



# **SPECIAL ARIZONA WIC ALERT**

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## **NEW MINIMUM STOCK AND VARIETY REQUIREMENTS FOR FEDERAL FISCAL YEAR 2010 (Effective October 1, 2009)**

In the January Edition of the Arizona WIC Alert, the Arizona WIC Program provided notice to all authorized WIC Vendors of the new WIC food package changes as a result of the Special Supplemental Nutrition Program for Women, Infants and Children (WIC): WIC Food Packages Interim Rule. The Program also provided minimum stock and variety requirements for fresh fruits and vegetables, and infant jarred foods (fruits and vegetables and infant meats). At that time, the Arizona WIC Program was awaiting final approval from the United States Department of Agriculture (USDA) on the WIC approved foods that would be offered in Arizona.

On March 10, 2009, the USDA provided approval of the Arizona WIC Programs' Food list!

In an effort to assist you in preparing for the new contract period (Federal Fiscal Year 2010), attached are the minimum stock and variety requirements for all WIC approved foods that will go into effect on October 1, 2009.

With the inclusion of fresh fruits and vegetables, the program's need to have specific requirement for carrots was no longer applicable; and infant juice has been removed from the food package and will not be an authorized item.

The Arizona WIC Program is excited about the implementation of the new WIC food packages. We look forward to working together with our partners to make this a smooth transition.

If you have any questions regarding minimum stock and variety requirements or authorized foods, please contact any member of the Arizona WIC Program, Vendor Management Team at 1-866-737-3935 or (602) 542-1886.



Arizona Department of Health Services  
Bureau of USDA Nutrition Programs  
150 North 18<sup>th</sup> Avenue, Suite 310  
Phoenix, Arizona 85007  
1-866-737-3935



**ARIZONA WIC PROGRAM'S  
MINIMUM STOCK REQUIREMENTS**  
(These stock requirements must be maintained at all times.)

**EFFECTIVE DATE: October 1, 2009**

WIC FOOD	BRAND/TYPE	AMOUNT	SIZE	# OF VARIETIES
<p><b>NEW ITEMS AND SPECIFIC VARIETIES</b></p> <p><b>Cereal</b></p>	<p>ONLY THESE BRANDS:</p> <p><b>Cold Cereal</b>            Any Store Brand Crispy Rice            Any Store Brand Toasted Oats            General Mills Chex: Corn, Rice, Wheat            General Mills Cheerios: Plain and Multi-Grain            General Mills Kix: Plain            General Mills Total: Plain            Kellogg's Corn Flakes            Kellogg's Special K: Plain            Kellogg's All Bran Complete Wheat Flakes            Kellogg's Frosted Mini Wheats: Bite Size            Kellogg's Rice Krispies            Malt-O-Meal Crispy Rice            Malt-O-Meal Frosted Mini Spooners            Post Banana Nut Crunch            Post Honey Bunches of Oats: Almond, Honey Roasted and Vanilla            Post Grape Nuts            Quaker Life: Plain            Quaker Oatmeal Squares: Brown Sugar and Cinnamon</p> <p><b>Hot Cereal</b>            Cream of Wheat Instant Original Flavor            Malt-O-Meal Original Hot Wheat Cereal            Quaker Instant Oatmeal Original flavor, single serving packets only)</p>	<p>24</p> <p>-- or --</p> <p>24</p> <p>-- or --</p> <p>24</p>	<p>boxes or bags, 12 ounce or larger of cold cereal</p> <p>boxes, 11.8 ounces or larger of hot cereal</p> <p>boxes and bags, appropriate size as listed above of hot <u>and</u> cold cereal combined</p>	<p>4 brands: one must be General Mills Plain Cheerios, one must be General Mills Plain Kix and two other brands</p>
Do not count organic or variety packs.				
<p><b>Dry Beans / Peas / Lentils</b></p>	<p>Any eligible brand and type of dry beans, peas or lentils in one (1) pound bulk or prepackaged (not more than 16 ounces)</p>	<p>8</p>	<p>pounds</p>	<p>1 type Dry Beans            --and--            1 type Peas or Lentils</p>
Do not count organic or immature varieties (i.e., green beans, snap beans, yellow beans or wax beans), fresh, frozen, flavored, seasoned, or gourmet, bean soup mixes with flavoring packets and spices and refried beans.				
<p><b>Peanut Butter</b></p>	<p>Any eligible brand of plain (creamy, chunky, super chunk or natural) peanut butter.</p> <p>Low sugar and low sodium are allowed.</p>	<p>8</p>	<p>16 to 18 ounce jars</p>	<p>not applicable.</p>
Do not count 'grind your own', organic, low fat or reduced fat, spreads, tubes or added ingredients (i.e., jams, jelly, marshmallow, chocolate or honey).				
<p><b>NEW ITEM</b></p> <p><b>Bread</b></p>	<p>Any eligible brand, labeled 100% whole wheat bread in loaves, buns, or rolls. Must list whole wheat as the first ingredient.</p>	<p>12</p>	<p>packages, up to 16 ounces</p>	<p>Not applicable</p>
Do not count organic, gluten-free, diet, light, or mini-loaves.				

