



Was It Something I Ate? “iGotsick”: Utah’s Online Foodborne Illness Complaint System

Cindy Burnett, MPH

Utah Department of Health

Arizona Infectious Disease Training & Exercise, July 2014

Background

- **Centralized foodborne illness complaint system**
- **Developed by UDOH, UDAF & 12 local health departments**
- **System live in February, 2013**



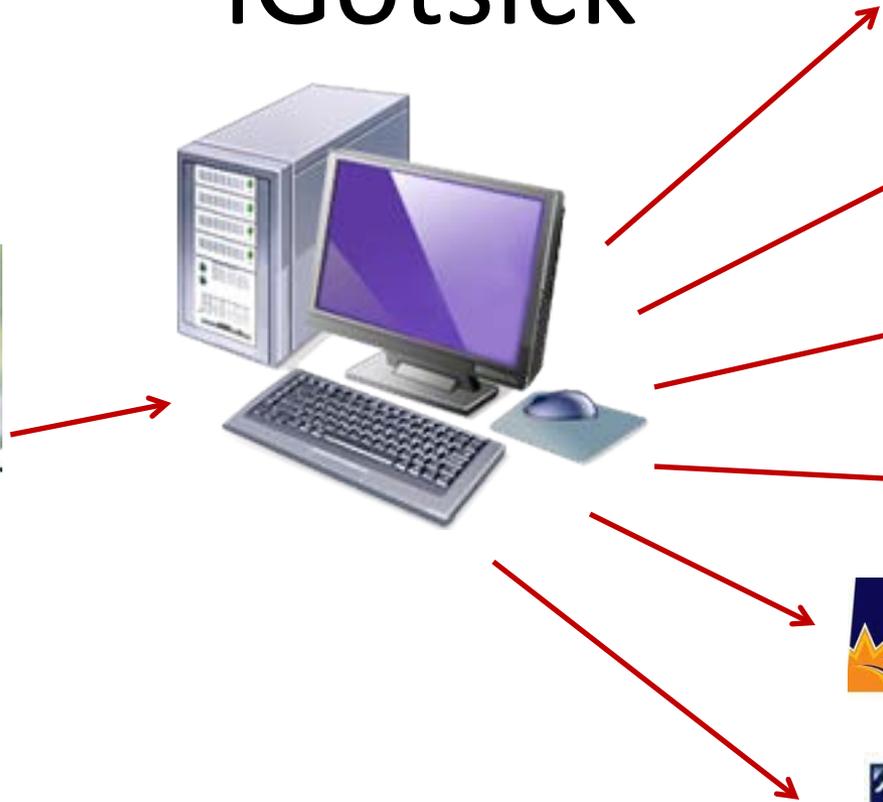


Utah's Local Health Departments

- 29 Counties
- 12 Health Districts



iGotsick



Report a Foodborne Illness



The information you report through this website is safe, secure, and confidential!

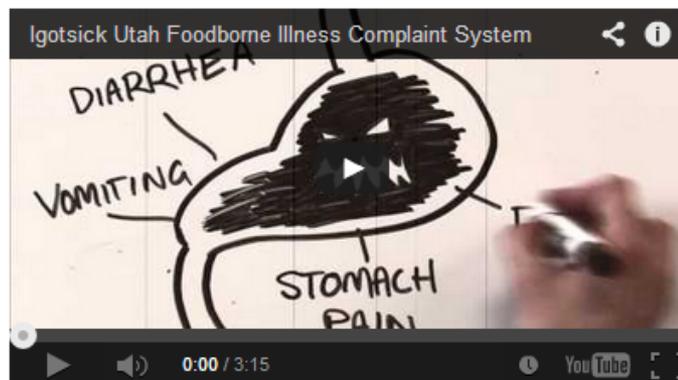
Your report is automatically sent to the appropriate Local Health Department, and only authorized Utah Department of Health and Local Health Department representatives can access it. Information you provide will not be shared with restaurants or any other third parties.

Report Your Illness

Think you got sick from something you ate? Let us know by answering a few questions about your symptoms, places you've visited, and what you ate.

