



Empower Pack

Empower Pack Program Frequently Asked Questions

1. What is the Empower Pack Program?

The Empower Program is a public health program for preschoolers that provide 10 strategies to empower children to lead healthy lives. Participating facilities receive a 50% discount for child care licensing fees.

2. When can I sign up?

Facilities can sign up at any time; however, if a facility wishes to participate, registration should be completed by the time a new or renewal application is submitted.

Registration is available by clicking on the Empower Program logo on the AZDHS.gov website, or visiting www.theempowerpack.org. Complete the registration form and click on the submit button at the bottom of the page.

3. When will I get more information regarding the Empower Program?


The [Empower Program](http://www.theempowerpack.org) website contains the most current information. The website is updated as new information becomes available.

4. My license expires at the end of March 2010; I registered for the Empower Program in December. When am I expected to implement the standards?

Your Surveyor will complete the standards checklist as part of the inspection process during your annual or renewal inspection.

5. What if I don't meet the standards?

Facilities report that many of the standards are a part of their current curriculum. If a facility requires some assistance to meet some of the standards, technical assistance will be provided.





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6. What happens if I don't meet the standards after receiving technical assistance, will you charge me the other half of the fees?

We will continue to offer technical assistance to support continuing efforts to meet the standard.

7. What if the children bring their own lunch and it would not work for us to serve children lunches family style?

We will work with individual programs to find a solution that fits the program's needs. For example, if the program serves snacks, perhaps the snacks can be served family style.

8. What if my program is housed in a commercial building or a church and people sometimes smoke outside the building when my program is not offering?

The standard requires that a program participating in the Empower Program maintain their premises smoke free 24 hours a day.

9. Some of the children in my program are allergic to milk. Can I serve them an alternative such as soy or goats' milk?

Children who have an allergy or another special need can be served according to parent's or the child's health care provider's written instructions.

10. My staff and parents are concerned about the family style meals and the sharing of germs, where can I get help with implementing family style meals in my program?

Technical assistance is available to help programs meet the standard. Your Surveyor will help you obtain appropriate technical assistance.

