

Bureau of Residential Facilities Licensing Assisted Living Facility Initial Checklist

Title 9, Chapter 10, Article 1 (General)
Title 9, Chapter 10, Article 8 (Assisted Living Facilities)

This checklist is a tool for use in preparing for an initial inspection and does NOT contain all applicable regulations (rules and statutes) that govern the licensure of Assisted Living Facilities.

The Department conducts an onsite inspection of each facility as part of the substantive review for issuing a license. To avoid delays in obtaining a license, please ensure the facility is in compliance with ALL regulations that govern assisted living facilities before scheduling an inspection. It is the applicant's responsibility to review, comprehend, and demonstrate substantial compliance with all regulations that govern the facility. The Department and the Department's surveyors are NOT permitted to provide consultation services.

Please note the following when preparing for an initial inspection:

- Policies and procedures should be applicable to the health care institution's class/subclass.
- A policy should be the intentions of the facility and the procedure should be how the facility will implement their intentions.
- The facility should have a sample form for all required documents, such as admission documents, residency agreements, service plans, etc.
- The facility should have complete personnel records for all required staff along with a tentative work schedule.
- The facility's premises should have no environmental safety issues and be sufficient to accommodate the services in the scope of services.

Please see the Bureau's "Providers" home page for additional licensing resources. http://www.azdhs.gov/licensing/residential-facilities/index.php#providers-home

Rule Reference	Rule Text	Licensee Preparation
A.R.S. Title 36- 420	Health care institutions; cardiopulmonary resuscitation; first aid; immunity; falls; definition	Check box when compliant
B.	Each health care institution:	Policies and Procedures
3.	May not have, establish or implement policies that prevent employees from providing appropriate cardiopulmonary resuscitation and first aid.	
A.R.S. Title 36- 420.01	Health care institutions; fall prevention and fall recovery; training programs; definition	Check box when compliant
Α.	Each health care institution shall develop and administer a training program for all staff regarding fall prevention and fall recovery. The training program shall include initial training and continued competency training in fall prevention and fall recovery. A health care institution may use information and training materials from the department's Arizona falls prevention coalition in developing the training program.	Personnel
R9-10-120	Opioid Prescribing and Treatment	Check box when compliant
F.	For a health care institution where opioids are administered as part of treatment or where a patient is provided assistance in the self-administration of medication for a prescribed opioid, including a health care institution in which an opioid may be prescribed or ordered as part of treatment, an administrator, a manager as defined in R9-10-801, or a provider, as applicable to the health care institution, shall:	Policies and Procedures
1.	Establish, document, and implement policies and procedures for administering an opioid as part of treatment or providing assistance in the self-administration of medication for a prescribed opioid, to protect the health and safety of a patient, that:	
a.	Cover which personnel members may administer an opioid in treating a patient and the required knowledge and qualifications of these personnel members;	
b.	Cover which personnel members may provide assistance in the self-administration of medication for a prescribed opioid and the required knowledge and qualifications of these personnel members;	
c.	Include how, when, and by whom a patient's need for opioid administration is assessed;	
d.	Include how, when, and by whom a patient receiving an opioid is monitored; and	
e.	Cover how, when, and by whom the actions taken according to subsections (F)(1)(c) and (d) are documented;	
2.	Include in the plan for the health care institution's quality management program a process for:	Quality Management
a.	Review of incidents of opioid-related adverse reactions or other negative outcomes a patient experiences or opioid-related deaths, and	
b.	Surveillance and monitoring of adherence to the policies and procedures in subsection (F)(1);	