 [File an Online Report](#)

(Health care professionals must follow the procedure listed in Utah's [List of Reportable Conditions \(pdf\)](#) to notify the Utah Department of Health of certain foodborne diseases.)



Film and artwork courtesy of www.mattloconnor.com

Please Seek Medical Advice

Contact your health care provider, especially if you are:

- Pregnant, elderly, have a weak immune system, or if the ill person is an infant. Any of these conditions put people at higher risk of getting sick if exposed to germs in contaminated food, and at higher risk of developing serious medical problems.
- Having severe symptoms such as bloody diarrhea, severe nausea and vomiting or a high fever.

iGotsick.health.utah.gov



Report Your Illness

Think you got sick from something you ate? Let us know by answering a few questions about your symptoms, places you've visited, and what you ate.



[File an Online Report](#)



Illness Report Form

Important: If this is a medical emergency, please call 911 immediately. This report to the health department does not provide a diagnosis or treatment for your illness.

Please fill in all fields as completely as possible. The information you provide will help us determine if your illness is food related and what steps need to be taken by the appropriate Local Health Department. (All information collected is completely confidential.)

When finished, please click the *Submit* button to send your report.

(* indicates a required field)

About You

First Name*

Last Name*

Age

Gender

Home Street Address

City

State

Zip*

Home Phone* ex. (801) 538-6191

Preferred?

Work Phone

Preferred?

Cell Phone

Preferred?

Email

Preferred?

Symptoms

Date symptoms started:*

10/29/2013

What time of day did symptoms begin?*

1:00am

How long were you sick?

More than 48 hours

Place a check in the box by each of your symptoms (check all that apply):*

Nausea

Abdominal pain

Vomiting

Cough

Chills

Swollen lymph nodes

Unusual taste in mouth

Diarrhea

Shortness of breath

Muscle aches

Headache

Sore throat

Stiff neck

Bloody diarrhea

Joint aches

Fever

Very tired

Rash

Visual changes

Which symptom did you experience first?

Abdominal pain

Which symptom was worst?

Diarrhea

Please describe any other symptom(s)

Exposure

Where (including name and address, if applicable) do you think you may have become ill?

The Three Broomsticks, unknown address, downtown Salt Lake near Main Street.

What specific food did you eat that you suspect made you ill?

Cornish Pastie or Yorkshire Pudding

When did you eat the specific food that you suspect made you ill?

Date:* 10/27/2013

Time of day:* 2:00pm ▼

List any places where you ate food between Friday, October 25, 2013 and Tuesday, October 29, 2013 :

The Three Broomsticks

How many other people in your household were sick with the same symptoms around the same time as you?

0

How many other people, excluding household members, were sick with the same symptoms around the same time as you?

0

Exposure

Where did you think you may have become ill?
Th... downtown Salt Lake near Ma

Where did you think you may have become ill?
Co... e you ill?

Where did you think you may have become ill?
Da... made you ill?
n [dropdown]

List any places where you ate food between Friday, October 25, 2013 and Tuesda

Please include any places you ate food, including **your home, group gatherings, restaurants, convenience stores, etc.**

For each place you ate at, please include:

- **Name of the location** you ate at,
- **Address** where you ate,
- **Date & time** you ate there, and
- **What foods** you ate



Other Notes/Comments

If you have any other information that you feel would be helpful for your Local Health Department about this case, please enter it below.

 **Submit**

 **Cancel**

Before You Cancel...

If you're not ready to submit this report online, we still want to hear from you! Please contact your Local Health Department using the information at the link below to let us know you got sick.

[Contact your Local Health Department](#)

Report Submitted

Thank you for taking the time to share your concern with the Utah Department of Health and your Local Health Department!

Your report has been submitted successfully, and your Local Health Department will begin their investigation. If necessary to complete the investigation, a representative from your Local Health Department may follow up with you at a later date.

If this is a medical emergency:

As a reminder, if this is a medical emergency, please call 911 immediately. This report is not connected to emergency services in any way and does not provide a diagnosis or treatment for your illness.

