## Introduction to Arizona-Sonora Health Resources Guide
### Healthy Gente—Healthy Border 2010

### Sonora Municipality
#### Sonora Municipality Summary

**Agua Prieta**
- Overview of the Region
- Health Agencies and Programs

**Naco**
- Overview of the Region
- Health Agencies and Programs
  (not available at this time)

**Nogales**
- Overview of the Region
- Health Agencies and Programs

### Arizona Border County
#### Arizona Border County Summary

**Border wide**
- Health Agencies and Programs

**Pima County**
- Overview of the Region
- Health Agencies and Programs

**Cochise County**
- Overview of the Region
- Health Agencies and Programs

**Santa Cruz County**
- Overview of the Region
- Health Agencies and Programs

**San Luis Rio Colorado**
- Overview of the Region
- Health Agencies and Programs

**Santa Cruz County**
- Overview of the Region
- Health Agencies and Programs

**Puerto Peñasco**
- Overview of the Region
- Health Agencies and Programs
  (not available at this time)

**Yuma County**
- Overview of the Region
- Health Agencies and Programs

### Glossary

### Indices
- Access to Care
- Cancer
- Diabetes
- Environmental Health
- Reproductive and Sexual Health Resources
- Immunizations and Infectious Disease
- Injury and Violence Prevention
- Maternal, Infant and Child Health
- Mental Health
- Nutrition
- Oral Health
- Respiratory Diseases
- Substance Abuse
- Tabacco

### Focus Group
- Pima County-Agencies
- Santa Cruz County-Agencies
- Santa Cruz County- Community
- Municipality of Sonora-Agency and Community

### Acknowledgements & Border Map

### Publication Information
This Arizona-Sonora Health Inventory and Resource Guide was created to inform border residents and health providers of the services that are available in their local area and binationally throughout the region. The inventory/resource guide is a tool that is considered a work in progress. It will continue to grow and expand as it becomes more accessible to the public through multiple forms of media. For instance, it will be available online through the Arizona Department of Health–Office of Border Health website, through cd-rom, and in hard copy. Through these forms of distribution, we hope participants, non-participants and other health services will use this Guide as a powerful promotional and collaborative tool, which can link their programs and community members to service agencies throughout the Arizona-Sonora border.

Although the printed version does include the following information, the on-line version and CD-version will include interactive Internet links to:

- Arizona-Sonora border health and social service agencies
- Agency and Program Contact e-mail addresses
- Local, state, national and international funding agencies currently supporting activities along the Arizona-Sonora Border
- Sister City epidemiological graphs of the major Healthy Gente/Frontera Saludable 2010 objectives
- Overviews of each Arizona county and Sonoran Municipio
- Comprehensive key word search capability

The health inventory resource guide went through multiple stages of development before finally being assembled. The development of the guide/handbook as a finished product consisted of three major steps. The first was to create a list of agencies or organizations (including locations and phone numbers) that have worked on specific health-related projects in the Arizona-Sonora border region. The second step, and the most research-oriented activity, involved developing, drafting, and editing a bilingual questionnaire in English and in Spanish to obtain specific information (e.g., type of agency, activities, target populations, health problems or needs, projects, objectives, funding sources, etc) about each agency or organization. The final step was to create and establish a database using the information gathered from the interviews and questionnaires. The final steps prior to the completion of the project included hosting community and agency focus groups as to ensure the Guide as user friendly in such things as the language used in the text, the organization of the information, and the ability to navigate through the guide without difficulty or confusion. The comments and suggestions made during the binational focus groups information will guide our formatting and follow up for the Second Edition!
What is Healthy Gente—Healthy Border 2010?

Healthy Gente outlines a health promotion and disease prevention agenda through the year 2010 for the communities that border the United States and Mexico. Healthy Gente draws on the national health objectives defined in Healthy People 2010, identifying 25 of the most important objectives for the distinct needs and concerns of the border. Healthy Gente aims to develop preventive goals, objectives and strategies, resulting in a strategic management tool that will be used by the four U.S. border states, and ten Mexican states, their border communities and many other public- and private-sector partners.

Who is developing Healthy Gente—Healthy Border 2010?

The idea of establishing health objectives for the border region was on outgrowth of preparatory work for the U.S.-Mexico Border Health Commission, a group designed to serve as a forum for addressing critical health issues in the border region. Four principles were used to guide the selection of objectives: a) they should address key health issues on the border; b) they should be limited in number; c) To the extent possible, the objectives should be measurable; and d) they should be compatible with federal and state objectives. The goal was to develop a set of objectives that will resonate with the border population, will be easily understood, and will help to coordinate public and private health programs.

Within each U.S. and Mexican border state, the Healthy Gente program will be implemented in border communities by a consortium of state and local organizations, including the state health department, border health office, local health departments, private health programs and private businesses.

What are the goals of Healthy Gente—Healthy Border 2010?

- Increase quality and years of healthy life
- Eliminate health disparities

What objectives are included in the Healthy Gente program?

The 25 Healthy Gente objectives cover the majority of the focus areas set out in the list of national health objectives, Healthy People 2010. The Healthy Gente objectives are all measurable objectives, however information for some of these measures is not yet available for the border communities. The objectives are presented and ordered according to the focus areas used for the national objective.

In this section, various Sonoran Healthy Gente-Healthy Border 2010 Objectives will be presented. For easy reference, bar graphs are used to describe mortality and morbidity rates for 12 of the 25 Objectives. Sonoran Municipalities include: Agua Prieta, Naco, Nogales, Puerto Peñasco and San Luis Rio Colorado. Please see the Arizona Section for information regarding the four US Border Counties of: Pima, Cochise, Santa Cruz and Yuma.
<table>
<thead>
<tr>
<th>Topic Area</th>
<th>Mexico</th>
<th>United States</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Access to Care</strong></td>
<td>Maintain at less than 5% the population without access to basic health services</td>
<td>Reduce by 25 % the proportion of persons lacking access to a primary care provider in underserved areas.</td>
</tr>
<tr>
<td><strong>Cancer</strong></td>
<td>Reduce the breast cancer rate for women by 20 %.</td>
<td>Reduce the breast cancer rate for women by 20 %.</td>
</tr>
<tr>
<td></td>
<td>Reduce the cervical cancer death rate for women by 20 %.</td>
<td>Reduce the cervical cancer death rate for women by 30 %.</td>
</tr>
<tr>
<td><strong>Diabetes</strong></td>
<td>Reduce diabetes death rate by 10 %.</td>
<td>Reduce diabetes death rate by 10 %.</td>
</tr>
<tr>
<td></td>
<td>Maintain the current level of hospital admissions for diabetes.</td>
<td>Reduce the diabetes morbidity by 25%.</td>
</tr>
<tr>
<td><strong>Environmental Health</strong></td>
<td>Household connection objective not established.</td>
<td>Reduce to zero the proportion of households without complete bathroom facilities.</td>
</tr>
<tr>
<td></td>
<td>Maintain the current level of hospitalization rates for pesticide poisoning.</td>
<td>Reduce to 25% the hospital admissions for acute pesticide poisoning.</td>
</tr>
<tr>
<td><strong>HIV/AIDS</strong></td>
<td>Maintain HIV incidence at 2000 level or below.</td>
<td>Reduce the Incidence of HIV cases by 50%.</td>
</tr>
<tr>
<td><strong>Immunization and Infectious Disease</strong></td>
<td>Reduce the incidence of hepatitis A and B cases by 50 %.</td>
<td>Reduce the incidence of hepatitis A and B cases by 50 %.</td>
</tr>
<tr>
<td></td>
<td>Reduce the incidence of tuberculosis by 10%.</td>
<td>Reduce the incidence of tuberculosis by 10%.</td>
</tr>
<tr>
<td></td>
<td>Maintain immunization coverage rate of 95% or higher for children under age 1 and age 1-4.</td>
<td>Achieve and maintain immunization coverage rate of 90% for children 19-35 months.</td>
</tr>
<tr>
<td><strong>Injury Prevention</strong></td>
<td>Reduce the motor vehicle crash death rate 20 %.</td>
<td>Reduce the motor vehicle crash death rate 25 %.</td>
</tr>
<tr>
<td></td>
<td>Reduce the childhood (under age 5) death rate due to unintentional injuries by 50 %.</td>
<td>Reduce the childhood (under age 5) death rate due to unintentional injuries by 30 %.</td>
</tr>
<tr>
<td><strong>Maternal, Infant and Child Health</strong></td>
<td>Reduce the infant mortality rate due to all causes by 50 %.</td>
<td>Reduce the infant mortality rate due to all causes by 15 %.</td>
</tr>
<tr>
<td></td>
<td>Reduce the infant mortality rate from birth defects by 50 %.</td>
<td>Reduce the infant mortality rate from birth defects by 30 %.</td>
</tr>
<tr>
<td></td>
<td>Raise initiation of beginning prenatal care in the first trimester to 70 %.</td>
<td>Increase the proportion of women beginning prenatal care in the first trimester to 85 %.</td>
</tr>
<tr>
<td></td>
<td>Reduce the pregnancy rate among 10-19 year olds by 20 %.</td>
<td>Reduce the pregnancy rate among 15-17 year olds by 33 %.</td>
</tr>
<tr>
<td><strong>Mental Health</strong></td>
<td>Reduce the suicide mortality rate by 25%.</td>
<td>Reduce the suicide mortality rate by 15%.</td>
</tr>
<tr>
<td><strong>Oral Health</strong></td>
<td>Ensure that 25% of population uses oral care services annually.</td>
<td>Raise the proportion of using oral care to 75% annually.</td>
</tr>
<tr>
<td><strong>Respiratory Diseases</strong></td>
<td>Maintain hospital admission rate for asthma at current level.</td>
<td>Reduce hospital admission rate for asthma by 40%.</td>
</tr>
<tr>
<td><strong>Nutrition and Overweight</strong></td>
<td>Reduce the proportion of adults who are obese to 15%.</td>
<td>Reduce the proportion of adults who are obese to 15%.</td>
</tr>
<tr>
<td><strong>Substance Abuse</strong></td>
<td>Reduce the number of vehicle accidents due to alcohol by 50%.</td>
<td>Reduce the number of vehicle accidents due to alcohol by 50%.</td>
</tr>
<tr>
<td></td>
<td>Increase the proportion of youth 12 to 17 years that do not use alcohol or illicit drugs during the last 30 days.</td>
<td>Increase the proportion of youth 12 to 17 years that do not use alcohol or illicit drugs during the last 30 days.</td>
</tr>
<tr>
<td><strong>Tobacco</strong></td>
<td>Reduce to 33 % the proportion of adults and adolescents that use tobacco.</td>
<td>Reduce to 33 % the proportion of adults and adolescents that use tobacco.</td>
</tr>
</tbody>
</table>

* Specific objectives for the USMBHC-Arizona-Sonora delegations
Healthy Gente—Healthy Border 2010
Sonora Border Summary

Healthy Gente Healthy Border Objectives 2 and 3 are concerned with Breast and Cervical Cancers among Sonoran women. Although significant decreases in mortality and morbidity cannot be determined from the following epidemiological graphs, comparisons will be made between Sonoran border counties and 1997 baseline data. In 1997, baseline data was gathered from Arizona–Sonoran residents living in the Sister Cities of: Agua Prieta-Douglas, AZ, Naco-Naco, AZ, Nogales-Nogales, AZ and San Luis Rio Colorado-San Luis, AZ. In relation to breast cancer among both Arizona and Sonoran women, 19.6 women per 100,000 died of breast cancer in 1997.

In 2000, the breast cancer mortality rate for the Sonoran Municipalities of Nogales (13.2) and Agua Prieta (6.29) continue to be lower than this 1997 baseline rate, with only San Luis Rio Colorado exceeding this rate, with a breast cancer mortality rate of 21.7 deaths per 100,000 women. Data was not provided for Naco or Puerto Penasco.

In 1997, Arizona-Sonora women experienced a cervical cancer mortality rate of 2.8 per 100,000 females residents. In 2000, this rate was exceeded by all Sonoran border Municipalities. Although information from Naco is unavailable, Agua Prieta and Nogales Municipalities had similar cervical mortality rates of 18.5 and 18.9 respectively. San Luis Rio Colorado was lower, with a rate of 16.3 deaths to cervical cancer per 100,000 women, while Puerto Penasco experienced the highest cervical cancer mortality rate of 30.7 per 100,000 women.

Many Arizona and Sonoran women protect themselves from these two different types of Cancer by talking with their Doctor and Promatora about having a Pap smear to detect cervical cancer and a Mammography to detect breast cancer.
In 2000, the Sonoran diabetes mortality rate was 44.4 per 100,000. The 1997, Arizona Sonora sister city baseline diabetes mortality rate of 12.6 per 100,000 persons has been exceeded by all Sonoran border Municipalities. In 2000, Agua Prieta and Puerto Penasco registered the highest diabetes death rates among Sonoran Municipalities, with 56.1 deaths due to diabetes per 100,000 Agua Prieta residents and 57 deaths per 100,000 residents of Puerto Penasco. The mortality rate for Nogales residents was 50.5 and 52.4 for San Luis Rio Colorado residents.

The Healthy Gente 2010 Environmental Health Objective for household connections has not been established, an overview of the proportion of Sonoran households connected to Electricity, Potable water and Drainage systems is provided.

**Healthy Gente 2010 Objective 4: Diabetes**
Reduce the diabetes death rate by 10 percent
*Reducir la tasa de muerte por diabetes por 10 por ciento*

**Healthy Gente 2010 Objective 6: Environmental Health**
Reduce the Proportion of Homes not Connected Public Drainage or Septic systems
*Reducir a cero la Proporción de Hogares no Conectados a Sistemas de Drenaje Públicos o Sistemas Sépticos*

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**Source:** 2000, Secretaria De Salud, Sonora, Mexico
1997 Baseline: National Vital Statistics System, CDC, NCHS

*Instituto Nacional de Estadística Geográfica e Información, Indicadores seleccionados de vivienda por Municipio, 2000*
In 1997, the rate of newly diagnosed HIV cases was 8.7 per 100,000 Arizona-Sonora border residents. In 2000, the HIV incidence rate for Sonora was 0.4. The Municipalities of Nogales (2.6), Puerto Peñasco (3.8) and San Luis Rio Colorado (3.3) were above this State average. Information for Agua Prieta and Naco Municipalities are not available at this time.

Healthy Gente—Healthy Border 2010 Objectives 9 through 11, are dedicated to Immunization and Prevention of Infectious Diseases. The infectious diseases targeted by these objectives are *Hepatitis A, Hepatitis B and Tuberculosis*. The next three Objectives demonstrate the number of new cases, or incidence of these three infectious diseases. Hepatitis A is found in the stool of persons who are infected with Hepatitis A, it is usually spread from person to person by putting something in the mouth (even though it may look clean) that has been contaminated with the stool of a person with hepatitis A. is transmitted through the oral fecal route.

**Signs and Symptoms:**
Jaundice, Fatigue, Abdominal Pain, Loss of Appetite, Nausea, Diarrhea, Fever.

**To Prevent Hep A -**
Washing hands with soap and water after going to the bathroom, changing a diaper and before preparing food.

In 2000, the incidence rate of Hepatitis A in Sonora was 3.0 per 100,000. Nogales (28.2) and San Luis Rio Colorado (18.1) were well above tiserate, while Agua Prieta reported a lower rate of 1.5 per 100,000 residents.
HG-HB 2010 Objective 9b is dedicated to the reduction of the number of new cases, or incidence of Hepatitis B. Hepatitis B is a serious disease caused by a virus that attacks the liver. Hep B occurs when blood or body fluids from an infected person enters the body of a person who is not immune. Hep B is spread through having sex with an infected person without using a condom, by sharing drugs, needles, or "works" when "shooting" drugs, through needle sticks or sharps exposures on the job, or from an infected mother to her baby during birth. Hep B has many of the same signs and symptoms of Hep A, including joint pain. In 2000 the State of Sonora experienced less than 1 new case of Hepatitis B and no new cases of Hep B were reported for any of the Sonoran border Municipalities.

Tuberculosis or TB is one of the oldest transmissible diseases and continues to be a public health problem. In 1997, the TB incidence rate was 6 new cases per 100,000 Arizona-Sonora border residents. In 2000, this rate was exceeded by all Sonoran Municipalities. Puerto Peñasco (34.2) and San Luis Rio Colorado (20.9) residents experience the highest incidence rates, while Agua Prieta (10.9) and Nogales (12.4) rates were quite lower.
The Healthy Gente Healthy Border 2010 Objectives for Injury and Violence Prevention, include goals related to decreasing the rate of accidental deaths among children aged 1-4, and the reduction of the motor vehicle crash death rate among all border county residents.

In 2000, the 1997 baseline mortality rate for motor vehicle crashes has been exceeded by all Sonoran Municipalities. Agua Prieta (95.2) and Puerto Peñasco (83.6) registered the highest mortality rates, with Naco (60.2) and Nogales (46.6) somewhat lower, while San Luis Rio Colorado registered the lowest mortality rate of 38.3 motor vehicle crash deaths per 100,000 residents.

Healthy Gente—Healthy Border 2010
Sonora Border Summary

Healthy Gente Objective 12: Injury and Violence Prevention
Reduce the motor vehicle crash death rate by 20 percent.
Reducir la tasa de muerte por choques vehiculares al 20 por ciento

Motor Vehicle Accident Mortality Rates by Municipio, 2000
La Tasa de Muerte por Choques Vehiculares por Municipio, Sonora

Healthy Gente 2010 Objective 18: Mental Health
Reduce the suicide death rate by 25 percent
Reducir la tasa de suicidio al 25 por ciento

Mortality from Suicide by Municipio, Sonora, 2000
La Tasa de Muerte por Suicidio por Municipio, Sonora, 2000

HG-HB 2010 Objective 18 is concerned with Mental Health. Among the Sonoran border Municipalities. In this region, the suicide mortality rates vary greatly. The lowest rates of mortality were experienced by Agua Prieta (6.29), Nogales (7.8) and San Luis Rio Colorado (7.4). Puerto Peñasco had a suicide death rate of 15.2, and Naco, 20.1 per 100,000 persons. In 1997, suicide mortality was 14.4 for Arizona-Sonora residents, this baseline rate has been exceeded by both Naco and Puerto Peñasco.
Healthy Gente Objectives 14 through 17 are concerned with Maternal, Infant and Child Health. They include infant Mortality, Early Initiation of Prenatal Care and Teenage Pregnancy. In this section information is provided for Infant Mortality objectives 14 and 15.

Infant mortality, or the rate of infant death is an indicator of the health of a community. In 2002, infant mortality for Sonora was 14.95 per 1,000 live births. This rate was exceeded by all Municipalities, with the highest rates occurring in Agua Prieta (25.59), Nogales (20.72), Puerto Peñasco (19.11) and San Luis Rio Colorado (16.72). Naco, had the lowest infant mortality rate in 2002, with 13.16 infant deaths per 1,000 live births.

In 2000, the State of Sonora experienced 21.44 per 1,000 live births due to birth defects. All Sonora border municipalities were below this State rate. Naco (1), San Luis Rio Colorado (2) and Agua Prieta (3) had the lowest infant mortality rate due to birth defects. Puerto Peñasco (5) and Nogales (11) were slightly higher than above mention border municipalities, but remained well below the Sonora rate.

Healthy Gente Objective 14: Maternal, Infant and Child Health
Reduce the infant mortality rate from all causes by 50 percent
Reducir la tasa de mortalidad infantil por 15 por ciento
The actual municipality area was, during the colonial era en the early times of the independence, under the administration of the Border Presidio, located in the Chiricahua Apache region.

Tourists coming from many of the States of the U.S. see this border city as the gateway to the Sonora Desert Route.

The municipality is located in the Northwest region of the State of Sonora being its seat the town of Agua Prieta. Limits with the United States of America to the north, the State of Chihuahua to the east; the municipality of Naco to the west; with the municipalities of Bavispe and Nacozari de García to the south and with the municipality of Fronteras to the southwest.

It has an area of 3,631.65 square kilometers, which is 1.95 per cent of the State’s total and 0.18 of the national’s total. The largest population, aside the seat, is colonia Morelos.

According to the INEGI census the population reported for 1980 was 34,380, en 1990 it was 39,120 and in 2000, 61,821 of which 31,243 are men and 30,578 women. This corresponds to a growing rate of 1.3% for 1980/1990 and 4.6% for 1990/2000.

Sonora Public Health Department reports that in 2001 Sonora Public Health Department hospitals and Social Security (IMSS, ISSSTE e ISSSTESON), provided 81,666 general consultation services, 17,171 special care services, 7,570 dental services provided, 1,789 surgeries were performed, 29,630 emergency services were provided, 5,007 users were released, 1,466 births were assisted, 96,248 clinical lab tests were performed and 8,479 x-ray studies done.
Immigrant Children ACJ

Calle 3, Ave. 10 No 999 Colonia Centro
Agua Prieta, Sonora
Telephone: (633) 33 8-40-00
Fax: (633) 33 8-40-00
Email: ymcaaguaprieta02@hotmail.com

Program: Building YMCA for Immigrant Children

Mission:
Contribute to the full development of spirit, mind and body of children and immigrant children of the USA – Mexico border area, seeking the greatest possible protection of their human rights, providing them with a safe and healthy shelter where they will receive food, clothing, basic medical care and access to communications.

Objectives
To make people aware of the dangers these children face when illegally crossing the border and the risks they face being so young and even the adults.

Activities performed and expected results
Information tools to further explain, through pamphlets, videos, newspaper immigration news, short talks within the shelter’s facilities and information posters, the risks that minor immigrant may face. To accomplish, by these means, a reduction in the number of minors who try to cross the USA border.

Targeted Population
Minor between 12 – 17 years old who arrive to our border with the intention of attaining the American dream, and are deported.

Institution to contact
ACJ Niños Migrantes

Healthy Gente
Healthy Border 2010

Objectives of this project
Prevention of violence and injuries

Assistants
Institutions and volunteers.

Funding
None, only donations
Luz y Vida Missionary Rehabilitation Shelter

Calle 35 Avenida 6 y 7, Industrial Colonia Ladrillera
Agua Prieta, Sonora
Telephone: It does not have this service
Fax: It does not have this service
Email: It does not have this service

Mission:
Help needy people through alcohol and drug addiction counseling.

Program: Create a work resource

Objectives
Resolve the expenses incurred to by the shelter.

Activities performed and expected results
Reduce the number of people using drugs and alcohol and to obtain funds to maintain the shelter.

Targeted Population
People with drug and alcohol problems.

Assistants
Institution staff only.

Funding
Donations.

Institution to contact:
Luz y Vida Missionary Rehabilitation Shelter

Healthy Gente
Healthy Border 2010

Objectives of this project
Substance Abuse
**Mission:**
Nurture love, humility and friendship through helping and caring for helpless individuals; enjoy our services which require a total submission; and accept the integration of every human been who is willing to serve God through his peers.

**Program:** Social Services

**Objective**
Serve our fellow men.

**Activities performed and expected results**
Social Services.

**Targeted Population**
Agua Prieta and surrounding communities.

**Institution to contact**
Shelter Casa Hogar la Divina Providencia

**Assistants**
Voluntaries, educational and religious institutions.

**Funding:**
None

**Program:** Disease Prevention

**Objective**
Prevent possible diseases in our guests.

**Activities performed and expected results:**
Training courses, awareness talks. Expected results are always to have a healthy population.

**Targeted Population**
Our current population is 26 elders and 30 girls

**Institution to contact**
Shelter Home la Divina Providencia

**Assistants**
15 employees, Red Cross paramedics, SEMESON Hospital and volunteer doctors.

**Funding:**
All our financing is through community donations.
Dolores Shelter

Calle 6, Avenida Azueta y Anahual
Agua Prieta, Sonora
Telephone: (633) 33 8-48-73
Fax: It does not have this service
Email: It does not have this service

Mission:
Help our fellow men, specially our elders and children.

Program: Shelter for Elders and Children

Objective:
Achieve improvement of the shelter, preparing it to obtain a better quality of life.

Activities performed and expected results:
Medical care, food, clothing and different events.

Targeted Population :
Over 65 years old.

Assistants :
This information is not available

Funding: Donations

Institution to contact:
Shelter Dolores

Healthy Gente
Healthy Border 2010

Objectives of this project

Access to health care
Brazos De Amor

Carretera Agua Prieta, Conanza KM 4.5
Agua Prieta, Sonora
Telephone: (633) 33 8-45-31
Fax: It does not have this service
Email: brazosdeamor@yahoo.com

Mission:
Help abandoned children and those who live in a disintegrating family. Also if they have problems due to low income.

Program: Educational and artistic

Objective:
Develop skills and capabilities in children.

Activities performed and expected results:
Support family integration and the return of children to their homes.

Targeted Population:
Population at large.

Assistants:
Churches, businesses and volunteers.

Funding:
This information is not available.

Institution to contact:
Brazos De Amor.

Healthy Gente
Healthy Border 2010

Objectives of this project

Violence and Injury Prevention
Immigrant Assistance Exudus Center

Calle 6, Avenue Anahuar S/N
Agua Prieta, Sonora
Telephone: (633)33 8-76-94
Fax: It does not have this service
Email: It does not have this service

Mission:
Complete assistance to the immigrant (food, medication, shelter and clothing); act as a center of immigrant rights.

Program: Shelter

Objective:
Provide quality food and shelter to immigrants.

Activities performed and expected results:
Provide food and shelter.

Targeted Population:
Immigrants from Latin America.

Institution to contact:
Centro de Atención al Migrante Exudus.

Assistants:
This information is not available.

Funding:
Donations

Healthy Gente
Healthy Border 2010

Objectives of this project
Access to health care
Mission:
Provide income to the people who need it the most (food and scholarships).

Program: Help people with disabilities

Objective:
Give the best of the Club and make these programs even better.

Activities performed and expected results:
Look for programs to sponsor.

Targeted Population:
Population at large.

Assistants:
Medical Doctors

Funding:
This information is not available.

Institution to contact:
Club Rotario.

Healthy Gente
Healthy Border 2010

Objectives of this project
Access to health care
STATISTICAL DATA

DEMOGRAPHIC OVERVIEW

Until 1901, Naco’s territory was part of the municipality of Fronteras, and then part of Cananea, until the decree issued by the local congress on June 22, 1937, granted municipal autonomy. The name Naco means “Prickly pear cactus” in opata language.

The municipality is located in the northern region of the State of Sonora, being its seat the town of Naco and is located at 31° 19’ north latitude and 31° 19’ west longitude from the Greenwich, at an altitude of 1,524 meters over sea level. Limits with the United States of America to the north, the municipality of Agua Prieta to the east, with Bacoachi to the south and Cananea to the west.

It has an area of 651.80 square kilometers, which is 0.35 per cent of the State’s total and 0.03 of the national’s total. The largest population, aside from the seat, is ejido Cuauhtemoc.

According to the INEGI census the population reported for 1980 was 4,441, en 1990 it was 4,645 and in 2000, 5,352 of which 2,672 are men and 2,680 women. This corresponds to a growing rate of .4% for 1980/1990 and 1.4% for 1990/2000.

Sonora Public Health Department reports that in 2001 Sonora Public Health Department hospitals and Social Security (IMSS, ISSSTE e ISSSTESON), provided 13,893 general consultation services, an 22 births were assisted.
Información General

Nogales-Sonora

STATISTICAL DATA

DEMOGRAPHIC OVERVIEW

Nogales emerge from the authorization obtain in 1880 by the Sonora Railroad Company. Seeking a border terminal, it chose the Nogales wash, thus taking it to the international border in the Magdalena District.

Later, the federal government authorized a border customs post in the location chosen for the railroad terminal. At that time, the area was deserted with the exception of a few inhabitants in the Elias ranch. Customs officials had to be housed in tents.

The municipality is located in the northern region of the State of Sonora, being its seat the town of Nogales. Limits with the United States of America to the north and with the following municipalities: with Santa Cruz to the east, with Imuris to the south and with Saric to the west.

It has an area of 1,654.76 square kilometers, which is 0.89 per cent of the State’s total and 0.08 of the national’s total. It has a total of 180 centers of population.

According to the INEGI census the population reported for 1980 was 68,076 habitants, en 1990 it was 107,936 habitants and in 2000, 159,103 of which 80,625 are men and 78,478 women. This corresponds to a growing rate of 4.6% for 1980/1990 and 3.9% for 1990/2000. This represents a population density of 80.70 inhabitants per square kilometer.

Sonora Public Health Department reports that in 2001 Sonora Public Health Department hospitals and Social Security (IMSS, ISSSTE e ISSSTESON), provided 210,195 general consultation services, 46,953 special care services, 7,570 dental care services provided, 1,789 surgeries were performed, 29,630 emergency services were provided, 5,007 users were released, 1,466 births were assisted, 96,248 clinical lab tests were performed and 8,479 x-ray studies done.
Mission:
To improve the quality of life of patients with diabetes and their families

Program: To Better the Life of the Population

Objective:
- Educate the population to better the quality of life.
- Detect diabetes timely in the population at large.
- Provide follow up to patients with diabetes.

Activities performed and expected results:
- Continuing education to all groups of the population
- Timely detection of diabetes
- Early phase detection of diabetes in people, with fewer complications.

Targeted Population:
Population at large.
Children, teenagers and adults

Assistants:
Sonora Health Department, Nogales General Hospital,
Arizona-Sonora Border Public Health Office.

Funding:
Activities performed by the Association’s Board of Directors.

Institution to contact:
Asociación Mexicana de Diabetes en Sonora A.C.

Healthy Gente
Healthy Border 2010

Objectives of this project

Diabetes and Nutrition
Program: HIV-AIDS

Objective: Aggressively continue with preventive measures since we still find people who have volunteered to be tested to be HIV positive. Our question is, what about those who have not been tested?

Activities performed and expected results:
Talks at middle schools, high schools and college, focusing on prevention and the importance of adequate detection, also at drug rehabilitation centers and at bars frequented by the gay community.

Targeted Population: Teenagers, homosexual groups, heterosexuals and IV drug users.

Institution to contact: Centro de Información para la Salud

Program: Drinking water

Objective: Bring to family homes without drinking water or draining facilities information about boiling and chlorinating the water to prevent gastrointestinal infections, and how to handle food, waste, control of pests and garbage. Promote health education to prevent gastrointestinal infections.

Activities performed and expected results:
Visit each family 3 times to assess if the information provided in previous visit has been utilized.

Targeted Population: Families who live in squatters lots and do not have services provided by public utilities.

Institution to contact: Centro de Información para la Salud
Funding: Mariposa Health Center

Sonora Health Services
Health Information Center

Secretaría de Salud
Moctezuma y 5 de Febrero
Nogales, Sonora
Telephone: (631) 31 3-56-70
Fax: (631) 31 3-79-20
Email: mcisalnogales@hotmail.com

Program: Teen Pregnancy

Objective:
Emphasize upon teenagers to enjoy their sexuality with responsibility avoiding problems such as unplanned pregnancy that would make attaining their goals difficult and would create personal, family, school and social problems.

Activities performed and expected results:
Talk with teenagers at middle and high schools focusing on the benefits of sexual abstinence and providing information on the biological, psychological and social complication of teen pregnancy.

Targeted Population:
Male/female teenagers

Assistants:
This information is not available

Funding:
This information is not available

Program: Addiction

Objective:
Provide information to children, youth, and adults, through talks, interviews, social plays and forums, on the irreversible damage caused to the physical, psychic and social aspects of the individual, as well as the factors affecting family and society.

Activities performed and expected results:
This information is not available

Targeted Population:
Children and teenagers.

Assistants:
This information is not available

Funding:
This information is not available
Program: Teen Sexuality

Objective:
Give adolescents information on alternatives and how to enjoy their sexuality while preventing pregnancy, focusing on the benefits of sexual abstinence and the proper use of condoms.

Activities performed and expected results:
Talks at education centers about sexuality, review of human anatomy and physiology of male and female reproductive organs through a rain of ideas (Didactical technique), exploring the risks of not been able to accomplish personal goals due to unplanned pregnancy.

Targeted Population:
Adolescents

Institution to contact:
Centro de Información para la Salud

Assistants:
This information is not available

Funding:
This information is not available

Program: Child Protection

Objective:
Teach children how to protect themselves from sexual abuse.

Activities performed and expected results:
Talks with children in their classrooms with feedback from them using pamphlet created for this purpose.

Targeted Population:
Children from kindergarten and elementary school.

Institution to contact:
Centro de Información para la Salud

Assistants:
This information is not available

Funding:
This information is not available
Mission:
Help to the community, especially women in detecting and preventing cervix-uterus cancer.

Program: Cervix, Uterus and Breast Cancer Early Detection Annual Campaign

Objective:
Free cancer screening for people with low income.

Activities performed and expected results:
Contribute in early cancer detection in women.

Targeted Population:
Women (preferably over 20 years old)

Institution to contact:
Club KIWANIS

Assistants:
Nogales General Hospital

Funding:
This information is not available

Objectives of this project
Women Access to Cancer Care
Secretaria de Salud  
Fco. Arriola # 1277  
Nogales, Sonora  
Telephone: (631) 31-3-0671  
Fax: (631) 31-3-06-71  
Email: unestab@prodigy.net.mx

Mission:

Program: Basic Package of Health Services, Primary Health Care, Hospitalization an Emergencies.

Objective:
Provide health care to the population, responding to priority needs.

Activities performed and expected results:
Annual established goals with monthly performance reports.
The following services are offered:
- Planned Parenthood
- Prenatal care
- Social Services
- Injuries and Accidents
- Dental Health
- Age (Acute Diarrheic Disease)
- Family deparasitation
- ARI (Acute Respiratory Infections)
- Tuberculosis
- Hypertension and Diabetes
- Breast, Cervix-Uterus Cancer
- Dengue

Targeted Population:  
Population at large.

Institution to contact:  
Hospital General Nogales

Healthy Gente
Healthy Border 2010

Objectives of this project

Access to health care
Mission:
Coordinate actions in a joint effort geared to solve health problems that have been identified as priorities by the public on both sides of the border in accordance with a local and regional epidemiological diagnosis.

Program: Dysplasia Clinic

Objective:
To improve the treatment of women with some kind of breast or cervix pathology.

Activities performed and expected results:
Build a Colposcopy and Cryosurgery Clinic, with it we hope to increase the treatment of breast and cervical-uterine cancer as well as other types of pathologies and thus avoiding transfer to other clinics.

Targeted Population:
Population at large.

Assistants:
ADHS-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora

Funding:
Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora

Program: Neonatology Unit

Objectives:
To improve the quality of treatment to new or prematurely born or born with birth problems.

Activities performed and expected results:
Create a Neonatology Unit that is expected to reduce the number of transfers of premature children or born with some birth problem, which will result in quality of life improvement, and reduction of mortality due to these causes.

Targeted Population:
Population at large.

Assistants:
ADHS-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora

Funding:
Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.
Program: Drug resistant Tuberculosis

Objective:
Improve treatment and follow up of MFR lung tuberculosis cases existing in any of the three border municipalities.

Activities performed and expected results:
Implement, through a binational treaty, a treatment plan for drug resistant lung tuberculosis cases.

Targeted Population:
All the patients diagnosed by the Sonora Health Services.

Assistants:
Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.

Funding:
Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.

Program: Laboratories Infrastructure Improvement

Objective:
The State Public Health Laboratory will have the diagnosis capacity for all reoccurring diseases; therefore, we will be better prepared to respond to any event of bioterrorism that could occur in the State of Sonora. Furthermore, by implementing this Biosecurity Type III Laboratory within the State Public Health Laboratory places the State of Sonora as the only laboratory of this kind in the northern region of the country and it will serve as a reference to the States of Chihuahua, Baja California, Sinaloa y Nayarit.

Activities performed and expected results:
A physical structure assessment of the State Public Health and Nogales General Hospital Laboratories was required. The plans to build a Biosecurity Laboratory (Level III) in the State Public Health Laboratory were designed, consisting of a equipment distribution plan, electrical installation plan, consisting of lights and outlets and it was also designed a construction plan for a Biosecurity Laboratory (Level II) in the Nogales General Hospital Laboratory consisting in adapting physical space for the distribution of equipment.

Targeted Population:
Population at large

Assistants:
Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.

Funding:
Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.
Program: Arizona-Sonora Information System (SIREN)

Objective:
- Create an information system infrastructure.
- Create a communications network between Sonora and Arizona.

Activities performed and expected results:
Outfitting with computers places that did not have them and providing Internet access, as well as access passwords, improving this way the quality of information and communications.

Targeted Population:
Arizona border counties, Sonora border municipalities and Sonora and Arizona State Health Agencies.

Assistants:
Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.

Funding:
Arizona Department of Health Services-OBH, SSS, HG Nogales, USMBHC Arizona-Sonora.

Program: Infectious Diseases Border Watch “BIDS”

Objective:
- Detection of Hepatitis, Measles, Rubella, and Dengue cases.
- Educating the population in preventing and detecting Hepatitis, Measles, Rubella, and Dengue diseases.

Activities performed and expected results:
- Detecting suspicious cases of EFE’s and Hepatitis
- Diagnosis of Measles, Rubella, Hepatitis A,B,C,D, y E.


Assistants:
CDC, DGE, Indre, ADHS-OBH, OSSA, SSS, HG Nogales

Funding:
CDC, OSSA, SSS, HG Nogales.

Institution to contact:
Oficina de Salud Pública de la Frontera Sonora-Arizona

Healthy Gente
Healthy Border 2010

Access to health care

Objectives of this project

Healthy Gente
Healthy Border 2010

Access to Health Care,
Immunization and Infectious Diseases

Objectives of this project
Program: Binational Tuberculosis Program

Objective:
- To increase Tuberculosis case detection.
- To increase case contacts search activities.
- To increase case follow-up activities.

Activities performed and expected results:
To increase search and detection of Tuberculosis cases, which would increase cured cases and prevent the transmission of the disease to healthy people.

Targeted Population:
Population at large in the municipalities of Nogales, Agua Prieta and San Luis Rio Colorado.

Assistants:
CDC, ADHS-OBH, SSS, HG Nogales

Funding:
CDC, Arizona Department of Health Services-OBH, SSS, HG Nogales, OSSA

Program: Triage and Medical Stabilization Unit

Objective:
To set up a Triage and Medical Stabilization Unit at Nogales General Hospital. Continuing medical education for the unit’s medical and nursing staff in partnership with other institutions. To care for people in a critical condition, putting at risk their own lives.

Activities performed and expected results:
To set up a Triage and Medical Stabilization Unit at Nogales General Hospital, help to attain their objectives, and a continuing education program for the staff, expecting to improve the quality of the care, reduce the number of referrals to the Hermosillo General Hospital or to the University of Arizona Hospital.

Targeted Population:
Residents of both Nogales and immigrants of both countries.

Assistants:
Sonora Health Department, Arizona Department of Health Services, Arizona Border Health Commission, Sonora Border Health Commission, Tucson Medical Center, UMC.

Funding:
Arizona Department of Health Services, SSS, Arizona Border Health Commission -TMC, Sonora Border Health Commission -UMC

Institution to contact:
Oficina de Salud Pública de la Frontera Sonora-Arizona

Healthy Gente Healthy Border 2010

Objectives of this project
Access to Health Care, Immunization and Infectious Diseases

Institution to contact:
Oficina de Salud Pública de la Frontera Sonora-Arizona

Healthy Gente Healthy Border 2010

Objectives of this project
Access to health care.
Unidad de Desintoxicación
5 de Febrero
Nogales Sonora
Telephone: 31-3-5650
Fax: 31-3-5650
Email: goyo50@prodigy.net.mx

Mission:
Create patient awareness about his/her disease and the importance of following the treatment to help with their rehabilitation and be able to reenter into society.

Program: Interna Program

Objective:
Patient detoxification getting medical attention during the first days of detoxification.

Activities performed and expected results:
Medical, consultation and treatments
Psychological, individual, group and family therapy
Social Therapy, Practice: therapy program with patient follow up
Narcotic Anonymous, Alcoholic Anonymous Meetings

Targeted Population:
People addicted to any type of drugs.

Assistants:
Medical doctors, psychologists, social workers, and nurses, Alcoholic Anonymous and Narcotic Anonymous Staff.

Funding:
Government (Health Department)

Institution to contact:
Servicios de Salud de Sonora

Objective of this project

Access to Health Care, Immunizations and Infectious Diseases, Violence Prevention, Maternal-Child Health, Mental Health and Substance Abuse.
Program: Outpatient Program

Objective:
Once detoxified the patient goes to receive counseling sessions 2 hours each day for the next two weeks approximately.

Activities performed and expected results:
Medical, consultation and treatments
Psychological, individual, group and family therapy
Social Therapy, Practice: therapy program with patient follow up
Narcotic Anonymous, Alcoholic Anonymous Meetings

Targeted Population:
People addicted to any type of drugs.

Institution to contact:
Servicios de Salud de Sonora

Assistants:
Medical doctors, psychologists, social workers, and nurses,
Alcoholic Anonymous and Narcotic Anonymous Staff.

Funding:
Government (Health Department)

Healthy Gente
Healthy Border 2010

Objectives of this project
Access to Health Care, Immunizations and Infectious Diseases, Violence Prevention, Maternal-Child Health, Mental Health and Substance Abuse.
Project: Prevention and support to people who have cancer

Objective: Cancer disease prevention and support to people with limited resources who have this disease and do not have any medical facility caring for them.

Activities performed and expected results:
- Prevention talks to the community at colonias, schools and homes
- Pap smear tests and breast exams
- Support group to cancer survivors
- Physical therapy to women who had breast cancer surgery
- Home and hospital visits to patients
- Participation in Health Fairs and Radio Programs

Targeted Population: All the population of Nogales.

Funding: This information is not available

Institution to contact: George Papanicolau AC.

Healthy Gente
Healthy Border 2010

Objectives of this project
Access to health care
Program: Alcoholic Anonymous AC.

Objective: Help people to achieve and maintain sobriety

Activities performed and expected results: Information on groups and times

Targeted Population: Population at large

Assistants: This information is not available

Funding: This information is not available

Institution to contact: Alcohólicos Anónimos AC.

Healthy Gente
Healthy Border 2010

Objectives of this project

Access to health care
Thelma Laborin  
C. José María Morelos y  
Privada de la Fuente # 1380  
Col Moderna Nogales, Sonora  
CP 84055  
Tel: (631) 31 3-75-75 Fax: (631)31 395-33  
Email: grupo_amistad@yahoo.com

Program: Community Service

Objective:
Services to the community

Activities performed and expected results:
- Family and marriage counseling
- Rescue Teams in disadvantaged communities once every 2 months
- Medical service
- Talks to parents and children

Targeted Population :  
Population at large

Assistants :  
This information is not available

Funding:  
This information is not available

Institution to contact:  
Amistad Cristiana de la Frontera AC

Healthy Gente  
Healthy Border 2010

Objectives of this project

Access to Health Care, Immunizations and Infectious Diseases, Violence Prevention, Traumatology, Mental Health and Substance Abuse.
Ramón Gómez  
Calle Montaña #751  
Colonia Municipal  
Nogales, Sonora CP 84035  
Tel: (631) 31 3-51-00  
Email: amistadnog@prodigy.net.mx

Program: Psychological and Spiritual Services to the Community

Objective:  
Community service

Activities performed and expected results:  
Family and youth orientation to people with addiction and depression diseases and home visits to people who ask for help.

Targeted Population:  
Population at large

Assistants:  
This information is not available

Funding:  
This information is not available

Institution to contact:  
Amor Internacional AC

Healthy Gente  
Healthy Border 2010

Objectives of this project  
Acceso to Health Care,  
Mental Health and  
Substance Abuse
Calle Club Rotario 10
Colonia Maza de Juárez
Nogales, Sonora CP. 84063
Tel: (631) 31 5-84-67

Program: Assistance to various disabilities

Objective:
Provide elementary education to people who have some disability.

Activities performed and expected results:
Elementary education is provided to minors with sensory disabilities like deafness and blindness as well as physical therapy.

Targeted Population:
Minors with deafness and blindness disabilities.

Assistants:
This information is not available

Funding:
This information is not available

Institution to contact:
Camp 1

Healthy Gente
Healthy Border 2010

Objectives of this project
Access to health care
Program: Assistance to Crime victims

Objective:
Provide counseling and legal orientation

Activities performed and expected results:
Support organizing neighborhood committees against crime, as well as workshops such as sexual crime prevention, family violence prevention, for the schools or institutions requesting them.

Targeted Population:
Population at large

Assistants:
This information is not available

Funding:
This information is not available

Institution to contact:
CAVID

Objectives of this project
Access to Health Care, Violence Prevention, and Traumatology

Healthy Gente
Healthy Border 2010
Brenda Gálvez Díaz  
Calle Regina Este, Edif. 2 local 2  
Edificios Multifamiliares Issste  
Apdo. Postal 429 Colonia Lomas de Fátima  
Nogales, Sonora CP 84020  
Tel: (631) 31 6-12-10  
Email: cecov@hotmail.com

Project: Help Against Violence Center

Objective:
Orientation, help and prevention against violence and several services for the victims of crimes.

Activities performed and expected results:
Talks, workshops, classes during mental health campaigns and locations that may be requested, as well as psychological, psychiatric, social and legal assistance.

Targeted Population  :  
Population at large

Assistant  :  
This information is not available

Funding:  
This information is not available
It is one of the youngest centers of population in the State of Sonora. Puerto Peñasco started around 1927 as a fisherman’s camp. From that time fishermen from different parts of the state, like Guaymas, Bahía de Kino, Puerto Libertad and Puerto Lobos, among others, started to come during the fishing season, settling and living in an improvised way in tents and caves found in the hills and on sandy dunes.

By 1929, the place was known as Punta de Piedra or Punta Peñasco. Due to the large rocky outcrop of volcanic origin that protrudes into the waters of the Sea of Cortes, the main attraction of this fishing camp was the extraordinary abundance of *totoaba*, a very large fish very appreciated in the U.S., not so much for its meat as for its medicinal value.

The municipality is located in the northern region of the State of Sonora, being its seat the town of Puerto Peñasco. Limits with the following municipalities: with San Luis Rio Colorado to the northwest; with the United States of America and Plutarco Elías Calles to the north, with Caborca to the southeast and with its natural boundary to the south, the Golf of California.

According to the INEGI census the population reported for 1980 was 26,755 habitants, en 1990 it was 26,625 habitants and in 2000, 31,101 of which 15,719 are men and 15,382 women. This corresponds to a growing rate of 0.0% for 1980/1990 and 1.6% for 1990/2000. This represents a population density of 5.50 inhabitants per square kilometer.

Sonora Public Health Department reports that in 2001 Sonora Public Health Department hospitals and Social Security (IMSS, ISSSTE e ISSSTESON), provided 61,420 general consultation services, 12,418 special care services, 5,658 dental care services provided, 1,361 surgeries were performed, 22,075 emergency services were provided, 3,575 users were released, 677 births were assisted, 59,917 clinical lab tests were performed and 5,492 x-ray studies done.
In the northeast end of Sonora, limited by the Colorado River and the moving sands of the Altar Desert, is San Luis, born around 1918, as a military farm colony. It grew thanks to the miracle of the river waters, capable of transforming the desert in fertile lands where wheat, cotton and other crops grow for its economy.

The municipality is located in the northwest region of the State of Sonora, being its seat the town of San Luis Rio Colorado. Limits with the United States of America to the north, with the municipality of Puerto Peñasco to the east, the Golf of California to the south and the State of Baja California to the west.

According to the INEGI census the population reported for 1980 was 92,790 habitants, en 1990 it was 110,530 habitants and in 2000, 145,276 of which 72,617 are men and 72,659 women. This corresponds to a growing rate of 1.7% for 1980/1990 and 2.7% for 1990/2000. This represents a population density of 17.26 inhabitants per square kilometer. We must bear in mind that 9% live in rural areas.

Sonora Public Health Department reports that in 2001 Sonora Public Health Department hospitals and Social Security (IMSS, ISSSTE e ISSSTESON), provided 67,744 general consultation services, 54,428 special care services, 6,776 dental care services provided, 4,225 surgeries were performed, 24,282 emergency services were provided, 7,723 users were released, 2,386 births were assisted, 288,183 clinical lab tests were performed and 23,080 x-ray studies done.
Mission:
Organize health protection for the most unprotected segment of the community.

Project: Health Department

Objective:
Offer quality and warm medical attention to the population requesting preventive or remedial medical attention. Through this city’s General Hospital, provides the whole population different assistance programs such as:

- Preventive Medicine
- Immunizations
- Nurse care.
- Chronic degenerative
- Detections
- Hospitalization
- Surgery
- Lab works
- X Rays
- Treatment for social transmissible diseases, etc.

Activities performed and expected results:
- Through the different areas involved, such as Health Promotion, Immunizations, Preventive Medicine, etc.

Targeted Population:
Population at large (those who do not have to any Social Service Institution such as IMSS, ISSSTE, ISSSTESON etc.

Institution to contact:
Dr. Oscar Humberto López Valenzuela, Director
San Luis Rio Colorado, Sonora, Health Department
General Hospital

Assistants:
All the personnel working in this Hospital

Funding:
This information is not available
Healthy Gente—Healthy Border 2010

What is Healthy Gente—Healthy Border 2010?

Healthy Gente outlines a health promotion and disease prevention agenda through the year 2010 for the U.S. communities that border Mexico. Healthy Gente draws on the national health objectives defined in Healthy People 2010, identifying 25 of the most important objectives for the distinct needs and concerns of the border, Healthy Gente aims to develop preventive goals, objectives and strategies, resulting in a strategic management tool that will be used by the four U.S. border states, communities and many other public- and private-sector partners.

Who is developing Healthy Gente—Healthy Border 2010?

The idea of establishing health objectives for the border region was an outgrowth of preparatory work for the U.S.-Mexico Border Health Commission, a group designed to serve as a forum for addressing critical health issues in the border region. The objectives were developed by members of the Design Team, the support group for the Border Health Commission, including the directors of the four U.S. State border health offices. The team used four principles to guide the selection of objectives: a) they should address key health issues on the border; b) they should be limited in number; c) To the extent possible, the objectives should be measurable; and d) they should be compatible with federal and state objectives. The goal was to develop a set of objectives that will resonate with the border population, will be easily understood, and will help to coordinate public and private health programs.