R9-10-121	Disease Prevention and Control	Check box when compliant
C.	An administrator or manager, as applicable, shall ensure that policies and procedures are established, documented, and implemented, to protect the health and safety of a resident, that:	Policies and Procedures
1.	Cover screening and triage of personnel members, employees, visitors, and, except as provided in subsection (E), any other individuals entering the facility;	
2.	Cover the manner and frequency of assessing residents to determine a change in a resident's medical condition;	
3.	Establish disinfection protocols and schedules for frequently touched surfaces; and	
4.	Specify requirements for distancing residents who exhibit symptoms of a communicable disease from other residents to reduce the chance for infection of another individual.	
D.	An administrator or manager, as applicable, shall ensure that:	Environmental
1.	Except as provided in subsection (E), before entering the facility, each individual, including a personnel member, employee, or visitor, is screened for fever or respiratory symptoms indicative of a communicable disease;	
G.	An administrator or manager, as applicable, shall ensure that door handles, tables, chair backs and arm rests, light switches, and other frequently touched surfaces are cleaned and disinfected, according to policies and procedures, with:	Policies and Procedures
1.	An alcohol solution containing at least 70% alcohol;	
2.	A bleach solution containing four teaspoons of bleach per quart of water; or	
3.	An EPA-approved household disinfectant specified in a list, which is incorporated by reference and available at https://www.epa.gov/sites/production/files/2020-06/documents/sars-cov2_listn_06122020.pdf	
R9-10-803	Administration	Check box when compliant
A.	A governing authority shall:	Documentation
2.	Establish, in writing, an assisted living facility's scope of services;	
3.	Designate, in writing, a manager who:	
a.	Is 21 years of age or older; and	
b.	Except for the manager of an adult foster care home, has either a:	
i.	Certificate as an assisted living facility manager issued under A.R.S. § 36-446.04(C), or	
ii.	A temporary certificate as an assisted living facility manager issued under A.R.S. § 36-446.06;	
В.	A manager:	
3.	Except as provided in subsection (A)(6), designates, in writing, a caregiver who is:	
a.	At least 21 years of age, and	
b.	Present on the assisted living facility's premises and accountable for the assisted living facility when the manager is not present on the assisted living facility premises.	
C.	A manager shall ensure that policies and procedures are:	Policies and Procedures
1.	Established, documented, and implemented to protect the health and safety of a resident that:	
a.	Cover job descriptions, duties, and qualifications, including required skills and knowledge, education, and experience for employees and volunteers;	
b.	Cover orientation and in-service education for employees and volunteers;	
c.	Include how an employee may submit a complaint related to resident care;	
d.	Cover the requirements in A.R.S. Title 36, Chapter 4, Article 11;	
e.	Except as provided in subsection (M), cover cardiopulmonary resuscitation training for applicable employees and volunteers, including:	
i.	The method and content of cardiopulmonary resuscitation training, which includes a demonstration of the employee's or volunteer's ability to perform cardiopulmonary resuscitation;	
ii.	The qualifications for an individual to provide cardiopulmonary resuscitation training;	
iii.	The time-frame for renewal of cardiopulmonary resuscitation training; and	
iv.	The documentation that verifies that the employee or volunteer has received cardiopulmonary resuscitation training;	
f.	Cover first aid training;	
g.	Cover how a caregiver will respond to a resident's sudden, intense, or out-of-control behavior to prevent harm to the resident or another individual;	
h.	Cover staffing and recordkeeping;	
i.	Cover resident acceptance and resident rights;	_
j.	Cover termination of residency, including:	
i.	Termination initiated by the manager of an assisted living facility, and	
ii.	Termination initiated by a resident or the resident's representative;	
k.	Cover the provision of assisted living services, including:	
i.	Coordinating the provision of assisted living services,	
ii.	Making vaccination for influenza and pneumonia available to residents according to A.R.S. § 36-406(1)(d), and	
iii.	Obtaining resident preferences for food and the provision of assisted living services;	

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1.	Cover the provision of respite services or adult day health services, if applicable;	
m.	Cover methods by which the assisted living facility is aware of the general or specific whereabouts of a resident, based on the level of assisted living services provided to the resident and the assisted living services the assisted living facility is authorized to provide;	
n.	Cover resident medical records, including electronic medical records;	
0.	Cover personal funds accounts, if applicable;	
p.	Cover specific steps for:	
i.	A resident to file a complaint, and	
ii.	The assisted living facility to respond to a resident's complaint;	
q.	Cover health care directives;	
r.	Cover assistance in the self-administration of medication, and medication administration;	
S.	Cover food services;	
t.	Cover contracted services;	
u.	Cover equipment inspection and maintenance, if applicable;	
V.	Cover infection control; and	
W.	Cover a quality management program, including incident report and supporting documentation;	
	Available to employees and volunteers of the assisted living facility; and	Documentation
2.	Available to employees and volunteers of the assisted fiving facility, and	
3.	Reviewed at least once every three years and updated as needed.	
D.	A manager shall ensure that the following are conspicuously posted:	Postings
1.	A list of resident rights;	
2.	The assisted living facility's license;	
3.	Current phone numbers of:	
a.	The unit in the Department responsible for licensing and monitoring the assisted living facility,	
b.	Adult Protective Services in the Department of Economic Security,	
c.	The State Long-Term Care Ombudsman, and	
d.	The Arizona Center for Disability Law; and	
4.	The location at which a copy of the most recent Department inspection report and any plan of correction resulting from the Department inspection may be viewed.	
F.	If a requirement in this Article states that a manager shall ensure an action or condition or sign a document:	Documentation
3.	If the manager delegates ensuring an action or condition or signing a document, the delegation is documented and the documentation includes the name of the individual to whom the action, condition, or signing is delegated and the effective date of the delegation.	
	A manager of an assisted living home may establish, in policies and procedures, requirements that a caregiver obtains and provides documentation of cardiopulmonary resuscitation training specific to adults, which includes a	
М.	demonstration of the caregiver's ability to perform cardiopulmonary resuscitation, from one of the following organizations:	Policies and Procedures (Home)
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a.	Is 18 years of age or older; and	
b.	Provides documentation of:	
i.	Completion of a caregiver training program approved by the Department or the Board of Examiners for Nursing Care Institution Administrators and Assisted Living Facility Managers;	
ii.	For supervisory care services, employment as a manager or caregiver of a supervisory care home before November 1, 1998;	
iii.	For supervisory care services or personal care services, employment as a manager or caregiver of a supportive residential living center before November 1, 1998; or	
iv.	For supervisory care services, personal care services, or directed services, one of the following:	
(1)	A nursing care institution administrator's license issued by the Board of Examiners;	
(2)	A nurse's license issued to the individual under A.R.S. Title 32, Chapter 15;	
(3)	Documentation of employment as a manager or caregiver of an unclassified residential care institution before November 1, 1998; or	
(4)	Documentation of sponsorship of or employment as a caregiver in an adult foster care home before November 1, 1998;	
2.	An assistant caregiver:	
a.	Is 16 years of age or older, and	
3.	The qualifications, skills, and knowledge required for a caregiver or assistant caregiver:	
a.	Are based on:	
i.	The type of assisted living services, behavioral health services, or behavioral care expected to be provided by the caregiver or assistant caregiver according to the established job description; and	
ii.	The acuity of the residents receiving assisted living services, behavioral health services, or behavioral care from the caregiver or assistant caregiver according to the established job description; and	
b.	Include:	
i.	The specific skills and knowledge necessary for the caregiver or assistant caregiver to provide the expected assisted living services, behavioral health services, or behavioral care listed in the established job description;	
ii.	The type and duration of education that may allow the caregiver or assistant caregiver to have acquired the specific skills and knowledge for the caregiver or assistant caregiver to provide the expected assisted living services, behavioral health services, or behavioral care listed in the established job description; and	
iii.	The type and duration of experience that may allow the caregiver or assistant caregiver to have acquired the specific skills and knowledge for the caregiver or assistant caregiver to provide the expected assisted living services, behavioral health services or behavioral care listed in the established job description;	
	behavioral health services of behavioral care fisted in the established job description,	
4.	A caregiver's or assistant caregiver's skills and knowledge are verified and documented:	Policies and Procedures/ Documentation
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b. 5. a. B. 1. a. i. ii. b. 3. C. 1.	A caregiver's or assistant caregiver's skills and knowledge are verified and documented: According to policies and procedures; An assisted living facility has a manager, caregivers, and assistant caregivers with the qualifications, experience, skills, and knowledge necessary to: Provide the assisted living services, behavioral health services, behavioral care, and ancillary services in the assisted living facility's scope of services; A manager of an assisted living home shall ensure that: An individual residing in an assisted living home, who is not a resident, a manager, a caregiver, or an assistant caregiver: Either: Complies with the fingerprinting requirements in A.R.S. § 36-411, or Interacts with residents only under the supervision of an individual who has a valid fingerprint clearance card; and If the individual is 12 years of age or older, provides evidence of freedom from infectious tuberculosis as specified in R9-10-113; As part of the policies and procedures required in R9-10-803(C)(1)(h), a plan is established, documented, and implemented to ensure that the manager or a caregiver is available as back-up to provide assisted living services to a resident if the manager or a caregiver assigned to work is not available or not able to provide the required assisted living services; and At least the manager or a caregiver is present at an assisted living home when a resident is present in the assisted living home and: If the manager or caregiver is not awake during nighttime hours: If the manager or caregiver is not awake during nighttime hours: If the manager or caregiver is not awake during nighttime hours: A manager shall ensure that a personnel record for each employee or volunteer: Includes:	Documentation Personnel Documentation (Home) Policies and Procedures Policies and Procedures (Home) Documentation

