

ARIZONA WIC PROGRAM'S MINIMUM STOCK REQUIREMENTS

(These stock requirements must be maintained at all times.)

Effective, October 1, 2016

WIC FOOD	BRAND/TYPE	AMOUNT	SIZE	# OF VARIETIES		
Cereal	<p>ONLY THESE BRANDS:</p> <p>Cold Cereal General Mills Chex: Corn, Rice and Wheat General Mills Cheerios: Plain and Multi-Grain General Mills Kix: Plain General Mills Total: Plain Kellogg's Corn Flakes Kellogg's Special K: Original Kellogg's All-Bran Complete Wheat Flakes Kellogg's Frosted Mini Wheats: Original Kellogg's Rice Krispies Malt-O-Meal Crispy Rice Malt-O-Meal Frosted Mini Spooners Post Great Grains Banana Nut Crunch Post Honey Bunches of Oats: Almond, Honey Roasted and Vanilla, Whole Grain Almond Crunch, Whole Grain Honey Crunch, Whole Grain Vanilla bunches Post Grape Nuts (Original) Post Grape-Nuts Flakes Quaker Life: Plain Quaker Oatmeal Squares: Brown Sugar and Cinnamon</p> <p>ONLY THESE STORE BRANDS:</p> <table style="width: 100%; border: none;"> <tr> <td style="vertical-align: top; width: 50%;"> <p>Crispy Rice Best Yet, First Street, Great Value, Western Family</p> </td> <td style="vertical-align: top; width: 50%;"> <p>Toasted Oats Best Yet, Essential Everyday, First Street, Food Club, Great Value, Hy-Top, Kroger, Market Pantry, Signature Kitchens, Western Family, WinCo</p> </td> </tr> </table> <p>Hot Cereal Cream of Wheat (Instant Original individual packets, 1 minute and 2.5 minute) Malt-O-Meal Original Hot Wheat Cereal Quaker Instant Oatmeal Original flavor, (single serving packets only)</p>	<p>Crispy Rice Best Yet, First Street, Great Value, Western Family</p>	<p>Toasted Oats Best Yet, Essential Everyday, First Street, Food Club, Great Value, Hy-Top, Kroger, Market Pantry, Signature Kitchens, Western Family, WinCo</p>	<p>24</p> <p>-- or --</p> <p>24</p> <p>-- or --</p> <p>24</p>	<p>boxes or bags, 14 ounce or larger of cold cereal</p> <p>boxes, 11.8 ounces or larger of hot cereal</p> <p>boxes and bags, appropriate size as listed above of hot <u>and</u> cold cereal combined</p>	<p>4 brands: one must be General Mills Plain Cheerios, one must be General Mills Plain Kix and two other brands</p>
<p>Crispy Rice Best Yet, First Street, Great Value, Western Family</p>	<p>Toasted Oats Best Yet, Essential Everyday, First Street, Food Club, Great Value, Hy-Top, Kroger, Market Pantry, Signature Kitchens, Western Family, WinCo</p>					
<p><u>Do not</u> count organic or frosted (except Malt-O-Meal Frosted Mini Spooners and Kellogg's Frosted Mini Wheats: Original), hot cereal with added raisins, fruit or nuts or variety packs.</p>						
Eggs	Store or house brand, fresh, raw, white chicken eggs.	16	medium or large - one (1) dozen cartons	one size must be large		
<p><u>Do not</u> count organic or specialty (low cholesterol, DHA, free range, cage free, nest and fertile), six-packs, brown, extra-large, jumbo eggs or egg substitutes.</p>						
Dry Beans / Peas / Lentils	Any eligible brand and type of prepackaged dry beans, peas or lentils	8	16 ounce packages only	1 type Dry Beans --and-- 1 type Peas or Lentils		
<p><u>Do not</u> count bulk, organic or immature varieties (i.e., green beans, snap beans, yellow beans or wax beans), fresh, frozen, flavored, refried beans, seasoned, bean soup mixes with flavoring packets and spices or gourmet beans.</p>						

