

Face Covering Guidelines in Child Care Settings

Frequently Asked Questions

❖ What guidelines should I follow in determining when to wear a mask?

- Follow the local ordinance guidelines provided by your city, county or regional authorities.

❖ Are there limitations regarding the use of face masks by children?

- Check your local ordinance guidelines.
- Maricopa County guidelines do not require children under the age of 6 to use masks.
- Pima county does not consider child care settings to be public venues, and do not require face masks within those environments.

❖ What do I need to be aware of regarding children wearing masks in a group setting?

- Plan to have a plentiful supply of masks available
- Clean them regularly.
- If a mask becomes soiled, replace it with a clean one.

❖ Is it still important to stay hydrated? YES

- Remember, it is SUMMER in ARIZONA – you must stay hydrated in order to stay healthy!
- It is easy to stop drinking fluids regularly since your mouth is covered by a mask.
- Remind yourself and those around you to stay hydrated.

❖ Is it important to be aware of your breathing in a face mask? YES

- People often begin shallow breathing when the face is covered.
- This can impact blood oxygen levels, brain function and heat management.

❖ How do I use masks correctly?

- See [State](#) and [CDC](#) guidelines regarding face coverings.

❖ Are there exemptions to using masks?

- Yes. See your local ordinance guidelines for details.