i.	The individual's qualifications, including skills and knowledge applicable to the individual's job duties;	
ii.	The individual's education and experience applicable to the individual's job duties;	
iii.	The individual's completed orientation and in-service education required by policies and procedures;	
iv.	The individual's license or certification, if the individual is required to be licensed or certified in this Article or in policies and procedures;	
v.	If the individual is a behavioral health technician, clinical oversight required in R9-10-115;	
vi.	Evidence of freedom from infectious tuberculosis, if required for the individual according to subsection (A)(8);	
vii.	Cardiopulmonary resuscitation training, if required for the individual in this Article or policies and procedures;	
viii.	First aid training, if required for the individual in this Article or policies and procedures; and	
ix.	Documentation of compliance with the requirements in A.R.S. § 36-411(A) and (C);	
R9-10-807	Residency and Residency Agreements	Check box when compliant
В.	A manager shall ensure that before or at the time of acceptance of an individual, the individual submits documentation that is dated within 90 calendar days before the individual is accepted by an assisted living facility and:	Documentation
1.	If an individual is requesting or is expected to receive supervisory care services, personal care services, or directed care services:	
a.	Includes whether the individual requires:	
i.	Continuous medical services,	
ii.	Continuous or intermittent nursing services, or	
iii.	Restraints; and	
D.	Before or at the time of an individual's acceptance by an assisted living facility, a manager shall ensure that there is a documented residency agreement with the assisted living facility that includes:	
1.	The individual's name;	
2.	Terms of occupancy, including:	
a.	Date of occupancy or expected date of occupancy,	
b.	Resident responsibilities, and	
c.	Responsibilities of the assisted living facility;	
3.	A list of the services to be provided by the assisted living facility to the resident;	
4.	A list of the services available from the assisted living facility at an additional fee or charge;	
5.	For an assisted living home, whether the manager or a caregiver is awake during nighttime hours;	
6.	The policy for refunding fees, charges, or deposits;	
7.	The policy and procedure for a resident to terminate residency, including terminating residency because services were not provided to the resident according to the resident's service plan;	
8.	The policy and procedure for an assisted living facility to terminate residency;	
9.	The complaint process; and	
R9-10-808	Service Plan	Check box when compliant
A.	Except as required in subsection (B), a manager shall ensure that a resident has a written service plan that:	Documentation
3.	Includes the following:	
a.	A description of the resident's medical or health problems, including physical, behavioral, cognitive, or functional conditions or impairments;	
b.	The level of service the resident is expected to receive;	
c.	The amount, type, and frequency of assisted living services being provided to the resident, including medication administration or assistance in the self-administration of medication;	
d.	For a resident who requires intermittent nursing services or medication administration, review by a nurse or medical practitioner;	
D.	A manager of an assisted living facility that is authorized to provide adult day health services shall ensure that the adult day health care services are provided as specified in R9-10-1113.	Adult Day Health Services
F.	A manager shall ensure that:	Documentation
1.	Daily social, recreational, or rehabilitative activities are planned according to residents' preferences, needs, and abilities;	
2.	A calendar of planned activities is:	
a.	Prepared at least one week in advance of the date the activity is provided,	
b.	Posted in a location that is easily seen by residents,	Postings
3.	Equipment and supplies are available and accessible to accommodate a resident who chooses to participate in a planned activity; and	Environmental