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Canned Beans	<p>Any eligible brand and variety of canned beans, plain, regular or low sodium</p> <p>Such as:</p> <ul style="list-style-type: none"> Black Black-eyed peas Cannellini Garbanzo (Chickpeas) Great Northern Kidney (Red or White) Lima Navy Pink Pinto Red 	8	up to 16 ounce cans	not applicable
<p>Do not count organic or beans with added fat, oil, spices or meat (i.e., pork and beans), refried beans, canned green peas, green beans, wax beans, peas or lentils, fruits or vegetables or seasoned beans such as Cajun style, chili beans, BBQ beans, ranch-style, or baked beans.</p>				
Peanut Butter	<p>Any eligible brand of plain (creamy, chunky, super chunk or natural) peanut butter.</p> <p>Low sugar and low sodium are allowed.</p>	8	16 to 18 ounce jars	not applicable
<p><u>Do not</u> count 'grind your own,' organic or spreads, peanut butter with added ingredients (i.e., jams, jelly, marshmallow, chocolate, DHA, omega-3, or honey), or in tubes.</p>				
Bread	<p>ONLY THESE BRANDS OF 100% WHOLE WHEAT LOAVES OF BREAD:</p> <ul style="list-style-type: none"> Bimbo 100% Whole Wheat Nature's Own 100% Whole Wheat Oroweat 100% Whole Wheat Ozark Hearth 100% Whole Wheat Roman Meal Sun Grain 100% Whole Wheat Sara Lee 100% Whole Wheat Wonder 100% Whole Wheat <p>Any eligible store or house brand labeled 100% Whole Wheat (including bakery)</p> <p>Note: Packaging must be labeled with 100% whole wheat and meet the FDA Standard of Identity for whole wheat bread (21 CFR 136.180). [This standard allows for negligible amounts of non-wheat flours.]</p>	6	16 ounce packages only	not applicable
<p><u>Do not</u> count organic or gluten-free, diet, light, or low carb, buns, rolls, mini-loaves, pita or flatbread, English muffins, sandwich thins and rounds, or bagels.</p>				

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WHOLE GRAINS				
Soft Corn Tortillas	ONLY THESE BRANDS OF YELLOW OR WHITE SOFT CORN TORTILLAS*: Casa Rica Don Pancho Essential Everyday Guerrero La Banderita La Burrita Mama Lola's Mission Santa Fe Tortilla Company *Corn (masa) flour, ground corn, or whole corn flour must be listed as the first ingredient.	6 -- or --	16 ounce packages only	not applicable
	Soft Whole Wheat Flour Tortillas	ONLY THESE BRANDS OF WHOLE WHEAT FLOUR TORTILLAS*: Essential Everyday Guerrero Tortillas de Harina Integral IGA La Banderita Fajita Mission Santa Fe Tortilla Company Sunrise Bakery *Whole wheat flour must be listed as the only flour in the ingredient list.		
<u>Do not</u> count organic or tortilla chips, tostada or taco shells, white flour tortillas, or flavored tortillas (such as spinach or tomato).				
Brown Rice	ONLY THESE BRANDS OF LONG OR SHORT GRAIN BROWN RICE: Blue Ribbon Mahatma Shurfine Springfield Any store or house brand	6 -- or --		
<u>Do not</u> count organic or white rice, basmati, jasmine, instant brown rice, seasoned or flavored or rice in plastic containers.				
Whole Wheat Pasta	ONLY THESE BRANDS OF WHOLE WHEAT PASTA, ANY VARIETY: Barilla Delallo Hodgson Mill Essential Everyday Great Value Kroger Natural Directions	6 -- or --		
	O Organics Simple Truth Organics Shurfine Simply Balanced Western Family	any combination that equals 6 packages		
Do not include pasta with added sugar, fat, oil, or salt. Pasta that lists any other flours besides whole wheat and/or whole durum wheat flour in the ingredients.				