Within each U.S. border state, the Healthy Gente program will be implemented in border communities by a consortium of state and local organizations, including the state health department, border health office, local health departments, private health programs and private businesses.

What are the goals of Healthy Gente—Healthy Border 2010?

- Increase quality and years of healthy life
- Eliminate health disparities

What objectives are included in the Healthy Gente program?

The 25 Healthy Gente objectives cover the majority of the focus areas set out in the list of national health objectives, Healthy People 2010. The Healthy Gente objectives are all measurable objectives, however information for some of these measures is not yet available for the border communities. The objectives are presented, ordered according to the focus areas used for the national objective. In this section, various Health Gente-Healthy Border 2010 Objectives will be presented in graph form for easy comparison among the four Border Counties.
## Healthy Gente—Healthy Border 2010

### Arizona Border Summary

### Healthy Gente—Healthy Border 2010 Objectives

<table>
<thead>
<tr>
<th>Topic Area</th>
<th>Year 2010 Objectives</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Access to Care</strong></td>
<td>Maintain at less than 5% the population without access to basic health services</td>
</tr>
<tr>
<td></td>
<td>Reduce by 25 % the proportion of persons lacking access to a primary care provider I</td>
</tr>
<tr>
<td></td>
<td>underserved areas.</td>
</tr>
<tr>
<td><strong>Cancer</strong></td>
<td>Reduce the breast cancer rate for women by 20 %.</td>
</tr>
<tr>
<td></td>
<td>Reduce the cervical cancer death rate for women by 20 %.</td>
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<tr>
<td><strong>Diabetes</strong></td>
<td>Reduce diabetes death rate by 10 %.</td>
</tr>
<tr>
<td></td>
<td>Maintain the current level of hospital admissions for diabetes.</td>
</tr>
<tr>
<td></td>
<td>Reduce the diabetes morbidity by 25%</td>
</tr>
<tr>
<td><strong>Environmental Health</strong></td>
<td>Household connection objective not established.</td>
</tr>
<tr>
<td></td>
<td>Maintain the current level of hospitalization rates for pesticide poisoning.</td>
</tr>
<tr>
<td><strong>HIV/AIDS</strong></td>
<td>Maintain HIV incidence at 2000 level or below.</td>
</tr>
<tr>
<td></td>
<td>Reduce the Incidence of HIV cases by 50%.</td>
</tr>
<tr>
<td><strong>Immunization and Infectious Disease</strong></td>
<td>Reduce the incidence of hepatitis A and B cases by 50 %.</td>
</tr>
<tr>
<td></td>
<td>Reduce the incidence of tuberculosis by 10%.</td>
</tr>
<tr>
<td></td>
<td>Maintain immunization coverage rate of 95% or higher for children under age 1 and age 1-4.</td>
</tr>
<tr>
<td></td>
<td>Achieve and maintain immunization coverage rate of 90% for children 19-35 months.</td>
</tr>
<tr>
<td><strong>Injury Prevention</strong></td>
<td>Reduce the motor vehicle crash death rate 20 %.</td>
</tr>
<tr>
<td></td>
<td>Reduce the childhood (under age 5) death rate due to unintentional injuries by 50 %.</td>
</tr>
<tr>
<td><strong>Maternal, Infant and Child Health</strong></td>
<td>Reduce the infant mortality rate due to all causes by 50 %.</td>
</tr>
<tr>
<td></td>
<td>Reduce the infant mortality rate from birth defects by 50 %.</td>
</tr>
<tr>
<td></td>
<td>Raise initiation of beginning prenatal care in the first trimester to 70 %.</td>
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<tr>
<td></td>
<td>Reduce the pregnancy rate among 10-19 year olds by 20 %.</td>
</tr>
<tr>
<td><strong>Mental Health</strong></td>
<td>Reduce the suicide mortality rate by 25%.</td>
</tr>
<tr>
<td><strong>Oral Health</strong></td>
<td>Ensure that 25% of population uses oral care services annually.</td>
</tr>
<tr>
<td></td>
<td>Raise the proportion of using oral care to 75% annually.</td>
</tr>
<tr>
<td><strong>Respiratory Diseases</strong></td>
<td>Maintain hospital admission rate for asthma at current level.</td>
</tr>
<tr>
<td></td>
<td>Reduce hospital admission rate for asthma by 40%.</td>
</tr>
<tr>
<td><strong>Nutrition and Overweight</strong></td>
<td>Reduce the proportion of adults who are obese to 15%.</td>
</tr>
<tr>
<td><strong>Substance Abuse</strong></td>
<td>Reduce the number of vehicle accidents due to alcohol by 50%.</td>
</tr>
<tr>
<td></td>
<td>Increase the proportion of youth 12 to 17 years that do not use alcohol or illicit drugs during the last 30 days.</td>
</tr>
<tr>
<td><strong>Tobacco</strong></td>
<td>Reduce to 33 % the proportion of adults and adolescents that use tobacco</td>
</tr>
</tbody>
</table>

* Specific objectives for the USMBHC-Arizona-Sonora delegations
Although significant decreases in mortality and morbidity cannot be determined from the following epidemiological graph, comparisons will be made between border counties and the state of Arizona. In 2001-2002 the AZ mortality rate from breast cancer has fallen slightly, from 23.6 to 22.5. A decrease in breast cancer mortality among women living along the border has occurred in Pima, Santa Cruz and Yuma Counties. Although, women in Cochise County have experienced a dramatic increase in breast cancer mortality, with rates of 16.3 in 2001 and 27.1 in 2003. Comparing 2002 mortality rates to those registered among women in Border Counties in 1997, Yuma, Santa Cruz and Pima rates are below the 1997 baseline of 19.6 women die of breast cancer per 100,000 female population.

Surveys conducted by the Centers for Disease Control (CDC), during 1999 and 2000 in border counties in California, Arizona, New Mexico, and Texas found that Hispanic women in all age groups had lower rates of Pap tests for cervical cancer and mammography for breast cancer than did non-Hispanic women of the same age. It has been suggested that lack of access to health care services in the border region and the need for culturally sensitive and appropriate preventative health care in the US may partly account for lower cancer screening rates among Hispanic women. Many women protect themselves from these two different types of cancer by talking with their Doctor and Promotora about having a Pap smear to detect cervical cancer and a Mammography to detect breast cancer.

In Arizona, cervical cancer mortality in 2001-2002 remained below 3 women per 100,000 female population. This average is consistent in Cochise, Pima and in Yuma counties. Although Santa Cruz remains above this average, in 2001 15.1 women died of cervical cancer and in 2002 that rate significantly decreased to 5.5 women per 100,000.

The Centers for Disease Control (CDC) is currently funding the National Breast and Cervical Cancer Early Detection Program to offer screening to low-income women, including women who are new immigrants. In addition to clinical breast exams, mammograms and Pap tests, the program ensures appropriate diagnostic follow-up, case management and assurances for medical treatment. To find out more about this program, check out the CDC website at: www.cdc.gov/cancer/nbccept/about.htm
Source: CDC Media Relations, August 12, 2003.
Like the Breast and Cervical cancer objectives, HG-HB Objective 4 is dedicated to the reduction of deaths due to Diabetes, or the reduction in the diabetes mortality rate.

The Arizona diabetes mortality rates for 2001-2002 increased slightly from 19.9 deaths to diabetes per 100,000 Arizonans to 22.3 deaths in 2002. In 2002, Pima, Santa Cruz and Yuma Counties were below this AZ average. In 2002, Santa Cruz County residents experienced a dramatic decrease in diabetes-associated deaths, registering 52.6 deaths per 100,000 in 2001, down to 14.8 in 2002. Cochise County residents continue to experience above average rates, with 2001-2002 rates of 24 deaths per 100,000 residents. All border county diabetes mortality rates are up from the 1997 rate of 12.6. According to the Centers for Disease Control (CDC), 1 out of every 10 Mexican Americans living in the United States, aged 20 and older has been diagnosed with diabetes.

HG-HB Objective 4b is concerned with Diabetes morbidity, or the number of people who have been diagnosed with diabetes, but have not died due to diabetes. Objective 4b proposes to reduce the number of people who will be diagnosed and/or suffer from diabetes by 25 percent. For every 100,000 Arizonans, who were admitted into a primary health care center, 132.8 were discharged with a diagnosis of diabetes. For every 100,000 Cochise, Yuma and Pima County residents, 148 and 154.2 persons respectively, were discharged from the hospital diagnosed with diabetes. Yet, Santa Cruz County exceeded the AZ rate and those of all Border Counties with a diabetes morbidity rate of 156.3 per 100,000.

People who think they might have diabetes must visit a physician for diagnosis. They might have SOME or NONE of the following symptoms:

- Frequent urination, excessive thirst, unexplained weight loss, extreme hunger, sudden vision changes, tiredness, numbness or tingling in hands and feet, sores that won’t heal.

Arizona Health Status and Vital Statistics 2001, Community Health Profiles
In 2002, the state of Arizona had an HIV incidence rate (number of new cases) of 8.1. For every 100,000 persons in Cochise and Yuma Counties, 1.6 and 1.8 persons respectively were newly diagnosed with HIV. Higher rates were found in Pima County (8.5), Santa Cruz (7.5) in 2002. Currently, incidence rates, for 2002 are lower than those incidence rates for the Arizona—Sonora Border Counties back in 1997.

Healthy Gente—Healthy Border 2010 Objectives 9 through 11 are dedicated to Immunization and Prevention of Infectious Diseases. The infectious diseases targeted by these objectives are Hepatitis A, Hepatitis B and Tuberculosis. The next three Objectives demonstrate the number of new cases, or incidence rate of these three infectious diseases. In 1997, rates of reported Hepatitis A among all border counties was 50 cases per 100,000 Arizona—Sonora border residents. Currently all border counties, as well as the state of Arizona are below this baseline rate. The AZ average has decreased from 7.7 to 5.6 cases over the 2001-2002 period, while Cochise County increased slightly from 6.7 to 8.9 per 100,000. Pima, Santa Cruz and Yuma Counties have all experienced a decrease in Hep A, while Santa Cruz showed a significant drop from 85.9 cases per 100,000 in 2001 to 32.6 per 100,000 in 2002. A similar decline was seen in Yuma County, dropping from 36.4 in 2001 to 7.1 in 2002.

Hepatitis A is found in the stool of persons who are infected with Hepatitis A, it is usually spread from person to person by putting something in the mouth (even though it may look clean) that has been contaminated with the stool of a person with Hepatitis A.

To Prevent Hep A - Washing hands with soap and water after going to the bathroom, changing a diaper and before preparing food.
Hepatitis B (Hep B) is a serious disease caused by a virus that attacks the liver. Hep B occurs when blood or body fluids from an infected person enter the body of a person who is not immune. Hep B is spread through having sex with an infected person without using a condom, by sharing drugs, needles, or "works" when "shooting" drugs, through needle sticks or sharps exposures on the job, or from an infected mother to her baby during birth. Hep B has many of the same signs and symptoms of Hepatitis A, including joint pain.

In 1997 the average incidence rate for Hep B among Arizona-Sonora Border residents was 5.6 reported cases per 100,000 border residents. In 2001, Arizona had an average of 3.1 cases of Hep B, with an increase in 2002 to 4.6 newly reported cases per 100,000 Arizonans. Cases of Hep B varied along the border. Cochise and Santa Cruz county rates were found to be well below the AZ state average, with incidence rates of 3.2 and 2.5 respectively. Pima and Yuma Counties experienced increased incidence rates in 2002.

Tuberculosis or TB is one of the oldest transmissible diseases and continues to be a public health problem. The state of Arizona did exhibit a decrease in the rate of reported TB cases, from 5.4 cases of TB in 2001 to 4.8 cases per 100,000 Arizona residents in 2002. Along the border the rate of reported TB cases varied in 2001-2002. Cochise and Pima Counties experienced the lowest rates in 2002, with a consistent decrease in TB cases. While, in 2001, Santa Cruz County had a reported TB case rate of 10.1 per 100,000 which dropped to a rate of 5 in 2002. A similar decrease was found in Yuma County, ranging from a rate of 13.3 in 2001, down to 8.2 cases per 100,000 in 2002. In 1997, 6 reported cases of Tuberculosis were found per 100,000 Arizona and Sonoran border resident, this rate continues to be exceeded by both Yuma and Santa Cruz Counties.
The Healthy Gente—Healthy Border 2010
Arizona Border Summary

Healthy Gente Objective 12: Injury and Violence Prevention
Reduce the motor vehicle crash death rate by 25 percent.

Objectives for Injury and Violence Prevention, include goals related to decreasing the rate of accidental deaths among children aged 1-4, and the reduction of motor vehicle crash death rate among all border county residents.

In 2001, 17.2 per 100,000 AZ residents died of motor vehicle crashes, which is slightly lower than the 18.5 rate for 2002. This increase in the motor vehicle crash death rate was experienced by all border counties, except for residents in Cochise County who experienced a decrease in mortality, from a rate of 23 deaths per 100,000 in 2001 and 14.9 in 2002. In 2002, motor vehicle mortality dramatically increased in Pima (46.9), Santa Cruz (32.6) and Yuma (39.2) Counties.

Objectives dedicated to the reduction of deaths caused by motor vehicle accidents can also be found among the Substance Abuse objectives of Healthy Gente—Healthy Border 2010. These preventative objectives are dedicated to the reduction of motor vehicle accidents due to alcohol.

In Arizona, 61.5 per 1000 motor vehicle accidents involved alcohol in 2001. In other counties along the border, there were similar accident rates involving alcohol. Although Cochise (62.95), and Pima (55) Counties are close to the Arizona rate, Yuma (66) and Santa Cruz (76.6) were well above the Arizona average for motor vehicle accidents due to alcohol.

Source: Arizona Health Status and Vital Statistics 2001, Figure 5E-11, 2002, Table 5E-11
1997 National Vital Statistics System, CDC, NCHS

Source: Arizona Department of Transportation (ADOT)
The following three Healthy Gente Objectives are concerned with Maternal, Infant and Child Health. Infant mortality, or the rate of infant death is an indicator of the health of a community. Infant mortality varies greatly across Arizona border counties. In 2002, the AZ state infant mortality rate of 6.3, was slightly lower than the Cochise and Pima County infant mortality rates of 7.6 and 7.2 respectively. Santa Cruz County infant mortality jumped from 2.6 infant deaths per 1,000 live births in 2001, to 5.2 in 2002. Yuma County experienced the opposite, with 8.3 infant deaths per 1,000 live births in 2001, down to 2.6 in 2002. Overall, the infant mortality rate for Arizona border counties continued to surpass the 1997 rate of 5.7 infant deaths per 1,000 live births among both Arizona and Sonora residents.

Birth defects are a leading cause of infant mortality for infants. In 2001, the Arizona average infant mortality rate from birth defects was 1.8 infant deaths per 1,000 live births, similar rates were noted for all Arizona border counties. Each border county maintains similar rates to those experienced by Arizona Sonora border county residents at the 1997 baseline survey. Although the Healthy Gente-Healthy Border 2010 objective seeks to reduce infant mortality from birth defects by 30%, it is important to note that each Arizona border county has maintained in close range of the baseline rate.
Objective 16 is concerned with increasing the proportion of women beginning their prenatal care in the first trimester (within weeks) of their pregnancy. Since 1997, Arizona border counties experienced a decrease in the proportion of women who begin prenatal care in the first trimester. Although the AZ rate of initiation was 75% in both 2001 and 2002, there has been a consistent decline in women initiating prenatal care among Arizona border counties over the 2001-2002. In 2002, 66.9% of Cochise County women initiated prenatal care in the first semester of pregnancy, 69.3% in Pima, 65.4% in Santa Cruz and 63.2% in Yuma. All Arizona border counties, except for Pima County experience a 10% disparity in early initiation of prenatal care when compared to the AZ state average of 75%.

HG-HB 2010 Objective 17 is concerned with teenage pregnancy. The pregnancy rate among girls aged 15-17 in the United States is 27%, in 2002 the Arizona average was 43%. In 1997, among all Arizona-Border Counties, 44% of teenagers became pregnant. Cochise County teens aged 15-17 experienced a slight decrease in pregnancy rates in 2002, dropping from 39.9% of 15-17 year old females becoming pregnant in 2001, to 35.8% in 2002. Pima County incurred the opposite, with 43.6% becoming pregnant in 2001, to 44.7% in 2002. And although Santa Cruz County teens were well above the AZ and 1997 baseline averages in 2002, they did experience a decrease in pregnancy rates over the 2001-2002 period, from 48.6% of 15-17 year old becoming pregnant in 2001 down to 46.2% in 2002. Yuma County told a different story in 2002, with only 40% of Yuma teens becoming pregnant in 2001, (well below the AZ and baseline averages) jumping up to 46.5% in 2002.
In 2002, the state of Arizona experienced an increase in the age adjusted mortality rate from suicide. In 2001, the suicide rate was 11.5 per 100,000 AZ residents and in 2002 this rate went up to 15.9. This increase was also seen in Pima and Yuma Counties. A decrease in the suicide rate was experienced by Cochise and Santa Cruz County residents. In 1997 the baseline suicide rate for all Arizona-Sonora border county residents was 14.4 per 100,000.

In 2002, this rate was exceeded by Cochise (15.5), and Pima (16) Counties. Although Yuma County experienced an increase over the 2001-2002 period, their suicide rate of 11.7 remains below the 1997 baseline and the AZ state average. Santa Cruz County is the only Arizona border county, which remains well below the AZ state average and the 1997 suicide rate, with 5.3 deaths from suicide per 100,000 Santa Cruz residents. According to the Arizona Community Profiles, produced by the Arizona Department of Health Services, in 2000, there were zero Mental Health Providers in Yuma and Santa Cruz Counties, and only 7 Mental Health Providers for the entire county of Cochise, while Pima County was the home to approximately 140 mental health providers.

In the state of Arizona, for every 1,000 people, 230 of them smoke tobacco, this equals 23% of Arizona residents smoke cigarettes. Cochise, Santa Cruz and Yuma Counties had the same prevalence of adults who smoke, averaging 22% of their counties’ population as tobacco users. Pima County had a slightly higher rate of 24 percent of it’s population smoking. Although nicotine, the major chemical in cigarette is highly addictive, it is always possible to quite smoking.
Mission
To promote and protect the health of all border area residents through sound and competent public health practices along the Arizona-Sonora border.

Objectives:
This Arizona-Sonora Health Inventory and Resource Guide was created to inform border residents of the services that are available to them. This resource guide also serves as a promotion tool for the agencies and organizations that have participated in the project. Although there are numerous projects and programs related to health along the border, many continue to be unknown or unrecognized because of the lack of promotion and exposure within the communities they serve.

Expected Activities and Outcomes:
To develop a health related project inventory guide, on the Arizona-Sonora border in an effort to educate and outreach to the various communities along the border about the Healthy People/Healthy Gente 2010 objectives. The inventory and resource guide/handbook is a tool that is considered a work in progress. It will continue to grow and expand as it becomes more accessible to the public through multiple forms of media. For instance, it will be available online (internet/website), through cd-rom, and in hard copy. The reason and the goal for this kind of dissemination (making it accessible in so many ways) is so that more health agencies and organizations can participate, if they did not have the opportunity to do so before, and to improve upon the distribution of this information.

Target Population: Health agencies and organizations dedicated to servicing residents living along the Arizona-Sonora border.


Funding Source: US-Mexico Border Health Commission


Project: Binational Terrorism and Public Health Emergency Response Preparedness
Objectives:
The Office of Border Health provides support and coordination to Terrorism and Public Health Emergency planning and preparedness efforts. These activities are being conducted binationally in collaboration with the Binational Health Office in Sonora.
**Expected Activities and Outcomes:**
Strengthen the Public Health infrastructure and communication, specifically in terms of development of a binational response plan for public health emergencies occurring on either side of the Arizona Sonora Border. Plan functional exercises in bio-terrorism and emergency response preparedness. Participate in the Arizona-Sonora Binational Health Alert Network (SIREN): The Secure Integrated Response Electronic Notification (SIREN), will strengthen and maintain the Arizona-Sonora Binational Health Alert Network, in order to provide the needed technology to follow up on projects/programs currently in place including, but not limited to the Binational Infectious Disease Surveillance project (BIDS), the Binational Tb Program, Border Patrol detainees infected with Tb that are deported through the Nogales port of entry, and future projects including the surveillance of Dengue in the Pima County-Ambos Nogales area; compilation and expansion on a Binational Directory of state and local health department personnel; communication of critical health alerts; online disease reporting; binational patient case follow-up; and access to surveillance data, health advisories, emergency response information, diagnostic and treatment guidelines and other data critical to minimizing the impact of public health emergencies.

<table>
<thead>
<tr>
<th><strong>Target Population</strong></th>
<th><strong>Contact Agency</strong></th>
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<tbody>
<tr>
<td>Arizona -Sonora border region.</td>
<td>ADHS-OBH</td>
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<table>
<thead>
<tr>
<th><strong>Funding Source</strong></th>
<th><strong>Collaborators</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Office of Homeland Security</td>
<td>Office of Emergency Management, Border County Health Departments, Border Tribes, Secretaria de Salud, Proteccion Civil, Fire</td>
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</tbody>
</table>

**Project: Binational Tuberculosis Program**

**Objectives:**
In 1995 the Arizona Department of Health Services in collaboration with the Secretariat of Health of the State of Sonora in Mexico agreed to implement a project with the purpose of assisting in the early detection of possible cases of tuberculosis along the Arizona-Sonora border. Objectives of this project include drug susceptibility testing, adherence to the anti-tuberculosis regimen and preventive therapy to contacts at risk of developing active disease.

**Expected Activities and Outcomes:**
Coordination of activities between the border county health departments, The Secretariat of Public Health of Sonora, and the Arizona Department of Health Services in the detection, control, home-visits, and follow-up of TB patients. A referral system of binational cases is also in process.

<table>
<thead>
<tr>
<th><strong>Target Population</strong></th>
<th><strong>Contact Agency</strong></th>
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<tbody>
<tr>
<td>All border residents at risk for Tuberculosis.</td>
<td>ADHS - Office of Border Health</td>
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<tr>
<th><strong>Funding Source</strong></th>
<th><strong>Collaborators</strong></th>
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<tbody>
<tr>
<td>ADHS</td>
<td>Arizona Department of Health Services in collaboration with the Secretariat of Health of the State of Sonora in Mexico</td>
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**Project: Border Infectious Disease Surveillance (BIDS)**

**Objectives:**
The Border Infectious Disease Surveillance (BIDS) Project is a network of selected clinical sites that will conduct surveillance for infectious diseases along the border region.

**Expected Activities and Outcomes:**
The objectives of BIDS are to establish an active, binational sentinel surveillance system to enhance existing passive systems by using standardized data collection and laboratory diagnostic testing; exchange disease incidence rates and risk factor information to enable the development of coordinated binational prevention and control strategies; enhance the public health infrastructure along the U.S.-Mexico border by improving local laboratory diagnostic capabilities and offering training opportunities for local health officials, and; improve binational communications and data exchange.
**Project: Healthy Gente**

**Objectives:**
Healthy Gente outlines a health promotion and disease prevention agenda through the year 2010 for the U.S. communities that border Mexico. This initiative draws on the national health objectives defined in Healthy People 2010, identifying 25 of the most important objectives for the distinct needs and concerns of the border.

The idea of establishing health objectives for the border region was an outgrowth of preparatory work for the U.S.-Mexico Border Health Commission, a group designed to serve as a forum for addressing critical health issues in the border region. The objectives were developed by members of the Design Team, the support group for the Border Health Commission, including the directors of the four U.S. State border health offices. The team used four principles to guide the selection of objectives: a) they should address key health issues on the border; b) they should be limited in number; c) To the extent possible, the objectives should be measurable; and d) they should be compatible with federal and state objectives. The goal was to develop a set of objectives that will resonate with the border population, will be easily understood, and will help to coordinate public and private health programs.

**Expected Activities and Outcomes:**
Within each U.S. border state, the Healthy Gente program will be implemented in border communities by a consortium of state and local organizations, including the state health department, border health office, local health departments, private health programs and private businesses. The two main expected outcomes for this project include:
- Increase the quality and years of healthy life and the elimination of health disparities along the US - Mexico Border.

**Target Population:**
All US - Mexico Border residents.

**Funding Source:**
USMBHC

**Contact Agency:**
State Office of Border Health, In Arizona contact ADHS-Office of Border Health

**Collaborators:**
US-Mexico Border Health Commission, Directors of the four U.S State Border Health Offices,

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**Project: Pediatric Lead Assessment on the US Mexico Border**

**Objectives:**
In response to a request from the states of Arizona and Sonora, Mexico to document and prevent childhood lead poisoning along the U.S. Mexico border. We formed teams with local professional (nurses, doctors) and lay health care workers (promotoras). These teams received extensive training on how to obtain a fingerstick blood sample and how to operate a portable blood lead analyzer.

**Expected Activities and Outcomes:**
The investigation concluded that the blood levels of children in this area of the U.S.-Mexico border region do not appear to be a major public health problem. The low prevalence of elevated BLLs documents the success of lead-reduction programs in the community. Nevertheless, the children with blood levels ≥10µg/dL are of concern. Continued and focused surveillance based on risk factors is important to identifying children with elevated blood lead levels and responding rapidly so that their exposure can be reached as quickly as possible. Community education on ways to reduce or eliminate lead exposure should be continued.

**Target Population:**
Arizona-Sonora border region in the cities of Agua Prieta and San Luis Rio Colorado in the state of Sonora and in the Yuma County, Arizona, cities of

**Contact Agency:**
ADHS-Office of Border Health

**Collaborators:**
Participants include local and state public health officials from the ten states along the U.S.-Mexico border. Participants include local and
San Luis, Somerton, Yuma, Orange Grove, Wellton and Dateland. In each city we chose a sampling site at a health fair, kindergarten, or Women, Infants and Children (WIC) clinic.

**Funding Source:** ADHS  
**Collaborators:** local professional (nurses, doctors) and lay health care workers (promotoras)

### Project: Sonora Arizona Health Indicators

**Objectives:**  
Create a compilation of health indicators for the Arizona-Sonora Border region.

**Expected Activities and Outcomes:**  
Create a compilation of health indicators which include: Mortality, Morbidity, Demographic, Socio-economic and Resource, Services and Coverage Indicators.

**Target Population:** Local border sister communities in Arizona-Sonora.  
**Contact Agency:** ADHS-office of Border Health

**Funding Source:** PAHO, ADHS,OSSA  
**Collaborators:** Local border sister communities in Sonora-Arizona, the Secretariat of Health in Sonora, the Binational Health Office in Nogales, Sonora, the

### Project: US-Mexico Border Health Diabetes Project

**Objectives:**  
The US/Mexico Border Diabetes Project is a five-year collaborative team effort attempting to determine prevalence of diabetes in the border region, develop binational prevention and control programs for diabetes, and respond to the needs of the border population.

**Expected Activities and Outcomes:**  
To diminish the impact of diabetes of the border population by conducting activities in two related and chronological phases:
1. Development of a prevalence study  
2. Development of an implementation program for diabetes prevention

**Methodology**  
Households and individuals chosen at random by computer, were monitored closely in the Douglas, Arizona area in order to avoid over-lap of the previous study in reference to the current binational investigation. The main areas selected in Arizona include, Yuma, Wellton, Willcox, Sierra Vista, Douglas, Nogales, and Tucson. Lay Health workers interviewed selected residents and collected their anthropometric measures as well as a blood draw, all of which are used to diagnose diabetes.

**Target Population:** All border residents at risk for diabetes.  
**Contact Agency:** ADHS-Office of Border Health

**Funding Source:** ADHS/CDC  
**Collaborators:** Local: The Arizona Department of Health Services/ Office of Border Health will coordinate activities with the support of the County Health
Mission

To go beyond political changes and create a local focus on our border health issues. To create an effective venue for bi-national discussion to address public health issues and problems which affect the U.S.-Mexico border populations.

Project: Arizona Sonora Binational Immunization Campaign

Objectives:
To increase vaccination coverage to infants and children between 0 to 5 years living along the border area. In keeping with the mission of Arizona Department of Health – Office of Vaccines for Children and the vision of the Secretaría de Salud Pública de Sonora, all children under the age of 18 seeking immunizations will have access to childhood vaccinations during these campaigns.

Expected Activities and Outcomes:
Mexico has a long history of systematic efforts, which have been extremely successful in identifying and vaccinating non-immunized children. Binational, week long campaigns are conducted three times throughout the year in the months of February, June, and October.

In the spirit of creating change in our communities through collaboration and communication, a Binational Immunization Committee was formed to model some of these effective immunization strategies used by the Public Health system of the Secretaría de Salud de Mexico.

The sister communities of Ambos Nogales (both Nogales Arizona and Sonora), Cochise County and their sister communities of Naco and Agua Prieta, Sonruora and Yuma County and San Luis Rio Colorado, Sonora have agreed to work jointly to improve the immunization rates of children living along the border.

Target Population: All children under the age of 18

Contact Agency: Arizona Delegation

Collaborators: United States Mexico Border Health Commission, Arizona-Sonora Delegation Offices in collaboration with the Secretaría de Salud de

Project: Cancer and Sexually Transmitted Disease Screening

Objectives:
Prevent cervical and breast cancer and the improve women's medical services by establishing a women's reproductive health clinic in San Luis Rio Colorado and Nogales, Sonora. Through the provision of necessary equipment and reinforcement of existing staff, the cervical cancer screening capabilities of the Hospital General, SSP in San Luis R.C, Sonora Mexico, and the Hospital General de Nogales will be improved. The increase detection of sexually transmitted disease and infections among women seeking care with the MexFam Rural Outreach Clinic will also be reinforced through the provision of necessary laboratory equipment.

Expected Activities and Outcomes:
Decrease cervical cancer mortality rate by 20% , by increasing awareness of early detection and treatment.

Target Population: Women living in San Luis Rio Colorado, and Nogales, Sonora, Mexico

Contact Agency: In San Luis Rio Colorado: Hospital General de San Luis Rio Colorado and MexFam Rural Outreach Clinic for Women In Nogales, Sonora: Hospital General De Nogales , Secretaria
**Project: Community Forums**

**Objectives:**
To provide a forum for binational discussion to address public health issues and problems to the USMBHC Arizona and Sonora Commissioners that affect the Arizona -Sonora border populations.

**Expected Activities and Outcomes:**
Community forums have been in existence in Nogales, Arizona; Douglas, Arizona, and Yuma, Arizona have recently extended to the Tohono O’odham Nation.

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<thead>
<tr>
<th>Target Population:</th>
<th>Contact Agency:</th>
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<tr>
<td>Arizona -Sonora border residents</td>
<td>USMBHC-Arizona Delegation</td>
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<tr>
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<tbody>
<tr>
<td>USMBHC</td>
<td>SEAHEC</td>
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**Project: Emergency Triage and Stabilization Unit of Nogales, Sonora**

**Objectives:**
Reduce the proportion of persons lacking access to medical care providers in underserved areas as well as reducing the distance to hospitals and provide adequate transport availability to a higher level of care.

**Expected Activities and Outcomes:**
Provide immediate emergency response to trauma cases.

<table>
<thead>
<tr>
<th>Target Population:</th>
<th>Contact Agency:</th>
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</thead>
<tbody>
<tr>
<td>Injured and acutely ill persons with residency in Mexico or US/AZ residents requiring emergency care</td>
<td>Hospital General de Nogales, Sonora</td>
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<tr>
<th>Funding Source:</th>
<th>Collaborators:</th>
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<tbody>
<tr>
<td>Officina de Salud Publica Sonora Arizona (OSSA)</td>
<td>To collaborate with Holy Cross Hospital, TMC, UMC, Hospital Infantil, Hospital General Nogales, ADHS/Office of Border Health,</td>
</tr>
</tbody>
</table>

**Project: Hospital General of San Luis Rio Colorado, Sonora: Neonate Equipment**

**Objectives:**
Decrease infant mortality among neonates of San Luis Rio Colorado.

**Expected Activities and Outcomes:**
Increase the quality of care and reduce infant mortality and morbidity due to lack of emergency medical equipment available in San Luis R.C, Sonora.

<table>
<thead>
<tr>
<th>Target Population:</th>
<th>Contact Agency:</th>
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<tr>
<td>Newborn babies in San Luis Rio Colorado, Sonora</td>
<td>Hospital General, San Luis Rio Colorado, Sonora</td>
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<table>
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<tr>
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<th>Collaborators:</th>
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<tbody>
<tr>
<td>USMBHC Arizona Delegation</td>
<td>SSP-Hospital General San Luis R.C Sonora, WAHEC/HETC, City of San Luis Fire Department, USMBHC, Yuma/San Luis</td>
</tr>
</tbody>
</table>
**Project: Increase Access to Care and Improve Quality of Care**

*Expected Activities and Outcomes:*

Triage and Stabilization Unit Expansion to Agua Prieta and San Luis Rio Colorado, Sonora

This program has been established to reduce the number of critically ill persons crossing the border to seek medical care in the U.S. while better coordinating and upgrading the care available in their own country. The Arizona Outreach Office also provide support for the transfer of patients to institutions with a higher level of care. In addition, it assures adequate care for U.S. residents touring, conducting, business, or visiting family in Mexico. This triage model is been expanded to Agua Prieta, Sonora and San Luis Rio Colorado, Sonora.

Tohono O’odham Nation Department of Human Services

This outreach activity is designed to increase the quality of life of the Tohono O’odham Nation members residing in Sonora by providing access to health care services.

*Tuberculosis Second Line Medications*

This program will help acquire second line medications, thereby, improving the treatment of multi-drug resistant patients.

*Contact Agency:*
USMBHC-Arizona Delegation

*Funding Source:*
UMC, Secretaria de Salud de Sonora

*Collaborators:*
Hospital General de Agua Prieta y San Luis Rio Colorado, Secretaria de Salud, Tohono O’odham Nation Department of Human Services

**Project: Naco School Health Index**

*Objectives:*

Identify the strengths and weaknesses of the Naco Unified School District’s health promotion and policies in the effort to develop an action plan for improving students health which involves teachers, parents, students and the community in improving school services.

*Expected Activities and Outcomes:*

Reduce the proportion of children who are obese, and increase the proportion of children who participate in physical activity

*Target Population:*
School aged children, faculty, staff and the parents of the elementary school in Naco, Arizona

*Contact Agency:*
Cochise County Health Department

*Funding Source:*
USMBHC Arizona Delegation

*Collaborators:*
ADHS/Office of Border Health, UA, USMBHC/AZ delegation, Cochise County Health Department, Northeast Binaional Council

**Project: National Community Health Workers/Promotores Conference**

*Objectives:*

The Arizona and Sonora Delegations endorse and sponsor this conference because it provides educational training, informational sessions, and enhances the nationwide networking capability of promotores and community health workers from this region.

*Contact Agency:*
USMBHC-Arizona Delegation

*Funding Source:*
USMBHC Arizona and Sonora Delegations

*Collaborators:*
USMBHC Arizona Delgation, WAHEC, CoPH

**Project: Sahuaro Girl Scout Troup #509-Peer Diabetes Education and Outreach**
The Girl Scout Troup has developed a curriculum on diabetes Type 2 designed to teach children of school age how to prevent the development of diabetes.

**Expected Activities and Outcomes:**
Increase knowledge of diabetes, among school aged children, through a combination of didactic teaching methods and theater. An interactive play about diabetes will be presented by Girl Scouts to children attending schools along the Arizona-Sonora Border.

**Target Population:** School aged children

**Funding Source:** ADHS-OBH (staff time), UMC (staff time)

**Contact Agency:** USMBHC - Arizona Outreach Office

**Collaborators:** ADHS-OBH, Sahuaro Girl Scout Troop #509, University Medical Center, USMBHC/AZ Delegation, ADHS Diabetes Program

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**Project:** **U.S- Mexico Border Health Commission -Arizona Delegation Advisory Board**

**Objectives:**
To provide input and feedback on community health issues.

**Expected Activities and Outcomes:**
To gain knowledge of health issues along the Arizona Sonora Border through experiences of political and health professions community members via the advisory board.

**Contact Agency:** USMBHC-Arizona Delegation

**Collaborators:** USMBHC Arizona Delegation and many local and state health agencies and healthcare providers.

**Funding Source:** USMBHC-Arizona Delegation
American Lung Association

Southern Arizona
2819 East Broadway Blvd.
Tucson 85716 Arizona
Phone (520) 323-1812
Fax (520)-323-1816
E-mail dbryson@lungaz.org
Website www.lungaz.org

Mission
Prevent lung disease and promote lung health.

Project: Open Airways For Schools

Objectives:
Educate and empower children with asthma.

Expected Activities and Outcomes:
Upon completion of the program, children will understand their disease and better manage their asthma. Program consists of 45-50 minute sessions, once a week for 5 weeks.

Target Population:
Children with asthma, ages 8 to 11.

Funding Source:
American Lung Association

Project: Inpatient Services

Expected Activities and Outcomes:
Treatment center in Tucson for children diagnosed as severely emotionally disturbed; children receive intensive psychiatric treatment including group, individual and family therapies; programs are designed to help children overcome trauma of severe physical, sexual and psychic abuse and neglect. A comprehensive sexual behavior problems therapy program is available. Horticultural and recreational therapy, and the adventure ROPES course are implemented as treatments. Also available: Group home for adolescents requiring substance abuse intervention and treatment and an emergency shelter home for boys is available in Tucson.

Target Population:
Children aged 5-17

Project: The Parent Connection

Expected Activities and Outcomes:
A resource, education, prevention and support center for parents and other caregivers of children ages 0-5; services include parenting play groups, parenting classes and parent support groups; also special programs for fathers and their

Arizona Children's Association

Regional Office and Corporate Location
2700 S. 8th Avenue
Tucson 85713 AZ
Phone (520) 622-7611
(800) 947-7611
Website www.arizonaschildren.org

Mission
A private no-profit, behavioral health/child welfare agency serving families and children throughout the state; JCAHO accredited

Project: Inpatient Services

Expected Activities and Outcomes:
Treatment center in Tucson for children diagnosed as severely emotionally disturbed; children receive intensive psychiatric treatment including group, individual and family therapies; programs are designed to help children overcome trauma of severe physical, sexual and psychic abuse and neglect. A comprehensive sexual behavior problems therapy program is available. Horticultural and recreational therapy, and the adventure ROPES course are implemented as treatments. Also available: Group home for adolescents requiring substance abuse intervention and treatment and an emergency shelter home for boys is available in Tucson.

Target Population:
Children aged 5-17

Project: The Parent Connection

Expected Activities and Outcomes:
A resource, education, prevention and support center for parents and other caregivers of children ages 0-5; services include parenting play groups, parenting classes and parent support groups; also special programs for fathers and their
children.

**Target Population:** Parents and caregivers of children 0-5 years.

**Contact Agency:**
5326 E Pima Rd. Tucson, AZ 85712 (520) 321-15000

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**Project:** Permanency Planning

**Expected Activities and Outcomes:**
Infant adoptions; counseling services for birth parents and adoptive parents. Recruitment and training for parents interested in fostering or adopting older children who may have emotional problems.

**Target Population:**
Individuals and families interested in adoption services

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**Project:** Kinship and Adoption Resources and Education (K.A.R.E) Family Center

**Expected Activities and Outcomes:**
Family focused services include: home visits; case managements; mental health services for individual and group, adults and children; information and referral service; access to legal support; recreation and support groups.

**Target Population:**
Grandparents, adoptive families raising relative children.

**Contact Agency:**
4710 E. 29th Street Bldg. #7 Tucson, AZ 85711 (520) 323-4476

**Funding Source:**
Casey Family Programs

**Collaborators:**
Casy Family Organization, Pima Council on Aging, University of Arizona Cooperative Extension

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**Project:** Outpatient Services

**Expected Activities and Outcomes:**
Intensive, short term, in home, or in office therapy for families and children troubled with behavioral (including violence) disorders, substance abuse, sexual abuse, learning disabilities, and severe emotional problems. Programs are tailored individual and therapies include family, group, individual, and an intensive team approach.

**Target Population:**
Families and children

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**Arizona Dental Association**

Referral Services
4131 N. 36th Street
Phoenix 85018 AZ
Phone  (800) 866-2732
Fax  (620) 957-1342

Mission

Provide referral to dentists within caller's area.

**Project:** Referral Services

**Expected Activities and Outcomes:**
Provide referral to dentist within a caller's area.
Arizona Department of Economic Security

The Arizona Department of Economic Security promotes the safety, well-being, and self-sufficiency of children, adults, and families.

Project: Health and Social Resources

Objectives:
The Department of Economic Security (DES) was established by the State Legislature in July 1972 by combining the Employment Security Commission, the State Department of Public Welfare, the Division of Vocational Rehabilitation, the State Office of Economic Opportunity, the Apprenticeship Council and the State Office of Manpower Planning. The State Department of Mental Retardation joined the Department in 1974. The purpose in creating the Department was to provide an integration of direct services to people in such a way as to reduce duplication of administrative efforts, services and expenditures.

Expected Activities and Outcomes:
Provide Services for Children, Families, Aging and Elderly, People with Disabilities, Employment.

Target Population: People living in Arizona

Contact Agency: DES

Funding Source: Federal

Arizona Senior Resources
801 E. Jefferson
Phone 1-800-835-2100
Fax 602-252-6536
E-mail felopez@ahcccs.state.az.us
Website http://www.de.state.az.us/senior

Project: Senior Services

Expected Activities and Outcomes:
Provide the following services to seniors; Nursing Home/Long Term Care, Employment/Volunteerism, Health Resources, Financial Assistance, Complaints/Legal Resources, Care Giver/Home Based Care services and adult abuse services.

Target Population: Senior Citizens

Contact Agency: www.de.state.az.us/senior

Funding Source: Department of Economic Security, ADHS, and AHCCCS

Division of Children, Youth and Families
Phone 1-800-835-2100
Website http://www.de.state.az.us/tp/portal.asp

Project: Child, Youth and Family Services
**Expected Activities and Outcomes:**
Provide the following federal programs: Abuse Prevention/Early Intervention, Adoption and Foster Care, Arizona Early Intervention Program, Arizona Families F.I.R.S.T, Child Care, Children Information Library, Child Protective Services, Children Need a Home, Child Support Enforcement, Comprehensive Medical and Dental, Developmental Disabilities, Family Assistance, marriage Workshops and Community Services Administrtation.

**Target Population:**
Children and Families of Arizona

**Contact Agency:**
Division of Child Youth and Family Servivces: 1-800-352-8401

**Funding Source:**
Federal

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**Services for People with Disabilities**

**Phone**  1-800-835-2100
**Website**  [http://www.de.state.az.us/tp/portal.asp](http://www.de.state.az.us/tp/portal.asp)

**Project:**  Services for People with Disabilities

**Expected Activities and Outcomes:**
The following services are available: Arizona Early Intervention Program, Developmental Disabilities and Rehabilitation Services.

**Contact Agency:**
DES-Disabilty Services:
http://www.de.state.az.us/tp/portal.aspasp

**Funding Source:**
Federal, State

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**Arizona Department of Environmental Quality**

**Arizona-Mexico Border Team**
400 West Congress, Suite 433
Tucson  85701  Arizona
**Phone**  (520) 628-6744
**Fax**  (520) 770-3540
**E-mail**  dossantos.placido@ev.state.az.us
**Website**  [www.adeq.state.az.us](http://www.adeq.state.az.us)

**Mission**
Address trans-boundary environmental and environmental health issues that affect the Arizona-Sonora border. ADEQ-Border team cover issues related to air quality, emergency response, environmental education, environmental health, hazardous materials and hazardous waste, pollution prevention, transportation infrastructure (as it relates to air quality), water and wastewater infrastructure and water quality.

**Project:**  Arizona Mexico International Green Organization, AMIGO Program

**Objectives:**
Generate partnerships leading to voluntary pollution prevention activities among border industries in Arizona and Sonora.

**Expected Activities and Outcomes:**
Promote international private sector collaboration by bringing industries closer together, provide guidance, information and general support, provide annual awards to border industries with exemplary accomplishments for environmental protection while participating in the AMIGO Program.
ADEQ Industries in the Arizona-Sonora border area.

Target Population: Industries in the Arizona-Sonora border area.

Funding Source: EPA

Contact Agency: ADEQ

Collaborators: EPA, Procuraduría Federal de protección al Ambiente, Secretaría de Infraestructura Urbana y Ecología, municipal governments in Arizona and Sonora.

Project: Ambos Nogales Binational Air Quality Dialogue

Objectives:
Implement actions that will improve local air quality and public health.

Expected Activities and Outcomes:
Facilitate binational dialogue to consensus on action that will be taken to improve air quality and reduce the public health risk by reducing the particulate matter and emissions generated by or from unpaved traffic areas, vehicle emissions, traffic congestion, soil erosion and residential emissions (wood and garbage burning), the recommended actions and next step to implementation are described in the "Plan of Action to Improve Air Quality in Ambos Nogales"

Target Population:
Nogales and Rio Rico, Arizona and Nogales, Sonora

Funding Source: EPA

Contact Agency: ADEQ

Collaborators: Secretaría de Infraestructura Urbana y Ecología, U.S. State Department, Secretaría de Relaciones Exteriores, Arizona Department of Health Services, Secretaría de Salud Pública, Santa Cruz County, municipalities of Nogales, Arizona and Nogales, Sonora and a variety of other agencies in both countries who have a role in local air quality.

Project: Ambos Nogales Binational Air Quality Educational Outreach Campaign

Objectives:
Ensure public support for and participation in activities to improve local air quality.

Expected Activities and Outcomes:
Increase to a greater degree of Public awareness and individual actions to help improve air quality. Publish and disseminate the Ambos Nogales Clean Air Calendar (4th year) and The Breath Easy report (newspaper column). Disseminate of a series of air quality pamphlets, promotional material in the form of bumper stickers, magnets and t shirts. Use Billboard/bus placard campaign and public service announcements on TV and radio about garbage burning, vehicle emissions, as a to for the promotion for alternatives modes of transportation.

Target Population:
Nogales and Rio Rico, Arizona and Nogales, Sonora

Funding Source: NOAA, EPA

Contact Agency: ADEQ


Project: Ambos Nogales Binational Sanitary Facilities Planning

Objectives:
Improve international wastewater collection and treatment facilities serving Ambos Nogales
Expected Activities and Outcomes:
Construction of new international interceptor to collect flows and construction of improved treatment facilities, rehabilitation and extension of collection services.

**Target Population:**
Nogales and portions of Rio Rico, Arizona and Nogales, Sonora

**Funding Source:**
EPA, IBWC, City of Nogales

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**Expected Activities and Outcomes:**
Target Population: Nogales and portions of Rio Rico, Arizona and Nogales, Sonora

**Funding Source:**
EPA, IBWC, City of Nogales

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**Contact Agency:**
ADEQ

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**Collaborators:**
International Boundary and Water Commission (US and Mexican Sections), EPA, Secretaria de Infraestructura Urbana y Ecología, Comisión de Agua Potable y Alcantarillado del Estado de Sonora, Arizona Department of Water Resources, Commission Nacional de Agua and the municipalities of Nogales, AZ and Nogales, Sonora

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**Douglas/Agua Prieta Binational Air Monitoring Project**

**Objectives:**
Evaluate the human health impacts of emissions and atmospheric transport of hazardous air pollutants (HAPs) and particulate matter. Plan similar effort in Yuma-Somerton-San Luis, Arizona and San Luis Rio Colorado, Sonora.

**Expected Activities and Outcomes:**
Air sampling and monitoring, atmospheric simulation modeling and human health risk assessment.

**Target Population:**
Douglas, Arizona and Agua Prieta, Sonora

**Funding Source:**
EPA

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**Contact Agency:**
ADEQ

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**Collaborators:**
EPA, Secretaria de Medio Ambiente y Recursos Naturales, municipalities of Douglas, AZ and Agua Prieta, Sonora

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**Ambos Nogales Binational Air Monitoring Project**

**Objectives:**
Evaluate the human health impacts of emissions and atmospheric transports of hazardous air pollutants (HAPS) and particulate matter (PM).

**Expected Activities and Outcomes:**
Comprehensive data and information gathering efforts included air sample collection, meteorological monitoring, air emission inventories, atmospheric simulations models and human health risk assessment. A summary of the findings can be found in the Ambos Nogales Binational Air Quality Study --Citizen's Summary", available on ADEQ's website.

**Target Population:**
Nogales, Arizona and Nogales, Sonora

**Funding Source:**
EPA

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**Contact Agency:**
ADEQ

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**Collaborators:**
EPA, Secretaría de Medio Ambiente y recursos Naturales, Santa Cruz County Health Department, municipalities of Nogales, Arizona and Nogales, Sonora

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**Pretreatment Program for Nogales, Sonora**

**Objectives:**
Pursue development of an industrial wastewater pre treatment program for Nogales.
**Expected Activities and Outcomes:**
Water quality sampling, laboratory analytical support, visit to the ADHS laboratory and Arizona communities with established pre treatment programs

**Target Population:**
Nogales, Sonora

**Funding Source:**
Unavailable

**Contact Agency:**
ADEQ

**Collaborators:**
Internacional Boundary and Water Commission (US and Mexican Sections), EPA, Commission de Agua Potable y Alcantarillado del Estado de Sonora

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**Arizona Department of Health Services**

Office for Children with Special Health Care Needs
150 N. 18th Ave., Suite 330
Phoenix 85017 Arizona
Phone  (602) 542-1860
Fax  (602) 542-1860
E-mail mkrenit@hs.state.az.us
Website  http://hs.state.az.us/phs/ocshcn/

**Mission**
The mission of the Office for Children with Special Health Care Needs is to continuously improve comprehensive systems of care which enhance the health, future, and quality of life for children with special health care needs, their families, and the communities in which they live.

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**Project: ** **Arizona Early Intervention Program (AzEIP)**

**Objectives:**
Provide developmental evaluation services for infants and toddlers (0-3) who are experiencing delays and may benefit from early intervention.