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<b>NEW ITEM</b> <b>Corn Tortillas</b>	Any eligible brand, soft corn plain, yellow, or white tortillas.	12	packages, up to 16 ounces	Not applicable
<u>Do not count</u> organic, corn tortilla chips, tostada or taco shells.				
<b>NEW ITEM</b> <b>Brown Rice</b>	Any eligible brand, long or short grain brown rice.	12	bags, up to 16 ounces	Not applicable
<u>Do not count</u> organic or instant.				
<b>NEW BRAND AND SPECIFIC VARIETIES</b> <b>Milk</b>	Lowest Cost Brand of refrigerated milk.	28	gallon containers	2 types: one must be 2% and one must be whole
<u>Do not count</u> pint, quart or half gallon containers, organic, raw, chocolate or flavored milk, buttermilk, half & half, acidophilus, rice or filled milk (i.e., evaporated or sweetened condensed), or non-dairy products.				
<b>NEW ITEM</b> <b>Soy milk</b>	Pacific Ultra Soy, plain and vanilla only. 8 <sup>th</sup> Continent, original	*see note	quart and/or 1/2 gallon containers	not applicable.
<u>Do not count</u> pint or gallon containers, organic, light or fat-free, or flavored soy milk (except Pacific Ultra Soy vanilla).				
<b>NEW ITEM</b> <b>Goat's Milk</b>	Meyenberg, fresh only, whole or lowfat	*see note	quart containers	
<u>Do not count</u> evaporated or powdered.				
<b>NEW ITEM</b> <b>Tofu</b>	Any eligible brand, water-packed, any texture calcium set tofu with NO added sugar, fat, oil or salt.	*see note	packages, up to 16 ounces	not applicable.
<u>Do not count</u> organic.				
<b>NEW SIZE AND SPECIFIC VARIETIES</b> <b>Cheese</b>	Any eligible brand, plain, domestic cheese (16 ounces only) prepackaged in blocks.  ONLY THESE TYPES:  Cheddar (includes longhorn) Colby (includes Longhorn) Monterey Jack Mozzarella (whole or part skim – includes string cheese) Blended cheese (blend of any type listed above)	8	pounds	3 types: one must be Cheddar, one must be Monterey Jack, and one other type
<u>Do not count</u> deli counter or random weight cheese, organic or imported cheese, with added flavors or ingredients (i.e., peppers, pimentos, wine, etc.), cream cheese, cheese that is sliced, shredded, cubed, or string (except mozzarella), cheese foods, cheese products, cheese spreads, or imitation cheeses.				

\* **Note:** Due to manufacturer timing of availability and distribution of this new product, the Department has not set a minimum stock requirement at this time. However, if a WIC participant makes a request for this item, the Vendor must order the item and make it available within five (5) calendar days.