4.	Multiple media sources, such as daily newspapers, current magazines, internet sources, and a variety of reading materials, are available and accessible to a resident to maintain the resident's continued awareness of current news, social events, and other noteworthy information.	
R9-10-809	Transport; Transfer	Check box when compliant
A.	Except as provided in subsection (B), a manager shall ensure that:	Policies and Procedures
2.	According to policies and procedures:	
a.	An evaluation of the resident is conducted before and after the transport, and	
b.	Information from the resident's medical record is provided to a receiving health care institution; and	
C.	Except for a transfer of a resident due to an emergency, a manager shall ensure that:	
2.	According to policies and procedures:	
a.	An evaluation of the resident is conducted before the transfer;	
b.	Information from the resident's medical record, including orders that are in effect at the time of the transfer, is provided to a receiving health care institution; and	
c.	A caregiver explains risks and benefits of the transfer to the resident or the resident's representative; and	
R9-10-810	Resident Rights	Check box when compliant
В.	A manager shall ensure that:	Documentation
3.	A resident or the resident's representative:	
b.	Consents to photographs of the resident before the resident is photographed, except that a resident may be photographed when accepted as a resident by an assisted living facility for identification and administrative purposes;	
C.	A resident has the following rights:	Environmental
3.	To receive privacy in:	
a.	Care for personal needs;	
R9-10-811	Medical Records	Check box when compliant
A.	A manager shall ensure that:	Policies and Procedures
2.	An entry in a resident's medical record is:	
a.	Only recorded by an individual authorized by policies and procedures to make the entry;	
4.	A resident's medical record is available to an individual:	
a.	Authorized according to policies and procedures to access the resident's medical record;	
5.	A resident's medical record is protected from loss, damage, or unauthorized use.	Documentation
В.	If an assisted living facility maintains residents' medical records electronically, a manager shall ensure that:	
1.	Safeguards exist to prevent unauthorized access, and	
R9-10-812	Behavioral Care	Check box when compliant
812	A manager shall ensure that for a resident who requests or receives behavioral care from the assisted living facility, a behavioral health professional or medical practitioner:	Documentation
3.	Signs and dates a determination stating that the resident's need for behavioral care can be met by the assisted living facility within the assisted living facility's scope of services and, for retention of a resident, are being met by the assisted living facility.	
R9-10-813	Behavioral Health Services	Check box when compliant
813	If an assisted living facility is authorized to provide behavioral health services other than behavioral care, a manager shall ensure that:	Policies and Procedures
1.	Policies and procedures are established, documented, and implemented that cover when general consent and informed consent are required and by whom general consent and informed consent may be given;	
3.	For a resident who requests or receives behavioral health services from the assisted living facility, a behavioral health professional:	Documentation
c.	Signs and dates a determination stating that the resident's needs can be met by the assisted living facility within the assisted living facility's scope of services and, for retention of a resident, are being met by the assisted living facility.	
R9-10-814	Personal Care Services	Check box when compliant
В.	A manager of an assisted living facility authorized to provide personal care services may accept or retain a resident who is confined to a bed or chair because of an inability to ambulate even with assistance if:	Documentation
2.	The following requirements are met at the onset of the condition or when the resident is accepted by the assisted living facility:	
b.	The resident's primary care provider or other medical practitioner:	
iii.	Signs and dates a determination stating that the resident's needs can be met by the assisted living facility within the assisted living facility's scope of services and, for retention of a resident, are being met by the assisted living facility; and	