Share with a friend:

If you know someone else who may want to report a foodborne illness, share this page with them! Enter your friend's e-mail address below and we'll send them a link to get started.

Your friend's e-mail address:

 [Send Link](#)

How'd we do?

Thank you for using the Foodborne Illness Report system. If you have thoughts or ideas about how we could improve this website, we'd love to hear from you!

[Share your feedback!](#)



What happens next...

- LHD notified by e-mail
- EH and Epi staff determine follow-up
- Report is shared with other LHDs\UDAF, if appropriate



Report Info

Date Report Entered:

11/04/2013 10:37

Status:

Under Investigation ▼

Assigned to:

Jenny Robertson ▼

Action Taken:

Inspected ▼

Report Notes

Report Sharing

Share Report With:

- | | | |
|---|---|--|
| <input type="checkbox"/> Bear River | <input checked="" type="checkbox"/> Salt Lake Valley | <input type="checkbox"/> TriCounty |
| <input type="checkbox"/> Central Utah | <input checked="" type="checkbox"/> Southeastern Utah | <input type="checkbox"/> Utah County |
| <input type="checkbox"/> Davis County | <input type="checkbox"/> Southwest Utah | <input type="checkbox"/> Utah State |
| <input checked="" type="checkbox"/> Department of Agriculture | <input type="checkbox"/> Summit County | <input type="checkbox"/> Wasatch County |
| <input type="checkbox"/> Out of State | <input type="checkbox"/> Tooele County | <input checked="" type="checkbox"/> Weber-Morgan |



Done



Save

ILLNESS REPORTING SYSTEM

Welcome Cindy Burnett

Filter Reports By...

Report Progress:

Submitted Reports

Case Status:

Any/All

Jurisdiction:

Any/All

Assigned To:

Any/All

Date Submitted:

