2006

Arizona

Behavioral Risk Factor Surveillance System

Questionnaire
AZ Behavioral Risk Factor Surveillance System
2006 Questionnaire

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*Module 17 and State-added 7 added for April 1, 2006.
Introduction and Screener

HELLO, I am calling for the Arizona Department of Health Services. My name is (name). We are gathering information about the health of Arizona residents. This project is conducted by the Arizona Department of Health Services with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

Is this (phone number)?
If "no,"
Thank you very much, but I seem to have dialed the wrong number. It’s possible that your number may be called at a later time. STOP

Is this a private residence?
If "no,"
Thank you very much, but we are only interviewing private residences. STOP

Is this a cellular telephone? Read only if necessary: By cellular telephone we mean a telephone that is mobile and usable outside of your neighborhood.
If “yes,”
Thank you very much, but we are only interviewing landline telephones and private residences. STOP

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

__ Number of adults

If "1,"
Are you the adult?

If "yes,"
Then you are the person I need to speak with. Enter 1 man or 1 woman below (Ask gender if necessary). Go to page 5.

If "no,"
Is the adult a man or a woman? Enter 1 man or 1 woman below. May I speak with [fill in (him/her) from previous question]? Go to "correct respondent" on the next page.

How many of these adults are men and how many are women?

__ Number of men

__ Number of women

The person in your household that I need to speak with is ____________________.

If “you,” go to page 4

To the correct respondent:
HELLO, I am calling for the Arizona Department of Health Services. My name is (name). We are gathering information about the health of Arizona residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

Confidentiality Statement:

I will not ask for your name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions, I will provide a telephone number for you to call to get more information.
Core Sections

Section 1: Health Status

1.1 Would you say that in general your health is—

Please read:

1 Excellent
2 Very good
3 Good
4 Fair

Or

5 Poor

Do not read:

7 Don’t know / Not sure
9 Refused

Section 2: Healthy Days — Health-Related Quality of Life

2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Number of days

8 8 None
7 7 Don’t know / Not sure
9 9 Refused

2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Number of days

[If Q2.1 and Q2.2 = 88 (None), go to next section]

8 8 None
7 7 Don’t know / Not sure
9 9 Refused

2.3 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
Section 3: Health Care Access

3.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

3.2 Do you have one person you think of as your personal doctor or health care provider?

If “No,” ask: “Is there more than one, or is there no person who you think of as your personal doctor or health care provider?”

1 Yes, only one
2 More than one
3 No
7 Don’t know / Not sure
9 Refused

3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

3.4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

1 Within past year (anytime less than 12 months ago)
2 Within past 2 years (1 year but less than 2 years ago)
3 Within past 5 years (2 years but less than 5 years ago)
4 5 or more years ago
7 Don’t know / Not sure
8 Never
9 Refused
Section 4: Exercise

4.1 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(84)

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

Section 5: Diabetes

5.1 Have you ever been told by a doctor that you have diabetes?

If “Yes” and respondent is female, ask: “Was this only when you were pregnant?”

If respondent says pre-diabetes or borderline diabetes, use response code 4.

(85)

1 Yes
2 Yes, but female told only during pregnancy
3 No
4 No, pre-diabetes or borderline diabetes
7 Don’t know / Not sure
9 Refused

Module 4: Diabetes

(To be asked following Core Q5.1 if response is "Yes" (code = 1))

Mod4_1. How old were you when you were told you have diabetes?

(229-230)

_ _ Code age in years [97 = 97 and older]
9 8 Don’t know / Not sure
9 9 Refused

Mod4_2. Are you now taking insulin?

(231)

1 Yes
2 No
9 Refused
Mod4_3. Are you now taking diabetes pills? (232)

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

Mod4_4. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional. (233-235)

1 _ _ Times per day
2 _ _ Times per week
3 _ _ Times per month
4 _ _ Times per year
8 8 8 Never
7 7 7 Don’t know / Not sure
9 9 9 Refused

Mod4_5. About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional. (236-238)

1 _ _ Times per day
2 _ _ Times per week
3 _ _ Times per month
4 _ _ Times per year
5 5 5 No feet
8 8 8 Never
7 7 7 Don’t know / Not sure
9 9 9 Refused

Mod4_6. Have you ever had any sores or irritations on your feet that took more than four weeks to heal? (239)

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

Mod4_7. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes? (240-241)

_ _ Number of times [76 = 76 or more]
8 8 None
7 7 Don’t know / Not sure
9 9 Refused
Mod4_8. A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

<table>
<thead>
<tr>
<th>Number of times [76 = 76 or more]</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 8 Never heard of A 1 C test</td>
</tr>
<tr>
<td>8 8 None</td>
</tr>
<tr>
<td>7 7 Don't know / Not sure</td>
</tr>
<tr>
<td>9 9 Refused</td>
</tr>
</tbody>
</table>

{CATI Note: If Mod4_5 = 555 (No feet), go to Mod4_10.}

Mod4_9. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

<table>
<thead>
<tr>
<th>Number of times [76 = 76 or more]</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 8 None</td>
</tr>
<tr>
<td>7 7 Don't know / Not sure</td>
</tr>
<tr>
<td>9 9 Refused</td>
</tr>
</tbody>
</table>

Mod4_10. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

Read only if necessary:

| 1 Within the past month (anytime less than 1 month ago) |
| 2 Within the past year (1 month but less than 12 months ago) |
| 3 Within the past 2 years (1 year but less than 2 years ago) |
| 4 2 or more years ago |

Do not read:

| 7 Don't know / Not sure |
| 8 Never |
| 9 Refused |

Mod4_11. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

| 1 Yes |
| 2 No |
| 7 Don't know / Not sure |
| 9 Refused |
**Mod4_12.** Have you ever taken a course or class in how to manage your diabetes yourself?  
(248)

1  Yes  
2  No  
7  Don't know / Not sure  
9  Refused

---

**Section 6: Oral Health**

**6.1** How long has it been since you last visited a dentist or a dental clinic for any reason? Include visits to dental specialists, such as orthodontists.  
(86)

**Read only if necessary:**

1  Within the past year (anytime less than 12 months ago)  
2  Within the past 2 years (1 year but less than 2 years ago)  
3  Within the past 5 years (2 years but less than 5 years ago)  
4  5 or more years ago  
7  Don't know / Not sure  
8  Never  
9  Refused

**Do not read:**

---

**6.2** How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics.

**NOTE:** If wisdom teeth are removed because of tooth decay or gum disease, they should be included in the count for lost teeth.  
(87)

1  1 to 5  
2  6 or more but not all  
3  All  
8  None  
7  Don't know / Not sure  
9  Refused

**CATI note:** If Q6.1 = 8 (Never) or Q 6.2 = 3 (All), go to next section.

**6.3** How long has it been since you had your teeth cleaned by a dentist or dental hygienist?  
(88)

**Read only if necessary:**

1  Within the past year (anytime less than 12 months ago)
Section 7: Cardiovascular Disease Prevalence

Now I would like to ask you some questions about cardiovascular disease.

