

Heat Illness Crossword Puzzle – Answer Key

Extreme Weather and Public Health Program

Exercise your brain and learn more about heat illness.

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3 H				4 M	E	D	I	C	I	N	E	S		
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8 A	I	R	-	C	O	N	D	I	T	I	O	N	E	D
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Across

Down

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| <p>4. Older adults are more vulnerable to heat illness because they may be taking prescription _____.</p> <p>8. The most effective way to prevent heat illness is to stay in this type of building.</p> <p>9. This happens when your body becomes too hot and is unable to regulate its own temperature. (2 Words)</p> | <p>1. The process of slowly becoming used to changes in climate or the environment.</p> <p>2. A type of heat illness that is considered to be a "medical emergency." (2 Words)</p> <p>3. This common type of heat illness causes muscle pains or spasms. (2 Words)</p> <p>4. A _____ or public library is a great place to go for free air-conditioning.</p> <p>5. The best way to re-hydrate is to drink plenty of this clear fluid.</p> <p>6. Drinking water, staying indoors, and resting frequently are all ways to _____ heat illness.</p> <p>7. The Heat and Older Adults Safety Toolkit.</p> |
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