Any Time

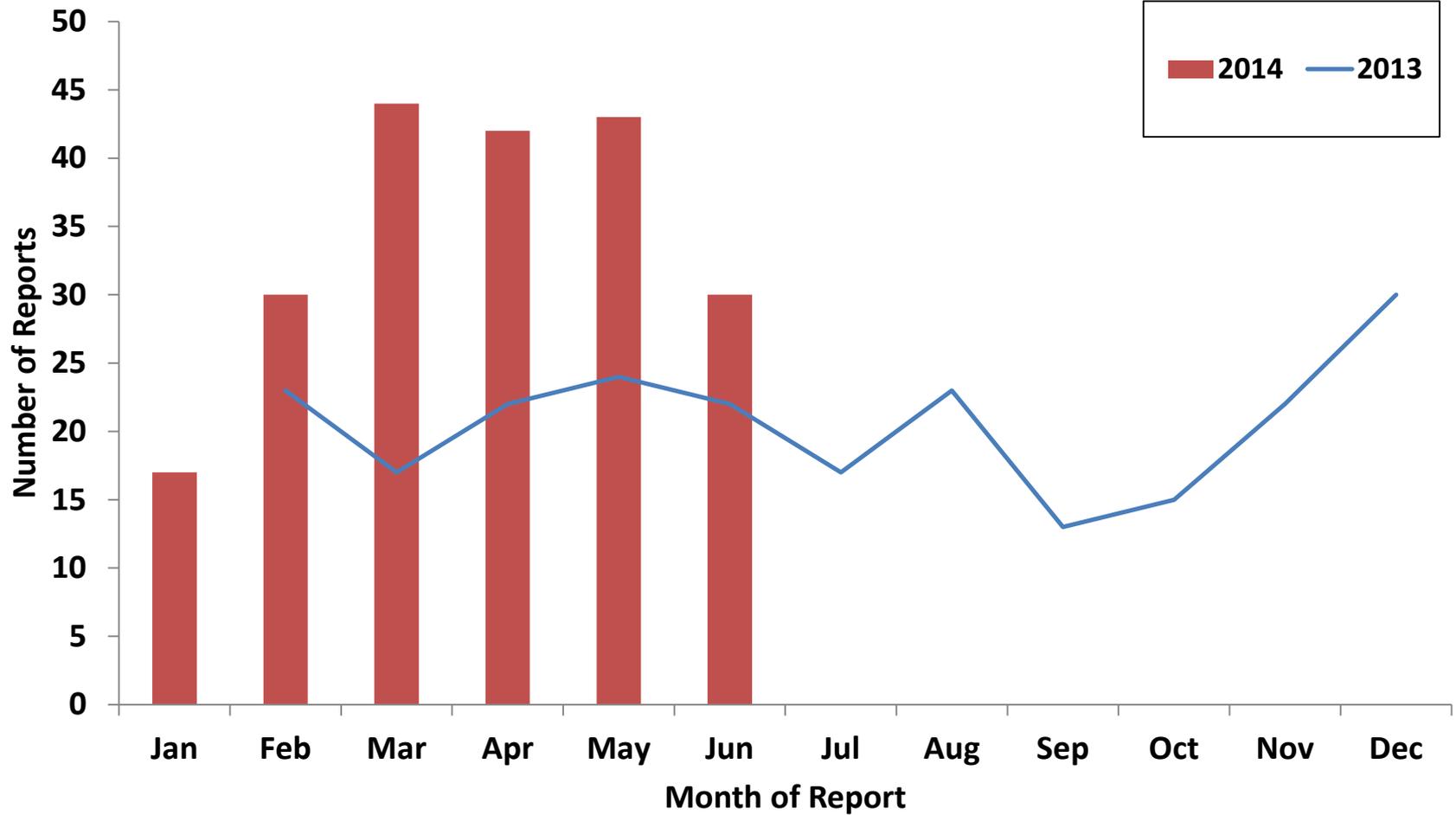
to Present

Update

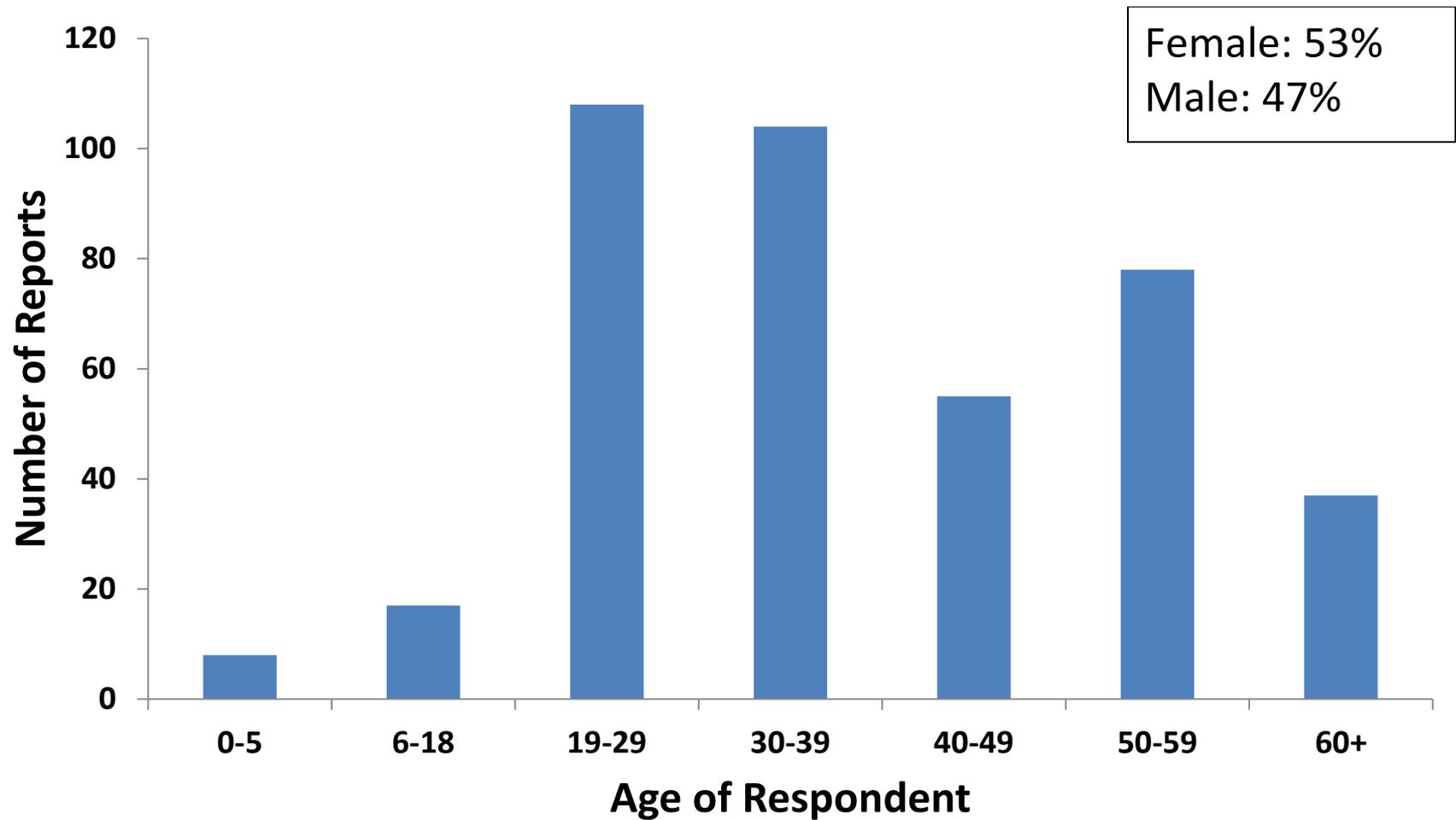
Events Found: 256

Date Created	Name	City	Jurisdiction	Assigned	Status
11/15/2013			Weber-Morgan	--	Unassigned
11/14/2013		Mapleton	Utah County	Sam Marsden	Assigned
11/14/2013		West Valley City	Salt Lake Valley	--	Unassigned
11/11/2013		Murray	Salt Lake Valley	--	Unassigned
11/10/2013		south jordan	Salt Lake Valley	--	Unassigned
11/06/2013		SLC	Salt Lake Valley	Jennifer Robertson	Completed
11/04/2013		Roy	Weber-Morgan	--	Unassigned
11/04/2013		Salt Lake City	Salt Lake Valley	--	Deleted
11/04/2013		Clearfield	Davis County	Sarah Willardson	Completed
11/04/2013		Clearfield	Salt Lake Valley (Shared)	Jennifer Robertson	Completed
11/01/2013			Salt Lake Valley	Jennifer Robertson	Completed
11/01/2013		Roy	Weber-Morgan	--	Unassigned
10/23/2013		SLC	Salt Lake Valley	Jennifer Robertson	Completed
10/22/2013		Sandy	Salt Lake Valley	Jennifer Robertson	Completed
10/22/2013		North Ogden	Weber-Morgan	--	Unassigned
10/20/2013		Anchorage	Out of State	--	Unassigned
10/20/2013		Orem	Utah County	Sam Marsden	Assigned
10/16/2013		Fairview	Central Utah	Philip Bondurant	Completed

