

## PREPARING FOR ADULTHOOD

1. Holland Bloorview Kids' Rehabilitation Hospital's Timetable and Checklist to help families identify what areas their child needs to work on to prepare for adult transition  
<http://www.hollandbloorview.ca/resourcecentre/familyresources/growingupready.php>
2. Village Learning & Achievement Center's Transition Program, offered in partnership with Humble, TX Independent School District to help high school students prepare for transition into life after high school  
<http://www.villagelac.org/programs/transition/>
3. Preparing High School Students for Successful Transition to Postsecondary Education and Employment by M. Bangser issued by The National High School Center  
[http://betterhighschools.org/docs/PreparingHSStudentsforTransition\\_073108.pdf](http://betterhighschools.org/docs/PreparingHSStudentsforTransition_073108.pdf)
4. Autism Speaks "Preparing for Adult Transition" Slides  
[http://www.autismspeaks.org/docs/sciencedocs/atn/Transition\\_from\\_Pediatric\\_to\\_Adult\\_Services.pdf](http://www.autismspeaks.org/docs/sciencedocs/atn/Transition_from_Pediatric_to_Adult_Services.pdf)
5. Summary of Society for Adolescent Health and Medicine list serve on Transitioning as of June 2011 submitted by Kerri Meyer, MD (2011-2013 President of Midwest Region SAHM Chapter)

Key Points made to the listserve:

- Need to broaden our focus from the individual to also consider the role of the new service provider in contributing to the successful transition from adolescent to adult services.
- Possibility of partnering with Family Practice on transitioning.
- Encourage partnership with state department of education and school nurses.
- Potential for conferences on the topic
- Increasing work in the area with many places creating toolkits, websites, electives, and trainings for residents and providers.

Article:

Berg, Kelly Kristina. "Bridge over troubled water - a different view" (2010) *Acta Paediatrica* 99:1782-84s

Resources:

National Health Care Transition Center: [www.gottransition.org](http://www.gottransition.org)

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Florida state organization for transition: [www.FloridaHATS.org](http://www.FloridaHATS.org)

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Consider attending Florida Pediatric Society's educational session, It's Time For Me to Do What?: Effective Health Care Transitions for Youth With Special Health Care Needs held during the 35th Annual Florida Suncoast Pediatric Conference/4th Annual Pediatrics of Tomorrow at the Ritz Carlton in Sarasota, Florida.

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Iowa resources from Sharon Yearous, PhD, ARNP, CPNP, NCSN:

[http://www.iowa.gov/educate/index.php?option=com\\_content&task=view&id=593&Itemid=1625#Legal%20Requirements%20and%20Reports](http://www.iowa.gov/educate/index.php?option=com_content&task=view&id=593&Itemid=1625#Legal%20Requirements%20and%20Reports)

[http://www.iowa.gov/educate/index.php?option=com\\_content&view=article&id=1599&Itemid=2378](http://www.iowa.gov/educate/index.php?option=com_content&view=article&id=1599&Itemid=2378)

<http://www.transitionassessment.northcentralrrc.org/>

The Kennedy Krieger Institute and the Maryland State Department of Health and Mental Hygiene maintain an Adolescent Transition Resources website for adolescents with special health care needs that may provide some useful tools specifically for health care providers. Website is

<http://resourcefinder.kennedykrieger.org/transition.htm>

They also have an Adolescent Transition Lecture series that can often be accessed through the web (next lecture is Tuesday June 14 12-1p; registration by June 8). To find out more information, you can contact the Resource Finder: 1-800-390-3372 or [resourcefinder@kennedykrieger.org](mailto:resourcefinder@kennedykrieger.org).

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North Carolina's materials from the CHAT (Carolina Health and Transition) project:

<http://www.mahec.net/quality/chat.aspx?a=10>

If you revise any of the materials, we ask that you include a statement to the effect "adapted from (whatever document) Carolina Health and Transition (CHAT) project materials".

FYI, we also expect to have a 3-module web-based training on transition of youth with special needs that will carry nursing and CME credit. Please let me know if you wish me to re-contact you when the web courses are available online. Submitted by Irene Jurczyk, Director Interdisciplinary Education, Mountain Area Health Education Ctr. in Asheville, NC. 828-257-4490 phone.

Individuals cited with special interest or expertise (I know there are many more!)

Dr. Kitty O'Hare, a med-peds doc with a special interest in transitioning teens with SHCN. She runs a monthly multidisciplinary transition conference between Children's Hospital Boston and Brigham and Women's Hospital in Boston.

Dr. David Wood, Co-Director of Jacksonville Health and Transition Services program (JaxHATS), has been running a transition clinic called JaxHATS for >5 years. He has been working with John Reiss, Maria Ferris and others on the development of assessment tools, intervention approaches, etc. to support transition. They have a group called the International Health Care Transition Research Consortium (or something like that...the name is too long) that is very dynamic group of about 40 practitioners around the country and internationally that share ideas around HCT education, practice models and research. They have a monthly conference call at 5 pm on the first Monday of the month. You are welcome to join in. The call in number is: (877) 397-7143 Participant code is 267. Mychelle Farmer, M.D. is working with a number of people on transition care toolkits and guides for adolescents living with HIV. There is also a Center for Transition Care. She works for an

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international relief organization, developing tools to us overseas. Catholic Relief Services, HIV AIDS Technical Advisor, Baltimore, Maryland.

6. University of Houston-Parent Education Project-Families CAN Transition Workgroup  
The Transition Workgroup is a parent group that meets on the 3<sup>rd</sup> Thursday of every odd month at 6:30 p.m. at Shriners Hospital to provide you with excellent information on the transition to adult services for our teens. Location is Shriners Hospital-6977 Main Street -6<sup>th</sup> Floor cafeteria. Hospital Parking is free. Pizza and drinks are provided by Maxim Pediatric Services. For more information contact Margaret Hall, Transition Coordinator at 713-743-0608 or contact bilingual staff, Teresa Guzman and Olga Guerra at 713-743-5592.  
<http://www.las.uh.edu/pep>
7. Go to the following website's homepage and put "Adult Transition" to pull up helpful information regarding medical homes for transitioning to adulthood  
<http://www.medicalhomeinfo.org/>

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