Е.	A manager shall ensure that a bell, intercom, or other mechanical means to alert employees to a resident's needs or emergencies is available and accessible in a bedroom or residential unit being used by a resident receiving personal care services.	Environmental
F.	In addition to the requirements in R9-10-808(A)(3), a manager shall ensure that the service plan for a resident receiving personal care services includes:	Documentation
1.	Skin maintenance to prevent and treat bruises, injuries, pressure sores, and infections;	
2.	Offering sufficient fluids to maintain hydration;	Ī
3.	Incontinence care that ensures that a resident maintains the highest practicable level of independence when toileting; and	
R9-10-815	Directed Care Services	Check box when compliant
C.	In addition to the requirements in R9-10-808(A)(3), a manager shall ensure that the service plan for a resident receiving directed care services includes:	Documentation
1.	The requirements in R9-10-814(F)(1) through (3);	
3.	Cognitive stimulation and activities to maximize functioning;	
4.	Strategies to ensure a resident's personal safety;	
5.	Encouragement to eat meals and snacks;	
6.	Documentation:	
a.	Of the resident's weight, or	
b.	From a medical practitioner stating that weighing the resident is contraindicated; and	$\overline{\sqcap}$
7.	Coordination of communications with the resident's representative, family members, and, if applicable, other individuals identified in the resident's service plan.	
E.	A manager shall ensure that:	Environmental
1.	A bell, intercom, or other mechanical means to alert employees to a resident's needs or emergencies is available in a bedroom being used by a resident receiving directed care services; or	
2.	An assisted living facility has implemented another means to alert a caregiver or assistant caregiver to a resident's needs or emergencies.	
F.	A manager of an assisted living facility authorized to provide directed care services shall ensure that:	Policies and Procedures
1.	Policies and procedures are established, documented, and implemented that ensure the safety of a resident who may wander;	
2.	There is a means of exiting the facility for a resident who does not have a key, special knowledge for egress, or the ability to expend increased physical effort that meets one of the following:	Environmental
a.	Provides access to an outside area that:	
i.	Allows the resident to be at least 30 feet away from the facility, and	
ii.	Controls or alerts employees of the egress of a resident from the facility;	
b.	Provides access to an outside area:	
i.	From which a resident may exit to a location at least 30 feet away from the facility, and	
ii.	Controls or alerts employees of the egress of a resident from the facility; or	
c.	Uses a mechanism that meets the Special Egress-Control Devices provisions in the International Building Code incorporated by reference in R9-10-104.01; and	
R9-10-816	Medication Services	Check box when compliant
A.	A manager shall ensure that:	Policies and Procedures
1.	Policies and procedures for medication services include:	
a.	Procedures for preventing, responding to, and reporting a medication error;	
b.	Procedures for responding to and reporting an unexpected reaction to a medication;	
c.	Procedures to ensure that a resident's medication regimen and method of administration is reviewed by a medical practitioner to ensure the medication regimen meets the resident's needs;	
d.	Procedures for:	
i.	Documenting, as applicable, medication administration and assistance in the self-administration of medication; and	
ii.	Monitoring a resident who self-administers medication;	
e.	Procedures for assisting a resident in procuring medication; and	
f.	If applicable, procedures for providing medication administration or assistance in the self-administration of medication off the premises; and	
В.	If an assisted living facility provides medication administration, a manager shall ensure that:	Environmental
1.	Medication is stored by the assisted living facility;	
2.	Policies and procedures for medication administration:	Policies and Procedures
a.	Are reviewed and approved by a medical practitioner, registered nurse, or pharmacist;	
b.	Include a process for documenting an individual, authorized, according to the definition of "administer" in A.R.S. § 32-1901, by a medical practitioner to administer medication under the direction of the medical practitioner:	

