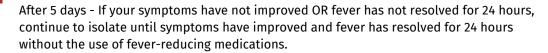
What to Do If You Test Positive

To control and prevent the spread of COVID-19, it is important for individuals that test positive with COVID-19 to stay home and away from others. Someone who tests positive for COVID-19 can spread the virus to others as early as 2 days before testing positive and throughout the duration of your symptoms.

1

ISOLATE

Isolate for at least 5 full days after the day symptoms originally began (or a positive test if no symptoms).





2

CONTINUE TO TAKE PRECAUTIONS

- Wear a mask through at least day 10 from when symptoms first began (or a positive test if no symptoms).
- · Wash hands frequently.
- · Practice physical distancing.
- · Stay home when sick.



3

INFORM CLOSE CONTACTS

Depending on vaccination status, quarantine may be recommended.

- NO Quarantine If: up-to-date on vaccination; or had COVID-19 in the last 90 days.
- YES Quarantine If: not up-to-date on vaccination.

Refer to the Release from Isolation & Quarantine Flow Chart to determine best actions.





DISCUSS TREATMENT OPTIONS

Please contact your primary care provider with additional questions or concerns.



Note: This guidance does NOT apply to special populations such as severely ill, immunocompromised, those living in congregate settings or healthcare workers.

Anyone experiencing a life threatening emergency, please seek immediate medical attention or call 911.

