

Launching the Arizona State Health Improvement Plan Live Broadcast June 2, 2014

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Health and Wellness for all Arizonans

Presentation Overview

- The State Health Assessment (SHA) Process
- 15 Leading Public Health Issues
- The State Health Improvement Plan Process
- Next Steps
- Selecting Prioritization Criteria
- Links

Why Engage in State Health Improvement Planning?

- Collaboratively sets priorities specific to needs within the state
- Provides leadership and direction on how to improve health in next five years
- Aligns partnerships and resources to work collectively on shared goals and strategies
- Meets national standards for accreditation of state health departments

Planning Begins with Assessment

“The State Health Assessment gives Arizona’s public health and health care systems a clear tool to help drive future decision-making and resource allocation, as we collectively press ahead with implementing evidence-based interventions to improve health and wellness outcomes across Arizona.”

-Will Humble, Director ADHS



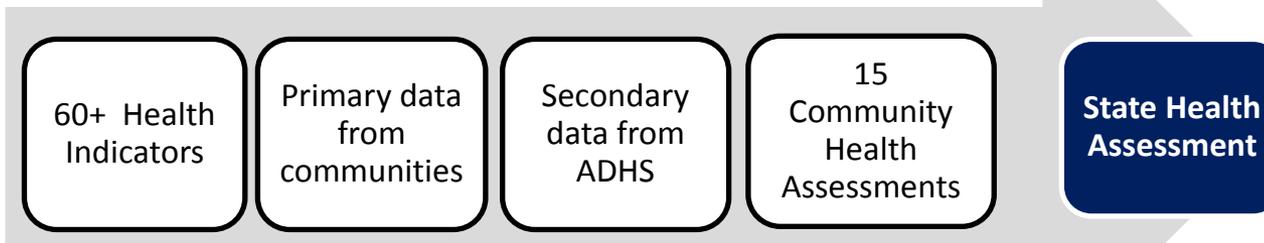
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Health Assessment

The core elements of a comprehensive assessment are a strong analysis of needs and system capacity, and a clear linkage of priorities to those needs.

“...the process is as important as the product itself.”

Petersen, Alexander. Needs Assessment in Public Health: A Practical Guide for Students and Professionals.



Health Indicators

Demographics
 Access to Health Care
 Chronic Conditions
 Environmental Health
 Health Behaviors
 Infectious &
 Sexually Transmitted Diseases
 Injury & Violence
 Maternal & Child Health
 Mental Health
 Mortality/Morbidity
 Nutrition
 Overall Health Status & Quality of Care



Community Health Assessments

15 counties completed a CHA

- Various models were utilized and engaged partners, tribes and non-profit hospitals

10,000 people statewide participated through;

- Focus groups
- Surveys
- Meetings and Community forums

Counties identified the top 10 county priority health issues



Leading Health Issues for State Health Assessment



15 Leading Health Issues

County Level Analysis

1. Obesity
2. Behavioral Health Services
3. Diabetes
4. Heart Disease
5. Insurance Coverage
6. Teen Pregnancy
7. Substance Abuse
8. Access to Well-Care
9. Creating Healthy Communities & Lifestyles
10. Management of Other Chronic Diseases
(Asthma, Cancer, Respiratory Disease)



15 Leading Health Issues

Additional State Level Analysis

11. Tobacco
12. Suicide
13. Healthcare Associated Infections (HAI)
14. Unintentional injury
15. Oral Health



Leading Health Issues

Addressed in the SHA report under 3 subcategories:

- Risk Factors and Co-Occurring Conditions
- Morbidity and Mortality
- Systems of Care

Leading Public Health Issues:

