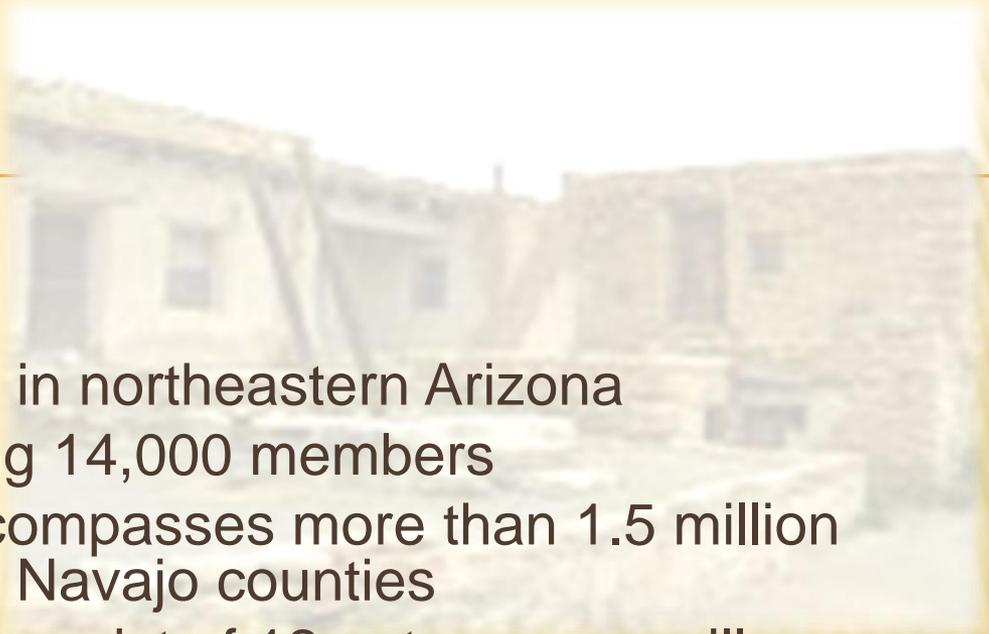


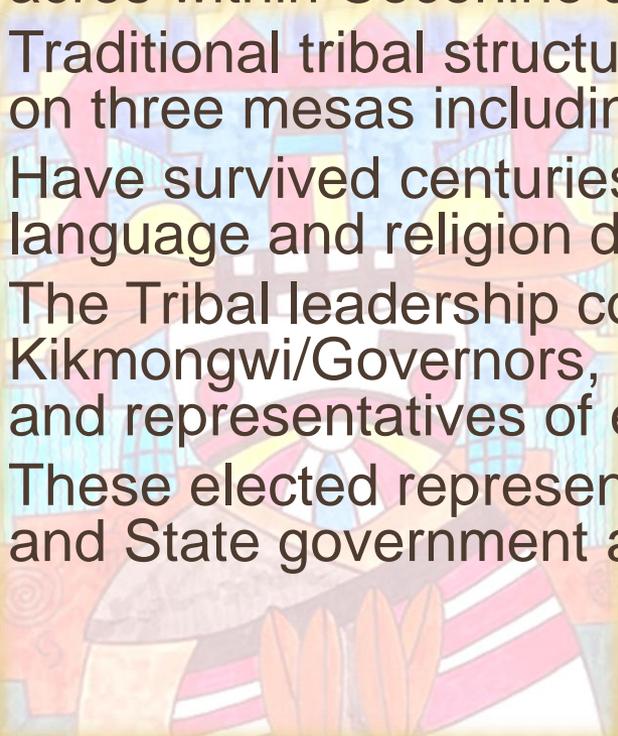


H.O.P.I. (Hopi Office of Prevention & Intervention)
Cancer Support Services

THE HOPI TRIBE



- A sovereign nation located in northeastern Arizona
- Has a population exceeding 14,000 members
- Reservation land base encompasses more than 1.5 million acres within Coconino and Navajo counties
- Traditional tribal structure consist of 12 autonomous villages on three mesas including 1 additional community
- Have survived centuries as a Tribe, maintaining their culture, language and religion despite outside influences
- The Tribal leadership consists of Village Kikmongwi/Governors, an elected Chairman, Vice Chairman and representatives of each village
- These elected representatives guide the Hopi Tribe in U.S. and State government affairs.



HOPI BREAST & CERVICAL CANCER EARLY DETECTION PROGRAM



- Originally established under the name of “Hopi Women’s Health Program”
- Conceived and initiated in 1996 to provide breast & cervical cancer screening services to women
- The Hopi Tribe has had the support of the CDC “Screening Program” National Breast & Cervical Cancer Early Detection Program
- Since its inception, the Screening Program has provided thousands of women with cancer education, clinical breast exams, mammograms and cervical cancer screening

OTHER HCSS PROGRAMS



Colorectal Program

This program engages in outreach organizing & education activities and helps navigate women and men through the screening process.



