

Needlesticks and Other Sharps/Splash Exposures

Post-Exposure Prophylaxis (PEP)



Bloodborne Pathogens

Needlesticks and other sharps/splash-related injuries may expose workers (e.g. first aid team members, housekeeping personnel in some industries, nurses, and other healthcare personnel) to bloodborne pathogens.

These pathogens include, but are not limited to:

- Hepatitis B (HBV)
- Hepatitis C (HCV)
- Human immunodeficiency virus (HIV)

Take these Steps For an Exposure Incident

1. **Immediately** flood the exposed area with water and clean any wound with soap and water or a skin disinfectant if available
2. **Immediately** report the incident to your employer
3. **Immediately** seek medical attention for PEP guidance
4. **Be aware** of special circumstances (e.g. pregnancy, breastfeeding, & immunocompromised)
5. **Conduct** standard follow-up testing for the exposed person

For more details visit:

<http://nccc.ucsf.edu/clinical-resources/pep-resources/pep-quick-guide/#>

FREE rapid expert consultation and advice on PEP for bloodborne pathogen exposures

[University of California, San Francisco Clinician Consultation Center](#)

(888) 448-4911

9 a.m. – 2 a.m. EST

Seven days a week

For more information visit:

<http://nccc.ucsf.edu/clinician-consultation/post-exposure-prophylaxis-pep/>



www.preventHALaz.gov

Please Note: This is only a brief summary of information on PEP. Be sure to work with your employer and provider for thorough evaluation and follow-up.

References & Resources	Links
Arizona Division of Occupational Safety and Health (ADOSH)	http://www.ica.state.az.us/ADOSH/ADOSH_main.aspx
Bloodborne Pathogens and Needlestick Prevention (OSHA)	https://www.osha.gov/SLTC/bloodbornepathogens/index.html
Bloodborne Pathogen Exposure Incidents Fact Sheet (OSHA)	https://www.osha.gov/OshDoc/data_BloodborneFacts/bbfact04.pdf
PEP Quick Guide for Occupational Exposures (UCSF Clinician Consultation Center)	http://nccc.ucsf.edu/clinical-resources/pep-resources/pep-quick-guide/
Latest federal and best-practice recommendations for post-exposure prophylaxis (PEP) decisions (UCSF Clinician Consultation Center)	http://nccc.ucsf.edu/clinical-resources/pep-resources/pep-guidelines/