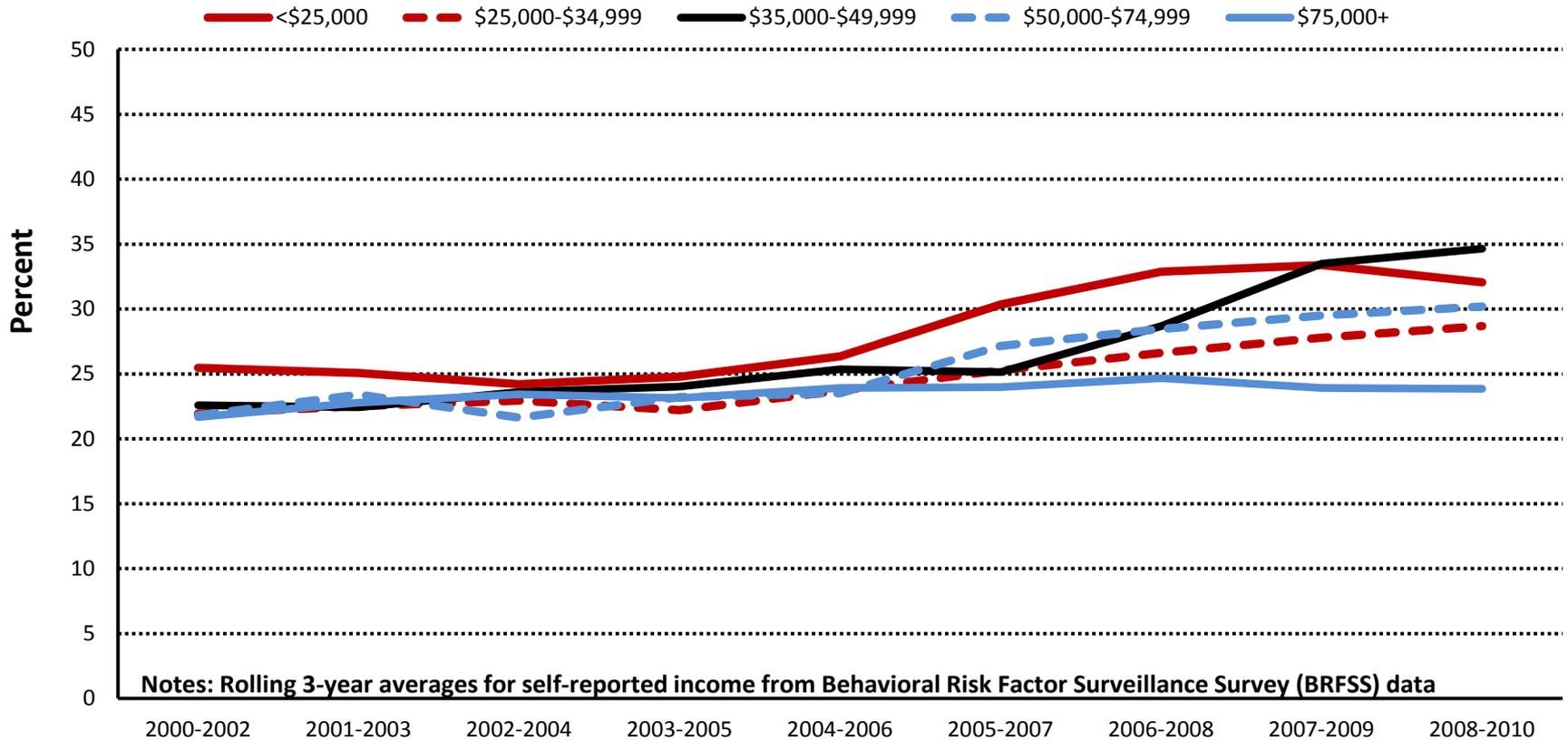
Risk Factors & Co-occurring Conditions	Obesity
	Tobacco Use
	Substance Abuse
	Teen Pregnancy
	Creating Healthy Communities and Lifestyles
Morbidity & Mortality	Healthcare Associated Infections (HAI)
	Suicide
	Diabetes
	Heart Disease
	Other Chronic Disease (Cancer, Respiratory Disease & Asthma)
	Oral Health
	Unintentional Injury
Systems of Care	Access to Health Insurance Coverage
	Access to Well Care
	Behavioral Health Services