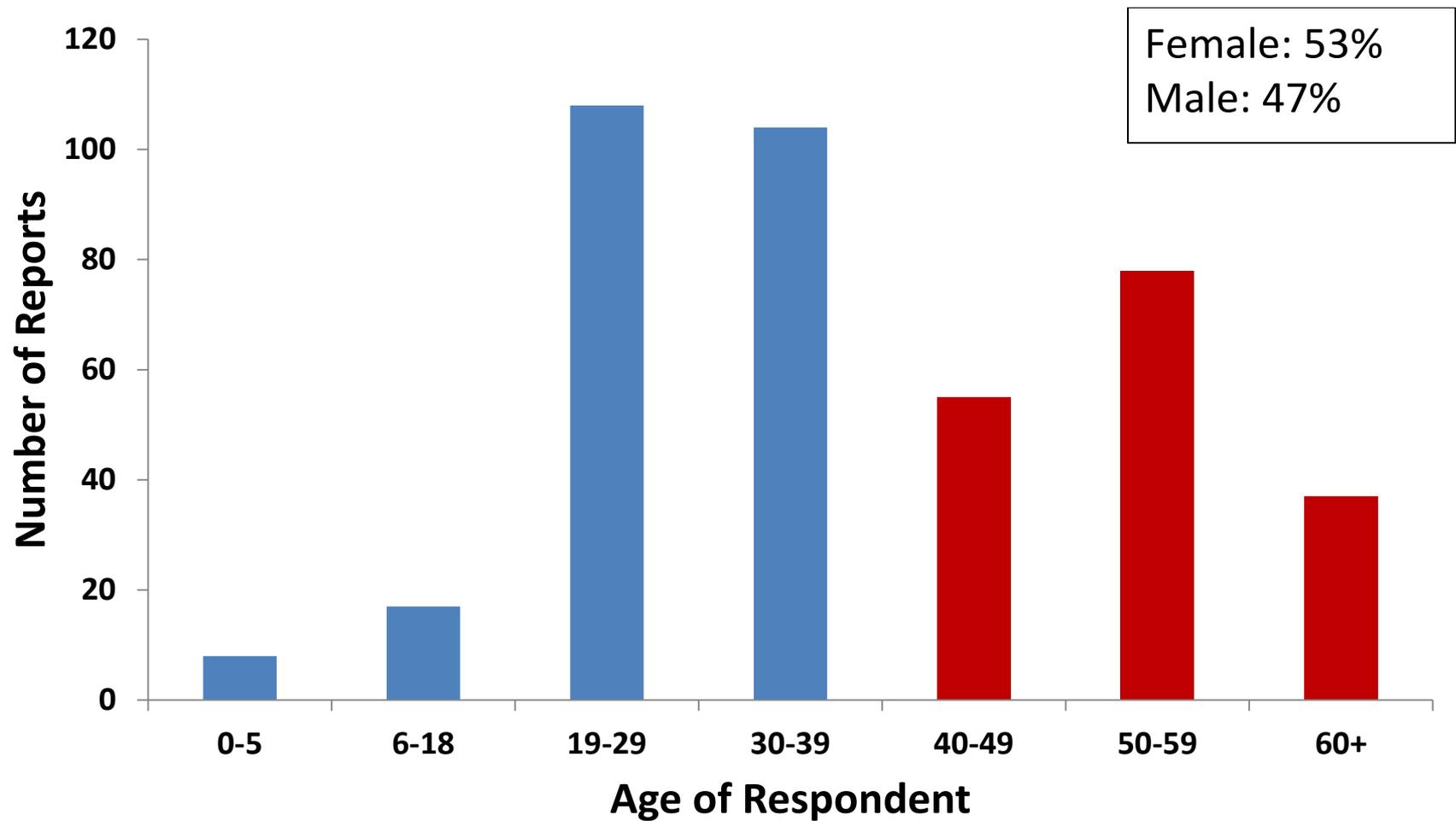
Reports Are Increasing



Popular with Older Users



Popular with Older Users





- ## Symptoms/Severity
- **96% Vomiting and/or diarrhea**
 - **4% Bloody diarrhea**
 - **10% Medical care**
 - **< 3% Stool specimen**

I GOT SICK

Was it something I ate?