**Expected Activities and Outcomes:**
The five state agencies work together to provide a comprehensive system of early intervention for children with special health care needs under the age of 3 and their families

**Target Population:**
Infants/toddlers 0-3 exhibiting developmental delays statewide.

**Funding Source:**
Part C, Title IXX, Title V

**Contact Agency:**
ADHS-Office for Children with Special Health Care Needs

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**Project: ** **Asthma Program**

**Objectives:**
To reduce morbidity and mortality due to asthma.

**Expected Activities and Outcomes:**
Development of local coalitions that will develop and implement community based programs to address the needs of children who have asthma
**Target Population:**
Statewide

**Funding Source:**
Title V: Maternal and Child Health Block Grant

**Contact Agency:**
Office for Children with Special Health Care Needs

**Collaborators:**
Arizona Asthma Coalition, American Lung Association - Arizona Affiliate, Maricopa County Health Department, Pinal County Health Department, Phoenix Children’s Hospital

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**Project:** Children’s Rehabilitative Services (CRS)

**Objectives:**
Assure the highest quality comprehensive care for the function improvement of medically qualified individuals through a family centered, interdisciplinary team approach in a cost effective managed care setting.

**Expected Activities and Outcomes:**
Improve case finding techniques, increase outreach services to rural areas, decrease waiting times for CRS outpatient clinics, decrease length of stay in hospitals, increase the proportion of ambulatory to inpatient surgeries, avoid duplication of services, and increase the availability and accessibility of multi-specialty, interdisciplinary services.

**Target Population:**
The target area is the state of Arizona. The target population is children with special health care needs 0-21 years of age who have certain medical, handicapping or potentially handicapping conditions.

**Funding Source:**
A combination of funding is received from state and federal sources. ADHS collects Federal funding from the AHCCCS Administration for Title XIX

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**Project:** Community Development

**Objectives:**
To develop parent led self-reliant, self-sustaining community organizations to mobilize local, state and federal resources to improve the quality of life for children with special health care needs and their families.

**Expected Activities and Outcomes:**
1. Protocol for Community Development/ Promoting Community Change for Children with Special Health Care Needs (Hunter/Homan): Upon Community Selection, Identifying and/ or Develop Community Group of Investors/ Stakeholders. Communities may enter the process either through invitation or self-selection. Families, Service providers and agencies, community leaders and existing groups are identified. Interest in the Needs-Resource Assessment/ Community Development process is ascertained. A relationship is established with either an existing group, or a new group is formed. A team of Parent Community Leaders is identified and placed under contract to serve as liaisons, developers, and coordinators of activities and communication.

2. Conduct a Community Needs/ Resources Assessment
The sponsoring community group/team and Parent Community Leaders plan needs/resources assessment process. Parents are identified who may serve as surveyors, times and locations of forums noted, and arrangements finalized. Parent and Provider Community Forums are held, interviews and surveys completed and community data compiled. An identification of community resources is integrated into the process, identifying special citizen skills, talents and knowledge as well as professionals, service organizations and natural resources.
3. Data Analysis
Information gathered through the Needs/Resources Assessment process is compiled and analyzed by OCSHCN staff, Parent Community Leaders, the Community Planning Team, and System of Care Team/Agency staff. A written Community Report Card, Issue Things to Consider, and Community Profile is completed. The Workbook for Community Change is updated with specific community documents, identifying resources as well as issues.

4. Community Presentation of Needs/Resources Assessment Results.
The results of the Needs/Resources Assessment are presented back to the community according to plans made by the sponsoring community action group. Community team members present the results to the assembled community team and forums participants, and solicit their participation in taking action. The community team may consist of families who have children with special health care needs, young adults who are disabled, service providers and agencies, advocacy groups, interested community and business leaders and elected officials.

The community identifies one or two issues to resolve within a specified time frame. Parent Community Leaders organize and sustain action to resolve identified action. The community team pursues all potential resources, intrinsic and financial, to accomplish their goals, continually connecting people and resources with each other, sharing talents and energy. Once substantial progress is made on the initial issues, the community team prioritizes and resolves additional family and community issues for action.

6. Ongoing Community Support/Increasing Leadership/Linking of Communities.
Parent Community Leaders, through ongoing support and technical assistance by OCSHCN staff and consultant, continually seeks and promotes new community leadership and learning. Linking strategies of regularly held conference calls, get-togethers, and conferences assist leaders and members of their respective teams to learn from, coordinate with and support one another, both from within their own communities and among other communities. Community teams, mentoring other community teams, exchange information and techniques, building statewide strength and power bases to produce both community and state level change.

7. Measuring Success
Working in partnership, Parent Leaders, Community Action Teams and OCSHCN identify indicators of their success utilizing the Elements of Community Development as a guide. Realizing that everything happens through relationships, parent leaders and community team members, are reinforced for their talents, energy and interest in improving the system of care by identifying and recognizing their successes.

8. State Level Support and Responsibility
The State Level System of Care Team, through coordination and communication with Parent Leaders and Community Teams, supports community initiatives by identifying system barriers and responsibilities for change, with the goal of promoting desired community change for all children and especially for those with special health care needs.

9. Transference of Community Development Philosophy and Protocol to other Elements of the Service Delivery System
Other participants of the system of care are positively influenced and altered through communication and education of the principles, activities and strategies of the Community Development Philosophy and Protocol, thereby promoting a community based, parent driven service delivery system.

Target Population:
The goal is to eventually provide services statewide. Currently programs are available in the following communities: Page, Prescott, Prescott Valley, Chino Valley, Bullhead City, Yuma, Somerton, San Luis, St. Johns, Springerville, Eager, Mesa, Flagstaff, Douglas. New communities are consistently being identified.

Contact Agency:
ADHS-Office for Children with Special Health Care Needs
Collaborators:
Each community has formed partnerships and community action organizations. Parents with children with special health care needs provide leadership and management to the organization, which also consists of parents and professionals from various entities within their community. The sectors are: medical, social service, education, public health and community. Examples of community team membership include: Public Health and School Nurses, School District Superintendents or Special Education Directors, City Officials, Physicians, Social Service Providers and others.

Project: **Arizona Sickle Cell Anemia Program**

Objectives:
To work in partnership with families and other team members to develop and implement the Individualized Family Service Plan, Family Service Plan or Individualized Service Plan for children/teens with chronic medical, developmental delays, or Traumatic Brain Injury, recognizing that the family is the child's most important resource. To assist families in acquiring the knowledge and skills they need to support the development of their child who has special needs. To help families communicate and coordinate services among all providers. Emphasizing the team approach.

4. To assist families in identifying their priorities, resources and concerns and accessing resources / services within their community.

Expected Activities and Outcomes:
The Arizona Department of Health Services provides service coordination assistance for families with children birth to three years of age who are eligible for ADHS/Arizona Early Intervention Program. The children may have metabolic disorders, neural tube defects (spina bifida), severe attachment disorders, pediatric under-nutrition/failure to thrive, or other medical conditions/disorders that impact 50% or more of their developmental milestones. Examples include: children who have an exceptional need for coordination of multiple service providers and resources; families presenting with multiple children with special health care needs needing coordination of medical services; children/families needing time limited assistance to accomplish discharge or transition to other service providers; children ages of 2 and 17 years of age who have had a traumatic brain injury and are within 2 years post injury.

Target Population:
Families with children birth to three years of age statewide.

Funding Source:
Title V Maternal and Child Health Block Grant, IDEA Part C, and Grant funds

Contact Agency:
ADHS-Office for Children with Special Health Care Needs

Collaborators:
Department of Security, Arizona Early Intervention Program; Governor’s Council for Spinal and Head Injuries

Project: **Children's Environmental Health**
Addresses lead poisoning, pesticide poisoning, indoor air quality, safe sun behavior, and other environmental health concerns of a non-infectious nature.

**Expected Activities and Outcomes:**
Conduct Lead Poisoning Surveillance, develop lead poisoning prevention efforts, conduct education and outreach activities, provide SunWise School Program which teaches children how to protect themselves from overexposure to the sun.

**Target Population:**
Children of the State of Arizona

**Funding Source:**
CDC Childhood Lead Poisoning Prevention cooperative agreement

**Contact Agency:**
Arizona Department of Health Services, Office of Environmental Health

**Collaborators:**
AHCCCS, Housing and Urban Development, Centers for Disease Control and Prevention, Environmental Protection Agency

**Mission**
To strengthen the family and the community by promoting and improving the health status of women, infants and children.

**Project:** Newborn Screening Program (comprised of Newborn Endocrine/Metabolic/Hematological Screening [NBS] and Universal Newborn Hearing Screening [UNHS])

**Objectives:**
New Born Screening Program (NBS): The objective is to identify those babies who have specific serious medical conditions. Finding these babies and providing them with early treatment can prevent serious problems, such as mental retardation or even death.

Endocrine/Metabolic/Hematological Screening [NBS] and Universal Newborn Hearing Screening [UNHS]. The objective is to identify those babies who have a hearing loss by 1 month of age, so they can be diagnosed and receive intervention services early. Finding these babies and providing them with appropriate intervention helps assure that they have the opportunity to acquire the language, social and cognitive skills that will ensure their success in school and society.

**Expected Activities and Outcomes:**
Health Practitioners (physicians, nurse midwives, lay midwives, primary care providers) are responsible for: ordering the screening tests for newborn infants in their care; informing parents about the screening tests; collecting, handling and submitting of newborn screening specimens; promptly following-up with families in the event of an abnormal result; and providing appropriate medical monitoring/referral to specialists.

Hospitals, practitioners, and/or their contracted laboratories collect and submit specimens for testing.

Arizona Department of Health Services - State Laboratory tests the specimens for the designated diseases and reports results to the physicians listed on the form. The Laboratory reviews the specimens for acceptability, performs the screening tests, keeps records of the tests performed, and conducts quality control studies of laboratory methods and practices.
Target Population: All babies born in Arizona

Funding Source: NBS – Newborn screening fund (funding from fees paid by the submitters of the specimens being tested).

Project: Sensory Program

Objectives: Improve the health of Arizona Children by identifying hearing and vision problems early through school screening programs.

Expected Activities and Outcomes: All children enrolled in Arizona schools will have their hearing and vision screened.

Target Population: Children in pre-school, public schools, private schools and charter schools.

Funding Source: Maternal and Child Health Block Grant

Contact Agency: Arizona Department of Health Services, Bureau of Community and Family Health Services

Collaborators: Health Practitioners (physicians, nurse midwives, lay midwives, primary care providers) Hospitals and/or their contracted laboratories Arizona Department of Health Services - State Laboratory Arizona Department of Health Services - Newborn Screening Program Medical specialists (pediatric endocrinologists, metabolic geneticists, pediatric hematologists, pediatric audiologists) Arizona Department of Health Services – Children’s Rehabilitative Services Program Arizona Schools for the Deaf and the Blind

Project: Child Health Grant

Objectives: Reduce the rate of deaths caused by motor vehicle crashes. Reduce hospitalizations for nonfatal injuries and poisonings per 100,000 adolescents age 15 through 19. Increase the proportion of children who receive dental care each year. Reduce the rate of children 1 through 14 hospitalized for ambulatory care sensitive conditions per 100,000.

Expected Activities and Outcomes: Reduced mortality and morbidity of children. Increased access to health care.

Target Population: Statewide/low income families

Funding Source: Title V MCH Block Grant

Contact Agency: Arizona Department of Health Services, Bureau of Community and Family Health Services

Collaborators: Pima County Health Department; Southeast Arizona Behavioral Health Services; AHCCCS, Bureau of Emergency Medical Services, Asthma Coalition, American Lung Association, Office of Oral Health
**Project: Reproductive Health/Family Planning**

**Objectives:**
- To provide comprehensive reproductive health/family planning services, which include:
  - Initial/annual exams
  - Physical assessment
  - Laboratory testing
  - Medical, social, reproductive history
  - Fertility regulation
  - Infertility services
  - Pregnancy diagnosis and counseling
  - Adolescent services
  - Sexually transmitted disease screening
  - Client education
  - Client counseling
  - Information and referral services

**Expected Activities and Outcomes:**
Low-income families will have increased access to health care and will receive preventative services.

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<th><strong>Target Population:</strong></th>
<th><strong>Contact Agency:</strong></th>
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<tbody>
<tr>
<td>Statewide/Low-income individuals</td>
<td>Arizona Department of Health Services, Bureau of Community and Family Health Services</td>
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<th><strong>Funding Source:</strong></th>
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<tr>
<td>Title V, MCH Block Grant</td>
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<tr>
<td>Cochise County Health Department; Yuma County Department of Public Health; Arizona Family Planning Council; Arizona Family Planning Coalition</td>
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**Project: Child Health Indicator Program**

**Objectives:**
- Gather data regarding health concerns of children in participating schools

**Expected Activities and Outcomes:**
- Market CHIP to school nurses. Train school nurses and ITS employees from participating schools on how to use CHIP.
- Offer “Help Desk” Services. Gather data from participating schools. Create reports with the aggregate data.

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<tr>
<th><strong>Target Population:</strong></th>
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<tr>
<td>School Nurses Statewide</td>
<td>Arizona Department of Health Services, Bureau of Community and Family Health Services</td>
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<th><strong>Collaborators:</strong></th>
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<td>AZ School Nurse Consortium, School Nurses</td>
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**Project: Health Start Program**

**Objectives:**
- To increase prenatal services to at risk pregnant women, reduce the incidence of low birth weight babies, reduce the incidence of children affected by childhood diseases, increase the number of children receiving age appropriate immunizations by two years of age, educate families on good nutrition habits, preventative health care and child development

**Expected Activities and Outcomes:**
- Reduction in low birth weight babies born to program mothers, early entry into prenatal care, increased immunization rates among index children.
<table>
<thead>
<tr>
<th>Project</th>
<th>County Prenatal Block Grant (Cochise, Santa Cruz and Yuma Counties)</th>
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<tbody>
<tr>
<td><strong>Target Population:</strong></td>
<td>High Risk pregnant women in a variety of communities around the state. The following service communities are in close proximity to the Arizona-Mexico border: Douglas, Bisbee, Nogales, Elgin, Patagonia, Tubac, Yuma, Somerton, San Luis, Sumerton, East City and Wellton.</td>
</tr>
<tr>
<td><strong>Contact Agency:</strong></td>
<td>Arizona Department of Health Services, Bureau of Community and Family Health Services</td>
</tr>
<tr>
<td><strong>Collaborators:</strong></td>
<td>County Health Departments and Community Health Centers</td>
</tr>
<tr>
<td><strong>Funding Source:</strong></td>
<td>Proposition 204 tobacco tax settlement funds</td>
</tr>
<tr>
<td><strong>Project:</strong></td>
<td>County Prenatal Block Grant (Cochise, Santa Cruz and Yuma Counties)</td>
</tr>
<tr>
<td><strong>Objectives:</strong></td>
<td>Provide pre-natal classes and breastfeeding classes Reduce the rate of low birth weight babies Referral and linkage of community services Education on women’s health and its impact on birth outcome Child safety and health programs Teen program (cases management) Tobacco, alcohol and drug education and impact on birth outcome</td>
</tr>
<tr>
<td><strong>Expected Activities and Outcomes:</strong></td>
<td>Prenatal classes that educate women on childbirth, healthy lifestyles and birth outcome, importance of breastfeeding and infant health, child safety (i.e., car seat training and provision), case management programs for women and teens who are considered to be at risk</td>
</tr>
<tr>
<td><strong>Target Population:</strong></td>
<td>All women of child bearing age, infants and children.</td>
</tr>
<tr>
<td><strong>Contact Agency:</strong></td>
<td>Arizona Department of Health Services, Bureau of Community and Family Health Services</td>
</tr>
<tr>
<td><strong>Collaborators:</strong></td>
<td>ADHS</td>
</tr>
<tr>
<td><strong>Funding Source:</strong></td>
<td>ADHS</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Project</th>
<th>Abstinence Until Marriage Education</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Objectives:</strong></td>
<td>To reduce teen pregnancy and rates of Sexually Transmitted Disease among this population.</td>
</tr>
<tr>
<td><strong>Expected Activities and Outcomes:</strong></td>
<td>Unavailable</td>
</tr>
<tr>
<td><strong>Target Population:</strong></td>
<td>Children and adolescents 9-18 years, and their parents.</td>
</tr>
<tr>
<td><strong>Contact Agency:</strong></td>
<td>Arizona Department of Health Services, Bureau of Community and Family Health Services</td>
</tr>
<tr>
<td><strong>Collaborators:</strong></td>
<td>MCHD Abstinence Funds and Proposition 204</td>
</tr>
<tr>
<td><strong>Funding Source:</strong></td>
<td>Schools and community organizations</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Project</th>
<th>Medical Home Project</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Objectives:</strong></td>
<td>Increase access to health care for children with no other source of health care.</td>
</tr>
<tr>
<td><strong>Expected Activities and Outcomes:</strong></td>
<td>Obtain volunteer physicians and reduced cost ancillary services. Coordinate available health care providers and ancillary services for uninsured children who need the services we have available. Refer children for AHCCCS and Kids Care as appropriate.</td>
</tr>
</tbody>
</table>
**Arizona Kidney Foundation, Affiliate National Kidney Foundation**

**Phenix, Arizona**
**Phone** (520) 882-7604, (602) 840-1644
**Fax** (602) 840-2360
**Website** www.azkidney.org

**Project:** Affiliate National Kidney Foundation

**Expected Activities and Outcomes:**
Financial assistance with food, prescription medications, dental treatment, emergency transportation and emergency living expenses for Arizonans requiring kidney transplant or dialysis screening for early evaluation of at risk individuals. Sponsors patient support groups and activities; promotes an organ donor program; provides educational materials about kidney disease; provides educational materials about kidney disease; provides speakers bureau for schools, civil groups, etc.

**Target Population:** Arizonans
**Contact Agency:** Arizona Kidney Foundation

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**Association of Arizona Food Banks**

**Central Office**
21000 N. Central Avenue
**Phone** (800) 445-1914
**Fax** (602) 528-3838
**E-mail** ghildebrand@azfoodbank.org

**Project:** Central Donar Service

**Expected Activities and Outcomes:**
Operates the Central Donor Service which brings together donors of salvageable and gleaned products with food banks capable of pick up, storage, and distribution; also publishes a directory of emergency food resources which includes all food banks and pantries in the state as well as the services they provide. Advocacy for nutrition policy.

**Target Population:** Arizona

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**Border Health Foundation-Puentes de Amistad**
Mission

To improve the health of people in the Americas with particular focus on the U.S-Mexico border by developing relationships that further knowledge, empower people and maximize the utilization of resources. Border Health Foundation programs seek to improve coordination and cooperation while respecting diversity.

Project: Chiricahua Community Health Center, Rural Health Outreach Grant:

**Diabetes Consortium**

**Objectives:**
Identify individuals at risk for diabetes and increase their access to health care. Provide education about Diabetes, treatment and self care to patients and their families and continuing medical education to providers on "Best Practices"

**Expected Activities and Outcomes:**
Health care improvement and accessibility through education class and ongoing dialogue with local healthcare providers.

**Target Population:**
Cochise County residents at high risk for diabetes.

**Contact Agency:**
Compañeros of Cochise County

**Funding Source:**
University of Arizona Rural Health Office
(Mel and Enid Zuckerman, Arizona College of Public Health)

**Collaborators:**
Cochise County Health and Social Services

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Project: Disparities

**Objectives:**
Provide outreach services and assessments to 100 Latina women. Offer referrals to or access to services, agencies/community based organizations. Provide workshops on substance abuse prevention and treatment, prevention/treatment for mental health and other health topics.

**Expected Activities and Outcomes:**
Provide information, education and support for Latina women on relevant health issues and additional support by referring them agencies for substance abuse treatment, mental healthcare and services.

**Target Population:**
Latina women between the ages of 18-55

**Contact Agency:**
Juntos Unidos of Santa Cruz County or Compañeros of Cochise County

**Funding Source:**
Substance Abuse and Mental Health Services (SAMHSA)

**Collaborators:**
Juntos Unidos (BHF-Nogales), Puentes de Amistad (BHF-Somerton), Companeros (BHF-Douglas)

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Project: Strengthening Families

**Objectives:**
Increase the capacity of Neighborhood Liaisons to effectively conduct consensus building among targeted at-risk families. Increase the knowledge base of staff on science-based prevention models and how to apply these within the communities served by this agency. Ensure that all family strengthening efforts are culturally relevant and sensitive. Promote a sense of community ownership in the activities and programs being carried out; increase sustainability and
empowerment. Strengthen local-level family protective factors for the purpose of promoting greater resiliency among target communities and families. Regularly conduct outcome evaluations for better monitoring project effectiveness. Determine the process and outcomes evaluations of Entre Familia, a proven science based program, as part of a cross site evaluation.

**Expected Activities and Outcomes:**
Implement 3 waves of family strengthening classes for 30 participants and an evaluation process to determine whether EntreFamilia program is an effective family strengthening model in the target communities.

**Target Population:**
120 families

**Contact Agency:**
Juntos Unidos of Santa Cruz County or Compañeros of Cochise County

**Funding Source:**
Substance Abuse and Mental Health Services (SAMHSA)

**Collaborators:**
Juntos Unidos (BHF-Nogales), Puentes de Amistad (BHF-Yuma), South Central New Mexico Prevention (New Mexico partner)

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**Project:** **Drug Free Communities Support Program**

**Objectives:**
Expand parent awareness of the risks and protective factors associated with adolescent use of alcohol, tobacco, and other drugs (ATOD) to reduce substance use among youth in Santa Cruz County. Utilize the Media Sharp curriculum to educate youth and community members to interpret and counter media messages from the United States and Mexico, and their influence on the local use of ATOD. Reduce minor access to tobacco and alcohol in Santa Cruz County to minimize availability as the risk factor in this binational border community. Monitor coalition progress toward project goals by collecting and assessing process and outcome evaluations measures.

**Expected Activities and Outcomes:**
Coalition Meetings
Youth Council Meetings
Parenting trainings utilizing Preparing for the Drug Free Years parenting curriculum
Trainings for youth utilizing Media Sharp curriculum.

**Target Population:**
Santa Cruz County (youth parents and businesses that sell liquor/tobacco)

**Contact Agency:**
Juntos Unidos of Santa Cruz County

**Collaborators:**
Santa Cruz County Sheriff Department, Nogales Policy Department, Nogales Unified School District #1, Santa Cruz Valley School District #35, University of Arizona Cooperative Extension, Santa Cruz County, Santa Cruz Tobacco Local Project

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**Project:** **Domestic Violence -Non-Violence Classes for Men**

**Objectives:**
Teach male perpetrators alternatives to violence.
**Expected Activities and Outcomes:**
A non-violent 16-24 week curriculum (determined by judge and/or probation officer), designed to foster the positive attitudes toward relationships and to reflect the negative consequences of utilizing power and control to resolve conflict. The desired outcome is for participants to change their attitudes toward violence and to be able to share responsibility with their partner/spouse.

**Target Population:**
Cochise County Court mandated classes for males arrested for domestic violence or related charges.

**Funding Source:**
Office of Justice Programs (Office on Violence Against Women)

**Contact Agency:**
Juntos Unidos of Santa Cruz County or Companeros of Cochise County

**Collaborators:**
Juntos Unidos (BHF-Nogales), Puentes de Amistad (BHF-Somerton), Companeros (BHF-Douglas)

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**Project: CDC National and STD and AIDS Hotlines**

**National Hotlines**
845 N. Main Ave.
Tucson AZ
Phone (800) 227-8922, (800)342-2437
E-mail std-hiv@ashastd.org
Website www.ashastd.org, www.iwannaknow.org

**Expected Activities and Outcomes:**
Free, confidential service local and national information and referral about sexually transmitted diseases and HIV/AIDS; answers general questions, provides written information on basic and specific diseases, as well as treatment and prevention. Group and classroom calls can be made to CDC National STD and AIDS Hotlines.

**Target Population:**
Nationally

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**Project: Child and Family Resources**

**Community Assist of Southern Arizona (CASA)**
855 Cochise Avenue
Douglas 85607 Arizona
Phone (520) 364-5150
Fax (520) 634-5703
E-mail cfrdg@theriver.com
Website www.childfamilyresources.org

**Mission**
To enhance the quality of life for all children and their families.

**Expected Activities and Outcomes:**
Reduce the community's exposure to environmental pollutants, by linking members of the community who are affected by adverse environmental conditions with health care providers. Provide relevant and culturally sensitive information about environmental pollutants to promote a community-wide interest in the project. Act as liaison between researchers and communities and help disseminate research results in an easy to understand format. Reduce the number of visits to the school nurse caused by respiratory illness. Reduce the number of childhood lead and arsenic poisoning reported by doctors and laboratories. Finish the testing for items of concern for heavy metals. These items include home remedies,
and candies. Develop survey instrument appropriate for each community based on the Nogales instrument. Conduct a minimum of 200 home visits in each community (Nogales, Douglas, Southern Tucson, Yuma). Conduct six workshops for parents and children in each community. Present at least on radio broadcast for each community. Develop at least one school program other than the workshops in each community. Of those identified as having health affects from environmental pollutant, assists at least 75 percent of those not currently under medical supervision to obtain medical care and conduct at least on workshop for acacias and yerberias on the heavy metal content of home remedies.

**Expected Activities and Outcomes:**
Program Goal: Reduce the communities exposure to environmental pollutants. Activities: Training of Promatoras on new information and procedures; Conduct a minimum of 200 home visits in each community; Provide relevant and culturally sensitive information about environmental pollutants; Conduct 6 workshops for parents and children in each community.

Develop one school program other than the workshop.

The following outcomes are expected:
Increase the knowledge of 75% of the participants that complete home visits; Increase community awareness; Increase the number of asthma educational programs provided in schools; Complete 100% of educational workshops; Of the 200 homes visited, complete mitigation in at least 85% of homes requiring and desiring mitigation; Reduce the number of childhood lead and arsenic poisoning cases reported by doctors and laboratories by 2 percent.

Complete outreach to 100 pharmacies and yerberias in Nogales, Arizona.

Program Goal --Link members of the community who are affected by adverse environmental conditions with health care providers
Activity--Of those identified as having health affects from environmental pollutants under medical supervision to obtain medical care.
Outcomes--Assist at least 75% of those not currently under medical supervision to obtain medical care.

Program Goal--Act as liaison between researchers and the communities and help disseminate research results in an easy to understand format.
Activities--Finnish the testing for items of concern for heavy metals. These items include home remedies, and candies.
Continue to work with the University of Arizona.
Development and use of existing material.
Outcomes--Complete 100% of the testing of the home remedies.

**Target Population:**
Border regions of southern Arizona where Child and Family Resources, Inc. has an office (Nogales, Douglas, southern metropolitan Tucson and Yuma)

**Contact Agency:**
Child and Family Resources-Community Assistance of Southern Arizona (CASA)
(520) 881-8940

**Funding Source:**
National Institute of Environmental Health Sciences

**Collaborators:**
Mariposa Health Center, Southeast Arizona Health Education Center, Sonora Environmental Research Institute, University of Arizona

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**Healthy Families of Arizona**
855 Cochise Avenue
Douglas 85607 Arizona
Phone (520) 364-5150
Fax (520) 364-5703
E-mail cfrdg@theriver.com
Website www.childfamilyresources.org

**Mission**
To enhance the Quality of Life for all children and their families.

**Project:** **Healthy Families**

**Objectives:**
Enhance parent/child interaction by promoting child health and development and addressing concerns about parent and child abuse and neglect issues.
Expected Activities and Outcomes:
Link families with medical providers, day cares, and schools and Connectfamilies with necessary community services and resources. Enhance self-efficiency through education and employment opportunities while teaching appropriate discipline strategies and parenting education. Healthy Families provides emotional support and screening to ensure appropriate physical and social emotional child development. Intensity of services is based on family need, beginning weekly and moving gradually to quarterly home visits as families become more self-sufficient. Modeling is used to increase effective parent-child interactions to provide appropriate child development, nutrition and safety education.

Target Population:
All units in designated target Cochise County areas. Bisbee 85603, Douglas 85607, Elfrida 85610, Naco 85620, MacNeal 85617, Pirtleville 85626 are screened at the hospital.

Funding Source:
DES state funds and our current funding is through tobacco settlement dollars.

Contact Agency:
Child and Family Resources-Healthy Families

Collaborators:
Sierra Vista Regional Health Center and Devereaux Arizona

Main Office
2800 East Broadway Blvd.
Tucson 85716 Arizona
Phone (520) 881-8940
Fax (520) 335-8780
Website www.childfamilyresources.org
Mission
To enhance the quality of life for all children and their families.

Project: Abstinence Program
Objectives:
This school-based program delivers abstinence education to 4th through 8th grade students.

Expected Activities and Outcomes:
Unavailable

Target Population:
Public School Districts of the following border counties: Santa Cruz County: Nogales, Rio Rico. In Cochise County: Palominas, Tombstone, and Sierra Vista.

Contact Agency:
Child and Family Resources

Collaborators:
Unavailable

Project: Young Father's Programs
Objectives:
Assist young fathers in accessing community services, preparing for the GED test, establishing paternity, learning parenting and life skills, and building a lifelong commitment to their children.

Expected Activities and Outcomes:
Unavailable

Target Population:
In Phoenix (Maricopa County), Tucson (Pima County), Yuma (Yuma County).

Contact Agency:
Child and Family Resources

Collaborators:
Unavailable
### Project: Centers for Adolescent Parents

**Objectives:**
A comprehensive program offering GED prep, parenting life skills education, career development, and free on-site child care.

**Expected Activities and Outcomes:**
Unavailable

**Target Population:**
Available to young mothers ages 16-19. In Tucson (Pima County) and Phoenix (Maricopa County).

**Contact Agency:**
Child and Family Resources

**Collaborators:**
Unavailable

### Project: Choices for Teen Parents

**Objectives:**
Provides educational services, parenting and life skills training, case management, health services, job development/placement, referrals to community services, mentoring and parent support to teen parents.

**Expected Activities and Outcomes:**
Unavailable

**Target Population:**
Teens in Yuma County only.

**Contact Agency:**
Child and Family Resources

**Collaborators:**
Services are provided in collaboration with Child & Family Resources, Big Brothers and Big Sisters, Parents Anonymous, Yuma County Health Department, Yuma Private Industry Council and Yuma Union High School.

### Project: Girl Talk / Guy Talk Prevention Programs

**Objectives:**
Middle-school-aged youth learn skills to help them resist sexual activity, drug and alcohol use. They build strong futures in fun, gender-separate, after-school clubs.

**Expected Activities and Outcomes:**
Unavailable

**Target Population:**
A summer program is offered to teens, at two school sites. In Tucson only.

**Contact Agency:**
Child and Family Resources

**Collaborators:**
Unavailable

### Project: Pre-Adolescent Diversion Project

**Objectives:**
Youth (8 to 12) and their families are referred by Juvenile Court to participate in a workshop series. Juveniles learn new strategies to manage anger, solve problems and improve family communication.

**Expected Activities and Outcomes:**
Unavailable
Target Population: Youth (8 to 12) and their families. In Tucson only.

Contact Agency: Child and Family Resources

Collaborators: Unavailable

Project: Choices for Families

Objectives: Offers in-home family support services through a community-based, multi-disciplinary collaboration. The continuum of services promote positive parenting, enhance family functioning and assist families in maintaining self sufficiency.

Expected Activities and Outcomes: Unavailable

Target Population: Residents of Douglas, Safford, Sierra Vista (Cochise County), Tucson (Pima County), Nogales (Santa Cruz County) and Yum (Yuma County).

Contact Agency: Child and Family Resources

Collaborators: Unavailable

Project: Child & Adult Care Food Program

Objectives: Family child care providers are reimbursed for nutritious meals served to children in their care. Nutrition training is provided annually.

Expected Activities and Outcomes: Unavailable

Target Population: Residents of Douglas, Safford, Sierra Vista (Cochise County), Tucson (Pima County), Nogales (Santa Cruz County) and Yum (Yuma County).

Contact Agency: Child and Family Resources

Collaborators: Unavailable

Project: Breaking the Cycle: Juvenile Delinquency Prevention Program

Objectives: A violence prevention specialist trains child care staff and parents in Second Step, a nationally recognized violence prevention curriculum. The specialist assists centers in high-risk areas with the implementation of this curriculum.

Expected Activities and Outcomes: Unavailable

Target Population: Available in six Pima County preschools. In Tucson only.

Contact Agency: Child and Family Resources

Collaborators: Unavailable

Project: Strengthening Families

Objectives: This model program works with families who have substance abuse issues. Families participate in an intensive 14-week course that has demonstrated effectiveness in rural populations, and offers a valid, culturally tailored version for Hispanic populations.
**Project:** Arizona Early Intervention Program

**Objectives:**
Assist families and children to detect any possible developmental delays or established developmental conditions, as well as provide the public with developmental information.

**Expected Activities and Outcomes:**
Unavailable

**Target Population:**
District VI-Southern Arizona

**Contact Agency:**
Child and Family Resources

**Collaborators:**
Unavailable

**Funding Source:**
Federally funded by the US Department of Education /Office of special education and rehabilitation services through DES.

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**Project:** Head Start

**Objectives:**
Arizona Head Start Programs provide high quality early childhood education, nutrition, health, and social services with a strong parent involvement focus.

**Expected Activities and Outcomes:**
As the guarantee for the Head Start and Early Head Start programs for Southeastern Arizona, provides early childhood and family development services for pregnant women and pre-school aged children. Families must be low income or have a child with a disability. Services include classroom and home based programs; medical, dental, psychological and nutrition services for the child, and social support for the family. A special needs program integrates children with disabilities into the regular child development program. There are 22 centers in the Tucson area and Marana; center locations are available at the address listed above; also for centers located in Cochise and Santa Cruz Counties.

**Target Population:**
Children 0 to 5 years living in borderland counties.

**Contact Agency:**
Child and Family Centers, Head Start Program

**Collaborators:**
Many Community partners, non-profit organizations, private child care providers, and State agencies
Central Office
4575 E. Broadway
Tucson 85711 AZ
Phone (520) 325-4268
Fax (520) 318-6935
Website www.cpsa-rhba.org

Project: Central Office

Expected Activities and Outcomes:
Founded by Southeastern Arizona Behavioral Health Services (SEABHS), Arizona Physicians IPA (APIPA), and the Behavioral Health Coalition of Southern Arizona, CPSA was awarded the Regional Behavioral Health Authority (RBHA) contract initially July 1, 1995 by the Arizona Department of Health Division of Behavioral Health Services (ADHS-OBHS); extended through June 30, 2005. As a behavioral health managed care organization, CPSA functions to provide Member Services, Utilization Management, Information Systems, Financial Management and Administrative Services to a service delivery system that is risk and performance based. CPSA subcontracted providers are responsible for providing a continuum of behavioral health care services, inclusive of mental health care services, inclusive of mental health and substance abuse treatment, as well as prevention services in southern Arizona.

Contact Agency:
Community Partnerships of Arizona

CROSSROADS Mission

Behavioral Health Services
944 S. Arizona Avenue
Yuma 85364 Arizona
Phone (928) 783-9364
Fax (928) 329-1021
E-mail mgarlit@crossroadsmission.org
Website www.crossroadsmission.org

Mission
Crossroads Mission is a Christian organization dedicated to helping individuals who find themselves at a "crossroads" in their lives. Our goal is to help them make that turn that will bring them to a personal encounter with God, and to help them make changes that will result in better lives.

We offer life-changing, individualized programs leading to stable employment and independent living. With the help of caring donors like yourself, we are able to reach out to the chemically dependent, the needy, and the homeless of Yuma County and its surroundings.

Project: Serenity House

Objectives:
To help disadvantaged, disabled and disenfranchised individuals and families achieve a better quality of life.

Expected Activities and Outcomes:
Our services are coordinated by individual case management and education plans. Our Case Managers and Instructors identify individual goals and needs, the services required to meet these goals and partner with the client to accomplish these goals as an achievement for a better quality of life.
<table>
<thead>
<tr>
<th>Project:</th>
<th>Crossroads Recovery Life Skills Program</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Objectives:</strong></td>
<td>To assist the addicted to overcome their self-defeating, addictive behaviors to attain a higher quality of life through remission from chemical dependence.</td>
</tr>
<tr>
<td><strong>Expected Activities and Outcomes:</strong></td>
<td>Remission from substance dependence and return to being “normal” productive members of our community. The Life Skills Program is a complete drug and alcohol recovery program. It features: A Chemical Withdrawal Unit that allows for safe and supervised detoxification, open 24 hours a day, 7 days a week, 24 hour monitoring by qualified medical technicians. All cases overseen by a Medical Doctor. Including a 120 day residential program following detoxification based on 12 step method and Christian principles. Crossroads offer Individualized counseling, group meetings, spiritually/religious oriented meetings and activities.</td>
</tr>
<tr>
<td><strong>Target Population:</strong></td>
<td>Any person who meets the assessment criteria (DSM IV criteria for substance dependence.</td>
</tr>
<tr>
<td><strong>Funding Source:</strong></td>
<td>State Funding, other grants</td>
</tr>
<tr>
<td><strong>Contact Agency:</strong></td>
<td>Crossroads</td>
</tr>
<tr>
<td><strong>Collaborators:</strong></td>
<td>The Crossroads Mission Board, Executive Director, Treatment Director, counseling staff, shelter, education, and emergency services.</td>
</tr>
</tbody>
</table>
Dental del Sol

Dental Services
Avenida Obregon
Nogales Sonora
Phone Mexico: 631-312-22-35 US: 520-245-7028

Mission
Provide quality general dentistry and periodontic services to individuals of all ages and nationalities who are in need of oral health care.

Project: Dental Services

Objectives:
Offer bilingual General Dentistry and Periodontic services to the public.

Target Population:
All persons in need of dental care, both for the United States and Mexico

Contact Agency:
Dental del Sol - Dentistry of the Sun Dr. Adalbertos Gonzales Dr. Ivan Gonzales

Dental Laser

Dental Services
Lopez Mateos 172 Edificio Millenium, Colonia Cenro
Nogales Sonora
Phone US: 520-940-5518 Mexico: 631-312-0056
E-mail drjsaturno@yahoo.com

Mission
Provide quality general dentistry and periodontic services to individuals of all ages and nationalities who are in need of oral health care. Dental care is provided at approximately 60% of US cost.

Project: Dental Services

Objectives:
We offer treatment in the following areas: General Dentistry: including consultation, routine cleaning, full dental x-rays; Pediatric Dentistry and Orthodontics: including braces for all ages; Periodontics: gum surgery, non-surgical gum treatment, root planing, scaling; Restorative Dentistry: composite (tooth-colored) fillings, inlays, onlays, crowns, bridges, implants (restoration), partial dentures, dentures (upper and lower), denture repair; Cosmetic Dentistry: in-office tooth whitening, tooth whitening, bonding, porcelain veneers; Endodontics: root canal therapy; Other Clinical Services: bruxism (grinding), fresh breath, athletic mouth guards, night guards, sealants, smoking cessation, snore guards. All General Dentists and Specialists are bilingual in Spanish and English.

Expected Activities and Outcomes:
Provide quality services in a safe and relaxing environment. All General Dentist and Specialists are bilingual in Spanish and English.

Target Population:
Available to all citizens in need of dental services (US and Mexican). No insurance is necessary, although most US dental insurance plans are accepted.

Contact Agency:
Dental Laser - Lazer Dental
drjsaturno@yahoo.com

Environmental Education Exchange
**Mission 3R: A Challenge for Change**

**Objectives:**
Increase understanding and stimulates excitement about the "three R's" with a message that encompasses reducing, reusing, recycling, composting, recycling, buying recycled, and more. Through a unique educational software program distributed on CD-ROM.

**Expected Activities and Outcomes:**
The interactive segments are framed in an opening and closing that provide a meaningful context, with Spike explaining how the choices we make every day (to reduce, reuse, recycle, buy recycled, and compost) can help conserve natural resources and protect Arizona's natural environment. These segments feature beautiful nature photography as well as many images of items meaningful to students.

<table>
<thead>
<tr>
<th>Target Population</th>
<th>Contact Agency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Upper-elementary students</td>
<td>Environmental Educational Exchange</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Collaborators</th>
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</thead>
<tbody>
<tr>
<td>Recycling Office of the Arizona Department of Environmental Quality, schools and students</td>
</tr>
</tbody>
</table>

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**Tucson's Water Conservation Education Programs**
Create literacy among students regarding the water cycle, water resources, and water quality as well as prepare youth to better understand, when they take on adult roles, the complex and pressing water conservation issues facing southern Arizona.

**Expected Activities and Outcomes:**
Our Water, Our Future: Teach the Ways of Water, a two-part program consisting of five teacher-led activities followed by an interactive 90 minute presentation from a Tucson Water educator. Our Water, Our Future has reached over 700 classes and is now an institution for many local fourth and fifth grade teachers.

The Water Info Van Program, which begins with a short video, soon became known as Da Drops in honor of the animated talking water drops that take students on a journey beginning in the clouds and ending in the kitchen sink. After this brief video, the presentation focuses on groundwater model activities in which students experience changes in how people have used water over time.

The Tucson Toolkit: Perspectives on Our Water, a five-unit curriculum developed for middle school science teachers to integrate into their lesson plans. The Tucson Toolkit contains nine engaging hands-on activities such as collecting transpiration from leaves, constructing a miniature Mount Lemmon, and building a model to investigate groundwater contamination. In the culminating activity, after the class has learned why water is such a precious and limited resource in southern Arizona, students measure the flow rate of their showerheads at home. Those who report high flow rates receive a free water-saving showerhead. The Tucson Toolkit differs from the elementary school programs in that no presenter visits the classroom and all of the activities are led by the science teacher.

**Objectives:**
Create literacy among students regarding the water cycle, water resources, and water quality as well as prepare youth to better understand, when they take on adult roles, the complex and pressing water conservation issues facing southern Arizona.

**Expected Activities and Outcomes:**
Our Water, Our Future: Teach the Ways of Water, a two-part program consisting of five teacher-led activities followed by an interactive 90 minute presentation from a Tucson Water educator. Our Water, Our Future has reached over 700 classes and is now an institution for many local fourth and fifth grade teachers.

The Water Info Van Program, which begins with a short video, soon became known as Da Drops in honor of the animated talking water drops that take students on a journey beginning in the clouds and ending in the kitchen sink. After this brief video, the presentation focuses on groundwater model activities in which students experience changes in how people have used water over time.

The Tucson Toolkit: Perspectives on Our Water, a five-unit curriculum developed for middle school science teachers to integrate into their lesson plans. The Tucson Toolkit contains nine engaging hands-on activities such as collecting transpiration from leaves, constructing a miniature Mount Lemmon, and building a model to investigate groundwater contamination. In the culminating activity, after the class has learned why water is such a precious and limited resource in southern Arizona, students measure the flow rate of their showerheads at home. Those who report high flow rates receive a free water-saving showerhead. The Tucson Toolkit differs from the elementary school programs in that no presenter visits the classroom and all of the activities are led by the science teacher.
Participants in the TEEM effort are asked to take responsibility for identifying their own EE training needs. Appropriate trainings are then organized, and the participants are engaged in suggesting strategies for further dissemination of the process; they then help to implement their own recommendations. Thus professional development is only one facet of the project. By its very nature, the TEEM process offers excellent opportunities to further collaboration and to establish new partnerships which focus on the provision of EE programs and services for Hispanic audiences specifically and border residents in general.

The project's work plan includes the following tasks:
Collect information and form a core planning team;
Convene an organizing committee;
Identify needs of EE practitioners in the region;
Design strategies, programs, or project options;
Select appropriate project(s) and target audience(s) for action; and
Build in a framework that can provide follow-up support for the long term.

Key goals of the project are to:
Identify priority environmental issues and related environmental literacy needs within communities;
Examine options for ways to improve environmental education;
Elaborate and/or plan strategies, programs, or projects to meet identified needs;
Form support networks to help implement strategies, programs, or projects; and
Create a broad base of support that will help monitor program progress, evaluate the effects, and make any adjustments needed to sustain the process into the future.

**Expected Activities and Outcomes:**

**Project: The Tohono O'odham Environmental Education (TOEE) Project**

**Objectives:**
Further environmental education on the Nation by identifying environmental education resources and opportunities and assisting schools and communities with the integration of selected educational projects.

**Expected Activities and Outcomes:**
Bridging gaps of communication between schools and the Nation's resource offices through the development of a "Directory of Tohono O'odham Educators and Resource Personnel"; assisting with the development of a traditional native gardening project for Tohono O'odham High School; assisting with the organization of environmental projects for the Native American Clubs at both high schools on the Nation; assisting with the development of a pollution prevention outreach program; and organizing a "Tohono O'odham Cultural and Environmental Resources and Opportunities for Teachers" in-service workshop for the Nation's teachers.

**Target Population:**
Members of the Tohono O'odham Nation

**Contact Agency:**
Environmental Education Exchange

**Collaborators:**
Tohono O'odham Environmental Office and the Tohono O'odham Department of Natural Resources

**Funding Source:**
EPA's Border XXI Program

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**Project: Border Environmental Education Resource Guides**

**Objectives:**
Provide two new Border Environmental Education Resource Guide(s), one for the eastern and another for the western borderlands.
Each guide also includes a set of thematic indices, by state, with such headings as agriculture, biodiversity, occupational safety, sustainable development, water, wildlife, and many others. This allows users to quickly locate the types of entries that most interest them. One guide addresses the western U.S.-Mexico borderlands and lists agencies, organizations, and businesses involved in environmental education in southern California and southern Arizona, as well as northern Baja California and northern Sonora. (This western guide is actually a second edition.) The other guide of the set addresses the eastern U.S.-Mexico borderlands and lists EE providers in southern New Mexico and Texas as well as northern Chihuahua, Coahuila, Nuevo Leon, and Tamaulipas. Each guide contains both an English section and a Spanish section, with all entries fully translated, so that the information can be conveniently accessed by any interested person.

**Target Population:**
All programs, studies and efforts relating

**Contact Agency:**
Environmental Education Exchange

**Funding Source:**
U.S. Environmental Protection Agency, Region IX and Region VI, EPA Office of Environmental Education in Washington, DC, and World Wildlife

**Collaborators:**
U.S. Environmental Protection Agency, Region IX and Region VI, the EPA Office of Environmental Education in Washington, DC, and the World Wildlife Fund.

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### Juntos: Intercultural Environmental Studies in the Western Borderlands

**Objectives:**
Create bridges of communication between schools, community resources, and regional environmental organizations.

**Expected Activities and Outcomes:**
The Student Guide coupled with the overall curriculum aims to expose students to relevant local environmental information and issues and facilitate student participation in local environmental projects. Activities in the curriculum are cross-referenced to the Student Guide to Environmental Resources and Opportunities, encouraging students to contact local environmental organizations to gain more information on specific topics, invite guest speakers, or investigate potential student projects with the organizations.

**Target Population:**
30 schools are involved in the program, including the two high schools on the Tohono O’odham Nation

**Contact Agency:**
Environmental Education Exchange

**Funding Source:**
Ford Foundation Mexico

**Collaborators:**
International Sonoran Desert Alliance, Intercultural Center for the Study of Deserts and Oceans (CEDO), Organ Pipe Cactus National Monument, The Tohono O’odham Nation, the Arizona-Sonora Desert Museum, CREAS, and the Upper Gulf of California Biosphere Reserve, teachers, resource personnel, and administrators from project communities in Arizona, Sonora, and the Tohono O’odham Nation

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### Chihuahuan Desert Bioregion Environmental Education Needs Assessment

**Objectives:**
Working in partnership with the World Wildlife Fund (U.S.), the Exchange has recently completed the process of gathering detailed information on environmental education programs, materials, and providers throughout the Chihuahuan Desert Bioregion. The work area includes portions of the states of Texas and New Mexico in the U.S. and portions of Chihuahua, Coahuila, and Nuevo Leon in Mexico.

**Expected Activities and Outcomes:**
The educational needs of residents of the Chihuahuan Desert from young school children to adults are being analyzed in the context of conservation priorities.
Outpatient Dialysis Center of Southeastern Arizona
6420 E. Broadway #C-300
Tucson 85710 AZ
Phone  (520) 748-7422
Fax    (520) 748-7236
E-mail  enrique.hernandez@us.gambro.com

**Project:**  Outpatient Dialysis Center of Southeastern Arizona

**Expected Activities and Outcomes:**
Operates 6 outpatient chronic dialysis centers in Pima County, one in Cochise County, and one in Santa Cruz County for people with chronic renal failure. Center staff will provide training for in-home dialysis to patients and family members.

**Target Population:**  Persons suffering from diabetes

**Funding Source:**  Sliding scale, and insurance

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Industrial Commission of Arizona

Division of Occupational Safety and Health
800 West Washington Ave.
Phoenix 85005 Arizona
Phone  (602) 542-5795
Website  www.ica.state.az.us

**Mission**
Promote safety and health in the workplace. Assure as much as possible every working man and woman in Arizona a safe and healthful place of employment.

**Project:**  Consultation and Training Section

**Objectives:**
Provide free consultation services for employers throughout the State of Arizona, in an effort to aid them in identifying Occupational Safety and Health hazards, eliminating those hazards and creating a workplace environment that promotes safety within.

**Expected Activities and Outcomes:**
Identify and eliminate workplace hazards in an effort to reduce workplace injuries or illness.
Industrial Commission of Arizona—Division of Safety and Health

All Arizona Employers

Target Population: Contact Agency:

Funding Source:

Federal and State

Project: Compliance Activity

Objectives:
Provide strong effective enforcement of Occupational safety and Health regulations. In doing so conducting onsite inspections to identify those employers who are not complying with the regulations. This is designed to eliminate hazards and ensure that employees are provided with a safe workplace.

Expected Activities and Outcomes:
Reduce injuries in the workplace.

Target Population: Contact Agency:

Variety of employers in the State of Arizona

Federal and State

March of Dimes

Arizona Chapter and Southern Arizona Tucson Office
7290 E Broadway
Tucson 85710 Arizona
Phone (520) 298-5490
Fax (520)-298-5584
E-mail mselbst@marchofdimes.com
Website www.marchofdimes.com www.nacersano.org

Mission
Improve the health of babies by preventing birth defects and reducing infant mortality.

Project: General Program Overview

Objectives:
Provide professional training and education, community education through printed materials, web sites and outreach activities.

Expected Activities and Outcomes:
Provide a variety of programs, activities and training's focusing on healthy lifestyles, folic acid, prematurely and preconception health. Training's on our Comenzando Bien program, folic acid materials, training CD, curriculum and presentations on birth defects.