c.	Ensure that medication is administered to a resident only as prescribed; and	
d.	Cover the documentation of a resident's refusal to take prescribed medication in the resident's medical record; and	
С.	If an assisted living facility provides assistance in the self-administration of medication, a manager shall ensure that:	Environmental
1.	A resident's medication is stored by the assisted living facility;	
3.	Policies and procedures for assistance in the self-administration of medication are reviewed and approved by a medical practitioner or nurse; and	Policies and Procedures
D.	A manager shall ensure that:	Environmental
1.	A current drug reference guide is available for use by personnel members, and	
2.	A current toxicology reference guide is available for use by personnel members.	ñ
F.	When medication is stored by an assisted living facility, a manager shall ensure that:	
	Medication is stored in a separate locked room, closet, cabinet, or self-contained unit used only for medication	
1.	storage;	
2.	Medication is stored according to the instructions on the medication container; and	
3.	Policies and procedures are established, documented, and implemented for:	Policies and Procedures
a.	Receiving, storing, inventorying, tracking, dispensing, and discarding medication including expired medication;	
b.	Discarding or returning prepackaged and sample medication to the manufacturer if the manufacturer requests the discard or return of the medication;	
c.	A medication recall and notification of residents who received recalled medication; and	
d.	Storing, inventorying, and dispensing controlled substances.	
R9-10-817	Food Services	Check box when compliant
Α.	A manager shall ensure that:	Environmental
1.	A food menu:	
a.	Is prepared at least one week in advance,	ñ
b.	Includes the foods to be served each day,	H
	*	Postings
с.	Is conspicuously posted at least one calendar day before the first meal on the food menu is served,	
3.	If the assisted living facility contracts with a food establishment, as established in 9 A.A.C. 8, Article 1, to prepare and deliver food to the assisted living facility, a copy of the food establishment's license or permit under 9 A.A.C. 8, Article 1 is maintained by the assisted living facility;	Documentation
7.	Water is available and accessible to residents at all times, unless otherwise stated in a medical practitioner's order; and	Environmental
C.	A manager shall ensure that food is obtained, prepared, served, and stored as follows:	
1.	Food is free from spoilage, filth, or other contamination and is safe for human consumption;	
2.	Food is protected from potential contamination;	ī
4.	Potentially hazardous food is maintained as follows:	
a.	Foods requiring refrigeration are maintained at 41° F or below; and	
	A refrigerator used by an assisted living facility to store food or medication contains a thermometer, accurate to plus	
5.	or minus 3° F, placed at the warmest part of the refrigerator;	
6.	Frozen foods are stored at a temperature of 0° F or below; and	
7.	Tableware, utensils, equipment, and food-contact surfaces are clean and in good repair.	$\overline{\sqcap}$
D.	A manager of an assisted living center shall ensure that:	Documentation (Center)
1.	The assisted living center has a license or permit as a food establishment under 9 A.A.C. 8, Article 1; and	
2.	A copy of the assisted living center's food establishment license or permit is maintained.	H
		Check box when
	Emergency and Safety Standards	compliant
Α.	A manager shall ensure that:	Policies and Procedures
1.	A disaster plan is developed, documented, maintained in a location accessible to caregivers and assistant caregivers, and, if necessary, implemented that includes:	
a.	When, how, and where residents will be relocated;	
b.	How a resident's medical record will be available to individuals providing services to the resident during a disaster;	
c.	A plan to ensure each resident's medication will be available to administer to the resident during a disaster; and	
d.	A plan for obtaining food and water for individuals present in the assisted living facility or the assisted living facility's relocation site during a disaster;	
3.	Documentation of the disaster plan review required in subsection (A)(2) includes:	Documentation
a.	The date and time of the disaster plan review;	
b.	The name of each employee or volunteer participating in the disaster plan review;	ī
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c.	A critique of the disaster plan review; and	
d.	If applicable, recommendations for improvement;	
6.	Documentation of each evacuation drill is created, is maintained for at least 12 months after the date of the evacuation drill, and includes:	
a.	The date and time of the evacuation drill;	
b.	The amount of time taken for employees and residents to evacuate the assisted living facility;	
c.	If applicable:	
i.	An identification of residents needing assistance for evacuation, and	
ii.	An identification of residents who were not evacuated;	
d.	Any problems encountered in conducting the evacuation drill; and	
e.	Recommendations for improvement, if applicable; and	
7.	An evacuation path is conspicuously posted in each hallway of each floor of the assisted living facility.	Postings
B.	A manager shall ensure that:	Documentation
1.	A resident receives orientation to the exits from the assisted living facility and the route to be used when evacuating	
	the assisted living facility within 24 hours after the resident's acceptance by the assisted living facility, and	
2.	The resident's orientation is documented.	Environmental
С.	A manager shall ensure that a first-aid kit is maintained in the assisted living facility in a location accessible to caregivers and assistant caregivers.	Environmental
E.	A manager of an assisted living center shall ensure that:	Environmental (Center)
1.	Unless the assisted living center has documentation of having received an exception from the Department before October 1, 2013, in the areas of the assisted living center providing personal care services or directed care services:	
a.	A fire alarm system is installed according to the National Fire Protection Association 72: National Fire Alarm and Signaling Code, incorporated by reference in R9-10-104.01, and is in working order; and	
b.	A sprinkler system is installed according to the National Fire Protection Association 13: Standard for the Installation of Sprinkler Systems, incorporated by reference in R9-10-104.01, and is in working order;	
2.	For the areas of the assisted living center providing only supervisory care services:	
a.	A fire alarm system and a sprinkler system meeting the requirements in subsection $(E)(1)$ are installed and in working order, or	
b.	The assisted living center complies with the requirements in subsection (F);	
3.	A fire inspection is conducted by a local fire department or the State Fire Marshal before licensing and according to the time-frame established by the local fire department or the State Fire Marshal;	Documentation (Center)
4.	Any repairs or corrections stated on the fire inspection report are made; and	H
5.	Documentation of a current fire inspection is maintained.	ĭ
F.	A manager of an assisted living home shall ensure that:	Environmental (Home)
1.	A fire extinguisher that is labeled as rated at least 2A-10-BC by the Underwriters Laboratories is mounted and maintained in the assisted living home;	
4.	Except as provided in subsection (G):	
a.	A smoke detector is:	
i.	Installed in each bedroom, hallway that adjoins a bedroom, storage room, laundry room, attached garage, and room or hallway adjacent to the kitchen, and other places recommended by the manufacturer;	
ii.	Either battery operated or, if hard-wired into the electrical system of the assisted living home, has a back-up battery;	
iii.	In working order; and	
5.	An appliance, light, or other device with a frayed or spliced electrical cord is not used at the assisted living home; and	
6.	An electrical cord, including an extension cord, is not run under a rug or carpeting, over a nail, or from one room to another at the assisted living home.	
G.	A manager of an assisted living home may use a fire alarm system and a sprinkler system to ensure the safety of residents if the fire alarm system and sprinkler system:	
1.	Are installed and in working order, and	
2.	Meet the requirements in subsection (E)(1).	
R9-10-819	Environmental Standards	Check box when compliant
A.	A manager shall ensure that:	Policies and Procedures/ Environmental
1.	The premises and equipment used at the assisted living facility are:	
a.	Cleaned and, if applicable, disinfected according to policies and procedures designed to prevent, minimize, and control illness or infection; and	
h	Free from a condition or cituation that may cause a recident or other individual to suffer physical injury.	Environmental

