those dust blowers. Migraines are worse when inhaling allergens from dust blowers & lazy landscaping.

I think between the inderal & the pot use it realy helps the migraines and my photic seizures activity. the migraines I have are cluster and the seizures grand mal. I've been putting up with this crap since 72. and I was smoking pot then and still am now!! if you need a good ginny pig call me
Migrains are a debilitating affliction with little relief. Marijuana should be available.

very good decision, i know it will help, ty

I think it would be a great idea to add migraines as medical marijuana helps most migraines within 5-10 minutes after being consumed.

As a sufferer of migraines I agree with this and scientific evidence makes this addition an obvious

I feel that if a doctor prescribes marijuana as a proper medicine to treat migraines it should be ok.

Marijuana makes my life more manageable with my chronic migraines

Since using Medical Marijuana I have decreased my use of opiates by 25%.

Also should be added to the list of medical conditions.

David L. Bearman, MD, physician and medical marijuana expert, in a letter printed in the Feb. 3, 2005 edition of Los Angeles City Beat, wrote:

"Not only are there thousands of migraine patients who benefit from cannabis, but cannabis has been cited by such historical medical luminaries as Sir William Osler, M.D. (considered the father of modern medicine) and Dr. Morris Fishbein (long-time editor of JAMA) as the best treatment for migraines (back in the days before the Congress ignored the AMA and over the AMA’s objection, passed the Marijuana Tax Act)."

Medical grade marijuana is a miracle drug that relieves a plethora of symptoms. Patients who are in need should not be excluded

What would you do if there was no marijuana?

cannabis has no negative side effects for treating migraines. The other treatments available have lots of negative side effects and aren’t as effective as cannabis.

I have lived with migraines all my life. Sometimes they are bad enough that I just want to curl into a little ball and "hide" Marijuana is the quickest, most complete help with my pain.

Thanks,

More research needs to be done before approving marijuana to treat migraines and other conditions. There is already a substantial body of research demonstrating the health and safety risks from the use of marijuana. More research on marijuana, including possible medical applications as well as research on associated health and impairment risks from the use of marijuana, is needed. Not only is there a need for more research on any possible medical benefits, but also on identifying the chemicals within marijuana associated with any benefits, appropriate dosage levels, and safe means of administration, should medical benefits exist.

Again, there is no positive information to suggest that MJ will aid those who suffer from migraines. There is actually a specialty clinic near Ann Arbor, MI that specializes in treating those who suffer from migraines. This facility is one of the leading in the nation and at no time do any of the current treatment methods recommend use of MJ

You say migraine and again what exactly is a migraine headache and how is this different than a headache than is caused by PMS for example? What test will you accept to make a diagnosis of a migraine headache and how is the use of other medications (aspirin, Tylenol, Immitrex, Ibuprofen) going to
be impacted if cannabis saliva is headed for the treatment of migraines? Every strain of cannabis has a different profile and if the CBD is too high a level you will be making migraines worse using cannabis not better. How is the AzDHS going to make sure the strains and medicine is appropriate with no requirement to reveal the metrics on the medicine. Just like aspirin comes in different strengths, cannabis is exactly the same way and not all strains are helpful and of course your ignorance on this subject is so obvious that you can't even call it cannabis but the drug term -- marijuana. Marijuana is not even a medicine it's a drug term so please for the sake of science call this what it is -- cannabis saliva not that M word!

Medical data shows that appropriate medicine and relaxation treatments can stop migraines. They are also doing research on botox use to reduce frequency of migraines. There is no room for unresearched so-called "cures" such as MJ for this illness.

I think sinus headaches as well as migraines should be added; many physicians feel that they are the same thing. A previously available OTC medication (Excedrin Migraine) has been recalled; it often worked, but some patients got ulcers taking them frequently.

http://www.mayoclinic.com/print/sinus-headaches/DS00647/DSECTION=all&METHOD=print

I have a problem with migraines and chronic pain as qualifiers due to the difficulty in diagnosing either of these medically. How does a prescribing physician diagnose migraines or chronic pain? I could walk into a doctor's office complaining about either condition, put on a little show moaning and groaning and walk out with a prescription.

