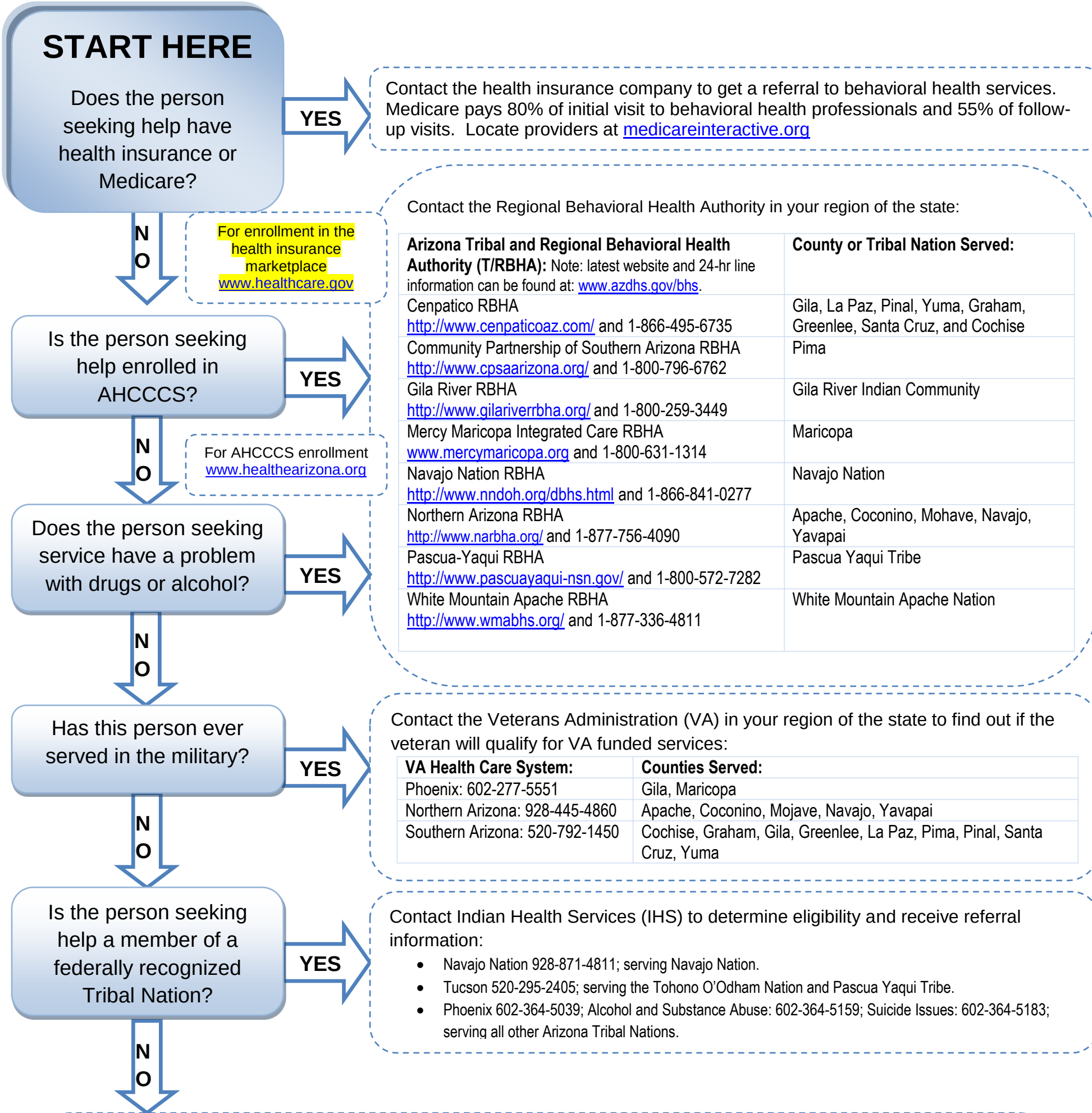




Arizona Department of Health Services Division of Behavioral Health Services

Accessing / Paying for Behavioral Health Services



Some free or low cost support services may be obtained from sliding fee scale clinics, community organizations, and/or places of worship. Some examples of free or low/cost no cost support services are listed below:

- The Arizona Department of Financial Institutions: offer free counseling service to those behind on mortgage payments or facing foreclosure, 1-877-448-1211.
- SOS Non Title 19 Resource Hotline: (602) 759-8175.
- Transitional Living Centers “TLC”: Helping recovering substance abusers rebuild their lives since 1992: <http://www.transitionalliving.org>
- NAMI AZ: Select your local affiliate and select “Support Groups” <http://www.namiaz.com/page16/index.html>
- MIKID AZ: Select your location and select “Support Groups” <http://www.mikid.org/>
- Substance Abuse Support:
- National Drug and Alcohol Referral Routing Service: 1-800-662-HELP (4357), press “2” for Spanish.
 - <http://findtreatment.samhsa.gov>
 - Alcoholics Anonymous (AA) meeting locator: <http://www.area03.org/AA-Meetings>
 - Narcotics Anonymous (NA): 1-818-773-9999; online <http://arizona-na.org/>
- Suicide Prevention Resources:
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255), press “1” for veteran support; online <http://www.suicidepreventionlifeline.org/>
 - National Suicide Prevention Lifeline in Spanish: 1-888-628-9454.
 - The Trevor Hotline (Suicide Prevention Hotline for gay and questioning youth): 1-866-488-7386; online <http://www.thetrevorproject.org/>
 - Teen Lifeline: 1-800-248-TEEN (8336); online <http://teenlifeline.org/>
 - Low cost/no cost support groups: <http://mhaarizona.org/help-support/support-groups/>