Target Population: Contact Agency:
Pregnant women
March of Dimes

Funding Source:
Chapter grants

Collaborators:
Local and State health departments, hospitals, community health centers, clinics, schools and other agencies and organizations

Planned Parenthood
To empower every individual to exercise reproductive self determination. To provide comprehensive reproductive and complementary health care services in setting which preserves and protects the essential privacy and rights of each individual.

**Project: Global Partnership**

**Objectives:**
PPSA received a multi-year grant to continue its collaboration with a sexual health peer education program in El Salvador—Asociacion Demografica Salvadorena (ADS). This partnership will allow both agencies to: enhance their peer-to-peer education programs for youth; heighten community awareness of service learning opportunities for youth; and increase support for international family planning among policy makers and the public at large in both countries.

**Expected Activities and Outcomes:**
Enhance their peer-to-peer education programs for youth; heighten community awareness of service learning opportunities for youth; and increase support for international family planning among policy makers and the public at large in both countries

**Contact Agency:**
Asociacion Demografica Salvadorena (ADS)

**Collaborators:**
Association Demografica Salvadorena (ADS), El Salvador

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**Project: School Based Sexual Health Promotion Program**

**Objectives:**
PPSA has a collaborative partnership with the Tucson Urban League Academy (TULA), a charter middle school which desires adding a sexuality education component to its program and increase the sexual health of its students, while reducing the risk of sexually transmitted infections (STI’S) and unintended pregnancy. This collaboration seeks to create a school environment that actively supports and promotes the holistic sexual health of adolescents.

**Expected Activities and Outcomes:**
Increase the sexual health of its students, while reducing the risk of sexually transmitted infections (STI’S) and unintended pregnancy.
Create a school environment that actively supports and promotes the holistic sexual health of adolescents.

**Target Population:**
Tucson Urban League Academy (TULA), charter middle school

**Contact Agency:**
Planned Parenthood

**Collaborators:**
Tucson Urban League Academy (TULA)

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**Project: Protection Connection**

**Objectives:**
Planned Parenthood of Southern Arizona is leading a health and education campaign -- Protection Connection -- aimed at reaching those young people who are most at risk for negative health outcomes: already sexually active youth who are having unprotected sex.
Campaign Tools:
- Teen-driven bilingual media campaign
- Teen-to-teen outreach events and workshops to increase communication and negotiation skills
- Easily accessible high quality, well maintained condom vending machines

**Target Population:** Young people who are most at risk for negative health outcomes

**Contact Agency:** Planned Parenthood

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**Project: Omeyacan YES Program**

**Objectives:**
Since 1997, this program operates as an HIV, STI, pregnancy and substance abuse prevention program that works with young Chicanos/as (ages 14-17) from South Tucson. Omeyacan is a holistic health program that stresses the need for optimal health of mind, body, spirit, and community and frames all lessons and activities within a total cultural context, foundation, and operation.

**Expected Activities and Outcomes:**
HIV, STI, pregnancy and substance abuse prevention program that works with young Chicanos/as (ages 14-17) from South Tucson.

**Target Population:** Chicanos/as (ages 14-17) from South Tucson

**Contact Agency:** Planned Parenthood

**Collaborators:**
- Southern Arizona AIDS Foundation (SAAF)

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**Portable Practical Education Preparation Inc.**

**Community Based Services**
802 E. 46th Street
Tucson 85706 Arizona
Phone (520) 622-3553
Fax (520) 622-1480
E-mail jarnold@PREP.org
Website www.PREP.org

**Mission**
To improve the quality of rural life.

**Project: PREP Inc. and Affiliates**

**Objectives:**
To improve the quality of rural life through self help programs. Mobilize resources to carry them out.

**Expected Activities and Outcomes:**
To improve the quality of rural life through self help programs that lead to upward mobility.

**Target Population:** Rural Arizona-particularly Arizona agricultural regions.

**Contact Agency:** PPREP, Inc.

**Funding Source:**
Governmental, private and public agencies

**Collaborators:**
Various foundations, the government, public organizations
Sahuaro Girl Scout Council provides enrichment, celebrates diversity, awakens potential in each young woman, and develops leaders through:

- Challenges and achievements
- Integrity and recognition
- Fun & Friendship

### Project: Don’t Monkey Around with Diabetes

**Objectives:**
Raise awareness of exercise and healthy eating as ways to delay or prevent type 2 diabetes.

**Expected Activities and Outcomes:**
Skit/brochure to promote awareness/healthier eating habits.

**Target Population:**
School aged children along Arizona/Sonora border

**Contact Agency:**
Sahuaro Girl Scout Council

**Funding Source:**
Arizona Department of Health Services

**Collaborators:**
Sahuaro Girl Scout Council Troop #509 and Arizona Department of Health Services.

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South Eastern Behavioral Health Services

Improve the quality of life for those we serve: working collaboratively within our diverse region to promote community wellness and to provide an array of quality behavioral health services which are accessible, cost effective, and offered in a respectful, caring, and culturally sensitive manner

### Project: General Mental Health Services

**Objectives:**
All SEABHS outpatient clinics offer a variety of General Mental Health Services.

**Expected Activities and Outcomes:**
Provide psychiatric medications, medication monitoring, individual therapy, marital therapy, family therapy, group therapy, and case management services (i.e. transportation, housing referrals, vocational rehabilitation referrals) to General Mental Health clients.
Depending on the particular clinic, therapy could include anger management, stress management, sex abuse survivor's groups, depression groups, anxiety groups, hypnosis, and other modalities.
Target Population: Adults, 18 and older who do not receive services through our SMI and substance abuse programs.

Contact Agency: SEABHS

Project: Community & Prevention Services

Objectives:
Provide a variety of trainings and technical assistance including: Conflict Resolution, Various Trainings & Technical Assistance, Community & Youth Empowerment Programs, Prevention Resource Library/Materials (Includes Spanish versions) Workshops/Retreats

Target Population: All age ranges and all client populations, children, adolescents, and adults, of Cochise and Santa Cruz Counties, whether they are enrolled with CPSA and SEABHS or not.

Contact Agency: SEABHS

Project: Chemical Dependency Services

Objectives:
SEABHS substance abuse treatment programs are committed to improving the quality of life for the people we serve in a respectful, caring and sensitive manner. Our programs are built around the belief that the problems created by the use of drugs and alcohol can be stopped through the development and implementation of personal plans of recovery.

Expected Activities and Outcomes:
Substance Abuse Education: Group sessions focused on education about drugs of abuse and the effects on the individual and family.

Substance Abuse Education for Families: Education groups for family members offering age-appropriate information to parents, spouses and children from substance abuse affected families.

Intensive Outpatient Programs: This is designed for those people and families who need a higher level of support. It involves a minimum of 9 hours per week of group treatment in addition to other necessary services the family may need.

Outpatient Group: A three-hour per week group program with the goal of assisting the individual to develop a relapse prevention plan. People may be referred directly into this service or may be recommended to attend this group as a follow-up to the Intensive Outpatient Program.

Continuing Care Groups: Usually a follow up group to the Outpatient Group, the goal of the Continuing Care Group is to provide on-going support and counseling to individuals who are transitioning to life after the end of treatment.

Family Group: Throughout the course of treatment family group is offered. This is to help the entire family, spouses, parents and children, in making the changes needed for a substance-free life. Families receive support, education and counseling.

Individual Counseling: One- to- one sessions with the Substance Abuse or Mental Health Counselors is offered as an adjunct to the treatment program.

Family Counseling: This is an important component of the treatment program designed to assist families on an individual basis in making changes, improving communications and developing plans of recovery.

Detox services: Through its SEAPHF program SEABHS offers medically necessary detox. For other detox services SEABHS counselors assist in finding placement.

Residential Treatment: SEABHS believes it is important for people to remain in their communities, families and jobs during the treatment process. However there are times when a person is unable to succeed in the outpatient setting. For those individuals SEABHS counselors assist in finding residential placement through insurance, SEABHS contracts or
other public programs. Upon discharge from the residential setting, individuals are encouraged to enroll in the outpatient programs.

DUI Services: SEABHS is a provider for DUI screening, DUI Education and DUI Treatment

In addition to these programs, specialty groups are available through SEABHS or by referral to other agencies. These include Anger Management groups, gender specific groups like Women's Groups, groups for Pregnant and Parenting Women, Parenting Programs, and Psychiatric services.

**Target Population:** Residents of Cochise and Santa Cruz Counties  
**Contact Agency:** SEABHS

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**Project: Youth and Family Services**

**Objectives**
SEABHS strives to provide youth and family services that are family-centered and strength-based. Services are delivered collaboratively, building on individual, family, and community assets.

**Expected Activities and Outcomes**

INTAKE/ASSESSMENT: Children and their families begin services with an interview with a clinician to determine what services may be available to assist the child and family.

INDIVIDUAL, FAMILY, AND GROUP THERAPY: Interactive therapy provided on an individual, family, and/or group basis to assist in meeting the needs of the child and family.

CASE MANAGEMENT: These services may include telephone contact, transportation, coordination with other service providers, etc.

SUBSTANCE ABUSE SERVICES: These services may include individual/family therapy, educational and relapse prevention groups, and coordination with other agencies involved with the child and family.

INFANT MENTAL HEALTH SERVICES: These services are crucial in identifying and intervening with potential problems early on.

PSYCHIATRIC SERVICES: SEABHS provides psychiatric evaluations, medications, and medication monitoring when determined to be necessary as a part of the child's treatment.

CRISIS INTERVENTION SERVICES: Available 24 hours a day, 7 days a week.  
RESPITE CARE: Temporary, supervised services which may be used to provide rest and relief to the child and/or caregiver.

HOME-BASED SERVICES: Family therapy and case management services provided in the child and family's home.

SCHOOL-BASED SERVICES: Individual and group therapy, along with case management services provided in the school in coordination with the family and school personnel.

REHABILITATION SERVICES: Includes health promotion, family support, living skills training, and personal assistance.

PREVENTION: Prevention services are offered across all four counties by the SEABHS New Turf Staff. Services include the mentor program, youth advocate program (YA!), and many trainings.
WRAPAROUND FACILITATION: Staff are available to assist families and other community agencies train and develop strengths-based, child and family-centered wrap plans.

**Target Population:** Residents of Cochise and Santa Cruz Counties  
**Contact Agency:** SEABHS

### Project: Services for Seriously Mentally Ill Adults

**Objectives:**
Services Available for Seriously Mentally Ill Adults include:
- Case Management
- Vocational & Psychosocial Rehabilitation
- Supervised & Independent Living Services
- Psychiatric Physician Services
- Acute Inpatient Hospitalization and Partial Care Programs
- Therapeutic Group Homes

**Expected Activities and Outcomes:**
Not Available

**Target Population:** Residents of Santa Cruz and Cochise Counties  
**Contact Agency:** SEABHS

### Project: Psychiatric Health Facility Services

**Objectives:**
Provide a variety of services to a broad spectrum of adult clients. Services include crisis stabilization, medical detoxification, medication management and discharge planning.

**Expected Activities and Outcomes:**
Not Available

**Target Population:** Resident of Cochise and Santa Cruz County  
**Contact Agency:** SEABHS

### Project: Crisis Care Services

**Objectives:**
SEABHS provides twenty-four hours, three hundred and sixty five days a year crisis care services. These emergency/crisis/mental health services are delivered in accordance with AHCCCS rules and regulations and Arizona Department of Health Services/Department of Behavioral Health Services requirements and accepted standards of practice.

**Target Population:** All age ranges and all client populations, children, adolescents, and adults, of Cochise and Santa Cruz Counties, whether they are enrolled with CPSA and SEABHS or not.  
**Contact Agency:** SEABHS

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**University of Arizona, Mel and Enid Zuckerman College of Public Health**

Southwest Division  
P.O Box 210228, Office of Public Health  
Tucson 85721 Arizona  
E-mail mlebowit@u.arizona.edu  

**Mission**
Promote health and prevent disease in multi-ethnic communities along the Arizona-Sonora border.

### Project: Human Exposure Assessment Survey on the Arizona-Sonora Border

**Objectives:**
To determine exposures from multi media sources.
**Expected Activities and Outcomes:**
To meet objectives and recommend prevention programs.

**Target Population:**
All border communities within 40 km of the border.

**Contact Agency:**
The University of Arizona, Mel and Enid Zuckerman Arizona, College of Public Health
Centers for Disease Control (CDC)

**Funding Source:**
EPA, NAFTA, CDC

**Collaborators:**
EPA, CDC, FDA, ADHS, ADEQ, HD's NGO's, CBO's

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**Project: Southwest Center for Community Health Promotion**

**Objectives:**
Southwest Center will work side-by-side with community members to establish health promotion and disease prevention programs that will continue long after the grant has ended.

**Expected Activities and Outcomes:**
Operating under the theme, Promoting the Health of Multiethnic Communities in the Border Southwest, the Southwest Center for Community Health Promotion will: Help policy-makers and border communities identify, assess and address major public health concerns. Develop community-based health-promotion and disease-prevention research efforts that reflect the diversity and character of these communities.

Develop innovative methods to evaluate programs and disseminate information to support and promote health in the communities.

**Target Population:**
Community members borderwide.

**Collaborators:**
This major effort will involve an interdisciplinary team from the UA representing public health, behavioral sciences and outreach programs, such as the Cooperative Extension System, among other areas. The UA team will work closely with the Arizona Department of Health Services, which has been extremely supportive of this effort, as well as with county health departments, community health care professionals, community coalitions, and state and federal agencies (both in the United States and in Sonora, Mexico).

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**Project: Women's Breast and Cervical Cancer Screening**

**Objectives:**
Detection of women's breast and cervical cancer for prevention.

**Expected Activities and Outcomes:**
Early detection of disease and treatment.

**Target Population:**
1) women ages 40 and above (SE Cochise County)
2) women ages 40 and above (SE Yuma County)

**Contact Agency:**
The University of Arizona, Mel and Enid Zuckerman Arizona, College of Public Health
Centers for Disease Control (CDC)

**Funding Source:**
CDC, HCFA

**Collaborators:**
Unavailable
**Project: Southwest Public Health Leadership Institute**

**Objectives:**
The Southwest Public Health Leadership Institute (SPHLI) is a Centers for Disease Control and Prevention (CDC) funded program designed for public health personnel committed to developing their leadership skills.

**Expected Activities and Outcomes:**
A central mission of the AzGPPH since its inception has been the preparation of men and women for public health policy learning and leadership. In recent years, we have been intensifying our efforts. Now, with the creation of this Institute, we can carry our endeavors to a new level. Investment in this new intellectual area will illuminate some of the most important issues facing our global future – understanding what makes good leaders and training individuals to lead in an ever changing world.

**Target Population:**
Public Health Personnel of the southwest.

**Contact Agency:**
Mel and Enid Zuckerman, College of Public Health

**Funding Source:**
Generous in-kind support by Canyon Ranch (Tucson Health Promotion Initiative) and funding by CDC (Leadership Institutes) are enabling the

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**Project: Best Practices in Tobacco Control**

**Objectives:**
To understand how tobacco control programs meet Best Practices.

**Expected Activities and Outcomes:**
Evaluation, recommendations for improvement.

**Target Population:**
Four total populations: Two Latino populations, Two Native American populations

**Contact Agency:**
The University of Arizona, Mel and Enid Zuckerman Arizona, College of Public Health
Centers for Disease Control (CDC)

**Funding Source:**
Legacy Foundation, CDC Foundation

**Collaborators:**
ADHS, Tobacco control programs in the communities.

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**Project: Asthma in School Children**

**Objectives:**
To detect asthma and recommend it’s prevention.

**Expected Activities and Outcomes:**
Detection of disease, risk, and prevention.

**Target Population:**
SW Yuma County

**Contact Agency:**
The University of Arizona, Mel and Enid Zuckerman Arizona, College of Public Health
Centers for Disease Control (CDC)

**Funding Source:**
NIHS-funding through CDC

**Collaborators:**
Yuma County School Districts, WAHEC

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**Project: Community Capacity and Social Mobilization Assessment and Evaluation Core**

**Objectives:**
To understand how communities work within themselves and mobilize around important health issues.
Expected Activities and Outcomes:
1) To gain knowledge of how communities work.
2) Gain the ability to provide assistance and to help the communities.

Target Population: SE Cochise County, SW Yuma County

Contact Agency: The University of Arizona, Mel and Enid Zuckerman Arizona, College of Public Health Centers for Disease Control (CDC)

Collaborators: State and County Health Departments, community coalitions, and Non Governmental Organizations.

Funding Source: Unavailable

Project: CVD Comprehension Intervention Program

Objectives:
To reduce the impact of diseases and prevent development.

Expected Activities and Outcomes:
Reduction in the risk of diseases through nutrition and physical activity. Better management of existing disease.

Target Population: Population of SE Cochise County

Contact Agency:
The University of Arizona, Mel and Enid Zuckerman Arizona, College of Public Health Centers for Disease Control (CDC)

Collaborators: State and county health departments, community coalitions, Non Governmental Organizations.

Funding Source: DHHS, USPHS, CDC

Project: Community Health Advancement Partnerships (CHAPS) Program

Objectives:
The Community Health Advancement Partnerships (CHAPS) team, a collaboration between the Arizona College of Public Health and the College of Agriculture and Life Sciences at the University of Arizona, recently was selected as both the National and the Western Regional winner of the 2002 Florence Hall Award from the National Extension Association of Family and Consumer Sciences. The CHAPS projects target health related issues identified by Arizona communities: Physical Activity Promotion, Nutrition for Health Promotion, Community Health Leadership Development.

Expected Activities and Outcomes:
Activities by CHAPS members encourage individuals, families and communities to lead healthier lives; strengthen community leadership and involvement in developing health-promotion strategies; and help tailor local health infrastructures to meet community health-promotion needs. These goals are achieved through the promotion of increased physical activity and better nutrition and the development of community health leadership. Created in 1997, the CHAPS initiative links the University campus and community outreach health-related education and research efforts, with both public- and private-sector organizations through cooperative extension offices throughout the state.

Target Population:
Individuals, families and communities of the southwest.

Collaborators:
The Community Health Advancement Partnerships (CHAPS) team, a collaboration between the Arizona College of Public Health and the College of Agriculture and Life Sciences at the University of Arizona, recently was selected as both the National and the Western Regional winner of the 2002 Florence Hall Award from the National Extension Association of Family and
Project:  Mel and Enid Zuckerman, College of Public Health

Objectives:
The College of Public Health provides services to border communities throughout the southwest including the Rio Grande Valley and the Arizona Sonora Border. Research, community based services and having activities form the foundation of it's work.

Target Population:
Border communities
Pima County, the second largest of the four original counties was created in 1864, and included the majority of southern Arizona acquired from Mexico by the Gadsden Purchase. During the mid 18th century, gold and silver was discovered, with expansion of mining and ranching occurring in the later part of the century. Although its territory has been reduced (from original size), Pima County covers 9,184 square miles. The Native American reservations of the area (San Xavier, Pascua Yaqui and Tohono O’odham) account for over 42% ownership of land located in Pima County.

Pima County has a steadily increasing population, estimated at over 870,610, while having an unemployment rate of 3.5%, which remains lower than the Arizona state rate. A major contributor to the economy of Pima County is manufacturing. Growth in this economic sector is due to the increase of high-technology manufacturers locating and expanding to Pima County. Another major contributor is tourism. In the last year, tourism contributed over 2.3 billion to Pima County’s economy and continues to play a major role.

Tucson, nicknamed the Old Pueblo is the major city in Pima County, and is Arizona’s second largest and oldest city, consisting of a population estimated at over 507,000. Within the county there are large differences in unemployment rates, when stratifying by city/community. Tucson, for example, has an unemployment rate of 3.8% and Marana has a rate of 2.5%, while the Pasqua Yaqui Indian Reservation has an alarming rate of unemployment of 25%.

1. Arizona Department of Commerce. Profile: Pima County, Arizona www.azcommerce.com
**Alcoholics Anonymous**

Tucson Area Intergroup Inc.  
840 S. Cambell Avenue  
Tucson 85719  
Phone (520)624-4183  
Fax none  
E-mail info@Aatucson.org  
Website www.Aatucson.org

**Project :  Alcoholics Anonymous**

*Expected Activities and Outcomes :*  
Fellowship of men and women who maintain sobriety through the sharing experience, strength and hope.

*Target Population :*  
Men and women with a desire to stop drinking.

*Contact Agency :*  
AA

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**Altar Valley School District #51**

Altar Valley Health and Wellness Center  
10105 S. Sasabe  
Tucson 85736  
Phone (520) 822-1484  
E-mail droe@avsd.org  
Website www.avsd.org

**Project :  Alta Valley Health and Wellness Center**

*Expected Activities and Outcomes :*  
Provide diagnosis and treatment of minor illness and injuries, physical exams, basic laboratory tests, prescriptions and limited dispensary; preventive health care including screenings, health education, nutrition

*Target Population :*  
School children

*Contact Agency :*  
Altar Valley School District

*Collaborators :*  
Altar Valley School District, Pima County Health Department and United Community Health Center

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**American Heart Association**

5325 East Pima Street  
Tucson 85712  
Phone (520) 795-1403, (877) 242-4277  
E-mail dot.walker@heart.org  
Website www.americanheart.org

**Project :  American Heart Association**

*Expected Activities and Outcomes :*  
Seeks to reduce disability death from cardiovascular disease, stroke, and related disorders. Supports research; provides heart disease prevention programs to health professionals, business, schools and the public; maintains videos, literature, and a speakers bureau and CPR training.

*Target Population :*  
Cochise, Graham, Greenlee, Pima and Santa Cruz

*Contact Agency :*  
American Heart Association
**Project : Amity at Circle Tree Ranch**

*Expected Activities and Outcomes :*
Coeducational residential program for adults age 18 and over who have problems with drug and/or alcohol abuse.

*Target Population :* Arizona

*Contact Agency :* Amity at Circle Tree Ranch

*Funding Source :*
AZ Families First

Amity Foundation
10500 East Tanque Verde
Tucson 85749 AZ
Phone (520) 749-5980
Fax (520) 749-5569
E-mail amityinfo@amity-center.org
Website www.amity-center.org

**Project : Amity Foundation-Residential Program**

*Expected Activities and Outcomes :*
Dedicated to the creation and implementation of community services for individuals who are alienated from themselves and society, and who manifest dysfunctional behavior which could include alcoholism, drug abuse, delinquency and criminality.

*Target Population :* Arizona

*Contact Agency :* Residential Program

Amphitheater Unified School District #10

**Project : Community Counseling Center**

*Expected Activities and Outcomes :*
Short term counseling for students of the Amphi District and their families (referrals provided for continuing care); after hours substance abuse, personal and family counseling are offered on a sliding fee scale.

*Target Population :* Students of Amphi District

*Contact Agency :* Community Services

**Project : Family Resource and Wellness Centers-AMPHI**

*Expected Activities and Outcomes :*
Assists families to receive educational, health, mental health, recreational and social services including emergency food boxes, clothing, utility assistance or information and referral. Services offered may vary.

*Target Population :* Families and students of Amphi School District

*Contact Agency :* Community Services
Project: Human Resource Group

Expected Activities and Outcomes:
Host congregate meals (hot lunch) program for older adults and delivers hot meals to older adults who are homebound; sponsors clothing bank; performs eligibility screening and registration for commodities. Low Income Home Energy Assistance Program, LIHEAP, application, Summer Youth Employment Program and community services projects for probationers; provides intake and installation of Lifeline, an emergency response system for older adults and/or people with disabilities living alone. Project PPEP coordinates substance abuse, youth and family counseling. Assistance with FOOD Stamp, WIC and Food Plus and other DES application

Target Population: Arivaca and Sasabe

Contact Agency: Human Resource Group

Project: Arivaca Food Bank

Expected Activities and Outcomes:
Provides up to 6 emergency food boxes within a six month period, and Senior Brown Bag, a once a month supply of food for qualifying older adults; also has volunteer who participate in the gleaning programs for the Food Bank.

Target Population: Arivaca and Sasabe

Contact Agency: Arivaca Food Bank

Objectives Addressed by this Project
- Access to Care
- Mental Health
- Substance Abuse
Arizona Housing and Prevention Services, Inc.

Rent and utility assistance to people who are homeless or living on low incomes; also limited assistance with food and gasoline (work related); offers advocacy and linkages to other services when needed.

**Project:** Arizona Housing and Prevention Services, Inc.

**Expected Activities and Outcomes:**
Rent and utility assistance to people who are homeless or living on low incomes; also limited assistance with food and gasoline.

**Target Population:**
Tucson, Pima County; Low income in utility or housing crisis (shutoff notice, eviction notice, foreclosure notice).

Arizonans for a Drug Free Workplace

Technical and educational programs to help businesses detect and manage alcohol and legal and illegal drug use/abuse in the workplace; legal/legislative updates; speakers, workshops, supervisor training, posters and decals for the workplace; employment posters available to companies with testing programs; tobacco smoke-free information and materials for the workplace. Library and educational materials are available.

**Target Population:**
Arizona businesses

**Contact Agency:**
Technical Educational Programs

Big Brothers/Big Sister of Tucson

One to one mentors provide youth and guidance of an adult volunteer. Completion of an application is required for both clients and volunteers, with all relationships supervised by a professional staff member. School based mentoring services are available for youth.

**Target Population:**
School aged boys and girls who need/desire the friendship of an adult outside their home; adult

**Contact Agency:**
Big Brother Big sister
Project: Advocacy Services

**Expected Activities and Outcomes:**
Advocates work with battered women to provide support and information regarding their rights and options in working with community agencies such as courts, law enforcement, hospitals and services agencies; on-site assistant to respond to the needs of battered women; and children's advocacy services. Orders of protection via video conferencing available at selected hours.

**Target Population:** Victim/survivor domestic violence

**Contact Agency:** Advocacy Services

Project: The Wings of Transitional Housing

**Expected Activities and Outcomes:**
Apartments available

**Target Population:** Victim/survivor domestic violence

**Contact Agency:** (520) 881-7201

Project: Legal Clinic

**Expected Activities and Outcomes:**
Legal information and assistance are offered to clients offered to Brewster Center Tucson Centers for Women and Children and New Beginnings in conjunction with Southern Arizona Legal Aide/SALA and the University of Arizona Law College.

**Target Population:** Victim/survivor domestic violence

**Contact Agency:** Legal Services

Project: Outreach Counseling

**Expected Activities and Outcomes:**
Offers individual and group educational counseling and domestic violence education to women and children who are victims.

**Target Population:** Victim/survivor domestic violence

**Contact Agency:** Outreach Services

Project: Residential Services

**Expected Activities and Outcomes:**
Emergency shelter services for women with or without dependent children who are victims of domestic violence

**Target Population:** Victim/survivor domestic violence

**Contact Agency:**
- The West House Shelter (520) 622-6347
- Casa Amparo Shelter (520) 746-1501

**Objectives Addressed by this Project:**
- Violence and Injury Prevention
- Mental Health
- Access to Care
- Maternal and Child Health
Community Programs
780 S. Park Center Ave.
Green Valley  85614  AZ
Phone  (520) 625-2273
E-mail  shergstrom@casacanhelp.com
Website  www.casacanhelp.com

Project : Casa Senior Center
Expected Activities and Outcomes :
Provides recreation, socialization and intergenerational programming
Target Population :
Senior Citizens

Project : Community Meal Program
Expected Activities and Outcomes :
Frozen meals are available.
Target Population :
Low income Families

Project : Adult Day Care Center
Expected Activities and Outcomes :
Community based, licensed, for adults who need supportive care because of physical, emotional, or mental limitations; full day or hourly programs provide therapeutic, social and health related services; meals
Target Population :
Adults with physical, emotional or mental

Project : Building Memories Together
Expected Activities and Outcomes :
Intergenerational programming joins children and elders for special activities.
Target Population :
Children and the elderly

Project : CARE Line
Expected Activities and Outcomes :
Confidential and supportive phone counseling, crisis intervention and information and referral services available to all residents.
Target Population :
Residents of Green Valley, southern Pima

Project : Los Ninos De Valle
Expected Activities and Outcomes :
Licensed, cooperative preschool and child care program; after school and summer programs for children in kindergarten through grade 3.
Target Population :
Children aged 2-5 years

Project : Behavioral Health Services
Expected Activities and Outcomes :
Four programs include: Case management for people diagnosed as having a serious mental illness; General Mental Health/Substance Abuse counseling and case management for adults; Children's services for ages birth through
Community Programs
1101 N. Fourth Ave.
Tucson 85705 AZ.
Phone (520) 624-5600
Fax (520) 623-2443
E-mail info@casadelosninos.org
Website www.casadelosninos.org

Mission
Supportive assistance for families with children who are abused, neglected or when parents are undergoing crisis or stress

Project: Healthy Families Program
Expected Activities and Outcomes:
Provides home visits to support of children ages 0-5 with parenting skills, referral to community resources and problem solving.

Target Population:
Families of children aged 0-5 years.

Project: Family Visitation Services
Expected Activities and Outcomes:
Court ordered and voluntary monitoring of visits between non-custodial parents and their children when necessary for the children's well-being. Provides telephone monitoring, exchange supervision, or visit

Target Population:
Families with court ordered or voluntary monitoring of visits

Project: Family Builders
**Casita de Salud**

**Expected Activities and Outcomes:**
Identifies families who considered low risk or potential risk by Child Protective Services and links them with needed resources in the community in order to prevent further abuse or neglect.

**Target Population:**
Families

**Project:**
Casita de Salud

**Expected Activities and Outcomes:**
Primary pediatric care clinic for foster children provides diagnosis and treatment for simple acute illness; also well child care and prevention series.

**Target Population:**
Foster children

**Collaborators:**
University Physicians General, Kino Hospital and UMC.

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**Children's Crisis Center**

**Expected Activities and Outcomes:**
Short term residential care which includes preschool and elementary school, medical treatment and recreational activities for children 0-9 years. Also specialized medical programs for infant drug exposure and children identified with failure to thrive.

**Target Population:**
Children aged 0-9

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**Child Abuse Prevention Through Legal Education**

**Expected Activities and Outcomes:**
Free classes on legal issues affecting children and families; legal advocacy on behalf of children. Class topics include: Domestic Relations; Child Protective Services' Dependency, State Custody; Severances, Terminations, and Adoption; Guardianships; Juvenile Justice; and Criminal Justice. A year round programs, as one series of six classes ends, another begins.

**Target Population:**
Families

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Community Programs
16000 N. Country Club Rd.
Tucson 85716 AZ
Phone (52) 323-6819
Casey Family Programs

Fax   (520) 323-6819
Website  www.casey.org

Project :   Long Term Foster Care

Expected Activities and Outcomes :
Provides quality, planned long term foster care for children and youth when this is the best permanent plan.

Target Population :
Children and youth

Project :   K.A.R.E (Kinship and Adoption Resource and Education ) Family Center

Expected Activities and Outcomes :
See Arizona Children Association Listing for details.

Project :   Self Sufficiency and Transition Services

Expected Activities and Outcomes :
Provides life skills, educational and vocational/employment training for foster youth in preparation for successful adulthood.

Target Population :
Youth in foster care

Tucson Office
200 N. Stone Ave.
Tucson  85701    AZ
Phone   (928) 882-0018

Chicanos Por La Causa

Fax   (520) 884-9007
E-mail  cplc@azstar.net

Project :   Community Development Corporation

Expected Activities and Outcomes :
Provides homebuyer education and counseling; limited down payments assistance to eligible homebuyer; emergency housing assistance and case management; youth development and dropout prevention programs; loans to small and/or minority owned businesses; sponsors a variety of cultural and recreational activities; operates Casa de Encanto and Casa del Pueblo.

Target Population :
Youth and Families of Pima County

Support Group Services
Tucson    AZ
Phone   (520) 513-5028
**CO-ANON Family Groups**

**Expected Activities and Outcomes:**
Offers solutions to the problems that come from living with a practicing or recovering cocaine addict.

**Target Population:**
Family and friends of chemical dependents

**Contact Agency:**
CO-ANON Family Groups

**CODAC Clinical Services**
3100 N. First Ave.
Tucson 85719 AZ.

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**CODAC Behavioral Health Services, Inc.**

**Expected Activities and Outcomes:**
Group and individual treatment on a sliding fee scale involving education and therapeutic intervention; emphasis on voluntary clients with long term alcohol or other drug problems; adults and adolescents mandated through the court system, and individuals diagnosed with HIV. A full continuum of managed care mental health and substance abuse services.

**Target Population:**
Southern Arizona

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**Project: Federal Parole/Probation Monitoring**

**Expected Activities and Outcomes:**
A collaboration with federal justice system, rehabilitation program offers education about the dangers of alcohol and drug counseling to offenders to prevent a return to the criminal justice system.

**Target Population:**
Southern Arizona

**Collaborators:**
Federal Justice System

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**Project: Las Amigas**

**Expected Activities and Outcomes:**
Residential substance abuse treatment for pregnant and parenting women, their infants and young children. Prenatal and other medical services, early childhood education and services for children with special needs. Individual, group and family therapy inclusive of non-residential family. Life skills training, parenting classes,

**Target Population:**
Pregnant and parenting women

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**Project: Las Hermanas**

**Expected Activities and Outcomes:**
A ten bed residential facility, identical to program structure and mission of Las Amigas.

**Target Population:**
Pregnant and parenting women

**Project:  Child and Adolescent Treatment Programs**

**Expected Activities and Outcomes:**
HIV Services/Training: HIV services are provided in context of adolescent existing programs; allows for additional 2-hour curriculums covering HIV, TB and STDs. Project Paz: A program designed to provide liaison between the juvenile court/detention center and the behavioral health systems.

**Target Population:**
Adolescents

**Project:  Clinical Services**

**Expected Activities and Outcomes:**
Substance abuse prevention and treatment and mental health services for adults, children, and families. Specialized alcohol/drug abuse and treatment services for pregnant and recently postpartum women and their children.

**Target Population:**
Southern Arizona

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CODAC Community Prevention Services
937 S. Osborne
Tucson 85719  AZ
Phone (520) 623-3533
E-mail agraves@codac.org
Website www.codac.org

**Project:  Building Me**

**Expected Activities and Outcomes:**
An early childhood prevention curriculum for children ages 3-8 in child care center and primary schools; curriculum builds resiliency skills such as body awareness, social competence, friendship skills and problem solving; staff and teacher training in implementing curriculum, parent and community workshops on effective communication and wellness topics for families.

**Target Population:**
Children aged 3-8 years

**Project:  Building Bridges Program**

**Expected Activities and Outcomes:**
Mobilized teens to act as peer leaders to younger children in local schools; teens receive training in prevention strategies and they mentor young children.

**Target Population:**
Adolescents

**Project:  Community Prevention Services**

**Expected Activities and Outcomes:**
Offers community development technical assistance; parenting workshops; in services and workshops on a variety of prevention topics including peer helping programs, student support groups and alcohol and other drug awareness, connections between child abuse and substance abuse and between youth violence and substance abuse; after school prevention programs with adolescents.

**Target Population:**
Teachers, child care providers and other professional of Southern Arizona

**Project:  Voices United Program**

**Expected Activities and Outcomes:**
After school care and summer activities with transportation. In home services on empowering families through parenting education and life skill development. Mental health and substance abuse counseling, nutrition, and
recreation. Free immunizations, physical and developmental check ups and other preventative health care services.

Target Population:
Families and children

Project: Families Aprendiendo Juntas (Families Learning Together)

Expected Activities and Outcomes:
offers parents of pre-school aged children education and training in child development, utilizing the Building Me Curriculum

Target Population:
Parents of pre-school aged children

Project: Rascals

Expected Activities and Outcomes:
Brings focused prevention and early intervention for families living in the Kennedy neighborhood; social and civic activities for children as well as family guidance.

Target Population:
Families in the Kennedy neighborhood

Project: Families and Schools Together

Expected Activities and Outcomes:
This program creates a bridge between parents and elementary school personnel and provides a substance abuse prevention program that has opportunities for healthy parent/child interaction.

Target Population:
Parents and elementary schools

Collaborators:
Family Counseling Agency

Project: Healthy Families

Expected Activities and Outcomes:
Prevent child abuse by identifying at risk families and providing them with education and support.

Target Population:
New parents of children under 3 months of age

CODAC Integrated Adult Services
4901 East Fifth Street
Tucson 85711 AZ
E-mail jevans@CODAC.org
Website www.codac.org

Project: Integrated Adult Services

Expected Activities and Outcomes:
Provides a continuum of managed care treatment and rehabilitative services for clients and families who are coping with serious mental illness and dual mental health and addictive behavior.

Target Population:
Adult

CODAC Methadone Services
Tucson AZ
Website www.codac.org

Project: Methadone Services

Expected Activities and Outcomes:
Medically based outpatient addiction treatment center provides methadone maintenance and detoxification with individual, group, and family therapy, job readiness training, and job seeking assistance.
Community Foundation for Southern Arizona

Philanthropic Resource Center
2250 E. Broadway Blvd.
Tucson 85719  AZ
Phone  (520) 770-0800
Fax   (520) 770-1500
E-mail philanthropu@cfsoaz.org
Website  www.cfsoaz.org

Mission
Serves as a leader, catalyst and philanthropic resource, builds endowments to help meet current and future community needs, links donors with community needs and helps them achieve their charitable goals.

Project :  Grants

Expected Activities and Outcomes:
Makes strategic grants in the areas of culture, recreation, health, human services, environment, education and community enhancement. Provides scholarships to students with demonstrated financial need who are interested in pursuing a higher education. Provides fiscal oversight for the Santa Cruz Community Foundation and the Pima County HIV/AIDS Care Consortium.

COPE Behavioral Services, Inc.

Behavioral Health Services
82 S. Stone Ave.
Tucson  85701  AZ
Phone  (520) 792-3293
Fax   (520) 792-4336
Website  www.copebhs.com

Mission
COPE Behavioral Services is a not-for-profit behavioral health organization with nearly 30 years experience providing innovative solutions to community problems. With more than a dozen locations throughout Tucson, COPE offers treatment and rehabilitation services for substance abuse, general mental health, and serious mental illness.

Project :  Social Educational Enrichment Center (SEEC)

Expected Activities and Outcomes:
Offers psychosocial rehabilitation to adults; includes social, recreational and educational opportunities such as independents living skills training, arts, crafts, games, sports and outings into the community.

Target Population:
Adults

Contact Agency:
SEEC (520) 624-9818

Project :  Shepherd House

Expected Activities and Outcomes:
Four bedroom group home offers residential services for up to six adults. Clients are typically on court ordered treatment and require an intensely structured environment and case management assistance. Program is based on behavioral model that utilizes reinforcement to teach and maintain daily living skills within a daily structured routine. Skill area focused on hygiene, socialization, transportation, menu planning, grocer shopping, medication

Contact Agency:
Shepherd House : (520) 575-0525

Project :  Gemini

Expected Activities and Outcomes:
Four bedroom group home offers residential services for up to six adults. Clients require an intensely structured environment and case management assistance. Program is based on behavioral model that utilizes reinforcement to teach and maintain daily living skills within a daily structured routine. Skill area focused on hygiene, socialization, transportation, menu planning, grocer shopping, medication education and community resources.

Target Population:

Contact Agency:
**Project : Transitional Program**

*Expected Activities and Outcomes :*  
Eight bedroom groups home; offers services 24 hours a day, seven days a week to up to 15 adults. Clients are referred by their case management team to a structures, supportive environment to address life stressors in and out of home setting. Services include counseling, behavior management and psychosocial rehabilitation.

**Target Population :** Adults  
**Contact Agency :** Transitional Program : (520) 903-1563

**Project : Presidio**

*Expected Activities and Outcomes :*  
Intensive services in home for adults; offers outpatient rehabilitation. Services based on a behavioral model that utilizes reinforcement to teach and maintain daily living skills within clients routine. Skills include apartment upkeep, socialization, medication management, money management, and symptom management.

**Target Population :** Adults  
**Contact Agency :** Presidio : (520) 792-3962

**COPE Outpatient Adult Services**  
101 S. Stone #200  
Tucson  85701  AZ  
Phone  (520) 884-0707  
Website  www.copebhs.com

**Project : General Mental Health Services**

*Expected Activities and Outcomes :*  
Evaluation assessment, case management individual and group counseling, and referral for adults experiencing depression or anxiety, difficulties with relationship or functioning, or other general mental health concerns. Intake site for adults desiring access to state funded behavioral health services for a serious mental illness.

**Target Population :** Adults  
**Contact Agency :** General Services : (520) 798-1772

**Project : Substance Abuse Rehabilitation Outpatient Services**

*Expected Activities and Outcomes :*  
Includes individual and group counseling; alcohol and drug assessment, evaluation, referrals and assistance for families of alcoholics. Also offers is community education, agency consultation and DUI education and treatment.

**Target Population :** Adults

**Project : Acupuncture Detoxification Clinic**

*Expected Activities and Outcomes :*  
Auricular (ear) acupuncture for detoxification from drugs and/or alcohol, available to COPE-registered clients for free-for-services. Client must be participating in additional services or counseling while receiving acupuncture detoxification services.

**Target Population :** Adults

**Project : Chemical Dependency Services**

*Expected Activities and Outcomes :*  
Classes and services open to the community or referral sources for a set fee: DUI education; Codependency for adults in substance abusing relationships; Domestic Violence Education, open to people without court referral, charged with a domestic violence offence; Parenting for parents and caregivers designed to meet the needs of
CPOS and the courts but interested individuals are encouraged to attend; Substance Abuse Education. A 10 week education series on the impact of illegal substance and alcohol; Substance Abuse Evaluation

Target Population:
Adults

Project: FREE (Focus on Recovery through Education and Empowerment)

Expected Activities and Outcomes:
A harm reduction program for people with HIV and a history of substance use (alcohol and/or drugs). Offers acupuncture detoxification (to help reduce or end use and for recovery support), individual case management and support group. Clients need not be abstinent to participate. Services are free of charge.

Target Population:
Adults

Contact Agency:
FREE: 101 S. Stone Ave. #100
(520) 798-1772

Project: Insiders

Expected Activities and Outcomes:
For people with substance abuse and HIV issues or concerns. Services include drop-in center for information, support, and counseling; HIV testing; substance abuse classes; wellness activities; and case management. Services available for family and friends. In-service consultation and training are available to staff of clients of

Target Population:
Adults

Project: Toole Homeless Services

Expected Activities and Outcomes:
A multi-service program for homeless people who are actively working to end their homelessness. Caseworkers and volunteer form several local agencies are available for referral assistance.

Target Population:
Homeless persons

Contact Agency:
Homeless Services: (520) 792-3293
COPE Behavioral Services, Inc.

Project: Available Treatment

Expected Activities and Outcomes:
A program of fully accommodated substance abuse treatment, cases management and aftercare services to individuals who have physical or cognitive disabilities.

Target Population:
Individuals with physical and cognitive

Funding Source:
CSAT-funded partnership project of COPE, Pima County Health Department, Kino Community Hospital and Pima Prevention Partnership

El Pueblo Clinic, Inc.

Project: Community Based Care

Expected Activities and Outcomes:
Low cost, outpatient family practice services including prenatal and postnatal care, with medical, education and diagnostic services; pediatric and well baby care, including immunizations, screening and diagnostic treatment, and management of acute and chronic pediatric illnesses; gynecological care, with annual breast and pap exams, family planning and evaluation and treatment of gynecological problems; physical examinations for employment, sports and school; hypertension screening; minor surgery; geriatric health care; on site laboratory; health education and referrals for specialties.

Target Population:
Southern Pima County

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project

Access to Care, Maternal and Child Health, Mental Health, Cancer, Diabetes, Immunization and Infectious Disease, Injury and Violence Prevention
El Rio’s mission is to be an accessible and affordable community health center that provides comprehensive quality health care in an atmosphere of respect and dignity for patient and staff, always sensitive to the cultural differences in the community. Further, through direct services, advocacy and education, the Center will strive to improve the health and well being of its patients and community.

Project: Special Needs Population

Objectives:
Provide health care for homeless persons of Pima County.

Expected Activities and Outcomes:
Proof of income and proof of residence, normal requirements for patients of Community Health Centers are difficult to come by if you are homeless. But since the primary focus of El Rio is the patient, not the "requirement", the qualifiers flex, and the patient is sought and welcomed. By referral, and engaging in active outreach at clinics and shelters, El Rio’s Homeless Health Care Program has, since 1988, annually reached one out of two of the estimated number of homeless in Tucson each year with primary medical care, case management and alcohol treatments services. El Rio provided health care and case management for nearly 8,000 homeless clients through the program. An award-winning program for women living in shelters was a core part of that effort.

Contact Agency:
El Rio Programs Department

Project: The P.R.O.J.E.C.T

Objectives:
In 1988, The El Rio Health Center received a grant from the United States Public Health Service to provide health care to Tucson’s homeless population. El Rio nurse practitioners visited shelters and soup lines to provide health services to the homeless.

Expected Activities and Outcomes:
Founded on the premise that early intervention can prevent future problems. The Health Education Project began in 1990 by serving five shelters. Talented and dedicated volunteers went to homeless shelters and other facilities to teach a variety of health and life-skill classes.

At the close of 1997, volunteer teachers taught approximately 500 classes to 4,550 students. In addition, forty volunteers supported T.H.E. PROJECT by coordinating activities, word processing, telephoning, fund-raising, grant writing, and writing articles for local publications.

In 1998, there were 60 volunteer teachers in 24 sites. Would you like to make a dream come true for at-risk individuals in the Tucson community? There are several ways you can help. For further information please call Gay Evans, RN, MS, FNP, director of the T.H.E. PROJECT, at El Rio Health Center at 670-3718.

Target Population:
Homeless persons of Pima County

Funding Source:
Public Health Services

Contact Agency:
El Rio Programs Department

Collaborators:
Homeless shelters and a variety of community volunteers.

Project: Sharing the Care

Objectives:
A major component in the fight against illness is the considered use of prescription pharmaceuticals. The medicines are often the result of years of applied research and major monetary investments by pharmaceutical firms. In the past, treatment of El Rio patients would require the purchase of such medicines from those firms, with a significant impact on already stretched budgets.
**Expected Activities and Outcomes:**
Sharing the Care" makes available without charge prescribed medicines to eligible patients – those who cannot afford to pay and who are not covered by other programs across the United States. some 350-community prescriptions, serving nearly three-quarters of a million patients with pharmaceuticals valued in excess of $100

**Target Population:**
Pima County residents unable to afford pharmaceutical drugs. Pfizer, Inc

**Contact Agency:**
El Rio Programs Department

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**Project:** Immunization Services

**Objectives:**
El Rio entered into a pediatric immunization program in 1994 with a goal of immunizing at least 90% of our state’s 2-year-olds by the year 2000

**Expected Activities and Outcomes:**
Such patients at El Rio are immunized for polio, diphtheria, tetanus, measles, mumps, rubella, haemophilus influenza type B, hepatitis B, Varicella, and hepatitis A. A spring 2000 audit of El Rio’s 1,100 children showed an immunization completion rate of 91%, exceeding the rate achieved by the state, and CDC goal.

**Target Population:**
Pima county families and children

**Funding Source:**
Federal , State and local

**Contact Agency:**
El Rio Programs Department

**Collaborators:**
Arizona Department of Health Services and the Federal Centers for Disease Control and Prevention (CDC)

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**Project:** Women's Health

**Objectives:**
To develop a Well Woman program to improve cervical and breast cancer screening and provide Obstetrical/Gynecological Services to Pima County women

**Expected Activities and Outcomes:**
El Rio’s is a primary provider of obstetrical/gynecological services to patients on the west side of Tucson. There is an open-door policy for any woman needing prenatal care. The program has grown for 300 deliveries per year a decade ago to over 1,300 per year in the year 2000. One in ten new babies born in Pima County are delivered here, as many as 3 in 10 in our immediate service area. El Rio’s six OB/GYN Associates are located on the St. Mary Hospital’s campus. El Rio also has seven certified nurse midwives. Over 1,500 women receive prenatal care through El Rio. A Well Woman program to improve cervical and breast cancer screening has generate outstanding

**Target Population:**
Pima County Women and adolescent females

**Contact Agency:**
El Rio Program Department

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**Project:** Teen Pregnancy Support

**Objectives:**
Provide pregnancy, parenting education and well baby care for students.

**Expected Activities and Outcomes:**
For over ten years, El Rio has also been involved in the Teenage Parent Program at Sunnyside High School. A nurse practitioner provides pregnancy, parenting education and well baby care for students who are either pregnant or have children up to two years of age. The program provides support for both the health of the baby and the mother, and provides skills, day care and motivation so that the mothers can complete high school. During the 1997-98 school year, 153 students were enrolled in the program.

**Target Population:**
Teens of Pima County

**Contact Agency:**
El Rio Programs Department

**Collaborators:**
Sunnyside School District
Project : HIV Early Intervention Project
Objectives :
Since 1991, the HIV Early Intervention Project has provided primary medical care, case management and psychological counseling to over 1,200 clients, particularly those who do not qualify for public assistance and who do not have insurance.

Expected Activities and Outcomes :
El Rio is the largest provider of such services in Pima County, receiving referrals from private physicians, service organizations and other clinics. Anonymous HIV testing and counseling are provided to nearly 4,000 patients annually. Currently, El Rio has the largest AIDS practice in Tucson, with over 1,000 patients served.

Target Population :
Pima County residents victims of HIV/AIDS

Contact Agency :
El Rio Programs Department

Project : El Rio Services
Objectives :
El Rio is an independent, community-based primary health care center in Pima County. We are available to all, but especially to those least able to access and afford health care services. We recognize and reward the abilities of our health care team to best serve the needs of a culturally diverse and medically under-served patient population. We are advocates for our patients, individually and as a group, and work diligently to attain full and complete

Expected Activities and Outcomes :
El Rio offers primary care services for your entire family. We hope to be the regular source of health care for you and all your family members. El Rio also offers the following services:
Behavioral Health Crisis and Short-term Counseling
• Dental Clinic
• HIV/AIDS
• Homeless Health Care Program
• Immunizations
• Laboratory and X-ray
• Nutrition Counseling
• Ob-GYN
• Optometry
• Physician Specialty Clinics
• Prescriptions
"Reach Out and Read"
• "Sharing the Care"
• Social Services
• Teen Clinics
• T.H.E. Project
• Tobacco Cessation
• Transportation
• Urgent Care
• WIC (Women, Infants and Children Nutrition Program)

Contact Agency : El Rio Health Center

Healthy Gente
Healthy Border 2010

Objectives Addressed
by this Project

Access to Care, Maternal and Child Health, Mental Health, Cancer, Diabetes, Immunization and Infectious Disease, Injury and Violence Prevention, Mental Health
Community Outreach
Tucson  AZ
Phone  (520) 743-4200
Fax  (520) 743-4298
E-mail  stormal@aol.com
Website  hometown.aol.com/stormal/myhomepage/index.html

Project : Community Outreach

Expected Activities and Outcomes :
Strives to ensure that schools are safe and respectful of everyone, regardless of sexual orientation. Provides education and training to school staff, students, parents, and community members.