Highlights of Data for Leading Health Issues in State Health Assessment



Risk Factors & Co-Occurring Conditions

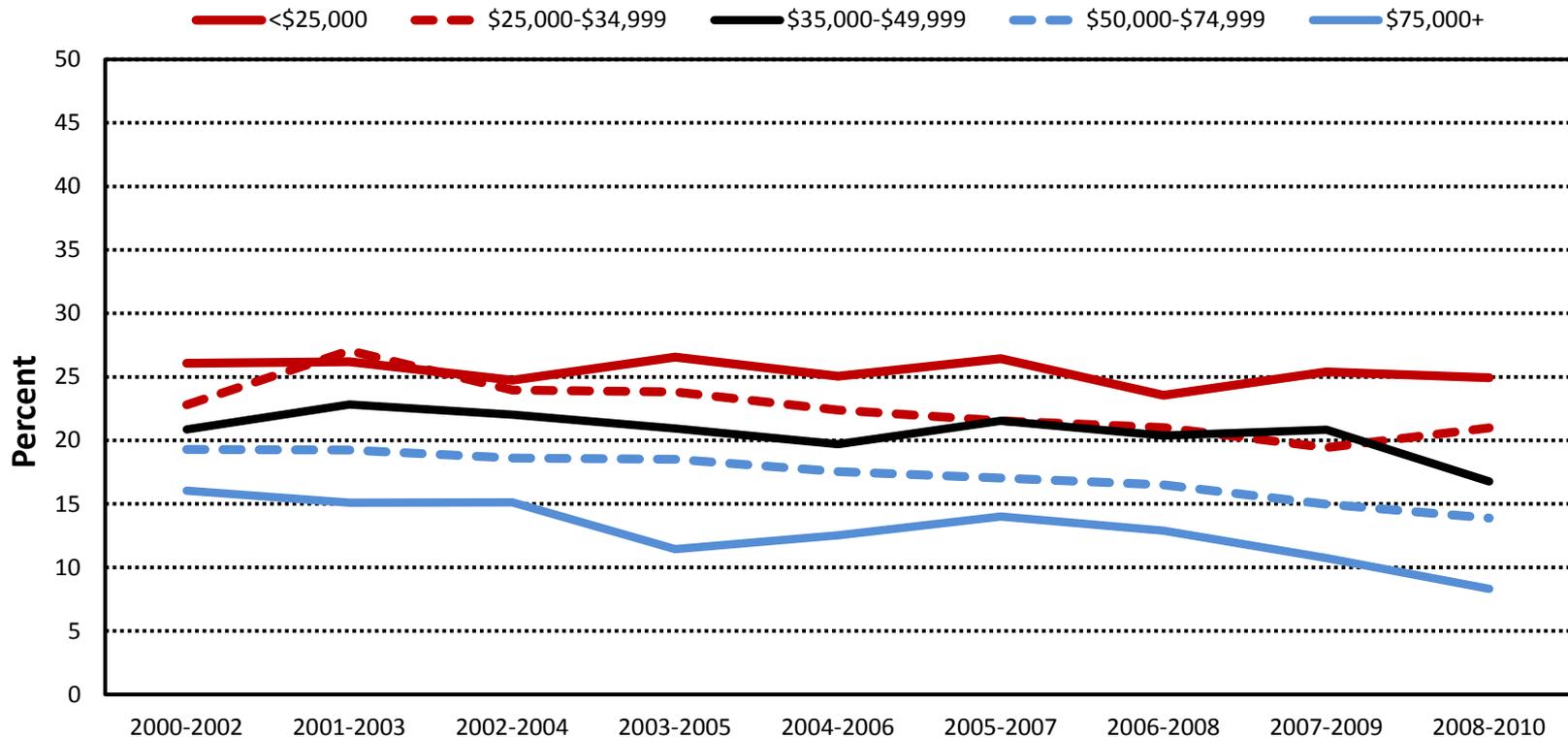
Arizonans Who Are Obese By Income



- ❖ Arizona had the largest increase in the nation in overweight/obesity since 1993
- ❖ One in four adults are obese