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Milk	Store or house brand of pasteurized refrigerated cow's milk.	28	gallon containers	2 types: one must be 1% and one must be whole milk						
<p><u>Do not</u> count pint, quart or half gallon containers, organic, chocolate or any flavored milk, raw, buttermilk, acidophilus, half and half, or filled milk (i.e., sweetened condensed milk), creamers, or non-dairy products, including nut or grain milk (almond or rice).</p>										
Yogurt	<p>Only these brands of Yogurt, any flavor</p> <p>Brown Cow Dannon LALA Mountain High Yoplait</p> <p>Only the following store brands</p> <table style="width: 100%; border: none;"> <tr> <td style="border: none;">Essential Everyday</td> <td style="border: none;">Kroger</td> </tr> <tr> <td style="border: none;">Food Club</td> <td style="border: none;">Market Pantry</td> </tr> <tr> <td style="border: none;">Great Value</td> <td style="border: none;">Lucerne</td> </tr> </table>	Essential Everyday	Kroger	Food Club	Market Pantry	Great Value	Lucerne	8	32 ounce (quart-size) containers	
Essential Everyday	Kroger									
Food Club	Market Pantry									
Great Value	Lucerne									
<p><u>Do not</u> count organic, Greek, drinkable, yogurt with mix-ins such as granola, candy pieces, honey, nuts, and similar ingredients.</p>										
Soy milk	Pacific Ultra Soy, shelf stable, original and vanilla only.	*see note	32 ounce container	not applicable						
	8 th Continent, refrigerated, original and vanilla only.		1/2 gallon containers							
	Silk, refrigerated, original only		1/2 gallon containers							
<p><u>Do not</u> count pint or gallon containers, organic, light, low-fat, chocolate, or soy milk with DHA/ARA, or 8th Continent Complete Vanilla.</p>										
Goat's Milk	Meyenberg, refrigerated, whole or low-fat	*see note	quart containers only	not applicable						
<p><u>Do not</u> count evaporated, powdered, or canned.</p>										
Tofu	<p>Only these brands of water-packed, any texture (i.e., soft, medium, firm or extra firm), calcium-set tofu with NO added fat, sugar, oil or salt (sodium).</p> <p>Azumaya House Foods</p>	*see note	16 ounce packages only	not applicable						
<p><u>Do not</u> count organic.</p>										

* **Note:** The Department has not set a minimum stock requirement at this time. However, if a WIC participant makes a request for this item, the Vendor must order the item and make it available within five (5) calendar days.

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Cheese	<p>Store or house brand, plain, pasteurized cheese in 16 ounce packages only</p> <p>ONLY THESE TYPES:</p> <p>Cheddar (includes, mild, medium, sharp, extra sharp, longhorn or white) Colby Monterey Jack Mozzarella (includes string cheese) Blended cheese (blend of any type listed above)</p>	8	pounds	3 types: one must be Cheddar, one must be Monterey Jack, and one other type
<p><u>Do not</u> count deli counter or random weight cheese, organic, imported cheese, with added flavors or ingredients (i.e., peppers, pimentos, wine, etc.), cream cheese, cheese that is diced, grated, shredded, or sliced, cheese sticks (except mozzarella string cheese) or swirls, processed American cheese, processed cheese food, cheese product, or cheese spread.</p>				
Juice	<p>Only these brands, 100% juice, fortified with 120% Vitamin C, with NO sugar or sweeteners added:</p> <p><u>64 ounce shelf stable:</u></p> <p>Any brand Orange and Grapefruit Campbell's Tomato Seneca Apple Shurfine Apple and Grape Tree Top Apple Langer's Apple, Grape, White Grape and Pineapple Welch's Grape and White Grape Western Family Apple and Grape</p> <p><u>64 ounce refrigerated:</u></p> <p>Any brand Orange</p> <p><u>11.5 – 12 ounce frozen:</u></p> <p>Any brand Orange and Grapefruit Dole Pineapple and Pineapple Orange Langers Apple Old Orchard Apple, Grape and Pineapple Seneca Apple Shurfine Apple Tree Top Apple Welch's Grape and White Grape Western Family Apple and Grape</p>	16	64 ounce single strength or 11.5/12 ounce frozen containers	3 types: one must be 64 ounce Tree Top Apple (does not include individual bottles from a 3-pack) shelf stable juice, one must be any brand 11.5 or 12 ounce frozen orange juice and one other type
<p><u>Do not</u> count organic, fresh, and non-frozen concentrate, Tree Top Apple juice from 3-pack, Naked and Odwalla brands, juice in glass bottles, 6-ounce frozen containers or juices with other added ingredients (including but not limited to grape seed extract, ginseng, guarana, taurine, caffeine, carnitine, chromium, St. John's Wort, wheatgrass, Ginkgo Biloba or others).</p>				