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me “Yes”, “No”, or you’re “Not sure.”

7.1 (Ever told) you had a heart attack, also called a myocardial infarction?  

1 Yes  
2 No  
7 Don’t know / Not sure  
9 Refused

7.2 (Ever told) you had angina or coronary heart disease?  

1 Yes  
2 No  
7 Don’t know / Not sure  
9 Refused

7.3 (Ever told) you had a stroke?  

1 Yes  
2 No  
7 Don’t know / Not sure  
9 Refused

Section 8: Asthma

8.1 Have you ever been told by a doctor, nurse, or other health professional that you had asthma?  

1 Yes  
2 No  
[Go to next section]
8.2 Do you still have asthma?

1 Yes
2 No
7 Don't know / Not sure
9 Refused

Section 9: Disability

The following questions are about health problems or impairments you may have.

9.1 Are you limited in any way in any activities because of physical, mental, or emotional problems?

1 Yes
2 No
7 Don't know / Not Sure
9 Refused

9.2 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

Include occasional use or use in certain circumstances.

1 Yes
2 No
7 Don't know / Not Sure
9 Refused

Section 10: Tobacco Use

10.1 Have you smoked at least 100 cigarettes in your entire life?

NOTE: 5 packs = 100 cigarettes

1 Yes
2 No
7 Don't know / Not sure
9 Refused
10.2 Do you now smoke cigarettes every day, some days, or not at all?  

1  Every day  
2  Some days  
3  Not at all  
7  Don't know/Not sure  
9  Refused  

10.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?  

1  Yes  
2  No  
7  Don’t know / Not sure  
9  Refused  

Section 11: Demographics  

11.1 What is your age?  

_ _  Code age in years  
0  7  Don’t know / Not sure  
0  9  Refused  

11.2 Are you Hispanic or Latino?  

1  Yes  
2  No  
7  Don’t know / Not sure  
9  Refused  

11.3 Which one or more of the following would you say is your race?  

(Check all that apply)  

Please read:  

1  White  
2  Black or African American  
3  Asian  
4  Native Hawaiian or Other Pacific Islander  
5  American Indian or Alaska Native  

Or  

6  Other [specify]__________________
Do not read:
8 No additional choices
7 Don't know / Not sure
9 Refused

{CATI note: If more than one response to Q11.3; continue. Otherwise, go to Q11.5}

11.4 Which one of these groups would you say best represents your race?

1 White
2 Black or African American
3 Asian
4 Native Hawaiian or Other Pacific Islander
5 American Indian or Alaska Native
6 Other [specify] __________________

Do not read:
7 Don't know / Not sure
9 Refused

11.5 Are you…?

Please read:
1 Married
2 Divorced
3 Widowed
4 Separated
5 Never married

Or

6 A member of an unmarried couple

Do not read:
9 Refused

11.6 How many children less than 18 years of age live in your household?

___ ___ Number of children
8 8 None
9 9 Refused

11.7 What is the highest grade or year of school you completed?
Read only if necessary:

1  Never attended school or only attended kindergarten
2  Grades 1 through 8 (Elementary)
3  Grades 9 through 11 (Some high school)
4  Grade 12 or GED (High school graduate)
5  College 1 year to 3 years (Some college or technical school)
6  College 4 years or more (College graduate)

Do not read:

9  Refused

11.8 Are you currently…?

Please read:

1  Employed for wages
2  Self-employed
3  Out of work for more than 1 year
4  Out of work for less than 1 year
5  A Homemaker
6  A Student
7  Retired

Or

8  Unable to work

Do not read:

9  Refused

11.9 Is your annual household income from all sources—

If respondent refuses at ANY income level, code ‘99’ (Refused)

Read only if necessary:

04  Less than $25,000  If “no,” ask 05; if “yes,” ask 03
     ($20,000 to less than $25,000)
03  Less than $20,000  If “no,” code 04; if “yes,” ask 02
     ($15,000 to less than $20,000)
02  Less than $15,000  If “no,” code 03; if “yes,” ask 01
     ($10,000 to less than $15,000)
01  Less than $10,000  If “no,” code 02
05  Less than $35,000  If “no,” ask 06
     ($25,000 to less than $35,000)
06 Less than $50,000 If “no,” ask 07
($35,000 to less than $50,000)

07 Less than $75,000 If “no,” code 08
($50,000 to less than $75,000)

08 $75,000 or more

Do not read:

77 Don’t know / Not sure
99 Refused

11.10 About how much do you weigh without shoes? (116-119)

Note: If respondent answers in metrics, put “9” in column 116.

Round fractions up

_ _ _ _ _ Weight
(pounds/kilograms)
7 7 7 7 Don’t know / Not sure
9 9 9 9 Refused

11.11 About how tall are you without shoes? (120-123)

Note: If respondent answers in metrics, put “9” in column 120.

Round fractions down

_ / _ _ Height
(ft / inches/meters/centimeters)
7 7 7 7 Don’t know / Not sure
9 9 9 9 Refused

11.12 What county do you live in? (124-126)

_ _ _ _ FIPS county code
7 7 7 7 Don’t know / Not sure
9 9 9 9 Refused

11.13 What is your ZIP Code where you live? (127-131)

_ _ _ _ _ ZIP Code
7 7 7 7 Don’t know / Not sure
9 9 9 9 Refused
11.14 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.

1. Yes  
2. No [Go to Q11.16]  
7. Don’t know / Not sure [Go to Q11.16]  
9. Refused [Go to Q11.16]

11.15 How many of these telephone numbers are residential numbers?

Residential telephone numbers [6 = 6 or more]

1. Yes  
2. No  
7. Don’t know / Not sure  
9. Refused

11.16 During the past 12 months, has your household been without telephone service for 1 week or more? Do not include interruptions of telephone service because of weather or natural disasters.

1. Yes  
2. No  
7. Don’t know / Not sure  
9. Refused

11.17 Indicate sex of respondent. Ask only if necessary.

1. Male [Go to next section]  
2. Female [If respondent is 45 years old or older, go to next section]

11.18 To your knowledge, are you now pregnant?

1. Yes  
2. No  
7. Don’t know / Not sure  
9. Refused

---

Section 12: Veteran’s Status

The next question relates to military service.

12.1 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?
Section 13: Alcohol Consumption

13.1 During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

1  Yes
2  No
7  Don’t know / Not sure
9  Refused

13.2 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?

