

COST OF SMOKING IN ARIZONA

In Arizona, the price per pack of cigarettes is \$6.66

For a pack a day it costs approximately

\$186.40 a month
\$2,430.90 a year
\$12,161.16 for five years



AZ Fast Fact

By quitting tobacco a family could:

Pay for a vacation in one year!

Buy a new car in five years!

The Financial Consequences of Smoking on the Family Budget- Beyond the Price of a Pack of Cigarettes

- Smokers pay more for insurance
- They lose money on the resale value of their cars and homes
- They spend extra on dry cleaning and teach cleaning
- A 40-year-old who quits smoking and puts the savings into a 401(k) earning 9% a year would have nearly \$250,000 by age 70
- Quotes on 20-year term life insurance (a \$500,000 policy) were nearly double for someone smoking a pack a day over a non-smoker
- When shopping for homeowners insurance, nonsmokers can generally expect to receive a minimum 10% discount.

Who uses tobacco in Arizona?

Over 1,000,000 Arizonans use tobacco—more than 19% of the population. Whites are more likely than many ethnic and racial groups to use tobacco products in Arizona. Tobacco use is more common among low-income wage earners.

Table: Cost of smoking estimated by Sloan, Ostermann, and Picone (2004)

	Cost per smoker		Cost per pack
	Female	Male	
Costs paid by the smoker			
Cost of cigarettes	\$ 13,033	\$ 13,570	\$ 3.12
Mortality cost - smoker	\$ 52,385	\$ 113,923	\$ 20.28
Disability cost - smoker	\$ 19,353	\$ 11,032	\$ 3.44
Lost earnings - smoker	\$ 631	\$ 38,566	\$ 5.10
Medical care costs - paid by smoker	\$ 951	\$ 1,110	\$ 0.24
Subtotal	\$ 86,353	\$ 178,201	\$ 32.18
Costs not paid by the smoker			
Medical care cost - not borne by smoker	\$ 2,806	\$ 1,501	\$ 0.49
Work loss (sick leave)	\$ 2,658	\$ 3,747	\$ 0.76
productivity losses	\$ 984	\$ 1,024	\$ 0.24
Secondhand smoke costs	\$ 16,290	\$ 31,010	\$ 5.73
Subtotal	\$ 22,738	\$ 37,282	\$ 7.22
Costs to federal and state revenue streams (negative numbers are increases in revenues due to smoking)			
Income taxes on earnings	\$ 126	\$ 7,713	\$ 1.02
Federal excise taxes	\$ (1,489)	\$ (1,550)	\$ (0.36)
State excise taxes	\$ (1,678)	\$ (1,748)	\$ (0.40)
Subtotal	\$ (3,041)	\$ 4,415	\$ 0.26
Total costs of smoking	\$ 106,050	\$ 219,898	\$ 39.66

Further information and resources

Arizona Smokers' Helpline
(800) 55 66 222 or **ASHLine.org**
ASHLine provides free telephone and online quit coaching and free nicotine replacement therapies (NRT) to all Arizonans.

Centers for Disease Control and Prevention
cdc.gov/tobacco

An online source for credible health information including basic information about the health effects of tobacco use, tobacco prevention and tobacco cessation resources.

American Lung Association in Arizona
lungarizona.org
Part of the nation's oldest health organization that works to prevent lung disease and promote lung health through cutting-edge research, proven education programs and public health advocacy.



Bureau of Tobacco and Chronic Disease
www.tobaccofreearizona.com