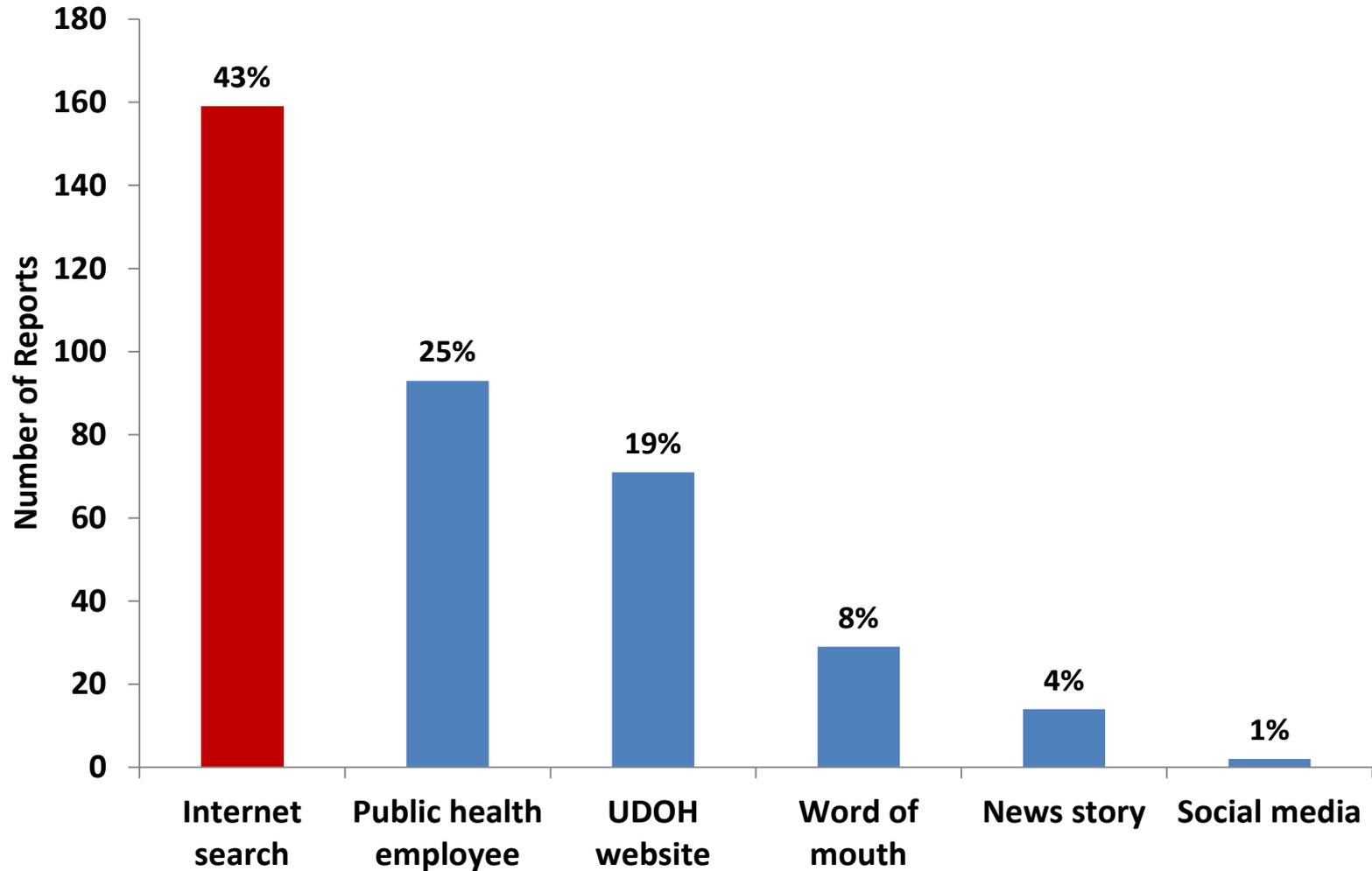
www.igotsick.health.utah.gov



Promotion:

- Press release
- Physician listserv
- Website links
- Posters, magnets, stickers

Most commonly found through internet search





Security

- **In-house system**
- **Users must have access to PHAccess**
- **Secure routing of reports**

Cost to Develop

- Development costs were minimal
- Database created by in-house programmers
- Used existing secure system (PHAccess)
- Video production donated
- **Total cost: \$500**



Challenges/Opportunities

- **Public awareness**
 - **Accuracy of reports**
 - **Contact information for respondents**
 - **Completeness**
 - **Local response not standardized**
- 



Lessons Learned

- **LHD input critical**
 - **LHD workload reduce**
 - **System MUST be flexible**
 - **Open-ended questions important**
 - **Improved communication/relationships**
- 



Acknowledgements

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- **Salt Lake County Health Department**
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 - Royal Delegge
 - Jeff Oaks
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 - Linda Ebert
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Thank you!