1_ _ _ Days per week
2_ _ _ Days in past 30 days
8  8  8 No drinks in past 30 days
7  7  7 Don’t know / Not sure
9  9  9 Refused

13.3 One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

_  _ Number of drinks
7  7 Don’t know / Not sure
9  9 Refused

13.4 Considering all types of alcoholic beverages, how many times during the past 30 days did you have \( X \) [CATI: \( X = 5 \) for men, \( X = 4 \) for women] or more drinks on an occasion?

_  _ Number of times
8  8 None
7  7 Don’t know / Not sure
9  9 Refused

13.5 During the past 30 days, what is the largest number of drinks you had on any occasion?

_  _ Number of drinks
7  7 Don’t know / Not sure
Section 14: Immunization/Adult Influenza Supplement

14.1 A flu shot is an influenza vaccine injected into your arm. During the past 12 months, have you had a flu shot? 

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<th></th>
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<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>7</td>
<td>Don’t know / Not sure</td>
</tr>
<tr>
<td>9</td>
<td>Refused</td>
</tr>
</tbody>
</table>

14.2 During the past 12 months, have you had a flu vaccine that was sprayed in your nose? The flu vaccine sprayed in the nose is also called FluMist™.

<p>| | |</p>
<table>
<thead>
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<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>7</td>
<td>Don’t know / Not sure</td>
</tr>
<tr>
<td>9</td>
<td>Refused</td>
</tr>
</tbody>
</table>

{CATI note: If Q14.1 or Q14.2 = 1 (Yes), continue; otherwise go to Q14.4s.}

{NOTE: Questions 14.3s through 14.8s are intended for use only if the Adult Influenza Supplement is activated. The Behavioral Surveillance Branch will provide notification and instructions for implementing the Adult Influenza Supplement.}

14.3s During what month and year did you receive your most recent flu vaccination? The most recent flu vaccination may have been either the flu shot or the flu spray.

<p>| | |</p>
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<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>_ / _ _ _ _</td>
<td>Month / Year</td>
</tr>
<tr>
<td>7 7 / 7 7 7 7</td>
<td>Don’t know / Not sure (Probe: “Was it before September 2005?” Code approximate month and year)</td>
</tr>
<tr>
<td>9 9 / 9 9 9 9</td>
<td>Refused</td>
</tr>
</tbody>
</table>

{CATI note: If Q14.3s is before 09/2005 or Q14.3s = 77/7777 (Don’t know) or 99/9999 (Refused), continue. Otherwise, go to Q14.5s.}
14.4s What is the MAIN reason you have NOT received a flu vaccination for this current flu season?

[INTERVIEWER NOTE: The current flu season = Sept. ’05 – Mar. ’06.]

Do not read answer choices below. Select category that best matches response.

0 1 Need: Do not think need it / not recommended
0 2 Concern about vaccine: side effects / can cause flu / does not work
0 3 Access / cost / inconvenience
0 4 Vaccine shortage: saving vaccine for people who need it more
0 5 Vaccine shortage: tried to find vaccine, but could not get it
0 6 Vaccine shortage: not eligible to receive vaccine
0 7 Some other reason
7 7 Don’t know / Not sure (Probe: “What was the main reason?”)
9 9 Refused

14.5s Has a doctor, nurse, or other health professional ever said that you have any of the following health problems?

Read each problem listed below:

Lung problems, including asthma
Heart problems
Diabetes
Kidney problems
Weakened immune system caused by a chronic illness, such as cancer or HIV/AIDS, or medicines, such as steroids
-Or-
Sickle Cell Anemia or other anemia

1 Yes
2 No [Go to Q14.8s]
7 Don’t know / Not sure [Go to Q14.8s]
9 Refused [Go to Q14.8s]

14.6s Do you still have (this/any of these) problem(s)?

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

14.7s Do you currently work in a health care facility, such as a medical clinic, hospital, or nursing home? This includes part-time and volunteer work.

1 Yes [Go to Q14.9]
2 No [Go to Q14.9]
7 Don’t know / Not sure [Go to Q14.9]
9 Refused [Go to Q14.9]
14.8s  Do you have direct face-to-face or hands-on contact with patients as a part of your routine work?

1. Yes
2. No
7. Don't know / Not sure
9. Refused

14.9  A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

1. Yes
2. No
7. Don't know / Not sure
9. Refused

14.10 Have you EVER received the hepatitis B vaccine? The hepatitis B vaccine is completed after the third shot is given.

1. Yes
2. No
7. Don't know / Not sure
9. Refused

The next question is about behaviors related to Hepatitis B.

{CATI note: If female, do not read response #2}

14.11 Tell me if ANY of these statements is true for YOU. Do NOT tell me WHICH statement or statements are true for you, just if ANY of them are:

You have hemophilia and have received clotting factor concentrate
You are a man who has had sex with other men, even just one time
You have taken street drugs by needle, even just one time
You traded sex for money or drugs, even just one time
You have tested positive for HIV
You have had sex (even just one time) with someone who would answer "yes" to any of these statements
You had more than two sex partners in the past year

Are any of these statements true for you?

1. Yes, at least one statement is true
2. No, none of these statements is true
7. Don't know / Not sure
9. Refused
Section 15: Falls

If respondent is 45 years or older continue, otherwise go to next section.

The next questions ask about recent falls. By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level.

15.1 In the past 3 months, how many times have you fallen? (165-166)

<table>
<thead>
<tr>
<th>_ _</th>
<th>Number of times</th>
<th>76 = 76 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 8</td>
<td>None</td>
<td>Go to next section</td>
</tr>
<tr>
<td>7 7</td>
<td>Don’t know / Not sure</td>
<td>Go to next section</td>
</tr>
<tr>
<td>9 9</td>
<td>Refused</td>
<td>Go to next section</td>
</tr>
</tbody>
</table>

If only one fall in Q15.1, fill in “Did this fall (from Q15.1) cause an injury”

15.2 Did any of these falls cause an injury? By an injury, we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor.

If only one fall and respondent answers “yes”, code as 01. If response is “no”, code as 88 (167-168)

<table>
<thead>
<tr>
<th>_ _</th>
<th>Number of falls</th>
<th>76 = 76 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 8</td>
<td>None</td>
<td>Go to next section</td>
</tr>
<tr>
<td>7 7</td>
<td>Don’t know / Not sure</td>
<td>Go to next section</td>
</tr>
<tr>
<td>9 9</td>
<td>Refused</td>
<td>Go to next section</td>
</tr>
</tbody>
</table>

Section 16: Seatbelt Use

16.1 How often do you use seat belts when you drive or ride in a car? Would you say— (169)

Please read:

1 Always
2 Nearly always
3 Sometimes
4 Seldom
5 Never

Do not read:

7 Don’t know / Not sure
8 Never drive or ride in a car
9 Refused
Section 17: Drinking and Driving

(CATI note: If Q16.1 = 8 (Never drive or ride in a car), go to Section 18; otherwise continue)

Section 17: Drinking and Driving

(CATI note: If Q13.1 = 2 (No); go to next section.)

