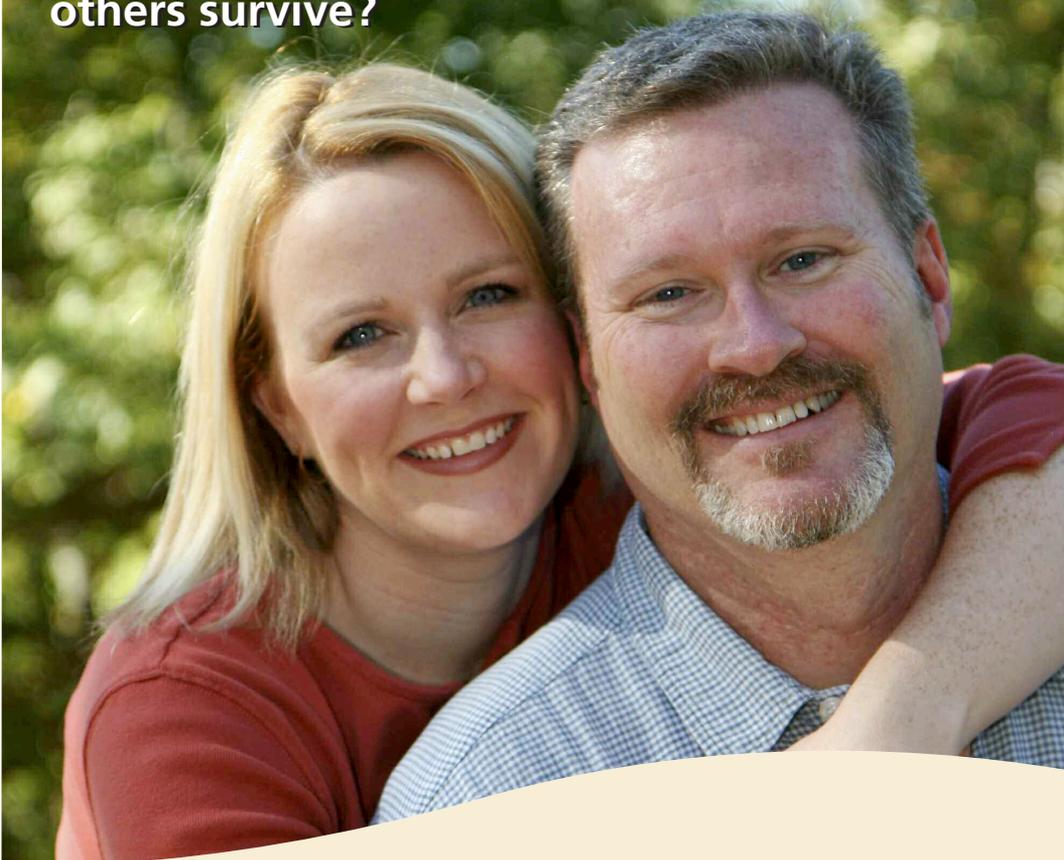


Are you a survivor of sudden cardiac arrest ?

Do you have a family member  
who survived?

Would you like to help  
others survive?



Join the **SCA Survivor Registry™** today and  
connect with other survivors and their families.

## **The SCA Survivor Registry™ is a program of the SCA Foundation, a nonprofit information clearinghouse dedicated to reducing death and disability from sudden cardiac arrest.**

The Registry gives SCA survivors and their families an opportunity to:

- Find others who have experienced similar life-changing events
- Share their experiences and help one another in the healing process
- Participate in research and awareness initiatives designed to help save more lives.

To register online, go to [www.sca-aware.org](http://www.sca-aware.org).  
Participation in the Registry is free.

### **About sudden cardiac arrest**

Sudden cardiac arrest is a life-threatening condition that occurs when the heart suddenly stops beating effectively, often due to a disturbance in the heart's electrical system. SCA is a leading cause of death among adults over the age of 40 in the United States. 250,000 people die every year from SCA, according to the Centers for Disease Control and Prevention. Approximately 10 percent of SCA events occur among people less than 40 years of age. Currently, only one in 20 victims survives.

## What Survivors are saying

"I hope to serve in some small way to help others get the second chance that I now have." *Tim Ries, Blue Springs, MO, 44 at the time of his SCA*

"All I can do is thank God, my family, the special people who helped me get through this hard time and of course my "hero" who actually saved my life. Soon I will be back in action, trying to protect others from going through what I endured." *Mike Papale, Wallingsford, CT, 17 at the time of his SCA*

"I'm happy to support this organization and look forward to increased cultural awareness around the preventable disabilities and deaths associated with SCA." *Mary Lyons, Longview, WA, 35 at the time of her SCA*

"I'll do anything I can to help others survive." *David Belkin, Bethesda, MD, 65 at the time of his SCA*

"It's always a unique yet warming experience to meet another individual who's survived the same experience because together we share an uncommon bond -- being granted life after cardiac arrest." *Paula Opheim, 20 at the time of her SCA*

"I believe there is a reason I survived—and that reason is to help spread awareness about sudden cardiac arrest and to show the importance of CPR and defibrillation so that others may have the same chance that I did!" *Butch Gibbs, Humeston, IA, 55 at the time of his SCA*

## For more information, contact:

### SCA Foundation

PO Box 1322

Wexford, PA 15090

[info@sca-aware.org](mailto:info@sca-aware.org)

1-877-722-3475 (toll free)

724-625-0025





This is why we're here.

 **Sudden Cardiac  
Arrest Foundation**  
raising awareness. saving lives

[www.sca-aware.org](http://www.sca-aware.org)