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CANNED FISH				
Tuna	Any eligible brand, plain, chunk light, water-packed tuna, regular or low sodium	6	5 ounce cans	not applicable
	<u>Do not</u> count oil-packed, solid white, albacore, prime fillet, flavored or seasoned, pouches or lunch kits, or with added ingredients or soy protein.	--or--		
Pink Salmon	Any eligible brand, plain water-packed, pink salmon, regular or low sodium	6	5 ounce cans	
	<u>Do not</u> count oil-packed, fillets, red (includes Red Sockeye), Atlantic salmon, flavored, seasoned, in pouches, lunch kits or with added ingredients.	--or--		
Sardines	Any eligible brand, flavored, seasoned or plain sardines.	8	3.75 ounce cans	
<u>Do not</u> count Brisling or Norwegian sardines.				
Fresh Fruits and Vegetables	Any variety of fresh (includes organic), whole or cut-up, fruits and vegetables. Single pieces, bagged or prepackaged fruits and vegetables (including lettuce) are allowed.	16	Pounds of fruit	5 types of fruits (does not include lemons and limes) --and-- 5 types of vegetables
		16	--and-- Pounds of vegetables	
<u>Do not</u> count vegetables with added sugar, fat, oil, or salt, canned or frozen, creamed, sauced, breaded, dried, herbs or spices, edible blossoms of flowers (i.e., squash blossoms), fruits and vegetables served at a salad bar, salad kits, or with dipping sauces, ornamental fruits and vegetables (i.e., chilies on a string or painted pumpkins), fruit baskets, party trays, nuts (including peanuts), or items such as blueberry muffins.				
Canned Vegetables	Any brand Any variety, including organic, regular or low sodium, single or mixed varieties without added sugar or syrup, tomato paste, tomato sauce, puree, whole, crushed, stewed, or diced tomatoes are allowed.	4 cans	Any size and type of container, including cans, cups, or jars	2 types
<u>Do not</u> count vegetables with added fat, sugar*, or oil, added pastas or rice, pickled or creamed, vegetables in sauce, pizza sauce, soups, ketchup, relish, olives.				
*Note: Small amounts of sugar are added to some foods that are naturally sugar-containing during the canning process to prevent stress resulting in membrane rupture. This small amount of added sugar is minimal and helps to maintain the quality and structure of the food and is allowed for canned peas and corn only.				

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Canned Fruits	Any brand Any variety, including organic, shelf stable or refrigerated single or mixed variety packaged in juice or water, and natural or unsweetened applesauce is allowed.	4 cans	Any size and type of container, including cans, cups, or jars 2 types
<u>Do not</u> count fruit packed in syrup (heavy, light or extra light), fruit with added sugar, fat, oil, or salt, fruit packed in sweetened fruit juice or nectar, cranberry sauce, pie filling, fruit with artificial sweeteners such as Splenda or NutraSweet, or with any other added ingredient.			
Frozen Vegetables	Any brand Any varieties, including organic single or mixed variety; steamer bags are allowed.	4 packages	Any size and type of container 2 types
<u>Do not</u> count breaded or seasoned vegetables, French fries, tater tots, hash browns, or vegetables with added sugar, syrup, oil, fat, pasta, rice, or any other ingredients, and vegetables with sauce, such as cheese, butter, or teriyaki sauce.			
Frozen Fruits	Any brand Any variety, including organic, single or mixed variety is allowed.	4 packages	Any size and type of container 2 types
<u>Do not</u> count fruit with any other added ingredients, fruits with added sugar, fat, oil or salt, smoothies, or fruit with artificial sweeteners such as Splenda or NutraSweet.			

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Infant Formula	<u>Similac Advance with Iron</u> (with EarlyShield and/or OptiGRO) Powder	36	12.4 ounce cans	not applicable.
	<u>Gerber Good Start Soy</u> Powder	18	12.9 ounce cans	not applicable.
Infant cereal	Beech-Nut or Gerber, single grain, plain without fruit. <u>Only these varieties:</u> Oatmeal Rice Whole Wheat	18 -- or -- 9	8 ounce boxes 16 ounce boxes any combination of 8 and 16 ounce boxes that equals 144 ounces	not applicable.
	<u>Do not</u> count organic, high protein, mixed or multi-grain cereal, cereals with fruit, sugar, yogurt or formula or DHA/ARA added, single serving, cups, jars or cans.			
Infant jarred foods - fruits and vegetables	Beech-Nut Classics, Gerber or Tippy Toes, stage 2, single or mixed variety of fruits and/or vegetables (i.e., apples and bananas, carrots and mangos), multipacks and variety packs.	64	4 ounce jars	2 types of fruits --and-- 2 types of vegetables
<u>Do not</u> count Beech-Nut Naturals, organic, packed in pouches or fruits and vegetables with added sugar, salt, starches, formula, cereal or DHA/ARA, desserts, dinners, smoothies, and food combinations.				
Infant jarred foods - meats	Beech-Nut Classics, Gerber or Tippy Toes, any stage, infant meats, single ingredient (added broth and/or gravy allowed).	31	2.5 ounce containers	not applicable.
<u>Do not</u> count organic or meat with added salt or sugar, meat sticks, dinners, and food combinations.				