The next question is about drinking and driving.

17.1 During the past 30 days, how many times have you driven when you've had perhaps too much to drink?

<table>
<thead>
<tr>
<th>Number of times</th>
<th>8</th>
<th>7</th>
<th>9</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>8</td>
<td>7</td>
<td>9</td>
</tr>
<tr>
<td>Don’t know / Not sure</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Refused</td>
<td></td>
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</tr>
</tbody>
</table>

Section 18: Women’s Health

(CATI note: If respondent is male, go to the next section.)

The next questions are about breast and cervical cancer.

18.1 A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

<table>
<thead>
<tr>
<th>Number</th>
<th>1</th>
<th>2</th>
<th>7</th>
<th>9</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Refused</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

18.2 How long has it been since you had your last mammogram?

Read only if necessary:

<table>
<thead>
<tr>
<th>Number</th>
<th>Within the past year (anytime less than 12 months ago)</th>
<th>Within the past 2 years (1 year but less than 2 years ago)</th>
<th>Within the past 3 years (2 years but less than 3 years ago)</th>
<th>Within the past 5 years (3 years but less than 5 years ago)</th>
<th>5 or more years ago</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Within the past year (anytime less than 12 months ago)</td>
<td>Within the past 2 years (1 year but less than 2 years ago)</td>
<td>Within the past 3 years (2 years but less than 3 years ago)</td>
<td>Within the past 5 years (3 years but less than 5 years ago)</td>
<td>5 or more years ago</td>
</tr>
<tr>
<td>2</td>
<td>Within the past 2 years (1 year but less than 2 years ago)</td>
<td>Within the past 3 years (2 years but less than 3 years ago)</td>
<td>Within the past 5 years (3 years but less than 5 years ago)</td>
<td>5 or more years ago</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Within the past 3 years (2 years but less than 3 years ago)</td>
<td>Within the past 5 years (3 years but less than 5 years ago)</td>
<td>5 or more years ago</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Within the past 5 years (3 years but less than 5 years ago)</td>
<td>5 or more years ago</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>5 or more years ago</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Do not read:

<table>
<thead>
<tr>
<th>Number</th>
<th>Don’t know / Not sure</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>Don’t know / Not sure</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Refused</td>
<td></td>
</tr>
</tbody>
</table>
18.3 A clinical breast exam is when a doctor, nurse, or other health professional feels the breasts for lumps. Have you ever had a clinical breast exam?

1. Yes
2. No [Go to Q18.5]
7. Don’t know / Not sure [Go to Q18.5]
9. Refused [Go to Q18.5]

18.4 How long has it been since your last breast exam?

Read only if necessary:

1. Within the past year (anytime less than 12 months ago)
2. Within the past 2 years (1 year but less than 2 years ago)
3. Within the past 3 years (2 years but less than 3 years ago)
4. Within the past 5 years (3 years but less than 5 years ago)
5. 5 or more years ago

Do not read:

7. Don’t know / Not sure
9. Refused

18.5 A Pap test is a test for cancer of the cervix. Have you ever had a Pap test?

1. Yes
2. No [Go to Q18.7]
7. Don’t know / Not Sure [Go to Q18.7]
9. Refused [Go to Q18.7]

18.6 How long has it been since you had your last Pap test?

Read only if necessary:

1. Within the past year (anytime less than 12 months ago)
2. Within the past 2 years (1 year but less than 2 years ago)
3. Within the past 3 years (2 years but less than 3 years ago)
4. Within the past 5 years (3 years but less than 5 years ago)
5. 5 or more years ago

Do not read:

7. Don’t know / Not sure
9. Refused

{CATI note: If response to Core Q11.18 = 1 (is pregnant); then go to next section.}

18.7 Have you had a hysterectomy?
Read only if necessary: A hysterectomy is an operation to remove the uterus (womb).

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

Section 19: Prostate Cancer Screening

{CATI note: If respondent is ≤39 years of age, or is female, go to next section.}

Now, I will ask you some questions about prostate cancer screening.

19.1 A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test?

1 Yes
2 No [Go to Q19.3]
7 Don’t know / Not sure [Go to Q19.3]
9 Refused [Go to Q19.3]

19.2 How long has it been since you had your last PSA test?

Read only if necessary:

1 Within the past year (anytime less than 12 months ago)
2 Within the past 2 years (1 year but less than 2 years)
3 Within the past 3 years (2 years but less than 3 years)
4 Within the past 5 years (3 years but less than 5 years)
5 5 or more years ago

Do not read:

7 Don’t know
9 Refused

19.3 A digital rectal exam is an exam in which a doctor, nurse, or other health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam?

1 Yes
2 No [Go to Q19.5]
7 Don’t know / Not sure [Go to Q19.5]
9 Refused [Go to Q19.5]

19.4 How long has it been since your last digital rectal exam?
Read only if necessary:

1. Within the past year (anytime less than 12 months ago)
2. Within the past 2 years (1 year but less than 2 years)
3. Within the past 3 years (2 years but less than 3 years)
4. Within the past 5 years (3 years but less than 5 years)
5. 5 or more years ago

Do not read:

7. Don’t know / Not sure
9. Refused

19.5 Have you ever been told by a doctor, nurse, or other health professional that you had prostate cancer?

1. Yes
2. No
7. Don’t know / Not sure
9. Refused

Section 20: Colorectal Cancer Screening

(CATI note: If respondent is < 49 years of age, go to next section.)

20.1 A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

1. Yes
2. No
7. Don’t know / Not sure
9. Refused

20.2 How long has it been since you had your last blood stool test using a home kit?

Read only if necessary:

1. Within the past year (anytime less than 12 months ago)
2. Within the past 2 years (1 year but less than 2 years ago)
3. Within the past 3 years (2 years but less than 3 years ago)
4. Within the past 5 years (3 years but less than 5 years ago)
5. 5 or more years ago

Do not read:

7. Don’t know / Not sure
9. Refused
20.3 Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

20.4 How long has it been since you had your last sigmoidoscopy or colonoscopy?

Read only if necessary:

1 Within the past year (anytime less than 12 months ago)
2 Within the past 2 years (1 year but less than 2 years ago)
3 Within the past 5 years (2 years but less than 5 years ago)
4 Within the past 10 years (5 years but less than 10 years ago)
5 10 or more years ago

Do not read:
7 Don’t know / Not sure
9 Refused

Section 21: HIV/AIDS

{CATI note: If respondent is 65 years old or older, go to next section.}

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don’t have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

21.1 Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

21.2 Not including blood donations, in what month and year was your last HIV test?

NOTE: If response is before January 1985, code “Don’t know.”

