

Centralized Contact Tracing Support - ADHS/AZNG

For contact tracing, we are able to support notifying close contacts identified by your case investigators. The best way we have figured out secure, timely, data transmission is through a Qualtrics survey. This survey requires minimal information and is easier to complete than entering contacts into MEDSIS (although we do require the original case to be entered in MEDSIS).

Qualtrics Data Fields needed:

- MEDSIS ID and county of residence of the original case
- Information for Out of household contacts and/or Household contacts:
 - Name, sex, DOB, phone number, email, city, state, last date of exposure

Once information regarding contacts is received by ADHS, we will notify the contact via phone, notify them of their COVID-19 exposure, ask about current symptoms, provide education regarding COVID-19, and ask the contact to be enrolled in Sara Alert to monitor their symptoms for their quarantine period (more information about Sara Alert below). If the contact consents to being enrolled into Sara Alert, we will enroll those contacts in Sara Alert and then will follow them through the end of their quarantine period. We also have a public health absence letter that can be populated for that contact and provided to them via email for their employer.

If the contact refuses to be enrolled in Sara Alert, we will ask if they would like to be notified by public health via phone halfway through their monitoring period and/or at the end of their monitoring period to check in and see if symptoms have developed. We will also provide local health contact information for them to contact immediately if they become symptomatic.

If the contact reports symptoms (either via their daily Sara Alert notification or calling ADHS), the ADHS contact monitoring team will reach out to confirm symptoms are consistent with COVID-19, offer testing information (e.g., azhealth.gov/covid19testing or local testing information you may have), and interview them as a probable (epi-linked) case. They will then be given new isolation recommendations, likely with a new isolation end date. If you prefer your jurisdiction to work up these probable cases, we may be able to accommodate that as well.

Sara Alert Information

First, I would encourage you to check out the [Sara Alert](#) website, specifically the 20-minute overview [video](#), as it is very informative (I know no one has 20 minutes nowadays, but I promise it's a great condensed overview!).

A basic overview/workflow of Sara Alert:

1. A contact is contacted by Public Health and notified of their exposure, provided education and recommendations, and asked to be enrolled in the Sara Alert platform for 14-day symptom reporting.
 - a. Sara Alert **IS NOT** a smartphone app that needs to be downloaded and it is NOT a geospatial tracking system.
 - b. Sara Alert **IS** a 14-day automated symptom monitoring system through a communication route of their choosing (i.e., weblink sent via text or email, text-based message, or an automated phone call). There are also choices for notification/reporting times (e.g., 8AM - 10AM, 10AM - 12PM, etc.). There are household capabilities as well that allow one reporter (e.g., a parent) to report symptoms for an entire household.

2. Based on the answer provided by the contact, they will be placed in a line list in the Sara Alert platform that will allow Public Health to follow up if indicated. The line lists include (small screenshot below):
 - a. Asymptomatic: Contacts on this list reported their symptoms as "No" for the day. No Public Health followup needed.
 - b. Symptomatic: Contacts on this list reported their symptoms as "Yes" for the day. Public Health can review symptoms reported to see if they are consistent with COVID-19. If yes, Public Health can provide followup as indicated (e.g., coordinate testing, isolation from others, etc.). NOTE: this can be completed by the ADHS Contact Monitoring Team.
 - c. Non-reporting: Contacts on this list have not reported "No" or "Yes" in the past 24-hours. Reminders are sent; however, this may require Public Health followup to ensure the contact is not symptomatic or lost to follow up. NOTE: this can be completed by the ADHS Contact Monitoring Team.
3. After completion of the 14-day monitoring period with no symptoms reported, a contact is complete! Their data will then be extracted from the system and uploaded into MEDSIS DSO (via batch process at ADHS).