

# THE MOSQUITO: It's not just an annoying little bug anymore..



## BREEDING SOURCES

Reduce or eliminate standing water around your home, as mosquitoes breed in water. Here's how:

- Turn cans, containers, or empty ceramic pots upside down
- Remove all tires from your property
- Drill holes in the bottoms of containers kept outdoors
- Change water in bird baths, pet dishes and flower pots daily
- Clear vegetation and debris from ponds
- Clean and chlorinate swimming pools, saunas and hot tubs
- Turn over plastic wading pools, canoes, wheelbarrows, etc. when not in use
- Use landscaping to eliminate standing water that collects on your property
- Make sure gutters are cleaned and drained properly
- Drain water from pool covers
- Repair leaky pipes and outside faucets
- Drain evaporative coolers when not in use during the monsoon season



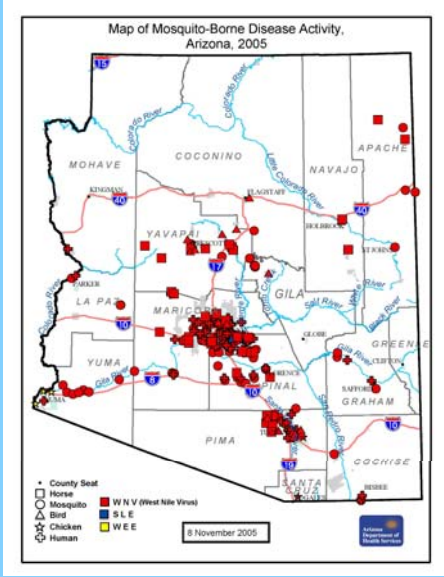
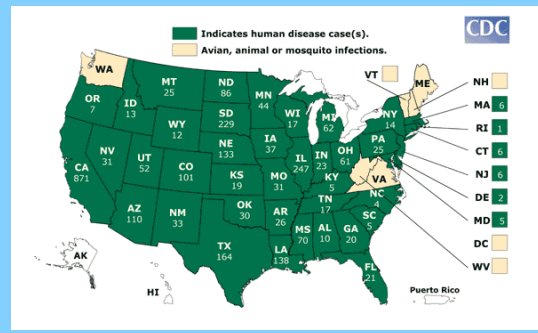
## PREVENTION

Avoid them! Limit time outdoors from dusk to dawn.

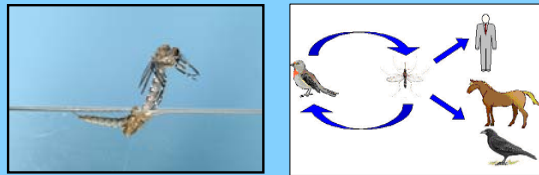
Cover up! Wear long sleeve shirts, long pants and socks sprayed with repellent.

Protection! Spray insect repellent on exposed skin and clothing when you go outside. Follow the directions on the repellent container.

Dump it out! Get rid of standing water in and around your home.



## BREAK THE CYCLE



## POTENTIALLY LIFE-CHANGING EXPERIENCE

People of any age can get sick with West Nile Virus. Some people can become very ill and need hospital care. It can even cause death. Severe West Nile illness can cause headache, high fever, stiff neck, mental confusion, muscle weakness, convulsions, coma, and paralysis. Milder symptoms are similar to those of the flu. In some cases, the illness can persist for weeks or even months. See your doctor if you develop any of these symptoms.

At this time, there is no specific treatment for West Nile virus infection and there is no vaccine for people. It's better to prevent it than to get it.

**YOU HAVE THE POWER TO PREVENT WEST NILE VIRUS**