_/_ /_/_/ Code month and year
7 7/ 7 7 7 7 Don’t know / Not sure
9 9/ 9 9 9 9 Refused
21.3 Where did you have your last HIV test — at a private doctor or HMO office, at a counseling and testing site, at a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else?

- 01 Private doctor or HMO office
- 02 Counseling and testing site
- 03 Hospital
- 04 Clinic
- 05 Jail or prison (or other correctional facility)
- 06 Drug treatment facility
- 07 At home
- 08 Somewhere else
- 77 Don’t know/Not sure
- 99 Refused

{CATI Note: Ask Q21.4 only if Q21.2 is within the last 12 months; otherwise go to next section}

21.4 Was it a rapid test where you could get your results within a couple of hours?

- 1 Yes
- 2 No
- 7 Don’t know / Not Sure
- 9 Refused

Section 22: Emotional Support and Life Satisfaction

The next two questions are about emotional support and your satisfaction with life.

22.1 How often do you get the social and emotional support you need?

INTERVIEWER NOTE: If asked, say “please include support from any source”.

Please read:
- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never

Do not read:
- 7 Don’t know / Not sure
- 9 Refused

22.2 In general, how satisfied are you with your life?

Please read:
1  Very satisfied
2  Satisfied
3  Dissatisfied
4  Very dissatisfied

Do not read:

7  Don't know / Not sure
9  Refused
Transition to Modules and State-Added Questions

Please read:

Finally, I have just a few questions left about some other health topics.
Module 1: Random Child Selection

CATI note: If Core Q11.6 = 88, or 99 (no children under age 18 in the household, or refused), go to next module.

If Core Q11.6 = 1, Interviewer please read: “Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child.” [Go to Q1]

If Core Q11.6 is >1 and Core Q11.6 does not equal 88 or 99, Interviewer please read: “Previously, you indicated there were [number] children age 17 or younger in your household. Think about those [number] children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the last.” Please include children with the same birth date, including twins, in the order of their birth.

CATI INSTRUCTION: RANDOMLY SELECT ONE OF THE CHILDREN. This is the “Xth” child. Please substitute “Xth” child’s number in all questions below.

INTERVIEWER PLEASE READ:
I have some additional questions about one specific child. The child I will be referring to is the “Xth” child in your household. All following questions about children will be about the “Xth” child.

Mod 1_1. What is the birth month and year of the “Xth” child? (200-205)

Code month and year
Don’t know / Not sure
Refused

CATI INSTRUCTION: Calculate the child’s age in months (CHLDAGE1=0 to 216) and also in years (CHLDAGE2=0 to 17) based on the interview date and the birth month and year using a value of 15 for the birth day. If the selected child is < 12 months old enter the calculated months in CHLDAGE1 and 0 in CHLDAGE2. If the child is > 12 months enter the calculated months in CHLDAGE1 and set CHLDAGE2=Truncate (CHLDAGE1/12).

Mod 1_2. Is the child a boy or a girl? (206)

Boy
Girl
Refused

Mod 1_3. Is the child Hispanic or Latino? (207)

Yes
No
Don’t know / Not sure
Refused

Mod 1_4. Which one or more of the following would you say is the race of the child? (208-213)

[Check all that apply]
Please read:

1 White
2 Black or African American
3 Asian
4 Native Hawaiian or Other Pacific Islander
5 American Indian, Alaska Native
Or
6 Other [specify] ____________________

Do not read:

8 No additional choices
7 Don't know / Not sure
9 Refused

{CATI note: If more than one response to Mod1_4, continue. Otherwise, go to Mod1_6.}

Mod1_5. Which one of these groups would you say best represents the child’s race?

1 White
2 Black or African American
3 Asian
4 Native Hawaiian or Other Pacific Islander
5 American Indian, Alaska Native
6 Other
7 Don't know / Not sure
9 Refused

Mod1_6. How are you related to the child?

Please read:

1 Parent (include biologic, step, or adoptive parent)
2 Grandparent
3 Foster parent or guardian
4 Sibling (include biologic, step, and adoptive sibling)
5 Other relative
6 Not related in any way

Do not read:

7 Don't know / Not sure
9 Refused

Module 3: Childhood Asthma Prevalence

{CATI note: If response to Core Q11.6 = 88 (None) or 99 (Refused), go to next module.}
The next two questions are about the “Xth” [CATI: please fill in correct number] child.

**Mod3_1.** Has a doctor, nurse or other health professional EVER said that the child has asthma?

<p>| | |</p>
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<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>7</td>
<td>Don’t know / Not sure</td>
</tr>
<tr>
<td>9</td>
<td>Refused</td>
</tr>
</tbody>
</table>

**Mod3_2.** Does the child still have asthma?

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<tbody>
<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
<tr>
<td>7</td>
<td>Don’t know / Not sure</td>
</tr>
<tr>
<td>9</td>
<td>Refused</td>
</tr>
</tbody>
</table>

**Module 5: Visual Impairment and Access to Eye Care**

**CATI note: If respondent is less than 40 years of age, go to next module.**

I would like to ask you questions about how much difficulty, if any, you have doing certain activities. If you usually wear glasses or contact lenses, please rate your ability to do them while wearing glasses or contact lenses.

**Mod5_1.** How much difficulty, if any, do you have in recognizing a friend across the street? Would you say—

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<tbody>
<tr>
<td>1</td>
<td>No difficulty</td>
</tr>
<tr>
<td>2</td>
<td>A little difficulty</td>
</tr>
<tr>
<td>3</td>
<td>Moderate difficulty</td>
</tr>
<tr>
<td>4</td>
<td>Extreme difficulty</td>
</tr>
<tr>
<td>5</td>
<td>Unable to do because of eyesight</td>
</tr>
<tr>
<td>6</td>
<td>Unable to do for other reasons</td>
</tr>
</tbody>
</table>

**Please read:**

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<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td>7</td>
<td>Don’t know / Not sure</td>
</tr>
<tr>
<td>8</td>
<td>Not applicable (Blind)</td>
</tr>
<tr>
<td>9</td>
<td>Refused</td>
</tr>
</tbody>
</table>

**Mod5_2.** How much difficulty, if any, do you have reading print in newspaper, magazine, recipe, menu, or numbers on the telephone? Would you say—

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</thead>
<tbody>
<tr>
<td>1</td>
<td>No difficulty</td>
</tr>
</tbody>
</table>
2 A little difficulty
3 Moderate difficulty
4 Extreme difficulty
5 Unable to do because of eyesight
6 Unable to do for other reasons