b.	Free from a condition or situation that may cause a resident or other individual to suffer physical injury;	
2.	A pest control program that complies with A.A.C. R3-8-201(C)(4) is implemented and documented;	Documentation
3.	Garbage and refuse are:	Environmental
a.	Stored in covered containers lined with plastic bags, and	
b.	Removed from the premises at least once a week;	
4.	Heating and cooling systems maintain the assisted living facility at a temperature between 70° F and 84° F at all times, unless individually controlled by a resident;	
5.	Common areas:	
a.	Are lighted to ensure the safety of residents, and	
b.	Have lighting sufficient to allow caregivers and assistant caregivers to monitor resident activity;	
6.	Hot water temperatures are maintained between 95° F and 120° F in areas of an assisted living facility used by residents;	
7.	The supply of hot and cold water is sufficient to meet the personal hygiene needs of residents and the cleaning and sanitation requirements in this Article;	
8.	A resident has access to a laundry service or a washing machine and dryer in the assisted living facility;	
9.	Soiled linen and soiled clothing stored by the assisted living facility are maintained separate from clean linen and clothing and stored in closed containers away from food storage, kitchen, and dining areas;	
10.	Oxygen containers are secured in an upright position;	
11.	Poisonous or toxic materials stored by the assisted living facility are maintained in labeled containers in a locked area separate from food preparation and storage, dining areas, and medications and are inaccessible to residents;	
12.	Combustible or flammable liquids and hazardous materials stored by the assisted living facility are stored in the original labeled containers or safety containers in a locked area inaccessible to residents;	
13.	Equipment used at the assisted living facility is:	
a.	Maintained in working order;	
16.	If a non-municipal sewage system is used, the sewage system is in working order and is maintained according to applicable state laws and rules.	
R9-10-820	Physical Plant Standards	Check box when compliant
В.	A manager shall ensure that:	Environmental
	-	
1.	The premises and equipment are sufficient to accommodate:	
1. a.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and	
	The premises and equipment are sufficient to accommodate:	
a.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the	
a. 2.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents;	
a.2.3.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents;	
a.2.3.4.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and:	
a. 2. 3. 4. a.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following:	
a. 2. 3. 4. a. b. c. i.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water,	
a. 2. 3. 4. a. b.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat,	
a. 2. 3. 4. a. b. c. i.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat, Toilet tissue for each toilet,	
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a. 2. 3. 4. a. b. c. i. iii.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat, Toilet tissue for each toilet,	
a. 2. 3. 4. a. b. c. i. ii. iii.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat, Toilet tissue for each toilet, Soap in a dispenser accessible from each sink, Paper towels in a dispenser or a mechanical air hand dryer, Lighting, and	
a. 2. 3. 4. a. b. c. i. ii. iii. v.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat, Toilet tissue for each toilet, Soap in a dispenser accessible from each sink, Paper towels in a dispenser or a mechanical air hand dryer, Lighting, and window that opens or another means of ventilation;	
a. 2. 3. 4. a. b. c. ii. iii. iv. v.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat, Toilet tissue for each toilet, Soap in a dispenser accessible from each sink, Paper towels in a dispenser or a mechanical air hand dryer, Lighting, and window that opens or another means of ventilation; An outside activity space is provided and available that:	
a. 2. 3. 4. a. b. c. ii. iii. iv. v. vi. vii. 5. a.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat, Toilet tissue for each toilet, Soap in a dispenser accessible from each sink, Paper towels in a dispenser or a mechanical air hand dryer, Lighting, and window that opens or another means of ventilation; An outside activity space is provided and available that: Is on the premises,	
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a. 2. 3. 4. a. b. c. ii. iii. iv. v. vi. vii. 5. a.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat, Toilet tissue for each toilet, Soap in a dispenser accessible from each sink, Paper towels in a dispenser or a mechanical air hand dryer, Lighting, and window that opens or another means of ventilation; An outside activity space is provided and available that: Is on the premises, Has a hard-surfaced section for wheelchairs, and Has an available shaded area;	
a. 2. 3. 4. a. b. c. ii. iii. iv. v. vi. vii. 5. a. b.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat, Toilet tissue for each toilet, Soap in a dispenser accessible from each sink, Paper towels in a dispenser or a mechanical air hand dryer, Lighting, and window that opens or another means of ventilation; An outside activity space is provided and available that: Is on the premises, Has a hard-surfaced section for wheelchairs, and Has an available shaded area; Exterior doors are equipped with ramps or other devices to allow use by a resident using a wheelchair or other assistive device; and	
a. 2. 3. 4. a. b. c. ii. iii. iv. v. vi. vii. 5. a. b. c.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat, Toilet tissue for each toilet, Soap in a dispenser accessible from each sink, Paper towels in a dispenser or a mechanical air hand dryer, Lighting, and window that opens or another means of ventilation; An outside activity space is provided and available that: Is on the premises, Has a hard-surfaced section for wheelchairs, and Has an available shaded area; Exterior doors are equipped with ramps or other devices to allow use by a resident using a wheelchair or other	
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a. 2. 3. 4. a. b. c. ii. iii. iv. v. vi. vii. 5. a. b. c. 6.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat, Toilet tissue for each toilet, Soap in a dispenser accessible from each sink, Paper towels in a dispenser or a mechanical air hand dryer, Lighting, and window that opens or another means of ventilation; An outside activity space is provided and available that: Is on the premises, Has a hard-surfaced section for wheelchairs, and Has an available shaded area; Exterior doors are equipped with ramps or other devices to allow use by a resident using a wheelchair or other assistive device; and The key to the door of a lockable bathroom, bedroom, or residential unit is available to a manager, caregiver, and assistant caregiver.	
a. 2. 3. 4. a. b. c. ii. iii. iv. v. vi. vii. 5. a. b. c. 6.	The premises and equipment are sufficient to accommodate: The services stated in the assisted living facility's scope of services, and A common area for use by residents is provided that has sufficient space and furniture to accommodate the recreational and socialization needs of residents; A dining area has sufficient space and tables and chairs to accommodate the needs of the residents; At least one bathroom is accessible from a common area and: May be used by residents and visitors; Provides privacy when in use; and Contains the following: At least one working sink with running water, At least one working toilet that flushes and has a seat, Toilet tissue for each toilet, Soap in a dispenser accessible from each sink, Paper towels in a dispenser or a mechanical air hand dryer, Lighting, and window that opens or another means of ventilation; An outside activity space is provided and available that: Is on the premises, Has a hard-surfaced section for wheelchairs, and Has an available shaded area; Exterior doors are equipped with ramps or other devices to allow use by a resident using a wheelchair or other assistive device; and The key to the door of a lockable bathroom, bedroom, or residential unit is available to a manager, caregiver, and assistant caregiver. A manager shall ensure that: For every eight residents there is at least one working toilet that flushes and has a seat and one sink with running	