More and more people suffer from migraines these days and it would be too easy to write a script for marijuana then to find the root cause which could alleviate the need for a gateway drug (or any type of drug) at all.

Long-term marijuana abuse can lead to addiction; that is, compulsive drug seeking and abuse despite the known harmful effects upon functioning in the context of family, school, work, and recreational activities. Estimates from research suggest that about 9 percent of users become addicted to marijuana; this number increases among those who start young (to about 17 percent) and among daily users (25-50 percent). - NIDA

Plenty OTC meds that relieve migraines that have been FDA approved.

I have had clients come from other states with medical marijuana cards for this disorder. As a migraine sufferer myself I feel bad for those with this painful life disturbing disorder but none the less I do not feel that marijuana is the right treatment. This is a severe pain issue so I can see this being passed.

I have not worked with anyone that has used for migraines, however: new studies show using a coke and getting a brain freeze works for this, why would you use marijuana, will more people drive after the use of it.

There are current medications for this illness that work as above

It is not appropriate for the Arizona Department of Health Services to add marijuana as a treatment for mental or physical conditions - knowing that marijuana remains an illegal substance under Federal Law.

I haven't seen or heard of this as beneficial for migraines.

Migraine's are debilitating and not as well understood as depression, anxiety and PTSD. I really can't comment on this, but I still believe marijuana to be a gateway drug to a lifestyle difficult to get out of once one grows up and realizes the damages that have come from drug use.
<table>
<thead>
<tr>
<th>It is not appropriate for the Arizona Department of Health Services to add marijuana as a treatment for mental or physical conditions because marijuana is an illegal substance under Federal Law.</th>
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<tbody>
<tr>
<td>There is a huge correlation between the increase of 'medical' marijuana and increasing use of marijuana among teens. The data is very alarming as early use of marijuana greatly increases the risk for abusing other drugs and addiction.</td>
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<tr>
<td>Expansion of 'medical' marijuana for use in other conditions, although allowed under the Initiative Prop 203, should only be considered in extreme situations because of the Federal illegality, increasing substance abuse risks, health and safety risks it places upon youth and other Arizona citizens.</td>
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<tr>
<td>Further, the AZ Department of Health Services is not in the business of approving untested medication for treatment.</td>
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<tr>
<td>A severe headache can happen to anyone at anytime - adding an ILLEGAL substance to someone's system and life in general is asking for nothing but trouble.</td>
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<td>Cannabis has no negative side effects for treating migraines. The other treatments available have lots of negative side effects and aren't as effective as cannabis.</td>
</tr>
<tr>
<td>Please control the chaos, it is obvious looking at the statistics for the current cards, it is recreational marijuana and medical is for a very small fraction. You are opening the flood gates with these medical conditions. Imitrex is a drug for migraines not marijuana.</td>
</tr>
<tr>
<td>Before reviewing the research submitted on cannabis use in the treatment for migraines, I was not so sure that this was really a good use for cannabis. However, several reasons have caused a shift in that view, and migraines should indeed be listed as a qualifying condition. First, a little information about migraines: they are intense phenomena from which a portion of the population actually suffers often. They typically occur in three to four stages, and can be quite debilitating. Symptoms of migraines include, but are not limited to: depression, irritability, vision loss, speech problems, throbbing/pulsating pain, extreme sensitivity to light and sound, nausea, and fainting. The medications for migraines vary in effectiveness, but can lead to unexpected death because of many drug interactions. Preventative migraine medication for severe, recurring migraines is very expensive and somewhat effective at best. Migraine is a serious public health issue, and an estimated 23 million Americans suffer from it. An estimated $1.2 to $17.2 billion is lost annually because of productivity reasons associated with migraines (Lipton &amp; Stewart, 1993). Patients have an option to treat migraines: cannabis. Unfortunately, at this point in time, this treatment option may still not be recommended by a doctor in a private doctor-patient conversation. Cannabis would be a safer choice compared to other migraine medications which can cause addiction and other side effects, and can be a quick and effective treatment for dealing with the symptoms of migraine.</td>
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<tr>
<td>You cannot tell somebody who has just smoked away a migraine headache that marijuana is not effective medicine. Why continue to tell people lies to their face, that marijuana is not reducing the pain they feel?</td>
