

Directions for Collection of Stool Specimens *for Patients*

Please read all instructions before beginning.

Label the specimen tube with your Name (first & last), date of birth and today's date

Prepare the toilet to make collecting your specimen easier:

- If possible, urinate before collecting the stool specimen to avoid contaminating the sample.
- Raise the toilet ring.
- Place the white plastic container ('hat') in the toilet, under the seat, toward the rear of the bowl. Be careful not to get water in the bag.
- Lower the toilet ring to help hold the plastic container in place.
- Have bowel movement (BM) into plastic container toilet. **Do not urinate into the container.**

The health department will provide you with containers to collect the stool specimen. You may receive one or more containers, depending on what testing is being done.

Bacterial Testing

- Put on the gloves included in the kit and remove a swab from the paper wrapper using gloved hands. Be careful not to touch the cotton tip.
- Swab stool with the cotton tip of swab
- Take the specimen container out of the bag
- Open the tube containing the media (clear jelly) and put the swab, cotton tip first, into the tube. Place the swab all the way into the tube
- Screw cap tightly onto tube
- Place the tube into the ziplock bag provided. The bag will also contain a sheet of absorbent material. Do not remove the absorbent sheet.
- Place the bagged specimen tube into the box provided and refrigerate it immediately.
- Label the outside of the box with your name and date of birth.
- Notify your public health contact that the specimen is ready for pick up.

Your contact is: **PH contact Name, Phone number**

Please leave a message and you will be contacted to arrange a pickup time on the following business day. Thank you very much for your cooperation!

IMPORTANT: Please remember to wash your hands after handling your stool specimen and wash your hands frequently during and following your illness. Hand washing helps prevent the spread of disease

NOTE: We are collecting this specimen as part of an outbreak investigation; it is NOT intended to be used for diagnosis and/or treatment of your condition. If you are still experiencing symptoms, you should consult with your provider.

Directions for Collection of Stool Specimens *for Patients*

Please read all instructions before beginning.

Label the specimen container with your Name (first & last), date of birth and today's date

Prepare the toilet to make collecting your specimen easier:

- If possible, urinate before collecting the stool specimen to avoid contaminating the sample.
- Raise the toilet ring.
- Place the white plastic container ('hat') in the toilet, under the seat, toward the rear of the bowl. Be careful not to get water in the bag.
- Lower the toilet ring to help hold the plastic container in place.
- Have bowel movement (BM) into plastic container toilet. **Do not urinate into the container.**

The health department will provide you with containers to collect the stool specimen. You may receive one or more containers, depending on what testing is being done.

Viral Testing

- Put on the gloves included in the kit
- Using the disposable plastic spoon included in the kit, transfer the stool to the specimen container, with your name, date of birth and today's date written on it
- Screw cap tightly onto specimen container
- Place the container into the Ziplock bag provided. The bag will also contain a sheet of absorbent material. Do not remove the absorbent sheet.
- Place the bagged specimen container into the box provided and refrigerate it immediately.
- Label the outside of the box with your name and date of birth.
- Notify your public health contact that the specimen is ready for pick up.

Your contact is: **PH contact Name, Phone number**

Please leave a message and you will be contacted to arrange a pickup time on the following business day. Thank you very much for your cooperation!

IMPORTANT: Please remember to wash your hands after handling your stool specimen and wash your hands frequently during and following your illness. Hand washing helps prevent the spread of disease

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Directions for Collection of Stool Specimens for Patients

Please read all instructions before beginning.

Label the 2 glass jars with your Name (first & last), date of birth and today's date

Prepare the toilet to make collecting your specimen easier:

- If possible, urinate before collecting the stool specimen to avoid contaminating the sample.
- Raise the toilet ring.
- Place the white plastic container ('hat') in the toilet, under the seat, toward the rear of the bowl. Be careful not to get water in the bag.
- Lower the toilet ring to help hold the plastic container in place.
- Have bowel movement (BM) into plastic container toilet. **Do not urinate into the container.**

The health department will provide you with containers to collect the stool specimen. You may receive one or more containers, depending on what testing is being done.

Ova and Parasite Testing

- Put on the gloves included in the kit
- Using the disposable plastic spoon included in the kit, scoop one spoonful of stool into the first jar containing clear liquid and put another spoonful of stool into the second jar containing the liquid.
- Be careful not to spill any of the liquid. The liquid is toxic if eaten. If you do spill some of the liquid, dispose by soaking with paper towels and placing in the trash. Do not pour liquid down the drain.
- Screw the lid tightly on both glass jars. Shake gently so the stool mixes with the liquid.
- Place **both** jars into the Ziplock bag provided. The bag will also contain a sheet of absorbent material. Do not remove the absorbent sheet.
- Place the bagged specimens into the box provided. Store at room temperature. **Do not freeze or refrigerate the specimens.**
- Label the outside of the box with your name and date of birth.
- Notify your public health contact that the specimen is ready for pick up.

Your contact is: **PH contact Name, Phone number**

Please leave a message and you will be contacted to arrange a pickup time on the following business day. Thank you very much for your cooperation!

IMPORTANT: Please remember to wash your hands after handling your stool specimen and wash your hands frequently during and following your illness. Hand washing helps prevent the spread of disease

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