Target Population :
School, community members

Pascua Yaqui Indian Tribe of Arizona

Alcohol and Substance Abuse Program
7490 S. Camino de Oeste
Tucson  85746  Arizona
Phone  (520) 883-6000  ,  (520) 879-6087
Website  www.pascuayaqui-nsn.gov

Project : Alcohol and Substance Abuse Program

Expected Activities and Outcomes :
Individual, group, family and aftercare counseling for substance abuse and referrals to care; support groups of AA, NA, AI-ANON and Talking Circle are available on the reservation. Case management, acupuncture, methadone maintenance and detox referrals.

Target Population :
Enrolled Pascua Yaqui Tribal Member or other Native American

Contact Agency :
Pascua Yaqui Behavioral Health Services

Mission
The mission of the Pascua Yaqui Tribal health programs is to promote the highest possible standard for health and well-being of tribal members and their families within all Yoeme communities.

Project : Traditional Healing Project

Objectives :
To utilize traditional healing practices from the Rio Yaqui area.

Expected Activities and Outcomes :
Tribal members will benefit from traditional healing practices from Rio Yaqui.

Funding Source :
Tribe

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project

Injury and Violence Prevention, Mental Health

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project

Substance Abuse, Injury and Violence Prevention, Mental Health
Project: Behavioral Health Services

*Expected Activities and Outcomes:*
Centered Spirit outpatient services; Walking in Balance family violence intervention project; and Together We Can Make a Difference Alcohol and Substance Abuse Treatment Program.

*Target Population:* All tribal members residing in Yaqui

*Contact Agency:* Pascua Yaqui Health Services

*Funding Source:* Tribe

Project: Health Department

*Expected Activities and Outcomes:*
Medical Clinic, dialysis center and health department services; Alternative medicine; Community Nurse visits and Dental care services.

*Target Population:* All tribal members residing in Yaqui

*Contact Agency:* Pascua Yaqui Health Services

*Funding Source:* Tribe

Project: Liougue Senior Center

*Expected Activities and Outcomes:*
Focuses on providing nutrition and other supportive services to older Native Americans living on the Pascua Reservation and in South Tucson.

*Target Population:* All tribal members residing in Yaqui

*Contact Agency:* Pascua Yaqui Health Services

*Funding Source:* Tribe

Objectives Addressed by this Project:

- Access to Care
- Substance Abuse
- Injury and Violence Prevention
- Mental Health
- Nutrition
- Diabetes
Project: Family Planning

Objectives:
Assist women, including teenagers, in maintaining their reproductive health. The Family Planning mission is "to provide individuals with the information and means to exercise personal choice in determining the number and spacing of their children, regardless of race, gender, class, sexual orientation, age or physical ability."

Expected Activities and Outcomes:
This is accomplished by offering the following services through the Department's Neighborhood Offices:

- Birth control
- Pregnancy tests
- Pelvic exams
- Pap smear tests
- Sexually Transmitted Disease tests & treatment
- HIV (AIDS virus) counseling and testing
- Patient education
- Community education

Services are confidential and a sliding fee scale is utilized. Fees are based on family income and number in household but, NO ONE IS REFUSED SERVICE BECAUSE OF AN INABILITY TO PAY.

Colposcopy Clinic: Family Planning's colposcopy clinic provides further diagnosis and treatment of abnormal pap smears.

Community Education: Community education provides free presentations, and services through birth control/STD/sexuality classes and literature, community board membership, health and career fairs, and other special events. To request a presentation for any agency and age group, call (520) 887-0715.

Family Planning provides education and/or referrals for: Cervical Cap, Colposcopy (other than Family Planning), Domestic Violence, Emotionally / Physically Disabled, Genetic Counseling, Hospitals, Infertility, Mammography, Natural Family Planning, Pregnancy Counseling: Termination & Adoption, Prenatal Care, Psychological Services, Physicians, Sterilization, Teens, Ultrasound, Pregnant & Parenting Teens, AIDS Resource List, AHCCCS, DES - Family Assistance.

Target Population:
Families and children of Pima County

Contact Agency:
Family Planning Department
3550 North 1st Avenue
Tucson, AZ 85719
(520) 887-0715

Funding Source:
Federal, State and local grants.
Project: Disease Control

Objectives:
Prevent the incidence of disease morbidity and mortality in Pima County.

Expected Activities and Outcomes:

Epidemiology: This section assists in identifying community health problems, compiling the Pima County Health Status Report, and developing appropriate intervention programs and strategies.

Disease Control: Surveillance, Investigation, Intervention HIV/AIDS: The goal of this section is to prevent the spread of HIV (human immunodeficiency virus) and the development of AIDS (acquired immunodeficiency syndrome) through surveillance, case reporting, partner notification, counseling, testing, referral, and education. The major components of HIV/AIDS activity in Disease Control are: Investigation and Surveillance, Counseling and Testing, Health Education / Risk Reduction

Well Woman Program: Offers services to women who are 50 and older, who have a low income and do not have insurance. Free mammograms and pap tests are also available.

Immunizations:
This section focuses on prevention through immunizations, investigations, and the implementation of disease control measures for vaccine preventable disease (VPDs). The major components of immunization activity in support of Disease Control are: Monitoring progress towards the Year 2000 Goal of immunizing 90 percent of two-year old children in Pima County. Child Care and school immunization assessments.

Target Population:
All Pima County Residents

Contact Agency: Pima County Health

Funding Source:
Federal, state and local grants

Project: Community Nutrition

Objectives:
Promotes healthy living. This program provides nutrition information and counseling.

Expected Activities and Outcomes:
Provide a variety of nutritional health outreach programs to the public:
BEST (Breast-feeding Education Support Team) A breastfeeding support program funded by Pima County.
Service: Community Nutrition Staff develop and teach classes to pregnant women and provide individual counseling to breastfeeding moms in an effort to help low-income women reach their individual, personal breastfeeding goals.

FOOD Plus or CSFP (Commodity Supplemental Food Program) - A supplemental food program federally funded through USDA.
Service: Community Nutrition Staff screen potential clients for FOOD Plus eligibility. Thereafter, clients receive food through the Community Food Bank's FOOD Plus center. Clients include low income pregnant women, new mothers, children 1-6 years old and seniors at least 60 years old.

Heart Life: Heart disease prevention and education program federally funded through Preventive Health and Health Services Block Grant funding Service: Community Nutrition staff coordinate a public health campaign targeting low-income, minority 4th through 6th graders and their families, with physical activity programs. Staff
work with teachers (through "train the trainer" programs) and students to incorporate 15-30 minutes of physical activity into the daily routine. Community promotions are also conducted. Information related to tobacco prevention is distributed at events. Heart life staff lead a community task force which coordinates cardiovascular disease prevention activities in Pima County.

WIC (Women, Infants & Children Program) : Special supplemental food program for women, infants and children. Family and children of Pima County. A supplemental food and nutrition program federally funded through USDA. Service: Community Nutrition staff group or individual appointments, and provide referrals to community agencies. Clients include low-income pregnant women, new mothers, infants and children up to 5 years old who have a health risk. Information for getting started with WIC & FOOD Plus.

**Target Population:**
All Women and Children

**Funding Source:**
Federal, state and local grants.

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**The Haven Inc.**

**Excersize Facility**
5555 E. Fifth St.
Tucson 85711 AZ
Phone (520) 571-7000
Fax (520) 571-0319
Website [www.fitcenter.net](http://www.fitcenter.net)

**Mission**
Exercise facility specializing in programming for individuals with acute or chronic medical conditions.

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**Healthy Gente**
**Healthy Border 2010**

**Objectives Addressed by this Project**

**Diabetes, Nutrition**
Project: Residential Service Program

Expected Activities and Outcomes:
Residential service for women with substance abuse problem; provides intensive treatment and rehabilitation in a homelike atmosphere. Also provides individual, group and family counseling; education about chemical dependency and other addictions; reentry skills training; aftercare; and AA orientation.

Target Population:
Women and children

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project

Access to Care, Maternal and Child Health, Mental Health, Cancer, Injury and Violence Prevention, Substance Abuse
To promote health and wellness for the Tohono O'odham

**Project : Health Programs**

**Expected Activities and Outcomes :**
Alcohol and substance abuse counseling, inpatient treatment, and prevention services through community education. Community Health Representatives assist with community health outreach, in-home care and health education programs. Community Health Services assists in the identification, control and prevention of diseases and administration of a nutrition program. Psychological Services include counseling referrals; inpatient services are available to clients through psychiatric hospitals; operates a day treatment program of seriously mentally ill patients. Senior Services provides social services and health programs that are directed to the elderly population.

**Target Population :**
Tohono O'odham Reservation

**Contact Agency :**
Health Programs

**Project : Social Services Programs**

**Expected Activities and Outcomes :**
General and emergency services for qualifying Native American and for their families. Low Income Energy Assistance Programs: individual and group counseling; Parent training Programs; Family Preservation Program; and a Tribal Work Experience Program. Other services include foster home licensing and placement, adoption placement, and Child Protective Services and Child Welfare Services. A program for youth with developmental delay disabilities, adult services; also in-home custodial services.

**Target Population :**
Tohono O'odham Reservation

**Contact Agency :**
Social Service Program

**Project : Healthy O'odham Promotion Program**

**Objectives :**
Through the Health Belief Model and social marketing, inform community members that diabetes is preventable and manageable. Through Trans-Theoretical Model, facilitate individual behavior change supporting diabetes. Through Diffusions of Innovations, support community behavior change. Implement findings from Pima Pride study to establish O'odham relevant lifestyles that support diabetes prevention and management.

**Expected Activities and Outcomes :**
Social Marketing: reduced fatalism through social marketing.
Behavioral Counseling: adoption of individual lifestyles
Behavior change facilitation: community wellness centers (gym and structured exercise groups)
Physical Activity Events: running events, social races, cultural relays, spiritual runs
Soccer Program: Non-structured introductory events and competitive soccer leagues
Nutrition Education: Individual and group

**Target Population :**
Tohono O'odham age 13 and older. O'odham communities and worksites.

**Contact Agency :**
Healthy O'odham Promotion Program

**Funding Source :**
Special Diabetes Programs for Indians

**Collaborators :**
Tohono O'odham Department of Human Services and various tribal agencies.
Tohono O'odham Early Childhood/ Head Start Program

Project: Tohono O'odham Early Childhood/ Head Start Program

Expected Activities and Outcomes:
Operates a preschool program for Tohono O'odham children ages 3-4 who may be developmentally disabled; education is provided in children's homes and the classroom. Also offered a Head start program at no charge for children ages 4-5 who are income eligible, and daycare services for children ages 6 months-3 1/2 years.

Target Population:
Infants and children up to age 5

Contact Agency:
Early Childhood Program/Head Start (520) 383-8750

Tucson Area Indian Health Services

Environmental Health & Engineering, and Sanitation
7900 South J. Stock Road
Tucson 85746-7 Arizona

Phone (520) 295-2580
Fax (520) 295-2409
Website www.dsfc.his.gov

Mission
To raise the health status of American Indian and Alaska Native people to the highest possible level. We provide comprehensive primary and preventive health services.

Project: Tucson Area Indian Health Service

Objectives:
Construct water, wastewater, and solid waste facilities on the Tohono O'odham Nation Indian Reservation and the Pascua Yaqui Indian Reservation.

Expected Activities and Outcomes:
To raise the health level of the communities and the individuals receiving service.

Target Population:
Tohono O'odham Nation Indian Reservation and the Pascua Yaqui Indian Reservation.

Contact Agency:
Tucson Area Indian Health Services

Funding Source:
Indian Health Service and other primarily US Government Sources

Collaborators:
Indian Health Services, Tohono O'odham Nation and the Pascua Yaqui tribe

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project

Environmental Health
Tucson Indian Center

Wellness Department
703 N. Main Ave., P.O. Box 2307
Tucson 85702 Arizona
Phone (520) 884-7131
Fax (520) 623-7310
E-mail tucsonindiancent@qwest.net

Mission
To facilitate self-sufficiency for the urban and Pima County Indian population by providing services that meet the needs of American Indians. Services provided include: housing, food, education, training, employment, counseling and wellness.

Project: Wellness Department

Objectives:
Provide American Indians with culturally-appropriate disease prevention and health promotion information. To help American Indian people access health care services, and to provide case management services for clients with needs for additional support.

Expected Activities and Outcomes:
Screening; prevention education; case management; and referral resulting in increased utilization of health services and positive lifestyle changes.

Target Population:
All American Indians/Alaska Native (AI/AN) that reside in the greater Tucson area.

Contact Agency:
Tucson Indian Center Wellness Department

Funding Source:
HIS and ITCA

Collaborators:
Indian Health Service; Tohono O'odham Nation; Pascua Yaqui Tribe; Southern Arizona AIDS Foundation.

Tucson Medical Center

International Services
5301 E. Grant Road.
Tucson 85712 Arizona
Phone (520) 324-1953/1938
Fax (520) 324-1941
E-mail jose.robles@tmcaz.com
Website www.TMCAZ.com

Mission
To improve the health and well being of the community.

Project: Program Neovida-Agua Prieta, Sonora

Objectives:
To decrease infant mortality, and to improve access to neonatal care.

Expected Activities and Outcomes:
Decrease in infant mortality, increase in access to care, decrease in patients transported to the US for care.

Target Population:
Aqua Prieta region of Sonora

Contact Agency:
TMC- Neo-Vida Program

Collaborators:
UMC, TMC, Secretaria de Salud Publica de Sonora, Hospital Integral de Agua Prieta, Hospital Infantil del Estado de Sonora

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project
Maternal and Child Health, Access to Care
The county of Cochise is located in the Southeast corner of the state. It is a county that is the size of the states, Rhode Island and Connecticut combined. Within this county, specialty crops and livestock play an important role in the local economy. This county is an important agricultural area. Cochise County has a growing population estimated at over 121,000 with an unemployment rate of 4.6%\(^1\). Some of the cities that make up Cochise County are Benson, Bisbee, Douglas, Sierra Vista, Tombstone, and Wilcox.

The Arizona border sister city of Douglas was founded in 1901 as a site for a copper smelter. Earlier in its history, Douglas was an annual spot for ranchers, with ranching and agriculture remaining as important facets of the area’s economy\(^1\). Douglas has an estimated population of 16,585\(^2\). Unemployment rate in the area is an estimated 9.4%\(^3\), a rate that has been decreasing since the mid to late 90’s. This percentage of unemployment is the highest within Cochise County. Once solely dependent on mining and agriculture, Douglas has developed a manufacturing sector because of its proximity to the U.S.-Mexico border. Its location along the border has allowed international commerce to become an integral part of the local economy. Other significant contributors to Douglas’ economy are tourism and retirement.

Other nearby towns of interest are Tombstone, Bisbee, the ghost towns of Charleston and Dos Cabezas as well as the Fort Huachuca base. Once mining towns, Tombstone and Bisbee are now mainly artist communities and tourist destinations.

\(^1\) Arizona Department of Commerce. Profile: Cochise County, Arizona. www.azcommerce.com
\(^2\) U.S. Census Bureau and Arizona Department of Economic Security, Population Statistics Unit
\(^3\) Arizona Dept. of Economic Security, 2001 Special Unemployment Report
Bisbee Community "Y"

Mission:
To provide affordable housing to low income people who otherwise might be homeless

Project: Housing @ Bisbee Community "Y"

Objective
To provide safe, affordable housing to low-income people.

Expected Activities and Outcomes
To have an ongoing facility that is clean, meets codes and statutes, and provide permanent housing to adult single people

Target Population
Low-income people

Contact Agency
Bisbee Community "Y"

Collaborators
Bisbee Coalition for the Homeless, Governors Office of State Housing

Funding Source
Rent Collected, Fund raisers, Benefactors and Contributions
Border Health Foundation
Compañeros and Juntos Unidos

Nogales and Cochise County Field Offices
1815 9th Street
Douglas, Arizona 85607
Phone: (520) 364-8200
Fax: (520) 364-5617
E-mail: companeros@ambhf.org, junidos@dakotacom.net
Website: Not available

Mission:
To improve the health of people in the Americas with particular focus on the U.S-Mexico border by developing relationships that further knowledge, empower people and maximize the utilization of resources. Border Health Foundation programs seek to improve coordination and cooperation while respecting diversity.

Project: Strengthening Families

Objective
Increase the capacity of Neighborhood Liaisons to effectively conduct consensus building among targeted at-risk families. Increase the knowledge base of staff on science-based prevention models and how to apply these within the communities served by this agency. Ensure that all family strengthening efforts are culturally relevant and sensitive. Promote a sense of community ownership in the activities and programs being carried out; increase sustainability and empowerment. Strengthen local-level family protective factors for the purpose of promoting greater resiliency among target communities and families. Regularly conduct outcome evaluations for better monitoring project effectiveness. Determine the process and outcomes evaluations of Entre Familia, a proven science based program, as part of a cross site evaluation.

Expected Activities and Outcomes
Implement 3 waves of family strengthening classes for 30 participants and an evaluation process to determine whether EntreFamilia program is an effective family strengthening model in the target communities.

Target Population
120 families

Contact Agency
Juntos Unidos of Santa Cruz County or Compañeros of Cochise County

Collaborators
Juntos Unidos (BHF-Nogales), Puentes de Amistad (BHF-Yuma), South Central New Mexico Prevention (New Mexico partner)

Funding Source
Substance Abuse and Mental Health Services (SAMHSA)

Healthy Gente
Healthy Border 2010
Objectives Addressed by this Project
Mental Health, Substance Abuse
Project: Disparities

Objective
Provide outreach services and assessments to 100 Latina women. Offer referrals to or access to services, agencies/community based organizations. Provide workshops on substance abuse prevention and treatment, prevention/treatment for mental health and other health topics.

Expected Activities and Outcomes
Provide information, education and support for Latina women on relevant health issues and additional support by referring them agencies for substance abuse treatment, mental healthcare and services.

Target Population
Latina women between the ages of 18-55

Contact Agency
Juntos Unidos of Santa Cruz County or Compañeros of Cochise County

Collaborators
Juntos Unidos (BHF-Nogales), Puentes de Amistad (BHF-Somerton), Companeros (BHF-Douglas)

Funding Source
Substance Abuse and Mental Health Services (SAMHSA)

Project: Domestic Violence -Non-Violence Classes for Men

Objective
Teach male perpetrators alternatives to violence.

Expected Activities and Outcomes
A non-violent 16-24 week curriculum (determined by judge and/or probation officer), designed to foster the positive attitudes toward relationships and to reflect the negative consequences of utilizing power and control to resolve conflict. The desired outcome is for participants to change their attitudes toward violence and to be able to share responsibility with their partner/spouse.

Target Population
Cochise County Court mandated classes for males arrested for domestic violence or related charges.

Contact Agency
Juntos Unidos of Santa Cruz County or Compañeros of Cochise County

Collaborators
Juntos Unidos (BHF-Nogales), Puentes de Amistad (BHF-Somerton), Companeros (BHF-Douglas)

Funding Source
Office of Justice Programs (Office on Violence Against Women)

Project: Chiricahua Community Health Center, Rural Health Outreach Grant: Diabetes Consortium

Objective
Identify individuals at risk for diabetes and increase their access to health care. Provide education about Diabetes, treatment and self care to patients and their families and continuing medical education to providers on "Best Practices"

Expected Activities and Outcomes
Health care improvement and accessibility through education class and on going dialogue with local healthcare providers.
Project: *Chiricahua Community Health Center, Rural Health Outreach Grant: Diabetes Consortium (continued)*

**Target Population**
Cochise County residents at high risk for diabetes.

**Collaborators**
Cochise County Health and Social Services

**Funding Source**
University of Arizona Rural Health Office
(Mel and Enid Zuckerman, Arizona College of Public Health)

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Project: *Drug Free Communities Support Program*

**Objective**
- Expand parent awareness of the risks and protective factors associated with adolescent use of alcohol, tobacco, and other drugs (ATOD) to reduce substance use among youth in Santa Cruz County.
- Utilize the Media Sharp curriculum to educate youth and community members to interpret and counter media messages from the United States and Mexico, and their influence on the local use of ATOD.
- Reduce minor access to tobacco and alcohol in Santa Cruz County to minimize availability as the risk factor in this bination border community.
- Monitor coalition progress toward project goals by collecting and assessing process and outcome evaluations measures.

**Expected Activities and Outcomes**
- Coalition Meetings
- Youth Council Meetings
- Parenting trainings utilizing Preparing for the Drug Free Years parenting curriculum
- Trainings for youth utilizing Media Sharp curriculum.

**Target Population**
Santa Cruz County (youth parents and businesses that sell liquor/tobacco)

**Contact Agency**
Juntos Unidos of Santa Cruz County

**Collaborators**
Santa Cruz County Sheriff Department, Nogales Policy Department, Nogales Unified School District #1, Santa Cruz Valley School District #35 , University of Arizona Cooperative Extension, Santa Cruz County, Santa Cruz Tobacco Local Project

**Funding Source**
Office of National Drug Control Policy (ONDCP)
Office of Juvenile Justice and Delinquency Prevention

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**Healthy Gente Healthy Border 2010**

Objectives Addressed by this Project

- Access to care, Diabetes, Environmental Health

**Healthy Gente Healthy Border 2010**

Objectives Addressed by this Project

- Substance Abuse, Tobacco Use
Carmicheal Family Resource Center

Carmicheal Elementary School Site
701 NE Carmicheal
Sierra Vista, Arizona 85635
Phone: (520) 515-3012
Fax: (520) 515-2951
E-mail: Not available
Website: Not Available

Mission:
The Carmicheal Family Resource Center, located at Carmicheal Elementary School, is an on-campus, emergency services room which provides help to families within the Carmicheal Community who may be experiencing financial emergencies in their homes.

Project: Community Resource Center

Objective
Provide the following Community support:
Referrals, Clothing, household, health and sanitation, Food supplements, Educational Workshops, Children's books and videos and Parents Books and Videos.

Expected Activities and Outcomes
Direct families to the appropriate resources in the community such as: employment opportunities, daycare, counseling economic, and medical assistance. Provide families opportunities to attend a variety of workshops involving: Family Guidance and Development, Health and Safety Fairs, the Fall Festival of Learning Workshop. Increase the utilization of the video and book library by parents and children.

Target Population
Families and children of Carmicheal Elementary School and community.

Contact Agency
Carmicheal Family Resource Center

Collaborators
United Way

Funding Source
Not available

Project: Carmichael Health and Safety Fair

Objective
Provide a comfortable atmosphere where agencies can share information with our Carmichael Families as to what their agencies can offer the community.

Expected Activities and Outcomes
Not available

Target Population
Families and children of Carmicheal Elementary School and community.

Contact Agency
Carmicheal Family Resource Center

Collaborators
Not available

Funding Source
United Way
Mission:
In collaboration with people of many beliefs, Catholic Community Services of Southeastern Arizona, provides services to individuals and families in need with supportive and healing programs.

Project: Home Health Program

Objective
Provide skilled nursing and therapy services in the home setting based on need. Provide intervention, teaching and monitoring to keep individuals safe in the home while meeting healthcare needs, includes services to medical ALTCS, SEAGO and private pay sources. All clients require physicians orders for treatment and authorization through responsible funding sources in most cases.

Expected Activities and Outcomes
Improve health maintenance, prevention of acute hospital stay, reduction in cost of services, reduction in inappropriate Emergency room services, increased compliance with health care regimen, timely intervention and referral to other services as needed.

Target Population
Any individual having a need for skilled nursing or therapy services appropriate to be delivered in the home setting.

Contact Agency
Home Health Program

Collaborators
All local physicians, and hospitals, Cochise college, Cochise Healthcare Alliance, SEABHS, Cochise Health Systems, Southeast Arizona Governments Cochise Health Systems, Cochise College, Copper Queen Community Hospital and Southeast Arizona Medical Center.

Funding Source
ALTCS, AHCCCS and other private providers of health care
Chiricahua Community Health Centers, Inc.

Mission:
Provide quality healthcare for all in Cochise County regardless of ability to pay.

**Project: Primary Medical and Dental Care and Disease Prevention, including Mental Health, Nutrition and Environmental Health**

**Objective**
- To educate Cochise County residents in disease prevention and management, improving quality of life.
- To treat acute and chronic diseases and assist patients with the management of disease processes which decrease the years of healthy life.
- To support the delivery of healthy babies to healthy knowledgeable parents.

**Expected Activities and Outcomes**
- To reduce the incidence of acute and chronic disease in the target area, increasing quality and years of healthy life.
- To achieve a healthy population, eliminating health disparities.

**Target Population**
Cochise County residents of all ages and income levels, cultural backgrounds and degrees of access to care.

**Collaborators**
No official collaborators, but work closely with schools, county and state offices, local hospitals, labor contractors, farmers, and other employers, to reach as many residents as possible.

**Funding Source**
Fundraising sources include: Tobacco Tax, private and government insurance, self pays, donations and agents.

**Project: Rural Health Diabetes Treatment and Education Program**

**Objective**
To reduce morbidity and mortality through education, treatment and management of diabetes.

**Expected Activities and Outcomes**
Reduction of cultural and other barriers which limit optimal diabetes prevention and care.

**Target Population**
Cochise County and the disproportionately affected Hispanic population.

**Collaborators**
Cochise County Health and Social Services, Companeros, Southwest Arizona Medical Center, Companeros, Southwest Border Rural Health Research Center
Project: Rural Health Diabetes Treatment and Education Program

Funding Source
BPHC

Project: Well Woman Health Clinic

Objective
Breast and cervical cancer screening for the uninsured or underinsured, 50-64 year old population.

Expected Activities and Outcomes
Reduction of morbidity and mortality attributed to breast and cervical cancer.

Target Population
Cochise County women in the 50-64 years age group.

Contact Agency
Chiricahua Community Health Centers, Inc.

Collaborators
ADHS, Copper Queen Community Hospital, Sierra Vista Regional Medical Center

Funding Source
Susan Komen Foundation, Avon Foundation, ADHS, CDC National Breast and Cervical Cancer Screening

Project: Migrant Farm Worker Health Program

Objective
To access and improve access to healthcare of the migrant farm worker population of Cochise County. Secondarily, to provide basic necessities of daily living, such as clothing, over the counter medications, shoes and blankets.

Expected Activities and Outcomes
Reduce morbidity and mortality among the target population.

Target Population
Southeastern Arizona's farm worker population, which is largely Hispanic at this time.

Contact Agency
Chiricahua Community Health Centers, Inc.

Collaborators
Independent effort by CCHCI

Funding Source
This program has no funding at this time, but is continuing to the best of CCHCI's ability.
Cochise County Health Department

Binational and Border Health Programs
1415 West Melody Lane, Bldg. A
Bisbee, Arizona 85603
Phone: (520) 432-9627
Fax: (520) 432-9826
E-mail: speru@co.cochise.az.us
Website: www.co.cochise.az.us

Mission:
Promote health and quality of life for all Cochise County residents through education, services and leadership.

Project: Binational / Border Health Programs

Objective
To promote mutual cooperation local, regional or international health problems. To promote local education and training of human resources. To promote and facilitate the cooperation between and among diagnostic and treatment facilities.

Expected Activities and Outcomes
Promote the 2nd Annual- International Teen Conference. To raise awareness and educate teens from Mexico and the US about issues they share, such as; teen sexuality, teen pregnancy, STD's, contraception, tobacco and drug dangers.

Target Population
Communities on both sides of the Arizona-Sonora border. Health care professionals as well as community members, adults and teens.

Contact Agency
Cochise County Health Department
-Binational/Border Health Program
Sonora/Cochise County Binational Health Council

Collaborators
Health Departments from both sides of the border, USMBHC, Companeros, U of A Rural Health Department, ADHS-OBH, SEAHEC and the various community organizations.

Funding Source
Various grants

Project: HIV Testing and Counseling -Ryan B. White Title II HIV Outpatient Services

Objective
Offer free anonymous testing for HIV. All Cochise County residents, male and female are eligible to receive services. This program provides limited direct outpatient services to HIV infected individuals, their families and significant others. All HIV infected persons residing in Cochise County are eligible to receive these services. The Title II Care Act funds are intended to improve the quality, availability, and organization of health care support services for people living with HIV.

Expected Activities and Outcomes
The Title II Care Act funds are intended to improve the quality, availability, and organization of health care support services information on when we offer the testing and counseling in your area for people living with HIV.

Target Population
All males and females (High positive or HIV negative) of Cochise County, are eligible to receive Services

Contact Agency
Nursing and Community Health

Funding Source
Not available
**Project: Health Start Program**

**Objective**
A neighborhood outreach program that works with pregnant women, women who recently delivered a baby, and their families to help improve their health and the health of the family.

**Expected Activities and Outcomes**
Lay Health Workers, who live in the community, provide education, emotional support, and active support (advocacy) to assist women and their children. Lay Health Workers, or Promotoras work with families on prenatal development, stages of labor/delivery, family roles during pregnancy, breastfeeding and infant care. Families are supported with information about the importance of good nutritional habits to improve the overall health of the family. Lay health workers discuss the benefits of preventative health care and the need for screening exams such as vision and hearing, the use of safe seat belts, infant car seats and safety in the home.

**Target Population**
Pregnant women, Women who have recently had a baby and are experiencing difficulty after delivery.

**Contact Agency**
Nursing and Community Health

**Collaborators**
Not available

**Funding Source**
ADHS-OWCH

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**Project: 5-A-Day for Better Health**

**Objective**
Promote awareness or the benefits of 5 a day through education and also to encourage the consumption of at least 5 fruits and vegetables a day.

**Expected Activities and Outcomes**
Provide "5 A Day" classes for third grade in selected schools.

**Target Population**
County wide schools with 50% or greater free or reduced fee lunch population.

**Contact Agency**
Nutrition and Health Promotion

**Collaborators**
ADHS, schools, Arizona Nutrition Network.

**Funding Source**
Unavailable

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**Project: Family Planning**

**Objective**
To enable persons plan their families and maintain optimum sexual and reproductive health.

**Expected Activities and Outcomes**
Decrease unplanned pregnancies, Increase reproductive health knowledge, and decrease STD and HIV rates.

**Target Population**
All persons of childbearing age, especially teens.

**Contact Agency**
Nursing and Community Health

**Collaborators**
Public Health nurses, Nurse Practitioner, STD coordinator, MCH coordinator and HIV program

**Funding Source**
ADHS Title V

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**Project: Immunizations**

**Objective**
Immunizations are offered free of charge to children 18 and under. There is a small fee for adult immunizations. Immunizations prevent the occurrence and transmission of vaccine-preventable disease among infants, children and adults.

**Expected Activities and Outcomes**
Provide Immunizations Clinics
& Tuberculosis (TB) Testing.

**Target Population**
All Cochise County residents

**Contact Agency**
Nursing and Community Health

For information about Locations and Services Schedule
please go to our website or contact us at nursing@co.cochise.az.us
for information on when we offer the testing in your area.

**Collaborators**
Not available

**Funding Source**
Grant

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**Project: HIV/AIDS Program**

**Objective**
Oversee HIV/AIDS activities and services for Cochise County Health Department

**Expected Activities and Outcomes**
Conduct an internal quality assurance program to assess the quality of HIV counseling and testing and outpatient services.

**Target Population**
Cochise County Communities

**Collaborators**
Chiricahua Community Health Center, El Rio Health Center,
Agua Prieta Health Center, Naco Health Center, SEABHS

**Funding Source**
HRSA Ryan White Fund

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**Project: Teen Pregnancy Case Management**

**Objective**
Free pregnancy testing, outreach, case management and maternity services are provided to girls 19 years and younger.

**Expected Activities and Outcomes**
The program includes pregnancy and adoption counseling, prenatal and childbirth education, parenting skills, family planning counseling, breastfeeding support, education and counseling. Baby Arizona, Kids Care, AHCCCS/SOBRA application assistance, GED and education assistance, and referral to other pertinent services. Healthy Start also offers home visiting services to any eligible pregnant woman in Bisbee, Douglas, Sierra Vista and Willcox.

**Target Population**
Women in Cochise County

**Contact Agency**
Nursing and Community Health

**Collaborators**
Not available

**Funding Source**
Not available

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**Healthy Gente Healthy Border 2010**

**Objectives Addressed by this Project**

**Immunizations and Infectious Diseases**

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**Healthy Gente Healthy Border 2010**

**Objectives Addressed by this Project**

**HIV**

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**Healthy Gente Healthy Border 2010**

**Objectives Addressed by this Project**

**Maternal, infant and Child Health**
Project: Kid Care-Well Child Clinics

Objective
Well Child Clinics are conducted monthly in each of the five district health offices and by appointment. Physical developmental assessments and routine physical growth monitoring is conducted for children from birth to five years. There is no charge for these services. For more information about Locations and Services Schedule please go to our website or contact us at nursing@co.cochise.az.us for information on when we offer the Well Child Clinics in your area.

Expected Activities and Outcomes
Not available

Target Population
Cochise County families

Contact Agency
Nutrition and Health Promotion

Collaborators
Not available

Funding Source
Not available

Project: Women Infants and Children (WIC)

Objective
WIC is a special supplemental nutrition program for women, infants and children. Services include nutritional and bio-chemical assessment to determine health risks, assistance with obtaining nutritious food packages, nutrition education and counseling, and referrals to other pertinent programs. Education is provided on nutrition and breastfeeding. For further information on any of these programs, please call an office in the area nearest you or contact us at Nutrition@co.cochise.az.us.

Bisbee: (520) 432-9484
Benson: (520) 586-3686
Douglas: (520) 364-7575
Ft. Huachuca: (520) 533-1907
Sierra Vista: (520) 803-3900
Willcox (520) 384-4662

Expected Activities and Outcomes
Pregnant and post-partook women, infants and children up to age five are screened and assessed as to their nutritional risk, income level and residency. There is no charge for these services.

Target Population
Pregnant and post-partum women, infants and children up to age five of Cochise County.

Contact Agency
Cochise County Health Department -Nutrition and Health Promotion

Collaborators
Not available

Funding Source
ADHS
Project: Contraception Counseling and Methods

Objective
Pregnancy testing and emergency contraception are available on a walk-in basis. There is no charge for pregnancy testing. Emergency contraception is $10.00. This is offered by the Adolescent, Maternal & Child Health Program. For more information about Locations and Services Schedule please visit our website or contact nursing@co.cochise.az.us for information on when our offices are open in your area.

Expected Activities and Outcomes
Not available

Target Population
All Cochise County residents, male and female are eligible to receive services. Teenagers and those individuals below 150% of the Federal Poverty

Collaborators
Not available

Funding Source
Not available

Project: Rural Health Outreach Grant-Diabetes Project

Objective
Raise awareness about the need to prevent and/or control diabetes. Clients will attain a better understanding of the disease in lay person's terms as well as develop a positive attitude which will facilitate the level of self confidence needed to combat this disease.

Expected Activities and Outcomes
Provide diabetes self-care education and support for individuals either at risk of diabetes or who already have the disease as well as for family members and/or friends who provide them with emotional support. The education component consists of 5 multi-media, 2 hour sessions covering basic physiology, nutrition requirements, the need for exercise, possible complications, and a foot clinic during which time each client is given hands-on training on how to examine their feet.

Target Population
At risk population in Douglas, Elfrida, Sunsites

Collaborators
Chiricahua Community Health Center, Cochise County Health Department, Companeros, University of Arizona Rural Health Office and Southeast Arizona Medical Center

Funding Source
HRSA/ORHP
Project: Community Networking Coalition

Objective
Hold monthly meetings of collaborators and community members to listen to guest lectures and discuss community issues. Support collaborators through grant writing and with letters of support.

Expected Activities and Outcomes
Each community in Cochise County assessed the members of the community to see what "healthy community" issues they would like to deal with.

Target Population
Not Available

Contact Agency
Turning Point Project

Collaborators
City, schools, medical clinics, hospitals, counseling services, DES, CPS, Cochise County health Department, Fire Department, Douglas Ministerial Association, food bank, Cochise College Adult Education, Child and Family Resources, Domestic Violence Shelter, Child Care Facility, US Border Health Patrol, Parents Anonymous, Douglas Associated for retarded Citizen, Douglas 21st Century Community Learning Center, U of Arizona, College of Public Health, Rural Health Office, Cochise County Supervisors

Funding Source
Robert Wood Johnson and Kellog Foundations
Mission:
Maintain and strengthen the family in crisis via total practical support and education—services to all members of the family shall be through existing shelter program and/or referrals outside of the agency.

Project: Forgach House Domestic Crisis Shelter

Objective
Provide a safe haven to female victims of physical, economic, sexual and/or emotional abuse.

Expected Activities and Outcomes

Target Population
Women and families of Cochise County who are victims of domestic violence from anywhere

Collaborators
Legal, law enforcement, courts, hospitals, local doctors

Funding Source
ADHS, DES-CSA, DPS-VOCA
Project: Mary's Mission and Developmental Center

Objective
Provide an opportunity for teens to be supported by skilled parents as they learn to assume primary responsibility for themselves. Enhance self-esteem of teens by building cultural awareness and exposing them to positive role models in the community. Provide access to a network of educational, vocational, social and supportive services in order to promote self-sufficiency. Empower teens to make decisions that will have a positive impact on them. All services are available in Spanish.

Expected Activities and Outcomes
Counseling: Individual, group and substance abuse counseling provided on site at 8360 South Highway 92. Each session is one hour long. All counseling sessions are offered one time per week.
Medication: Self-administration of medications is supervised by behavioral health paraprofessionals according to the prescription as prescribed by an attending physician. Residents are authorized to self-administer their own medications with the staff member monitoring and checking for non-compliance.

Target Population
Female youth between the ages of 11-17.

Contact Agency
Mary's Mission and Developmental Center

Funding Source
State funding and grants

Collaborators
Not Available

Healthy Gente
Healthy Border 2010
Objectives Addressed by this Project
Mental Health, Substance Abuse
Mission:
The mission of Northern Cochise Community Hospital is to provide quality health care and promote an optimal level of wellness for the residents of its community. Through teamwork and sincere effort, the physicians, board members, and employees of NCCH will position their facility as a leader in the rapidly evolving health care environment.

Project: Social Services

Objective
NCCH social services meet the medically related social and emotional needs of patients.

Expected Activities and Outcomes
Associates from the Social Services Department:
Act as patient resident and family advocates. They provide information and assistance with financial and entitlement programs. Information for living wills, medical power of attorney, advance directives is also provides through Social Services.

Target Population
All ages. Newborn to geriatric and primary geriatric.

Collaborators
Not Available

Funding Source
Not Available

Project: Case Management and Utilization Management

Objective
Monitors acute, skilled and long term care patients, from their admission through discharge.

Expected Activities and Outcomes
Case Management and Utilization Management leads the multi-disciplinary care team meetings promoting consistent integration and services. Third party payer and reimbursement requirements for services are also monitored. Assistance with discharge planning, education and coordination of identified care needs is also available.

Target Population
All ages.

Collaborators
Not Available

Funding Source
Not Available
**Project: Ambulatory Clinics**

**Objective**
Outpatient Clinics are medically expected activities and outcomes.

**Expected Activities and Outcomes**
NCCH clinics include:
- Allergy
- Audiology
- Cardiology (adult and pediatric)
- Dermatology
- Ear, Nose and Throat
- Gastroenterology
- GYN
- Neurology
- Prenatal
- Oncology
- Orthopedic
- Podiatry
- Pulmonology
- Surgery
- Urology

**Target Population**
All ages

**Contact Agency**
Ambulatory Clinic Department

**Collaborators**
Not Available

**Funding Source**
Not Available

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**Project: Radiology**

**Objective**
The NCCH Radiology Department provides the following services: X-Rays, Diagnostic Radiology, Mammography. Screening and Diagnostic Services include: CT Scan Upper and Lower GI, Arthrograms, Venograms, IVP, Fluoroscopy, Contrast Media Studies. Radiological guidance for the following drainage procedures is also provided: Cysts, thoracentesis, paracentesis. Sonography services include: Pelvic, Abdominal, Extremity veins (imaging and color flow), Extremity arterial (imaging and color doppler), Thyroid, Breast, Testicles, Renal, Soft Tissue.

**Expected Activities and Outcomes**
Not Available

**Target Population**
Most procedures: All ages-neonates through Geriatrics. Some procedures considered on case by case basis, especially for pediatrics where the ability to be very.

**Contact Agency**
Radiology Department

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**Healthy Gente**
**Healthy Border 2010**

Objectives Addressed by this Project

Access to Care, Nutrition, Cancer, Diabetes, Maternal, Infant and Child Health, Respiratory Diseases
**Project: Nursing**

**Objective**
Services available: Emergency Room, Acute Care, Skilled Nursing, Long Term Care, Respite, and Hospice.

**Expected Activities and Outcomes**
NCCH offers the following services:
- Emergency Room: Treatment for all conditions from Blood Pressure checks to stabilization/transport of critically ill and trauma patients.
- Acute Care: Acute illness or trauma/short term to post surgical care.
- Skilled Nursing: We offer extended and post acute care.
- Long Term Care: Rehabilitation care, medical services, and protective supervision.
- Respite: Skilled nursing/short term.
- Hospice: Palliative care for terminally ill patients.
- Organ and Tissue Donation: Law requires hospital staff to discuss the option of organ tissue donation if patient is near death.

**Target Population**
All ages--infant through geriatric

**Contact Agency**
Nursing Department

**Collaborators**
Not Available

**Funding Source**
Not Available

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**Project: Respiratory Services**

**Objective**
NCCH provides a range of therapeutic and diagnostic services to inpatient and outpatient. Patient assessment are also offered when an intermittent therapy is ordered. Evaluation services are also provided, to determine the success of treatments.

**Expected Activities and Outcomes**
Therapeutic Services include:
- Continuous oxygen, metered dose inhaler adjunct, suctioning, collection of specimens, and response to respiratory emergencies.
Diagnostic Services include:
- Spontaneous parameter measurement, non-invasive monitoring, arterial blood gases, pulmonary function studies, and electrocardiograms.

**Target Population**
All ages. Clinical staff administer to infant, pediatric, adult, and geriatric patients.

**Contact Agency**
Respiratory Service Department

**Collaborators**
Not Available

**Funding Source**
Not available

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Healthy Gente
Healthy Border 2010
Objectives Addressed by this Project
Access to care

Healthy Gente
Healthy Border 2010
Objectives Addressed by this Project
Access to care, Respiratory Diseases
Project: Physical Rehabilitation

Objective
NCCH offers screening, evaluation and restorative physical rehabilitation treatment services.

Expected Activities and Outcomes
We offer the following Physical Rehabilitation services to our clientele:
• Screening, to identify patients who may benefit from therapy and track patient levels of function.
• Evaluation to determine need and recommendations for care.
• Restorative treatment and programs to maintain maximum level of functioning to enhance our patients quality of life.

Target Population
Pediatrics, birth to 14 years of age.
Adolescents, 14-17
Adults, 18-65
Geriatrics, 65+

Contact Agency
Physical Rehabilitation Department

Collaborators
Physical Therapy is provided on contract with Synertex

Funding Source
Not Available

Project: Nursing Home

Objective
Provide long term care services to primarily geriatric patients.

Expected Activities and Outcomes
Long Term Care (LTC) Services include: Assistance with daily living, Feeding program, Restorative Activites and Transportation

Target Population
Primarily geriatric

Contact Agency
Nursing Home Department

Collaborators
Not Available

Funding Source
Not Available

Project: Laboratory

Objective
Northern Cochise Community Hospital provides testing and analysis of specimen: Blood and Body Fluids

Expected Activities and Outcomes
Test Availability:
• Coagulation: ACL -100
• Hematology: ABX Micros 60
• TDM and Special Test: Immulite 100
• Blood Banking

Target Population
All ages, Newborn through geriatric.

Contact Agency
Laboratory Department

Collaborators
Not Available

Funding Source
Not Available
Project: SVDP Food Bank and Social Services

Objective
To provide emergency assistance to individuals/families in our local community.

Expected Activities and Outcomes
To assist individuals/families in transition and in crisis.

Target Population
Low income, homeless, handicapped, special needs, seniors

Contact Agency
Saint Vincent de Paul Food Bank & Social Services Social Services (520) 458-0500

Collaborators
Local grocery stores, churches, individual donations, and other social service organizations

Funding Source
Annual Fema Grant (food bank); SVDP Thrift Store supports social services operations (profits); individual/organizational monetary and food donations.

Objectives Addressed by this Project
Access to care
Project: Salvation Army

Objective
Provide emergency funding on a one time basis.

Expected Activities and Outcomes
Yearly collection drive of necessary items.

Target Population
People of Wilcox

Collaborators
Wilcox Department of Public Safety (Police Department)

Funding Source
Donations

Contact Agency
Salvation Army

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project
Access to care
**South Eastern Behavioral Health Services**

Main Office  
P.O. Box 2161  
Benson, Arizona 85602  
Phone: (520) 586-7080  
Fax: Unavailable  
E-mail: Unavailable  
Website: www.seabhs.org  

**Mission:**  
*Improve the quality of life for those we serve: working collaboratively within our diverse region to promote community wellness and to provide an array of quality behavioral health services which are accessible, cost effective, and offered in a respectful, caring, and culturally sensitive manner*

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**Project: Psychiatric Health Facility Services**

**Objective**  
Provide a variety of services to a broad spectrum of adult clients. Services include crisis stabilization, medical detoxification, medication management and discharge planning.

**Expected Activities and Outcomes**  
Not Available  

**Target Population**  
Resident of Cochise and Santa Cruz County  

**Collaborators**  
Not Available  

**Funding Source**  
Not Available  

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**Project: Services for Seriously Mentally Ill Adults**

**Objective**  
Services Available for Seriously Mentally Ill Adults include:  
Case Management, Vocational & Psychosocial Rehabilitation, Supervised & Independent Living Services, Psychiatric Physician Services, Acute Inpatient Hospitalization and Partial Care Programs Therapeutic Group Homes

**Expected Activities and Outcomes**  
Not Available  

**Target Population**  
Residents of Santa Cruz and Cochise Counties  

**Collaborators**  
Not Available  

**Funding Source**  
Not Available  

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**Project: Youth and Family Services**

**Objective**  
SEABHS strives to provide youth and family services that are family-centered and strength-based. Services are delivered collaboratively, building on individual, family, and community assets.

**Expected Activities and Outcomes**  
INTAKE/ASSESSMENT: Children and their families begin services with an interview with a clinician to determine what services may be available to assist the child and family.

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**Project: Youth and Family Services (continued)**
• **INDIVIDUAL, FAMILY, AND GROUP THERAPY:** Interactive therapy provided on an individual, family, and/or group basis to assist in meeting the needs of the child and family.

• **CASE MANAGEMENT:** These services may include telephone contact, transportation, coordination with other service providers, etc.

• **SUBSTANCE ABUSE SERVICES:** These services may include individual/family therapy, educational and relapse prevention groups, and coordination with other agencies involved with the child and family.

• **INFANT MENTAL HEALTH SERVICES:** These services are crucial in identifying and intervening with potential problems early on.

• **PSYCHIATRIC SERVICES:** SEABHS provides psychiatric evaluations, medications, and medication monitoring when determined to be necessary as a part of the child's treatment.

• **CRISIS INTERVENTION SERVICES:** Available 24 hours a day, 7 days a week.

• **RESPITE CARE:** Temporary, supervised services which may be used to provide rest and relief to the child and/or caregiver.

• **HOME-BASED SERVICES:** Family therapy and case management services provided in the child and family's home.

• **SCHOOL-BASED SERVICES:** Individual and group therapy, along with case management services provided in the school in coordination with the family and school personnel.

• **REHABILITATION SERVICES:** Includes health promotion, family support, living skills training, and personal assistance.

• **PREVENTION:** Prevention services are offered across all four counties by the SEABHS New Turf Staff. Services include the mentor program, youth advocate program (YA!), and many trainings.

• **WRAPAROUND FACILITATION:** Staff are available to assist families and other community agencies train and develop strengths-based, child and family-centered wrap plans.

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**Target Population**
Residents of Cochise and Santa Cruz Counties

**Contact Agency**
SEABHS

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**Project: Chemical Dependency Services**

**Objective**
SEABHS substance abuse treatment programs are committed to improving the quality of life for the people we serve in a respectful, caring and sensitive manner. Our programs are built around the belief that the problems created by the use of drugs and alcohol can be stopped through the development and implementation of personal plans of recovery.

**Expected Activities and Outcomes**

**Substance Abuse Education:** Group sessions focused on education about drugs of abuse and the effects on the individual and family.

**Substance Abuse Education for Families:** Education groups for family members offering age-appropriate information to parents, spouses and children from substance abuse affected families.

**Intensive Outpatient Programs:** This is designed for those people and families who need a higher level of support. It involves a minimum of 9 hours per week of group treatment in addition to other necessary services the family may need.

**Outpatient Group:** A three-hour per week group program with the goal of assisting the individual to develop a relapse prevention plan. People may be referred directly into this service or may be recommended to attend this group as a follow-up to the Intensive Outpatient Program.

**Continuing Care Groups:** Usually a follow-up group to the Outpatient Group, the goal of the Continuing Care Group is to provide on-going support and counseling to individuals who are transitioning to life after the end of treatment.

**Family Group:** Throughout the course of treatment family group is offered. This is to help the entire family, spouses, parents and children, in making the changes needed for a substance-free life. Families receive support, education and counseling.

**Individual Counseling:** One-to-one sessions with the Substance Abuse or Mental Health Counselors is offered as an adjunct to the treatment program.