Do not read:
7 Don't know / Not sure
8 Not applicable (Blind) [Go to next module]
9 Refused

Mod5_3. When was the last time you had your eyes examined by any doctor or eye care provider? (251)

Read only if necessary:
1 Within the past month (anytime less than 1 month ago) [Go to Q5]
2 Within the past year (1 month but less than 12 months ago) [Go to Q5]
3 Within the past 2 years (1 year but less than 2 years ago)
4 2 or more years ago
5 Never

Do not read:
7 Don't know / Not sure
8 Not applicable (Blind) [Go to next module]
9 Refused

Mod5_4. What is the main reason you have not visited an eye care professional in the past 12 months? (252-253)

Read only if necessary:
0 1 Cost/insurance
0 2 Do not have/know an eye doctor
0 3 Cannot get to the office/clinic (too far away, no transportation)
0 4 Could not get an appointment
0 5 No reason to go (no problem)
0 6 Have not thought of it
0 7 Other

Do not read:
7 7 Don’t know / Not sure
0 8 Not Applicable (Blind) [Go to next module]
9 9 Refused

{CATI note: Skip Q5, if any response to Module 4 (Diabetes) Q10.}

Mod5_5. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light. (254)
Read only if necessary:

1. Within the past month (anytime less than 1 month ago)
2. Within the past year (1 month but less than 12 months ago)
3. Within the past 2 years (1 year but less than 2 years ago)
4. 2 or more years ago
5. Never

Do not read:

7. Don’t know / Not sure
8. Not applicable (Blind) [Go to next module]
9. Refused

Mod5_6. Do you have any kind of health insurance coverage for eye care?

1. Yes
2. No
7. Don’t know / Not sure
8. Not applicable (Blind) [Go to next module]
9. Refused

Mod5_7. Have you been told by an eye doctor or other health care professional that you NOW have cataracts?

1. Yes
2. Yes, but had them removed
3. No
7. Don’t know / Not sure
8. Not applicable (Blind) [Go to next module]
9. Refused

Mod5_8. Have you EVER been told by an eye doctor or other health care professional that you had glaucoma?

1. Yes
2. No
7. Don’t know / Not sure
8. Not applicable (Blind) [Go to next module]
9. Refused

Please read:

Age-related Macular Degeneration (AMD) is a disease that blurs the sharp, central vision you need for “straight-ahead” activities such as reading, sewing, and driving. AMD affects the macula, the part of the eye that allows you to see fine detail.
Mod5_9. Have you EVER been told by an eye doctor or other health care professional that you had age-related macular degeneration?

1. Yes
2. No
7. Don’t know / Not sure
8. Not applicable (Blind) [Go to next module]
9. Refused

Mod5_10. Have you EVER had an eye injury that occurred at your workplace while you were doing your work?

1. Yes
2. No
7. Don’t know / Not sure
8. Not applicable (Blind) [Go to next module]
9. Refused

Module 8: Family Planning

If respondent is female and 45 years of age or older, has had a hysterectomy, is pregnant, or male 60 years of age or older, go to next module.

The next set of questions asks you about your thoughts and experiences with family planning. Please remember that all of your answers will be kept confidential.

Mod8_1. Some things people do to keep from getting pregnant include not having sex at certain times, using birth control methods such as the pill, implants, shots, condoms, diaphragm, foam, IUD, having their tubes tied, or having a vasectomy. Are you or your [If female, insert “husband/partner,” if male, insert “wife/partner”] doing anything now to keep [If female, insert “you”, if male, insert “her”] from getting pregnant?

1. Yes
2. No [Go to Mod8_3]
3. No partner/not sexually active [Go to next module]
4. Same sex partner [Go to next module]
7. Don’t know / Not sure [Go to next module]
9. Refused [Go to next module]

Note: If more than one partner, consider usual partner.

Mod8_2. What are you or your [If female, insert “husband/partner,” if male, insert wife/partner”] doing now to keep [If female, insert “you”, if male, insert “her”] from getting pregnant?

(287-288)
Read only if necessary:

01 Tubes tied [Go to next module]
02 Hysterectomy (female sterilization) [Go to next module]
03 Vasectomy (male sterilization) [Go to next module]
04 Pill, all kinds (Seasonale, etc.) [Go to Q4]
05 Condoms (male or female) [Go to Q4]
06 Contraceptive implants (Jadelle or Implants) [Go to Q4]
07 Shots (Depo-Provera) [Go to Q4]
08 Contraceptive Ring (Nuvaring or others) [Go to Q4]
09 Contraceptive Patch [Go to Q4]
10 Diaphragm, cervical ring, or cap [Go to Q4]
11 IUD (including Mirena) [Go to Q4]
12 Emergency contraception (EC) [Go to Q4]
13 Withdrawal [Go to Q4]
14 Not having sex at certain times (rhythm) [Go to Q4]
15 Other method (foam, jelly, cream, etc.) [Go to Q4]

Do not read:

77 Don’t know / Not sure [Go to Mod8_4]
99 Refused [Go to Mod8_4]

Mod8_3. What is your main reason for not doing anything to keep [(If female, insert “you”, if male, insert “her”)] from getting pregnant? (289-290)

Read only if necessary:

01 Didn’t think you were going to have sex/no regular partner
02 You want a pregnancy
03 You or your partner don’t want to use birth control
04 You or your partner don’t like birth control/fear side effects
05 You can’t pay for birth control
06 Lapse in use of a method
07 Don’t think you or your partner can get pregnant
08 You or your partner had tubes tied (sterilization) [Go to next module]
09 You or your partner had a vasectomy (sterilization) [Go to next module]
10 You or your partner had a hysterectomy [Go to next module]
11 You or your partner are too old
12 You or your partner are currently breast-feeding
13 You or your partner just had a baby/postpartum
14 Other reason
15 Don’t care if you get pregnant
16 Partner is pregnant now [Go to next module]

Do not read:

77 Don’t know / Not sure
99 Refused
Mod8_4. How do you feel about having a child now or sometime in the future? Would you say: (291)

Please read:

1. You don’t want to have one [Go to next module]
2. You do want to have one [Go to Mod8_5]
3. You’re not sure if you do or don’t [Go to next module]

Do not read:

7. Don’t know / Not sure [Go to next module]
9. Refused [Go to next module]

Mod8_5. How soon would you want to have a child? Would you say: (292)

Please read:

1. Less than 12 months from now
2. Between 12 months to less than two years from now
3. Between two years to less than 5 years from now, or
4. 5 or more years from now

Do not read:

7. Don’t know / Not sure
9. Refused

Module 10: Secondhand Smoke Policy

Mod10_1. Which statement best describes the rules about smoking inside your home? (300)

Please read:

1. Smoking is not allowed anywhere inside your home
2. Smoking is allowed in some places or at some times
3. Smoking is allowed anywhere inside your home

Or

4. There are no rules about smoking inside your home

Do not read:

7. Don’t know / Not sure
9. Refused

(CATI note: If response to Core Q11.8 = 1 (Employed) or 2 (Self-employed), continue. Otherwise, go to next module.)