Risk Factors & Co-Occurring Conditions

Arizonans Who Currently Smoke By Income



Notes: Rolling 3-year averages for self-reported income from Behavioral Risk Factor Surveillance System (BRFSS) data

- ❖ Smoking remains the single most preventable cause of death in the U.S.
- ❖ About 6,000 Arizonans die each year from smoking

Morbidity & Mortality

- Suicide claims more lives than homicides & motor vehicle crashes
- Unintentional injury is the leading cause of death among Arizonans ages 1 -44



Morbidity & Mortality

- Cancer is the leading cause of death in Arizona
- Death rates from heart disease have decreased significantly over past decade
- Arizona has the third highest percent of 3rd graders with untreated tooth decay



Systems of Care

Figure 3.3.3: Could Not See A Doctor Due to Cost, 2008–2010

County	Percent	County	Percent
Apache	20.40	Mohave	19.50
Cochise	10.70	Navajo	14.70
Coconino	14.40	Pima	11.80
Gila	13.80	Pinal	12.00
Graham	8.90	Santa Cruz	16.30
Greenlee	9.80	Yavapai	14.80
La Paz	14.70	Yuma	17.47
Maricopa	13.00		
AZ	13.30		

Source: Independent analysis of combined years' data completed by ADHS Bureau of Health Status and Vital Statistics. <http://www.azdhs.gov/plan>

Systems of Care

- About 65% of Arizona adults had a routine checkup in last twelve months
- About 37% of children received a flu vaccine
- Arizona implemented the first fully integrated RBHA in Maricopa County in April 2014

