How to Wash Your Hands

1. Wet hands

2. Apply soap

Happy birthday to me, happy birthday to me, happy birthday dear me, happy birthday to me!

Happy birthday to me, happy birthday to me, happy birthday dear me, happy birthday to me!

3. Scrub hands with soap for 20 seconds

Try singing the Happy Birthday song twice!

4. Rinse hands

5. Dry hands

ARIZONA DEPARTMENT OF HEALTH SERVICES