



Arizona WIC Program-Nutrition Discussion Plus Medical Observation



REVIEWER: _____

DATE: _____

AGENCY: _____

SITE: _____

DRAFT	1	Notes
CNW / Nutritionist (list)		
Participant Name/ID (list)		
Reviewed TGIF note and client file before meeting with client		
<u>Invest in the Interaction</u> Greeted Client/Introduced Self Explained purpose of the interview Asked permission to review and verify documents (if applicable)	0 1 2 3	
<u>Assessment</u> Utilizes critical thinking skills to gather, analyze, evaluate, and prioritize the appointment	0 1 2 3	
<u>Nutrition Discussion</u> Offers appropriate, relevant, and accurate counseling and advice	0 1 2 3	
<u>Support Health Outcomes</u> Encourages success by closing the conversation	0 1 2 3	
The nutrition discussion was appropriate to the client's cultural preferences and consideration to household situation, educational background		
Anthropometric/Laboratory		
Medical data <60 days old entered correctly (if applicable)		
<u>Weight/Length/Height</u>		
Scales are zeroed and balanced before weighing individual		
Dry diaper		
Light clothing		
Without shoes		
Weighed twice (if scale doesn't take multiple internal measurements)		
Weighed to nearest ounce		

Y = Complete, done correctly

N = Incorrectly done or not done

N/A = Not applicable

0* 1* 2* 3*

*See Scale Rubric for Arizona WIC appointments

Revised 01/15



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Length board used for infants & children under 24 months or unable to stand unassisted		
Standing height used for children over 24 months & women		
Measured using a standing height board or non-stretched tape with a flat headboard		
Heels slightly apart		
Heels, buttocks and shoulder blades touching wall		
Eyes straight ahead with arms at sides		
Without top hair adornment		
Length/Height measured twice		
Length/Height is measured to nearest 1/8 inch		
<u>Hemocue Lab Procedure</u> (if applicable)		
Cleansed & gloved hands for each test		
Gloves remained on until cuvette was disposed		
Correct site chosen (middle or ring finger, cannot have ring, heel when appropriate)		
Cleansed & dried site, site held to distend skin		
Correct puncture site and depth, first 2 - 3 drops wiped, pressure / bandage applied (no bandage under 2 years)		
No squeezing / milking to collect blood, other method used		
Cuvette container with lid on and stored at room temperature		
The sharp edge of the cuvette is pointed downward		
Filled in one step to front edge, excess blood wiped off		
Checked for air bubbles, discarded if present		
Disposed of used supplies properly in Biohazard / Sharps containers/trash can		
Disposed of gloves after each test & cleansed hands		
Blood values recorded accurately		
<u>Masimo Pronto Procedure</u> (if applicable)		
Staff cleansed hands		

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0* 1* 2* 3*

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Used on a client 2 years old or older		
Cleansed & dried site		
Correct digit gauge used (adult, pediatric)		
Correct finger used (middle or ring, thumbs for small children, no nail polish or rings)		
Sensor is aligned on finger correctly		
Sensor is shielded from excessive light		
Cable runs flat over the top of the hand directly in the middle of the finger with no kinks or twists		
If unable to obtain reading, HemoCue machine is used		
Appropriate pending lab code used (if applicable)		
Customer Service		
Staff logged out of HANDS or locked computer when leaving the workstation		
Confidentiality/privacy maintained		
Accommodations were made to provide services/forms in participant's preferred language/ focused on client when a translator was used (interpreter used appropriately)		
Staff focused on the client and not the computer		

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0* 1* 2* 3*

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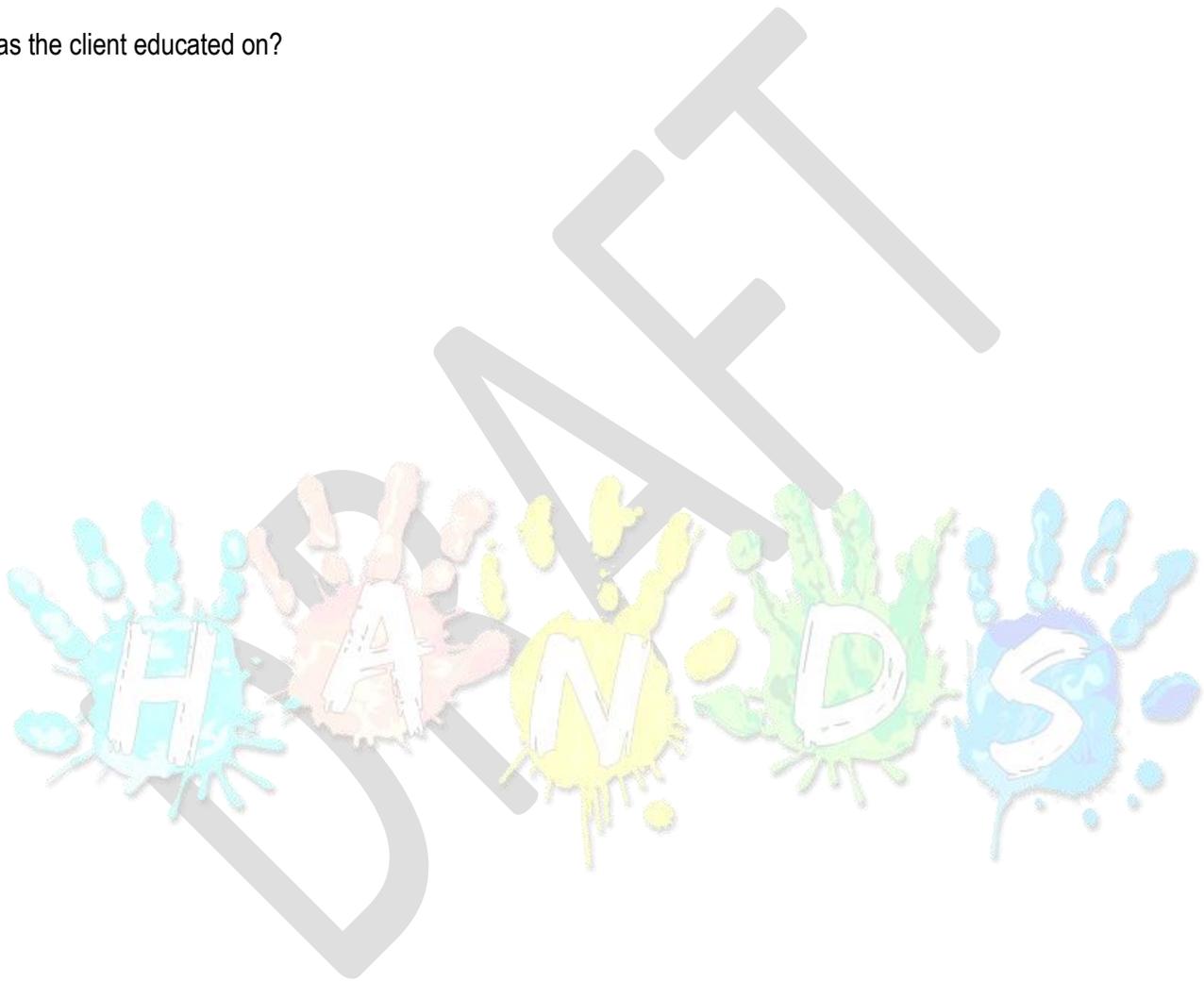
Notes

How do you feel the appointment went?

What areas do you feel you do well on?

What might you do different next time?

What was the client educated on?



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