Family Counseling: This is an important component of the treatment program designed to assist families on an individual basis...
in making changes, improving communications and developing plans of recovery.

Detox services: Through its SEAPHF program SEABHS offers medically necessary detox. For other detox services SEABHS counselors assist in finding placement.

Residential Treatment: SEABHS believes it is important for people to remain in their communities, families and jobs during the treatment process. However there are times when a person is unable to succeed in the outpatient setting. For those individuals SEABHS counselors assist in finding residential placement through insurance, SEABHS contracts or other public programs. Upon discharge from the residential setting, individuals are encouraged to enroll in the outpatient programs.

DUI Services: SEABHS is a provider for DUI screening, DUI Education and DUI Treatment

In addition to these programs, specialty groups are available through SEABHS or by referral to other agencies. These include Anger Management groups, gender specific groups like Women's Groups, groups for Pregnant and Parenting Women, Parenting Programs, and Psychiatric services.

Target Population
Residents of Cochise and Santa Cruz Counties

Contact Agency
SEABHS

Collaborators
Not Available

Funding Source
Not Available

Project: General Mental Health Services

Objective
All SEABHS outpatient clinics offer a variety of General Mental Health Services.

Expected Activities and Outcomes
Provide psychiatric medications, medication monitoring, individual therapy, marital therapy, family therapy, group therapy, and case management services (i.e. transportation, housing referrals, vocational rehabilitation referrals) to General Mental Health clients. Depending on the particular clinic, therapy could include anger management, stress management, sex abuse survivor's groups, depression groups, anxiety groups, hypnosis, and other modalities.

Target Population
Adults, 18 and older who do not receive services through our SMI and substance abuse programs.

Contact Agency
SEABHS

Collaborators
Not Available

Funding Source
Not Available

Project: Community & Prevention Services

Objective
Provide a variety of trainings and technical assistance including: Conflict Resolution, Various Trainings & Technical Assistance, Community & Youth Empowerment Programs, Prevention Resource Library/Materials (Includes Spanish versions), Workshops/Retreats

Expected Activities and Outcomes
Not Available

Project: Community & Prevention Services (continued)
Target Population
All age ranges and all client populations, children, adolescents, and adults, of Cochise and Santa Cruz Counties, whether they are enrolled with CPSA and SEABHS or not.

Collaborators
Not Available

Funding Source
Not Available

Project: Crisis Care Services

Objective
SEABHS provides twenty-four hours, three hundred and sixty five days a year crisis care services. These emergency/crisis/mental health services are delivered in accordance with AHCCCS rules and regulations and Arizona Department of Health Services/Department of Behavioral Health Services requirements and accepted standards of practice.

Expected Activities and Outcomes
Not Available

Target Population
All age ranges and all client populations, children, adolescents, and adults, of Cochise and Santa Cruz Counties, whether they are enrolled with CPSA and SEABHS or not.

Collaborators
Not Available

Funding Source
Not Available
Mission:
Provide quality health care services to all persons living in Douglas and the surrounding areas, care will be provided with compassion and respect.

Project: Kidney Dialysis

Objective
Provide dialysis to members of Southeastern Cochise County and Northeastern Sonora.

Expected Activities and Outcomes
Provide dialysis through 10-20 Dialysis chair units.

Target Population
those in need do dialysis living in Cochise County Medical Center

Collaborators
GAM BRO, City of Douglas, UA Rural Health Office

Funding Source
Federal Grants, Department of Agriculture and border health networks

Contact Agency
All Southeast Arizona

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project
Access to care, Diabetes
University of Arizona Cooperative Extension

Cochise County Branch
1140 Colombo
Sierra Vista, Arizona 85635
Phone: (520) 458-8278
Fax: (520) 458-5823
E-mail: emarkee@ag.arizona.edu
Website: www.ag.arizona.edu

Mission:
Provide educational leadership impacting critical social, economic, agricultural and environmental issues. Research-based educational programs focus on strengthening youth, families and communities, environmental stewardship, and economic vitality. Cooperative Extension benefits from the extensive involvement of volunteers, in the

Project: Expanded Food and Nutrition Education Program

Objective
Nutrition Assistants work with families in their homes or in small community groups to offer knowledge and skills to help people control and manage their food and nutrition practices for better health and quality of life.

Expected Activities and Outcomes
Not available

Target Population
Low-income families of Benson, Douglas, Naco, Sierra Vista and Wilcox

Contact Agency
Local University Cooperative Extension

Collaborators
WIC, USDA Food Stamp Program

Funding Source
United States Department of Agriculture

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Project: Bone Builders: Osteoporosis Prevention

Objective
Through a community-based program, provide osteoporosis prevention education of older women and men in Arizona.

Expected Activities and Outcomes
Encourage older men and women to change their dietary and exercise habits to reduce the risks of osteoporosis. Train volunteer educators to teach women and men about osteoporosis. Distribute materials and do prevention activities in communities, work sites and faith based organizations.

Target Population
Older men and women of Arizona

Contact Agency
Local Cooperative Extension Office

Collaborators
ADHS, Arizona Osteoporosis Coalition, U of Arizona, county health department, health providers and interested citizens.

Funding Source

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Healthy Gente
Healthy Border 2010
Objectives Addressed by this Project
Access to care, Diabetes, Nutrition
Mission:
Share the love of Jesus Christ, through Spiritual and practical assistance in pregnancy, post abortion counseling, and abstinence education.

Project: Worth the Wait

Objective
Teach abstinence in schools and detention centers.

Expected Activities and Outcomes
Equip teens with skills to make better sexual health choices to decrease teen pregnancy and in STD rates.

Target Population
Cochise County schools and Juvenile Detention Facilities

Collaborators
Not Available

Funding Source
Donation and fundraisers

Contact Agency
We Care, Crisis Pregnancy Inc.

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project
HIV, Maternal, Infant and Child Health
Wilcox Against Substance Abuse

Substance Abuse
480 N. Bisbee Rd.
Wilcox, Arizona 85643
Phone: (520) 384-47777
Fax: (520) 384-1141
E-mail: wasa@quest.net
Website: www.wasaonline.us

Mission:
For people of all age in the Wilcox area will increase and maintain an awareness of substance abuse issues and their effects on the community as a whole, as well as on the individuals and families, and work together the provide healthy alternatives. WASA is a community organization dedicated to assisting the entire community in recognizing current and

Project: School and Community Support

Objective
Reduce the number of high risk factors for: alcohol, tobacco, and other drugs, teen suicide, eating disorders, HIV/AIDS, school violence and high drop out rates, in the lives of youth in Wilcox and Northern Cochise Counties.

Expected Activities and Outcomes
- Provide regular classroom presentations, sponsors health fairs and assemblies in general promote any activity that lowers alcohol, tobacco, and other drugs, teen suicide, eating disorders, HIV/AIDS, school violence and drop out risk factors for youth.
- Provide alternative activates: after-prom, grad night, and summer time activities.
- Provide accurate prevention information through classroom presentation, posters and printed material, lenders video library, service training to teachers, police and other youth workers.

Target Population
Primary Target: youth 13-18,
Secondary Target: Youth 5-13

Contact Agency
WASA

Collaborators
WASA, Wilcox Unified School District

Funding Source
WASA General Funds and grant opportunities as they arise.

Project: Youth Court

Objective
Involve young people in setting and upholding standards of behavior for themselves and theirs peers. Provide effective diversion to stop early offenders and law breakers before their crimes become serious.

Expected Activities and Outcomes
Program has been operating since 1998, average 2 cases per week, year round (except holidays). Cases involve: traffic violations, minor consumption, tobacco use, possession of drug paraphernalia, fighting, harassment, shoplifting and chronic school misbehavior. This program is recognized by the National Crime Prevention Council as one the 150 tested strategies to prevent crime from small cities, small counties and rural communities in 2000. Recidivism rate is under 10%.

Target Population
The youth court team is made up of youth 8-12; they can see defendants from ages 8 through 19 (over 18 years old must still be attending school); majority of referrals are between 14-17

Contact Agency
WASG Against Substance Abuse

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project
HIV, Injury and Violence Prevention, Mental Health, Substance Abuse, Tobacco Use
**Project: Youth Court (continued)**

**Collaborators**
Wilcox Magistrate Court; Juvenile Probation; Wilcox Police Department
Wilcox Public Schools

**Funding Source**
JJD-P-Title II; Wilcox City Council grant, fines and diversion fees

**Project: WASA/WIA**

**Objective**
Locate and engage youth who have barriers to quality employment provide educational /training opportunities and incentives to reduce barriers. Help locate employment that matches youth strengths/abilities to employers needs. Support initial employment (supplement wages, provide counseling, assistance and job support: stress needs for education). Follow up for 5 years.

**Expected Activities and Outcomes**
Approximately 30 youth per year will receive training and experience their first positive job opportunity. At least 20 of these youth will go on to further education or advanced employment as a direct result of program involvement.

**Target Population**
Youth aged 14-21 who exhibit one or more employment barriers as recognized by federal guidelines.

**Collaborators**
Cochise County Workforce Development, City of Wilcox, Bovie Schools.

**Funding Source**
Workforce Initiative Grant

**Project: Tobacco Prevention**

**Objective**
Reduce the number of young tobacco users and raise the age youth first experiment with tobacco. Reduce tobacco use in general in Wilcox and Northern Cochise County.

**Expected Activities and Outcomes**
WASA staff gives tobacco prevention lessons and presentation to all school aged youth in Wilcox-going into the classrooms, sponsoring assemblies, etc. Annually WASA sponsors events such as the Great American Smoke-Out, Kick Butts Day, Health Fair and other tobacco activities. Anticipate reducing smoking rates among youth growing up at this time, thereby significantly reducing future deaths from tobacco related illnesses.

**Target Population**
Primary target: All school aged youth K-12, Secondary target : Families and friends of these Children

**Collaborators**
WASA, Project BUTT of Cochise County Health Department

**Funding Source**
Project BUTT of Cochise County Health Department
Project: Message Theatre

Objective
Train youth to give dramatic theatre presentations regarding youth at risk areas, which include: teen drinking and other substance abuse, teen pregnancy, eating disorders, HIV/AIDS, gangs and violence, tolerance and any other identifies youth risk area.

Expected Activities and Outcomes
Program has been operating since 1994: average 10-12 performances annually. Youth practice for minimum of daily for two weeks for each performance. We believe the primary beneficiaries are the performance; however past satisfaction surveys and feedback (both solicited and unsolicited) from past audiences indicate that our peer to peer presentations are far more effective than other forms of prevention assemblies.

Target Population
Youth aged 14-19; presentations are planned for youth of the same age group and/or their parents, teachers or other youth workers wanting a better insight into youth risk.

Collaborators
WASA; City of Wilcox; County Tobacco (Project BUTT)

Funding Source
Governor Division of Drug Policy funding, continues through donations from the WASA general fund.

Contact Agency
Wilcox Against Substance Abuse

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project
HIV, Injury and Violence Prevention, Mental Health, Substance Abuse, Tobacco Use
As per the HB-HG 2010 survey regarding the 25 Objectives, 45 Santa Cruz programs were found to be working towards the following objectives:

- 15% Access to Care.
- 13% in Tobacco
- 17% in Nutrition
- 11% in Diabetes
- 8% in HIV, Injury and Violence Prevention
- 6% in Cancer
- 3% Infant, Maternal and Child Health

When surveyed regarding which health areas Santa Cruz County health agencies addressed:

- 63% adolescent health
- 89% Health Education and Promotion
- 41% in Maternal and Child Health
- 48% in Women's Health
- 30.13% in Environmental Health
- 24% are reported as conducting epidemiological studies
- 41% in Chronic and Degenerative Diseases

17% of the surveyed agencies had knowledge of HG 2010.

Santa Cruz County

Santa Cruz County, the smallest of all counties in Arizona was founded back in the late 19th century, and was named after the Santa Cruz River that flows from Arizona into Mexico. Communities in Santa Cruz County are Rio Rico, Tubac, Patagonia, and of course, Nogales. Nogales, Arizona, and its sister city Nogales, Sonora are located on the international border between Mexico and the United States. These sister cities are generally referred to as “Ambos Nogales”.

The city of Nogales is by far Santa Cruz County's largest city with an estimated population of nearly 20,878, and an annual population increase of 3%. Nogales and Santa Cruz County are 93% and 83% respectively, of Hispanic ethnicity. With an unemployment rate for the county of 13.7% (3.7% for the state of Arizona), 54% of the population live below the 200% poverty line, compared to 33.5% of all Arizona residents.

Nogales is the largest port of entry of fresh produce into the United States, with over four billion pounds of fruits and vegetables crossing the border each year. In addition to being a large port of entry for food products, Nogales has a large and constant flow of people crossing its border. By both vehicle and foot, the border that separates Ambos Nogales features people crossing in either direction. Being so close to large cities such as Tucson and Phoenix, people find the border of Nogales a convenient route to take when crossing into the United States. An integral part of business in this region is the “Maquiladora” industry. Nogales is one of the largest “Maquila” sites in the United States, with over 100 “maquiladoras” in the region, employing over 32,000 workers.

1: Arizona Department of Commerce. Profile: Santa Cruz County, Arizona. www.azcommerce.com
Boys and Girls Club

Nogales Office
590 North Tyler Avenue
Nogales, Arizona 85621
Phone: (520) 287-3733
Fax: (520) 287-3530
E-mail: bgcclub@mchsi.com

Mission:
To inspire and enable all young people to realize their full potential as responsible, productive, healthy and caring citizens.

Project: Health and Life Skills

Objective
Provide health and life skills education programs to children and adolescents of Santa Cruz County.

Expected Activities and Outcomes
Facilitate the following programs:

• Smart Moves--positive choice decision making skills.
• Healthy Habits--Build Health habits and learn health facts.
• Talking with TJ--conflict resolution, anger management.
• Smart Girls--communicating skills training between girls.
• Street Smart--dealing with gangs and violence.
• Kids in Control-- learn skills to keep yourself, peers and family safe in many situations.
• Goals for Growth--Organization skills.

Target Population
Boys and Girls 6-18 years

Contact Agency
Boys and Girls Club

Collaborators
Plasticamos Salud, Way of the Heart, Santa Cruz County Health Department

Funding Source
Not available

Project: Sports Fitness and Recreation

Objective
Encourage physical activity among children and adolescents.

Expected Activities and Outcomes
Provide a safe environment for physical activity, through a game room and physical education activities like soccer, baseball, basketball, softball, dodge ball, volleyball and through Athletic Leagues-- Girls volleyball, and basketball and Boys basketball. The Nike P.L.A.Y Program is also a youth fitness program which includes Daily, National and World Class Challenges.

Target Population
Children 6-18, of Santa Cruz County

Contact Agency
Boys and Girls Club

Collaborators
Plasticamos Salud, Way of the Heart and Santa Cruz County Health Department

Funding Source
Not available
Mission:
Our mission is simple: to provide for the health care needs of our community; to embrace the whole person, in mind, body and spirit; and to serve all people equally. Carondelet Health Network offers a comprehensive array of services for you and your family.

Project: Services
Holy Cross offers a variety of direct health services as well as a range of health education classes and programs. Patient education classes include: Birth, Diabetes, Hospice, Natural Family Planning, Youth Sexuality, Rehabilitation. Although all programs will not be listed in detail in this resource guide, please feel free to visit Carondelet website for new and upcoming additions and schedules.

Admitting (520) 285-3233
Billing Customer Service (520) 872-7100
Cashier (520) 285-8091
Pastoral Care/Chaplain Services (520) 285-5905
Information Desk (520) 285-3000
Housekeeping/Environmental Services (520) 285-8037
Main Number (520) 285-3000
Volunteer Services (520) 285-8041

Project: Rehabilitation
Expected Outcomes:
Rehabilitation services are available in Tucson at St. Joseph's and St. Mary's Hospitals, in Green Valley at the Carondelet Medical Mall and in Nogales at Holy Cross Hospital. Individual and Inpatient Therapy is also available through Holy Cross's Transitional Care Unit (8 beds) and Long Term Care Unit (40 beds).
Programs include treatment for:
• Orthopedic conditions
• Hearing and speech disorders
• Neurological disorders
• Stroke
• Chronic pain
• Spinal cord injury
• Cardiovascular disease
• Arthritis
• Work injuries
• Burns/Wounds
• Amputation
• Neuromuscular disease
• Ergonomic issues
• Major multiple trauma
• Women’s Health
**Project : Childbirth Classes**

*Expected Activities:*

**Preparation for Childbirth**
This series of classes is designed for the last three months of pregnancy. During the five-week course you will learn what to expect during labor and delivery and practice relaxation and breathing techniques that will help during the birth. Classes fill quickly - we recommend that you register for classes at the end of your first trimester. *Fee: $60*

**Preparation for Childbirth in Spanish**
This is a series of three classes for those who speak Spanish only or are bilingual and prefer a class taught in Spanish. The course will cover pregnancy, labor and birth. Instruction will also include breathing and relaxation techniques and a review of medication and anesthesia. This course is culturally sensitive. These classes will be available at St. Joseph's Hospital and other locations. Ask about these locations. Call 873-6777 for information. *Free*

**Clases de Preparacion Para en Español**
Una seria de tres clases en español. La información que usted necesita acerca del embarazo, el parto y el nacimiento de su bebé. Hablamos de medicamentos, anestesias, técnicas de respiraciones y relajamiento. Llame 873-6777. *Free*

**Childbirth - Refresher**
Refresh your memory about the labor and delivery process, including breathing and relaxation techniques, by attending this two-session class. You will also learn how to welcome the new baby into the family. *Fee: $40 per family*

**Breastfeeding**
This two-week class, taught by certified breast feeding specialists, covers the basics of breast feeding and includes a discussion of common concerns and an overview of breast pumps. *Fee: $25*

**Breathing Techniques & Comfort Measures for Labor**
This course will teach you breathing and relaxation techniques for labor, along with comfort measures and coaching skills. You will be instructed on the use of labor aids, such as the squatting bar and the birthing ball. Bring your pillows and blankets to class to enjoy learning the various non-medicated ways to alleviate the discomforts of labor. *(2-class series) Fee: $25*

**Care of the Newborn**
In this two-hour class you will increase your knowledge of baby care and come away with helpful hints that will make your first few months with your newborn easier. *Fee: $15 per family*

**Siblings**
Your children learn how their role in the family may change with the arrival of the baby and how babies are born. Brothers- and sisters-to-be also tour the Maternal/Newborn Unit and make a stop at the window of the Newborn Nursery. It’s a great way to help reduce a child's anxiety about the coming event. Recommended for children ages 3 and up. *Fee: $10 per family*

**Infant CPR and Safety**
Learn first aid techniques, infant cardio-pulmonary resuscitation and how to avoid accidents in this two-hour class for new parents. *Fee: $15 per family*

**Infant Car Seat Safety**
This 2-hour class will include an overview of car seat laws and safety. You will learn how to choose the correct car seat for your child at different ages, the proper installation of the car seat in your car and how to position your child correctly in the car seat. This class is taught by a certified child passenger safety technician. *Fee: $15 per family*

**Target Population:**
All families preparing for birth.

**Contact:**
Holy Cross Hospital  at : [childbirth@carondelet.org](mailto:childbirth@carondelet.org)
Project: Diabetes Program

Objective
Increase awareness of diabetes in a high risk community. Provide education to persons at risk for diabetes and those who have diabetes in prevention of complications by strict control of blood sugars.

Expected Activities and Outcomes
Increase awareness of risk, increase management skills, increase education of diabetes management. Offer support groups in Nogales: Grupo de Apoyo de Diabetes de Nogales
Phone: 761-2147 Where: United Church Village, 320 E. Placita Naco
When: Fourth Tuesday monthly at 2:00 p.m. En Español

Target Population
Hispanic Community and those who are uninsured and underinsured, including pregnant women.

Collaborators
Rural Health Office/University of Arizona, Mariposa Community Health Center

Funding Source
Border Health Si (University of Arizona/CDC), Carondelet Health Network

Carondelet Diabetes Care Centers
St. Mary's Hospital
1601 W. St. Mary's Rd.
Tucson, AZ 85745
(520) 872-6055

St. Joseph's Hospital
350 N. Wilmot Rd.
Tucson, AZ 85711
(520) 873-3968

Project: Family Services

Carondelet Social Services can help you and your family members deal with financial, social and emotional problems often brought on by illness. In many cases, community resources are coordinated to provide in-home care, financial aid, long-term care, medical equipment and more. Explanations of Medicare and AHCCCS benefits, Living Wills and Health Care Power of Attorney are also available. There is no charge for this service.

Target Population:
All patients and their families.

Contact Agency:
St. Joseph's Hospital 873-3810
St. Mary's Hospital 872-6073
Holy Cross Hospital 287-8039

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project
Access to care, Diabetes, Nutrition

Carondelet Health Network: Holy Cross
CrossRoads Mission

456 N. Morley
Nogales, Arizona 85621
Phone: (520) 287-5828

Project: Services

Objective
• Chapel Services Bible Clubs/Sunday School
• Street Kid/Gang Program
• Volunteer Coordinator Prepared Meals Served
• Jail Chaplaincy Program Emergency Shelter for Men
• Long Term Recovery/Rehab Program for Men (in city)
• Transitional Housing Program for Men
• Hispanic Ministry
• Other Special Program Support Groups
• Daily Drug and Alcohol Recovery Programs

Target Population
Hispanic Community and those who are uninsured and underinsured, including pregnant women.

Contact Agency
CrossRoads Mission

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project

Access to Care, Mental Health, Substance Abuse, Tobacco, Injury and Violence Prevention
Department of Economic Security
Child Protective Services

Arizona Department of Children Youth and Family
480 North Grand
Nogales, Arizona 85621
Phone: (520) 287-3185
Fax: (520)-287-3185
Website: www.de.state.az.us/tp/portal.asp

Mission:
Provides child and family centered services to support and promote the safety of children and maintain the family integrity.

Project: Child and Protective Services

Objective
Ensure the safety of children and help families solve their problems.

Expected Activities and Outcomes
Safe and happy families

Target Population
Santa Cruz County

Contact Agency
Arizona Department of Children Youth and Family

Collaborators
Many state, local and private agencies and consortiums.

Funding Source
Federal and state funding
Mission: To provide the highest quality health, dental and preventable services to our community without regard to race, religion, social status or other denomination of discrimination.

Project: Tobacco Local Project

Objective
Provide basis skills training in tobacco use cessation to groups, schools and individuals at no charge.

Expected Activities and Outcomes
Provide smoking cessation classes, prevention education about creating tobacco free environments at home and at the workplace. Provide alternatives to suspension, prevention curriculum implementation, peer programs and puppet shows.

Target Population
Anyone

Contact Agency
Platicamos Salud

Funding Source
ADHS

Project: Juntos Contra El Cancer

Objective
Provide cancer outreach, education and support to qualifying women for breast cancer.

Expected Activities and Outcomes
Provide health outreach and education, emotional support and assistance to cancer survivors.

Target Population
Women and families of Santa Cruz County

Contact Agency
Platicamos Salud

Funding Source
Arizona Department of Health Services

Project: Health Start
**Objective**
Provide prenatal care information and serve as a resource base.

**Expected Activities and Outcomes**
A premature is provided to each client to provide case-management and monthly home visits. Promotoras prenatal health information, emotional support, and assistance accessing needed social services.

**Target Population**
Pregnant and/or new mothers.

**Collaborators**
Placticamos Salud

**Funding Source**
Arizona Department of Health Services -Office of Women's and Children's Health

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**Project: Well Women Health Check**

**Objective**
Provide breast and cervical cancer screening, diagnostic and treatment.

**Expected Activities and Outcomes**
Provide breast and cervical screening, diagnostic and treatment.

**Target Population**
Qualifying women of Santa Cruz County, 40 years and older.

**Collaborators**
Placticamos Salud

**Funding Source**
ADHS, CDC

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**Project: Border Vision Fronteriza-KidsCare**

**Objective**
Enroll uninsured eligible children into KidsCare

**Expected Activities and Outcomes**
Promotoras provide personal attention, through home visits, to families and assists them in gathering the needed documentation.

**Target Population**
Uninsured children eligible for KidsCare

**Collaborators**
Placticamos Salud

**Funding Source**
Health Resource and Services Administration (HRSA) , UA/Rural Health Office

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**Healthy Border 2010**

**Objectives Addressed by this Project**
Access to care, Immunizations and Infectious Diseases, Maternal, Infant and Child Health

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**Healthy Gente**

**Objectives Addressed by this Project**
Access to care, Cancer

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**Healthy Gente**

**Objectives Addressed by this Project**
Access to care, Maternal, Infant and Child Health
Project: Mariposa-HIV/AIDS

Objective
Provide HIV/AIDS testing and counseling, prevention education and outreach.

Expected Activities and Outcomes
Provide prevention education to school-aged children, adolescents and adults. Case-management of HIV positive individuals is also provided.

Target Population
Santa Cruz County

Collaborators
Not available

Funding Source
Arizona Department of Health Services, El Rio Health Center, Health Resources and Services Administration

Contact Agency
Placticamos Salud

Healthy Gente Healthy Border 2010
Objectives Addressed by this Project
HIV

Project: American Legacy Foundation

Objective
Provide aftercare and relapse prevention for smoking cessation clients.

Expected Activities and Outcomes
Provide aftercare and relapse prevention for cessation clients, focusing on wellness, healthy living, nutrition, physical activity, depression and family support.

Target Population
Cessation clients

Collaborators
Not available

Funding Source
American Legacy Foundation

Contact Agency
Placticamos Salud

Healthy Gente Healthy Border 2010
Objectives Addressed by this Project
Tobacco Use

Project: Salud Si Program

Objective
Neighborhood-based program that encourages women of childbearing age to make positive changes in their health habits, including nutrition, physical activity, and smoking.

Expected Activities and Outcomes
Women participate in a 12 week intervention to facilitate change in nutrition education on the nutritional value of foods, 5 a Day Concepts, salt intake, label reading, types of fat, cholesterol, milk products and healthy eating on a limited budget. Physical activity education and smoking cessation classes are provided.

Target Population
Women of childbearing age

Collaborators
Placticamos Salud

Funding Source
Health Resources and Services Administration Bureau (HRSA), ADHS-Office of Women's and Children's Health Community Health Grants (Maternal Child Health Block Grant)

Contact Agency
Plasticamos Salud

Healthy Gente Healthy Border 2010
Objectives Addressed by this Project
Diabetes, Maternal, Infant and Child Health, Nutrition, Tobacco Use
Project: Community Nutrition Program

Objective
Work to improve the food choices and nutritional well-being of children through school-based interventions.

Expected Activities and Outcomes
Teach school children the benefits of eating 5 or more servings of fruit and vegetables each day.

Target Population
Third grade school children.

Contact Agency
Plasticamos Salud

Collaborators
Local Incentive Awards, Arizona Nutrition Network, local food bank, Boys and Girls Club

Funding Source
ADHS-Office of Women's and Children's Health and Community Health Grant

Project: TB Control Program

Objective
Provide education about Tuberculosis and medications at low cost.

Expected Activities and Outcomes
Provide TB testing and medication at minimal costs.

Target Population
Santa Cruz County

Contact Agency
Mariposa Community Health Center -TB Control Program

Funding Source
ADHS

Project: Women Infants and Children (WIC)

Expected Activities and Outcomes
The following benefits are provided to WIC participants:
- Supplemental nutritious foods
- Nutrition education and counseling at WIC clinics
- Screening and referrals to other health, welfare and social services

Target Population
The WIC target population are low-income, nutritionally at risk:
- Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends).
- Breastfeeding women (up to infant’s 1st birthday)
- Non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends)
- Infants (up to 1st birthday), WIC serves 45 percent of all infants born in the United States.
- Children up to their 5th birthday.

Collaborators
County health departments hospitals mobile clinics (vans) community centers schools public housing sites migrant health centers and camps Indian Health Service facilities

Funding Source
WIC is a Federal grant program for which Congress authorizes a specific amount of funds each year for the program.
Project: **STEP to a Healthier US**

**Objective**
Is a five year initiative to reduce the burden of diabetes, obesity and asthma prevention, screening outreach an education. Some of the risk factors to be addressed include: nutrition, physical activity and tobacco use prevention.

**Expected Activities and Outcomes**
Efforts will take place to work on policy, environment, schools, family/community, health care providers and patients.

**Target Population**
Third grade school children.

**Collaborators**
Local schools, health providers and community organizations

**Funding Source**
ADHS, CDC

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**Project: BMS Southern Arizona Heart Health**

**Objective**
The Southern Arizona Heart Health Care Management Demonstration Project will demonstrate the effectiveness of utilizing trained community health outreach workers/promoters de salud as members of the health care teams in reducing risk factors attributable to CVD and enhancing overall patient health status.

**Expected Activities and Outcomes**
Evaluate effectiveness of community health care workers as members of the health care team.

**Target Population**
Community health outreach workers

**Collaborators**
Local schools, health providers and community organizations

**Funding Source**
Bristol-Meyers
Mission:
By working as a team, within positive environment, all students will be successful, responsible, culturally appreciative, critical thinkers now and through the 21st century.

Project: Vaccines for Children

Objective
Administration of vaccines to children 4 weeks to 22 years of age. Assist families in keeping their children's vaccines current. Updating the Arizona immunization database (ASIIS)

Expected Activities and Outcomes
Ongoing administration of vaccines as needed.

Target Population
Children between the ages of 4 weeks to 18 years

Contact Agency
NUSD

Collaborators
Mariposa Community Health Center

Funding Source
Arizona Department of Health Services

Project: Abstinence Only Education

Objective
• Skill building on refusal skills
• Self esteem and decision making skills
• Understanding media and peer pressure
• Practice skills learned

Expected Activities and Outcomes
Weekly class sessions to all 4th through 8th grade students in order to reduce high risk behaviors that lead to unwanted teen pregnancies.

Target Population
4th through 8th grade students

Contact Agency
NUSD-Health Services

Collaborators
Child and Family Resources

Funding Source
ADHS
Project: Tobacco Abatement Program

Objective
Provide information about tobacco and its effects on the whole body to increase refusal skills. Provide referral to tobacco cessation program.

Expected Activities and Outcomes
Weekly classes sessions to all 5th through 9th grade students, community based youth meetings with teen promoters.

Target Population
4th through 12th grades

Contact Agency
MPCHC-Plasticamos Salud

Collaborators
Mariposa Community Health Center

Funding Source
Arizona Department of Health Services

Project: Safety Program

Objective
Safety on the playground. Safety in the workplace

Expected Activities and Outcomes
Provide employees monthly safety committee meetings and students with safety lessons on the playground and their PE classes.

Target Population
School aged children

Contact Agency
Health Services

Collaborators
Not available

Funding Source
Not available

Project: Nutrition and Obesity Management

Objective
Provide Exercise groups and encouragement with weight management of diet at home and in school through weekly meetings with students and their parents who qualify as being overweight.

Expected Activities and Outcomes
Weight reduction, increased self esteem and healthy lifestyle habits.

Target Population
Children of all grades, who have been referred by their health care provider and/or school nurse.

Contact Agency
Plasticamos Salud

Collaborators
Mariposa Community Health Center

Funding Source
CDC
Project: Threat Assessment Program

Objective
Train staff in identifying factors possible student stress that would lead to violence. Develop a plan whereby students are referred for mental health services. Prepare a plan of dealing with threats and educate staff and students on implementation of the plan.

Expected Activities and Outcomes
Practice lockdowns, evacuations on and off campus.

Target Population
All students and staff

Collaborators
Local law and fire departments

Funding Source
School District

Contact Agency
Health Services

Objectives Addressed by this Project
Mental Health, Injury and Violence Prevention
Mission: To protect, promote, and improve public health. Programs include health issues related to food, wastewater disposal, communicable disease, and environmental health.

Project: Department of Environmental Health

Objective
Provide programs which include issues such as: food and water waste disposal, communicable disease and environmental health. Provide technical assistance with research related to air, water quality, sewage treatment and disease coordinates with other agencies to best utilize and act upon the results of research.

Expected Activities and Outcomes
Assist with research and surveillance of issues related to environmental health. Serve as a source of information about results of water monitoring, air sampling, hazardous material tracking, well head protection, radon sampling, soil sampling, household hazardous waste and other research areas in the Nogales area. Present to local agencies results from above mentioned studies as resource permits, and link interested partners with particular research programs and results.

Target Population
Santa Cruz County

Collaborators
Not available

Funding Source
Not available

Project: The International Alliance Against Family Violence

Objectives:
Foster social change through, but not limited to: communication, collaboration and education affecting the international response to family violence and making a difference for future generations. Meetings are occurring on a bi-monthly basis, alternating sites among Southern Arizona communities and Nogales, Sonora. There have been sessions on understanding the legal implications of violence in the home on each side of the border, child support issues and now, potentially, an expanded role within the US Mexico Commission. For additional information or to learn the site and time of the next meeting, please call 761-7920.

Contact Agency:
Southeastern Area Behavioral Health Services (SEABHS)

Collaborators: (SEABHS)
Project: The SCC Transitional Housing Coalition

Objectives:
Is dedicated to providing safe and appropriate housing for survivors of domestic abuse. A multi-partner approach will be needed to fund and maintain the housing and the program including staff. When a woman and her children are deemed appropriate for Transitional Housing, they are able to remain in this housing for up to two years. During this time, working with a case manager, the woman will receive whatever “tools” she needs to become an independent, competent member of her community.

Expected Activities and Outcomes:
Women and children participate in a highly structured program that ensures her safety while rebuilding her value as an individual. This crisis shelter experience would be up to six months in length and could be funded in part by the . The Transitional Housing Coalition is ready to expand its focus to include this aspect of provision of service.

Contact Agency:
Southeastern Area Behavioral Health Services (SEABHS)

Collaborators:
Dept. of Economic Security, the City of Nogales, Santa Cruz County Board of Supervisors, Santa Cruz Community

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Project: Tuberculosis Control Program

Objectives:
responsible for identifying, monitoring and educating individuals with active or suspect tuberculosis. In addition, the contacts of these individuals are given education with TB skin testing and preventive treatment, as is appropriate and prescribed by the SCC contract physician.

Expected Activities and Outcomes:
Targeted Tuberculosis Skin Testing is provided to agencies and individuals considered at risk for acquisition and transference of tuberculosis, often on an annual basis. The general public is tested for tuberculosis on an "as-needed" basis, based on perceived risk and assessment of each situation. There is a nominal charge for TB skin testing, any necessary chest x-rays, and blood work. The exception is for individuals with active or suspect TB disease and their contacts, for whom there is no charge.

Target Population:
Santa Cruz County

Contact Agency:
Santa Cruz County Health Department or Mariposa Community Health Center-Placticamos Salud

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Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project

Infectious Disease
Mission:
SEAHEC is one of five Area Health Education Centers in Arizona. SEAHEC provides services to the residents of Pima, Santa Cruz, and Cochise counties. As an Area Health Education Center, the mission of SEAHEC is to improve the development, recruitment, minority representation, distribution, and retention of health professional personnel in Arizona's rural and medically underserved communities. Through community and academic partnerships, SEAHEC delivers educational programs and services created to address the shortage of health care personnel and lack of health care resources available in our rural communities.

Project: Train the Trainer

Objective
Training of trainers in various health promotion efforts.

Expected Activities and Outcomes
- CPR Instructor Training
- Presentation Skills
- Red Cross HIC/AIDS
- Community Development
- Lead Training
- Asthma Training

Target Population: Not available
Contact Agency: SEAHEC

Collaborators: Not available
Funding Source: Not available

Project: Health Fairs

Objective
Disseminate health information and perform health screening.

Expected Activities and Outcomes
2 fairs/year  Patagonia and Santa Cruz

Target Population: General population of Santa Cruz County
Contact Agency: SEAHEC

Collaborators: Not available
Funding Source: Not available

Healthy Gente Healthy Border 2010
Objectives Addressed by this Project
Access to Care
**Project: Border Health SI**

**Objective**
Reduce diabetes risk factors through the formation of community Committees and Groups.

**Expected Activities and Outcomes**
Form the following community committees:
- School Health Index—a self-inventory of school nutrition.
- Policy committee to change at city & county level to increase activity
- Activity committee to organize efforts in the community increase physical activity, starting with Teams in various agencies working points towards winning points for being active leading up to a Health Fair where prizes are given to the teams with the most points.

**Target Population**
Santa Cruz County

**Contact Agency**
Not available

**Collaborators**
University of Arizona College of Public Health

**Funding Source**
Not available

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**Project: Interdisciplinary Project**

**Objective**
Recruit health care providers to rural and underserved areas.

**Expected Activities and Outcomes**
Nutrition & exercise related to diabetes case management.

**Target Population**
Medical, pharmacy, nursing & social work students

**Contact Agency**
SEAHEC

**Collaborators**
University College of Nursing and University College of Pharmacy and ASU College of Social Work

**Funding Source**
Not available

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**Project: Student Training in Border Communities**

**Objective**
Recruit healthcare professionals to rural/underserved areas

**Expected Activities and Outcomes**
Placement with preceptors for rural rotations Introduction to border health issues.

**Target Population**
Medical, pharmacy, nursing & social work students

**Contact Agency**
SEAHEC

**Collaborators**
Not available

**Funding Source**
Not available
Project: SCRIPE (The Santa Cruz River, It’s People & Environment)

Objective
Educate teachers about the Santa Cruz River and provide them with a kit for experiments.

Expected Activities and Outcomes
Classes and field trips which are offered once a year 40-60 hours of classes.

Target Population
Educators and promotoras

Collaborators
Santa Cruz County Superintendent of Schools

Funding Source
Not available

Project: Continuing Education Continuing Medical Education (CE/CME)

Objective
Retain health care providers in rural/underserved areas.

Expected Activities and Outcomes
• Yearly Primary Care Conference
• Yearly Emergency Medical Services (EMS) conference

Target Population
Physicians, nurses, EMS personnel, Certified Nurse Assistants and Promotoras

Collaborators
Not available

Funding Source
Not available

Project: Health Education Workshops

Objective
Our agency provides continuing education to healthcare providers, recruits students into the healthcare field through health career clubs in middle and high schools, we are partners with many agencies where we provide the educational component such as diabetes education, environmental health, HIV/AIDS and bio-terrorism. We organize medical conferences, workshops and health fairs. All of our programs have an evaluation component.

Expected Activities and Outcomes
Not available

Target Population
Students and health care professionals

Collaborators
Not available

Funding Source
Not available
**Project: Student Recruitment**

*Objective*
Interest high school and middle school students in health careers.

*Expected Activities and Outcomes*
Initiate and sustain health career related:
- Clubs
- Summer Camp

*Target Population*  
High and middle school students

*Contact Agency*  
SEAHEC

*Collaborators*  
Not available

*Funding Source*  
Not available

**Project: Southern Arizona Border Health Career Opportunities (SAB-HCOP)**

*Objective*
Interest high school and college students in health careers. “Grow your own” students from rural areas returning to the rural area after graduation.

*Expected Activities and Outcomes*
Initiate and sustain health career related:
- Health clubs
- Summer Enrichment Programs
- Mentorship and Tutoring of college students.

*Target Population*  
High school and college students

*Contact Agency*  
SEAHEC

*Collaborators*  
Not available

*Funding Source*  
Not available
St. Andrews Children's Clinic

P.O. Box 3043
Nogales, Arizona 85628
Phone:  (520) 646-3242
Fax:      (520)-648-2334
E-mail:   Unavailable
Website:  www.standrewsclinic.org

Mission:
Provide Medical treatment to children of indigent parents from neighboring Mexico.

Project:  St. Andrews Clinic

Objective
To provide care unavailable to the poor of Mexico.

Expected Activities and Outcomes
Not available

Target Population                  Contact Agency
Infants to age 18.                St. Andrews Children's Clinic

Collaborators
Shrinners, UMC, UA College of Medicine, Carondelet Health Network and St. Andrews Church

Funding Source
Individual donations, grants, churches, businesses and civic groups. St. Andrews receives no government funding nor United Way.
The Promatora Institute
125 East Madison
Nogales, Arizona 85621
Phone:  (520) 287-2240
Fax: (520)-287-2246
E-mail: wayheart@theriver.com
Website: www.wayheart.com

Mission:
To improve the health status and quality of life of residents along the Arizona/Mexico border. Including health issues involving aging, substance abuse prevention, cancer, cardiovascular disease, diabetes, mental health.

Project: The Way of the Heart
Objective
To improve the health status and quality of life of residents along the Arizona/Mexico border.

Expected Activities and Outcomes
Capacity building, improved health status

Target Population
Persons with low income.

Contact Agency
Way of the Heart : The Promatora Institute

Collaborators
Churches, media, governmental and non-governmental agencies.

Funding Source
Not available

Project: Un Buen Comienzo
Objective
Offers education about pregnancy, parenting, and early childhood development.

Expected Activities and Outcomes
The Program teaches women about: Prenatal care, The signs and symptoms of high risk pregnancies, Nutrition, Exercise, Changes in the body during pregnancy, labor and delivery, Developmental milestones, Car seat safety, Child safety, Breastfeeding, Family planning, Allergens, Immunizations, Lead and poison awareness.

Target Population
Women of Nogales

Contact Agency
The Way of the Heart : The Promatora Institute

Collaborators
Not available

Funding Source
Not available

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project

Immunizations and Infectious Diseases, Injury and Violence Prevention, Maternal, Infant and Child Health, Nutrition
**Project: Free Services**

**Objective**

Provide free services to the most disadvantaged, low-income Hispanic communities.

**Expected Activities and Outcomes**

Services are available in the following areas of health:

- Late or no prenatal care; Lack of access to primary care for children resulting in low rates of immunizations, repeated ear infection, tonsillitis, and ongoing Respiratory illness; Little practice of car seat safety; Lack of exercise beginning in adolescence, unprotected sexual activity, abuse of alcohol, tobacco and other drugs; Date rape, sexual abuse, HIV/STDs, domestic violence, injury and Homicide; Lack of affordable mental health services to deal with the high rates of depression; Poor nutritional habits; Adult onset of heart disease, cancer, diabetes, and liver disease; and Lack of information about aging issues such as menopause; osteoporosis and resulting fractures.

**Target Population**

Not available

**Contact Agency**

Way Of The Heart : The Promotora Institute

**Collaborators**

- Parents Anonymous
- Victim Witness
- Public Safety Task Force
- Crossroads Mission
- County Health Department
- City of Nogales
- Mexican Consulate
- County Superintendent of Schools
- Head Start
- Child Protective Services
- Child and Family Resources
- Council on Aging
- Santa Cruz Family Guidance Center
- WIC
- Steering Committee

**Funding Source**

Not available

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**Healthy Gente**

**Healthy Border 2010**

Objectives Addressed by this Project

Access to care, Cancer, Diabetes, HIV, Injury and Violence Prevention, Mental Health, Nutrition, Respiratory Diseases
Project: Tobacco Prevention

Objective
Provides education about the consequences of smoking or chewing tobacco. This program is aimed at primarily preventing children from starting tobacco use, the program teaches children how to develop effective refusal skills.

Expected Activities and Outcomes
Media literacy will be used to help child identify media messages and strategies tobacco companies use to initiate children to use tobacco. Pregnant youth will learn of the effects tobacco smoke has on their unborn children and the consequences for the health and development of children who grow up with environmental smoke. Support groups are also offered to youth and adults who wish to quite smoking. Children learn about the chemical contained in tobacco and their effects on the body. Children also learn how second hand smoke effects those who do not smoke.

Target Population
Children and youth, pregnant youth and adults

Contact Agency
The Way of the Heart : The Promotora Institute

Collaborators
Not available

Funding Source
Not available

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Project: Substance Abuse

Objective
Increase family and personal protective communication strategies, conflict resolution.

Expected Activities and Outcomes
- Improve family strengthening, communication strategies and leader ship development.
- Activities which include: Arts and crafts, Poetry, support groups, Gardening, Exercise, Stress Management, Mediation skill enhancement, Life planning, Goal setting, Storytelling, Theatre, Decision Making, Problem solving, Role playing.
- This program also attempts to improve communication strategies through: Active listening, paraphrasing and clarification between: Parent and child, Child and parent, Peers, Spouse to spouse
- Other services available for youth and adults about mentoring, job skills, suicide awareness and a tobacco prevention and cessation youth group are also available.

Target Population
Youth and adults

Contact Agency
The Way of the Heart : The Promotora Institute

Collaborators
Not available

Funding Source
Not available

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Healthy Gente
Healthy Border 2010
Objectives Addressed by this Project
Maternal, Infant and Child Health, Tobacco Use

Healthy Gente
Healthy Border 2010
Objectives Addressed by this Project
Substance Abuse, Tobacco
Project: Cancer Program

Objective
Provide community members with the tools necessary to reduce risk and increase early detection of cancer. Technical terms and concepts about cancer are given in a friendly atmosphere and explained in ways most people can understand.

Expected Activities and Outcomes
The following modules are given individually, and all together:
• Cancer - An Overview
• Lung Cancer
• Breast Cancer
• Cervical Cancer
• Prostate cancer
• Skin Cancer

Target Population
Adult and youth populations

Contact Agency
The Way of the Heart: Promotora Institute

Collaborators
Not available

Funding Source
Not available

Project: Diabetes Program

Objective
Teaches participants to understand their body and how diabetes affects it.

Expected Activities and Outcomes
Provides informational classes relating to the following areas of diabetes management:
• Glucose monitoring
• Managing complications with diet
• Helping family members prevent the onset of symptoms
• Care for the feet
• Promotion of regular screening for diabetes

Target Population
Not available

Contact Agency
Not available

Collaborators
Not available

Funding Source
Not available
Mission:
To protect the health of U.S plant and animal resources and facilitate their movement in the global marketplace.

**Project: Health Monitoring Program**

**Objective**
Ensure that if exposure to pesticides or psiticsosis occurs to a significant degree mitigating measure can proceed.

**Expected Activities and Outcomes**
Early warnings and treatment of pesticide poisoning or psiticsosis.

**Target Population**  
PPQ Officers

**Contact Agency**  
USDA-Health Monitoring Program

**Collaborators**
Health Providers, and analysis labs

**Funding Source**
Not available
Yuma County, located in the Southwest portion of the state, it is one of the original four counties of Arizona. Yuma county has a population of over 165,000, with a large portion being of Hispanic heritage. Some of the cities in Yuma County are San Luis, Somerton, Wellton, and of course the City of Yuma, with an estimated population of over 70,000.

Yuma County has a very high unemployment rate, near 25%, of which 66% occurring in San Luis and 44% in Somerton. This rate continues to increase and when compared to the Arizona unemployment rate of 4.7%, the disparity in employment is quite apparent. The unemployment rate is partly related to the seasonality of many of the jobs available in the area of fresh produce.

Much of Yuma County (5,522 miles) is desert land surrounded by rugged mountains. Despite the desert-like conditions, the valley regions contain an abundance of arable land, which is irrigated using water from the Colorado River. The county’s principal industries are agriculture followed by tourism and the military. During winter months, the population of Yuma County grows significantly with the influx of part-time residents and workers.

Yuma, similar to many of the other border cities, has a large flow of people crossing its border. Many border residents prefer to obtain services “on the other side” rather than obtaining them on the U.S. side of the border. The consumers make decisions about where to acquire health services based on various criteria, such as cost of services, quality, availability, and the environment (how their cultural needs are met and the treatment of the consumers). And like other border cities/counties, over half of the population (50.5%) is of Hispanic heritage.

As per the HB-HG 2010 survey regarding the 25 Objectives, 69 Yuma programs were found to be working towards the following objectives:

- 37% were recognized as working towards HG2010 Objective of Access to Care.
- 7% Tobacco
- 20% Nutrition
- 13% HIV
- 19% Mental Health
- 10% Maternal and Child Health

When surveyed regarding which health areas Yuma County health agencies addressed:

- 21% Adolescent health
- 60% Health Education and Promotion
- 18% in Maternal and Child Health
- 28% in Women’s Health
- 9.86% in Environmental Health
- 6% are reported as conducting epidemiological studies
- 8% in Chronic and Degenerative Disease

45% of the surveyed agencies had knowledge of HG 2010.
Mission:
Resources for Interdependence and Self-Empowerment

Project: Pequeños del Sol

Objective
Serve infants and toddlers, 0-3 years.

Expected Activities and Outcome
Unavailable

Target Population
Developmentally disabled infants and toddlers, 0-3 years.

Collaborators
Unavailable

Funding Source
DES/ Division of Developmental Disabilities
Mission:
Protecting children, Preserving Families

Project: Intensive Family Preservation

Objective
Services under this program are completed by a Two-person team made up of a Child and Family Therapist and a Behavior Management Specialist. The program is 8 weeks of intensive therapy using standard and strategic approaches to treatment of the family system.

Expected Activities and Outcomes
Unavailable

Target Population
Unavailable

Collaborators
Unavailable

Funding Source
Arizona Department of Economic Security/Administration for Children, Youth and Families, the Arizona Administrative Offices of the Court, the City of Yuma and the Yuma County Superior Court. Additional programmatic funding is received from the Arizona’s Children Association Foundation.

Project: Professional Family Foster Care

Objective
This service provides therapeutic support and guidance in a family setting to youth referred by ACYF or the Juvenile Court. Under this DES contract, services are provided to 5 children in a family home setting by two parents supported by agency clinical staff.

Expected Activities and Outcomes
Unavailable

Target Population
Youth referred by ACYF or the Juvenile Court

Collaborators
Unavailable

Funding Source
Arizona Department of Economic Security/Administration for Children, Youth and Families, the Arizona Administrative Offices of the Court, the City of Yuma and the Yuma County Superior Court. Additional programmatic funding is received from the Arizona’s Children Association Foundation.
**Project: Adoption Services**

**Objective**
These services include the recruitment, training and certification and case management of adoptive applicants. Homes studies are prepared according to State law and Superior Court guidelines and presented to the Court for pre-adoption certification. Recertification studies are conducted on an annual basis thereafter.

**Expected Activities and Outcomes**
Unavailable

**Target Population**
All Adoptive applicants.

**Contact Agency**
Arizona's Children Association-Western Region

**Collaborators**
Unavailable

**Funding Source**

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**Project: Foster Family Home**

**Objective**
These services include recruitment, training and licensing of family foster homes. Studies are conducted according to State and Federal Policy. Homes are re-licensed on an annual basis according to DES policy. Retention and support of licensed foster parents are provided by four foster care workers and a supervisor.

