1, 2, 3.
Let’s Stay Tick Free!

Arizona Department of Health Services
Office of Infectious Disease
What are ticks?
Ticks are small spider-like creatures

Ticks are really small
The most common tick in Arizona likes to feed on dogs.
The tick in Arizona has 4 life stages. The tick has 3 meals one before each life stage.

If ticks can’t find dogs they will bite humans to eat.
Ticks can be found... in trash in the street and yard.

on old furniture outside

on free roaming dogs

Ticks like to hide around the ears, chest, and armpits of dogs.
Ticks can give germs to people and pets that make them sick.
Ticks can give you or your pets the germs that cause Rocky Mountain spotted fever (RMSF).
What am I?

I bite dogs for food, but will bite a human if no dogs are around. I can be found in trash. I can give you Rocky Mountain spotted fever if I bite you.

A. cat
B. spider

The answer is

C. Tick
What are ways that RMSF can make people sick?

RMSF can make you:
- have a fever
- throw up
- have stomach pain
- have body aches
- not be hungry
- be dizzy
- get a rash

What are the ways that RMSF can make dogs sick?

RMSF can make dogs:
- have a fever
- be sleepy
- have spots on lips and/or nose
- have red eyes
- have swollen body parts
How can I protect myself from getting Rocky Mountain spotted fever?

Protect yourself from RMSF by stopping tick bites.
Insect repellent can stop tick bites

Have an adult spray you with insect repellent (bug spray) before you go out to play. Remember do not put insect repellent (bug spray) on hands, eyes, or mouth because it is not safe.
Protect yourself from ticks

I am small and like to hide.

After playing outside your family should look in these parts of the body for ticks.
HOW TO REMOVE A TICK

1. Tell an adult and make sure they use tweezers to grasp the tick close to the skin.

2. Pull the tick straight up.

3. Wash the bite with soap and water, or clean with rubbing alcohol.

The same steps can be done with your dog.

What are the steps to remove a tick?

I have a tick. What should I do?
Quiz

What are two things you can do to protect yourself from ticks?

a. Eat ice cream
b. Use insect repellant
c. Color pictures
d. Check for ticks

The answer is B. Use Insect Repellant & D. Check for ticks
I am a part of your family. You should give me baths and put a tick collar on my neck to stop ticks from biting and making me sick.

Keep your dog clean with tick shampoo and baths.

These pictures show how to collar your pet.
Collar all dogs in your yard.

Put tick medicine on the back of all dogs in your yard.

OR

An adult should...

Collar all dogs in your yard.
Check your pet for ticks!

Look at these 6 places on dogs for ticks!

- Inside the ears
- Under the chin
- In the armpits
- On the belly
- Under the tail
- Between the toes
Dogs are an important part of the family and community. But, try to stay away from free-roaming dogs without tick collars because they may have ticks.
Quiz

1. Ticks like to hide on the belly of a dog.
   a. True
   b. False

   The answer is A. True

2. Dogs don’t get sick from RMSF.
   a. True
   b. False

   The answer is B. False
Tell your parents right away if you feel sick. Let them know if you have been playing with a dog or seen ticks.

I do not feel good.
At the doctor's office

• Your doctor may give your parents medicine for you to take.
• It's important that your parents give you ALL of the medicine, even after you feel better.
• If the doctor tells you to come back for a visit, remind your parents.

Your parents will check you for a fever and ticks and decide if they should take you to the doctor.
Tips to Remember:

- Use Insect repellent when you play outside.
- Check for ticks after being outdoors.
- Keep your dog tick free with tick collars and shampoos.

Thanks for protecting me from ticks and RMSF!
Talk to your friends and family about ways to protect yourselves and your pets from ticks and Rocky Mountain spotted fever!