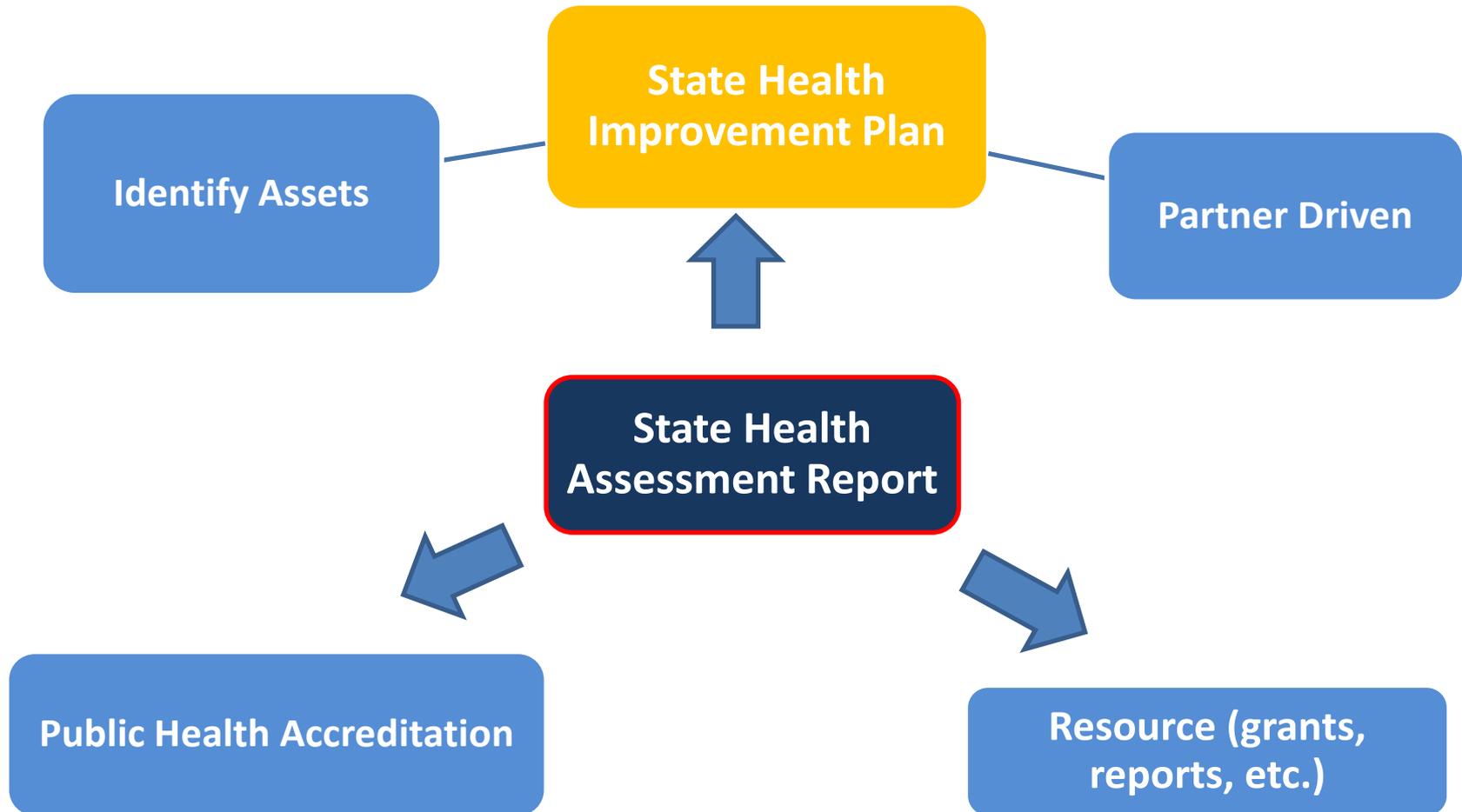


Overarching Themes

The data analysis revealed 3 overarching themes:

- 1) Improving access and coordination of care.
- 2) Advocating an environmental shift for individuals and families to live healthier lifestyles, where the healthy choice becomes the easy choice.
- 3) Achieving healthier communities that are empowered to impact systems and policy level change.

How will the State Health Assessment be used?



Arizona State Health Improvement Plan

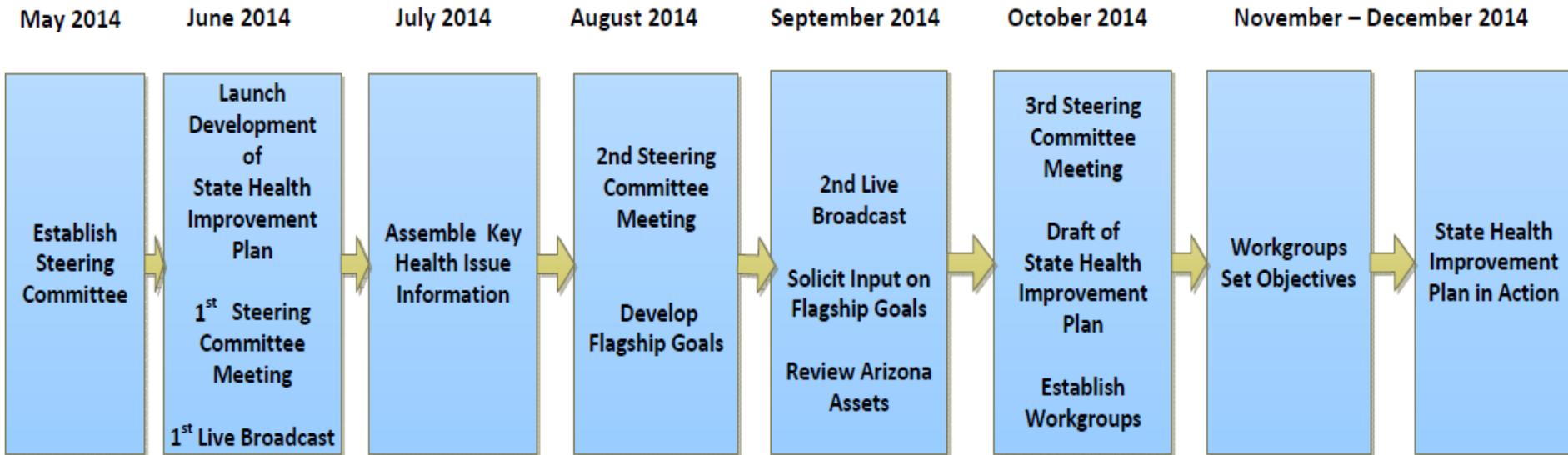


The State Health Improvement Plan

- Provides an overarching five year game plan for partners to work together towards achieving a healthier Arizona
- Begins the process of:
 - Prioritizing the leading public health issues
 - Defining objectives for each priority
 - Assessing Arizona's capacity to address the issue