**Expected Activities and Outcomes**
Unavailable

**Target Population**
Family foster homes.

**Contact Agency**
Arizona's Children Association-Western Region

**Collaborators**
Unavailable

**Funding Source**
Arizona Department of Economic Security/Administration for Children, Youth and Families, the Arizona Administrative Offices of the Court, the City of Yuma and the Yuma County Superior Court. Additional programmatic funding is received from the Arizona’s Children Association Foundation.
Mission:
BCCCRC is committed to trained, and improved good nutrition in the community (family, children).

Project: Food Nutrition Program

Objective
Unavailable

Expected Activities and Outcomes
Unavailable

Target Population
Unavailable

Collaborators
Unavailable

Funding Source
Unavailable
Mission:
To improve the health of people of the Americas with a particular focus on the US-Mexico border by developing relationships that further knowledge, empower people, and maximize the utilization of resources, while respecting diversity.

Project: The Arizona Border HIV/AIDS Care Project (ABHAC)

Objective
Provide outreach activities to identified at-risk individuals, submit outreach contact cards, submit reports within established time frames.

Expected Activities and Outcomes
To reduce risk factors associated with transmission of HIV/AIDS. Enhance resiliency and protective factors.

Target Population
Predominantly Mexican/Mexican American borderland populations, including hard-to-access migrant farm workers. The total number to be contacted are 260 per year (Yuma County).

Contact Agency
Puentes de Amistad

Collaborators
El Rio Santa Cruz Neighborhood Health Center

Funding Source
El Rio Health Center

Project: Rural Health Outreach Project (RHO)

Objective
Outreach to those at-risk for diabetes. Recruitment into monthly diabetes classes. Encourage the formation of support groups for families and for individuals.

Expected Activities and Outcomes
Increase the number of individuals to become aware that they have diabetes, and provide educational and family support services to improve their condition.

Target Population
Mexican/Mexican American borderland populations.

Contact Agency
Puentes de Amistad

Collaborators
Community-based agencies

Funding Source
Sunset Community Health Center

Objectives Addressed by this Project
Access to care, HIV

Objectives Addressed by this Project
Access to care, Diabetes, Nutrition
Project: Disparities Project (Substance Abuse/Mental Health of Latinas)

Objective
Conduct outreach for Latinas at risk for substance abuse and/or mental health problems. Perform educational sessions, referrals, and follow-ups to at-risk Latinas.

Expected Activities and Outcomes
Unavailable

Target Population
Yuma County/borderland women (18-60 years of age)

Contact Agency
Puentes de Amistad

Collaborators
Numerous community-based agencies
USMBHA (United States Mexico Border Health Association), SAMHSA

Project: Entre Familia- Strengthening Families

Objective
The long-term goal of the Entre Familia program is to increase community capacity to enhance family resiliency and reduce familial substance abuse through eight objectives.

Expected Activities and Outcomes
Reduce risk factors, while strengthening community resiliency factors that will address at-risk families about substance abuse.

Target Population
Las Cruces, NM-welfare to work clients; Douglas, AZ- Welfare-to-work; Nogales, AZ- Low-income housing residents; and Somerton, AZ-migrant farm workers (Yuma County).

Contact Agency
Puentes de Amistad

Collaborators
Numerous community-based groups

Funding Source
Centers for Substance Prevention (CSAP)
Mission:
A non profit organization providing assistance and facilitating access to social services such as: health education, health services, housing referrals, job re-training and placement to low income families and farm workers.

Project: Robert Wood Johnson

Objective
Building leadership and health prevention among farm workers

Expected Activities and Outcomes
Increase the access to medical services among farm workers.

Target Population
Farm worker population

Contact Agency
Campesinos Sin Fronteras

Collaborators
Yuma County Health Department, Victim Services, Sunset Community Health Center, Yuma Regional Medical Center, ADHS-Office of Border Health, UA-Rural Health Office

Funding Source
Robert Wood Johnson (private funding)

Project: Border Health Strategic Initiative

Objective
Increase the range of primary prevention behaviors of family members of patients with diabetes through capacity building, target action, risk and protective behavior change.

Expected Activities and Outcomes
Educate family members of diabetic patients on how to prevent diabetes.

Target Population
Farm worker Population

Contact Agency
Campesinos Sin Fronteras

Collaborators
University of Arizona, Sunset Clinic, WAHEC, Rural Health Office, and U of A Cooperative Extension

Funding Source
CDC, University of Arizona
**Project:** HIV Promotion Program  

**Objective**  
Increase HIV/AIDS awareness among farm workers.

**Expected Activities and Outcomes**  
Increase the number of migrant and seasonal farm workers tested for HIV/AIDS.

**Target Population**  
Farm worker Population

**Contact Agency**  
Campesinos Sin Fronteras

**Collaborators**  
Farm worker Justice Fund, Yuma County Health Department

**Funding Source**  
HRSA

**Objectives Addressed by this Project**

Healthy Gente  
Healthy Border 2010

- HIV
Mission:
Catholic Community Services in Western Arizona, in collaboration with people of many beliefs, provides supportive and healing services to individuals and families in need.

Project: Meals on Wheels

Objective
To provide meals to congregate and homebound clients. To insure our clients have the recommended daily vitamins and nutrients provided in our lunch menu to help them retain healthy bodies.

Expected Activities and Outcomes
Feed the hungry with nutritional meals.

Target Population
All of Yuma County

Contact Agency
Catholic Community Services

Collaborators
Yuma Community Food Bank, Western Arizona Council of Government (area aging), United Way

Funding Source
Unavailable

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project
Nutrition
Chicanos Por La Causa

Somerton Office
308 W. Main Street
Somerton, Arizona 85350
Phone:  (928) 627-2042
Fax:    (928) 627-3009
E-mail: ramona.corrcoles@cplc.org
Website: Unavailable

Mission:
Were a community development Corporation committed to building better communities by being a leading advocate, coalition builder and direct service provider. We promote positive change and self-sufficiency to change the quality of life for those we serve.

Project: "Si Se Puede" Computer Lab

Objective
To provide an after-school computer lab for youth in the community and for adults who are continuing their education.

Expected Activities and Outcomes
To provide a safe/educational learning space for youth. It is expected that by providing the computer lab, youth will see an increase in their educational gains.

Target Population
Any youth in the community

Collaborators
Yuma Private Industry, Yuma Community Foundation, United Way of Yuma County.

Funding Source
Yuma Private Industry Council, Yuma Community Foundation, United Way of Yuma County.

Contact Agency
Chicanos Por La Causa

Project: Form Completion/Information

Objective
To complete all types of forms and to provide information on a variety of services. Forms are primarily those that can provide a public benefit (food stamps, housing, disability, Social Security, Orders of protection, unemployment, etc).

Expected Activities and Outcomes
Clients will be able to take advantage of the benefits that they are qualified to receive.

Target Population
Any person who requests the service

Collaborators
Service agencies are the direct providers.

Funding Source
Unavailable

Contact Agency
Chicanos por La Causa

Healthy Gente

Healthy Border 2010

Objectives Addressed by this Project

Access to care

Unavailable
**Project: Immigration Services/translations and notary services.**

**Objective**
To unify families by providing immigration services

**Expected Activities and Outcomes**
To document persons so they can remain in the US with their family members.

**Target Population**
All documented and undocumented persons requesting services.

**Contact Agency**
Unavailable

**Collaborators**
Unavailable

**Funding Source**
Client donations

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**Project: Adult Education Program**

**Objective**
To provide English as a Second Language, citizenship, and basic adult education to adult learners.

**Expected Activities and Outcomes**
Adult learners will be prepared to pass the GED exam, adult learners will pass the citizenship test and become US citizens, adults will enhance their community involvement and employment.

**Target Population**
All adults over the age of 18 who express a need for the classes that are provided.

**Contact Agency**
Chicanos por La Causa

**Collaborators**
Somerton School District, Arizona Western College, and CPLC have formed a consortium in an effort to provide and coordinate these services.

**Funding Source**
Arizona Department of Education/Adult Education Programs
Project: Child and Family Services of Yuma, Inc.

Objective
To provide short term residential services for children and adolescents.

Expected Activities and Outcomes
To stabilize and improve the behaviors which have warranted out-of-home placement for the clients we serve.

Target Population Contact Agency
Yuma County Child and Family Services of Yuma

Collaborators
DES, the EXCEL Group, AOC, the Bureau of Indian Affairs, Cocopah Tribal Services, CRIT Tribal services.

Funding Source
DES, AOC, The RBHA, BIA, Cocopah, CRIT

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project
Access to Care
Crossroads Mission

Mission:
Crossroads Mission is a Christian organization dedicated to helping individuals who find themselves at a "crossroads" in their lives. Our goal is to help them make that turn that will bring them to a personal encounter with God, and to help them make changes that will result in better lives.

Project: Crossroads Recovery Life Skills Program

Objective
To assist the addicted to overcome their self-defeating, addictive behaviors to attain a higher quality of life through remission from chemical dependence.

Expected Activities and Outcomes
Remission from substance dependence and return to being “normal” productive members of our community. The Life Skills Program is a complete drug and alcohol recovery program. It features:
A Chemical Withdrawal Unit that allows for safe and supervised detoxification, open 24 hours a day, 7 days a week, 24 hour monitoring by qualified medical technicians. All cases overseen by a Medical Doctor. Including a 120 day residential program following detoxification based on 12 step method and Christian principles. Crossroads offer Individualized counseling, group meetings, spiritually/religious oriented meetings and activities.

Target Population
Any person who meets the assessment criteria (DSM IV criteria for substance dependence.

Contact Agency
Crossroads

Collaborators
The Crossroads Mission Board, Executive Director, Treatment Director, counseling staff, shelter, education, and emergency services.

Funding Source
State Funding, other grants

Project: Renewed Life Program, Education Center, Family Shelter, Homeless Shelter.

Objective
To help disadvantaged, disabled, and disenfranchised individuals and families achieve a better quality of life.

Expected Activities and Outcomes
Our services are coordinated by individual case management and education plans. Our Case Managements and Instructors identify individual goals and needs, the services required to meet these goals and partner with the client to accomplish these goals as an achievement for better quality of life.

Target Population
Homeless, Alcoholics, Addicts, Near Homeless

Contact Agency
Crossroads

Collaborators
Housing Authority of the City of Yuma, City of Yuma, County of Yuma, Western Arizona Counties of Governments, Department of Economic Security, Arizona Coalition to End Homelessness, Yuma Regional medical Center, Salvation Army Community contributions, state funding and other grants.
Project: *Serenity House*

**Objective**
To help disadvantaged, disabled and disenfranchised individuals and families achieve a better quality of life.

**Expected Activities and Outcomes**
Our services are coordinated by individual case management and education plans. Our Case Managers and Instructors identify individual goals and needs, the services required to meet these goals and partner with the client to accomplish these goals as an achievement for a better quality of life.

**Target Population**
Homeless, Alcoholics, Addicts, Near Homeless, The Poor and Those That Are In Need

**Contact Agency**
Crossroads

**Collaborators**
Housing Authority of the City of Yuma, City of Yuma, County of Yuma, Western Arizona Counties of Governments, Department of Economic Security, Arizona Collation to End Homelessness, Yuma Regional Medical Center, Salvation Army

**Funding Source**
Community contributions, state funding, other grants.

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**CROSSROADS Mission**

**Objectives Addressed by this Project**
- Healthy Gente
- Healthy Border 2010
- Access to care, Mental Health
Mission:
Housing America Corporation is a non-profit organization dedicated to improving communities in the area it serves by providing decent, safe and affordable housing through education and economic opportunity to very low, low and moderate-income individuals and families.

Project: Self Help Program

Objective
To provide technical assistance and homeownership education and counseling to self help families.

Expected Activities and Outcomes
To have low and very low income families build their own homes and also prepare them with homeownership education.

Target Population
Low and very low income families of Yuma and Mojave Counties.

Contact Agency
Housing Corps of America

Collaborators
USDA Rural Development, Rural Community Assistance Corporation (RCAC).

Funding Source
USDA Rural Development

Project: Homeownership Education Counseling Program

Objective
To provide families with education counseling and down payment assistance to help them achieve home ownership.

Expected Activities and Outcomes
Provide first time homebuyer education classes to help families in the process of preparing themselves to become homeowners and being successful homeowners in the long run

Target Population
First time home buyers of Yuma County.

Contact Agency
Housing Corps of America

Collaborators
Banks, mortgage companies, tile companies, builders and public housing agencies.

Funding Source
National Council of La Raza (NCLR), Arizona Department of Housing
Project: Multi Family Housing (Del Pueblo, Colorado/Orchid Street and Amistad Apartments)

Objective
Provide decent, safe and sanitary housing for very low-income families of Yuma County. Assist low-income families in obtaining decent, affordable rental housing.

Expected Activities and Outcomes
HAC hopes that the families that participate in Multi Family program use this opportunity as a stepping stone to homeownership.

Target Population
Low and very low-income families of Yuma County

Contact Agency
Housing Corps of America

Collaborators
ESIC – for low income housing tax credits

Funding Source
USDA Rural Development, HUD, Home Funds, Low Income Housing Tax Credits.

Objectives Addressed by this Project
Healthy Gente
Healthy Border 2010

Environmental Health,
Mission:
We are committed to being a premier nursing, rehab, and long term care provider for our community and region. We endeavor to enhance the quality of life for our residents and staff.

**Project: Life Care Center**

*Objective*
We are committed to being a premier nursing, rehabilitation, and long term care provider for our community and region. We endeavor to enhance the quality of life for our residents and staff.

*Expected Activities and Outcomes*
To provide high quality nursing and rehab care to those in need of skilled nursing, rehabilitation, respite, and long term care to improve health, rehabilitation and quality of life.

**Target Population**
Yuma County residents

**Contact Agency**
Life Care Center of Yuma

**Collaborators**
Yuma Regional Medical Center

**Funding Source**
Medicare, Medicaid, Private Pay, Insurance

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Healthy Gente
Healthy Border 2010

*Objectives Addressed by this Project*

Access to care
Project: Western Wellness Center

Objective
Health screening, Health promotion, Exercise promotion.

Expected Activities and Outcomes
To increase healthy practices in relation to the body and mind (physical fitness, screenings, etc).

Target Population
Yuma area

Contact Agency
Northend Health and Wellness

Collaborators
Unavailable

Funding Source
Private funding sources, the fees charged for services, activity fees.
Mission:
Planned Parenthood of Central and Northern Arizona promotes strong families, planned and wanted children, and sexual health for all.

Project: Counseling

Objective
The following counseling services are offered:

- Premarital
- Pregnancy options
- Marriage
- Individual

Expected Activities and Outcomes
Counseling at Planned Parenthood include:

- Unplanned Pregnancy
- Recent diagnosis with a sexually transmitted infection
- Relationship problems
- Depression, anxiety, and other emotional discomforts
- Problems at school or work
- Problems within families

Target Population
Men and women of Yuma County

Contact Agency
Planned Parenthood

Collaborators
Unavailable

Funding Source
Unavailable

Project: Teen Pregnancy Task Force

Objective
To reduce teen pregnancies in Yuma County and surrounding areas.

Expected Activities and Outcomes
To reduce the rate of teen pregnancies, and to improve education about teen pregnancies.

Target Population
Teens in Yuma County and outlying areas.

Contact Agency
Unavailable

Collaborators
Various agencies throughout the cities of Yuma and San Luis.

Funding Source
Various grants
Project: Positive Force Players

Objective
Positive Force Players is a driving force in Planned Parenthood’s peer-to-peer education program. The Players are a cross-cultural cast of young actors from across the Valley who perform original theater pieces about critical issues that affect today's youth for over 25,000 people each year.

Expected Activities and Outcomes
Subject matter of plays deal with very sensitive issues, including unintended pregnancy, drug and alcohol abuse, domestic abuse, date rape and violence.
Other themes include:
• Addict Family Member
• Body Image
• Date Rape
• Divorce
• Drinking and Driving
• Drug Abuse
• Eating Disorders
• Family Communication
• Gang Awareness
• HIV/AIDS
• Homophobia
• The Macho Image
• Negotiation Skills
• Prejudice
• Relationship Violence
• Rumors & Gossip
• Safer Sex
• Sexual Harassment
• Sexually Transmitted Infections (sexually transmitted infections)
• Smoking
• Social Cruelty
• Stereotypes
• Suicide/Depression
• Teen Pregnancy
• Teen Pressure
• Verbal Violence

Target Population
Teens of Yuma County

Contact Agency
Unavailable

Collaborators
Unavailable

Funding Source
Unavailable

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project
HIV, Injury and Violence Prevention, Maternal, Infant and Child Health, Mental Health, Substance Abuse, Tobacco Use
**Project: Health Care Services**

**Objective**

Services Provided:
- Family Planning Services including all types of birth control.
- Testing and treatment of sexually transmitted diseases.
- HIV testing and counseling for AIDS.
- Medical exams for women and men
- Pregnancy testing
- Pap-Smears (cancer screening)
- Breast exams
- Breast exams and referrals for mammograms
- HOPE (hormonal and contraceptives with optimal pelvic exam)
- (Emergency Contraceptive Pills)
- Treatment of vaginal infections
- Tubal Ligation
- Vasectomy (male sterilization)
- Abortion-medical and surgical
- Mid-Life services -- for women experiencing menopause
- Referrals to other medical programs
- Medical research studies

**Expected Activities and Outcomes**

Unavailable

**Target Population**

All men and women of Yuma County

**Contact Agency**

Planned Parenthood

**Collaborators**

Unavailable

**Funding Source**

Unavailable

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**Project: Sexual Education**

**Objective**

Including Parenting classes; Puberty education; Court mandated parent information classes; Sexuality education and programming for individuals with developmental and physical challenges; S.A.F.E programs for schools and youth organizations.

**Expected Activities and Outcomes**

Unavailable

**Target Population**

All men and women of Yuma County

**Contact Agency**

Planned Parenthood

**Collaborators**

Unavailable

**Funding Source**

Unavailable
Mission:
Provide temporary financial assistance and referral to other resources and advocacy to ensure that Indian children remain with family, extended family and community of tribal members.

Project: Indian Health Services

Objective
Treat physical and mental conditions.

Expected Activities and Outcomes
Provision of health care

Target Population
Native Americans only

Services

Collaborators
U.S. Public Health Service

Funding Source
U.S. Government

Contact Agency
Quechan Indian Health

Project: Stop Violence Against Indian Women

Objective
Enhance women’s ability to resolve or leave violent situations and advocate as necessary, because No woman “Deserves” violent treatment or abuse.

Expected Activities and Outcomes
Provide advocacy to obtain restraining orders, orders for protection, develop safety plan, transport to shelter and counseling.

Target Population
Native American Women in service area (reservation, bARD, Yuma, Winterhaven).

Collaborators
Woman Haven, Safe House, Ambercy’s Place, Quechan Social Services, Courts of Jurisdiction.

Contact Agency
Quechan Indian Health Services

Funding Source
U.S. Department of Justice, Quechan Indian Tribe.
Project: Social Services

Objective
Provide temporary services-crisis resolution.

Expected Activities and Outcomes
Problem resolution, economic, individual self-sufficiency

Target Population
Enrolled Native Americans (FEDL Recognized Tribes) in service. Area: Winterhaven, Bard, Yuma, FT.Yuma Indian Reservation

Contact Agency
Quechan Indian Tribe

Target Population
Enrolled Native Americans (FEDL Recognized Tribes) in service. Area: Winterhaven, Bard, Yuma, FT.Yuma Indian Reservation

Contact Agency
Quechan Indian Tribe

Collaborators
Bureau of Indian affairs, U.S. Govt.; Quechan Indian Tribe; Imperial county social services, yuma county (AZ-DES).

Funding Source
U.S. Government

Project: Family Reunification

Objective
Due to the disproportionate incidence rate of violence because of history of cultural disruption since European Contact, this program seeks to safely return abused children to natural parent, and/or extended family or residence with a Native American Home on the Reservation. To preserve individual and tribal identity and culture.

Expected Activities and Outcomes
Safe and Healthy children maturing to healthy self-sufficient adults.

Target Population
Children under age 18

Contact Agency
Quechan Indian Tribe

Collaborators
Imperial County Social Services, Indian Health Service, Yuma County Social Services

Funding Source
State of AZ-DES; Quechan Indian Tribe
Mission:
We foster a philosophy that values employees and contributions, promotes teamwork, and participation. We provide the highest quality of customer care, and assure a positive atmosphere directed towards the service we are providing.

Project: Cardiovascular-Heart Saver

Objective
To provide CPR classes to the public in the area

Expected Activities and Outcomes
For the people who reside in this area to know how to perform CPR.

Target Population
The area in which we respond for emergency services

Contact Agency
Somerton-Cocopah Fire Department

Collaborators
Unavailable

Funding Source
General funds

Project: Emergency, Fire and EMS Services

Objective
Provide complete Emergency, Fire and EMS service for the community.

Expected Activities and Outcomes
Public education. Code development and enforcement. Comprehensive fire investigation. Fire inspections, plans and reviews. Provide Non-emergency support services designed to provide a safe community.

Target Population
Unavailable

Contact Agency
Somerton-Cocopah Fire Department

Collaborators
Unavailable

Funding Source
Unavailable
Mission:
To build a healthy community by providing affordable, accessible quality health care services with dignity and respect for all.

Project: Sunset Diabetes Outreach and Education Program.

Objective
Promotoras will conduct outreach to 1600 individuals during the 3 year span of the grant and recruit 480 individuals to attend a five week diabetes education intervention.

Expected Activities and Outcomes
During the 3 year grant, we will provided a five week diabetes education intervention to 480 individuals.

Target Population
Farm workers and their families in Yuma County.

Contact Agency
Sunset Diabetes Outreach and Education Program

Collaborators
Yuma Regional Medical Center, Puente de Amistad, Rural Health Office.

Funding Source
Rural Health Outreach grant through Health Resources and Services Administration, Rural Health Policy.

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project
Access to care, Diabetes, Nutrition
Mission:
Extension's mission is to stimulate learning through exploration and discovery to enhance agriculture, the environment, our natural resource base, family and youth well-being, and the development of local communities.

Project: Border Health SI

Objective
To promote physical activity and good nutrition as prevention strategies, and reduce the prevalence of diabetes and other chronic diseases.

Expected Activities and Outcomes
Reduce the high incidence of diabetes and other chronic diseases along the border through promoting physical activity and good nutrition.

Target Population
South Yuma County, Arizona

Contact Agency
University of Arizona-Cooperative Extension

Collaborators
Western Arizona Health Education Center, Sunset Community Health Center, Campesinos Sin Fronteras, Puentes de Amistad and UA CoPH and Rural Health Office Faculty

Funding Source
Federal Appropriations through CDC to the University of Arizona College of Public Health.

Project: Bone Builders - Osteoporosis Awareness and Prevention

Objective
Raise awareness of the impact of osteoporosis on Arizona residents through education, communication, and public activity.

Expected Activities and Outcomes
Raise awareness among residents. Provide education, promote appropriate diagnosis and treatment, and improve prevention strategies, screening, and treatment.

Target Population
Women 25 years and older and men over 65.

Contact Agency
University of Arizona-Cooperative Extension

Collaborators
University of Arizona, county health departments, health providers, and interested citizens.

Funding Source
Arizona Department of Health Services, Arizona Osteoporosis Coalition, and the University of Arizona.
Project: Yuma on the Move

Objective
To understand the benefits of physical activity, and to have people change their lifestyle to include physical activity.

Expected Activities and Outcomes
To have the participants change their lifestyles to include physical activity, to become more active and less sedentary.

Target Population
Yumans 30-64 years of age

Contact Agency
University of Arizona-Cooperative Extension

Collaborators
University of Arizona, Yuma Regional Medical Center, Yuma Friends of the Arizona Health Sciences Center, YCHD, City of Yuma Parks and Recreation, Crane School District, Get in Gear, Yuma area YMCA, and Yuma School District #1

Funding Source
University of Arizona-Cooperative Extension

Objectives Addressed by this Project
Nutrition, Diabetes, Cancer
Mission:
Improve access to quality healthcare for Arizona’s rural and underserved communities through the improvement of the recruitment, retention and distribution of healthcare providers across the state.

Project: WAHEC-Regional Center for Border Health

Objective
The April 6, 2001 ground-breaking ceremony for the Regional Center for Border Health marked the success of a dream for WAHEC to establish a comprehensive center for primary care, community outreach and health education in the City of San Luis. The center was open in May 17, 2002 and is designed to improve the effectiveness of medical services in San Luis, Arizona. The partnership with Women’s Health Specialists and Yuma Pediatric Associates have allowed WAHEC to bring medical services to this very isolated and underserved community.

Expected Activities and Outcomes
Establish a comprehensive center for primary care, community outreach and health education in the City of San Luis.

Target Population

Contact Agency
WAHEC

Collaborators
Women’s Health Specialists and Yuma Pediatric Associates

Funding Source
Unavailable

Project: “Paso a Paso.” A Physical Activity and Cardiovascular Diseases Awareness Program.

Objective
This program is implementing community nutrition/walking clubs and education to prevent cardiovascular diseases.

Expected Activities and Outcomes
Unavailable

Target Population

Contact Agency
WAHEC

Collaborators
Women of Yuma County

Funding Source
Unavailable

Healthy Gente
Healthy Border 2010

Objectives Addressed by this Project

Diabetes, Nutrition
Project: Cancer Prevention for Post-Reproductive Age Women Along the US-Mexico Border

Objective
This program is a two year intervention study conducted in the communities of Yuma, Somerton and San Luis, Arizona within an established and well characterized community-based cohort of post reproductive age women. The purpose of this study is to assess the effectiveness of an educational interventional on the utilization of cancer screening services and cancer awareness among old poor Hispanic women.

Expected Activities and Outcomes
Assess the effectiveness of an educational intervention on the utilization of cancer screening services and cancer awareness among old poor Hispanic women.

Target Population
Cohort of post reproductive age women Yuma, Somerton and San Luis, Arizona

Contact Agency
WAHEC

Collaborators
Unavailable

Funding Source
Unavailable

Project: National Community Health Workers/Promotoras Conference

Objective
For 10 years, WAHEC has sponsored and coordinated the National Health Workers/Promotoras Conference. These conferences began to attract lay health workers/promotores from all over the United States and Mexico. In 1998, the Lay Health Workers/Promotores Conference became national and brought together more than 350 promotores. Last year the conference was held in San Antonio, Texas and reflected more than just a deeper understanding of health: it was an appreciation and celebration of health and diversity. Over 400 lay health workers from all corners of the United States and Mexico enjoyed the three days of Train-the-Trainers and Workshops sessions presented.

Expected Activities and Outcomes
Unavailable

Target Population
Lay health workers/promotores from all over the United States and Mexico

Contact Agency
WAHEC
Project: AHEC State and Federal Programs

Objective
The AHEC’s programs are focused on Matriculation into Post-Secondary Education Programs for Health Profession, Graduation From Post-Secondary Education Program in Health Profession and Employment in Rural Practice and Retention of Health Professionals.

Expected Activities and Outcomes
Unavailable

Target Population
Health Professionals of Yuma County

Contact Agency
WAHEC

Collaborators
Unavailable

Funding Source
Unavailable

Project: The Community Access Program of Arizona (CAPAZ)

Objective
Funded in March of 2001, CAPAZ has been designed to strengthen the medical “safety net” among practitioners serving residents in Yuma County and work with medical providers to improve access to medical services in four selected U.S. Mexico border communities.

Expected Activities and Outcomes
Unavailable

Target Population
Practitioners serving residents in Yuma County

Contact Agency
WAHEC

Collaborators
Unavailable

Funding Source
Unavailable

Project: Southern Arizona Border Health Careers Opportunity Program

Objective
The primary goal of the program is to recruit students into health career pathways. Health career clubs are established at high schools and collegiate levels. The clubs are intended to give students the exposure necessary to pursue a career in medicine.

Expected Activities and Outcomes
Give students the exposure necessary to pursue a career in medicine.

Target Population
Students

Contact Agency
WAHEC

Collaborators
Unavailable

Funding Source
Unavailable
**Project: Well Woman Health Check Program**

**Objective**
A breast and cervical cancer screening diagnosis, serving selected communities, functioning under the auspices of the Arizona Department of Health Services. The program offers services to women living under the 250% of the Federal Poverty Level.

**Expected Activities and Outcomes**
Breast and cervical cancer screening diagnosis

**Target Population**
Women living under the 250% of the Federal Poverty Level

**Contact Agency**
WAHEC

**Collaborators**
Unavailable

**Funding Source**
Unavailable

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**Project: WAHEC/HETC**

**Objective**
This project extends the basic AzAHEC mission to educate health care professionals and the community, providing medical services by initiating a community-oriented strategy that uses students from multiple health care disciplines to educate. WAHEC/HETC was instrumental in the formalization and coordination of the Binational San Luis R.C., Sonora/Yuma County, Arizona Health and Environmental Council since 1992.

**Expected Activities and Outcomes**
Provide health professional education, community awareness on disease prevention, health promotion, Binational collaboration to facilitate and find solutions to public health and environmental issues impacting our border area.

**Target Population**
Yuma, Somerton, Gadsden, San Luis, Arizona and San Luis R. C., Sonora, Mexico

**Contact Agency**
WAHEC

**Collaborators**
Yuma County Department of Health Services, The Excel Group, Yuma Regional Medical Center, Yuma County AHCCCS, Women’s Health Specialist, Pediatric Associates of Yuma, Sunset Community Health Center, School Base Programs, Planned Parenthood, Arizona Western College, Northern Arizona University, U of A Cooperative Extension, Gadsden School District, Somerton School District, Yuma School District, Western Arizona council of Governments, Chicanos por la Causa, Border Health Foundation Puentes de Amistad, City of San Luis, City of Somerton, City of Yuma, The Cocopah Indian Tribe, Cultural Council of Yuma, Yuma County Chamber of Commerce, Consulado de Mexico, Hospice of Yuma, Binational Partners, Servicios de Salud de Sonora

**Funding Source**
MEXFAMHRSA, EPA, BHP/HRSA, Private Foundations, AzAHEC System, Health Sciences Center University of Arizona, Arizona Instituto Mexicano del Seguro SocialDepartment of Health Services, and local organizations. City of San Luis R. C. Sonora CECATI and CBATIS, Arizona Partners: Arizona Department of Health Services, American Lung Association’
**Project: Gotitas de Aire**

**Objective**
A program committed to improve asthma morbidity by helping people with asthma understand how they can better control their condition; by working with the health systems so that individuals understand the importance of implementing the National Asthma Education and Prevention Program guidelines, and working through schools so that we can most directly affect the health of children in Yuma County.

**Expected Activities and Outcomes**
Unavailable

**Target Population**
Children of Yuma County

**Collaborators**
Unavailable

**Funding Source**
Unavailable

**Project: Border Vision Fronteriza Program**

**Objective**
This program trains community health workers as KidsCare/SCHIP specialists to work within selected sites to recruit, document, secure enrollment, and encourage re-certification of children eligible for Arizona Health Care Cost Containment System and the Arizona Children’s Health Insurance program.

**Expected Activities and Outcomes**
Unavailable

**Target Population**
Infants and Children of Yuma County

**Collaborators**
Unavailable

**Funding Source**
Unavailable

**Project: School Health Index Program**

**Objective**
The program assist schools in implementing physical activity and good dietary habits pertaining to improve the health of children.

**Expected Activities and Outcomes**
Unavailable

**Target Population**
School-aged children of Yuma County

**Collaborators**
Unavailable

**Funding Source**
Unavailable
Project: Transferring Technical Capacity to the Community:

Objective
This is a comprehensive, community oriented effort to reduce the risk and complications of diabetes.

Expected Activities and Outcomes
Unavailable

Target Population
Yuma County Residents

Contact Agency
WAHEC

Project: Between Friends/Entre Amigas

Objective
A community outreach program on breast and cervical cancer awareness education, self-esteem, nutrition, menopause, osteoporosis and physical activity.

Expected Activities and Outcomes
Unavailable

Target Population
Women of Yuma County

Contact Agency
WAHEC

Project: Community-Based After School Program

Objective
This program provides different activities such as: Caring role models: Students need ongoing relationships with school and community members who can provide the right support and direction at the right time. A “youth development” approach: A sports activity is not just throwing a ball around, but a chance to develop youth leadership. A balance of activities: Students need homework help, fun and educational projects and education regarding nutritious snacks and physical exercise, etc. This program will be extended during the summer of 2003.

Expected Activities and Outcomes
Unavailable

Target Population
Adolescents of Yuma County

Contact Agency
WAHEC
Project: Project Hero

Objective
This program provides community health education and health promotion engaging students, practitioners and community-based health and human services partners in Yuma County. The program offers CE/CME programs for medical providers focusing on adolescent health related issues, including but not limited to substance abuse, sexually transmitted disease, and violence, domestic violence, depression, teen suicide and the importance of physical education and good nutrition.

Expected Activities and Outcomes
Unavailable

Target Population
Community health education and health promotion engaging students, practitioners and community-based health and human services partners in Yuma County.

Collaborators
Unavailable

Funding Source
Unavailable

Contact Agency
WAHEC

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project
HIV, Injury and Violence Prevention, Mental Health, Nutrition, Substance Abuse
Mission:
The mission of Children’s Rehabilitative Services is to improve the quality of life for children by providing family-centered medical treatment, rehabilitation, and related support services to enrolled individuals who have certain medical handicapping, or potentially handicapping conditions.

Project: Yuma Children's Rehabilitative Services

Objective
Children’s Rehabilitative Services is a medical Diagnosis driven program. CRS provides services for the following types of conditions:

- Deformities present at birth or acquired, such as club feet, dislocated hip, cleft lip and/or palate, mal-united fractures, scoliosis, pina bifida, and congenital GU and GI anomalies.
- Many muscle and nerve disorders
- Some conditions of epilepsy
- Congenital heart disease
- Cerebral Palsy
- Cystic Fibrosis
- Burn scars which cause functional limitations
- PKU and other related metabolic disorders
- Sickle Cell Anemia
- Neurofibromatosis
- Hydrocephalus

Expected Activities and Outcomes
Unavailable

Target Population
Arizona residents with eligible covered medical conditions.

Contact Agency
Child Rehabilitative Services

Collaborators
CRS has four sites: Phoenix, Tucson, Flagstaff & Yuma

Funding
Title XIX, Title XXI and also Title V
Mission:
To provide customer focused, cost effective health services which promote healthy lifestyles and prevent disease and disability. We contribute toward the accomplishment of our Mission in a variety of ways. Among these are programs that:

- Provide services that prevent epidemics and the spread of disease,
- Protect against environmental hazards,
- Promote and encourage healthy behaviors and,
- Refer individuals to appropriate health services.

Project:  Yuma County Dental Sealant Program

Objective
Through dental screening, identify 2nd and 6th graders who could benefit from dental sealants, and provide dental sealants to children that need them.

Expected Activities and Outcomes
For dentists to perform dental screenings to the target population, and for hygienists to place the dental sealants.

Target Population  Contact Agency
2nd and 6th graders in schools interested in having the program (in Yuma County)  YCHD-Office of Oral Health

Collaborators
Arizona Dental Health Services, Yuma County dentists, hygienists, and assistants.

Funding Source
Arizona Department of Health Services

Nutrition Manager Division

Project: Arizona Nutrition Network Program

Objective
Reduce risk factors of diet-related chronic diseases such as cardiovascular disease, cancer, obesity, and osteoporosis. Deliver the common nutrition messages to the low income population.

Expected Activities and Outcomes
Teaching the 5 a Day Program, Building Better Bones, and other nutrition-related topics. Food and phone contacts and breastfeeding mothers.

Target Population  Contact Agency
School children, adults, and breastfeeding mothers from low income sectors  Lisa Medrow

Collaborators
Schools, Yuma Community Food Bank, Senior Centers, Grocery Stores and Libraries

Funding Source
Yuma County Health Department, ADHS (Funding originates from USDA/DES Food Stamp and Federal grants, Local Incentive Award Program
**Project: Women Infant and Children Program (WIC)**

**Objective**
To improve nutrition status of women, infants, and children.

**Expected Activities and Outcomes**
Improve health status through: Nutrition counseling, immunization referrals, breastfeeding support, individual counseling and classes, referrals to a variety of health and social services

**Target Population**
Pregnant and nursing women and children under the age of 5.

**Collaborators**
Social service agencies, nursing, immunizations, HUD housing.

**Funding Source**
Yuma County Health Department, USDA though ADHS, Federal Funds

**Contact Agency**
Health Promotions Division

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**Project: Community Nutrition Program**

**Objective**
Increase fruits, vegetables and grains and decrease fat.

**Expected Activities and Outcomes**
Provide 5 a Day Program to approx. 800 3rd graders.

**Target Population**
Low-income schools – Students.

**Collaborators**
Low-income school districts and grocery stores.

**Funding Source**
Arizona Department of Health Services

**Contact Agency**
Community Nutrition Program

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**Director of Nursing Division**

**Project: Nurse Case Management for Pregnant Teens**

**Objective**
To provide nurse case management for pregnant teens under 20 years of age. To identify pregnant teens early to increase their abilities to attain pre-natal care early on in their pregnancy to promote better health outcomes. Early initiation of prenatal care will help produce healthier mothers and babies. Teachings obtained in this program will help promote better decision making in the future.

**Expected Activities and Outcomes**
Reduce future teenage pregnancy rates.

**Target Population**
Yuma County teens under 20 years of age.

**Collaborators**
Multidisciplinary Maternal and Child Health Advisory Committee.

**Funding Source**
Prenatal Block Grant

**Contact Agency**
Nursing Division

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**Healthy Gente Healthy Border 2010**

**Objectives Addressed by this Project**
Access to care, Maternal, Infant and Child Health

**Nutrition**

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**Healthy Gente Healthy Border 2010**

**Objectives Addressed by this Project**
Maternal, Infant and Child Health
**Project: Prenatal Care and Pregnancy Testing**

**Objective**
Provide referral service and pregnancy testing for women and teens and follow-up after birth.

**Expected Activities and Outcomes**
Unavailable

**Target Population**
Unavailable

**Contact Agency**
YCHD-Nursing Division, Family Planning Program

**Collaborators**
Unavailable

**Funding Source**
Unavailable

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**Project: High-Risk Child Health**

**Objective**
To reduce infant and child mortality, morbidity, and long-term developmental disability through home visits by specially trained community health nurses and support staff.

**Expected Activities and Outcomes**
Home visits by public health nurses trained to provide infant/child health exams, guidance in: normal growth and development, nutrition, and instruction in special treatments.

**Target Population**
Children from birth to 17 years of age with special health problems (prematurely, birth defects, and chronic medical problems).

**Contact Agency**
YCHD-Nursing Division, High Risk Child Program

**Collaborators**
Unavailable

**Funding Source**
Unavailable

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**Project: Babes Program**

**Objective**
Teach values, decision making and provide counseling through a puppet programming Yuma County Public Schools.

**Expected Activities and Outcomes**
A puppet program will be distributed to be used in schools programs and by school counselors to encourage life lessons.

**Target Population**
Yuma County teens under 20 years of age

**Contact Agency**
YCHD-Nursing Division

**Collaborators**
Multidisciplinary Maternal and Child Health Advisory Committee

**Funding Source**
Donations
**Project: Immunizations**

**Objective**
Immunize adults and children at low cost.

**Expected Activities and Outcomes**
Vaccines Available for Adults Include
- Tetanus Diphtheria (Td)
- Hepatitis A
- Hepatitis
- Measles, Mumps, Rubella (MMR)
- Pneumovax
- Flu (during Flu season only)

Child Immunizations:
The fee for child immunizations is $10.00 per visit. The fee is $10.00 whether the child gets 1 immunization or more than 1 immunization. If on AHCCCS present your card, the fee will be waived and AHCCCS will be billed. No one will be turned away for inability to pay.

**Target Population**
Unavailable

**Contact Agency**
YCHD-Nursing Division, Immunizations

**Collaborators**
Unavailable

**Funding Source**
Unavailable

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**Project: Teen Pregnancy**

**Objective**
Provide confidential testing, education and counseling to the teen population

**Expected Activities and Outcomes**
- Teen Prenatal Care offers free and confidential testing on a walk in basis and by appointment.
- Talks on Teen Pregnancy related topics, prenatal counseling and education is offered.
- Confidential sexually transmitted disease and HIV testing is offered at low cost, yet no person will be denied services due to their inability to pay.
- Follow up and support in locating services is also offered to teens.

**Target Population**
Unavailable

**Contact Agency**
YCHD-Nursing Division, Family Planning

**Collaborators**
Unavailable

**Funding Source**
Unavailable
Project: **Comenzando Sano - Health Start Program**

**Objective**
Provide referral service for pregnant women and follow up after birth to give the mother and her baby, the best chance for success as the child grows and develops.

**Expected Activities and Outcomes**
Provide outreach prenatal education, referral services to pregnant women throughout the course of their pregnancy. Follow-up services are offered once the child is born and continues into the child's fourth year. Home visits and education classes are offered to women and their families to talk about breastfeeding, family planning, and immunization monitoring.

**Target Population**
Unavailable

**Contact Agency**
YCHD-Nursing Division, Health Start Program

**Collaborators**
Unavailable

**Funding Source**
Unavailable

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Project: **TB Clearance Cards**

**Objective**
Reduce the spread of Tuberculosis in the workplace in the Yuma County by the screening at risk individuals.

**Expected Activities and Outcomes**
Provide tuberculin skin test for individuals employed in nursing home, daycare centers, or other jobs requiring TB screening.

**Target Population**
Health care workers, nursing homes, long term patients

**Contact Agency**
YCHD-Nursing Division, Communicable Disease Program

**Collaborators**
Unavailable

**Funding Source**
Unavailable

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Project: **Arizona Community Network Quechan Indian Tribe-Senior Nutrition Project**

**Objective**
To provide nutrition education information and training to the elders.

**Expected Activities and Outcomes**
Unavailable

**Target Population**
Family unit with the elder the primary contact.

**Contact Agency**
Nutrition Division

**Collaborators**
Unavailable

**Funding Source**
Arizona Department of Health Services-Local Incentive Award Program
Project: Tuberculosis (TB) Control Program

Objective
Yuma County by screening at-risk individuals. To protect, educate, and treat the public for tuberculosis.

Expected Activities and Outcomes
Provide diagnostic, case, and preventive treatment services. Consultation is provided about the disease including prevention and control measures. Individuals are provided education, and are monitored throughout the course of their treatment.

Target Population
Health care workers, nursing home population, long time care patients.

Collaborators
Unavailable

Funding Source
Unavailable

Contact Agency
YCHD-Nursing Division, Communicable Disease Program

Health Promotion Manager Division

Project: Tobacco Use Prevention

Objective
Reduce the use of tobacco through education and intervention.

Expected Activities and Outcomes
The Yuma County Tobacco Program works to increase awareness and understanding of the harmful effects of tobacco and to change attitudes and perceptions regarding tobacco use issues. A worksite wellness package that includes tobacco information and assistance with creating job specific tobacco policy is available through our partnership with The American Cancer Society. School children are reached through age appropriate presentations that include puppet shows as well as peer leadership training in selected schools. Community events such as the Farm Workers Health Fair, The Great American Smoke out, and Kick Butts Day, are examples of the many events that serve as opportunities to raise awareness and to counter advertise. Anyone residing in Yuma County is eligible for free cessation classes taught in English or Spanish. Nicotine replacement therapy (patches, gum, nasal spray, or Rx medication) is available at a 50% discount by using a voucher system administered through the cessation classes. Community members can access free prevention literature in many local doctor’s offices, at local agency sponsored health fairs, and by calling or stopping by the Tobacco Program office at the Health Department.

Target Population
Yuma County Residents

Collaborators
Unavailable

Funding Source
Unavailable

Contact Agency
YCHD-Health promotions Manager Division

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project
Immunizations and Infectious Diseases

Healthy Gente Healthy Border 2010

Objectives Addressed by this Project
Tobacco Use
Project: Injury Prevention Program

Objective
To reduce the number of child motor vehicle deaths and injuries.

Injury Prevention Programs include:
• K.I.S.S. (Kids In Safety Seats) - Child occupant protection program
• SAFE KIDS Coalition (find out more or become involved)
• Bike Helmets & Bike Safety

Expected Activities and Outcomes

K.I.S.S. Program: (Kids In Safety Seats)
This program provides families the way to purchase child safety seats, by allowing them to purchase them at a substantial discount. Infant-only seats sell for $20-25 depending on model. Convertible seats (work as infant and toddler seat) and high-back booster seats sell for $25. Families must attend a 1-hour training class before receiving their seat.

Yuma County SAFE KIDS Coalition was started in 1992. We are affiliated with the National SAFE KIDS Campaign out of Washington, DC. The coalition is made up of all kinds of people; parents, business people, people in health care, law enforcement, EMS (Emergency Medical Services), educators, nurses, various agencies and organizations... and we are always looking for others. We deal with a wide-range of preventable injuries including: Drowning, poisoning, falls, burns (electrical, fires, & scalds), choking, and vehicular (motor vehicle, pedestrian and bicycle). Our motto is "Safe Kids is No Accident". Yuma County SAFE KIDS has programs involving various unintentional injury areas including; motor vehicle safety "car seats", bicycle safety, water safety, burn and fire prevention, child abduction, falls and choking prevention. Yuma County

SAFE KIDS initiated the current bicycle helmet ordinance in the City of Yuma requiring all kids under age 18 to wear a bicycle helmet when riding their bicycles in Yuma. SAFE KIDS members help at: Car seat checkups, health fairs, clubs, other exhibits and at other organizations as requested

Bicycle Safety & Helmets
HELMETS: The Program offers helmets to the public at a substantial discount ($10) in sizes from infant to adult. All helmets are SNELL Foundation or ANSI approved for safety, and come in a variety of colors and styles. Presently all bike helmets are only $10.00 regardless of size. We carry helmets from toddler to adult (allowing mom and dad to be good role models and wear their helmets too).

Target Population
All, but specialize on minority and low-income families.

Contact Agency
YCDPH-Health Promotions Division
Program

Collaborators
Yuma County Health Department, Yuma Fire and Police, YRMC, Cities of Somerton and San Luis, AZ.

Funding Source
The funding for the helmets come from donations to SAFE KIDS and all proceeds goes back to SAFE KIDS for additional activities such as bicycle safety rodeos and education classes.
**Project: Sexually Transmitted Disease (STD) Program**

**Objective**
This program deals with disease intervention activities to prevent disease transmission through education and by assuring that people who have a treatable STD or those that have been exposed to STD are, by referral, promptly examined and adequately treated.

**Expected Activities and Outcomes**
STD prevention presentations, with power point, are provided to groups of 12 or more people and are available in English and Spanish as time permits. The STD program, by referral, promotes health and disease management as well as provide support and contact follow-up to insure that clients are screened, examined and treated properly.

**Target Population**
Yuma County Residents

**Contact Agency**
YCDPH-Health Promotions Division

**Collaborators**
Unavailable

**Funding Source**
Unavailable

**Project: Tobacco Use Prevention Program**

**Objective**
To educate the public about the dangers of Tobacco use and to give support to those trying to quit.

**Expected Activities and Outcomes**
Peer Education: Middle school children are presented with Tobacco prevention education, who then give the same workshops to 5th and 6th grade students. Kindergarten through 4th grade teachers can also receive modified Tobacco Prevention curriculum to present in their classrooms.

**Target Population**
Children and adults.

**Contact Agency**
YCDPH-Health Promotions Division, Tobacco Use Prevention Program

**Collaborators**
Yuma County Prevention and Education, University Cooperative Extension, Puentes de Amistad

**Funding Source**
Unavailable

**Project: HIV Outpatient Program**

**Objective**
The mission of the office of HIV Services is to prevent further transmission of HIV and to increase the quality of life among those already infected through education, prevention, monitoring, treatment and services. HIV Services are located within the Yuma County Health Department, Health Promotions Division. The program has three staff members and is organized into three divisions: COMMUNITY OUTREACH AND PREVENTION; CARE AND SERVICES; AND SURVEILLANCE AND RESEARCH.

**Expected Activities and Outcomes**
Community Outreach and Prevention – Provides resources to prevent further transmission of HIV infection and delay the onset of symptoms in persons already infected. Services include targeted HIV prevention educational programs, counseling and testing services, workshops, and training. Contact the Health Educator Monday through Friday from 8 a.m. to 5 p.m. Some evening can be accommodated.
Project: HIV Outpatient Program (continued)

Expected Activities and Outcomes
HIV Care and Services – Provides HIV care and support services throughout Yuma and La Paz Counties to persons living with HIV disease. These services are in the areas of medical, AIDS Drug Assistance Program (ADAP), health and social support. The Partner Services Unit can assist HIV positive individuals with informing their sex partners or train providers to perform counseling and referral services for patients.

Surveillance and Research – Tracks the number of individuals infected with HIV in order to watch the trends of the epidemic. This information is used to target prevention activities, HIV care, and support services. HIV/AIDS data for the state of Arizona is available through the Arizona Department of Health Services (ADHS).

Target Population
Services for individual living with HIV/AIDS and their families.

Contact Agency
YCDPH - Health Promotions, HIV Services

Collaborators
Unavailable

Funding Source
Unavailable

Project: Health Start

Objective
Provide referral service for pregnant women and follow-up after birth and give them the best chance for success as the child grows and develops.

Expected Activities and Outcomes
HEALTH START / Comienzo Sano Program provides outreach prenatal education, referral services to pregnant through home visits and prenatal classes. Prenatal classes are held in Yuma, Somerton and San Luis and are bi-lingual and free of charge. Continuing services throughout the course of their pregnancy and follow-up services once the child is born for a period of two years. Low income women living in Yuma, Somerton, San Luis, Wellton and Eastern Yuma County who, wish help with referrals or want education through classes and home visits, are targeted. The purpose of the follow-up visits is to educate the family on: Breastfeeding, family planning, monitoring and referral for immunizations, etc. Also see section on Pregnancy Testing.

Target Population
Pregnant women and recent mothers.

Contact Agency
YCHD-Health Promotions Division, Health Start Program

Collaborators
Unavailable

Funding Source
Arizona Department of Health Services
Project: KidsCare

Objective
Unavailable

Expected Activities and Outcomes
KidsCare is the Arizona health insurance program for children who do not qualify for AHCCCS.