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<p><b>NEW SIZES AND VARIETIES</b></p> <p><b>Eggs</b></p>	<p>Any eligible brand, fresh, raw, white chicken eggs.</p>	<p>16</p>	<p>small, medium, or large - one (1) dozen cartons</p>	<p>one size must be large</p>
<p><u>Do not</u> count organic or specialty (low cholesterol, DHA, free range, cage free, nest and fertile), six-packs, brown, extra large, jumbo eggs or egg substitutes.</p>				
<p><b>NEW ITEMS AND SPECIFIC VARIETIES</b></p> <p><b>Juice</b></p>	<p>Only these brands, 100% juice, with NO sugar or sweeteners added:</p> <p><u>64 ounce shelf stable:</u></p> <p>Any brand Orange and Grapefruit Campbell's Tomato Seneca Apple Shurfine Apple and Grape Treetop Apple Langer's Apple, Grape and Pineapple Welch's Grape and White Grape Western Family Apple and Grape</p> <p><u>64 ounce refrigerated:</u></p> <p>Any brand Orange and Grapefruit</p> <p><u>11.5 – 12 ounce frozen:</u></p> <p>Any brand Orange and Grapefruit Dole Pineapple and Pineapple – Orange Langer's Apple Old Orchard Apple, Grape and Pineapple Seneca Apple Shurfine Apple Treetop Apple Welch's Grape and White Grape Western Family Apple and Grape</p>	<p>16</p>	<p>64 ounce single strength or 11.5/12 ounce frozen containers</p>	<p>3 types: one must be 64 ounce Tree Top Apple shelf stable Juice, one must be any brand 11.5 or 12 ounce frozen Orange Juice and one other type</p>
<p><u>Do not</u> count organic, fresh, and non-frozen concentrate, juice in glass bottles or juice in 6-ounce frozen containers or juices with other added ingredients (including but not limited to grape seed extract, ginseng, guarana, taurine, caffeine, carnitine, chromium, St. John's Wort, wheatgrass, Ginkgo Biloba or others).</p>				

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<p><b>NEW ITEM</b> <b>Fruits and Vegetables</b></p>	<p>Any variety of fresh, whole or cut, fruits and vegetables. Bagged fruits and vegetables (including lettuce) are allowed.</p>	<p>32</p>	<p>pounds</p>	<p>2 types of fruits: one must be bananas and one other type --and-- 2 types of vegetables.</p> <p><u>Do not</u> count potatoes (except sweet potatoes or yams), canned or frozen, herbs or spices, edible blossoms of flowers (i.e., squash blossoms), fruits and vegetables served at a salad bar, salad kits, ornamental fruits and vegetables (i.e., chilies on a string or painted pumpkins), fruit baskets, party trays or nuts (including peanuts).</p>
<p><b>NEW AMOUNT</b> <b>Tuna</b></p>	<p>Any eligible brand, chunk light, water packed tuna.</p>	<p>12</p>	<p>5 or 6 ounce cans</p>	<p>not applicable.</p> <p><u>Do not</u> count organic or oil packed, prime fillet, solid white, albacore, flavored or seasoned, pouches or lunch kits, or with added ingredients or soy protein.</p>
<p><b>NEW ITEM</b> <b>Salmon</b></p>	<p>Any eligible brand, plain water-packed, pink salmon.</p>	<p>10</p>	<p>6 ounce cans</p>	<p>not applicable.</p> <p><u>Do not</u> count organic or oil packed, Red Sockeye, flavored, seasoned, pouches, lunch kits or with added ingredients.</p>

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WIC FOOD	BRAND/TYPE	AMOUNT	SIZE	# OF VARIETIES
<b>Infant Formula</b>	<u>Similac Advance with Iron</u> (with or without EarlyShield)  Powder  <b>AND</b>  Concentrate ( <b>NEW AMOUNT</b> )	36  <b>AND</b>  31	12.9 ounce cans    13 ounce cans	not applicable.
	<u>Similac Isomil Advance Soy with Iron</u>  Powder  <b>AND</b>  Concentrate	18  <b>AND</b>  31	12.9 ounce cans    13 ounce cans	not applicable.
<b>SPECIFIC BRANDS AND VARIETIES</b>  <b>Infant cereal</b>	Beechnut or Gerber, plain without fruit.  <u>Only these varieties:</u>  Barley Oatmeal Rice	18  <b>-- or --</b>  9	8 ounce boxes    16 ounce boxes  any combination of 8 and 16 ounce boxes that equals <b>144</b> ounces	not applicable.
<u>Do not</u> count organic or high protein, mixed, cereals with fruit, sugar, yogurt or formula or DHA/ARA added, single serving, cups, jars or cans.				
<b>NEW ITEM</b>  <b>Infant jarred foods - fruits and vegetables</b>	Any eligible brand, stage 2, infant fruits and vegetables, single or combination of single variety (i.e., apples and bananas).	64	4 ounce jars	2 types of fruits <b>--and--</b> 2 types of vegetables
<u>Do not</u> count organic or with added sugars, salts or starches, desserts, dinners, and food combinations.				
<b>NEW ITEM</b>  <b>Infant jarred foods - meats</b>	Any eligible brand, any stage, infant meats, single variety with added broth or gravy.	31	2.5 ounce containers	not applicable.
<u>Do not</u> count organic or with added sugars, salts or starches, dinners, and food combinations.				