

TGIF EZ Template

Bolded sections are required for each participant; complete other sections when it applies

1. **T: Used** _____ **tool** (*If used*). Mom/Family feels _____
2. **G: Mom/Family will** _____
3. **I: Discussed** _____
Manually assigned Code(s) _____ due to _____
BF Feelings: _____
Food package (tailoring, special needs food package) _____ because ____

4. **F: Follow-up about (referrals made, topics for next time, next appt type, etc)** ____

EXAMPLE

T: Use metaphors, mom feels like mealtime is a tug of war with the TV.

G: Mom wants to try to have family meals with no distractions

I: Discussed tips for getting kids excited about family meals. Mom remembers family meals when growing up and wants that for her family. 353 allergic to milk. No cheese/soymilk food package.

F: To see RD next visit. F/U with how family meals are going. Referred to AHCCCS

TGIF REMINDERS

T: What tool was used, what were the family's feelings?

G: What does the family plan on working on or changing to improve health?

I: What was discussed? What did family share about their challenges, motivations, and strengths? What nutrition education was provided? If codes were assigned by staff, what was (were) the code(s) and why? What are the feelings about breastfeeding for PG and Breastfeeding women categories? Document special food packages assigned or any tailoring that was done.

F: What is there to follow up on next time? What referrals were made? What kind of appt are they having next time? What topics might be highlighted next time based on today's discussion?