Target Population
All Arizona Residents, with US Citizen status or 5 years legal resident with no current health insurance.

Collaborators
Unavailable

Funding Source
Unavailable

Project: Physical Activity

Objective
Increase physical activity among children and adults of Yuma County.

Expected Activities and Outcomes
Provides programs for children (in schools for 4-8 grade) and adults that promote physical activity. The children's program is known as the PLAY (promoting lifetime activity in youth) program and is offered to teachers in all schools from grades 4th through 8th. It is a 12 week, 3 step program that gets children to realize that they can get sixty minutes of physical activity every day by doing everyday things and also by keeping a log of their activities for 8-11 weeks. The adult programs are known as the YTCC (Yuma Take Charge Challenge) and the W.E.L.L. AZ (Walk Everyday Live Longer) program. The YTCC is offered to all ages and focuses on businesses, homes, churches, friends, etc. getting teams of ten together to provide support for each other while setting a personal goal to increase their physical activity level for 12 weeks. The W.E.L.L. Arizona program focuses on adults ages 50 -64 and lasts for 4 weeks. All programs are free of charge to participants.

Target Population
Teachers in schools for 4 through 8th graders, adults

Collaborators
Unavailable

Funding Source
Unavailable

Contact Agency
YCHD-Health Promotion Division, Kid Care Program
Mission:  
District- "Preparing our students to succeed in a global community."  Health services- The mission of school nursing is to enhance the education of our students by removing health related barriers to learning and by promoting an optimal level of wellness.

**Project: Health Screenings**

**Objective**
- Provide screening for: Hearing, Vision, Blood Pressure, Dental, Height/Weight and Scoliosis
- To identify deficits and make appropriate referrals for remediation and/or find local low or no cost resources for families.

**Expected Activities and Outcomes**
Remediation of problem and/or continued management.

**Target Population**
Pre K- 8th grade

**Contact Agency**
School Nurses of Health Services

**Collaborators**
YCHD, Lions Clubs, AHCCCS, KidsCare, District Food Services, YRMC, School Based Health Center, Healthy Kids Dental.

**Funding Source**
YUSD District pays for nurses at each school site, YRMC runs School Based Health Center, various primary care providers.
Mission:
To improve the health and well being of individuals, families and the communities we serve, through excellence, innovation and prudent use of resources.

Project: Lifeline

Objective
Connects individuals to the support of neighbors, friends, and emergency service in the community. The individual served is able to directly contact trained Lifeline staff 24 hours a day from around their home or yard by simply pressing a button.

Expected Activities and Outcomes
Unavailable

Target Population
All Yuma County residents.

Contact Agency
Yuma County Regional Medical Center

Collaborators
Unavailable

Funding Source
Unavailable

Project: Yuma Regional Medical Center-Diabetes Education

Objective
Provides comprehensive diabetes education and support to manage all phases of diabetes mellitus. Patients who participate in diabetes self management training class will experience fewer diseases and related complications, decreased hospital visits, greater compliance with disease management and enhanced quality of life.

Expected Activities and Outcomes
Patients who participate in diabetes self management training class will experience fewer diseases and related complications, decreased hospital visits, greater compliance with disease management and enhanced quality of life.

Target Population
Residents of Yuma County.

Contact Agency
Yuma Regional Medical Center

Collaborators
Unavailable

Funding Source
Unavailable
**Project: School Health Care Program**

**Objective**
Sponsor the only hospital-based mobile unit health clinic taking medical care to Arizona school children. The clinic is part of the School Health Care Program, which serve six elementary school districts from San Luis to Dateland.

**Expected Activities and Outcomes**
The key component of the program is health education for children and their parents to prevent medical problems.

**Target Population**
Various elementary schools.

**Contact Agency**
Yuma Regional Medical Center

**Collaborators**
Unavailable

**Funding Source**
Unavailable

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**Project: Helping Victims in their Time of Need**

**Objective**
Yuma Regional Medical Center is a participant in the effort to support victims of sexual and domestic violence at Amberly’s Place.

**Expected Activities and Outcomes**
YRMC is equipped and is maintaining medical examination room at Amberly’s place designed to offer a safe environment for victims in a fragile state of mind.

**Target Population**
Victims and families of sexual and domestic violence.

**Contact Agency**
Yuma Regional Medical Center

**Collaborators**
Unavailable

**Funding Source**
Unavailable

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**Healthy Gente Healthy Border 2010**
**Objectives Addressed by this Project**

Access to Care
Glossary of Terms and Acronyms

A

1. **ADHS**: Arizona Department of Health Services. [www.hs.state.az.us](http://www.hs.state.az.us)

2. **ADHS-OBH**: Arizona Department of Health Services - Office of Border Health. The mission of the Office of Border Health (OBH) is to promote and protect the health of all border area residents through sound, competent public health practices along the Arizona-Sonora border. The Office of Border Health coordinates and integrates public health program efforts to identify, monitor, control and prevent adverse health events in border communities. The office also strengthens cross-border public health collaboration with Sonora, Mexico. [www.hs.state.az.us/phs/borderhealth](http://www.hs.state.az.us/phs/borderhealth)

3. **AHCCCS**: The Arizona Health Care Cost Containment System (AHCCCS) is Arizona's Medicaid program and the State of Arizona's health care program for persons who do not qualify for Medicaid. [www.ahcccs.state.az.us](http://www.ahcccs.state.az.us)

4. **ALTCS**: Arizona's Long Term Care Program for those who are elderly or blind, physically disabled, or have a developmental disability and need nursing home level care. ALTCS helps pay for nursing home care or special care that allows you to remain in your own home. The program is administered under the Arizona Health Care Cost Containment System, or AHCCCS. [www.ahcccs.state.az.us/Services/altcs/altcspgm.htm](http://www.ahcccs.state.az.us/Services/altcs/altcspgm.htm)

5. **American Legacy Foundation**: Grants made by the American Legacy Foundation will further its goal of creating tobacco-free generations. At the heart of Legacy’s grant program is the effort to identify new and improved ways to develop effective tobacco control programs. It is widely accepted that to accomplish sustained behavior change in the United States requires more than a single national effort. [www.americanlegacy.org](http://www.americanlegacy.org)

6. **American Lung Association Arizona/New Mexico**: Founded in 1904 to fight tuberculosis, the American Lung Association today fights lung disease in all its forms, with special emphasis on asthma, tobacco control and environmental health. [www.lungusa.org/arizonanewmexico](http://www.lungusa.org/arizonanewmexico)

7. **Arizona Head Start Program**: Provides high quality early childhood education, nutrition, health, and social services with a strong parent involvement focus. [www.azheadstart.org](http://www.azheadstart.org)

8. **Arizona Osteoporosis Coalition**: The mission of the Arizona Osteoporosis Coalition is to raise awareness of the impact of osteoporosis on residents of Arizona through education, communications and public activity. [www.azoc.org](http://www.azoc.org)

9. **Avon Foundation**: The Avon Foundation supports a national network of research, medical, social service and community-based organizations that address every facet of the disease of Breast Cancer. These programs focus specifically on the medically underserved, including low-income, elderly and minorities, and those without adequate health insurance. Reversing historical disparities in breast cancer care is a priority. The Foundation makes grants ONLY to organizations and institutions having tax-exempt status under Section 501(c)(3) of the Internal Revenue Code. [www.avoncompany.com/women/avonfoundation](http://www.avoncompany.com/women/avonfoundation)

10. **AZ**: Arizona

11. **AzAHEC System**: Arizona Area Health Education Centers mission is to improve access to quality healthcare for Arizona’s rural and underserved communities through the improvement of the recruitment, retention and distribution of healthcare providers across the state. The Arizona AHEC Program serves our rural and medically underserved communities and populations through five community-based non-profit AHECs and is administered through the University of Arizona Health Sciences Center. [www.azahec.org](http://www.azahec.org)
12. **Border XXI Program / US-Mexico Border Environmental Program 2010**: As a result of the partnership among federal, state and local, governments in the United States and Mexico, and with U.S. border tribes, the mission of the Border 2012 program is: To protect the environment and public health in the U.S.-Mexico border region, consistent with the principles of sustainable development. (In this program, sustainable development is defined as “conservation-oriented social and economic development that emphasizes the protection and sustainable use of resources, while addressing both current and future needs and present and future impacts of human actions.”)

www.epa.gov/usmexicoborder/index.htm

13. **CDC**: Centers for Disease Control and Prevention. The Centers for Disease Control and Prevention (CDC) is recognized as the lead federal agency for protecting the health and safety of people - at home and abroad, providing credible information to enhance health decisions, and promoting health through strong partnerships. CDC serves as the national focus for developing and applying disease prevention and control, environmental health, and health promotion and education activities designed to improve the health of the people of the United States. CDC, located in Atlanta, Georgia, USA, is an agency of the Department of Health and Human Services. www.cdc.gov


15. **Center for Toxicology / Southwest Environmental Health Sciences Center**: mission is Collaborative interdisciplinary research into the health effects of environmental agents and a non-biased scientific resource in education, research, and community service. swehsc.pharmacy.arizona.edu

16. **Centers for Disease Control and Prevention (CDC) Childhood Lead Poisoning Prevention**: Grants for State- and Community-Based Childhood Lead Poisoning Prevention Programs CDC provides funding to state and local health departments to: Determine the extent of childhood lead poisoning, Screen children for elevated blood lead levels, Help ensure that lead-poisoned infants and children receive medical and environmental follow-up, Develop neighborhood-based efforts to prevent childhood lead poisoning. www.cdc.gov/nceh/lead/lead.htm

17. **CSAP**: Centers for Substance Prevention (CSAP)

18. **CoPH**: Mel and Enid Zuckerman, College of Public Health, a tri-university collaboration among the University of Arizona, Arizona State University and Northern Arizona University. www.publichealth.arizona.edu

19. **DES**: Department of Economic Security

20. **DHHS**: United States Department of Health and Human Services www.hhs.gov

21. **El Rio Health Center**: El Rio is an independent, community-based primary health care center in Pima County. We are available to all, but especially to those least able to access and afford health care services. We recognize and reward the abilities of our health care team to best serve the needs of a culturally diverse and medically under-served patient population. We are advocates for our patients, individually and as a group, and work diligently to attain full and complete care as appropriate. www.elrio.org

22. **EPA**: Environmental Protection Agency. The EPA's mission is to protect human health and to safeguard the natural environment — air, water, and land — upon which life depends. For 30 years, EPA has been working for a cleaner, healthier environment for the American people. www.epa.gov

23. **FEMA**: The Federal Emergency Management Agency - a former independent agency that became part of the new Department of Homeland Security in March 2003 - is tasked with responding to, planning for, recovering from and mitigating against disasters. FEMA can trace its beginnings to the Congressional Act of 1803. This act, generally considered the first piece of disaster legislation, provided assistance to a New Hampshire town following an extensive fire. In the century that followed, ad hoc legislation was passed more than 100 times in response to hurricanes, earthquakes, floods and other natural disasters. www.fema.gov
24. **FEMA/Annual Fema Grant**: The Federal Emergency Management Agency - a former independent agency that became part of the new Department of Homeland Security in March 2003 - is tasked with responding to, planning for, recovering from and mitigating against disasters. (english) [www.fema.gov/ofm/grants2.shtm](http://www.fema.gov/ofm/grants2.shtm) (Spanish) [www.fema.gov/spanish/index_spa.shtm](http://www.fema.gov/spanish/index_spa.shtm)

25. **Ford Foundation**: is a resource for innovative people and institutions worldwide. The goals of the Ford Foundation are to: Strengthen democratic values, reduce poverty and injustice, promote international cooperation and advance human achievement. Grant seekers may apply under three main Programs: Assets Building and Community Development, Knowledge, Creativity and Freedom, and Peace and Social Justice. [www.fordfound.org](http://www.fordfound.org)

26. **HCFA**: Health Care Financing and Administration, renamed to The Centers for Medicare & Medicaid Services [www.cms.hhs.gov](http://www.cms.hhs.gov)

27. **AHSC**: Arizona Health Sciences Center University of Arizona [www.ahsc.arizona.edu](http://www.ahsc.arizona.edu)

28. **HG**: Healthy Gente Healthy Border 2010

29. **HHS**: Health and Human Services United States, government’s principal agency for protecting the health of all Americans and providing essential human services, especially for those who are least able to help themselves. The Department includes more than 300 programs, covering a wide spectrum of activities. Some highlights include:
   - Medical and social science research
   - Preventing outbreak of infectious disease, including immunization services
   - Assuring food and drug safety
   - Medicare (health insurance for elderly and disabled Americans) and Medicaid (health insurance for low-income people)
   - Financial assistance and services for low-income families
   - Improving maternal and infant health
   - Head Start (pre-school education and services)
   - Preventing child abuse and domestic violence
   - Substance abuse treatment and prevention
   - Services for older Americans, including home-delivered meals
   - Comprehensive health services for Native Americans [www.hhs.gov](http://www.hhs.gov)

30. **HIS**: 

31. **HRSA Ryan White Fund**: The Ryan White Comprehensive AIDS Resources Emergency (CARE) Act is Federal legislation that addresses the unmet health needs of persons living with HIV disease (PLWH) by funding primary health care and support services that enhance access to and retention in care. [http://hab.hrsa.gov/tools/title2/t2SecIChap1.htm](http://hab.hrsa.gov/tools/title2/t2SecIChap1.htm)

32. **HRSA/ORHP**

33. **HUD**: Home Funds, Low Income Housing Tax Credits


35. **ITCA**: 

36. **JJDP-Title II**: Juvenile Justice & Delinquency Prevention (JJDP)

37. **Kellog Foundations**: The W.K. Kellogg Foundation is a nonprofit organization whose mission is to apply knowledge to solve the problems of people. Grants are available for a variety of community development projects. [www.wkkf.org](http://www.wkkf.org)

38. **MCHD**: Maternal and Child Health Division of the Health and Human Services Department

39. **NAFTA**: North American Free Trade Agreement, primary objective of the Office of NAFTA and Inter-American Affairs (ONIA) is to increase access to foreign markets for U.S. exports, through the elimination of tariff and non-tariff barriers to trade. [www.mac.doc.gov/nafta](http://www.mac.doc.gov/nafta)
Glossary of Terms and Acronyms

N

40. **National Council of La Raza (NCLR)**: The National Council of La Raza (NCLR) is a private, nonprofit, nonpartisan, tax-exempt organization established in 1968 to reduce poverty and discrimination, and improve life opportunities for Hispanic Americans. NCLR has chosen to work toward this goal through two primary, complementary approaches: **Capacity-building assistance** to support and strengthen Hispanic community-based organizations: providing organizational assistance in management, governance, program operations, and resource development to Hispanic community-based organizations in urban and rural areas nationwide, especially those which serve low-income and disadvantaged Hispanics. **Applied research, policy analysis, and advocacy**: providing an Hispanic perspective on issues such as education, immigration, housing, health, employment and training, and civil rights enforcement, to increase policy-maker and public understanding of Hispanic needs, and to encourage the adoption of programs and policies which equitably serve Hispanics. [http://www.nclr.org](http://www.nclr.org)

41. **National Institute of Environmental Health Sciences (NIEHS)**: The National Institute of Environmental Health Sciences (NIEHS) is one of 27 Institutes and Centers of the National Institutes of Health (NIH), which is a component of the Department of Health and Human Services (DHHS). Human health and human disease result from three interactive elements: environmental factors, individual susceptibility and age. The mission of the National Institute of Environmental Health Sciences (NIEHS) is to reduce the burden of human illness and dysfunction from environmental causes by understanding each of these elements and how they interrelate. The NIEHS achieves its mission through multidisciplinary biomedical research programs, prevention and intervention efforts, and communication strategies that encompass training, education, technology transfer, and community outreach. [www.niehs.nih.gov](http://www.niehs.nih.gov)

42. **NBS – Newborn screening fund** (funding from fees paid by the submitters of the specimens being tested).

43. **NIHS**: National Center for Health Statistics (NCHS) is to provide statistical information that will guide actions and policies to improve the health of the American people. As the Nation's principal health statistics agency, NCHS leads the way with accurate, relevant, and timely data. [www.cdc.gov/nchs](http://www.cdc.gov/nchs)

44. **NOAA**: National Oceanic and Atmospherics Administration [www.noaa.gov](http://www.noaa.gov)

O

45. **Office of Justice Programs (Office on Violence Against Women)**: The Office on Violence Against Women administers the Department of Justice's formula and discretionary grant programs authorized by the Violence Against Women Act of 1994. The program assists the nation's criminal justice system in responding to the needs and concerns of women who have been, or potentially could be, victimized by violence. Grant programs emphasize enhanced delivery of services to women victimized by violence; strengthen outreach efforts to minorities and disabled women; and provide Indian tribal governments with funds to develop and strengthen the tribal justice system's response to violent crimes committed against Native American women through a discretionary grant program. In addition, the office provides technical assistance to state and tribal government officials in planning innovative and effective criminal justice responses to violent crimes committed against women. [www.ojp.usdoj.gov/vawo/applicationkits.htm](http://www.ojp.usdoj.gov/vawo/applicationkits.htm)

46. **Office of Juvenile Justice and Delinquency Prevention**: OJJDP provides funding to States, territories, localities, and private organizations, including faith-based institutions, through block grants and discretionary funding. Block funding, through regular Formula Grants and State Challenge and Prevention money, goes to States and territories. Juvenile Justice Specialists administer funding through sub grants to States and localities. Discretionary funding is awarded through competitive peer review. OJJDP follows a planning process to assist with decisions for program priorities and funding opportunities. [http://ojjdp.ncjrs.org/grants/about.html](http://ojjdp.ncjrs.org/grants/about.html)

47. **Office of National Drug Control Policy (ONDCP)**: Offers drug-related funding opportunities, training and technical assistance, equipment procurement programs, and other resources from public- and private organizations are available in variety of areas including treatment and prevention. [www.whitehousedrugpolicy.gov](http://www.whitehousedrugpolicy.gov)


49. **OSSA**: Oficina de Salud Publica Sonora-Arizona (Office of Public Health of Sonora and Arizona)
50. **PAHO**: Pan-American Health Organization's mission is to strengthen national and local health systems and improve the health of the peoples of the Americas, in collaboration with Ministries of Health, other government and international agencies, nongovernmental organizations, universities, social security agencies, community groups, and many others. [www.paho.org/](http://www.paho.org/)

51. **Proposition 204 Tobacco Settlement Funds**: In 1998, the attorneys general of 46 states, including Arizona, agreed to settle a lawsuit they had filed against the manufacturers of tobacco products. As a result, the tobacco manufacturers must pay each of those states a portion of the estimated $206 billion settlement each year over the next 25 years. Arizona's share is estimated to total approximately $3.2 billion. The settlement agreement allows each state to determine how it will spend its share of the settlement.

52. **Robert Wood Johnson Foundation**: Supports training, education, research (excluding biomedical research), and projects that demonstrate the effective delivery of health care services. Rather than paying for individual care, we concentrate on health care systems and the conditions that promote better health. Grants are available for the following groups: hospitals; medical, nursing, and public schools; hospices; professional associations; research organizations; state and local government agencies; and community groups. [www.rwjf.org/index.jsp](http://www.rwjf.org/index.jsp)

53. **Rural Health Outreach Grant through Health Resources and Services Administration, Rural Health Policy**: The Office of Rural Health Policy's Outreach Grant Program is designed to encourage the development of new and innovative health care delivery systems in rural communities that lack essential health care services. The emphasis of this grant program is on service delivery through creative strategies requiring the grantee to form a network with at least two additional partners. [www.ruralhealth.hrsa.gov/funding/outreach.htm](http://www.ruralhealth.hrsa.gov/funding/outreach.htm)

54. **SAMHSA**: Substance Abuse and Mental Health Services The Substance Abuse and Mental Health Services Administration (SAMHSA), an agency of the U.S. Department of Health and Human Services, was established by Congress in 1992 under Public Law 102-321 and reauthorized in 2000, under Public Law 106-310. The Agency works to strengthen the capacity of the Nation's health care delivery system to provide substance abuse prevention, addiction treatment and mental health services for people at risk for or experiencing substance abuse or mental illnesses. SAMHSA builds partnerships with states, communities and private organizations to address the needs of individuals with substance abuse and mental illnesses and to identify and respond to the community risk factors that contribute to these illnesses. In Fiscal Year 2001, SAMHSA's budget was just under $3 billion; the FY 2002 budget is $3.15 billion. The Agency employs nearly 520 staff members. [www.samhsa.gov/index.html](http://www.samhsa.gov/index.html)

55. **SSP**: Secretaria de Salud Publica de Sonora (Secretary of Public Health of Sonora)

56. **SRSA**: Southern Regional Science Association provides leadership in the study of those social, economic, political and behavioral phenomena, which have social dimensions. [www.regionalscience.org/srsa](http://www.regionalscience.org/srsa)

57. **SSS**: Secretaria Seguro Social (Department of Social Security of Mexico)

59. **Susan Komen Foundation**
60. **Title V Maternal and Child Health (MCH) Block Grant**: Authorized under Title V of the 1935 Social Security Act, the Title V MCH Block Grant is the only federal program devoted to improving the health of all women, children, youth, and families. Title V grants to state health agencies are used to meet locally determined needs, consistent with national health objectives. These aims include preventing death, disease, and disability; assuring access to quality health care; and providing family-centered, community-based services for children with special health care needs. Additionally, funds set aside at the federal level are used to improve and support community and state service systems through training, research, special projects of regional and national significance (SPRANS) and community-integrated service systems (CISS) projects. Title V is a partnership that includes Federal, State, and local governments. The Federal-State Title V Block Grant Partnership Budget is composed of Federal funds, State matching funds, local maternal and child health (MCH) funds, other funds, and program income. For every $4 of Federal funds, at least $3 must be matched with State and local funds. [www.performance.hrsa.gov/mchb/mchreports/search/financial/finsch01_result.asp](http://www.performance.hrsa.gov/mchb/mchreports/search/financial/finsch01_result.asp)

61. **TMC**: Tucson Medical Center is Tucson’s non-profit community hospital, TMC’s mission is to improve the health of the entire community. [www.tmcaz.com](http://www.tmcaz.com)

62. **UMC**: University Medical Center is located in Tucson, Arizona. It’s mission is: Patient Care, Education, Research and Community Service. UMC is a private, nonprofit hospital located at the Arizona Health Sciences Center, adjacent to The University of Arizona in Tucson, Arizona. AHSC includes the colleges of Medicine, Nursing, Pharmacy, Public Health, and the School of Health-Related Professions as well as the University Physicians medical group. These affiliations enable UMC to take a leadership role in offering the latest treatments as well as routine medical care and wellness. [www.azumc.com/UMC/homepage.cfm](http://www.azumc.com/UMC/homepage.cfm)

63. **UNHS**: Universal Neonatal Hearing Screening

64. **USDA**: United States Department of Agriculture mission is to enhance the quality of life for the American people by supporting production of agriculture [www.usda.gov](http://www.usda.gov)

65. **USDA Rural Development**

66. **USMBHC**: United States Mexico Border Health Commission's mission is to provide international leadership to optimize health and quality of life along the U.S.-Mexico Border. The USMBHC is a binational Commission, created by mutual agreement of the governments of the United States and Mexico, and ratified by the respective Senates of the two countries, for the purpose of assessing and addressing health problems along their common border. [www.borderhealth.net/index.html](http://www.borderhealth.net/index.html)

67. **USPHS**: United States Public Health Service Commissioned Corps is the Uniformed Medical service. [www.usphs.gov](http://www.usphs.gov)

68. **Workforce Initiative Grant**: This new initiative represents the Department of Labor’s continued support for increasing and improving employment opportunities that allow individuals with disabilities to: (1) Move from nursing homes or other institutions and residential facilities into the community; (2) continue living in the community; (3) achieve economic self-sufficiency; and (4) attain full access to, and participation in, their communities. These grants are demonstration grants, ranging from $400,000 to $750,000, to begin or expand the delivery and implementation of competitive, customized community employment opportunities for individuals with disabilities so that they may live, work, and fully participate in their communities. [www.dol.gov](http://www.dol.gov)

69. **World Wildlife Fund**: World Wildlife Fund (WWF) is dedicated to protecting the world’s wildlife and wild lands. The largest privately supported international conservation organization in the world, WWF has more than 1 million members in the U.S. alone. WWF directs its conservation efforts toward three global goals: protecting endangered spaces, saving endangered species and addressing global threats. [www.worldwildlife.org](http://www.worldwildlife.org)

70. **YRMC**: Yuma Regional Medical Center is a 277-bed, JCAHO accredited acute care facility provides medical resources for the warm and friendly community of Yuma, as well as surrounding communities. YRMC offers modern facilities, including a Maternal Child Health Center featuring comfortable, private single-room birthing; a Level 2 Neonatal ICU; and a 20-bed pediatric unit. The Cardiopulmonary Care unit provides the latest in cardiac catheterization. A Cancer Center and a free-standing Outpatient Surgery Center also are part of our campus. [www.yumaregional.org](http://www.yumaregional.org)
# Access to Healthcare Resources

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<th>County:</th>
<th>Agency or Organization</th>
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<tr>
<td>Borderwide</td>
<td>Arizona Children’s Association</td>
<td>(520) 622-7611</td>
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<td>(800) 947-7611</td>
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<td>Outpatient Services</td>
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<td>The Parent Connection</td>
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<td>Kinship and Adoption Resources and Education (K.A.R.E) Family</td>
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<td>Center</td>
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<td>Borderwide</td>
<td>Arizona Department of Economic Security</td>
<td>1-800-835-2100</td>
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<td>Health and Social Resources</td>
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<td>Services for People with Disabilities</td>
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<td>Borderwide</td>
<td>Arizona Department of Health Services</td>
<td>(602) 542-1860</td>
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<td>Community Development</td>
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<td>Bone Builders: Osteoporosis Prevention</td>
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<td>Campesinos Sin Fronteras</td>
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<td>Chicanos Por La Causa</td>
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<td>Western Arizona Area Health Education Center-WAHEC</td>
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<td>Yuma County Department of Public Health</td>
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# Cancer Resources

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## Diabetes Index

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## Reproductive and Sexual Health Resources

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## Injury and Violence Prevention

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<td>(928) 627-9222</td>
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<td>Yuma</td>
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## Maternal Child Health Resources

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# Maternal Child Health Resources

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<td>Chiricahua Community Health Centers, Inc.</td>
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<td>(520) 458-5683</td>
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## Maternal Child Health Resources

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## Maternal  Child Health Resources

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<td>(520) 287-2240</td>
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## Mental Health Resources

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<td>Community Partnership of Southern Arizona (CPSA)</td>
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# Mental Health Resources

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<td>(520) 384-47777</td>
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<td>(520)696-5000, (520) 696-5055</td>
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<td>Big Brothers/Big Sisters of Tucson</td>
<td>(520) 624-2447</td>
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<td>(520) 881-7201, (520) 320-7556</td>
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<td>Tohono O’odham Department of Health and Human Services</td>
<td>(520) 383-6240</td>
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<td>Carondelet Health Network</td>
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<td>Arizona Department of Health Services - Office of Border Health</td>
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<td>Arizona Kidney Foundation, Affiliate National Kidney Foundation</td>
<td>(520) 882-7604, (602) 840-1644</td>
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<td>Association of Arizona Food Banks</td>
<td>(800) 445-1914</td>
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<td>GAMBRO Health Center</td>
<td>(520) 748-7422</td>
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<td>Outpatient Dialysis Center of Southeastern Arizona</td>
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<td>Cochise</td>
<td>Chiricahua Community Health Centers, Inc.</td>
<td>(520) 642-2222</td>
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<td>Primary Medical and Dental Care and Disease Prevention, including Mental Health, Nutrition and Environmental Health</td>
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<td>Cochise</td>
<td>Cochise County Health Department</td>
<td>(520) 432-9632</td>
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<td>5-A-Day for Better Health</td>
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<td>Cochise</td>
<td>University of Arizona Cooperative Extension</td>
<td>(520) 458-8278</td>
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<td>Altar Valley School District #51</td>
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# Nutrition and Overweight Resources

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<td>Big Brothers/Big Sisters of Tucson</td>
<td>(520) 624-2447</td>
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- Mary's Mission and Developmental Center
- Wilcox Against Substance Abuse
- Message Theatre
- WASA/WIA
- Youth Court
- School and Community Support
- Alcohohics Anonymous
- Alta Valley Health and Wellness Center
- Amity at Circle Tree Ranch
- Amity Foundation-Residential Program
- Family Resource and Wellness Centers-AMPHI
- Community Counseling Center
- Human Resource Group
- Technical and Educational Programs
- Programs
- Support Group Services
- Healthy Families
- Integrated Adult Services
- Methadone Services
- Families and Schools Together
- Rascals
- Voices United Program
- Families Aprendiendo Juntas (Families Learning Together)
- Building Me
- Las Amigas
- Las Hermanas
- Building Bridges Program
# Substance Abuse Resources

<table>
<thead>
<tr>
<th>County</th>
<th>Agency or Organization</th>
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<tr>
<td>Pima</td>
<td>Community Prevention Services</td>
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<td></td>
<td>Child and Adolescent Treatment Programs</td>
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<tr>
<td>Pima</td>
<td>Community Foundation for Southern Arizona</td>
<td>(520) 770-0800</td>
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<td></td>
<td>Grants</td>
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<td>Pima</td>
<td>COPE Behavioral Services, Inc.</td>
<td>(520) 884-0707</td>
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<tr>
<td></td>
<td>Acupuncture Detoxification Clinic</td>
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<td>General Mental Health Services</td>
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<td>Insiders</td>
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<td>Chemical Dependency Services</td>
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<td>Substance Abuse Rehabilitation Outpatient Services</td>
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<td>Social Educational Enrichment Center (SEEC)</td>
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<td>FREE (Focus on Recovery through Education and Empowerment)</td>
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<tr>
<td>Pima</td>
<td>El Pueblo Clinic, Inc.</td>
<td>(520) 573-0096</td>
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<td>Community Based Care</td>
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<td>Pima</td>
<td>El Rio Health Center</td>
<td>(520) 670-3909</td>
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<td>El Rio Services</td>
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<tr>
<td>Pima</td>
<td>Pascua Yaqui Indian Tribe of Arizona</td>
<td>(520) 883-6000, (520) 879-6087</td>
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<td>Alcohol and Substance Abuse Program</td>
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<td>Liougue Senior Center</td>
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<td>Pima</td>
<td>The Haven Inc.</td>
<td>(520) 623-4590</td>
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<td>Residential Service Program</td>
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<tr>
<td>Pima</td>
<td>Tohono O'odham Department of Health and Human Services</td>
<td>(520) 383-6240</td>
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<td>Health Programs</td>
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<td>Social Services Programs</td>
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<tr>
<td>Santa Cruz</td>
<td>Carondelet Health Network</td>
<td>(520) 285-3000</td>
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<td>Services</td>
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<tr>
<td>Santa Cruz</td>
<td>Mariposa Community Health Center</td>
<td>(520) 287 2860</td>
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<td>BMS Southern Arizona Heart Health</td>
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<td>Santa Cruz</td>
<td>The Way of the Heart : The Promatora Institute</td>
<td>(520) 287-2240</td>
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<td>Substance Abuse Prevention</td>
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<tr>
<td>Sonora</td>
<td>ACJ Niños Migrantes</td>
<td>633-33-8-4000</td>
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<td>Casa YMCA de Menores Migrantes</td>
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# Substance Abuse Resources

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<tr>
<td>Sonora</td>
<td>Albergue Regenerativo Misionero Luz y Vida</td>
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<td></td>
<td>Crear un fuente de Trabajo</td>
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<td>Sonora</td>
<td>Centro de Información para la Salud</td>
<td>31-3-56-70</td>
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<td>Adicciones</td>
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<td>Sonora</td>
<td>Servicios de Salud de Sonora</td>
<td>31-3-5650</td>
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<td>Programa Interna</td>
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<td>Programa Externo</td>
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<tr>
<td>Yuma</td>
<td>Border Health Foundation-Puentes de Amistad</td>
<td>(928) 627-4280</td>
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<tr>
<td></td>
<td>Disparities Project (Substance Abuse/Mental Health of Latinas)</td>
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<td>Entre Familia- Strengthening Families</td>
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<tr>
<td>Yuma</td>
<td>Planned Parenthood</td>
<td>(928) 343-3012</td>
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<td>Positive Force Players</td>
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<tr>
<td>Yuma</td>
<td>Western Arizona Area Health Education Center-WAHEC</td>
<td>(928) 627-9222</td>
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<td>Project Hero</td>
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# Tobacco Cessation Resources

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<th>Agency or Organization</th>
<th>Telephone</th>
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<tr>
<td>Borderwide</td>
<td>Arizona Department of Economic Security Health and Social Resources</td>
<td>1-800-835-2100</td>
</tr>
<tr>
<td>Borderwide</td>
<td>Arizona Department of Health Services- Office of Border Health Healthy Gente</td>
<td>(520) 770-3113</td>
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<tr>
<td>Borderwide</td>
<td>Border Health Foundation-Puentes de Amistad Drug Free Communities Support Program</td>
<td>(520) 364-8200</td>
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<tr>
<td>Borderwide</td>
<td>Child and Family Resources Girl Talk / Guy Talk Prevention Programs</td>
<td>(520) 881-8940</td>
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<tr>
<td>Borderwide</td>
<td>Child and Parent Centers Inc. Head Start</td>
<td>(520) 882-0100</td>
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<tr>
<td>Borderwide</td>
<td>Community Partnership of Southern Arizona (CPSA) Central Office</td>
<td>(520) 325-4268</td>
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<tr>
<td>Borderwide</td>
<td>University of Arizona, Mel and Enid Zuckerman College of Public Health Best Practices in Tobacco Control</td>
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<tr>
<td>Cochise</td>
<td>Border Health Foundation-Compañeros y Juntos Unidos Drug Free Communities Support Program</td>
<td>(520) 364-8200</td>
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<td>Cochise</td>
<td>Chiricahua Community Health Centers, Inc. Primary Medical and Dental Care and Disease Prevention, including Mental Health, Nutrition and Environmental Health</td>
<td>(520) 642-2222</td>
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<td>Cochise</td>
<td>Cochise County Health Department Binational / Border Health Programs</td>
<td>(520) 432-9627</td>
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<td>Cochise</td>
<td>Wilcox Against Substance Abuse Message Theatre Tobacco Prevention</td>
<td>(520) 384-47777</td>
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<td>Cochise</td>
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<tr>
<td>Pima</td>
<td>American Heart Association American Heart Association</td>
<td>(520) 795-1403 , (877) 242-4277</td>
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<td>Pima</td>
<td>Amphitheater Unified School District #10 Family Resource and Wellness Centers-AMPHI</td>
<td>(520) 696-5055, (520) 696-5055</td>
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<td>Pima</td>
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<td>Pima</td>
<td>Arizonans for a Drug Free Workplace Technical and Educational Programs</td>
<td>(520) 295-5962 , (800) 592-3339</td>
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<td>Pima</td>
<td>Big Brothers/Big Sisters of Tucson Programs</td>
<td>(520) 624-2447</td>
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<td>Pima</td>
<td>CODAC Behavioral Health Services, Inc. Las Amigas Las Hermanas Child and Adolescent Treatment Programs</td>
<td>(520)-327-4505</td>
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## Tobacco Cessation Resources

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<th>County</th>
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<td>Voices United Program</td>
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<td>Pima</td>
<td>COPE Behavioral Services, Inc.</td>
<td>(520) 792-3293</td>
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<td>Social Educational Enrichment Center (SEEC)</td>
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<tr>
<td>Pima</td>
<td>El Pueblo Clinic, Inc.</td>
<td>(520) 573-0096</td>
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<td>Community Based Care</td>
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<td>Pima</td>
<td>El Rio Health Center</td>
<td>(520) 670-3909</td>
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<td>Special Needs Population</td>
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<td>The P.R.O.J.E.C.T</td>
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<td>HIV Early Intervention Project</td>
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<td>Women's Health</td>
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<td>Pascua Yaqui Indian Tribe of Arizona</td>
<td>(520) 883-5020</td>
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<td>Traditional Healing Project</td>
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<td>Alcohol and Substance Abuse Program</td>
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<td>Pima</td>
<td>The Haven Inc.</td>
<td>(520) 623-4590</td>
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<td>Residential Service Program</td>
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<td>Pima</td>
<td>Tohono O'odham Department of Health and Human Services</td>
<td>(520) 383-6240</td>
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<td>Health Programs</td>
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<td></td>
<td>Social Services Programs</td>
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<tr>
<td>Santa Cruz</td>
<td>Boys and Girls Club</td>
<td>(520) 287-3733</td>
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<td>Health and Life Skills</td>
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<tr>
<td>Santa Cruz</td>
<td>Carondelet Health Network</td>
<td>(520) 285-3000</td>
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<td>Services</td>
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<tr>
<td>Santa Cruz</td>
<td>Mariposa Community Health Center</td>
<td>(520) 287 2860</td>
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<td>Community Nutrition Program</td>
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<td>BMS Southern Arizona Heart Health</td>
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<td>American Legacy Foundation</td>
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<td>Salud Si Program</td>
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<td>Santa Cruz</td>
<td>Nogales Unified Public School District</td>
<td>(520) 287- 0800</td>
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<td>Santa Cruz</td>
<td>The Way of the Heart : The Promatora Institute</td>
<td>(520) 287-2240</td>
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<td>Tobacco Prevention</td>
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<td>Yuma</td>
<td>Planned Parenthood</td>
<td>(928) 343-3012</td>
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<td>Positive Force Players</td>
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<td>Yuma</td>
<td>Yuma County Department of Public Health</td>
<td>(928) 317-4580</td>
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<td>Tobacco Use Prevention</td>
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<td>Tobacco Use Prevention Program</td>
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</tbody>
</table>
Samantha Sabo: Returned Peace Corps Volunteer Fellow for Office of Border Health – Arizona Sonora Health Resource Guide Coordinator

Ana Nevares: Outreach Coordinator -Arizona Delegation, USMBHC

Participants:
Robert Guerrero – Tucson Hispanic Coalition, Doctor for the Hispanic population at TMC, and technical support for United States-Mexico Border Health Commission

Victor Flores – Cultural Diversity Specialist at Community Partnership of Southern Arizona, 18 years of experience in criminal justice and mental health

Cecilia Rosales – Chief, Office of Border Health

Power Point Presentation: Samantha Sabo
- Project of ADHS-Office of Border Health, Arizona Delegation-US Mexico and Border Health Commission
- Collaboration: Vertical and Horizontal
- Health Resource Guide Background
- Limitations of the questionnaire
- Future goals for the resource guide

Group Discussion:
- How do you anticipate the guide will be used?
  - Within the hospital the discharge planners will be able answer the questions of where to find resources
  - CDROM would also be useful within the hospital and small agencies with limited numbers of computers. Updating the information on the CDROM would also be easier and the CDROM can be down loaded on a number of computers so that multiple users can access instead of waiting for the resource guide
- How will clients or community members use the guide?
  - Social workers will use the resource guide to provide clients and community members with information
  - Suggestions to have in a community setting, so that community members have access to it: public libraries
  - Make it available on the website (PDF was also a suggestion) so that community members can access it at a public library

What sections did you feel were most important and what sections did you feel were not complete and needed additional information?
- Expansion on the programs within one agency
INR should have been interfaced within the whole resource guide (the difference between the Information Network Resources and the Health Resource Guide is the Resource Guide augments the Border counties and reflects the Healthy Gente 2010 Objectives).

Centro Juvenile is a child serving agency that deals with the border cities but is housed in Mexico City

Expand the information provided within the target population

Add whether the agency is bilingual

Specify if the agency charges a flat fee, sliding scale, or accepts health care plans such as ACCCHS

It would also be useful to have it translated both in Spanish and English: flip side for each section

Wing Span is the group which captures all gay and lesbian groups…maybe use that as a main source and the rest will fall under

CPSA offices encompass state and county agencies for mental health services

How do you feel about the contact information?

People change positions regularly, so it is better to only list a general phone number and email address for the agency.

Geo Mapping

How would it enhance the resource guide and what information is needed to complete the geo mapping?

Use of demographic maps broken down by census

Use when talking about areas of need, penetration rate: all information is obtained out of rural areas

One would be able to enhance the representation of disease rates and help those who are more visual, which gives people a general idea or snap shot

No experience needed all one has to do is to type all information into the web database and get all of the census information

Geo-mapping to include: 1.) Health program location 2) Demographics and 3.) Disease rates (morbidity or mortality)

Health agency promotion:

Use engagement strategies/incorporate populations not always used

Use of geo mapping with help agency staff visually locate for the community member where the resources are

Use of maps that connect who is working with who?

People can become territorial and may not want to use it to help out

Binational - it would be more helpful to use geo mapping

There has been use of promotoras in binational settings

Recognition of informal relationships
Arizona-Sonora Health Inventory and Resource Guide
March 15, 2004: 1pm – 3pm
SEAHEC

Samantha Sabo: Returned Peace Corps Volunteer Fellow for Office of Border Health – Arizona Sonora Health Resource Guide Coordinator

Ana Nevares: Outreach Coordinator -Arizona Delegation, USMBHC

Participants:
Esthela Navarro: Child and Family Resources, Inc. Healthy Families Program Director
Rosie Simpson: Placticamos Salud, Case Monitor
Karen Halverson: SEAHEC, Director
Jesus Kataura: SEAHEC, Program Coordinator
Ben Stepleton: Santa Cruz County Health Department, Environmental Health Director

Power Point Presentation: Samantha Sabo
- Project of ADHS-Office of Border Health, Arizona Delegation-US Mexico and Border Health Commission
- Collaboration: Vertical and Horizontal
- Health Resource Guide Background
- Limitations of the questionnaire
- Future goals for the resource guide

For your county, are the following sections organized in an easy to understand and/or logical manner?

A. Health Programs Description Average rating = 7 (on a scale of 1-10)
Comments:
✓ Health Programs should be listed by disease category instead of Program name
✓ Good description of services
✓ Too much information, repeated
✓ Fluidity, keeping it up to date, compared to INR book,
✓ Printed document may be intimidating

B. Glossary: Average Rating= 7
Comments
✓ Move the heading letters farther left
✓ Good information

C. Health Programs Index: Average Rating =5
Comments:
✓ Programs and phone numbers are repeated (mainly in miscellaneous section)
✓ List agency within specific category, then under agency list ALL programs and one phone number (This section was modified according to suggestions form focus group)
CD-Rom: Cross-reference index information within document as to link the index with the specific agency. (This is now available as a feature in the CD-Rom version)

Language: is considered appropriate for agency, but is unclear as to how appropriate the language is for community members. Document is considered by one participant as not appropriate for both groups unless it is bilingual.

Group Discussion

How do you anticipate the guide will be used?

- Referencing Sonoran agencies for client referral
- Referring Snowbirds
- CD-Rom to be put on Local libraries, schools for community members

Which sections were most useful to your agency?

- Collaboration and funding not useful
- Sonoran contact information useful.

Which sections were most useful to your community?

- Bi-lingual sections
- Include sliding fee scale, free services (not available in this First Edition)
- Include services which are offered in Spanish

List agencies in your area, which are not included, but in your opinion should be?

1. Hospital
2. Human Resource Council
3. WIC
4. Borderland Food Banks
5. Senior Centers and food services for elderly
6. Volunteer Organizations
7. Medical Clinics
8. Friends of the Santa Cruz River
9. Santa Cruz Valley USD #35- STEPS along the Border and Abstinence Program
10. Tubac Medical Clinic
11. Nogales Medical Clinic
12. Bio Terrorism
Arizona-Sonora Health Inventory and Resource Guide
Community Focus Group
March 22, 2004: 1pm – 3pm
Café Molino

Samantha Sabo: Returned Peace Corps Volunteer Fellow for Office of Border Health – Arizona Sonora Health Resource Guide Coordinator
Ana Nevares: Outreach Coordinator - Arizona Delegation, USMBHC

Community Members: Included 12 men and women of various age groups, including the age ranges of; 20-30s, 40-50s and over 60. Participants were long time residents of the Ambos Nogales area. The focus group was conducted in Spanish at a local restaurant, providing a comfortable atmosphere for both the community members and interviewer. Community members were broken up into small groups according to their estimated age range. They were each given a copy of the Ambos Nogales section of the Health Resource Guide. The Ambos Nogales section includes, Nogales Arizona health resources and Nogales, Sonora health resources.

Participants were asked to review each section and indicate the following: 1) If they had heard of the service but never used it 2) If they or their family/friend had used the service. Or 3.) If they had never heard or seen any advertisement about the health service.

Community Groups were asked about the following health agencies servicing the Santa Cruz County:
- Boys and Girls Club
- Carondelet Health Network
- Department of Economic Security (CPS)
- Mariposa Community Health Center-Placticamos Salud
- Nogales Unified Public School District
- Santa Cruz County Department of Community Services
- SEAHEC
- St. Andrews Clinic
- The Way of the Heart: The Promotora Institute
- US Department of Agriculture

Results: Most community participants were unaware of many of the specific programs offered by local health and social service agencies. Although most participants had heard of the above-mentioned health agencies, many were surprised to know that these agencies offered many different types of health education promotion services. The most widely used health agencies were the programs offered by Placticamos Salud (Mariposa Community Health Center) and the Boys and Girls Club. Many participants wanted to keep the Ambos Nogales health resource section as to encourage friends and family members in both Sonora and Arizona to make contact with the available specific programs offered. Community participants were very excited to know that this resource guide would soon be available to them, as they feel that the local news, radio and printed news media has not been the most effective method of promoting these specific programs they felt they would use in the future.
How did you know about these programs or hear about them?

- Clinic referrals
- Family and friends who had used the service

Which programs or health topics are not represented in the Resource Guide, which you would like to know more about?

**Health Topics**

- Osteoporosis
- Arthritis
- Lupus
- Cancer (skin, colon)
- Screening
- Teen Pregnancy
- Depression/Mental Health
- Scholarships for college
- Anger Management

**Health Programs**

- SEABHS (in Santa Cruz County)
- Crossroads Mission
- Neurotics Anonymous
- CREDA Substance Abuse
- Gear Up Program
- Services Clubs (KIWANIS, Lions, Rotary)

How should the Health Resource Guide be made available to the general public?

- Public Library (hard copy and the CD-Rom version available on a Public Computer)
- Post Office (hard copy)
- Churches (hard copy and if a youth program with computer put CD-Rom on the Computer)
- Schools: School boards, School Counselors, Nursing
- Chamber of Commerce
- Services Clubs (KIWANIS, Lions, Rotary)
Arizona-Sonora Health Inventory and Resource Guide
March 18, 2004: 10pm – 12pm
Oficina de Salud Fronteriza CISAL

Samantha Sabo: Returned Peace Corps Volunteer Fellow for Office of Border Health – Arizona Sonora Health Resource Guide Coordinator

Ana Nevares: Outreach Coordinator -Arizona Delegation, USMBHC

Participants: Amix of 20 community and agency members with long time residence in Nogales Sonora. Governmental and non-governmental agencies were represented in the focus group. Apart from 3 community members, many long time government community health workers were also present.

Power Point Presentation (Spanish Version): Samantha Sabo
- Project of ADHS-Office of Border Health, Arizona Delegation-US Mexico and Border Health Commission History
- Collaboration: Vertical and Horizontal
- Health Resource Guide Background
- Limitations of the questionnaire
- Future goals for the resource guide

Focus Group Questions

How do you anticipate using the Health Resource Guide?
- Share experiences with other agencies and know more about what other agencies are doing.
- Refer and share information with community members
- It weighs too much
- Refer people across the line to services
- Help to organize Sonoran agencies. Through the resource guide agencies will become more accessible to agencies and the public they serve.

Which areas of the Health Resource Guide are the most useful to your agency?
- Need to know prices of services (this is not included in this First Version)
- Need to represent formal and informal community groups in the community as to increase contact and access to target populations.
- Spanish sections
- Would like to know the Community Groups formed already in the Colonias… names, cell phones or addresses of these community leaders of organized community members to help identify groups in the Colonia who are ready and willing to participate with Programs.

Which format would be the easiest to access the directory?
For your agency?
✓ CD-Rom for those that do not have access to internet
✓ Harcopy for those that do not have a computer
✓ CD-Rom can be put on a central computer to enable its use
✓ Spanish is necessary
For your community members?

- Hard copy, but small hand held easily transportable
- This printed version is too big, needs to be smaller with information only, no need for project description
- Community Groups telephone numbers, address and/or names of leaders
- Spanish is necessary
- This will help us to know who exactly to talk with and what programs the agency can help with

Which health agencies or health programs are not included in the Resource Guide but should be?

- Civil Institutions
- Homeless Shelters
- Violence Against Women Centers
- Governmental and Non-governmental organizations
- Adolescent Health
- Service Organizations
- Asilos/Albergues
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~ Leadership for a Healthy Arizona ~

Janet Napolitano, Governor
State of Arizona

Ing. Eduardo Robinson Bours Castelo,
Gobernador Constitucional
del Estado de Sonora y Presidente de la H. Junta
de Gobierno

Dr. Catherine R. Eden, Director
Arizona Department of Health Services

Rose Conner, Assistant Director
Arizona Department of Health Services

Dr. Raymundo López Vucovich
Secretario de Salud Pública Y Presidente
Ejecutivo de los Servicios de Salud de Sonora

Dr. Cecilia Rosales, Chief
Office of Border Health

Dr. Francisco Javier Muro Dávila
Subsecretario de Servicios de Salud

Ana Nevarez, Coordinator
U.S.-Mexico Border Health Commission
Arizona Delegation

Dra. Mercedes Gameros Mercado
Coordinador de Oficina de Salud Pública
de la Frontera Sonora Arizona

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Office of Border Health
4400 E. Broadway, Suite 300
Tucson, Arizona 85711
Phone: (520) 770-3110; FAX: (520) 770-3307
http: www.hs.state.az.us

Por una mejor comunicación en Sonora

Oficina de Salud Publica de la Frontera Sonora Arizona
5 de Febrero y Montezuma
Nogales, Sonora 84001
Teléfono: (631) 313-7920
Fax: (631) 313-7920
Email: saho@prodigy.net.mx