Breastfeeding-Friendly Childcare Center Self-Assessment

1) Our center provides an atmosphere that welcomes breastfeeding families. 
   There are breastfeeding posters on display and a quiet, comfortable place that mothers can feed their babies or express breastmilk. The center encourages mothers to visit and breastfeed during the day, if their schedules permit. Center employees are also encouraged to breastfeed their infants in care.

2) Our center helps mothers continue to breastfeed their babies when they return to work or school.
   Parents are told about the center’s policies and services regarding breastfeeding. The center’s information packet for new families includes information on breastfeeding.

3) Our center has accurate, written materials on breastfeeding topics available for all parents.
   Staff is familiar with written materials and available community resources, such as support groups and lactation consultants and refer moms as appropriate.

4) Our center feeds infants on demand and coordinates feeding times with the mother’s normal feeding schedule.
   Breastfed babies do not receive food or drink (other than breastmilk) unless indicated. Parents are asked what they want the center to do if mom will be late and they baby is hungry or the supply of breastmilk is gone.

5) Our center trains all center staff, so they are able to support breastfeeding.
   Center staff conveys a positive attitude that moms can return to work and continue to breastfeed and that the center can help them. Staff is trained about the benefits of breastfeeding, preparation, storage, and feeding of breast milk and resources available or staff and parents.

6) Our center has a written policy that reflects the center’s commitment to breastfeeding.
   Staff is familiar with the policy. It is available, so that staff can refer to it.
Breastfeeding-Friendly Childcare Centers recognize the importance of breastfeeding for child growth and development.

Breastfeeding-Friendly Childcare Centers reinforce Mom’s efforts to provide her milk for her baby when they are apart.

A center that is Breastfeeding-Friendly:
- Provides an atmosphere that welcomes breastfeeding families
- Helps mothers continue to breastfeed when they return to work or school
- Makes breastfeeding resources available to parents
- Feeds infants on demand and coordinates feeding times with parent schedules
- Trains staff, so they are able to support breastfeeding parents
- Has a written breastfeeding policy

If your Center is Breastfeeding-Friendly, complete the self-assessment on the back. Submit this form and a copy of your breastfeeding policy to the address below.

Center Name: __________________________________________________________
Contact Person: ________________________________________________________
Address: ______________________________________________________________
City: _____________________________   State: ______________     Zip: __________
Number of infants (under 12 months of age) currently in care: ____________

Program Contact:
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