Mod10_2. While working at your job, are you indoors most of the time?
Mod10_3. Which of the following best describes your place of work’s official smoking policy for indoor public or common areas, such as lobbies, rest rooms, and lunch rooms?

Note: For workers who visit clients or work at home, “place of work” means their base location. For self-employed persons who work at home, the official smoking policy means the home smoking policy.

Please read:

1. Not allowed in any public areas
2. Allowed in some public areas
3. Allowed in all public areas

Or
4. No official policy

Do not read:

7. Don’t know / Not sure
9. Refused

Mod10_4. Which of the following best describes your place of work’s official smoking policy for work areas?

Please read:

1. Not allowed in any work areas
2. Allowed in some work areas
3. Allowed in all work areas

Or
4. No official policy

Do not read:

7. Don’t know / Not sure
9. Refused

Module 11: Indoor Air Quality

The next five questions are about the air quality in your home.
[Note: Home refers to the respondent’s primary residence.]

Mod11_1. Is your home heated with a furnace or boiler that burns oil, gas, coal, or other fuel? (304)

[Please read if necessary: Not a total electric furnace or boiler.]

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

Mod11_2. Does your home have any of the following appliances powered by natural gas: a stove, an oven, a water heater, or a clothes dryer? (305)

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

Mod11_3. During the past 12 months, on how many days have you used a wood or coal stove, fireplace, or kerosene heater inside your home? (306-308)

[Note: If response is 777 (Don’t know/Not sure) probe for approximate number of days.]

_ _ _ Number of days
5 5 5 Do not have
8 8 8 None
7 7 7 Don’t know / Not sure
9 9 9 Refused

Mod11_4. A carbon monoxide or CO detector checks the level of carbon monoxide in your home. It is not a smoke detector. Do you have a CO detector in your home? (309)

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

Mod11_5. Do you currently have mold in your home on an area greater than the size of a dollar bill? (310)

1 Yes
2 No
7 Don’t know / Not sure
9 Refused
State-Added 1: Oral Health

AZ1_1. Which of the following best describes the water that you drink at home most often?

Please read

1 Unfiltered tap water
2 Filtered tap water
3 Bottled or vended water
4 Water from another source

Do not read
7 Don’t know/Not sure
9 Refused

State-Added 2: Epilepsy

AZ2_1. Have you ever been told by a doctor that you have a seizure disorder or epilepsy?

1 Yes
2 No [Go to AZ3_1]
7 Don’t know/Not sure [Go to AZ3_1]
9 Refused [Go to AZ3_1]

AZ2_2. Are you currently taking any medicine to control your seizure disorder or epilepsy?

1 Yes
2 No
7 Don’t know/Not sure
9 Refused

AZ2_3. How many seizures of any type have you had in the last three months?

Instructions to interviewer: If the respondent mentions and counts "auras" as seizures, accept the response. If a respondent indicates that he/she has had nothing more than an aura and is unsure about counting the aura(s), do NOT count auras as seizures.

1 None
2 One
3 More than one
4 No longer have epilepsy or seizure disorder [Go to AZ3_1]
7 Don’t know/Not sure
9 Refused

AZ2_4. In the past year, have you seen a neurologist or epilepsy specialist for your epilepsy or seizure disorder?

1 Yes
2 No
7 Don’t know/Not sure
9 Refused
AZ2_5. During the past month, to what extent has epilepsy or its treatment interfered with your normal activities like working, school, or socializing with family or friends? Would you say…

Please read

1  Not at all
2  Slightly
3  Moderately
4  Quite a bit
5  Extremely

Do not read

7  Don’t know/Not sure
9  Refused

State-Added 3: Fruits & Vegetables

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

AZ3_1. How often do you drink fruit juices such as orange, grapefruit, or tomato?

1 __ __ Per day
2 __ __ Per week
3 __ __ Per month
4 __ __ Per year

5 5 5 Never
7 7 7 Don’t know / Not sure
9 9 9 Refused

AZ3_2. Not counting juice, how often do you eat fruit?

1 __ __ Per day
2 __ __ Per week
3 __ __ Per month
4 __ __ Per year

5 5 5 Never
7 7 7 Don’t know / Not sure
9 9 9 Refused

AZ3_3. How often do you eat green salad?

1 __ __ Per day
2 __ __ Per week
3 __ __ Per month
4 __ __ Per year
AZ3_4. How often do you eat potatoes not including French fries, fried potatoes, or potato chips?

1____ Per day
2____ Per week
3____ Per month
4____ Per year

5 5 5 Never
7 7 7 Don’t know / Not sure
9 9 9 Refused

AZ3_5. How often do you eat carrots?

1____ Per day
2____ Per week
3____ Per month
4____ Per year

5 5 5 Never
7 7 7 Don’t know / Not sure
9 9 9 Refused

AZ3_6. Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat?

[Example: A serving of vegetables at both lunch and dinner would be two servings.]

1____ Per day
2____ Per week
3____ Per month
4____ Per year

5 5 5 Never
7 7 7 Don’t know / Not sure
9 9 9 Refused

State-Added 4: Physical Activity

{If "employed" or "self-employed" to core Q11.8 continue, otherwise go to AZ4_2.}

AZ4_1. When you are at work, which of the following best describes what you do? Would you say…?
[Note: If respondent has multiple jobs, include all jobs]

1  Mostly sitting or standing
2  Mostly walking
or
3  Mostly heavy labor or physically demanding work
7  Don’t know/Not Sure
9  Refused

We are interested in two types of physical activity – vigorous and moderate. Vigorous activities cause large increases in breathing or heart rate while moderate activities cause small increases in breathing or heart rate.

AZ4_2. Now, thinking about the moderate activities you do [fill in (when you are not working,) if “employed” or self-employed”] in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes some increase in breathing or heart rate?

1  Yes
2  No [Go to AZ4_5]
7  Don’t know/Not sure [Go to AZ4_5]
9  Refused [Go to AZ4_5]

AZ4_3. How many days per week do you do these moderate activities for at least 10 minutes?

