Arizona Rx Drug Misuse and Abuse Initiative

Strategy 2: Promote Responsible Prescribing and Dispensing Policies and Practices

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Increase Prescriber and Pharmacist Use of the Arizona Controlled Substances Prescription Monitoring Program (CSPMP)

Promote the Sign Up to Save Lives campaign to encourage prescribers to use the CSPMP

New authority to have Delegates
Controlled Substances
Prescription Monitoring Program

 Arizona's Forty-eighth Legislature passed H.B. 2136 establishing a Controlled Substances Prescription Monitoring Program (CSPMP). The bill was signed by the Governor on July 2, 2007 and became effective on September 19, 2007.

 The new statutes, A.R.S. Title 36, Chapter 28 are available on the Board's website www.azpharmacy.gov under the "Prescription Monitoring Program" link; then the Resource tab for Statutes. Our proposed rules are also available under the same link.

36-2604. Use and release of confidential information; definition

C. The board may release data collected by the program to the following:

1. A person who is authorized to prescribe or dispense a controlled substance, or a delegate who is authorized by the prescriber or dispenser, to assist that person to provide medical or pharmaceutical care to a patient or to evaluate a patient.

E. For the purposes of this section, "delegate" means a licensed health care professional who is employed in the office of or in a hospital with the prescriber or dispenser or an unlicensed medical records technician, medical assistant or office manager who is employed in the office of or in a hospital with the prescriber and who has received training regarding both the health insurance portability and accountability act privacy standards, 45 Code of Federal Regulations part 164, subpart E, and security standards, 45 Code of Federal Regulations part 164, subpart C.

Delegate Manual is available at this web link:
https://pharmacypmp.az.gov/sites/default/files/AZ%20CSPMP%20Delegate%20Instructions%20RevisedDW93014.pdf

User Manual is available at this web link:
Controlled Substances

Prescription Monitoring Program

• A.R.S. § 36-2602 requires the ASBP to establish a controlled substances prescription monitoring program that:
   Includes a computerized central database tracking system to track the prescribing, dispensing, and consumption of Schedule II, III, and IV controlled substances in Arizona,
   Assists law enforcement in identifying illegal activity related to the prescribing, dispensing, and consumption of Schedule II, III, and IV controlled substances,
   Provides information to patients, medical practitioners, and pharmacists to help avoid the inappropriate use of Schedule II, III, and IV controlled substances, and
   Is designed to minimize inconvenience to patients, prescribing medical practitioners and pharmacies while effectuating the collection and storage of information.

A continuing review of the Prescription Drug Monitoring Program (PDMP) from January 2014 through March 2014 reveals the following about your prescribing habits:

You have been identified as an OUTLIER* with respect to the number of prescriptions written and/or quantity of pills prescribed for one or more of Benzodiazepine, Carisoprodol, Hydrocodone, Oxycodeone, and Other Pain Relievers. Please review your data below.

*1, 2, or >3 Standard Deviations above the mean for Other Specialty prescribers in your county

Prescriptions Written

<table>
<thead>
<tr>
<th></th>
<th>You</th>
<th>County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Benzodiazepine</td>
<td>4.3</td>
<td>3.4</td>
</tr>
<tr>
<td>Carisoprodol</td>
<td>4.3</td>
<td>0.3</td>
</tr>
<tr>
<td>Hydrocodone</td>
<td>2.7</td>
<td></td>
</tr>
<tr>
<td>Oxycodeone</td>
<td>0.5</td>
<td></td>
</tr>
<tr>
<td>Other Pain Relievers</td>
<td>2.3</td>
<td>0.6</td>
</tr>
</tbody>
</table>

Quantity of Pills

<table>
<thead>
<tr>
<th></th>
<th>You</th>
<th>County</th>
</tr>
</thead>
<tbody>
<tr>
<td>Benzodiazepine</td>
<td>93.0</td>
<td>16.7</td>
</tr>
<tr>
<td>Carisoprodol</td>
<td>67.7</td>
<td>17.2</td>
</tr>
<tr>
<td>Hydrocodone</td>
<td>199.7</td>
<td></td>
</tr>
<tr>
<td>Oxycodeone</td>
<td>67.3</td>
<td></td>
</tr>
<tr>
<td>Other Pain Relievers</td>
<td>105.3</td>
<td>34.9</td>
</tr>
</tbody>
</table>

25 of your patients received 100 or more MEIDDs

24 of your patients are receiving a combination of Opioids and Benzodiazepines

78 of your patients received opioids from you

10 of your patients are receiving a combination of Opioids and Carisoprodol

11 of your patients received controlled substances from five or more doctors

4 of your patients are receiving a combination of all three of Opioids, Benzodiazepines, and Carisoprodol

You are NOT currently signed up for access to the Prescription Drug Monitoring Program (PDMP)

https://pharmacympm.az.gov/

For additional information please contact the Arizona State Board of Pharmacy (602) 771-2744
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Highlight the benefits of the CSPMP in your Newsletters and share how to sign up [https://pharmacypmp.az.gov/](https://pharmacypmp.az.gov/)
QUESTIONS?

Arizona State Board of Pharmacy
Web page: www.azpharmacy.gov

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