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<tr>
<td>Migraines are a type of chronic debilitating pain. People who suffer from migraines deal with them, typically on and off, for many years. And anyone who knows anyone who suffers from migraines has seen how debilitating they can be. Not only are migraines painfully debilitating, but they can also take an emotional toll on the sufferer. If medical marijuana helps people with migraines, it should be added as a qualifying condition.</td>
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<tr>
<td>Needs to be added. Most effective non narcotic alternative. Told by my neurologist 30 years ago that this</td>
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<td><strong>was the best treatment although not legal at the time</strong></td>
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<tr>
<td>I have no experience or comments on medical marijuana's effect on migraines. However, if patients find that medical marijuana helps and increases their quality of life, they should be able to use it.</td>
</tr>
<tr>
<td>I've suffered from debilitating migraines my whole life. The migraines prevent me from being able to perform functions. The medication knocks me out for hours. I would like to try a herbal remedy in lieu of the synthetic prescribed medications. I have to stop the migraines from happening to allow me to have a normal life.</td>
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<tr>
<td>I have suffered from migraines since I was a teenager. I'm now 42 years old. The side effects of the prescription drugs I use to combat migraines is surely damaging my liver. I would like an organic alternative to these medications.</td>
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<tr>
<td>Works amazingly well for migraines, I get seriously bad migraines were I have to lay in bed for days at a time, cant move without wanting to throw up if I smoke 1 rolled cigarette of medical marijuana my migraine goes away, I have tried so many different prescriptions for the migraines with no help at all.</td>
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<tr>
<td>Please add.</td>
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<tr>
<td>Woefully low documentation</td>
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<tr>
<td>yes add it.</td>
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<tr>
<td>As a psychologist, I could support the use of marijuana for migraines provided that the migraines are not a result of stressors that need to be changed. Marijuana would only numb the person to the stressors rather than teach the person how to deal with stressors or at the least reduce them.</td>
</tr>
<tr>
<td>Migraines are another form of chronic pain - have been identified as such - and should be added to the list without question to help these patients (as is the intent of the voter dictates). This will help people who suffer with pain, so it should be added to the list without question.</td>
</tr>
<tr>
<td>It's know that Medical Marijuana can relieve the pressure and pain caused by migraines. Why wouldn't our government want people to have safe access to a medicine that is NATURAL and does not destroy a person's organs like pills. By all means, let anyone who wants to die before their time to take as many pills as they want, as I am sure all our government official love their booze and love their pills. After all they are federally legal and just accepted by society.</td>
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<tr>
<td>I support this</td>
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<tr>
<td>I suffer from migraines and there are plenty of medications out there to combat this. Just another way of giving casual drug users a way of getting drugs.</td>
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<tr>
<td>I have migraines from having bells palsey in the right side of my face resulting in TMJ, blurred vision nerve pain and migraines. I feel that MMJ has helped me with my pain issues resulting from my Bells palsey over the last 6 months.</td>
</tr>
<tr>
<td>I personally have experienced this relief, I have had migraines in and out of my life since my teenage years. As a result I took alot of ibuprofen also known as advil. By the time I was 19 I had 5 ulcers and needed 2 blood transfusions. If I would have had access to marijuana which is safer then to marijuana is safer then I would not have the recurring issues I still face on a daily basis.</td>
</tr>
<tr>
<td>I know several people that are already in the program from the pain that is caused by migraines this helps with the pain from so many disease and conditions others are listed by name why not include this condition</td>
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</tbody>
</table>
| Since using medical marijuana, I have decreased my use of narcotics from an average of a little over 20
per month, to a little under 15 per month, a significant decrease of over 25%. I have been on percocet for over 6 years. I have seen the use of other drugs (mostly OTC ones) decrease also, but not as dramatic as with the use of percocet.


I thought migraines were already recognized under chronic pain? It should be for sure. I know more than one person who suffers from migraines, and medical marijuana is the safest and most effective treatment of migraines. It just works! My wife, a Registered Medical Assistant, is living proof it works.