Arizona State Health Improvement Plan

Timeline



Step 1 – Engagement of Stakeholders

- Establish Steering Committee
- Create mechanisms to gather community input
- Determine criteria to prioritize the leading health issues
- Prioritize the leading health issues
- Assemble Workgroups
- Identify activities addressing the priority health issues
- Implement activities
- Monitor health impacts

Step 2 - Match Needs and Capacity to Establish Priorities

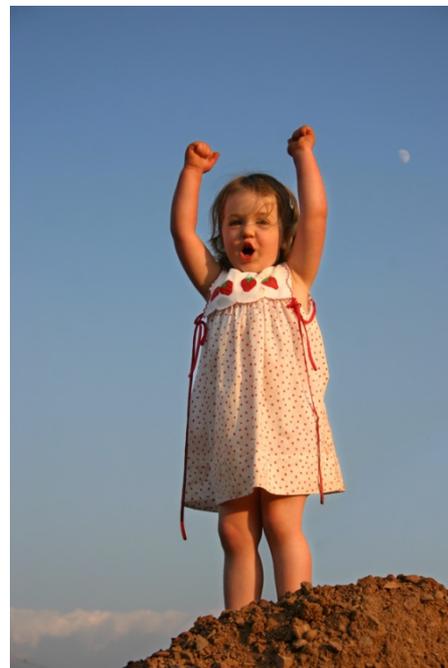
NEED	CAPACITY	
	High	Low
High	Continue intervention programs	Need to reallocate resources to meet need
Low	Excess capacity- move resources to meet other needs	Not a priority for intervention programs

Step 3 – Develop the State Health Improvement Plan

- Based on the priorities established, define and identify:
 - Public health policies
 - Processes
 - Programs
 - Intervention strategies
- Move the needle on the priority health issues
- Achieve better health outcomes within the next 5 years

Step 4 – Define Performance Objectives

- For each priority issue, define performance objectives that correlate with major initiatives to demonstrate progress
 - Specific
 - Measurable
 - Annual
 - Long-term (3 - 5 years)



Step 5 – Implement, Promote, and Monitor the State Health Improvement Plan

- Develop implementation plans
 - Include specific ongoing activities
 - Designate lead responsible party
 - Monitor progress
 - Provide a detailed communication process to promote the implementation of the State Health Improvement Plan

Where are we now?

- Step 1 – Engagement of Stakeholders
 - Invite stakeholders to participate via live broadcast
 - Convene Steering Committee
 - Determine criteria to prioritize the leading health issues



Selection of Prioritization Criteria

- Partner input will be used to determine criteria
 - Based on feedback, criteria will be selected
- Each health issue will be evaluated per the criteria
- Health issues will be prioritized based upon the criteria

Criteria

- Severity (Morbidity / Mortality)
- Scope or Magnitude of the Problem (how many counties, percent of population)
- Potential to Impact (Winnable Battle)
- Evidence-based Models Exist
- Cost-Effectiveness
- Political Feasibility

Criteria

- Community Readiness / Interest in Solving
- Disparities
- Trend Direction
- Quality of Life
- Arizona Ranking Below the US data



Call to Action: We need your help!

Help us select the criteria used to prioritize the health issues for the State Health Improvement Plan

Please take 2 minutes to give us feedback on the criteria that should be used to prioritize the key health issues for the Arizona State Health Improvement Plan by completing the short survey.

<https://www.surveymonkey.com/s/BHHXB6F>



Thank you for your time and interest!

This presentation and the full Arizona State Health Assessment report are available on the ADHS Managing for Excellence Website:

<http://www.azdhs.gov/diro/excellence>



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