a.	A mirror;	
b.	Toilet tissue for each toilet;	
c.	Soap accessible from each sink;	
d.	Paper towels in a dispenser or a mechanical air hand dryer for a bathroom that is not in a residential unit and used by more than one resident;	
e.	A window that opens or another means of ventilation;	
f.	Grab bars for the toilet and, if applicable, the bathtub or shower and other assistive devices, if required to provide for resident safety; and	
g.	Nonporous surfaces for shower enclosures and slip-resistant surfaces in tubs and showers.	
D.	A manager shall ensure that:	
1.	Each resident is provided with a sleeping area in a residential unit or a bedroom;	
2.	For an assisted living home, a resident's sleeping area is on the ground floor of the assisted living home unless:	Environmental (Home)
a.	The resident is able to direct self-care;	
b.	The resident is ambulatory without assistance; and	
c.	There are at least two unobstructed, usable exits to the outside from the sleeping area that the resident is capable of using;	
3.	Except as provided in subsection (E), no more than two individuals reside in a residential unit or bedroom;	Environmental
4.	A resident's sleeping area:	
a.	Is not used as a common area;	
b.	Is not used as a passageway to a common area, another sleeping area, or common bathroom unless the resident's sleeping area:	
i.	Was used as a passageway to a common area, another sleeping area, or common bathroom before October 1, 2013; and	
c.	Is constructed and furnished to provide unimpeded access to the door;	
d.	Has floor-to-ceiling walls with at least one door;	
e.	Has access to natural light through a window or a glass door to the outside; and	
f.	Has a window or door that can be used for direct egress to outside the building;	
5.	If a resident's sleeping area is in a bedroom, the bedroom has:	
a.	For a private bedroom, at least 80 square feet of floor space, not including a closet or bathroom;	
b.	For a shared bedroom, at least 60 square feet of floor space for each individual occupying the shared bedroom, not including a closet or bathroom; and	
c.	A door that opens into a hallway, common area, or outdoors;	
6.	If a resident's sleeping area is in a residential unit, the residential unit has:	Environmental (Residential Unit)
a.	Except as provided in subsection (E)(2), at least 220 square feet of floor space, not including a closet or bathroom, for one individual residing in the residential unit and an additional 100 square feet of floor space, not including a closet or bathroom, for each additional individual residing in the residential unit;	
b.	An individually keyed entry door;	
c.	A bathroom that provides privacy when in use and contains:	
i.	A working toilet that flushes and has a seat;	
ii.	A working sink with running water;	
iii.	A working bathtub or shower;	
iv.	Lighting;	
v.	A mirror;	
vi.	A window that opens or another means of ventilation;	
vii.	Grab bars for the toilet and, if applicable, the bathtub or shower and other assistive devices, if required to provide for resident safety; and	
viii.	Nonporous surfaces for shower enclosures and slip-resistant surfaces in bathtubs and showers;	
d.	A resident-controlled thermostat for heating and cooling;	
e.	A kitchen area equipped with:	
i.	A working sink and refrigerator,	
ii.	A cooking appliance that can be removed or disconnected,	
iii.	Space for food preparation, and	
iv.	Storage for utensils and supplies; and	
f.	If not furnished by a resident:	
i.	An armchair, and	
ii.	A table where a resident may eat a meal: and	

7.	If not furnished by a resident, each sleeping area has:	Environmental
a.	A bed, at least 36 inches in width and 72 inches in length, consisting of at least a frame and mattress that is clean and in good repair;	
b.	Clean linen, including a mattress pad, sheets large enough to tuck under the mattress, pillows, pillow cases, a bedspread, waterproof mattress covers as needed, and blankets to ensure warmth and comfort for the resident;	
c.	Sufficient light for reading;	
d.	Storage space for clothing;	
e.	Individual storage space for personal effects; and	
f.	Adjustable window covers that provide resident privacy.	
F.	If there is a swimming pool on the premises of the assisted living facility, a manager shall ensure that:	
1.	Unless the assisted living facility has documentation of having received an exception from the Department before October 1, 2013, the swimming pool is enclosed by a wall or fence that:	
a.	Is at least five feet in height as measured on the exterior of the wall or fence;	
b.	Has no vertical openings greater that four inches across;	
c.	Has no horizontal openings, except as described in subsection (F)(1)(e);	
d.	Is not chain-link;	
e.	Does not have a space between the ground and the bottom fence rail that exceeds four inches in height; and	
f.	Has a self-closing, self-latching gate that:	
i.	Opens away from the swimming pool,	
ii.	Has a latch located at least 54 inches from the ground, and	
iii.	Is locked when the swimming pool is not in use;	
2.	A life preserver or shepherd's crook is available and accessible in the swimming pool area; and	
3.	Pool safety requirements are conspicuously posted in the swimming pool area.	
G.	A manager shall ensure that a spa that is not enclosed by a wall or fence as described in subsection (F)(1) is covered and locked when not in use.	
Provider 1	Notes	