A not for profit like organization established in 2005 to assist cancer patients with travel cost while they receive treatment at off reservation locations. Donations support the Fund



The Partnership for Native American Cancer Prevention (NACP) is an outreach collaboration between HCSS, NAU, UofA, and three Arizona tribes.



This program is supported through a partnership with the Arizona Department of Health Services to provide commercial tobacco prevention/education, and organizing a Hopi Youth Tobacco Coalition

CHALLENGES

- ✘ HOPI, like most Indian Reservations is beset with health disparities in the provision of healthcare.
- Staff have to be prepared to communicate medical terms & procedures that are foreign to many and to dispel cultural taboos & fears.
- These barriers are unique to each tribe and present various challenges such as:
 - ❖ Under developed technology (slow internet, spotty cell phone reception, electrical outages, etc.).
 - ❖ Distance to nearest city.
 - ❖ No cancer treatment facilities on the reservation or limited cancer related services on the reservation.
- Staff have adapted and are prepared to interpret, locate rural residences where no streets exist, traverse rough terrain, and going door to door to inform people about our services and recruit new clients



Outreach, Education & Recruitment



PAST & FUTURE SUCCESSES

- Our success has been and will continue to be the result of effective and lasting partnerships with providers and entities throughout the state
- Local partnerships include Hopi Health Care Center, Tuba City Regional Health Care Corporation and Navajo Nation Breast & Cervical Cancer Early Detection Program, Northern AZ Healthcare, Mobile On-Site Mammography to name a few
- In order to justify what we do, we will need to foster and maintain these important relationships





"Blue Run"



Horse Ride Benefit - HCAF



National Women's Health Week



Men's Night Out - MNO

2015 Climb The Mesa To Conquer Cancer





2015 Girls Night Out





CERVICAL CANCER AWARENESS MONTH

Momoy-hooyam Conference



HOPI TRADITIONAL NUTRITION APPROACH

- As a noted Hopi leader, Yukiwma had stated, “Intertwine Hopi and Pahana together, utilize the good from each to adapt and be successful in today’s world”.
- Like all nations, Hopi now deals with various challenges and some of them are the disparities of cancer.
- With cancer, there are many different approaches and changes when dealing with cancer; lifestyle changes, activities, various therapies and medications, traditional and non-traditional, and nutrition.

Hopi Traditional Food - Nutrition Approach

- The Native people have remedies for different ailments using traditional plants and food
- Not only is the food “Organic”, but it is has multiple uses.
- From what we know of today’s interventions and medications for cancer, we have learned that some of these western interventions do not work well with Indigenous people.
- We have found that some of our traditional foods are a good source for cancer prevention and nutrition – CORN(Maize).

UUYI – HOPI WAY OF LIFE

Hopi – “We are corn”

- ❖ At birth and death, one special corn is used
- ❖ Throughout life corn is used for ceremonies, weddings, dances, etc..
- ❖ Various kinds of corn (colors) are used for many kinds of food.



Past



Present



Hopi
Tours
Est. 1940 A.D.





White corn - Qüütsa

- Used for:
 - Birth (baby namings)
 - Societal initiations
 - Clanship
- Weddings
- Ceremonies
- Pudding
- Corn meal



Blue corn - Sääkwäpü

- Most utilized for various foods.
- Very high nutrient base.
- Blue corn meal
- Foods made from blue corn;
 - blue marbles (poovil piki)
 - Piki (paper bread)
 - blue mush (wuutaka)
 - pudding (hirosuki)
 - Somiviki/tsukuviki
 - Piklafkutuki (roasted piki)
- Burn remedies/infection
- Indigestion
- Constipation



Sweet corn – Täväktsí

- Hopi corn
- Roasted corn
- Can be eaten whole or ground.
- Sweet and delicious
- Foods made from sweet corn;

Tusi

Pikaami (corn
pudding)

Qö'mi (bread
biscuit)

Kutuuki (parched
corn)

Tuus kuyi

Paatufsuki



TODAY – LIFE ON HOPI

- ❖ Corn life activities still the same as it was with our ancestors.
 - Dry farming
 - Planting, harvesting and storing
 - Ceremonies
 - Traditional foods
- ❖ Traditional remedies and uses
- ❖ Culture and values still in place



BEANS, WATERMELONS, SQUASH, CASABAS, CHILI, PUMPKINS, AMONG MANY OTHERS.





“NAMITUNATYA”

- The slogan of H.O.P.I. Cancer Support Services in the Hopi language translates as:

“TAKING CARE OF YOURSELF”