__ __ Days per week
7  7 Don’t know / Not sure [Go to AZ4_5]
8  8 Do not do any moderate physical activity for at least 10 minutes at a time [Go to AZ4_5]
9  9 Refused [Go to AZ4_5]

AZ4_4. On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

__:__ __ Hours and minutes per day
7  7  7 Don’t know / Not sure
9  9  9 Refused

AZ4_5. Now, thinking about the vigorous activities you do [fill in (when you are not working) if “employed” or “self-employed”] in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

1  Yes [go to next state-added section]
2  No [go to next state-added section]
7  Don’t know/Not sure [go to next state-added section]
9  Refused [go to next state-added section]

AZ4_6. How many days per week do you do these vigorous activities for at least 10 minutes at a time?
AZ4_7. On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

__:__ ___ Hours and minutes per day
7 7 7 Don’t know / Not sure
9 9 9 Refused

State-Added 5: Folic Acid

AZ5_1. Do you currently take any multivitamins or supplements that contain folic acid?

1 Yes
2 No
7 Don’t know / Not sure
9 Refused

AZ5_2. How often do you take this multivitamin or supplement?

1 __ __ Times per day
2 __ __ Times per week
3 __ __ Times per month
7 7 7 Don’t know / Not sure
9 9 9 Refused

AZ5_3. Some health experts recommend that women take 400 micrograms of the B-vitamin folic acid every day. They recommend this for which one of the following reasons?

Please read
1 To make strong bones
2 To prevent birth defects
3 To prevent high blood pressure

Or

4 Some other reason

Do not read
7 Don’t know / Not sure
9 Refused

State-Added 6: COPD

AZ6_1. Have you EVER been told by a doctor or other health professional that you had emphysema?

1 Yes
AZ6_2. Have you EVER been told by a doctor or other health professional that you had chronic bronchitis?

1  Yes
2  No
7  Don’t know/Not sure
9  Refused

Module 17: General Preparedness

The next series of questions asks about large-scale disasters or emergencies. By large-scale disaster or emergency we mean any event that leaves you isolated in your home or displaces you from your home for at least 3 days. This might include natural disasters such as hurricanes, tornados, floods, and ice storms, or man-made disasters such as explosions, terrorist events, or blackouts.

Some people may feel uncomfortable with these questions. Please keep in mind that you can ask me to skip any question that you do not want to answer.

Mod17_1. How well prepared do you feel your household is to safely ride out or withstand a large-scale disaster or emergency? Would you say…

Please read:

1  Very prepared
2  Somewhat prepared
3  Not prepared at all

Do not read:

7  Don’t know/Not sure
9  Refused

Mod17_2. Does your household have a disaster evacuation plan, a written plan for how you will leave your home, in case of a large-scale disaster or emergency that requires evacuation?

1  Yes
2  No
7  Don’t know/Not sure
9  Refused

Mod17_3. Does your household have a 3-day supply of water for everyone who lives there? A 3-day supply of water is 1 gallon of water per person per day.

1  Yes
<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don't know/Not sure</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>No</td>
<td>7</td>
<td>Don't know/Not sure</td>
<td>9</td>
</tr>
</tbody>
</table>

**Mod17 4.** Does your household have a 3-day supply of non-perishable food for everyone who lives there? By non-perishable we mean food that does not require refrigeration or cooking.

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don't know/Not sure</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
<td>2</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>

**Mod17 5.** Does your household have a 3-day supply of prescription medication for each person who takes prescribed medicines?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don't know/Not sure</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
<td>2</td>
<td>3</td>
<td>9</td>
</tr>
</tbody>
</table>

**Mod17 6.** Does your household have a working battery operated radio and working batteries for your use if the electricity is out?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don't know/Not sure</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
<td>2</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>

**Mod17 7.** Does your household have a working flashlight and working batteries for your use if the electricity is out?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don't know/Not sure</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
<td>2</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>

**Mod17 8.** If public authorities announced mandatory evacuation from your community due to a large-scale disaster or emergency, would you evacuate?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
<th>Don't know/Not sure</th>
<th>Refused</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Yes</td>
<td>2</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>

**Mod17 9.** What would be the main reason why you might not evacuate if asked to do so?

<table>
<thead>
<tr>
<th></th>
<th>Lack of transportation</th>
<th>Lack of trust in public officials</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
<td></td>
<td></td>
</tr>
<tr>
<td>02</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
03 Concern about leaving property behind
04 Concern about personal safety
05 Concern about family safety
06 Concern about leaving pets
07 Other

Do not read:
77 Don’t know/Not sure
99 Refused

Mod17.10. In a large-scale disaster or emergency, what would be your main method of communicating with relatives and friends?

Read only if necessary:
1 Regular home telephones
2 Cell phones
3 Email
4 Pager
5 2-way radios
6 Other

Do not read:
7 Don’t know/Not sure
9 Refused

Mod17.11. What would be your main method of getting information from authorities in a large-scale disaster or emergency?

Read only if necessary:
1 Television
2 Radio
3 Internet
4 Print media
5 Neighbors

Do not read:
6 Other
7 Don’t know/Not sure
9 Refused

State-Added 7: Emergency Preparedness

{To be placed after Module 17: General Preparedness}

AZ7.1. How strongly do you agree with the following statement: "I feel the state
of Arizona has provided appropriate information to me and my family so that we can identify emergency situations, and we know what we need to do in the event they occur. Would you say you...

Please read:

1    Strongly agree
2    Agree
3    Disagree
4    Strongly disagree

Do not read:
7    Don't know/Not sure
9    Refused

Asthma Follow-up Questions (DRAFT)

{Arizona will participate in the Adult & Child Asthma Callback survey}

{If s8q1 or s8q2=1 or mod3_1 or mod3_2=1 continue, else go to closing}

{If ADULT only, proceed with ADULT; IF CHILD only, proceed with CHILD; If ADULT AND CHILD, proceed to Asthma Selection}

Asthma Selection: {ASTHMA CALLBACK SELECTION: CHOOSE ADULT OR CHILD. (25% ADULT / 75% CHILD)}

ast1. We would like to call to you again within the next 2 weeks to talk in more detail about (your/your child’s) experiences with asthma. The information will be used to help develop and improve the asthma programs in Arizona.

The information you gave us today and any you give us in the future will be kept confidential. If you agree to this, we will keep your first name or initials and phone number on file, separate from the answers collected today. Even if you agree now, you may refuse to participate in the future. Would it be okay if we called you back to ask additional asthma-related questions at a later time?

1    Yes
2    No [go to closing]

ast2. Can I please have (fill-in: your/your child’s) first name or initials so we will know who to ask for when we call back?

1    Gave Information
9    Refused

ast3. ENTER NAME: ___________________________
Language Indicator

**Lang1.**   INTERVIEWER: In what language was this interview completed?

1  English  
2  Spanish

Closing Statement

That is my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.