

Common Medical Terms, Abbreviations, or Acronyms

Term, abbreviation, or acronym	Definition
#	Pounds
%tile	Percentile
/	Per
@	At
~	Approximately
AEB	As evidenced by
AAP	American Academy of Pediatrics
ADA	American Diabetes Association
ADHD	Attention Deficit Hyperactivity Disorder
ADHS	Arizona Department of Health Services
ADIME	Assessment, Diagnosis, Intervention, Monitoring, Evaluation
AGA	Appropriate for Gestational Age (10 th to 90 th percentile for birth weight for gestational age)
AI	Adequate intake
AIM	Arizona In Motion
AKA	Also Known As
am	Morning
AND	Academy of Nutrition and Dietetics
ANL or anl	Above normal limits
appt.	Appointment
b/c	Because
BF or bf	Breastfeeding
BID	Twice per day
BMI	Body Mass Index
BNL or bnl	Below normal limits
BPD	Bronchopulmonary dysplasia
btwn	Between
c/o	Complains of
C1	Child 1 year old
C2	Child 2 years old
C3	Child 3 years old
C4	Child 4 years old
Ca+	Calcium
Catch-up growth	Rate of growth that is faster than expected, seen when a child who has experienced stunted growth due to a nutritional insult receives adequate energy and protein
CB	Cesarean birth
CBC	Certified Breastfeeding Counselor
CDC	Centers for Disease Control and Prevention
CF	Cystic fibrosis
CHO	Carbohydrate
CLC	Certified Lactation Counselor
cm	Centimeters

Term, abbreviation, or acronym	Definition
CNE	Community Nutrition Educator
CNG	Continuous nasogastric (feeding)
CNS	Central nervous system
COG	Continuous oral gastric (feeding)
Corrected Age	Age from birth, corrected for prematurity; 40 weeks minus gestational age at birth
conc.	Concentrate formula
cont	Continue(d)
CSFP	Commodity Supplemental Food Program
CSHCN	Children with special healthcare needs
CT or Cert	Certification
d/t	Due to
d/c	Discontinue
dL	Deciliters
DM	Diabetes Mellitus
DO	Doctor of Osteopathic Medicine
DOB	Date of birth
DRI	Dietary Reference Intake
Dx	Diagnosis
Dysphagia	Difficulty swallowing
EAR	Estimated average requirement
EER	Estimated energy requirement
EN	Exclusively nursing
ELBW	Extremely low birth weight (Less than 1000 g or 2 lbs 3 oz)
EPSDT	Early periodic screening, diagnosis, and treatment
f/u	Follow up
fdg	Feeding
Fe+	Iron
FI	Food Instruments
FMNP	Farmer's Market Nutrition Program
FTT	Failure to Thrive
g	Gram(s)
GDM	Gestational Diabetes Mellitus
GERD	Gastroesophageal reflux disease
GI	Gastrointestinal
h/o	History of
HCP	Healthcare Provider
Hgb	Hemoglobin
ht	Height
hx	History
IBCLC	International Board Certified Lactation Consultant
IBW	Ideal Body Weight
IDDM	Insulin dependent diabetes mellitus
IEN	Infant exclusively nursing
IFF	Infant formula fed

Term, abbreviation, or acronym	Definition
ILCA	International Lactation Consultant Association
in	inches
IOM	Institute of Medicine
IPN	Infant partially nursing
kcal	Kilocalories or Calorie(s)
kg	Kilogram
lbs	Pounds
LBW	Low birth weight
LGA	Large for gestational age (Greater than 90 th percentile for birth weight for gestational age)
MCT	Medium-chain triglycerides (fat type)
MD	Medical Doctor
Micropremie	Less than 750 g or 1 lb 10 oz
mL	Milliliter
MVI	Multivitamin
NCP	Nutrition Care Process
Neonate	Newborn, birth to 28 days
NICU	Neonatal Intensive Care Unit
N/V	Nausea and Vomiting
NIDDM	Non-insulin dependent diabetes mellitus
NP	Nurse Practitioner
NWA	National WIC Association
oz	Ounces
P	Postpartum
PA	Physician Assistant
PAL	Physical activity level, coefficient used to determine estimated energy requirements
PCP	Primary Care Physician
PES	Problem, etiology, signs, and symptoms
PKU	Phenylketonuria, genetic disorder of metabolism
PG 2	Pregnant adult over 18 years old
PG1	Pregnant less than 18 years old
PN	Partially nursing
Postterm	Gestational age more than 42 weeks
Preterm	Gestational age less than 37 weeks
prn	As needed
PRO	Protein
q	Every
QD	Every Day
qh	Every hour
qod	Every other day
r/t	Related to
RDA	Recommended dietary allowance
RD(N)	Registered Dietitian (Nutritionist)

Term, abbreviation, or acronym	Definition
rec	Recommend(ed)
RN	Registered Nurse
RTF	Ready to feed
Rx	Prescription
SGA	Small for gestational age (Less than 10 th percentile for birth weight for gestational age)
SOAP	Subjective, objective, assessment, plan
s/s	Signs and symptoms
s/p	Status post
Sx	Surgery
TEE	Total energy expenditure
Term	Gestational age 37 to 42 weeks
TID	Three times per day
Tx	Treatment
UBW	Usual Body Weight
UL	(Tolerable) upper intake level
USDA (FNS)	United States Department of Agriculture (Food and Nutrition Services)
Vit	Vitamin
VLBW	Very low birth weight (
VOC	Verification of Certification
WHO	World Health Organization
WIC	Women, Infants, and Children
WNL or wnl	Within normal limits
wt	Weight
y.o.	Years old