



Resources

for Survivors of Cardiac Arrest

The Save Hearts in Arizona Registry & Education (SHARE) Program Arizona Department of Health Services | Bureau of EMS & Trauma System

❖ **SHARE Supports Survivors**

Many of our partner organizations offer psychological and emotional support and advocacy opportunities for cardiac arrest survivors and their families.

Sudden Cardiac Arrest Foundation (SCAF) – The SCAF Survivor Network is a private, members-only online community for sudden cardiac arrest survivors. Once survivors register with the site, they can share their experiences, find others who have been through similar life-changing events, and help one another during the healing process. Join the SCAF Survivor Network and participate in the Arizona affiliate forum.

<http://www.sca-aware.org/> Facebook: <https://www.facebook.com/youcansavealife> ; Toll Free: (877) 722-8641

Sudden Cardiac Arrest Association (SCAA) – The SCAA’s COPE Program offers helpful articles on a wide-range of topics for survivors and family members.

<http://www.suddencardiacarrest.org/aws/SCAA/pt/sp/cope>; Toll-Free: (866) 972-SCAA

Parent Heart Watch (PHW) – PHW is a state-by-state network of parents and partners solely dedicated to reducing the often disastrous effects of Sudden Cardiac Arrest in youth.

<http://www.parentheartwatch.org>; Toll-Free: (800) 717-5828

- ◆ Please visit the SHARE website www.azshare.gov for a complete list of organizations ◆

❖ **SHARE Celebrates Survivors**

Celebrate your life by attending a Survivor event. Our planned events often include the emergency responders and bystanders who were part of your experience. We will keep you informed of dates and times of events throughout the state.

❖ **SHARE Shares Survivor Stories**

Much about a cardiac event can be described as “life-changing” and many survivors and their family members want to share what they have learned as a result of the experience. The SHARE website features stories written by survivors or loved ones. We welcome your story.

Contact Carol Gibbs at cgibbs@shc.arizona.edu - 480-322-1129 or fill out the form on Page 2

The Arizona Department of Health Services Bureau of Emergency Medical Services & Trauma System wants every Arizonan to know what to do if an adult suddenly collapses and is unresponsive. Their Save Hearts in Arizona Registry and Education (SHARE) Program promotes a comprehensive, standardized system of out-of-hospital cardiac arrest care throughout Arizona encompassing all “links” in the “chain of survival”: bystander response, emergency medical dispatcher CPR instruction, emergency medical services provider resuscitation, and standardized care at hospitals. SHARE also seeks to support survivors of out-of-hospital cardiac arrest by providing them with helpful resources.



ATTENTION: Arizona Cardiac Arrest Survivors

Contact Carol Gibbs to connect with the Save Hearts in Arizona Registry & Education (SHARE) Program. Carol can be reached at 480-322-1129/cgibbs@shc.arizona.edu

OR

Mail or FAX this form to:

SHARE PROGRAM

Arizona Department of Health Services
150 N. 18th Ave., Suite 540
Phoenix AZ 85007
Attn: Carol Gibbs
FAX: 602-364-3568

(This information will remain private unless you have authorized us to share it.)

I am a Survivor: _____ Location of Cardiac Arrest: _____

I have an ICD: _____

I am a family member or a friend of a SCA Survivor: _____

Name: _____ DOB _____

Address: _____ City/State/Zip Code: _____

Email: _____

Phone: _____ (Home) _____ (Cell)

Date of incident: _____ Responding Fire Department: _____

Transported to Hospital by which Fire Dept. / Ambulance Company _____

Hospital: _____

Was bystander CPR performed? _____ Bystander's name/relationship: _____

Would you or a family member be willing to write your story for the SHARE website? (www.azshare.gov) _____

If so, would you be willing to include a photograph? _____ Would you like to be invited to Survivor Events? _____

Would you like to join an online network of survivors and families? _____